

HERKIMER Country Editor

Serving the Valley for 53 Years

AUGUST 7, 2020

Delivered by the
U.S. Postal Service

518-673-3237
Volume 10 Number 8

Open my eyes, that I may see wondrous things from Your law. Psalm 119:18

BigDog Motors, Inc.

www.bigdogmotorsinc.com

⇒ NYS Inspections (7 days/wk.)

⇒ Save your ins. deductible

Used Cars

FRANKFORT • 315-444-9028



2080
County Highway 119
Stratford, 13470

This newly built
2 bedroom, 1 full bath
home sits on 2 acres. It
features a kitchen, living/
dining room combo.
Full concrete basement,
new well, septic, electric,
windows and siding.
Close proximity
to 4 different lakes

\$129,900

JOE MACRI
REALTY

"I will exceed your
every expectation..."

(315) 360-1920
bill.joemacrirealty@gmail.com

Bill Macri



TALLMAN'S

T • I • R • E
AND
AUTO REPAIR

WE WILL BEAT ANY TIRE PRICE BY \$5 PER TIRE

Call Your Nearest Tallman's Tire Store For Current Pricing.

Full Service Automotive

- Brakes
- ABS Brake Systems
- Exhaust Systems
- Diagnostics
- Brake & Fuel Lines
- Foreign & Domestic
- Engine Repair
- Suspension
- All Makes & Models
- Check Engine Light
- 4 X 4 Lift Kits
- Off Road Accessories
- Alignments
- Shocks & Struts
- Air Conditioning
- NYS Inspection
- Factory Maintenance
- Extended Warranties

BRANDS YOU TRUST!



NEW YORK STATE INSPECTIONS



Perform State
Inspection

\$5 OFF

Must present coupon

Offer Expires: Aug 31, 2020

FLUID EXCHANGE SERVICES

TRANSMISSION
RADIATOR/COOLANT
POWERSTEERING
BRAKE

\$15. OFF

Must present coupon. Most Vehicles
Not valid with other offers.

Offer Expires: Aug 31, 2020

**\$15.00
OFF
COUPON**

4 WHEEL
ALIGNMENT & FREE
TIRE ROTATION

Offer Expires: Aug 31, 2020

**10%
OFF**

WIPER
BLADES

Offer Expires: Aug 31, 2020

**\$10.00
OFF**

CAR
BATTERY

Offer Expires: Aug 31, 2020

Utica

1719 Genesee Street
315/732-6522

Rome

1905 Black River Blvd.
315/339-8473

Yorkville

5176 Commercial Drive
315/736-2442

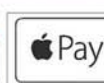
Herkimer

231 Sunset Avenue
315/866-5400

OPEN Mon.-Fri. 7:30am-6PM
Sat. 8am-12pm

SHOP ONLINE at

www.TallmansTire.com



The Price We Quote Is The Price You Pay.... No Hidden Fees!

Rebates: Ask an Associate or log on to our Nearest Stores' Facebook Page for details. Terms & Conditions Apply. See store for complete details. Not responsible for typographical errors.

PRSR STD
U.S. POSTAGE
PAID
UTICA, NY
PERMIT NO. 55
ECRWSS

*****ECRWSSDDM*****

Local
Postal Customer

Arc Herkimer begins re-opening programs for people with disabilities

As an essential nonprofit organization in Herkimer County, Arc Herkimer supports over 600 people with disabilities, and the organization continued supporting many disabled persons throughout the duration of the COVID-19 mandated shutdown. Now, the agency is beginning its re-opening plan for its various vital programs, which have been shut down since the middle of March, after receiving direction from the Office for People with Developmental Disabilities to close congregated day programming.

The Arc Herkimer Supports and Services team has been in overdrive putting plans and procedures in place the past few months. Executive Vice President of Supports and Services Lorene Bass said, "Adapting to new regulations and routines is challenging for anyone, but especially for vulnerable groups like the people we support. We are doing everything we can to keep everyone healthy and happy throughout this pandemic."

Limiting visitors, implementing even more vigorous cleaning procedures and frequently screening staff and people supported are just a few of the ways in which Arc Herkimer is keeping the agency safe. Thanks to a grant collaboration between the Community Foundation of Oneida and Herkimer Counties and the United Way of the Mohawk Valley, Arc Herkimer was able to purchase two Clorox Total 360 Spray Disinfectant Systems and two One-Screen Go-Safe Body Temperature and Facial Recognition Systems, to help ensure intensified disinfecting measures and expedited frequent temperature screenings.

Arc Herkimer's Supports and Services team also amped up the activities schedule in order to keep cabin fever at bay within their residential homes. Care packages, mock visits to a movie theater and hibachi restaurant, at-home camping trips, a tropical luau and trips to space and countries around the world were just a few of the creative ways staff kept people engaged and entertained while staying at home.

Additionally, Arc Herkimer's Career Connections division remained busy providing support to individuals employed as essential workers during the shutdown. Herkimer Industries switched up production and began making masks and other personal protective equipment. The Arc Herkimer Goods Store and Arc Park had to close for a short time, but they are now back open, following social distancing guidelines to keep everyone safe.

The opening of the MV Golf & Event Center (MVG&EC) was immensely impacted by COVID-19. Arc Herkimer became the official owner of the former Mohawk Valley Country Club on April 1, and like all other businesses, has battled through regulations to

remain open. The current New York State guidelines are still extremely restrictive of the new operation; however, that hasn't stopped golfers from enjoying the course, and the Tin Cup Tavern & Grille is open with limited dining and takeout options available.

Arc Herkimer CFO and MVG&EC Interim General Manager Anthony Visconti said, "This year has been a challenging year to say the least, but we are so excited about our new business venture at the MV Golf & Event Center and we are confident that our team will continue to pull through and overcome any future challenges."

Not only have Arc Herkimer's seven divisions seen changes throughout the pandemic, the agency's major fundraising efforts have as well. The 25th and final New York International Wine Auction (NYIWA) has been rescheduled for Sept. 25, 2021. The agency's other major annual events like the community festival, Arc Park summer concert series and golf tournament have also been postponed until 2021.

When asked what postponing events like these mean for the agency, President/CEO Kevin Crosley said, "Our agency's tagline is 'building community' and a large part of what we do relies on participation and donations surrounding events like these. We are certainly living in a challenging time, but we will stop at nothing to fulfill our mission. Our staff and the community have been incredibly supportive during this time and we cannot thank them enough. We are excited about our progress with re-opening and we look forward to continue providing first class supports and services."

"We are doing everything we can to keep everyone healthy and happy throughout this pandemic."




Home Land
& Site Clearing
Serving Herkimer
& Otsego Counties
FULLY INSURED

Ron's Tree Removal
Mohawk, New York 13407

32 Years Experience Senior Citizen Discounts

Chipping • Trimming
Stumping • Clean Ups & Firewood

FREE ESTIMATES
315-866-3889 or 315-214-1267

JIM'S PAINTING
"WE PAINT IT ALL"
Since 1988
Exterior • Interior

Quality Work • Reasonable Rates • Licensed • Fully Insured

- Houses
- Churches
- Barns
- Decks
- Sheetrock
- Skim Coating
- Wood Siding (all types)
- Aluminum
- Weathered Vinyl
- Stucco


A Company Where
The Boss Does The Work

References Galore Available

Free Estimates - 315-868-7243

PETE MACRI
PAVING
Blacktop • Sealer • Concrete

COMMERCIAL • RESIDENTIAL
FOR A FREE ESTIMATE!
CALL ED

315 794-6587

Since 1992 Gift Certificates Available

CUSTOM AUTO CLEANING
1 Maple Ave., Herkimer, NY 13350
315-866-5285
Open All Year Round
CELEBRATING 28 YEARS IN BUSINESS

**Washing • Waxing
Shampooing
Full Detail Packages**

Ben Migliore, Jr. ~ Owner

HERKIMER HEARING AID CENTER
in the Prospect Complex 200 N Prospect St., Herkimer

Specializing in Hearing Loss & Hearing Aids for **Over 20 Years!**

 **If you suffer from:**

- Ringing In The Ears / Tinnitus
- Difficulty Understanding Conversations
- Moderate, Severe or Profound Hearing Loss
- Problems With Your Existing Hearing Aids

Let our Board Certified provider help you.

- Expert Evaluations For All Ranges Of Hearing Loss
- Unrestricted Access To The Best Hearing Aid Components
- Customized Treatment With **YOUR** Specific Prescription
- Best Comprehensive Care For **YOUR** Unique Hearing Loss

PROUDLY STAYING LOCAL
HIGHEST QUALITY CARE • SATISFACTION GUARANTEED
GET THE BEST CARE AND SAVE HUNDREDS!

Competitive Insurance-Style Discounted Hearing Aid Options Available if Necessary. No 800# For Approval, Simply Come In.

No Marketing Gimmicks. Just Professional Care.
ENJOY THE SOUNDS OF LIFE AGAIN!

Marcus Boehm, BC-HIS
Board Certified
in Hearing Instrument Sciences

Appointments: **315-866-6728**
www.herkimerhearing.com

SALE
ENDS MONDAY AUGUST 31ST

30% - 50% OFF
ALPACA SWEATERS, JACKETS, CAPES & RUANAS AS MARKED

30% OFF
Regular Priced Hats, Gloves, Scarves, Fur Alpacas & Teddy Bears.

BUY 3 Pairs of Reg. Priced Alpaca Socks and Get The 4th Pair FREE! (of equal or lesser value)

PACA GARDENS

27 West Main St., Little Falls, NY 13365
Ph. 315-823-1100 Mon - Fri: 10am-5pm / Sat: 10am-4pm
Mastercard/Visa/Discover/Am Express

Keep Mohawk Valley Beautiful launches "QuaranTeam" cleanup effort

Keep Mohawk Valley Beautiful (KMVB), a six-county NYS affiliate of the national Keep America Beautiful (KAB) program, is launching a "QuaranTeam" Cleanup in conjunction with KAB's annual Great American Cleanup Effort scheduled for June 1 - Oct. 18. KMVB is a standing committee of the Mohawk Valley Economic Development District Inc.

This year marks KMVB's 19th annual Great American Cleanup Effort where community volunteers come together to aesthetically improve our environment by creating

cleaner parks, streets, capes and public spaces through litter removal and elimination. While the country begins to open back up and more people are spending time outside, KMVB's "QuaranTeam" Cleanup effort is intended to keep its commitment to bringing people together to beautify our communities, even during a global pandemic.

The KMVB "QuaranTeam" Cleanup is a project for individuals and families who are quarantined together to break up their day by taking a walk outside alone or as a family to clean up

litter along their property/streets and surrounding areas. "We intend to have adults and children in the six-county Mohawk Valley Region take action to work on beautifying and cleaning areas across their communities while adhering to federal, state and local public health guidelines regarding the COVID-19 pandemic," said Sam Russo, chair of KMVB Committee.

KMVB reminds volunteers participating in the "QuaranTeam" Cleanup to wear personal protective equipment such as masks and gloves when appropriate during litter cleanups.

By registering your "QuaranTeam" Cleanup project on the Oneida-Herkimer Solid Waste Authority's website at ohswa.org, you will be entered in a prize drawing that will take place following the conclusion of the Great American Cleanup on Oct. 18. "QuaranTeam" individuals and/or groups must have registered through ohswa.org and submit the reporting form provided upon registration to be eligible to receive prizes.

Jamie Tuttle, recycling educator of the Oneida-Herkimer Solid Waste Authority and partner

in the Cleanup Program, said, "While this year's cleanup effort may not involve large groups gathering together, the actions, large or small, of individuals and families who participate will help KMVB continue its mission to remove litter and beautify the region we call home while inspiring generations of environmental stewards. KMVB is cleaning up, yes, but we are also changing behaviors by engaging the enthusiasm of involved young people."

"From Boonville to Cobleskill, from Oneonta to Northville, and all along

the Mohawk Valley, volunteers will be working together to make a difference in their communities. Projects such as the KMVB 'QuaranTeam' Cleanup, community gardens, recycling and beautification help leverage other public and private resources to positively impact our region," said Russo.

To register your "QuaranTeam," visit ohswa.org (click "QuaranTeam" Cleanup). You may also contact Mohawk Valley Economic Development District with any questions related to the Cleanup at 315.866.4671.

Herkimer County Fair events during August

Due to COVID-19, the Herkimer County Fair and many other events on the fairgrounds were cancelled but the Her-

kimer County Fair will be holding events in August—starting with the Flea Market on Aug. 15 and 16 from 10 a.m. - 5 p.m., admission is free. A 12 x 12 space is only \$20 for the day and \$30 for both days. Also there will be a gymkhana jack-

pot horse show on Aug. 15 starting at 10 a.m.—unfortunately there will be no spectators allowed. The next event will be the Food Truck event to be held Aug. 21-23. Hours of operation will be 4-8 p.m. on Aug. 21, 12-7 p.m. on Aug. 22

and 12-6 p.m. on Aug. 23. Outside tables will be available. Another open horse show will be held on Aug. 22 starting at 9 a.m. The fair will be following the CDC guidelines to practice social distances at all events and the requirement of

masks except while eating.

Any information on any of these events can be obtained by calling the Fairgrounds at 315.895.7464 or through our email at info@HerkimerCountyFair.org.

LOGAN BECK FARM LLC



All Your Home Grown Feeds At Amazing Pricing!!!

Call our office for prices at
518-993-2279
or 518-705-9668
or stop in and see us at
338 Nellis Road,
Fort Plain, NY 13339

Hours: Monday-Friday 7AM-5PM, Saturday 7AM-12PM,
Closed Sunday

Now Offering Local
Delivery At No Charge
- 20 Bag Minimum

USDA Butchered Beef • Pork

Raised Responsibly on our Farm

Bulk Burger \$6/lb
Patties \$7/lb
Steaks & Roasts \$8/lb

All Pork \$6/lb

Bacon • Sausage
Pork Chops • Hams
Ham Steaks

Quantity Discounts

Hillside Farms
518-332-9143

SEASONED FIREWOOD FOR SALE

\$60/Face Cord
\$150/Full Cord
Delivery Available
Call Shawn
at 607-287-0380
or Ryan at 315-922-8662

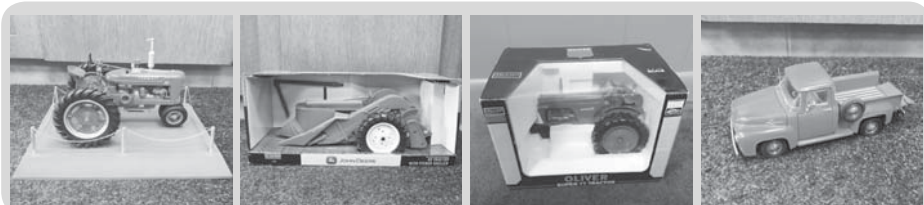
State Commissioner of Ag addresses what to do with unsolicited, mislabeled packages of seeds sent from China

"Our office has received questions from a few New Yorkers who have received unsolicited packages allegedly sent from China that are marked as containing jewelry but which actually contain plant seeds. Similar packages have been received in other states and the USDA is investigating. People who receive seeds should not plant or handle the seeds. They should store them safely in a place children and pets cannot access and email USDA immediately at erich.l.glasgow@usda.gov for instructions," said Ag Commissioner Richard A. Ball. "Seeds imported into the United States are rigorously tested to ensure quality and prevent introduction of invasive species, insects and diseases. We will continue to monitor this issue and will pass along guidance as it is received from USDA."

Consumers you receive these packages of seed are also asked to email USDA with their full names and telephone numbers, pictures of the package and any other relevant information.

Consumers you receive these packages of seed are also asked to email USDA with their full names and telephone numbers, pictures of the package and any other relevant information.

We BUY what you no longer want and SELL what you just have to have!



Matt Stanley Buyer/Seller 315-292-2306
Leescollectables@gmail.com

Lee's Collectables and Overstock, [ebay](http://ebay.com) [leescollectables](http://leescollectables.com)

HERKIMER COUNTY FAIR

OUTDOOR

Flea Market

August 15-16, 2020
10AM-5PM
Both Days

Vendor set up is from 8-10AM
12x12 spaces are
\$20 for one day or \$30 for both days

Admission is
FREE to the Public -
Social distancing
and masks
are required.

For info or application call the Fairgrounds 315-895-7464

Applications open for CCE Master Gardener volunteers

Interested in becoming a Master Gardener volunteer? Cornell Cooperative Extension (CCE) of Herkimer County is seeking applicants to participate in this popular statewide and national public service program.

The Master Gardener Volunteer Program is open to any-

one with a genuine interest in flora and food gardening and a willingness to share their knowledge, experience and enthusiasm with constituents in their local communities. Don't miss a unique opportunity for a comprehensive training in the science and art of horticulture and to become a Master Gar-

dener volunteer.

The new class schedule accommodates Zoom conferencing, running consecutive Mondays from 9 - 11:30 a.m. Classes begin on Monday, Sept. 21 and run through March 15, 2021, except for holidays - 20 sessions altogether.

Trainees may participate

from home or from respective CCE county offices with safety protocols observed. Participants will need access to a computer with audio and camera components for interactive discussions. The cost is \$150 per person, including all materials. Applications are being accepted through Friday, Aug.

21, and will be followed by a personal interview. For more details or to receive an application, contact Garet Livermore at the Herkimer County CCE office at 315.866.7920 or herkimer@cornell.edu.

Visit tinyurl.com/y4lp4d85 for a position description and application.

Grilled sausage and pepper pizza

Topped with sweet Italian sausage and two kinds of peppers, this homemade pizza is so delicious, you may give up delivery for good.

Flour

1 pound pizza dough

2 teaspoon olive oil

2 small peppers (1 red and 1 orange)

2 sweet Italian sausage links

4 ounces part-skim mozzarella

1/2 small red onion

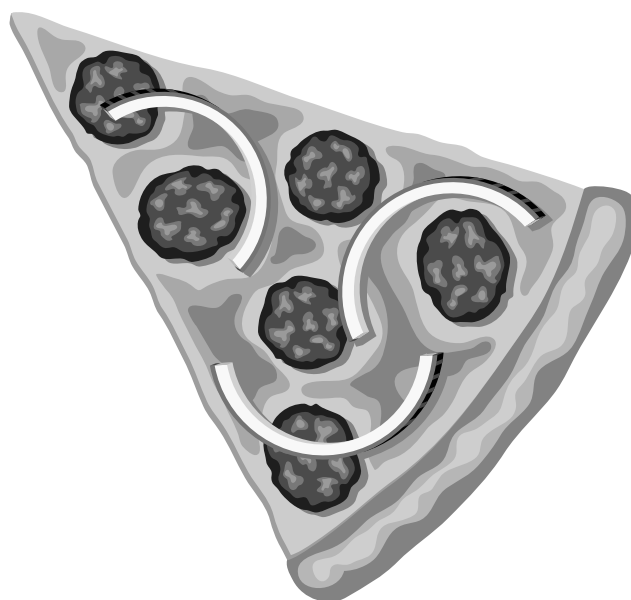
3 pepperoncini peppers

1. Heat grill to medium-high. Lightly dust a baking sheet with flour. Working on a floured surface, shape the pizza dough into one 14-inch round and place on the prepared sheet. Brush the top with 1 teaspoon oil.

2. Place the peppers and sausages (cut-side down) on the grill and cook, covered, for 3 minutes. Turn and

grill, covered, until the sausages are cooked through and the peppers are tender, 2 to 3 minutes more. Transfer the sausages and peppers to a cutting board and slice.

3. Transfer the pizza dough to the grill, oiled-side down, and cook, covered, until the top begins to bubble and the bottom is crisp, about 2 minutes. Brush the top of the dough with the remaining 1 teaspoon oil.



4. Turn over, sprinkle the grilled side with half of the mozzarella, then the onion. Top with the peppers, sausage and pepperoncinis, then sprinkle with the remaining cheese. Grill, covered, until the bottom is golden brown and crisp, and the mozzarella has melted, about 3 minutes. Transfer to a cutting board and cut into pieces. Makes 4 servings.

TIP: To make this pizza indoors, split the dough in half and shape into two 8-inch rounds.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/food-recipes/.

(c) 2020 Hearst Communications, Inc.

All rights reserved

Dolgeville residents earn degrees from WGU

The following Dolgeville residents have earned a degree from Western Governors University (WGU). The online, nonprofit university has graduated over 190,000 students from across the country since its inception in 1997.

- Jennifer Williams received a Bachelor of Science, Business Management

- Jessica Bladek received a Bachelor of Arts, Educational Studies

CHARLES D. STAHL

"SPECIAL TRUCKLOAD SALE"

Approx. 5 Face Cord "Seasoned"	\$425
Approx. 7 1/2 Face Cord	\$550
Approx. 11 Face Cord	\$850

FURNACE CHUNK WOOD

Approx. 11 Face Cord	\$775
----------------------	--------------

315-823-1982 Prices may include extra delivery charge.

HEAP VENDOR

Curious About Your Water Quality? Call the Expert!!!

COUNTRYMAN WATER CONDITIONING

SALES • SERVICE • RENTALS

• A Family Business Since 1956 •

Certified Water Specialist

**6880 State Hwy. 5S
Fort Plain**

countrymanwater@yahoo.com

518-993-2888 • 1-800-993-2824

WILL REMOVE UNWANTED APPLIANCES FOR FREE

If you have unwanted refrigerators, freezers, washers, dryers, push lawn mowers, riding mowers, bikes, tillers, stoves, hotwater tanks, furnaces in cellar, home, garage.

WILL REMOVE FOR FREE

No Labor Cost To You NO COST TO YOU

518-848-6469

ATTENTION

JR'S Bottle Redemption!

7403 St Hwy 5, St. Johnsville

We pay 6 cents per bottle and can on Tuesdays
1 case water per 1000 bottles

We specialize in large volume!! We like 'em by the thousands!!

5 cents other days • 518-993-4668

OPEN Mon Tues Wed and Fri 8-5 and Sat 8-12

Big Blue Building with the sheds in the front at JR'S Auction

518-993-4668 • We Also Buy Junk Batteries!!

A&R REPAIR

GENERAL WELDING & MACHINING

Your source for White Horse & I&J Parts and Equipment

WHITE HORSE MACHINE

I&J mfg.

Offering:

Flexco Belt Lacing • Baler Belts • Merger Belts
Plow Shares, Shins & Landsides

385 Spring Street, Fort Plain, NY 13339

"Your Original Repair Shop"

Small Engine Repair

DON'T WAIT TO SERVICE YOUR POWER EQUIPMENT!

We can get you up & running for all your seasonal projects

Briggs & Stratton Certified Mechanic

COLLIS HARDWARE

True Value. Just Ask. Buy What You Want. Rent What You Need.®

104 N. Main St., Herkimer, NY • 866-0826

WWW.TRUSITE.COM/COLLIS • Mon.-Fri. 7:30am-6pm; Sat. 7:30am-5pm; Sun. 9am-3pm

Estate Sale

58 N. Division St., St. Johnsville, NY 13452

Fri. August 7th & Sat. August 8th

9:00 AM to 5:00 PM

Masks are required, please and thank you...

WWII Military, Country Items, Sterling Flatware, Mid Century Christmas, Beds, Dressers, Tools, Kitchen smalls including NOS Corning ware, Pyrex bowls, Linens and a wonderful early Cushman Dining room set with all the original tags and labels. Garage is full as well. Hope to see you all!

Area Church Services

COLD BROOK
COLD BROOK
UNITED METHODIST CHURCH
467 Main St.
Sunday Worship 10:30 AM

DOLGEVILLE
NEW HOPE CHRISTIAN FELLOWSHIP
Pastor Pat Andreoli
32 Spencer St.
Sunday School 9:30 AM
Sunday Worship 10:30 AM
Tuesday Bible Study 7 PM

GRACE BAPTIST CHURCH OF DOLGEVILLE
Pastor Len Byerly
12 Van Buren St.
Morning Worship 11-12:30 PM
Lunch 12:30-2 PM
Afternoon Worship 2-3 PM

DOLGEVILLE UNITED
METHODIST CHURCH
Rev. Anthony Bradseth
21 N. Helmer Ave.
Church Phone 429-7381
Sunday Church Service
Oppenheim @ 9:30 AM
Dolgeville @ 11 AM

DOLGEVILLE CHRISTIAN FELLOWSHIP
Pastor Marvin Isum
3 Elm St. Phone 429-8390
Sunday Worship 10:30 AM
Mid-week Service Tuesday 7 PM

UNITED LUTHERAN
PRESBYTERIAN PARISH
26 E. Faville Ave.
Worship 11 AM

ST. JOSEPH'S ROMAN
CATHOLIC CHURCH
Deacon Jim Bower, Administrator
Father Brian Slezak, Sacramental Minister
31 N. Helmer Ave.
Phone 315-823-3410
Mass 9 AM Sunday

EAST SCHUYLER
CHRISTIAN ASSEMBLY OF SCHUYLER
Pastor Mark Sowersby
3659 Route 5, East Schuyler
Sunday Worship 10:30 AM
Wednesday Night 6:30 PM
Phone 315-895-0926
Christianassemblyofschuyler.com

FRANKFORT
OUR LADY QUEEN OF APOSTLES
414 Frankfort St., Frankfort, NY
Pastor: Father Paul Catena
Deacon: Micheal Carbone
Mass Schedule: Saturday 5:30 PM;
Sunday 9:00 AM; Tuesday & Thursday 9:00 AM

HERKIMER
SS PETER and PAUL ORTHODOX CHURCH
Fr Timothy Holowatch & Fr Dn Demetrios Richards
305 Main Rd., Herkimer
Phone (315) 725-5382
Saturday Vespers 5 PM
Sunday Divine Liturgy 9:30 AM Sundays
Great Lent Presanctified Liturgies
6 PM Fridays

HERKIMER
TEMPLE BETH JOSEPH
327 N. Prospect St.
Phone 866-4270
Friday 7 PM

ST. FRANCIS de SALES CHURCH
Rev. Mark Cunningham, Pastor
219 N. Bellinger St.
Phone 866-4282
Saturday Vigil Mass 4 PM
Sunday Mass 8 & 10:30 AM

CHURCH OF SAINTS
ANTHONY and JOSEPH
229 S. Main St.
Phone 866-6373
Sunday Mass 7:30 AM & 11 AM
No Saturday Vigil

REDEEMER CHURCH
Pastor Michael Servello
931 Herkimer Rd.
Utica, NY 13503
Phone 792-4748
Saturday 6 PM • Sunday 9 & 11 AM

OAK RIDGE FREE METHODIST CHURCH
Pastor Chris Schumske
838 W. German St.
Worship Service for adults & children
8:30 AM & 10:30 AM
with Ridgekids for the children (0-5th grade)
Phone 866-0575

UKRAINIAN ORTHODOX CHURCH OF
ST. MARY'S PROTECTRESS
326 Moore Ave.
Sunday Divine Liturgy 10 AM
Holy Day Liturgy 9 AM
Phone 866-1336

NEW LIFE CHURCH
Pastor David Hayner
337 Protection Ave.
Phone 866-1164 • www.nlc-mc.org
Worship 10 AM
Wednesday Worship 6:30 PM

TRINITY EVANGELICAL
LUTHERAN CHURCH
Corner of West German & Henry Streets
Phone (315) 866-6474
Sunday Worship Services
9 AM Spoken Service
9 AM Faith Formation Sunday School
10:30 AM Service with Music
Bible Studies on Thursday Mornings at 10 AM

THE SALVATION ARMY
Lieutenants John and Lori Wood
429 N. Prospect St.
Phone 866-1240
www.thesalvationarmy.org
Sunday School 10 AM
Morning Worship 11 AM

FIRST UNITED
METHODIST CHURCH
OF HERKIMER AND LITTLE FALLS
Pastor Joelle Faulks
Prospect St & Park Ave.
Sunday Worship 8:00 & 9:30 AM
Sunday School 9:30 AM during school year

HERKIMER REFORMED CHURCH
102 Church St.
Phone 866-1523
Worship 9:30 AM
Sunday School 11 AM
Shepherd's Table:
Tuesday 11-12:30 PM
Thursday 11:30-12:30 PM
Shepherd's Table Dinner:
First & Third Tuesday 6 PM

CHRIST EPISCOPAL CHURCH
300 N. Main St.
Church Office (315) 866-0551
Email: christchurchherkimer@gmail.com
www.christchurchherkimer.org
Sunday Services: 10:30 AM
Free Community Dinner: Next-to-last and Last
Saturday of the month 5:00 PM (Parish Hall)
Entrance to Parish Hall is on Mary Street

ILION
ILION COMMUNITY CHURCH
Pastor Dean Mabry
44 Central Plaza
Sunday Worship 10 AM
Child Care/Kids Church Available
ilionchurch.com

SAINT AUGUSTINE'S
EPISCOPAL CHURCH
Bishop - Dan Herzog
78 2nd Street
Phone: (315) 894-3775
Sunday School at 8:45 AM
Adult Bible Study at 8:45 AM
Holy Eucharist at 9:35 AM

FIRST PRESBYTERIAN CHURCH
90 Morgan St., Ilion, NY, 13357
Reverend Richard Riggle
Bible Study 9:30 AM
Church Service 10:30 AM
315-894-2070

FIRST BAPTIST CHURCH
8 Second Street
Reverend John Partise
Wednesday Mid Week Service 7 PM
Sunday Morning 11 AM

MORNING STAR UNITED
METHODIST CHURCH
36 Second Street
Reverend Bob Wallaber
Sunday Worship 10 AM
November 1 - May 1
4224 Acme Rd, Frankfort
May 1 - November 1
36 Second Street, Ilion

ILION
ANNUNCIATION CHURCH
109 West Street, Ilion, NY
Pastor: Father Paul Catena
Deacon: Micheal Carbone
Mass Schedule: Saturday 4:00 PM; Sunday
11:00 AM; Monday & Wednesday 9:00 AM

LITTLE FALLS
FIRST BAPTIST CHURCH
555 Albany St.
315-823-3392
Morning Worship 10:15 AM
Rev. Chris J. Wintermute, Lead Pastor
Rev William Whalen, Associate Pastor
Nursery (infants through age 4)
Meet and Greet Sunday at 8:30 AM
Sunday School Classes 9:00 AM (nursery
through adult)
* *Our Service is aired on 100.3 FM,
91.1 FM & 88.7 FM on Sundays from 11-12
with a 1 week delay.

ST. PAUL'S UNITARIAN
UNIVERSALIST CHURCH
Minister Jeffrey J. Frank
Mark Bunce, Organist
565 Albany St.
Phone 823-2284
Sunday Service & Religious Education 10 AM

HOLY FAMILY PARISH OF THE ROMAN
CATHOLIC COMMUNITY OF LITTLE FALLS
Father Brian Slezak, Pastor
763 E. Main St.
Phone 823-3410
Saturday Vigil Mass 4 PM
Sunday Mass 10:30 AM

EMMANUEL EPISCOPAL CHURCH
588-594 Albany St.
Sunday Schedule:
High Mass, Rite II 10 AM
Nursery & Sunday School 9:45 AM
(Sept.-May)
Fellowship Coffee Hour 11:15 AM
Choir Rehearsal 11:30 AM
Holy Day Masses as announced
Confessions by appointment

LITTLE FALLS
FIRST ASSEMBLY OF GOD
Senior Pastor Timothy Parisi
559 E. Jefferson St.
Phone 823-4043 • firstaglf@gmail.com
Sunday Morning All Worship 10 AM
Thursday Bible Study 6:30 PM

HOLY TRINITY LUTHERAN CHURCH
512 E. Gansevoort St.
Sunday Worship 9:30 AM
Sunday School 9:15 AM
Wednesday Services 12:10 PM & 7 PM

FIRST PRESBYTERIAN CHURCH
Pastor Tamara Razzano
16 Jackson St.
Phone: 315-823-3004
Email lffirstpres@gmail.com
www.presbylif.org
Sunday Worship 10 AM
Sunday School 10 AM

LITTLE FALLS
MIDDLEVILLE UNITED METHODIST
Pastor Wayne Getman
24 Rte. 29
Phone 845-8730
Sunday School 9:30 AM
Worship Service 9:30 AM

MOHAWK
GRACE EPISCOPAL CHURCH
Rev. Sally Heiligman
7 E. Main St.
Phone 315-866-4782
or 315-520-4723
Holy Eucharist 10 AM

DENNISON CORNERS
COMMUNITY CHURCH
Pastor Donald King
219 Robinson Rd. • Phone 866-5215
Sunday:
Sunday School 9:45 AM
Morning Worship 11 AM
Evening Worship 6 PM
Wednesday Prayer 7 PM

MOHAWK REFORMED CHURCH
Rev. Brian Engel, Pastor
20 S. Otsego St.
Phone 866-4292
Email mohawkpastor@verizon.net
Follow us on Facebook
Morning Worship:
10:30 AM Sept. - June • 9:30 AM July - Aug.
Youth Sunday School (Pre-K - Sr. High) 9 AM
Adult Sunday School (Men, Women
& Couples) 9:30 AM
September - June

EMMANUEL BIBLE CHURCH
Pastor Gary Wilcox
54 W. Main St. • Phone 717-3011
Sunday School 9:45 AM
Morning Worship 11 AM
Fellowship Lunch 12:30 PM
Afternoon Bible Study 1:30 PM
Wednesday Prayer & Bible Study 6 PM

MOHAWK
CHURCH OF THE BLESSED SACRAMENT
Sr. Mary Jo Tallman, CSJ,
Parish Life Director
Rev. Mark Cunningham,
Sacramental Minister
71 E. Main St.
Phone 866-1752
Saturday Vigil Mass 5:30 PM
Sunday Mass 9:30 AM

CHRISTIAN BIBLE CHURCH
H. Ed Reed, Pastor/Teacher
167 Ward Rd. • Phone 858-1282
www.christianbiblechurch.us
Sunday School 9 AM
Sunday Worship 10 AM
Wednesday Bible Study
& Prayer Meeting 7 PM

MOHAWK
THE WORD CHRISTIAN CENTER
Pastor Gene Kipper
27 E. Main St. • Phone 868-1790
Sunday Services at 10 AM
Intercession - Tuesdays at 7 PM
Free Community Dinner the last
Thursday of the Month at 6 PM

NEWPORT
FIRST BAPTIST CHURCH OF NEWPORT
7497 Main Street
Pastor's Phone 315-790-1877
Sunday Worship at 9:45 AM

UNITED METHODIST
Pastor Wayne Getman • Phone 845-8730
Sunday School 11 AM
Morning Service 11 AM

KUYAHOORA COMMUNITY CHURCH
Pastor Dwayne Durand
West Canada Valley
High School Auditorium
5447 St. Rt. 28
Mailing Address PO Box 50
Middleville, NY 13406
Phone 315-292-1303
www.kuyahorracc.org
Weekly Service Sunday 10:08 AM

ST. JOHN THE BAPTIST CATHOLIC CHURCH
St. John the Baptist Parish
7516 N. Main St. • Phone 845-8017
Saturday Vigil 4 PM
Sunday Mass 9:15 AM

PAINES HOLLOW
PAINES HOLLOW UNITED METHODIST
Lay Servant Gregg Sponburgh
Rtes. 167 & 168 • 315-866-1128
Worship 9-10AM

SALISBURY CENTER
FULL GOSPEL ASSEMBLY OF GOD
Pastor Robert Brent
106 Plant Road
Sunday Worship 11 AM with Children's
Church offered during the service

SALISBURY CENTER
UNITED METHODIST CHURCH
2545 State Route 29
Pastor Mark Hediger • 315-429-9085
pastormarkh@aol.com
Sunday Worship:10:30 AM
Weekly Bible Studies

STRATFORD
STRATFORD UNITED METHODIST CHURCH
1511 State Route 29A
Pastor Mark Hediger • 315-429-9085
pastormarkh@aol.com
Sunday Worship: 9:00 AM
Childrens' Sunday School: 9:00 AM
Weekly Bible Studies



Pohl's
Area's Leading
Wallcovering Store
315-823-2640
634 E. Main Street
Little Falls, NY 13365

DANS AUTO
REPAIR
Old Fashioned Service and Honesty
Dan Hight - Owner/Operator
6500 State Route 5
Little Falls, NY 13365
Shop Phone 315-508-5061
Cell 315-868-8166
or 315-868-1575



SUPERMARKET
Lamberson St.,
Dolgeville • 429-8518



LYNCH
Heating & Cooling
11 South Main St.,
Dolgeville
518-527-9881



Same Ownership

115 Court Street
Herkimer, NY
(315) 866-4590

40 West James Street
Richfield Springs, NY
(315) 858-1810

COLLIS
True Value.
HARDWARE
Help Is Just Around The Corner
104 N. Main St., Herkimer,
Ph. 866-0826

Humphrey Memorials, Inc.



Main Street
Chiropractic
Health and Wellness Center
• Flexible Walk in Hours
Dr. Kathleen Fusco
• Insurance Not Necessary
8841 N. Main Street
Poland, NY 13431
(315) 826-7772



315-866-7702
Cell 315-868-4339

"It's Always Worth A Trip To Zipp"

ZIPP
True Value
Hardware
73-77 N. Main St. Dolgeville
315-429-9761



Quality Used
Cars With a
Warranty!
WHITCOMB AUTO
SALES
6500 St. Rt. 5, Little Falls, NY 13365
Thomas C. Whitcomb, Owner
Phone 315-823-1320
www.whitcombautosales.com

Whiter-Hendrix
Funeral Home, Inc.
Since 1893
"When Experience Matters"

100 Otsego Street
Ilion, New York
894-3781

W.E. AUTENRITH
SONS, INC.



Funeral
Home
845-8532
Newport, NY
Eric J. Newman, Director



Newport
Telephone
Company





Newsorthy Trends: Here to stay, online fitness offers multiple benefits

(NAPSI) – You may know regular exercise and physical activity enhance your physical health and emotional well-being, boost your energy level and quality of life, but recent developments in fitness may shake things up.

With more people now working from home or juggling the multiple responsibilities of busy lifestyles, online workouts are more popular than ever. Whether you're interested in HIIT, yoga, strength training or trampoline workouts, you can find streaming services and virtual sweat sessions as close as your phone or computer.

Online fitness classes deliver many benefits, including:

1. Maximum convenience. You can access workouts on your own time, according to your schedule. You may love Group-X classes at the gym, but it's faster to squeeze in a workout at home during packed days. Plus, you can choose whatever class you want instead of being limited by your gym's schedule. Many websites offer video workouts that can be done in a tiny apartment or outside, with or without accessories. In addition to website offerings, some services even offer Apple TV or Roku apps for additional access.

2. Cost-effective. The average health club membership can cost \$500/year or more, which is a lot to pay if you aren't using it regularly. Online streaming services typically cost a fraction of the price of gym

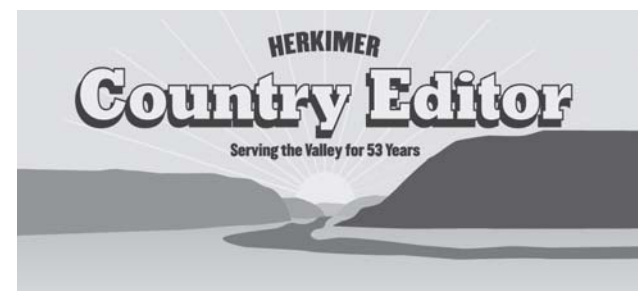
memberships. For example, JumpSport Fitness TV, which provides extensive professional fitness trampoline workouts, offers a free trial period and costs only \$59.99/year (or \$9.99/month). Even if you did only six workouts a year (and you know you'd do more than that), the subscription easily pays for itself.

3. Variety. Cross-training has never been easier with the sheer volume and types of exercise sessions available today. You can choose from livestream or on-demand, with formats such as boot camp, Pilates, interval training, core conditioning, trampoline classes and more, available through websites, streaming services or apps. Many boutique clubs deliver workouts that vary by modality, intensity level (beginners versus advanced, for example), equipment utilized and duration and organize classes so that it's simple to search or filter offerings based on specific criteria.

4. Privacy. With social distancing, some people may prefer to exercise alone versus in larger group settings. Plus, using online workouts mean you don't have to worry about getting to class early and saving your favorite spot. Not only that, you can bypass the locker room for the privacy of your home. And you get to wear what you want; there's no judgment for bed head or your favorite ratty T-shirt. You'll find that some instructors record workouts in professional studios, while others show you their more personal side and record from their living room, with or without their pets

hanging around. Even through a screen, you can get a comfortable, more personal, private session.

"The online streaming boom for fitness is here to stay," pointed out Forrest Bless, VP of marketing at JumpSport. "JumpSport Fitness TV [Video.JumpSport.com] collaborates with clubs all over the nation, so people streaming from home can choose workouts from a boutique club in NYC to a personal trainer in LA, which is great for variety and to accommodate different preferences."



Published weekly on Friday by Lee Newspapers
6113 St. Hwy. 5, Palatine Bridge, NY 13428

Publisher, President **Frederick W. Lee**
V.P., General Manager **Bruce Button**
V.P., Treasurer **Janet Lee Stanley**

Classified Ad Manager.....Peggy Patrei
Controller.....Lyndsay Pickel
Editor.....Joan Kark-Wren
Production Coordinator.....Jessica Mackay
Shop Foreman.....Harry Delong
Social Media Coordinator.....Gabbie Albrecht

John Snyder, Sales Manager
518-673-0129, jsnyder@leepub.com

Kari Montes, Sales Associate
518-703-2826, kmontes@leepub.com

Tom Shaver, Sales Associate
315-272-6586, tshaver@leepub.com

Reader ads 518-673-3011 or 800-218-5586
Commercial Printing,
518-673-0101, commercialprint@leepub.com

Send all correspondence to:
Country Editor
PO Box 121
Palatine Bridge, NY 13428
Advertising e-mail: jsnyder@leepub.com
Editorial e-mail: jkarkwren@leepub.com
Web site: www.countryeditor.com

We cannot GUARANTEE the return of photographs. Publisher is not responsible for typographical errors. Size, style of type and locations of advertisements are left to the discretion of the publisher. The opinions expressed in this publication are not necessarily those of the publisher. We will not knowingly accept or publish advertising which is fraudulent or misleading in nature. The publisher reserves the sole right to edit, revise or reject any and all advertising with or without cause being assigned which in his judgement is unwholesome or contrary to the interest of this publication. We assume no financial responsibility for typographical errors in advertisement, but if at fault, will reprint that portion of the ad in which the error appears.

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com CONCERNS ABOUT THE CORONA-VIRUS (COVID-19) HAVE CAUSED THE CANCELLATION OF MANY MEETINGS. PLEASE CONFIRM ALL MEETINGS WITH THE HOST LOCATIONS BEFORE TRAVELLING TO THE MEETING LOCATION.

August 7, 14, 21 and 28

Sunset Sips at the Utica Zoo. Zoo will be open every Friday night until 8 p.m. For more information visit UticaZoo.org/sunset-sips or call 315.738.0472.

August 8

Blueberries under the Blue Sky. Fairfield Restorations Association Annual Blueberry Breakfast at the Fairfield Community Hall. According to state guidelines. Breakfast will be served as takeout only. Seating under the pavilion available. \$10 for adults. \$5 under 12. Free under 5. Serving starts at 8 a.m. Questions? Contact Lynn Swartz at 315.891.3999 or lswartz1@gmail.com.

August 11

Adirondack Sons of American Legion Post 1118. Meetings held every second Tuesday of the month at 7 p.m. Post located on Main Street, Cold Brook.

August 12 and 19

Music in Arc Park: CANCELLED

August 15-16

Herkimer County Fair Outdoor Flea Market 10 a.m. - 5 p.m. both days. Vendor set 8-10 a.m. Admission free. Social distancing/masks required. For info or application call the Fairgrounds 315.895.7464.

August events

The Herkimer County Fair will be holding events in August. Flea Market: Aug. 15 and 16 from 10 a.m. - 5 p.m., admission is free. Gymkhana Jackpot Horse Show on Aug. 15 starting at 10 a.m.—but no spectators allowed. Food Truck event Aug. 21-23. Hours of operation will be 4-8 p.m. on Aug. 21, 12-7 p.m. on Aug. 22 and 12-6 p.m. on Aug. 23. Another Open Horse Show will be held on Aug. 22 starting at 9 a.m. The fair will be following the CDC guidelines to practice social distances at all events and the requirement of masks except while eating. Any information on any of these events can be obtained by calling the Fairgrounds at 315.895.7464 or through email at info@HerkimerCountyFair.org.

August 20

Roast Pork Dinner 4-7 p.m. Take out only. Emmanuel Episcopal Church, 594 E. Albany St., Little Falls NY. Curb side drive up, walk up or call ahead. Free Delivery (Little Falls only). \$10 includes meal and dessert. Call ahead 315.717.9462 or 315.823.1323. Leave message if no answer.

August 26

Rabies Vaccination Day 5:30 - 7 p.m., Salisbury Fire Department, 2549 St. Rt. 29, Salisbury Center. Pre-register by calling 315.867.1176.

September 12

Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop 9 a.m. to 4 p.m. at Arc Herkimer's main building, 350 South Washington St., Herkimer. \$38 per person. Books and materials provided. Call Kelly Bunce at 315.574.7982 to register and make payment.

September 17

Rabies Vaccination Day 5:30 - 7 p.m., Cedarville Fire Department, 960 St. Rt. 51, Cedarville 13357. Pre-register by calling 315.867.1176.

October 1

Rabies Vaccination Day 5:30 - 7 p.m., Little Falls Town Garage, 478 Flint Ave. Ext., Little Falls 13365. Pre-register by calling 315.867.1176.

November 7

Rabies Vaccination Day 1:30 - 3:30 p.m., East Herkimer Fire Department, 193 Main Rd., East Herkimer 13350. Pre-register by calling 315.867.1176.

November 14

Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop 9 a.m. to 4 p.m. Arc Herkimer's main building at 350 South Washington Street, Herkimer. \$38 per person. Call Kelly Bunce at 315.574.7982 to register and make payment.

Herkimer College Forensic Investigations program named one of the best in the country

Herkimer College's Forensic Investigations A.A.S. degree program was named one of the top programs of its kind in the country by CrimeSceneInvestigatorEdu.org, an independent online resource providing information on education for crime scene investigation and forensic professionals.

The program was included in its list of Best Associate Programs in Crime Scene Investigation for 2020-21. The list highlights programs the publishers consider the top CSI and forensic science undergraduate programs in the country and "provide strong examples of the kinds of things you should be looking for in the undergraduate programs offered in your area," according to the CSIE website.

Herkimer College was listed third, with special nods for its small class sizes, expansive SUNY transfer agreements and extensive field training. The list included 13 associate degree programs. Programs were chosen based on qualifications like faculty experience, training facilities and lab equipment and opportunities for meaningful hands-on experiential learning.

According to the CSIE, real-world demands for professionals skilled in forensic investigations has never been higher. The U.S. Bureau of Labor Statistics estimates that positions in the field will increase by 14% over the next decade, a rate that far outpaces the average for all other professions.

For more information on Herkimer's forensic investigations program, go to herkimer.edu/majors.

*A Herkimer College student in a forensic investigations class uses a special light to check for fingerprints on a lab flask.
Photo courtesy of Herkimer College*



A&N
AUTO DETAILING
All Your Car Cleaning Needs All Makes and Models
We're Open, Please Respect Social Distancing
FIND THE SUMMER SHINE, WASH/DRY WITH OUR UNDERBODY WASH
Give The Car A Refresher
Detailing Packages Available
262 St. Rt 55, Mohawk
315-866-9547

COMMERCIAL & RESIDENTIAL
VIBBARD
ENTERPRISE
PAVING & CONSTRUCTION
25+ YEARS EXPERIENCE
• Driveways • Hauling
• Parking Lots • Stone
• Repairs
FREE ESTIMATES • FULLY INSURED
Cory Vibbard • 315-868-4878 • 607-296-6967

GOLD STAR
ROOFING
• Shingles • Metal Roof • Standing Seam
• Free Estimates • Fully Insured
518-281-6455
360 County Highway 151 • St. Johnsville, NY 13452

WE'RE BACK!!
Linda's Unisex Salon
229 Church Street,
Herkimer, NY
315-866-7479
New Silver Available
Gift Certificates Available
Look Younger, New Cuts,
Colors & Styles
For Frizzy or Curly Hair
Try Our "Inova Treatment" to Straighten or De-Friz
Compared to Brazilian Blow-Out its Half the Price
We've Professionally
Completely Santized!! Everything New!!
When You're Ready Kindly Call for Appointment

North Creek
Gardens & Greenhouse
1914 St Rte 169
Little Falls, NY 13365
• Free Range Pastured Eggs
• Tomatoes
• Potatoes & Peppers
• Green & Wax Beans
• Sweet Corn
• Cantalope
• Peaches & Blueberries
8:30am to 7pm - No Sunday Sales
Allen & Marie Hurst • 315-823-0327

Humphrey
Memorials, Inc.
MONUMENTAL DESIGN & SALES
CEMETERY LETTERING • RESTORATION
3051 State Rte. 28, Herkimer, NY 13350
315-866-4471 or 518-848-0963
Established in 1946
www.humphreymemorials.com
humphreymemorials@gmail.com
MAJOR CREDIT CARDS ACCEPTED

Canajoharie Golf
and Country Club
Enjoy the BEST GREENS in the Area!
EXIT 29 The Best GOLF Exit On The NYS Thruway
Night Golf
4 Person Scramble
August 7th
★ Please call Pro Shop 518-673-8183 for more details ★
Shotgun at 9pm
154 Golf Club Road, Canajoharie, NY 13317
Exit 29 off Thruway, take Rte. 10 South (only a chip shot away from exit)
Pro Shop: 518-673-8183
www.canajohariegolfcountryclub.com • canjogolf@gmail.com

Hard Crust Specialist
Bread 🍅 Tomato Pie
Sausage/Spinach Rolls
& Other Assorted Rolls
(315) 798-8709
Napolis
Italian Bakery & Deli
A Zenlike Tradition
Voted #1
Once Again!!
Homemade Pasta
Imported Cheese
Deli Cold Cuts/Olives
(315) 798-8709
Lunch Subs
& To Go Dishes

The Kitchen Diva

by **Angela Shelf Medearis**
Overcome fear of fish
with this easy dish

I've found during my years of teaching adults how to cook that the thing they fear most (and ruin most often) is fish. My favorite fish recipe for novice cooks is Italian-style salmon cooked in the microwave. The microwave is the perfect way to cook seafood because it cooks food from the inside out and also creates steam, which keeps the fish moist. Salmon can be prepared in the microwave in just five minutes. If you've been afraid to venture out into the deep, start your voyage with salmon. It's flavorful, versatile, easy to cook and a healthy source of protein.

Salmon is low in mercury and high in omega-3 fatty acids. Eating two to three servings per week of foods rich in omega-3 is a healthy choice. While 80% of all of the salmon sold is farm-raised, wild salmon is the best option.

A 4-ounce serving of wild salmon provides a full day's requirement of vitamin D, and more than half of the necessary B-12, niacin and selenium. It's an excellent source of B-6 and magnesium, too. Omega-3 fats also have been found to help slow cognitive problems such as Alzheimer's disease and age-related mental decline, and reduce incidences of depression and aggression.

Canned salmon has almost the same health benefits as fresh, and it's inexpensive. Canned salmon is typically wild Alaskan salmon that is processed and packaged immediately onsite. Canned salmon also contains large amounts of calcium (due to the bones of the fish, which are soft and easily digestible). Canned salmon is ready to eat and can be used in a variety of dishes from soups to stir-fry.

Fresh salmon can be baked, broiled, grilled or pan-fried in 10 minutes or

less. This recipe for Italian-Style Microwave Salmon is the perfect dish to conquer your "fear of fish." Eat more salmon and ride the "wave" this summer by using your microwave to get in and out of the kitchen in record time.

Italian-style microwave salmon

You can vary the flavor of this recipe by changing the type of olive oil-based salad dressing you use. Try substituting an Asian, citrus-flavored or honey-mustard-based oil dressing for the Italian dressing to create a flavorful new fish dish.

3 pounds salmon fillets with skin, thawed, washed and patted dry

1 tablespoon poultry seasoning
 1 teaspoon salt
 1 teaspoon black pepper
 1 cup Italian salad dressing

1/4 cup diced green or red bell peppers (or a combination of both)

1 tablespoon orange juice or lemon juice

1. Season both sides of the fillets with the poultry seasoning, salt and pepper. Place the fillets in a shallow microwave-safe baking dish. Fold and tuck the narrow ends of the filets under to make the pieces uniform in shape. This will help the fish to cook evenly. Place the thickest pieces near the edge of the dish.

2. Using a small bowl,

mix together the Italian dressing, bell peppers and orange or lemon juice. Pour dressing mixture over the fillets. Cover with microwave-safe plastic wrap. Fold back a small (1-inch) section of the plastic wrap in the corner of the dish to allow steam to vent.

3. Place a small, microwave-safe saucer, upside down, on the turntable in the microwave. Place the dish containing the fillets on top of the saucer to elevate the dish and ensure that the fish cooks evenly. Microwave for 4 to 5 minutes on High. Fish should be moist and flake easily. Serve immediately. Serves 6.

Angela Shelf Medearis



LICARI MOTOR CAR Service Center

ROUGH COUNTRY
 Off-Road Service
 Service Opens
 M-F 8am
 Sat. 9am-1pm



Oil Change
 Special \$28⁹⁹

UP TO 5 QUARTS OIL
 Semi-Synthetic
 Full Synthetic \$65
 Mention This Ad
 Or Bring In Coupon

We Match All Competitor Coupons!

15% Off
 BRAKE JOBS

Mention This Ad
 Or Bring In Coupon

\$5 OFF
 NYS
 Inspection

202 Route 28N

Herkimer, NY 13350

315-866-4141 LMCService@cnymail.com

~Used Tire Sale - Call for Prices and Availability~



is an award-winning children's author, culinary historian, and the author of seven cookbooks. Please join The Kitchen Diva in supporting Mattress Firms' efforts to assist foster children through the Ticket to Dream Foundation, to make a positive impact on the

lives of hundreds of thousands of foster children in need. They understand that not everyone can be a foster parent, but anyone can help a foster child. <http://www.tickettodream.org>.

(c) 2020 King Features Synd., Inc., and Angela Shelf Medearis

Paint & Paste

315-895-7178

In Business for 40 Years

FREE ESTIMATES

Senior Discounts

Wallpapering & Wallpaper Removal
 Painting Interior & Exterior
 Move Furniture at No Charge

Painting & Staining Houses & Decks

Endorsed by Urbanik's & Pohlig's Wallpaper
 Dominic & Bruce

Empire Power Rental, LLC



**KUBOTA EXCAVATORS, SKIDSTEERS,
 SKIDSTEER ATTACHMENTS,
 BRUSH HOGS, JACKHAMMERS,
 MANLIFTS, WOOD SPLITTER,
 CONSTRUCTION TOOLS**

**CALL US FOR A QUOTE ON
 YOUR EXCAVATING JOBS**

D-4 Cat Bulldozer \$375/Day

75HP Kubota Tracked Skid Steer \$250/Day

40' JLG Manlift \$195/Day

684 Paris Rd.,
 Fort Plain, NY

518-275-6245



Open Tuesday - Saturday 4:30 - 9:00pm



the willows

A great place to eat

Contemporary American • Private Functions • Reservations Recommended

Chef/Owner - Luke Barrett

900 Culver Ave., Utica, NY 13501

Willowsofutica.com

315-765-0271



Renovating the strawberry patch

by **Bonnie Kirn Donahue, Extension Master Gardener, University of Vermont**

Now that strawberry season has passed, there are things that we can do now to get ready for next year's crop.

If your strawberry patch is two years old or more, after harvesting the last of your strawberries, it's time to renovate the bed. This means cutting back the foliage to three inches and removing the leaf debris.

This may seem counterintuitive, but strawberries have a long list of diseases and pests to contend with and doing this will help keep those at bay. Don't worry, the plants will start to grow new leaves before autumn.

Strawberries are aggressive spreaders. Cut back each row to about a foot wide. Another option is to pinch back the runners to the first daughter plant, keeping five daughter plants and discarding the rest. Daughter plants are new plants that are connected to the main, mother plant by runner vines.

By next year, the rows will fill out again. This is the time of year to fertilize or add compost to the beds. Mulch with straw between rows.

A sad truth about strawberries is that berry production decreases significantly after year three. Diseases are more like-

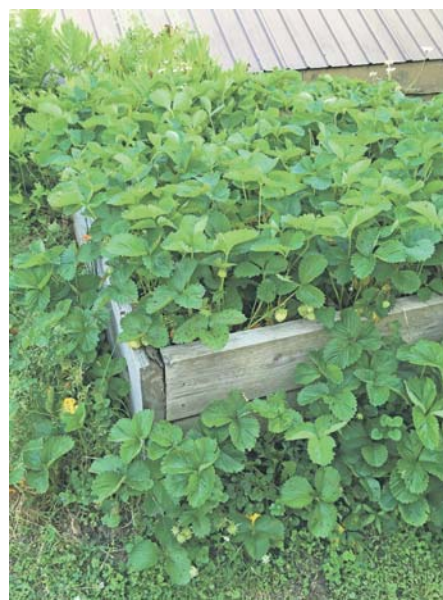
ly to take hold, weeds can be more vigorous and berries tend to be fewer and smaller.

Some common strawberry diseases are leaf blight, leaf scorch, gray mold and root rot. Common strawberry pests are slugs, the tarnished plant bug and spider mites. Keep an eye out for these and use your local Cooperative Extension resources to help you determine an integrated pest management strategy.

If your patch is older and you have noticed a decrease in berry quantity and size, and an increase in disease, consider starting a new patch next year. In year one, pick off any flowers so the plants put energy into leaf and root growth. This means that the plants don't start producing berries until year two.

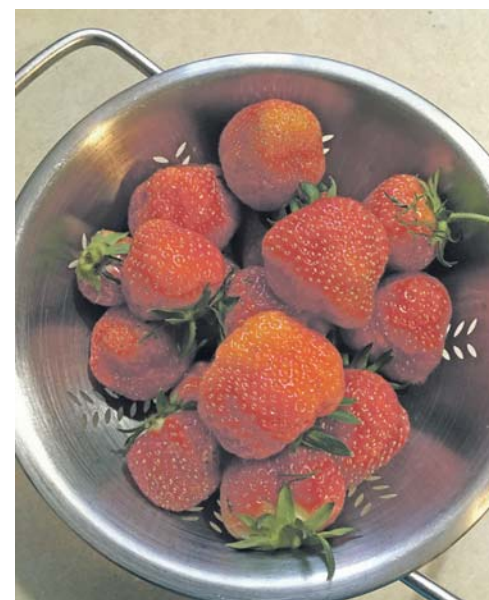
Be sure to rotate the location of your strawberry crop, just like you would with your vegetable garden. This cuts down on disease transmission and promotes healthy soil.

Although you may want to use your daughter plants to start a new crop, it is best to begin with new plants to stop the disease cycle. You can purchase strawberry plants as bare roots through seed catalogs or in containers at your local greenhouse. Strawberries should be planted in early spring.



Strawberry beds that are two years old or older need to be cut back after the last of the season's strawberries are harvested.

Photos by Bonnie Kim Donahue



Renovating your strawberry patch now will ensure a good yield of bright red berries next year.

Even though fruiting for the season has passed, keep your strawberry plants well watered. They need at least one inch of water per week as they are building up energy for next year's crop.

Finally, cover your strawberries over the winter with straw. You can use hay, but it may introduce weed seeds into

your garden. This practice will help protect the plants from winter damage. Be sure to remove the straw in early spring.

Growing strawberries takes a little extra time and care, but your efforts will be rewarded with bright red, juicy gems bursting with summer sweetness. What could be better?

Robinson Brothers
APPLIANCE SALES & SERVICE
 10 W. Main St., Mohawk
315-866-2800
RobinsonBrosAppliances.com

AMERICAN SPRAY FOAM LLC
 (Polyurethane Based Spray Foam)
 465 Christman Road
 Cold Brook, New York 13324
 Fully Insured
 Free Estimates
 Owners:
 Chris Kermizian
 315-371-7622
 Dave Kermizian
 315-717-9404

Need Therapy? Try Russo
RUSSO
PHYSICAL THERAPY
315-895-0012
 4266 Acme Rd., Frankfort
 "THERAPY SERVICES
 FOR ALL AGES"
 Robert S. Russo Jr., MS, MSPT
 Visit & Share on Facebook

T & J FRUITS / VEGETABLES & GREENHOUSES
CELEBRATING 48 YEARS
 We Carry McCadam Cheese,
 Hapanowicz Kielbasa & Queensboro Tub Butter
 WE ACCEPT ALL MAJOR CREDIT CARDS & EBT CARDS
NOW IN - Homegrown Tomatoes, Green & Pole Beans, Summer Squash, Cucumbers & Zucchini, Sweet Corn, Homegrown Blueberries
Now CARRYING:
DINOS SWEET & HOT SAUSAGE PATTIES
SWEET & HOT SAUSAGE LINKS
BEEF PATTIES, BREAKFAST SAUSAGE PATTIES
LARGE SELECTION OF SUMMER FRUIT NOW IN PENNSYLVANIA PEACHES
HOMEGROWN BLUEBERRIES
STAR BAKERY BABKA & ITALIAN BREAD
CROGHAN BOLOGNA & JALAPENO CHEDDAR CROGHAN BOLOGNA
NINE VARIETIES OF PIEROGIES
EXTRA SHARP CHEESE
NYS MAPLE SYRUP & HONEY
 221 S. Caroline St., Herkimer • (315) 866-7272
 Serving You 7 Days A Week All Year Round
 Open: 8am-6pm

Oak Hill Motors
www.oakhillmotorsrv.com
RV & Marine Dealer
New & Gently used RV's, Pontoon Boats, Snowmobile/Cargo Trailers and Utility Trailers.
 Many Models to Choose from Wildwood, Heritage Glen, XLR, Sandpiper, Palomino, Holiday House, Fun Finder, Real-Lite Truck Campers & Travel Trailers, Southbay Pontoons, and Glasstream Center Console all powered with Mercury Motors
We Service & Repair RV's
Financing Available
—Start Planning Your Vacation Now!—
 Mon-Fri 9-6 • Sat 10-3 & Sunday by Appointment
315-895-7139
 4246 State Rte. 5, Frankfort, NY

2nd Annual Canajoharie STREET FAIR
SAT. SEPT 12TH
VENDOR APPLICATIONS Available NOW
 Vendor area open: 11-5 • Parade: 11:30
Live Music Beginning at 1PM
with Opening Act FLAME!!
More live music signing on soon - Watch for updates
 ★ CAR SHOW
 ★ KING OF THE WING CHICKEN WING CONTEST
 ★ FIREWORKS
 More Info:
streetfaircanjo@gmail.com
 Janet Stanley 518-673-0292
 More Details To Follow!

Kovels: Antiques and Collecting

by Terry and Kim Kovel

Miss Liberty

Patriotic symbols like the Statue of Liberty, the American flag, the bald eagle and Uncle Sam are easily recognized today, but our first symbol, Miss Liberty, is almost forgotten. Before the Revolutionary War, the word "liberty" was the battle cry. Perhaps because a female figure was used to represent liberty in ancient Greece and an Indian Princess for the colonies, the early representation for America's symbol was a woman. The figure was known as Columbia, Goddess of Liberty, Liberty or Miss Liberty. She usually held a sword, wreath, shield decorated with stars and stripes and wore the Phrygian liberty cap.

By 1875, cast zinc figures of Lady Liberty were being made in New York by the William Demuth Company. Demuth was an artist who made many statues for use as lawn decorations, ships' decorations and decorations for buildings and parks. He later made figures for cigar stores and beer parlors that were a little less than 4 feet and sometimes as tall as 6-1/2 feet.

Once the Statue of Liberty was in place in 1886, the Goddess of Liberty was almost entirely forgotten. She appeared again in posters and folk art during World War I. A large zinc Goddess of Liberty was auctioned at Garth's in Delaware, Ohio, for \$25,200.

Q: I was cleaning a field behind my house and found a lot of very old barbed wire. I just want to find out when it was made and who made it. I'm probably going to keep it for decor.

A: The first barbed wire was invented by Lucien B. Smith of Kent, Ohio, in 1867. Several patents for improving wire fencing were issued in the next few years. In 1874, Joseph F. Glidden of DeKalb, IL, was granted a patent for a double-strand wire fence with wire barbs. Barbed wire began to be mass produced. Farmers and ranchers also made their own barbed wire. More than 2,000 variations of barbed wire have been made. Collectors want 18-inch samples. A collection of samples of approximately 125 different varieties of antique barbed wire sold at auction recently for \$960. There are books, museums and web-sites that help identify and date barbed wire. The Antique



This large figure is made of molded zinc, then painted to resemble the carved wooden figures used in the 19th century. It is the Goddess of Liberty, a familiar patriotic figure of the day. She was estimated at \$15,000 to \$20,000, but despite some damage and missing paint, sold for \$25,200.

COLLINS REPAIR SERVICE



**Collision,
Auto Body**

INSURANCE CLAIMS WELCOME

Over 30 Years Experience

RUSSELL COLLINS, OWNER

2923 State Route 168, Mohawk
(315) 866-7040 • collinsrepair58@gmail.com



*When You
Need Help,
Call On Us*

Pohlig's
HOME FURNISHINGS
ESTABLISHED 1888

634 E. Main St., Little Falls
315-823-2640

Paint & Paint Sundries
Flooring & Ceramic Tile
Window Shades & Treatments
Wallpaper & Borders
Mattresses

Barbed Wire Society (www.antiquebarbedwiresociety.com) has a magazine for collectors.

Current prices:

Galle cameo glass vase, purple hydrangeas, green leaves, 17 1/2 inches, \$1,150.

Clock, banjo dial, green paint, weight driven, pendulum, 33 inches, \$1,410.

Surveyor's compass, star, engraved, sun rays, needle, figural snake, c. 1788, 13 1/4 inches, \$2,820.

Windmill weight, rooster, white, red, cast iron, c. 1900, 17 x 22 inches, \$4,160.

TIP: It isn't always smart to remove engraving from silver. A coat of arms or quality engraving can add to the value of antique pieces. We never remove engraving. If anyone asks, we always say the initial belonged to a distant cousin.

For more collecting news, tips and resources, visit www.Kovels.com

(c) 2020 King Features Synd., Inc.

CHOP04 CUSTOM CUT
New Kiln & Planer Molder
Mohawk, NY
ROB RUGGERIO

Wood-Mizer
Portable Sawmill

**Portable Sawmill
Will Come to You!**

Turn your logs into valuable lumber!
Rough Cut Don't Have to be Rough.

Landscape Timbers
Log Cabins • Furniture
Barn Timbers
Fencing • Framing
Siding • Beams
Flooring • Shingles • More

(315) 534-3963
Email: www.chop04@gmail.com

Newport Computer Doctor

Tom Lindsay • Proprietor
NCDOCTOR@roadrunner.com

Computer Cleanup:

Virus
Adware/Malware
Ransom Ware
Junk files

Hardware Repairs:

Displays
Harddrives
Memory
Power Supplies

Installations:

Computer Systems
Networks
WiFi



In home or at shop Computer Service & Repair

315.845.4040 Business
315.794.2995 Cell

2757 Newport Road
Newport, NY 13416

LITTLE FALLS LUMBER



LOGIX  **HEAT-SHEET**
INSULATED CONCRETE FORMS

**We Stock Logix ICF
"Insulated Concrete Blocks"
and "Heat Sheet" Advanced
Radiant Floor Panels.**

**Let Our Staff Do A Takeoff and Layout for you
and tell you exactly what you need.**

Open Monday-Friday 7:00-4:30; Sat 8:00-12:00
73 Southern Ave., Little Falls

(315)823-2470

Visit Our Website for Packages & Specials
www.littlefallslumber.com



Sundays 11-2

Find Us In the Parking Lot at the Dummy Light!
Social Distancing Will Be Required



• Please Wear
A Mask

• Hand
Sanitizer
Stations
Available

• Support Local
Agriculture!

Sponsored by Lee's Shops at Wagner Square
24 Church Street • Canajoharie, NY 13317

Mohawk Valley Rotary Club

**CHICKEN
BARBECUE**

**Saturday, August 15th
12PM To Sold Out**

TAKE OUT ONLY

**Mohawk Antique Mall
100 E. Main St., Mohawk**

Full Dinner \$12

Includes 1/2 chicken, baked potato, coleslaw & roll

Advance tickets available from any Mohawk Valley Rotary member
or Ed View 315-794-6587

FOOD FROM: JIM'S GRATE CHICKEN GUYS

King Crossword

ACROSS

1 Oil cartel

5 Largest continent

9 Crime scene evidence

12 Lounge around

13 Charged bits

14 A billion years

15 Perry Mason's client

17 Entertainment

18 Smell bad

19 Geneva's river

21 Skiers' 7-Down

24 String instrument

25 Do as you're told

26 Old cars for new ones

30 "Help!"

31 Repeat verb

32 Arctic bird

33 Confiscations

35 Sans siblings

36 Diner staffer

37 Name

38 BLT meat

40 Swimming venue

42 Alias abbr.

43 Secret or Sure

48 Crib

10 11

13

16

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

49 Elderly

50 Press

51 Pismire

52 May honorees

53 Kindly bloke

sides of

9 Leaves-dropper?

10 Proper subject, maybe

11 Heche or Hathaway

16 Born

20 Weeding implement

21 Privation

22 Reed instrument

23 Drying agent

24 Cisterns

26 Ankara resident

27 Fish eggs

28 — and void

29 Terrier variety

31 Former

34 Menagerie

35 Drilling apparatus

37 Also

38 Ali —

39 Related

40 Verse

41 Probability

44 Id counterpart

45 Exist

46 Negative prefix

47 Explosive stick

DOWN

1 Antiquated

2 "The Raven" writer

3 Sprite

4 Group of priests

5 Helper

6 Drench

7 Hostel

8 On both

© 2020 King Features Synd., Inc.

Weekly SUDOKU

by Linda Thistle

	9	2		4			5	
	4				9			1
7			6			3		
5					7	4	1	
		3	5					6
	8			3			7	
		4	9			2		
1			2	6				8
	6				8		9	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

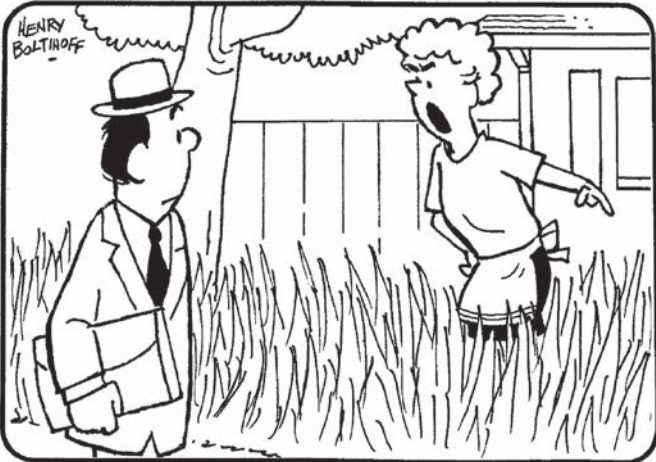
© 2020 King Features Synd., Inc.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

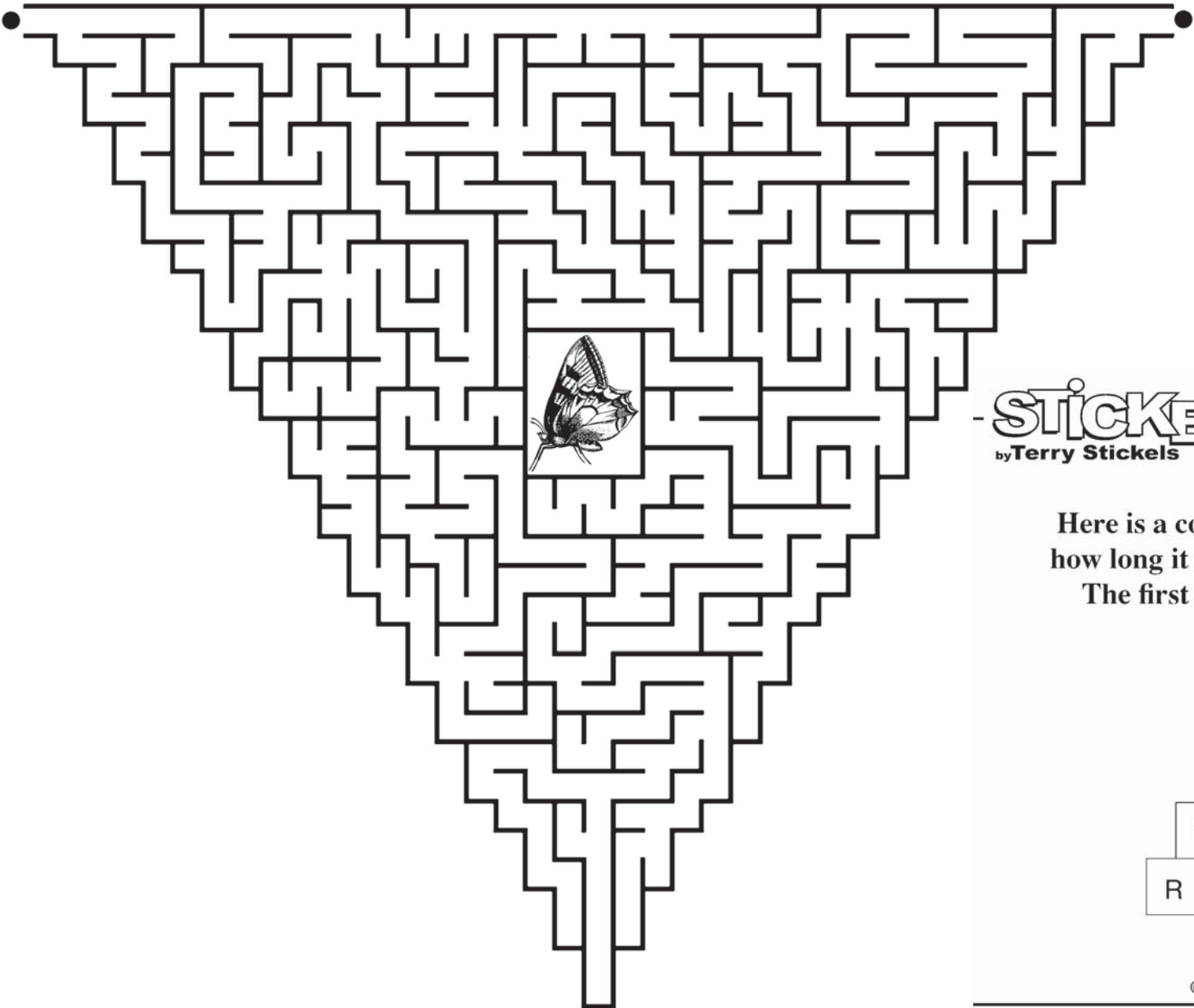


Differences: 1. Bushes are missing. 2. Apron is different. 3. Earring is missing. 4. Window is smaller. 5. Man's nose is different. 6. Briefcase is larger.

©2020 King Features Syndicate, Inc.

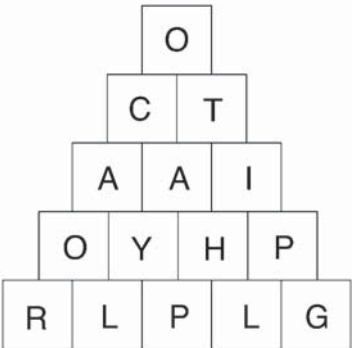
Mega Maze

©2020 King Features Syndicate, Inc.



STICKELERS [sic]
by Terry Stickels

Here is a common 15-letter word. See how long it takes you to unscramble it.
The first letter of the word is "T."



©2020 King Features Syndicate

Country Editor

**PO Box 121, 6113 State Hwy. 5
Palatine Bridge, NY 13428
800-836-2888 • Fax: 518-673-2381
classified@leepub.com**

Number / Classification

20 Air Compressors
25 Air Tools
35 Announcements
45 Antiques
55 Appraisal Services
75 ATV
80 Auctions
82 Auto Body
110 Bedding Plants
120 Bees-Beekeeping
130 Bird Control
140 Books
155 Building Materials/Supplies
157 Building Repair
160 Buildings For Sale
161 Bulk Foods / Spices
165 Business Opportunities
170 Butchering Supplies
173 Carpentry
175 Cars, Trucks, Trailers
180 Catalogs
182 Catering
190 Chain Saws
195 Cheesemaking Supplies
205 Christmas
214 Clocks & Repair
215 Collectibles
216 Clothing
235 Computers
253 Consignment
265 Construction Equipment For Rent
275 Construction Machinery Wanted
277 Construction Services
280 Construction Supplies
312 Crafts
325 Custom Butchering
330 Custom Services
360 Deer-Butchering & Hides
370 Dogs
410 Electrical
415 Employment Wanted
440 Farm Machinery For Sale
445 Farm Machinery Wanted
447 Farm Market Items
460 Fencing
470 Financial Services
480 Fish
483 Flooring
494 For Lease
495 For Rent
500 For Sale
510 Fresh Produce, Nursery
525 Fruits & Berries
527 Furniture
529 Garage Sales
530 Garden Supplies
535 Generators
537 Gifts
575 Greenhouse Supplies
585 Guns
587 Hair Styling
589 Hardware
600 Health Care/Products
605 Heating
610 Help Wanted
653 Hotel / Motel
683 Jewelers
700 Lawn & Garden
711 Lessons
760 Lumber & Wood Products
790 Maple Syrup Supplies
805 Miscellaneous
810 Mobile Homes
811 Monuments
812 Multi Media
813 Music
815 Motorcycles
817 Nails
820 Nurseries
910 Plants
950 Real Estate For Sale
955 Real Estate Wanted
960 RVs & Motor Homes
975 Rentals
980 Restaurant Supplies
1040 Services Offered
1075 Snowblowers
1080 Snowmobiles
1096 Sports
1109 Thrift
1140 Trailers
1147 Trains
1148 Travel
1165 Trees
1170 Truck Parts & Equipment
1180 Trucks
1187 Vacuum
1190 Vegetable
1200 Veterinary
1205 Wanted

Announcements

ADVERTISING DEADLINE

FRIDAY • 2:00 PM

(Week Prior to Each Friday Dated Paper)

For as little as \$4.00 - place a classified ad in

The Country Editor

Call Peg at **1-800-836-2888**

or **518-673-0111**

or email classified@leepub.com

Announcements

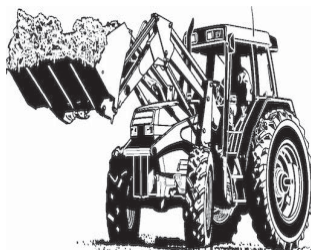
BANNERS: VINYL - Single Sided - Double Sided, various sizes. Free shipping. **Call Lee Newspapers Inc.** at **518-673-0101** or email commercialprint@leepub.com

CHECK YOUR AD - ADVERTISERS should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. **Report any errors to 800-836-2888 or 518-673-0111.**

★ ★ ★ ★ ★

ADVERTISERS

Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. **DEADLINE** for placing ads is **FRIDAY** at 2:00 PM - **Week Prior** to Each Friday Dated Paper. **Call Peg at 1-800-836-2888 or 518-673-0111**



A PICTURE IS WORTH A THOUSAND WORDS



It's easy and economical to add a picture to your ad!

For Information Call

1-800-836-2888

Announcements



Antiques

WANTED TO BUY: Decorated Crocks & Jugs, Roseville Pottery, OLD Christmas & Halloween, Wood Barrels, Axes, Pocketknives, Odd Inkwells, Fruit Crates, OLD Vending Machines, Paintings, Old Frames, Postcards, Signs, General Store Stuff, Cigar Advertising, Oak Display Cases, Costume Jewelry, Dug Bottles, Pepsi, Advertising Clocks & Thermometers, Stained Glass, Quilts, Toy Trains, Metal Lawn Chairs, 1920's Clothing, Early Comics, Nautical, Glass Negatives, Fritz Vogt Drawings, Retro and MCM Items, We absolutely DO NOT Buy anything with a Barcode OR says Made In China OR Made After 1975. "Keepin' It Old!" Free House Calls, Cash Paid!! WE R FUN! Dave, Showcase Antiques, Little Falls, 10-5 or Leave Message 315-823-1177

Attachments

UNIVERSAL ATTACHMENTS

PALLET FORKS
2000# **\$474** ♦ 4200# **\$625**
DOUBLE & SINGLE BALE SPEARS \$475
TRIPLE SPEAR \$625
BUCKETS
72" **\$958** ♦ 78" **\$1,018**
MATERIAL BUCKETS
78" **\$1,054** ♦ 84" **\$1,086**
ATTACHMENT PLATES \$100.00 Each
529 Hardscrabble Rd.
Little Falls, NY
315-823-1342

Building Materials/Supplies

INSULATION: All Types. New/Existing Buildings. Free Estimates. Fully Insured. Call Upstate Spray Foam Insulation 315-822-5238. www.upstatesprayfoam.com

Building Materials/Supplies

Scratch & Dent Appliances

Refrigerators **\$85-\$575**
Washer apt. size **\$399**
Water Heaters **\$279-\$419**
Shower/Tub Unit **\$298**
AC Units **\$110-\$369**
Microwaves **\$139-\$169**
Dehumidifiers **\$175**

#2 Building Materials

Plywood 1/2" **\$11**, 5/8" **\$13**, 3/4" **\$15**
2x4x8' to 16' **\$2.70-\$5.45**
2x6x8' to 16' **\$3.25-\$6.50**
4'x8' foam 3/4" **\$10**, 1.5" **\$16**, 2" **\$20**
Exterior Doors Starting at **\$180**
#2 Galvalume Roofing. **\$1.35 LF**

Adirondack Discount Sales
302 Bacon Brook Rd, Dolgeville, NY
315-429-3184

Chippers

MightyOx Wood Splitters and Chippers. 3 Models to Choose From. Come see at Mohawk Valley Ag, 35 Willett Street, Fort Plain, NY 518-993-2543

Custom Services

BUSINESS CARDS: 1,000 for only \$60.00, full color glossy. Give us your existing card or we will design one for you! **FREE SHIPPING** included. Call Lee Newspapers Inc. at 518-673-0101 email commercialprint@leepub.com

BOILING POT PHOTOGRAPHY: Graduation Photos, Weddings, Baby and more. Find us on Facebook. 518-378-3279

Estate Sales

ESTATE SALE Aug 8th 9-5, Aug 9th 12-4. 2823 State Route 29, Dolgeville, NY. 40yrs accumulation!! Tools, pool table, bedroom furniture, kitchen wares, Thomasville dining room furniture, baby grand piano, quilting items, bookcases. House is sold, all must go!! Masks required. Cash or Credit only.

For Rent

HERKIMER: Upstairs apartment, 2 bedroom. Newly remodeled. Includes heat, water, sewage, stove & refrigerator. No pets. No smoking. \$800/month plus security. Available September 1st. Call for appointment. 315-796-4303



For Sale

RAFFLE TICKETS - 500 - \$60, 1,000-\$75, 1,500 - \$90, 2,000-\$100. Other quantities available. **SELF-INKING STAMPS:** Great for raffle tickets. \$23.00+ tax. Shipping extra. Call Lee Newspapers Inc. 518-673-0101, 6113 State Hwy. 5, Palatine Bridge, NY 13428 or email commercialprint@leepub.com

FOR SALE: Barn kittens, dewormed, ready for a loving home, \$10.00 each. Call 315-429-3640

Fruits & Berries

"Bev's Best Blueberries" U-Pick. Call before you come for picking days/ times. 10 FT rule. 315-429-9425

Garage Sales

MOVING/ HOUSE SOLD, everything must go! August 8th & 9th, 9AM-7PM, 191 Marsh Rd, Dolgeville. Name your price/ lot free! Masks mandatory!

RUMMAGE Sale August 8th and 9th. 10AM-2PM, Nathan Castle building, 250 South Washington St, Herkimer. Masks required, parking lot entrance.

Huge multi-family garage sale, Friday August 21st & Saturday August 22nd, 9AM-4PM. Spruce Lake Fish and Game Club/ Town of Salisbury. 153 Spruce Lake Dr, Little Falls. COVID guidelines apply. Antiques, furniture, small appliances, household, auto items, tools, adult/children clothing, books, & much more!

Heating

HOTBLAST WOOD STOVE, like new, very little use, double blower, double heat bonnet on the top \$950. 518-332-2892

DS STOVES: EnergyMax, Kozy-King, HeatRight, Aqua-Stroke, AnthraMax & more! Stoves, boilers and inserts. Come see at Mohawk Valley Ag, 35 Willett Street, Fort Plain, NY 518-993-2543

Help Wanted

FULL TIME Construction Laborer & Carpenter needed in Southern Adirondack area. Laborer \$15.00, must have basic construction knowledge. Carpenter \$18.00, pay based on experience. Should be able to lead a job. Must have drivers license. Call 315-717-1958

PART TIME: Help wanted bartender, The Stone Jug, Salisbury Center. 315-429-3392

Logging Equipment

BRUTE FORCE Firewood Processors Sales & Rentals. Come see at Mohawk Valley Ag, 35 Willett Street, Fort Plain, NY 518-993-2543

Miscellaneous

Corrugated Signs, Shopping Bags/Totes, Gift Certificates, Invitations, Labels, Magnets, Business Cards, Rack Cards, Banners, Postcards, Business Forms, Non-Carbon Reproduction Forms (NCR), Signs, Pull-Up Banner Stands, Feather Banner Stands, Door Hangers, Envelopes, Posters, Calendars, Self-Inking Stamps, Flyers/Brochures. **Call with your needs. Lee Newspapers Inc. 518-673-0101** or commercialprint@leepub.com

Professional Services

LANDLORD & TENANTS: Counseling, managing your rental property accounts (Quicken), pre-screening. Offering a Course-"How to Prepare for the Rental Market." Crossett Real Estate Services www.crossettrees.com E-mail louise@crossettrees.com Phone 315-894-8557

13 OR 14-MONTH PHOTO WALL CALENDARS ONLY \$15.00!

- Bring in your USB, SD card, or photos for us to scan
- Email your photos to: commercialprint@leepub.com Call **518-673-0101**

Lee Newspapers Inc.
6113 State Highway 5,
Palatine Bridge, NY 13428

Real Estate For Sale

New Homes Modular A Higher Quality Home

*Better Specifications
*More Upgraded Features
We Beat Our Competitor's Prices Every Time!
Phone: 315-891-3254

VILLAGE OF ILION: Two-family. Updated kitchens & baths. All electric property. Surveyed. All appliances included. Both units rented. Ample parking. Visual tour. For sale & managed by Crossett Real Estate Services www.crossettrees.com Tel: 315-894-8557 Email louise@crossettrees.com

LAND FOR SALE: 5 acres, \$25,000, Schuyler, NY. next to 302 Johnson Rd. Call 815-751-3062



Country Editor

**PO Box 121, 6113 State Hwy. 5
Palatine Bridge, NY 13428
800-836-2888 • Fax: 518-673-2381
classified@leepub.com**

Real Estate For Sale

Country Development Large Building Lots

2 Acres \$16,900
6.9 Acres/Creek \$22,900
8.7 Acres/Creek \$27,900
Direct ATV and
Snowmobile Trails
Phone: 315-891-3254

Roofing

TOP NOTCH ROOFING:
25+ Years experience. Exterior and Interior specials, roofing, siding, decks, remodeling, kitchens & bath, painting, swirl ceilings. Free estimates. 315-867-9594

**Call Us
Today For
Your
Subscription
To:
Country
Editor**
*Your Weekly
Connection to
things in
Your Area*
As our readers say...
"Friday isn't
Friday without the
Country Editor"
888-596-5329

Services Offered

J & J HOME MAINTENANCE

♦ Masonry
♦ Chimney Foundation
Repair
♦ Stucco
♦ Waterproofing
♦ Plaster
♦ Pressure Washing
♦ Painting - Interior/Exterior
Experienced ~ Insured
315-868-1110

EXPERIENCED HHA looking to provide private health care to people in their homes. Ask for Mary Ellen, 315-360-3576 or 315-360-1066

**8x10 PHOTOS, only \$3.00,
or get two 5x7's for \$3.00.**
Lee Newspapers Inc., 6113
State Hwy. 5, Palatine
Bridge, NY 13428. 518-673-
3237

MAN WITH PICKUP TRUCK
clean outs, trash removal,
landscaping clean ups, lawn
service, small moves. 315-
982-9302, 315-269-5884

www.countryfolks.com

Tires & Tire Repair Service

USED TIRE SALE: Huge Inventory, mounting & balancing FREE. No appointment necessary! Save money call Auto World, 534 North Perry Street, Johnstown 12095 518-762-7555

Trailers

BELMONT & BRAVO Trailers: Snowmobile, enclosed, gooseneck, skid steer, dump, much more! Come see at Mohawk Valley Ag, 35 Willett Street, Fort Plain, NY 518-993-2543

Wood For Sale

SUMMER SPECIAL: Seasoned firewood, mixed hardwood, cut and split, \$70 face cord for 10+ face cord loads. 315-894-0117



CLIP & SEND

MAIL
OR CALL



Country Editor

PO Box 121, Palatine Bridge, NY 13428 □ Ph: 518-673-3011 OR 800-836-2888

**\$4.00/14 words
\$0.10 each additional
per week**

Deadline Friday 2pm

Fill Out This Form OR

Call Us To Place Your Reader Ad

• CLASSIFIED READER AD FORM •

Today's Date _____ # of Weeks to Run _____ Starting Issue Date (Friday Date) _____

COPY: (First 14 words \$4.00, each additional word 10¢, phone number counts as one word)

14 words - \$4.00	15 words - \$4.10
16 words - \$4.20	17 words - \$4.30
18 words - \$4.40	19 words - \$4.50
20 words - \$4.60	21 words - \$4.70
22 words - \$4.80	23 words - \$4.90
24th word - \$5.00	25 words - \$5.10
26 words - \$5.20	27 words - \$5.30
28 words - \$5.40	29th word - \$5.50
30 words - \$5.60	31 words - \$5.70
32 words - \$5.80	33 words - \$5.90
34th word - \$6.00	

Name (Print): _____
Farm/Company Name: _____
Street: _____ County: _____
City: _____ State: _____ Zip: _____
Phone #: _____ Fax #: _____ Cell #: _____
Email Address: _____
Payment Method: ☐ Check/Money Order ☐ American Express ☐ Discover ☐ Visa ☐ MC
Card #: _____ Exp. Date: _____ MM / YY
* (REQ.) Card Security Code #: _____
Name on Credit Card (print): _____
Signature: _____ Today's Date: _____
Amount Paid: _____

**Ph: 518-673-3011 or 800-836-2888 • Fax: 518-673-2381 • Email: classified@leepub.com
Mail: Country Editor, PO Box 121, Palatine Bridge, NY 13428**

How do you prepare for the future when life is so uncertain now?

(BPT) – As the ongoing coronavirus pandemic continues to present health and economic challenges, it is difficult to focus on anything other than the present. It's important, though, not to lose sight of the years ahead and to take steps that can put you in a better position when we emerge on the other side.

The youngest Baby Boomers (the generation born between 1944 and 1964) turned 55 last year. This, coupled with the uncertain job picture, means many of us are thinking more seriously about what we will need to successfully retire.

In the past, the years leading up to retirement have been a time of hope and optimism. We've looked forward to fulfilling our dreams of doing the things we might have missed while working, such as dedicating more time to family and friends, checking items off a bucket list or even pursuing a meaningful second career.

However, many of the traditional assumptions about this phase of life have been challenged over the past decade, including the idea that we'll retire at 65. In fact, MetLife's Evolving Retirement Model Study found nearly one in 10 workers (9%) never expect to retire. Many of us are choosing to continue working and, in light of the current situation, some who have already retired, especially those in healthcare, are even being asked to return to work.

What's behind this change? It turns out that it's more than just the current market volatility. Perhaps one of the most significant reasons is the decline in company-financed pensions. Many companies have shifted from defined benefit, or pension, plans, which promise retirees a monthly income benefit for life, to defined contribution (DC) plans. DC plans, such as

401(k)s, are the main source of retirement savings for most workers.

While employers often make contributions to these plans, workers are primarily responsible for their retirement security. With this in mind, there are three key steps you can take now to prepare for the years after you finish working regardless of whether that day is decades away or just over the horizon.

1. Create a plan to eliminate debt.

Whether you carry a balance on a credit card, have student loans or a mortgage, start paying off your debts now. Reducing your monthly expenses not only allows you to save more for retirement, but also gives you more flexibility with how you spend money after you stop working.

2. Make retirement savings automatic, and don't miss out on "free money."

Many employers offer a retirement savings plan, such as a 401(k), to their employees. The sooner you begin saving, the sooner your savings can begin to build up over time. Help your nest egg grow even faster by contributing enough to take full advantage of any matching contributions your employer offers. For example, your company might match 100% of your contribution or up to 6% of your salary. In other words, if you earn \$50,000 a year and save at least \$3,000, your company will match that amount by contributing \$3,000 to your retirement as well.

3. Understand how your retirement savings translates into income.

Take the time during your working years to understand how much income you might receive in retirement based on your retirement savings. The U.S. Department of Labor offers a simple retirement income

projection tool that can help you get started. If you see that projections are falling short of where you think you might need them to be, consider filling the gap by increasing the amount you are saving. Additionally, if you are over the age of 50, you can make catch-up contributions to your 401(k) or individual retirement account.

MetLife's Study also asked workers and retirees the age of the oldest person they know. On average, that person is almost 85 years old, and 45% of survey participants believe they'll live that long too. Many of us can, therefore, expect to live 20 years (or more) in retirement, and we'll need our savings to last. The question is: Will we be able to enjoy a comfortable and secure retirement, especially during periods of market turmoil like we are experiencing now?

Having a predictable income can make a big difference and fortunately relief may be in sight. While many employers don't yet offer guaranteed retirement income options in their 401(k) plans, a new law passed at the end of 2019 could change this. That's good news, considering that 95% of workers and retirees say it's important for retirees to have a source of guaranteed retirement income they cannot outlive.

MetLife's Study was conducted online with 1,518 U.S. adults ages 33 - 75 who are either employed full-time or retired and have access to a defined benefit or DC plan through their current employer or the employer from which they retired. Data were weighted, where necessary, to align with actual population proportions. The study was conducted by the Harris Poll between Aug. 19 - Sept. 6, 2019.

To Your Good Health

by Keith Roach, M.D.

A healthy diet Includes Omega-3 and Omega-6

Dear Dr. Roach: It seems that eating a healthy diet with an emphasis on nuts and seeds, fruits, vegetables and grains is the best choice for anyone. It's been well-documented that omega-6 is inflammatory, whereas foods containing omega-3 are not. It seems to me that we should be consuming foods that have more omega-3 in them. The only problem is that, from my research, all nuts and seeds with the exception of chia and flaxseeds have a much higher ratio of the omega-6 to the omega-3. This appears to be the case with most foods, no matter which food group they are in. How can any of the healthy foods be beneficial when so much more of the "bad fats" are being ingested? — Anon.

Answer: Dietary fats are categorized into four groups: monounsaturated, polyunsaturated, saturated and

trans-saturated. It is accepted that monounsaturated fats have a healthy effect, reducing heart disease risk, while trans-saturated fats are clearly harmful.

The effect of saturated fats on health is mixed, but those that come from processed meat increase heart disease and diabetes risk. Saturated fat overall has little effect on heart disease risk, but swapping saturated fat with unsaturated fats (both polyunsaturated and monounsaturated) appears to reduce heart disease risk.

Polyunsaturated fats are categorized into the omega-3 family and the omega-6 family. I also have read in many places that omega-6 fats are "bad fats," causing inflammation. The best evidence, a 2014 review of all controlled trials published, showed that omega-6 fats are NOT inflammatory and that they DECREASE risk of heart disease compared with meat-based saturated fats.

We should be consuming both ome-

ga-3 and omega-6 polyunsaturated fats, mostly from plant sources. The data support that nuts and seeds are foods we should be eating more of, but we also should be eating good sources of omega-3, including fatty fish, the chia and flaxseeds you mentioned, as well as walnuts and canola oil. Most people have to work harder to get omega-3 oils but get plenty of omega-6.

Dear Dr. Roach: I have recently started transitioning to a plant-based diet for preventative health reasons. While discussing the benefits of nuts and seeds with a dietitian, they had a disclaimer that flax seed can interfere with medications and to eat them two hours before or one hour after taking medications. I would not sit down and eat a handful of flax seeds, but now I am afraid to use them in the meals I prepare at all. Can you help me make a good decision in using them? — J.E.

Answer: For people eating reasonable amounts (like a handful or two) of flax

seeds as part of a meal, it is unlikely that they would interfere with medications enough to cause any significant problem, for most medications.

There are two situations that might merit concern: In powerful anti-clotting agents, such as clopidogrel, flax seeds might prompt increased activity. Secondly, flax seeds may lower blood sugar a small amount. In combination with insulin or oral diabetes drugs, the blood sugar could possibly dip lower than expected. I doubt either of these interactions is likely to cause harm, but it is reasonable to discuss with your doctor if you are on one of the classes of medications mentioned.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

(c) 2020 North America Synd., Inc.
All Rights Reserved

How to lower the cost of auto insurance

Auto insurance is a must-have for drivers. While it might seem hard to believe, as of 2019 there are still some places in the United States where auto insurance is not mandatory. Auto insurance is mandatory in Canada, though each province has its own requirements in terms of the minimum amount of coverage allowable by law.

Many people, even those in places where auto insurance is not mandatory, recognize the importance of being insured before they get behind the wheel. However, that doesn't mean those same drivers would not like to cut the cost of their auto insurance policies.

A 2019 analysis from the online financial resource NerdWallet found that the average cost of car insurance in the United States is \$1,621 per year. Average insurance costs vary significantly in Canada, where data from the General Insurance Statistical Agency found that, in 2019, the average annual insurance premium in British Columbia exceeded \$1,800, while drivers in Quebec paid slightly more than \$700 annually.

No matter where drivers live, chances are they would love to lower their auto insurance costs. While there's no one-size-fits-all solution to cut auto insurance premiums, drivers can try various strategies to save money on their policies.

• Raise your policy's deductibles. Higher deductibles may sound scary to drivers, but raising the

deductibles is a great way to lower the cost of auto insurance. The auto insurance provider Progressive notes that deductibles typically range from \$100 to \$2,000. A driver whose policy has a \$100 deductible will pay considerably more on his policy per month than a driver with a higher deductible. In fact, the Insurance Information Institute notes that drivers who increase their deductibles from \$200 to \$1,000 can

save 40 percent or more on their coverage costs. Drivers who choose this option should always be sure they have enough money in the bank to cover the cost of their deductibles.

• Bundle your policies. Some drivers save money on their auto insurance policies by buying two or more types of insurance from the same provider. For example, homeowners may save money by buying homeowners insurance

from their auto insurance providers or vice versa.

• Research potential discounts. The III notes that many companies offer discounts to policyholders, even if those discounts are not necessarily promoted. Drivers can contact their

insurance companies, or shop around with other providers, to ask about various discounts that can save them money on their policies. Anti-theft devices, defensive driving courses, low annual mileage and a strong credit record are

just a handful of the many potential discounts drivers may be eligible for.

Drivers can reduce the cost of their auto insurance policies in various ways, potentially saving themselves hundreds of dollars each year as a result.

HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday – Misc. items, Poultry & produce etc. will start approx. 12:00. 1:00 we will start Dairy followed by all other livestock.

Let's keep the cattle in the market place to help the competition – sending direct gives you no competition.

Mon. Jul 27th – Sold 147 head Cull ave. \$.55 top cow \$.67, Organic cull dairy ave. \$.71 top cow \$.81, Cull Beef ave. \$.60 top cow \$.68, bull calves top calf \$1.05 beef calf \$1.70, heifer calf top \$.50 beef calf \$1.70, Dairy feeders \$.57, feeder heifers \$1.05 – \$1.18, feeder Steer \$1.12 – \$1.40.

Mon. Aug. 10th – Normal Monday Sale & Monthly Heifer Sale.

Mon. Aug. 17th – Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale.

Sat. Aug. 22nd – sale at the sale barn 11:00AM. Summer Production Sale – accepting Quality Registered & Grade all Breed Dairy Cattle. Call today to advertise your group – we have several groups already consigned from Carpsdale, Postma Dairy & more. Watch for info.

Mon. Aug. 24th – Normal Monday Sale & Monthly Organic Day

Mon. Aug. 31st – Normal Monday Sale.

Sat. Sept 19th – reserved for Reg. Dairy Dispersal

Sat. Sept 26th – reserved for Machinery Dispersal

Sat. Oct. 31st – Premier Fall All Breed Sale. Selling 150 Head of Registered All Breed Dairy Cattle.

****Trucking Assistance** – Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.

Directions: Hosking Sales LLC 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY.

www.hoskingsales.com Like us on facebook

LOOKING TO HAVE A FARM SALE OR JUST SELL A FEW – GIVE US A CALL

Tom & Brenda Hosking
& Family

6096 St. Hwy. 8, New Berlin, NY 13411



607-847-8800

cell: 607-972-1770 or 1771

Dan Hosking: 607-972-8773

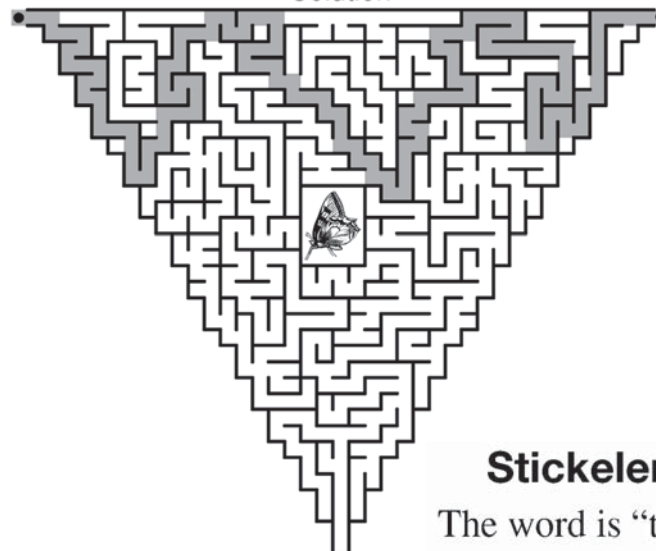
Weekly SUDOKU

Answer

6	9	2	1	4	3	8	5	7
3	4	5	7	8	9	6	2	1
7	1	8	6	2	5	3	4	9
5	2	6	8	9	7	4	1	3
4	7	3	5	1	2	9	8	6
9	8	1	4	3	6	5	7	2
8	3	4	9	7	1	2	6	5
1	5	9	2	6	4	7	3	8
2	6	7	3	5	8	1	9	4

Mega Maze

Solution



King Crossword

Answers

Solution time: 21 mins.

OPEC		ASIA		DNA
LOLL		IONS		EON
DEFENDANT				FUN
	REEK		RHONE	
LODGE		VIOL		
OBEY		TRADEINS		
SOS		QUOTE		AUK
SEIZURES			ONLY	
	COOK		TITLE	
BACON		POOL		
AKA		DEODORANT		
BIN		AGED		IRON
ANT		MOMS		GENT

This Week's Holidays

Aug. 8 – Sneak Some Zucchini Onto Your Neighbors' Porch Day
Aug. 9 – Book Lovers' Day
Aug. 10 – Lazy Day
Aug. 11 – Presidential Joke Day
Aug. 12 – Middle Child's Day
Aug. 13 – Left Handers' Day
Aug. 14 – National Creamsicle Day

Stickelers Answer

The word is "topographically."

Paw's Corner

by Sam Mazzotta

Sprayed by a skunk!

Dear Paw's Corner: We were camping this weekend, and on our last day in the woods my dog "Jump-

er" had a run-in with a skunk. He is really rank. I tried washing him off in the lake, but it didn't seem to help the smell at all. We had to drive home with this incredibly bad smell permeating the car. Jumper smells

almost as bad today as he did on Sunday. How can I get rid of the odor? — Rick in Burlington, VT

Dear Rick: That odor really lingers! Good job trying to wash Jumper's coat in the lake as soon as possible; that may have helped a little bit. You'll have to use a bit of chemistry to remove the oily skunk spray.

Tomato juice is recommended by many people, and it does have some effect because it's a little bit acidic and can break up some of the oils. Its aroma also helps mask the skunk scent, at least temporarily.

Another cleaning recipe, found on American Kennel Club's website (www.AKC.org), mixes baking soda with mild detergent and household hydrogen peroxide (3% strength). The foaming mixture can be worked into your dog's coat, left on for about five minutes and then rinsed away.

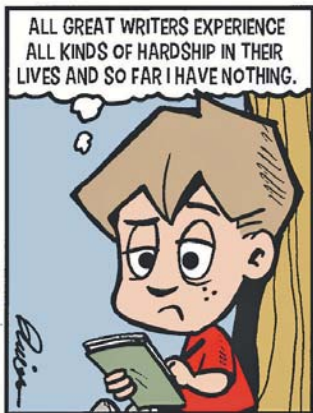
With any solution or recipe you use, be careful to not let it get into Jumper's eyes, ears or nose. Many of the ingredients are irritants that can cause a lot of discomfort.

Deodorizing your car will take some extra effort. You can gently clean the upholstery, floor mats and headliner with a cloth dipped in a solution of water and baking soda. The baking soda will dry to a haze and needs to be vacuumed off. Follow up with a shampoo formulated for car interiors.

Send your tips, comments and questions to ask@pawscorner.com.

(c) 2020 King Features Synd., Inc.

Amber Waves



©2020 King Features Syndicate, Inc. All rights reserved.

by Dave T. Phipps

MOSHER'S
PLUMBING & HEATING LLC

- Roto Rooter Services • Air Conditioning
- Home Heating Systems • Water Heaters and more

24 HOUR EMERGENCY SERVICE
Brian Mosher Over 20 Years Experience
315-868-1846 518-568-7939

Country Carriage
Auto Body

315-826-7535

- Frame Straightening • Expert Painting
- Towing Available • Hunter 4-Wheel Alignment

Complete Collision Repairs

Interest Free Financing on New Installs
Qualified Buyers Only

Krenichyn's
PLUMBING & HEATING, INC.

TRANE
It's Hard To Stop A Trane

***Tis The Heating Season - Service & Check Your Furnace**

315-866-6494
3005 State Route 28
Herkimer, NY 13350

IMAGE HOUSE PRODUCTIONS

8211 STATE RT. 12, BARNEVELD, NEW YORK 13304
315.525.6209

Video Transfers To DVD
8mm & 16mm Transfer to DVD

Ron Fobare's Painting & Home Remodeling

Painting, Dry Wall & Dry Wall Repair, Textured Ceilings, Water Damage, Replacement Windows & All Home Repair
Fully Insured

No Job Too Small
Over 35 Years Experience
315-570-1985

COUNTERTOP CREATIONS

For Quality Service & Customer Satisfaction
Call Countertop Creations

Custom Built
COUNTERTOPS and KITCHEN CABINETS

315-867-4189
713 State Hwy. 162, Sprakers, NY 12166



Loads of Dump & Equipment Trailers In Stock Brimar & Bwise
Dumps Starting @ \$3,985
Financing Available



2991 State Highway 5S, Fultonville, NY
518-853-4500
www.randallimpls.com
M-F 8AM-5PM • SAT 8AM-NOON

Bravo's Heating & Air Conditioning
315-868-6491

Air Conditioner Tune-Up Starting @ \$85

New Energy Efficient Systems Available
Ntl. Grid Rebate • Energy Savings up to 40%

Forced Air • Hot Water & Radiant • Plumbing • Water Heaters
"You know a Guy"

WE INSTALL & SERVICE ALL BRANDS
www.bravohvac.com

If You Got It We'll Roof It!



- ✓ No Games
- ✓ No Gimmicks
- ✓ No Monkey Business

Swarey Bros. Roofing
315-868-8207

~ 14 Years Experience ~ Free Estimates ~ Family Owned

Shingle • Metal • Rubber
WE'VE GOT YOU COVERED!

BigDog Motors, Inc. 
www.bigdogmotorsinc.com

Used Cars ⇒ NYS Inspections (7 days/wk.)
⇒ Save your ins. deductible

FRANKFORT



We're Hiring!

Apply online at www.archerkimer.org

We are hiring for various positions within our agency

including **Direct Support Professionals!**

Full-Time, Part-Time, and Relief Positions Available

High School Diploma/GED and Valid Driver's License Required

No Experience Necessary... We Offer Paid Training

315-574-700

Follow us on Facebook

Paid Time Off/Holidays/Sick Time

Health & Life Insurances

401(k) Retirement Account

Tuition Assistance

Sign-On Bonus Available

*Empowering people with disabilities and enriching lives
throughout our community*

Did You Know?

- We are one of Herkimer County's largest employers with over 350 Employees
- We have over 40 different sites throughout Herkimer County
- We have several different divisions throughout the community
- We support over 700 people with disabilities in Herkimer County



**Pre-Order Your
DRY CREEK™
WOOD PELLET FUEL**

\$266/ton

LOWEST PRICE FOR NEXT SEASON

WOOD DEALS:

\$4.00 bundles
or \$20 for 6 bundles
\$65 Facecord




Truckload Delivered 7 1/2-8 Facecord \$450⁰⁰

Anthracite Coal - Rice, Pea & Nut
\$250/Ton Bagged or \$220/Ton Bulk

20Lb. Propane Tanks Only \$10+tax



Hours: Monday-Friday 9am-5pm, Saturday 9am-12pm
1027 E. German St Ex • Herkimer, NY • (315) 866-6848
mohawkvalleyhearth.com

Like and
Follow us on 

Red Apple

CHINESE/THAI CUISINE

315-866-1788

10 East Main St., Mohawk, NY

\$2.00 OFF

Any Purchase of \$20 Or More

With this coupon. Not valid with any
other offers. One coupon per order.

www.redappleandthaicuisine.com



Castle Road Lawn Care

Call Today for FREE Quote

315-868-8410

- Land Clearing
- Driveways
- Brush Hogging
- All Excavation Work

