

HERKIMER  
**Country Editor**  
Serving the Valley for 53 Years

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In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him. 1 John 4:9

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## 2020 Rabies Vaccination Schedule

1. All cats, dogs and ferrets three months or older must be vaccinated even if they stay indoors.

2. Every dog and cat needs two rabies vaccinations one year apart, then one every three years.

3. Bring proof of the pet's vaccination history to receive a three-year certificate.

4. Ferrets must be vaccinated every year.

5. Dogs should be on a leash; cats and ferrets should be in a carrier or pillowcase.

6. NO EXAMS WILL BE GIVEN. Please help to move the clinic along. Thank you.

7. Owners are responsible to clean up after their animals; supplies are provided.

8. A \$5 donation per pet is suggested to defray costs. Thank you.

• March 26, Thursday, 5:30-7 p.m. at East Herkimer Fire Department, 193 Main Rd., East Herkimer

• April 9, Thursday, 5:30-7 p.m. at Ohio Community Rec. Center, 140 Nellis Rd., Town of Ohio

• May 7, Thursday, 5:30-7 p.m. at Dolgeville Fire Department, 20 S. Helmer Ave., Dolgeville

• May 16, Saturday, 1:30-3:30 p.m.

at East Herkimer Fire Department, 193 Main Rd., East Herkimer

• May 21, Thursday, 5:30-7 p.m. at Old Forge Fire Department, 116 Fulton St., Old Forge

• June 4, Thursday, 5:30-7 p.m. at Norway Community Center, 3114 Military Rd., Norway

• June 17, Wednesday, 5:30-7 p.m. at Ilion-Frankfort VFW Pavilion, 4274 Acme Rd., Frankfort

• July 9, Thursday, 5:30-7 p.m. at Danube Town Garage, 438 Creek Rd., Little Falls

• Aug. 26, Wednesday, 5:30-7 p.m. at Salisbury Fire Department, 2549 St. Rt. 29, Salisbury Center

• Sept. 17, Thursday, 5:30-7 p.m. at Cedarville Fire Department, 960 St. Rt. 51, Cedarville

• Oct. 1, Thursday, 5:30-7 p.m. at Little Falls Town Garage, 478 Flint Ave. Ext., Little Falls

• Nov. 7, Saturday, 1:30-3:30 p.m., East Herkimer Fire Department, 193 Main Rd., East Herkimer

To pre-register for a clinic, please call 315.867.1176.

Please note: Pre-registration will end at the close of business the day before all clinics.



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**Tai Chi Classes**

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**Monday, March 30, 2020**

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The class will run every Monday and Wednesday for 8 weeks (16 sessions total)

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## Herkimer BOCES LPN Open Houses at Remington school building help local adults decide on their nursing career futures

When Little Falls resident Sara Annutto attended a Herkimer-Fulton-Hamilton-Otsego BOCES Adult Practical Nursing Program Open House about a year ago at the Remington school building in Ilion, she wasn't focused on becoming a nursing student. She heard about the program and thought she would check it out.

In June, she is expected to graduate from the program as a licensed practical nurse. She plans to go on to become a nurse in the dermatology field.

"Here I am," she said, while recently talking about the program while in a lab at the Remington school building. "I love it."

The Herkimer BOCES Adult Practical Nursing Program will be hosting a series of LPN Open Houses from 6:30-7:30 p.m. on the first Wednesday of each month from March to August at the Remington school building, 77 E. North St. in Ilion. The upcoming dates are April 1, May 6, June 3, July 1 and Aug. 5.

Herkimer BOCES offers a full-time LPN program that lasts 12 months and offers part-time day or part-time evening programs that require 20 months. Upon completion of the program, students are eligible to take the NCLEX-PN exam. This exam licenses them with the

state of New York as a licensed practical nurse (LPN). To learn more about the program, visit [www.herkimer-boces.org/LPN](http://www.herkimer-boces.org/LPN).

The LPN program is one of several adult and school-aged programs that Herkimer BOCES operates out of the Remington school building, which Herkimer BOCES has leased from Central Valley since 2013. During the current school year, 212 school-aged children from the 10 component school districts and 250 adults from the community have attended programs housed in the Remington building.

As a more permanent solution to its space needs, Herkimer BOCES proposes to purchase the Remington school building. The Central Valley community voted 256-16 on Nov. 12, 2019, in favor of selling the building to Herkimer BOCES.

The next step is for residents of all 10 component districts to vote on Tuesday, March 31, whether to authorize the purchase of the building by Herkimer BOCES.

Qualified voters may vote at any location listed below or at the Herkimer

Herkimer 4



Herkimer-Fulton-Hamilton-Otsego BOCES Adult Practical Nursing Program full-time students Sara Annutto (left) and Kayla Clifford (right) practice on a mannequin in a nursing lab at the Remington school building in Ilion. Herkimer BOCES is hosting multiple LPN Open Houses the first Wednesday of each month from March to August. For more information about the nursing program, visit [www.herkimer-boces.org/LPN](http://www.herkimer-boces.org/LPN). For more information about a public vote on Tuesday, March 31, on whether Herkimer BOCES should purchase the Remington school building from Central Valley, visit [www.herkimer-boces.org/remingtonbuilding](http://www.herkimer-boces.org/remingtonbuilding).

Photo courtesy of Herkimer BOCES

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## Herkimer from 3

BOCES William E. Busacker Complex Technical Education Conference Room at 352 Gros Blvd. in Herkimer. Each district will have a voting location for residents' convenience:

- Central Valley: Small gym at CVA
- Dolgeville: High School Lobby
- Frankfort-Schuyler: Old Gymnasium
- Herkimer: High School Library
- Little Falls: Middle School Gymnasium
- Mount Markham: District Office
- Owen D Young: Founder's Study
- Poland: Lobby
- Richfield Springs: Entrance adjacent to baseball field
- West Canada Valley: Front Lobby

Find out more information about the purchase proposal and the vote at [www.herkimer-boces.org/remingtonbuilding](http://www.herkimer-boces.org/remingtonbuilding).

'An introduction'

The Herkimer BOCES LPN Open Houses allow local adults to learn about the program, meet faculty, view the facilities and find out more about how to apply, Herkimer BOCES Adult Practical Nursing Program Coordinator Sara Nicolette said.

"It serves as an introduction to our program in just one hour," Nicolette said. "I try to give them a realistic sample of what the program is going to be like."

When Annutto, a full-time student, attended the Open House, she enjoyed learning what the classes and clinicals would be like and decided the program was right for her. One thing that stood out to her is how much you can accomplish in a short period of time.

"It's quick," she said. "One year full-time to get your LPN."

"It's definitely worth it," she said. "You just have to push yourself really hard for it, and you can do it." "The program for me"

Full-time student Kayla Clifford, of Utica, went into the Open House with a different perspective than Annutto.

"I've always known that I've wanted to be a nurse," Clifford said. "This was kind of just my first stop to do."

Meeting the LPN coordinator and staff during Open House helped confirm for Clifford that she wanted to apply.

"It was intimidating at first, but to know they're so supportive of your goals and your success individually, made me realize this is the program for me," she said.

Clifford shared that the faculty can be tough on you, but that gives you a better chance to succeed in the end on your testing and as a nurse.

"This is the best program around because of the support of the instructors and the coordinator," she said.

Another thing Clifford likes about the program is the nursing classroom and laboratory facilities at the Remington school building.

"It's comfortable, and it makes you feel safe," she said. "I love the labs."

After completing the program, Clifford plans to earn a bachelor's degree and become a registered nurse, specializing in a field she will determine along the way. She feels that the Herkimer BOCES program has also helped prepare her for those next educational steps.

"They really teach us not only to be nurses, but also how to study and be a student," concluded Clifford.



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# Area Church Services

<b>COLD BROOK</b> <b>COLD BROOK</b> <b>UNITED METHODIST CHURCH</b> 467 Main St. Sunday Worship 10:30 AM	<b>HERKIMER</b> <b>TEMPLE BETH JOSEPH</b> 327 N. Prospect St. Phone 866-4270 Friday 7 PM	<b>HERKIMER</b> <b>CHURCH OF JESUS CHRIST</b> <b>OF LATTER-DAY SAINTS (MORMONS)</b> Branch President Blake Francisco Gros. Blvd., East Herkimer Phone 315-866-8095 Priesthood/Relief Society 12:10 PM Sunday School 11:20 AM Sacrament Meeting 10 AM Family History Center hours by appointment; please leave a message at 315-866-7189	<b>ILION</b> <b>ANNUNCIATION CHURCH</b> 109 West Street, Ilion, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 4:00 PM; Sunday 11:00 AM; Monday & Wednesday 9:00 AM	<b>LITTLE FALLS</b> <b>INGHAMS MILLS BAPTIST CHURCH</b> Rev. Gary L. Busch, Pastor Sunday Worship Service 10 AM 443 Inghams Mills Rd. Little Falls, NY 13365 Pastor's Phone (315) 717-9936	<b>MOHAWK</b> <b>THE WORD CHRISTIAN CENTER</b> Pastor Gene Kipper 27 E. Main St. • Phone 868-1790 Sunday Services at 10 AM Intercession - Tuesdays at 7 PM Free Community Dinner the last Thursday of the Month at 6 PM
<b>DOLGEVILLE</b> <b>NEW HOPE CHRISTIAN FELLOWSHIP</b> Pastor Pat Andreoli 32 Spencer St. Sunday School 9:30 AM Sunday Worship 10:30 AM Tuesday Bible Study 7 PM	<b>ST. FRANCIS de SALES CHURCH</b> Rev. Mark Cunningham, Pastor 219 N. Bellinger St. Phone 866-4282 Saturday Vigil Mass 4 PM Sunday Mass 8 & 10:30 AM	<b>HERKIMER REFORMED CHURCH</b> 102 Church St. Phone 866-1523 Worship 9:30 AM Sunday School 11 AM Shepherd's Table: Tuesday 11-12:30 PM Thursday 11:30-12:30 PM Shepherd's Table Dinner: First & Third Tuesday 6 PM	<b>LITTLE FALLS</b> <b>FIRST BAPTIST CHURCH</b> 555 Albany St. 315-823-3392 Morning Worship 10:15 AM Rev. Chris J. Wintermute, Lead Pastor Rev William Whalen, Associate Pastor Nursery (infants through age 4) Meet and Greet Sunday at 8:30 AM Sunday School Classes 9:00 AM (nursery through adult) *Our Service is aired on 100.3 FM, 91.1 FM & 88.7 FM on Sundays from 11-12 with a 1 week delay.	<b>MIDDLEVILLE</b> <b>MIDDLEVILLE UNITED METHODIST</b> Pastor Wayne Getman 24 Rte. 29 Phone 845-8730 Sunday School 9:30 AM Worship Service 9:30 AM	<b>NEWPORT</b> <b>FIRST BAPTIST CHURCH OF NEWPORT</b> 7497 Main Street Pastor's Phone 315-790-1877 Sunday Worship at 9:45 AM
<b>GRACE BAPTIST CHURCH OF DOLGEVILLE</b> Pastor Len Byerly 12 Van Buren St. Morning Worship 11-12:30 PM Lunch 12:30-2 PM Afternoon Worship 2-3 PM	<b>CHURCH OF SAINTS</b> <b>ANTHONY and JOSEPH</b> 229 S. Main St. Phone 866-6373 Saturday Vigil Mass 6 PM Sunday Mass 10 AM	<b>CHRIST EPISCOPAL CHURCH</b> 300 N. Main St. Church Office (315) 866-0551 Email: christchurchherkimer@gmail.com www.christchurchherkimer.org Sunday Services: 10:30 AM Free Community Dinner: Next-to-last and Last Saturday of the month 5:00 PM (Parish Hall) Entrance to Parish Hall is on Mary Street	<b>ST. PAUL'S UNITARIAN</b> <b>UNIVERSALIST CHURCH</b> Minister Jeffrey J. Frank Mark Bunce, Organist 565 Albany St. Phone 823-2284 Sunday Service & Religious Education 10 AM	<b>MOHAWK</b> <b>GRACE EPISCOPAL CHURCH</b> Rev. Sally Heiligman 7 E. Main St. Phone 315-866-4782 or 315-520-4723 Holy Eucharist 10 AM	<b>UNITED METHODIST</b> Pastor Wayne Getman • Phone 845-8730 Sunday School 11 AM Morning Service 11 AM
<b>DOLGEVILLE UNITED</b> <b>METHODIST CHURCH</b> Rev. Anthony Bradseth 21 N. Helmer Ave. Church Phone 429-7381 Sunday Church Service Oppenheim @ 9:30 AM Dolgeville @ 11 AM	<b>REDEEMER CHURCH</b> Pastor Michael Servello 931 Herkimer Rd. Utica, NY 13503 Phone 792-4748 Saturday 6 PM • Sunday 9 & 11 AM	<b>SAINT AUGUSTINE'S</b> <b>EPISCOPAL CHURCH</b> Bishop - Dan Herzog 78 2nd Street Phone: (315) 894-3775 Sunday School at 8:45 AM Adult Bible Study at 8:45 AM Holy Eucharist at 9:35 AM	<b>HOLY FAMILY PARISH OF THE ROMAN</b> <b>CATHOLIC COMMUNITY OF LITTLE FALLS</b> Deacon Jim Bower, Administrator Rev. T. Healy, Sacramental Minister 763 E. Main St. Phone 823-3410 Saturday Vigil Mass 4 PM Sunday Mass 10:30 AM	<b>DENNISON CORNERS</b> <b>COMMUNITY CHURCH</b> Pastor Donald King 219 Robinson Rd. • Phone 866-5215 Sunday: Sunday School 9:45 AM Morning Worship 11 AM Evening Worship 6 PM Wednesday Prayer 7 PM	<b>KUYAHOORA COMMUNITY CHURCH</b> Pastor Dwayne Durand West Canada Valley High School Auditorium 5447 St. Rt. 28 Mailing Address PO Box 50 Middleville, NY 13406 Phone 315-292-1303 www.kuyahorracc.org Weekly Service Sunday 10:08 AM
<b>DOLGEVILLE CHRISTIAN FELLOWSHIP</b> Pastor Marvin Isum 3 Elm St. Phone 429-8390 Sunday Worship 10:30 AM Mid-week Service Tuesday 7 PM	<b>OAK RIDGE FREE METHODIST CHURCH</b> Pastor Chris Schumske 838 W. German St. Worship Service for adults & children 8:30 AM & 10:30 AM with Ridgekids for the children (0-5th grade) Phone 866-0575	<b>ILION</b> <b>ILION COMMUNITY CHURCH</b> Pastor Dean Mabry 44 Central Plaza Sunday Worship 10 AM Child Care/Kids Church Available ilionchurch.com	<b>EMMANUEL EPISCOPAL CHURCH</b> 588-594 Albany St. Sunday Schedule: High Mass, Rite II 10 AM Nursery & Sunday School 9:45 AM (Sept.-May) Fellowship Coffee Hour 11:15 AM Choir Rehearsal 11:30 AM Holy Day Masses as announced Confessions by appointment	<b>MOHAWK REFORMED CHURCH</b> Rev. Brian Engel, Pastor 20 S. Otsego St. Phone 866-4292 Email mohawkpastor@verizon.net Follow us on Facebook Morning Worship: 10:30 AM Sept. - June • 9:30 AM July - Aug. Youth Sunday School (Pre-K - Sr. High) 9 AM Adult Sunday School (Men, Women & Couples) 9:30 AM September - June	<b>ST. JOHN THE BAPTIST CATHOLIC CHURCH</b> St. John the Baptist Parish 7516 N. Main St. • Phone 845-8017 Monday & Wednesday 9 AM Saturday Vigil Mass 4 PM Sunday Mass 8 AM
<b>UNITED LUTHERAN</b> <b>PRESBYTERIAN PARISH</b> 26 E. Faville Ave. Worship 11 AM	<b>UKRAINIAN ORTHODOX CHURCH OF</b> <b>ST. MARY'S PROTECTRESS</b> 326 Moore Ave. Sunday Divine Liturgy 10 AM Holy Day Liturgy 9 AM Phone 866-1336	<b>FIRST PRESBYTERIAN CHURCH</b> 90 Morgan St., Ilion, NY, 13357 Reverend Richard Riggle Bible Study 9:30 AM Church Service 10:30 AM 315-894-2070	<b>HOLY TRINITY LUTHERAN CHURCH</b> 512 E. Gansevoort St. Sunday Worship 9:30 AM Sunday School 9:15 AM Wednesday Services 12:10 PM & 7 PM	<b>EMMANUEL BIBLE CHURCH</b> Pastor Gary Wilcox 54 W. Main St. • Phone 717-3011 Sunday School 9:45 AM Morning Worship 11 AM Fellowship Lunch 12:30 PM Afternoon Bible Study 1:30 PM Wednesday Prayer & Bible Study 6 PM	<b>PAINES HOLLOW</b> <b>PAINES HOLLOW UNITED METHODIST</b> Lay Servant Gregg Sponburgh Rtes. 167 & 168 • 315-866-1128 Worship 9-10AM
<b>ST. JOSEPH'S ROMAN</b> <b>CATHOLIC CHURCH</b> Deacon Jim Bower, Administrator Rev. T. Healy, Sacramental Minister 31 N. Helmer Ave. Phone 315-823-3410 Mass 9 AM Sunday	<b>NEW LIFE CHURCH</b> Pastor David Hayner 337 Protection Ave. Phone 866-1164 • www.nlc-mc.org Worship 10 AM Wednesday Worship 6:30 PM	<b>HERKIMER</b> <b>SS PETER and PAUL ORTHODOX CHURCH</b> Rev. Thaddeus Franta 305 Main Rd., East Herkimer Phone 866-3272 Wednesday Vespers 5PM Saturday Evening Vespers 5 PM Sunday Divine Liturgy 9:30 AM Holy Day Liturgy 9:30 AM	<b>FIRST BAPTIST CHURCH</b> 8 Second Street Reverend John Partise Wednesday Mid Week Service 7 PM Sunday Morning 11 AM	<b>CHURCH OF THE BLESSED SACRAMENT</b> Sr. Mary Jo Tallman, CSJ, Parish Life Director Rev. Mark Cunningham, Sacramental Minister 71 E. Main St. Phone 866-1752 Saturday Vigil Mass 5:30 PM Sunday Mass 9:30 AM	<b>SALISBURY CENTER</b> <b>FULL GOSPEL ASSEMBLY OF GOD</b> Pastor Robert Brent 106 Plant Road Sunday Worship 11 AM with Children's Church offered during the service
<b>EAST SCHUYLER</b> <b>CHRISTIAN ASSEMBLY OF SCHUYLER</b> Pastor Mark Sowersby 3659 Route 5, East Schuyler Sunday Worship 10:30 AM Wednesday Night 6:30 PM Phone 315-895-0926 Christianassemblyofschuyler.com	<b>TRINITY EVANGELICAL</b> <b>LUTHERAN CHURCH</b> Corner of West German & Henry Streets Phone (315) 866-6474 Sunday Worship Services 9 AM Spoken Service 9 AM Faith Formation Sunday School 10:30 AM Service with Music Bible Studies on Thursday Mornings at 10 AM	<b>MORNING STAR UNITED</b> <b>METHODIST CHURCH</b> 36 Second Street Reverend Bob Wallaber Sunday Worship 10 AM November 1 - May 1 4224 Acme Rd, Frankfurt May 1 - November 1 36 Second Street, Ilion	<b>HOLY TRINITY LUTHERAN CHURCH</b> 512 E. Gansevoort St. Sunday Worship 9:30 AM Sunday School 9:15 AM Wednesday Services 12:10 PM & 7 PM	<b>MOHAWK</b> <b>CHURCH OF THE BLESSED SACRAMENT</b> Sr. Mary Jo Tallman, CSJ, Parish Life Director Rev. Mark Cunningham, Sacramental Minister 71 E. Main St. Phone 866-1752 Saturday Vigil Mass 5:30 PM Sunday Mass 9:30 AM	<b>SALISBURY CENTER</b> <b>UNITED METHODIST CHURCH</b> 2545 State Route 29 Pastor Mark Hediger • 315-429-9085 pastormarkh@aol.com Sunday Worship:10:30 AM Weekly Bible Studies
<b>FRANKFORT</b> <b>OUR LADY QUEEN OF APOSTLES</b> 414 Frankfort St., Frankfort, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 5:30 PM; Sunday 9:00 AM; Tuesday & Thursday 9:00 AM	<b>THE SALVATION ARMY</b> Lieutenants John and Lori Wood 429 N. Prospect St. Phone 866-1240 www.thesalvationarmy.org Sunday School 10 AM Morning Worship 11 AM	<b>HERKIMER</b> <b>SS PETER and PAUL ORTHODOX CHURCH</b> Rev. Thaddeus Franta 305 Main Rd., East Herkimer Phone 866-3272 Wednesday Vespers 5PM Saturday Evening Vespers 5 PM Sunday Divine Liturgy 9:30 AM Holy Day Liturgy 9:30 AM	<b>FIRST UNITED</b> <b>METHODIST CHURCH</b> <b>OF HERKIMER AND LITTLE FALLS</b> Pastor Joelle Faulks Prospect St & Park Ave. Sunday Worship 8:00 & 9:30 AM Sunday School 9:30 AM during school year	<b>CHRISTIAN BIBLE CHURCH</b> H. Ed Reed, Pastor/Teacher 167 Ward Rd. • Phone 858-1282 www.christianbiblechurch.us Sunday School 9 AM Sunday Worship 10 AM Wednesday Bible Study & Prayer Meeting 7 PM	<b>STRATFORD</b> <b>STRATFORD UNITED METHODIST CHURCH</b> 1511 State Route 29A Pastor Mark Hediger • 315-429-9085 pastormarkh@aol.com Sunday Worship: 9:00 AM Childrens' Sunday School: 9:00 AM Weekly Bible Studies



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## Division of Consumer Protection urges New Yorkers to be aware of novel coronavirus scams

### Scammers using fake novel Coronavirus phishing emails to target consumers online

The New York State Division of Consumer Protection (DCP) is alerting consumers about scammers taking advantage of fears surrounding the novel coronavirus. Scammers are using fake emails that contain harmful links designed to steal your personal information. While the New York State Department of Health, which is the medical authority on novel coronavirus in the state, has recently stated there are no confirmed cases of the novel coronavirus anywhere in New York, people should still be on the lookout for scammers looking to take advantage of public fears surrounding this issue.

"Unscrupulous scammers are taking advantage of the news of the novel coronavirus by trying to lure people into unknowingly providing their personal information," said Secretary of State Rossana Rosado. "Taking the necessary precaution to avoid coronavirus scams can help protect your hard-earned money and your identity."

"While the novel coronavirus is infecting people throughout the world, in New York State we have had no confirmed cases," said Commissioner of the New York State Department of Health Dr. Howard Zucker. "Unfortunately, the Internet is loaded with misinformation, but simple, proven precautions like washing

your hands and staying indoors when you feel sick will help prevent the spread of infection all year."

Scammers are using fake emails that claim to have information on novel coronavirus updates and include an interactive link where you can look up the numbers of cases near you and more. The links, however, are harmful and redirect to web pages that steal your information instead of providing you with important updates.

DCP provides the following tips to protect yourself from novel coronavirus scams, and similar scams that

typically arise with a major global event:

Don't click on links from sources you don't know. It could download a virus onto your computer or device. Make sure the anti-malware and anti-virus software on your computer is up to date.

Be aware of emails coming from unknown senders. Watch for emails claiming to be from the Centers for Disease Control and Prevention (CDC) or experts claiming to have information about the virus. For the

Division 7

## Calendar of events

**NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to [cfeditor@leepub.com](mailto:cfeditor@leepub.com)**

### March 5

**Herkimer BOCES prekindergarten registration.** West Canada Valley: 9 a.m. to 3 p.m. at the West Canada Elementary School. Contact the Herkimer BOCES prekindergarten office at 315.867.2098.

### March 6

**Herkimer BOCES prekindergarten registration.** Owen D. Young: 8 a.m. to 3 p.m. at the Owen D. Young school building. Contact the Herkimer BOCES prekindergarten office at 315.867.2098.

### March 7

**Solar Energy and the Future of Farming in the Mohawk Valley Regional workshop** 8:30 a.m. to 3 p.m. at the Herkimer College Robert McLaughlin College Center Amphitheater (CC 288). To register see <http://bit.ly/SolarEnergy-FutureMV> or call CCE Herkimer County at 315.866.7920.

### Now through March 27

**Looking Glass** is on display in Herkimer College's Cogar Gallery in the Robert McLaughlin College Center weekdays through March 27. The gallery is open to the public free of charge Monday through Friday from 8 a.m. to 5 p.m. when the Herkimer College is open. For more information, visit [www.herkimer.edu/cogar](http://www.herkimer.edu/cogar).

### March 8

**12th Annual H.A.L.O. Chinese Auction** 11 a.m. to 2 p.m. at Herkimer VFW, 129 Mohawk Street, Herkimer. Proceeds benefit H.A.L.O. (Helping Animals Live Organization), an animal rescue group that operates a cat shelter H.A.L.O. House in Little Falls. For more information, call 315.985.3738.

### March 9

**Oil Painting Class with Wilson Bickford** 5:30 - 9:30 p.m. at Auskerada Place, 78 S. Main St., Dolgeville. \$50 fee includes all supplies. Call "Diane" at 315.429.3618 to register.

**Herkimer County Community College Board of Trustees Meeting** 6 p.m. in the Robert McLaughlin

### March 11

**Herkimer Industries Stop the Bleed Training** 2 - 3 p.m. at Arc Herkimer Main Building. To register, contact Amanda Aiello, RN, at [aaiello@archerkimer.org](mailto:aaiello@archerkimer.org) or 315.574.7932.

### March 12

**Herkimer BOCES prekindergarten registration.** Frankfort: 8 a.m. to 3 p.m. at the Frankfort-Schuyler Elementary School. Contact the Herkimer BOCES prekindergarten office at 315.867.2098.

### March 13

**Bradford Paulson takes railroaders to St. Louis by DVD presentation.** Utica and Mohawk Valley Chapter of the National Railway Historical Society meeting 7 p.m. at the Zion Lutheran Church on the corners of French and Burrstone Roads in the Town of New Hartford. Contact Bradford Paulson at 315.327.8653 or 315.853.5400 or [Bpaulson909@msn.com](mailto:Bpaulson909@msn.com) with any questions.

### March 14

**Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop** 9 a.m. to 4 p.m. at Arc Herkimer's main building at 350 South Washington Street in Herkimer. \$38 per person. Books and materials provided. Call Kelly Bunce at 315.574.7982 to register and make payment.

**Corned Beef and Cabbage Dinner** 3 p.m. until sold out at the Ilion Masonic Temple, 118 Morgan St., Ilion. \$12. Take-outs available. Ham available. Sponsored by Evening Star Valley Chapter, OES.

### March 17

**Dolgeville Central School Board of Education Meeting** High School Cafeteria. Visit [www.dolgeville.org](http://www.dolgeville.org).

### March 19

**Meatloaf Dinner** 4 - 7 p.m. or sold out at Emmanuel Episcopal Church, The Parish Hall, 594 Albany St., Little Falls. Adults \$10. Kids 5 and under free. Eat in - take outs available. Free local deliveries (Little Falls only).

**Herkimer BOCES prekindergarten registration.** Dolgeville: 9 a.m. to 3 p.m. at the Dolgeville Elementary School. Contact the Herkimer BOCES prekindergarten office at 315.867.2098.

### March 20

**Bus Trip to del Lago Casino.** A one day bus trip to the del Lago Resort and Casino and Waterloo Premium Outlets is being held on March 20 with pickup locations at Clinton and Herkimer. Guests will receive \$25 free play on the slots and a free buffet. There will be an option to visit the Waterloo Premium Outlets in the afternoon. The cost is \$45. For more information or to sign up, call Herkimer County Historical Society at 315.866.6413. Complete listing of 2020 bus trips at [www.herkimercountyhistory.org](http://www.herkimercountyhistory.org).

### March 21

**Luncheon and Bake Sale** 11 a.m. - 2 p.m., Grace Church, Main St., Mohawk. Homemade soup and sandwich or chili with cornbread. \$7. Takeouts: 315.866.4782

### March 24

**Poland Central School Board of Education Meeting.** Call 315.826.7900 or visit [www.polandcs.org](http://www.polandcs.org).

### March 28

**Indoor Garage Sale** 9 a.m. - 2 p.m. at Trinity Lutheran Church, Herkimer. Lunch available for purchase.

### March 31

**Herkimer BOCES prekindergarten registration.** Herkimer: 9 a.m. to 2 p.m. at the Herkimer Elementary School. Contact the Herkimer BOCES prekindergarten office at 315.867.2098.

### April 4

**Ilion First Baptist Church Indoor Garage and Bake Sale,** 10 a.m. - 4 p.m., 8 Second St. Tables \$10 (six feet). Soup/sandwich lunch available for \$6. Reserve a table at 315.894.9041. Church is handicapped assessable at Second Street Entrance.

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## Division from 6

most up-to-date information about the coronavirus in New York State, visit the New York State Department of Health website.

Ignore online offers for vaccinations. If you see ads touting prevention, treatment, or cure claims for the novel coronavirus, ask yourself: if there's been a medical breakthrough, would you be hearing about it for the first time through an ad or sales pitch?

Be aware of emails asking for donations. Do your homework when it comes to donations, whether through charities or crowd funding. Don't let anyone rush you into donating. If someone wants donations in cash, by gift card, or by wiring money, don't do it.

Be alert to "investment opportunities." The S. Securities and Exchange Commission (SEC) is warning people about online promotions, including on social media, claiming that the products or services of publicly-traded companies

can prevent, detect, or cure coronavirus and that the stock of these companies will dramatically increase in value as a result.

New York State is closely monitoring the novel coronavirus, which was detected in China. While there are thousands of cases there, no one has been diagnosed with this new coronavirus in New York State. For up to date information on the coronavirus, visit the New York State Department of Health website or call the Novel Coronavirus Hotline at 1.888.364.3065.

The New York State Division of Consumer Protection serves to educate, assist and empower the state's consumers. For more consumer protection information, call the DCP Helpline at 800.697.1220, Monday through Friday, 8:30 a.m. - 4:30 p.m. or visit the DCP website at [www.dos.ny.gov/consumerprotection](http://www.dos.ny.gov/consumerprotection). The Division can also be reached via Twitter at @NYSConsumer or Facebook at [www.facebook.com/ny-consumer](https://www.facebook.com/ny-consumer)

## Herkimer BOCES announces prekindergarten registration dates for local schools

Herkimer-Fulton-Hamilton-Otsego BOCES has announced the registration dates for the prekindergarten program located at several school districts in Herkimer County for the 2020-2021 school year.

The prekindergarten program provides opportunities for positive intellectual, social, emotional and physical development for children ages 3 and 4. The ages the program is available for depend on the school district in which you reside.

Successful transition to kindergarten is the targeted outcome for all students.

While the program is free to families, eligibility factors include income and family circumstances to be considered for some programs.

You must be a resident of the district in which you are seeking to enroll.

Anyone with questions is asked to contact the Herkimer BOCES prekindergarten office at 315.867.2098.

The following is the registration schedule:

- Dolgeville: 9 a.m. to 3 p.m. on Thursday, March 19, at the Dolgeville Elementary School.

- Frankfort: 8 a.m. to 3 p.m. on Thursday, March 12, at the Frankfort-Schuyler Elementary School.

- Herkimer: 9 a.m. to 2 p.m. on Tuesday, March 31, at the Herkimer Elementary School.

- Owen D. Young: 8 a.m. to 3 p.m. on Friday, March 6, at the Owen D. Young school building.

- West Canada Valley: 9 a.m. to 3 p.m. on Thursday, March 5, at the West Canada Elementary School.

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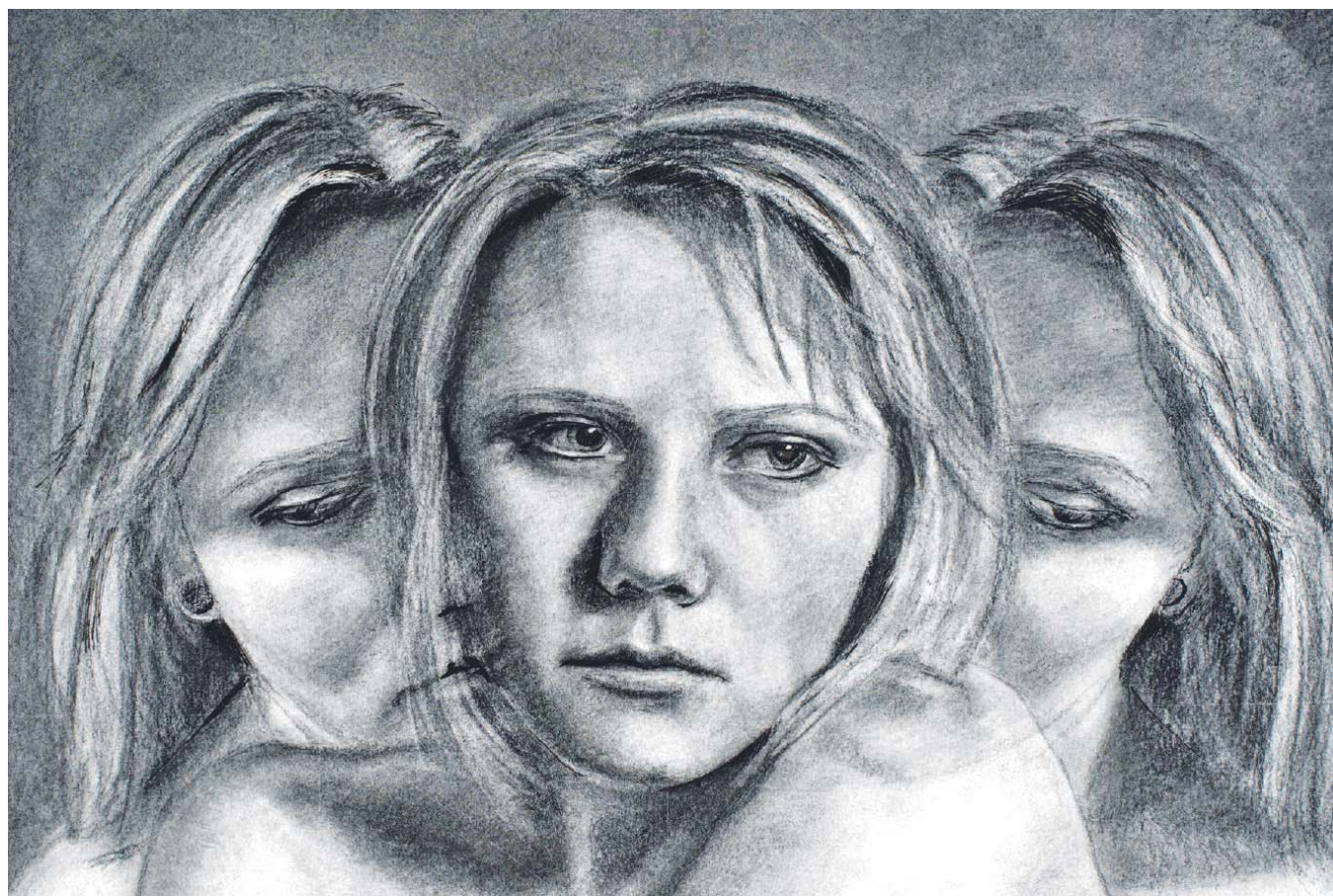
## Contemporary representational artwork on display at Herkimer College

The artwork of contemporary representational artist Angela Marken is currently on display at Herkimer College. Marken's "Looking Glass" exhibit can be viewed in the college's Cogar Gallery in the Robert McLaughlin College Center. The series explores figurative narrative scenes, portraiture and landscapes through oil paintings and charcoal drawings that focus on the inner world, contemplation and our relationship with nature.

"Looking Glass" will be on display through March 27. An artist's reception was held Feb. 28 in the Cogar Gallery. The gallery is open to the public free of charge Monday - Friday from 8 a.m. - 5 p.m. when the college is open. For more information, visit [www.herkimer.edu/cogar](http://www.herkimer.edu/cogar).

"The narrative images and landscapes that I create are based on a combination of experiences and imaginings," Marken said. "Imagery of dense forests, weaving cloud formations and vast lakes are prominent throughout my work and are directly influenced by my surroundings growing up in Upstate New York and Upper Peninsula Michigan."

Marken received her MFA in painting from Laguna College of Art and Design and her BFA from SUNY Potsdam. While she currently lives in Upstate New York, Marken often showcases her work in New York and Los Angeles.



"Looking Glass" will be on display through March 27. The gallery is open free of charge Monday - Friday when Herkimer College is open. For more information, visit [www.herkimer.edu/cogar](http://www.herkimer.edu/cogar). Photo courtesy of Herkimer College

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**245 Flower Dr., Ilion**

Adorable single wide in Terrace Hill Estates - It features lvr, kchn w/ breakfast bar, laundry room, master bdr with master bath, 2 additional bdr and another full bath. All offers are subject to park approval.

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## Public health emergencies and winter weather

Snow and ice storms and freezing temperatures can turn a winter wonderland into a public health emergency that threatens people's health and safety. People with health problems and those with fragile immune systems are particularly at risk.

Diane Ward, CHN of Herkimer County Public Health, strongly advises residents to "winterize" their family emergency preparedness plans and learn how to avoid exposure to extreme cold conditions that can lead to hypothermia and frostbite.

"At home, make certain that you have extra water and food and know how you will manage during a power outage. A family's winter emergency plan should address how to keep people warm and dry if a winter storm knocks out power and electricity," she said.

Never use a generator indoors to produce electricity

because carbon monoxide fumes can poison your family. When using a non-electric heater or wood stove to warm your house, you must have adequate ventilation to the outside to prevent a build-up of carbon monoxide.

Carbon monoxide is an invisible, odorless, poisonous gas given off by generators and other alternative heating sources. Symptoms of exposure to carbon monoxide are similar to the flu but without a fever. At lower levels of exposure, a person may develop a headache, fatigue, nausea, vomiting, dizziness and shortness of breath. Exposure to very high levels of carbon monoxide can result in loss of consciousness and even death.

Exposure to lower temperatures can also cause medical emergencies. Hypothermia is a life-threatening

condition that causes the body's core temperature to drop dangerously low. Symptoms of hypothermia include shivering, confusion, memory loss, drowsiness, exhaustion and slurred speech. Infants with hypothermia may have little energy and bright red, cold skin.

Hypothermia can occur unexpectedly even in rooms in which temperatures are set at 60 - 65° F. People who are 65 and older should set their home thermostat no lower than 65°. Those who are 75 and older should maintain home temperatures of 70°.

Frostbite is another serious cold weather condition, and is especially dangerous because it happens with little warning. "Numbness can occur so quickly that a person may not know it, and may remain outside, which increases the risk of permanent damage to the skin. Older people and those with diabetes are especially vulnerable to frostbite because of poor circulation," Ward said.

To prevent hypothermia and frostbite, dress warmly and wear several layers of clothes to trap body heat. Go indoors when you begin to feel cold. Wear outer clothing that is tightly woven to reduce body heat loss caused by wind.

Cold weather also puts an extra burden on the heart. "If you have cardiac problems or high blood pressure, check with your doctor before shoveling or performing any strenuous exercise outside. Healthy adults too should dress warmly when working outside. You should go indoors if you begin to feel cold, and remember that the body is working overtime to keep warm," Ward said.

For more information on staying healthy and safe during severe winter weather, call Herkimer County Public Health at 315.867.1176 or visit the New York State Department of Health website at [health.ny.gov/environmental/emergency](http://health.ny.gov/environmental/emergency).

## Bradford Paulson takes railroaders to St. Louis

Bradford Paulson will take the Utica and Mohawk Valley Chapter of the National Railway Historical Society on a trip to St. Louis, MO for their meeting in March.

The Utica and Mohawk Valley Chapter of the National Railway Historical Society will meet on Friday, March 13, at 7 p.m. at the Zion Lutheran Church on the corners of French and Burrstone Roads in the Town of New Hartford.

There will be a business portion conducted by President Harry Lenz with reports on the repair of New York Central 6721, the annual banquet at the Tracksie Restaurant at Utica Union Station in Utica, the Adirondack Scenic Railroad, along with many other activities and projects ahead for in the coming months.

After the break, Utica and Chapter of the National Railway Historical Society Vice President Bradford Paulson will show a DVD of all the railroads that ran and still run in the City of St. Louis, MO. This DVD will have footage of the many different railroads that run in St. Louis. This meeting is open to anyone who is interested in railroads, railroad history or the railroads of St. Louis. We also invite our guests the opportunity to join our chapter as regular members of our chapter. We would also like to invite all active and retired railroad personnel to our meeting as well.

For more information, contact Bradford Paulson at 315.327.8653 or 315.853.5400 or [Bpaulson909@msn.com](mailto:Bpaulson909@msn.com).



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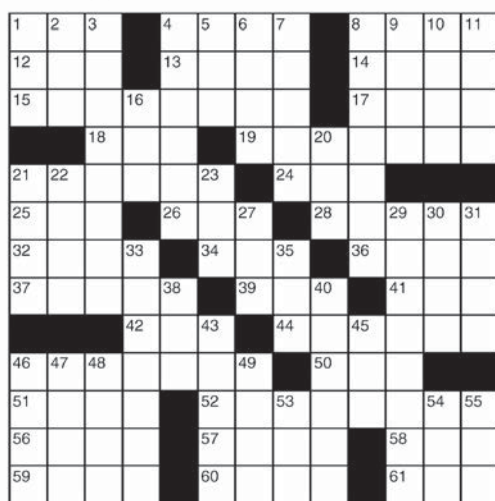





## King Crossword

## ACROSS

- 1 Tummy muscles, for short  
4 Slapstick arsenal  
8 Scallopini meat  
12 Press for payment  
13 Ireland  
14 Not working  
15 Classic Anne Murray song  
17 Location  
18 Charlotte's creation  
19 Capitol VIP  
21 Pamper  
24 Gun the engine  
25 Melody  
26 Sprite  
28 Thin smoky streaks  
32 Messy sort  
34 Cut the grass  
36 Fit of peevishness  
37 High-strung  
39 Michael Jackson album  
41 — budget  
42 Affirmative action?  
44 About to fall asleep  
46 Old-style hair-piece  
50 Curved line  
51 Neighbor of Cambodia

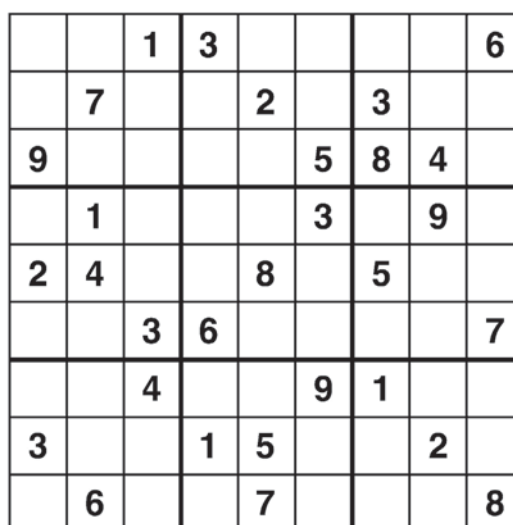


- 52 Increase rapidly  
56 Scandinavian city  
57 Sagan or Sandburg  
58 Shooter ammo  
59 Adolescent  
60 Has bills  
61 Dr. Ruth's subject
- 5 Square root of IX  
6 Blunders  
7 Passover feast  
8 Compared to  
9 Tend texts  
10 Choir member  
11 Ogle  
16 Marry  
20 Fresh  
21 Money  
22 Unctuous  
23 Shade provider  
27 Watch chain  
29 Mountain peak covers, often  
30 Bowlers' tar-
- 31 Remain  
33 Blessing  
35 Bankroll  
38 Ply oars  
40 Talks Dixie-style  
43 Mirror-ball venue  
45 Sphere  
46 Basis for a whodunit  
47 Relaxation  
48 Portrayal  
49 Chew like a chipmunk  
53 Tramcar contents  
54 Shelter  
55 Remiss

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## Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

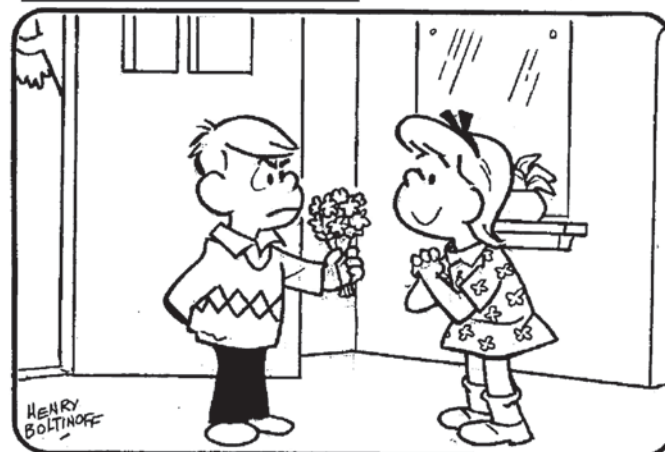
## DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

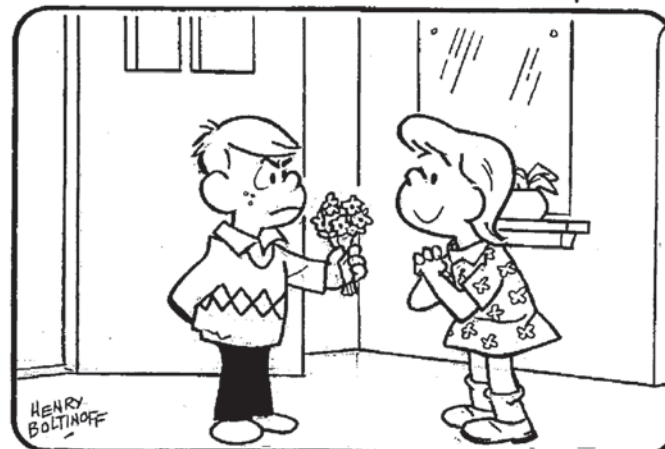
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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bow is missing. 2. Plant is different. 3. Freckles are added. 4. Girl's shoe has changed. 5. Tree is missing. 6. Flowers are added.

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## RIDDLE CARD

- What jack is a sailor?
- What jack is a game?
- What jack tastes good?
- What jack clouds your windows?
- What Jack is seldom hit?
- What Jack has no body?



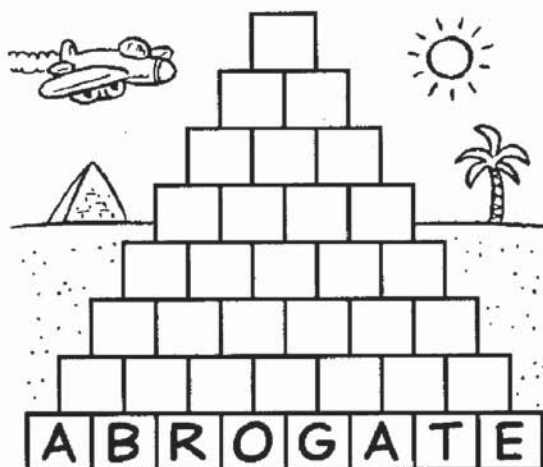
- Answers:
- Jack tar.
  - Jackstraws.
  - Peppack.
  - Jack Frost.
  - Jackpot.
  - Jack-o-Lantern.

WHAT KIND of a puzzler will you be if you solve all of these riddles?

Answer: You will be a Crackerjack puzzler!



by Charles Barry Townsend



Illustrated by David Coulson

## THE PYRAMID OF WORD POWER!

Starting with the word ABROGATE at the bottom of our word pyramid, try dropping one letter at a time, as you work your way up, so that the remaining letters at each level spell out a new word. To make the challenge harder, the following helpful hints are not in ascending order:

- A period of time.
- To speak formally.
- An airplane stunt.
- An Egyptian sun god.
- To abolish.
- To pull apart.
- A straw hat.
- A blood type.

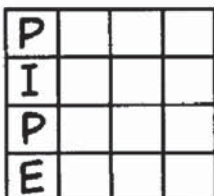
DON'T STEW OVER THIS ONE! The label on the basket has nothing to do with ounces or the Wizard of Oz. What does the basket contain?



Answer: Turn the page on its side and read down. The basket contains an "onion."

A COLONIAL PUZZLE! Pictured below are two puzzle grids. Each grid contains 4 words which the reader must discern. Hints are given for each word and the words in Grid B contain the same letters as the corresponding words in Grid A.

- Superman has one.
- Told a falsehood.
- Found in a church.
- Affirmative votes.



- A rate of speed.
- Not employed.
- Some are sweet.
- Posing no difficulty.

Answers: 1. Cape-pace. 2. Lied-idle. 3. Apse-peas. 4. Yeas-easy.

Answers (from the bottom up):  
Abrogate, aerobate, boater, orate,  
tear, era, ra, a.



# Ride for Missing Children fundraiser set for March 29

In 2015 four women from the Valley decided it was time for a new adventure. These were not spring chickens – ages 43 - 65. The four had done some amazing stuff: running marathons, completing triathlons and climbing high peaks in the Adirondacks. But this was a physical challenge nonetheless, and one of the four had never thought about it before – the Ride For Missing Children. What intrigued them was learning how to ride a road bike. None of them had ever ridden a road bike before, let alone for 90 miles! The Ride became their new mission. Later it became their passion.

In 1995, after the abduction of Sarah Ann Wood, a group of seven men rode their bicycles from Utica to Washington, D.C., and arrived on the Capitol Steps on May 25, National Missing Children's Day. It was after that the Ride for Missing Children formed. Its purpose is to honor the memory of all missing children, to raise public awareness of the plight of all missing and exploited children and the need for child safety education, to raise funds to support the missing poster distribution (11,541,389 posters distributed to date) and community education for prevention of child abduction and sexual exploitation. The Ride has grown steadily to over 900 participants every year. This one-day ride makes several stops at area schools, bringing a message of safety.

The four women got their road bikes, bike gear and committed to this cause – making our children safer, one child at a time. They also made long-lasting friendships, cried tears of sorrow with families of lost children and celebrated with jubilation when a child was recovered (7,125 to date)! In celebration of participating in the Ride for their fifth year, they are planning a fundraising event at Mohawk American Legion Post 25

on March 29 from 1 - 5 p.m. Tickets are \$15 and can be purchased at the door. A live band, The Posers, will be entertaining, with food and raffles. Come out for this family friendly event and support our mission.



(L - R) On their first ride: Phyllis Spohn-Bates of Ilion and Missy Scanlon, Joy Presta and Dorothy Massinger of Herkimer. Photo courtesy of Melissa Scanlon



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# Lynn Olmstead to speak during Boardwalk to Better Health

MVP Healthcare® Medicare Product Advisor, Lynn Olmstead will speak to Better Health Senior Health & Wellness Fair on Thursday, April 23, at Valley Residential Services, 323 Pine Grove Road Herkimer.

MVP is the lead sponsor of VRS' third annual Boardwalk to Better Health event. Olmstead's discussion entitled, The Four Basic Parts of Medicare: A, B, C & D, will provide an overview of Medicare as a federal health insurance program for people ages 65 and older, people under 65 with certain disabilities and people of all ages with end-stage renal disease. Medicare helps pay for health costs and brings peace of mind.

Whether you are approaching retirement or simply planning for your future, Olmstead will provide you with answers to all your questions and concerns.

MVP is a nationally recognized, regional not-for-profit health plan provider committed to having a positive impact on the health and wellness of those they serve. They care for over 700,000 members across New York State and Vermont. Their contribution to this event is impactful and an excellent opportunity for attendees to learn about the services they provide.

The Boardwalk to Better Health features a plethora of resources available from exhibitors with a broad range

of products and/or services. Seniors can interact with the exhibitors providing information on downsizing their homes or remaining independent in their own homes, estate and gift planning, assisted and enriched housing, safety and security, physical health, Medicaid, Medicare and many other areas of interest. Complementary continental breakfast and lunch will be available. This event is free and open to the public. For more information, please contact Connie M. Castellano, Director of Community Relations and Fund Development, Valley Health Services, at 315.866.3330, extension 2329 or by email at ccastellano@valleyhealthservices.org.

## The evolution of wedding favors

Wedding favors have changed – and in many cases for the better. Favors have evolved from the inexpensive trinkets purchased in bulk into more personalized mementos that guests can cherish.

Today's couples are interested in customizing their weddings and offering guests something meaningful, or at the very least, edible, so that favors don't immediately get relegated to the trashcan. According to Heather Jones of Wente Vineyards in California, favors have moved from "goodie bags" toward items that are experimental and fun. Wedding planners from across the country offer these wedding favor trends that couples may want to incorporate into their own celebrations.

### Welcome bags

Rather than take-home bags, welcome bags have replaced the traditional favor trinket at some weddings. Many weddings have become multi-day events that ask guests traveling from out of town to attend a wedding weekend. To help greet them and make their experience memorable, couples may fill a gift bag with items guests can use or enjoy during their stay – like a bottle of locally sourced maple syrup or some handmade soaps from a nearby shopkeeper.

### Experience gifts

Instead of a candle or a monogrammed cake server, think of experiences to offer guests. A coupon for free drinks at a nearby brewery, a tour of a local attraction while guests are in town or a group excursion for guests attending a destination wedding can be fun and will help guests create lasting memories.

### Charitable donations

Some couples feel that favors are wasteful and would rather set aside a portion of their wedding budgets toward giving back. In such situations, a donation to charity in guests' names can be the way to go. Guests can vote on two favorite charities advertised on a special table at the wedding reception. The one with the most votes will get the proceeds.

### Late-night snacks

After a night of celebrating, some guests may want the festivities to continue, but may need some extra sustenance to make it through a few more hours. Some couples are eschewing traditional favors in lieu of making room for extra food or beverage expenses that can include after-party treats. These may run the gamut from wood-fired pizzas to food truck vendors to extra desserts. A tasty take-home option also may be given, such as fresh zeppolis or beignets, or even a personalized bottle of wine. Even if the food and drink is not consumed right away, there's a good chance it will hit the spot when guests return to their hotel rooms.

Wedding favors are changing to keep up with the times and keep guests feeling extra special.



## 2020 Mohawk Valley Travel Guide

### Lodging | Dining | Shopping | Services | Places to Visit

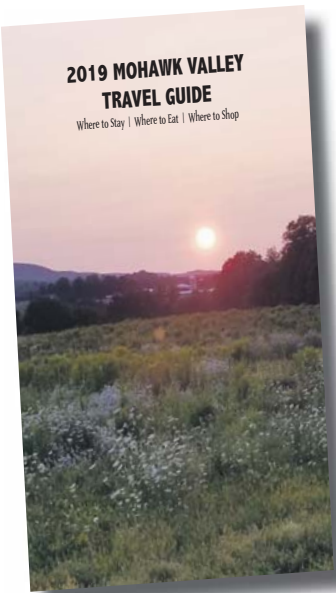
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Woodworking workshop

Herkimer County 4-H partnered with Mt. Markham FFA to create planter boxes to be used at the Herkimer County Fair as part of a community service project to help beautify the fair in August. Eric Bugbee, Mt. Markham High School FFA advisor, gave a lesson on how to properly use woodworking tools and then helped the youth assemble the boxes. The high school FFA members also helped the 4-H member and middle school FFA member with box assembly. Katie Lindsey, Mt. Markham Middle School FFA advisor, was also on hand to help out. Participating in the evening were Eli Assisi, Luke Entwistle, Jordan Treen and Cole Williams from Mt. Markham FFA, Owen Allen (FFA & 4-H member), Eleonore and Natalee Collins (4-H members), Virginia Culver (FFA & 4-H member), Logan and Lucas Humphreville (4-H members) and Katie Livingston (FFA & 4-H member).

Virginia Culver (4-H and FFA member) and Eli Assisi (FFA member).  
Photo courtesy of Herkimer County CCE





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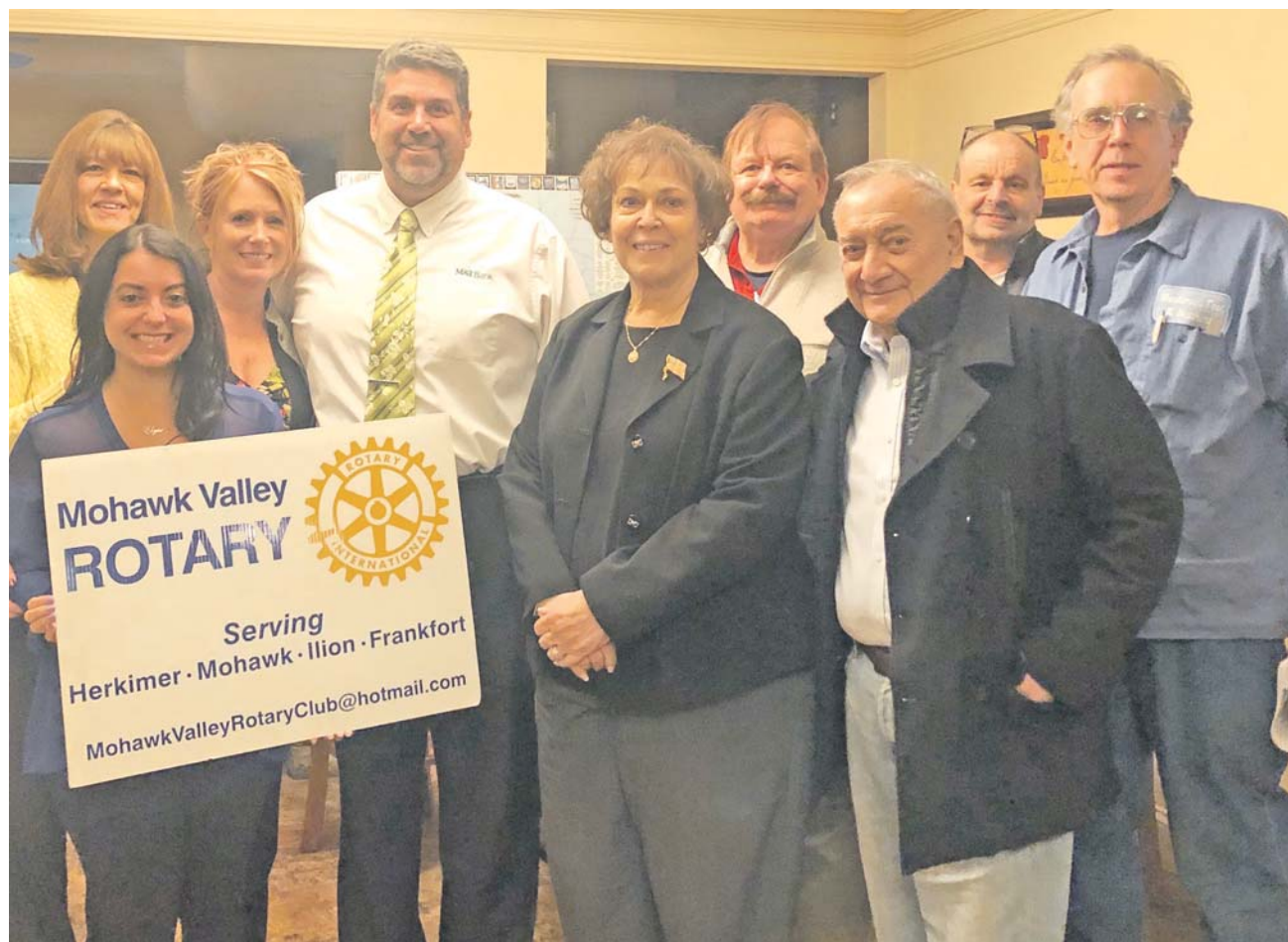


## Rotary welcomes Herkimer County Clerk Sylvia Rowan

The Mohawk Valley Rotary club invited guest speaker Herkimer County Clerk Sylvia M. Rowan to their recent meeting. Rowan discussed the County Clerk's Office and the wide

range of services the department is responsible for. Some of the services include filing and recording official documents, the Department of Motor Vehicles with offices in Herkimer

and Old Forge and Records Management, including providing services for public research. For more information visit [www.herkimercounty.org](http://www.herkimercounty.org).



(Back row, L - R) Lisa Gollegly, Denise Snyder, Steve Long, Roger Skinner, Fred Northrup and Frank Green. (Front row) Elyse Enea Bellows, Sylvia Rowan and Bob Decarlo.  
Photo courtesy of Herkimer County HealthNet

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# Common components of traditional Irish dress

Various things can represent the culture of a people. Food, music, literature and even attire can combine to tell the story of a nation and its people. Traditional Irish attire is no longer worn on a daily basis, but such clothing has retained its importance through folk music and dance. Here's a deeper look at some Irish wardrobe pieces that have been worn through the centuries.

- **Leine:** Leine are knee-length shirts that were simple and generally worn by peasants. Men wore just the leine, while women often donned these shirts as undergarments and topped them with open-sleeved dresses.
- **Trews:** Irish dress was sometimes inspired by Gaelic and Norse attire. Checked trews were a form of tartan trouser that many Irish men would wear with fringed coats or mantles. The inside of the trews may have been lined with leather to avoid chafing while riding horses.
- **Dance costumes:** Early female dancers wore ordi-

- nary peasant dresses embellished with ribbons to form flowers or crosses. In the early 20th century, the dance costume evolved into a hooded cloak over a white dress with a sash. Eventually the dress design and colors were customized by dancing schools to represent their establishments. However, the most common colors used were blue, green and white. Red was deliberately avoided because of its connection to England.
- **Kilts:** Most scholars will trace the development of the "man's skirt" or kilt, to Scotland. Irish men also wore them regularly, particularly in the early 20th century. The traditional kilt associated with Ireland is the Saffron kilt. It is mustard yellow in color, often with shamrock appliques down the pleat. These kilts were first worn by the Irish military, and they are the most widely worn kilt in Ireland today. Kilts also may be comprised of tartan. Irish tartans are designed to represent the districts and counties of Ireland.
  - **Sporrans:** A sporran is a pocket attached to the

- front of a kilt as a traditional accessory. Many Irish sporrans have shamrocks and green detailing.
- **Knee-high socks:** Traditional dress in Ireland often includes wearing knee-high socks with ribbons that match the color of the tartan.
  - **Ghillie brogues:** This is a type of Highland shoe that has long laces that wrap around the ankles before they are tied in the front. These shoes are most commonly worn with kilts. Female dancers have a similar, albeit softer, Ghillie dance shoe that also laces up and is worn with tall socks.
  - **Aran sweater:** The Aran sweater (jumper) is a style of sweater that takes its name from the Aran Islands off the west coast of Ireland. A traditional Aran sweater is off-white in color with cable patterns on the body and sleeves. The first of these wool sweaters were made for fisherman and were made from unsoured wool that is naturally water-resistant. These sweaters are a masterpiece of design.

## A saint who's not a saint

St. Patrick is a man revered in Ireland and around the world. Despite being an influential figure in the history of Ireland and Christianity, St. Patrick is a saint in name only. Millions of people around the world celebrate whom they believe to be an official saint each year on March 17. However, according to Irish Central and writer Ken Concanon, the formal canonization process in the Roman Catholic Church was not in place during its first millennium, a period of time in which Patrick was active. The official process for canonization was not instituted until around the 12th century, long after Patrick died. St. Patrick joins two other Irish saints who were never formally canonized. The only Irish saint to be canonized is Fergal, also known as

St. Virgil of Salzburg. He was canonized by Pope Gregory IX in 1233. St. Patrick became a "saint" by popular opinion. In the early years of the Church, many martyrs and those whose lives were especially holy were considered saints, even if they were not canon-

ized. It is probable, with the approval of a bishop, that St. Patrick was considered a saint for these reasons. The concept of St. Patrick not being an official saint adds to the mystery of the man, who was born in Britain and was said to have converted the Irish

from paganism with fabled symbolism that borrowed from ancient traditions. Even if his status as saint is informal, St. Patrick certainly made his mark, with a world-renowned celebration commemorating his achievements.



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### King Crossword

Answers

Solution time: 25 mins.

A	B	S		P	I	E	S		V	E	A	L	
D	U	N		E	I	R	E		I	D	L	E	
S	N	O	W	B	I	R	D		S	I	T	E	
			W	E	B		S	E	N	A	T	O	R
C	O	D	D	L	E		R	E	V				
A	I	R		E	L	F		W	I	S	P	S	
S	L	O	B		M	O	W		S	N	I	T	
H	Y	P	E	R		B	A	D		O	N	A	
				N	O	D		D	R	O	W	S	Y
P	E	R	I	W	I	G		A	R	C			
L	A	O	S		S	N	O	W	B	A	L	L	
O	S	L	O		C	A	R	L		P	E	A	
T	E	E	N		O	W	E	S		S	E	X	

### Weekly SUDOKU

Answer

4	5	1	3	9	8	2	7	6
6	7	8	4	2	1	3	5	9
9	3	2	7	6	5	8	4	1
8	1	7	5	4	3	6	9	2
2	4	6	9	8	7	5	1	3
5	9	3	6	1	2	4	8	7
7	2	4	8	3	9	1	6	5
3	8	9	1	5	6	7	2	4
1	6	5	2	7	4	9	3	8

### LAFF - A - DAY

"It says, 'Serve at room temperature — do not chill.' I wish they'd make up their mind!"

### This Week's Holidays

March 8 – International Women's Day  
March 9 – Panic Day  
March 10 – Middle Name Pride Day  
March 11 – Johnny Appleseed Day  
March 12 – Girl Scouts Day  
March 13 – Blame Someone Else Day (*the first Friday the 13th of every year*)



# Country Editor

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## Number / Classification

20 Air Compressors  
25 Air Tools  
35 Announcements  
45 Antiques  
55 Appraisal Services  
75 ATV  
80 Auctions  
82 Auto Body  
110 Bedding Plants  
120 Bees-Beekeeping  
130 Bird Control  
140 Books  
155 Building Materials/Supplies  
157 Building Repair  
160 Buildings For Sale  
161 Bulk Foods / Spices  
165 Business Opportunities  
170 Butchering Supplies  
173 Carpentry  
175 Cars, Trucks, Trailers  
180 Catalogs  
182 Catering  
190 Chain Saws  
195 Cheesemaking Supplies  
205 Christmas  
214 Clocks & Repair  
215 Collectibles  
216 Clothing  
235 Computers  
253 Consignment  
265 Construction Equipment For Rent  
275 Construction Machinery Wanted  
277 Construction Services  
280 Construction Supplies  
312 Crafts  
325 Custom Butchering  
330 Custom Services  
360 Deer-Butchering & Hides  
370 Dogs  
410 Electrical  
415 Employment Wanted  
440 Farm Machinery For Sale  
445 Farm Machinery Wanted  
447 Farm Market Items  
460 Fencing  
470 Financial Services  
480 Fish  
483 Flooring  
494 For Lease  
495 For Rent  
500 For Sale  
510 Fresh Produce, Nursery  
525 Fruits & Berries  
527 Furniture  
529 Garage Sales  
530 Garden Supplies  
535 Generators  
537 Gifts  
575 Greenhouse Supplies  
585 Guns  
587 Hair Styling  
589 Hardware  
600 Health Care/Products  
605 Heating  
610 Help Wanted  
653 Hotel / Motel  
683 Jewelers  
700 Lawn & Garden  
711 Lessons  
760 Lumber & Wood Products  
790 Maple Syrup Supplies  
805 Miscellaneous  
810 Mobile Homes  
811 Monuments  
812 Multi Media  
813 Music  
815 Motorcycles  
817 Nails  
820 Nurseries  
910 Plants  
950 Real Estate For Sale  
955 Real Estate Wanted  
960 RVs & Motor Homes  
975 Rentals  
980 Restaurant Supplies  
1040 Services Offered  
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1205 Wanted

## Announcements

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## Serve braised pork for an Irish-inspired dinner

Items like stew made of mutton, beef or lamb, cod fish cakes and potato dishes are notably associated with Irish cuisine. However, many may be surprised to learn that pork has been a key part of the Irish diet for centuries. In fact, dating back to Neolithic times, large amounts of pig bones have been found near ancient habitations in what is now Ireland, likely indicating that wild boar, and eventually domesticated pigs from farms, were a prime source of food.

In the 18th century, Ireland was a major exporter of pork, butter and cheese. Irish cured bacon and ham were coveted, as were pork sausages, which are staples of traditional Irish fare. That is why "Cider-Braised Pork With Apples, Onions and Thyme" can be the perfect recipe for St. Patrick's Day or Irish-American Heritage Month. Enjoy this recipe, courtesy of "Edible Seattle: The Cookbook" (Sterling Epicure), edited by Jill Lightner.

### Cider-Braised Pork with Apples, Onions & Thyme

Serves 6

2 tbsp all-purpose flour

Salt

Freshly ground black pepper

1 (2¾-lb) tied pork shoulder roast, netting or string intact

1 tbsp peanut or vegetable oil, plus more, if needed

1 tbsp olive oil

2 medium leeks, halved lengthwise and cut into

half-moons

2 cloves garlic, finely chopped

½ lb small yellow pearl onions, peeled

1 tbsp chopped fresh thyme

3 - 4 cups hard apple cider

1 tart apple, peeled, cored and cubed

1 tbsp Dijon mustard

1 tbsp chopped fresh flat-leaf parsley

1. Preheat oven to 325° F. Heat a large, heavy, ovenproof soup pot or Dutch oven (with a tight-fitting lid) over medium-high heat. Place the flour on a small plate. Season the flour liberally with salt and pepper. Pat the pork dry; then coat it on all sides with the flour mixture.

2. When the pot is hot, add the peanut oil and sear the pork (leaving the string on) until nicely browned on all sides, 3-4 minutes per side. Transfer the pork to a plate, and carefully wipe the pot clean with paper towels. Reduce the heat to medium.

3. Add the olive oil to the pot, then the leeks, and cook, stirring, for 3 minutes. Add the garlic, onions and thyme, and season with salt and pepper. Cook and stir for 2 minutes, then nestle the pork in among the vegetables. Add the cider until it comes about halfway up the sides of the pork, cover the pot, and transfer it to the oven. Braise for 1 hour; then turn the pork over, add the apple cubes, and braise for another hour or so, until the pork yields completely when poked with

a skewer.

4. Transfer the pork to a platter, cover with foil, and let rest. Meanwhile, return the braising liquid to the stove top, and simmer until considerably thickened, about 15 minutes. Stir in the mustard; then season to taste with salt and pepper. Stir in the parsley.

5. Slice the pork and top with the apples, vegetables and braising liquid.

*Serving suggestion:* This dish is tailor-made to be eaten with a bowl of mashed potatoes, or try it with some traditional Irish colcannon.



"Cider-Braised Pork with Apples, Onions and Thyme" can be the perfect recipe for St. Patrick's Day or Irish-American Heritage Month.

## Improve storage at home

Homes are getting bigger, but it seems like people are still lamenting a lack of storage space.

National Public Radio says the average American home has nearly tripled in size during the last 50 years. Despite that, 10% of Americans still need to rent off-site storage, according to a report in the New York Times Magazine. Self-storage facilities are one of the fastest-growing commercial real estate segments, and the Self Storage Association says there are more than 50,000 storage facilities in the U.S. alone.

Improving storage at home can be a cost-effective alternative to renting storage space. With these easy tips, homeowners can maximize space immediately.

### Utilize track storage systems

Closets may be plentiful, but if not efficiently utilized, space may still seem lacking. Track closet storage systems often make greater use of closet space than traditional shelf and hanging rod systems. Customizing closets using track systems or other modifications can improve utility of all closets in the house.

### Invest in storage beds

Storage beds typically feature cubbies or drawers

within a platform-style bed frame. It's a practical home storage solution, and does not require any building.

### Think vertically

Maximize spaces by looking up and down for storage possibilities. Items that are not used frequently, such as seasonal decorations or travel suitcases, can be stored in high spaces. Shelving on walls can go as high as necessary and be put to use in awkward wall areas, such as in corners or under eaves.

### Invest in storage benches/ottomans

A stopping area inside the front door replete with a storage bench can house shoes, umbrellas, hats, backpacks and other items, keeping them tidy and out of sight. In living rooms, look for chests or ottomans that are decorative and functional. Store throw blankets or board games inside.

### Recess drawers or shelves

Gain more storage by recessing a chest of drawers into what is called the "knee wall" of homes that have sloped ceilings in attics and upstairs bedrooms. Utilize these short walls in an efficient manner by sinking drawers or shelves into them, without taking up floor space.

### Rafter shelving

While in the attic (or a garage), add hanging shelves to rafters or exposed beams to create off-the-floor storage as well.

These are just a few of the handy ways to improve the interior storage space in a home.

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**Mon., Mar. 9th** – Normal Monday Sale & Monthly Heifer Sale

**Mon., Mar. 16th** – Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale

**Mon., Mar. 23rd** – Normal Monday Sale & Monthly Organic Day

**Sat., March 28th** – Premier Spring All Breed Sale. Selling 150 Head of Registered All Breed Dairy Cattle. The quality is deep you will not be disappointed!

**Mon., Mar. 30th** – Normal Monday Sale – Special: 1st Easter Sheep, Lamb, Goat & Pig Sale – Small animals also.

**Sat., April 4th** – Rhineback, NY. 9AM. Annual consignment Auction At Kesicke Farm. Agricultural & Construction Equip. To Consign contact Frank 845-590-9642.

**Mon., Apr. 6th** – Normal Monday Sale & this will be our 1st Fat Cow & Feeder Turnout Sale – During our reg. sale - If you have a group you would like to advertise let us know. Special: 2nd Easter Sheep, Lamb, Goat & Pig Sale

**Sat., April 11th** – Sherburne, NY. Estate of Louise Davenport- selling Farm Equipment and large quantity of tools & parts.

**Sat., April 18th** – Annual Spring Machinery Consignment Sale – at our facility. Feature: selling Complete Line of Like New Haying Equipment for Leatherstocking Vet Service.

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**Sat., May 2nd** – reserved for on the farm Machinery Sale

**Mon., May 4th** – Normal Monday Sale & This will be our 2nd Fat cow & Feeder Turnout Sale – during our reg. sale - if you would like your group advertise let us know.

**Sat., May 9th** – reserved for on the farm Machinery Sale

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**\*\*Trucking Assistance** – Call the Sale Barn or check out our trucker list on our website. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.

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**JR'S Auction, 7403 St Hwy 5, St Johnsville, NY 518-993-4668**





# APRIL 8 & 9, 2020

## WEDNESDAY 8-4 • THURSDAY 8-3

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 Hud-Son Forest Equipment • 28, 29  
 Hustler Turf • H  
 Hybrid Building Solutions • 92  
 J&J Equipment LLC • L-1  
 JC Smith Inc • I-1  
 Joe Johnsons Equipment LLC • W-2  
 Kepner Equipment • 98  
 Keystone Concrete Products • 113  
 Kleis Equipment • B  
 Kurtz Truck Equipment • O  
 Leafilter North of New York • 58  
 Liftech Equipment Companies • N, Demo Area 2  
 Liquitube Marketing International • 122  
 Machinery Trader • 106  
 Magnet Paint Co • 112  
 Martin Truck Bodies • 74, 75  
 McQuade & Bannigan Inc • 124  
 Metalico • 110  
 Mid Country Machinery Inc • J-2  
 Mirabito Energy Products • 21  
 Montage Enterprises • 200  
 Nextire • 54  
 Northeast Sweepers & Rentals • S-4  
 NYLICA • 115  
 NYS Assoc. of Town Superintendents of Hwys • 10  
 NYS DOL OnSite Consultation • T-118  
 Outdoor Power / Cub Cadet • 84, 85  
 Presby Environmental • 20  
 Quality Craft Tools • 33, 34  
 RAM - Eventnext • H-2  
 Reliable Products / Mid York Products • 46  
 Renewal By Andersen • 5  
 Robert H Finke & Sons, Inc • S-3  
 Rockledge Equipment LLC • 121  
 Roy Teitsworth Inc • 13

Runnings • 208  
 S&S Tractor Parts, Inc • 114  
 Safety Compliance Services • 7  
 Schaeffer Specialized Lubricants • 57  
 Screen Machine Industries • 118  
 Seedway, LLC • 81  
 Skillsignal LLC • 43  
 Sno Depot • 120  
 Specialty Tire • 101, 102  
 Stauffer Diesel Inc • 47, 48  
 Steel Sales Inc • 109  
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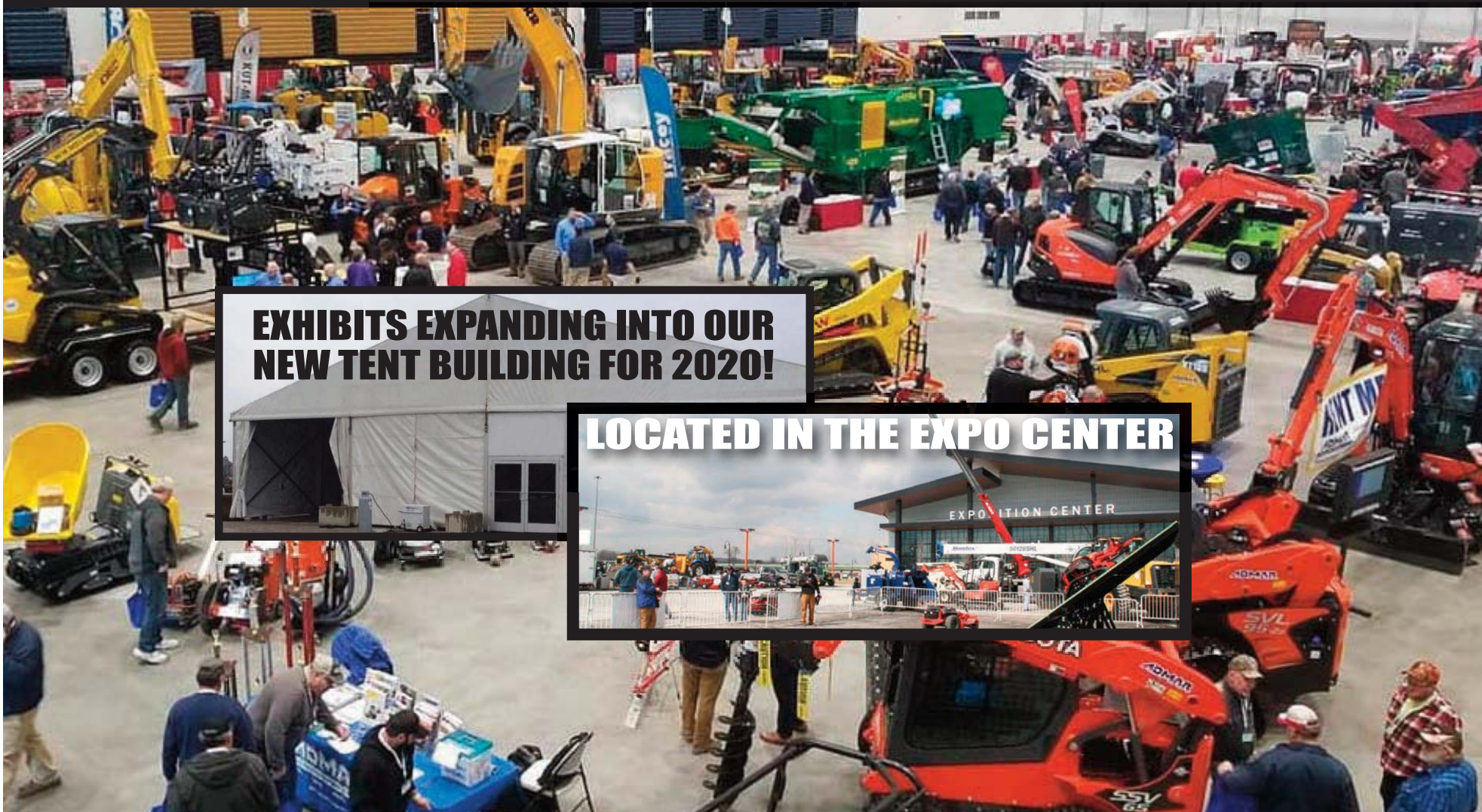


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