

AUGUST 14, 2020

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Volume 10 Number 9

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Utica Zoo debuts newest species: African painted dogs

The Utica Zoo recently announced a new species of animal under their care – a pack of African painted dogs. The all-female trio of dogs recently made the trip from the Cincinnati Zoo in Ohio and are named Charlie, Ada and Rosie. The pack can now be found on African Ridge in the former Striped Hyena exhibit space (the hyenas moved to their new exhibit space next to the African lions earlier this summer).

The addition of the painted dogs is yet another species under the care of the Utica Zoo that is listed as endangered. The International Union for Conservation of Nature (IUCN) states the number of mature painted dogs in the wild is decreasing, with less than 1,500 mature individuals left. In the wild, African painted dogs are found in Sub-Saharan Africa and feed primarily on antelope, warthogs, hares and other small animals, and are considered extremely efficient carnivorous pack hunters. They maintain a strong and complex social structure and are known to share food amongst senior and young pack members.

African painted dogs face numerous threats in the wild that impact their numbers. Being killed by people either accidentally in traps, or on purpose while hunting for bush meat, viral diseases such as rabies and distemper (which can be permeated through packs due to their tight-knit social structure), habitat loss and competition with larger predators such as African lions are leading causes impacting the wild painted dog. However, painted dogs are known to have large litters of pups, averaging 10 - 12 pups per litter. Part of their pack nature and hierarchy generally only allows for the alpha female to give birth to pups, but beta females will sometimes have pups of their own.

Painted dogs are most well known for their unique markings and coloring.

While their patterning is unique to each dog, similar markings can be seen between family members. Pups are born with black and white fur and gain their brown/orange fur as they mature. One of the other key features of a painted dog's appearance is their large, rounded ears. Not only do their ears serve as incredibly sensitive means of hearing their prey or other dogs in their pack, they also use their ears to stay cool. By propping their ears up, air moves over the skin and blood vessels and carries heat away from the body. Each dog has 19 individual muscles that help them control their ears and their movement.

"We are so happy to be able to introduce our visitors to Charlie, Ada and Rosie,' said Mark Simon, visitor experience and marketing manager for the zoo. "The painted dogs are such gorgeous and unique animals. We think our visitors are really going to enjoy watching them frolic and play together all while learning more about them and being able to view an animal they may not have ever been able to see in the wild."

For more information about this, or anything Utica Zoo related, visit UticaZoo.org or follow on Facebook, Twitter and Instagram at @uticazoo.



Painted dogs are most well known for their unique markings and coloring. Photo courtesy of Utica Zoo













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INVENTORY IS FLYING OFF THE LOT... ACT FAST DON'T MISS OUT!





2020 NISSAN SENTRA SV 😇 👀



2020 NISSAN SENTRA SV

2020 NISSAN ALTIMA 2.5S



2020 Nissan Altima 2.5S

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Home Country

by Slim Randles

The first few days of summer vacation were hard on Billy. He was there at his appointed post - that being the school crossing - at the right time of morning, but look as he may, he couldn't find any kids.

He couldn't find Martin, either. The perennial crossing guard with his vest, sign and whistle was home for the summer. So were the kids. School was out.

Billy, being the official town dog since Sally passed away on Doc's porch, decided on the fourth day of no kids that he might as well do something else.

He cruised on down to the Rest of Your Life retirement home and got ear rumples from all the residents there. That's a good way to start summer vacation.

Then he dropped over to the Gates of Heaven Chinese Restaurant, and Delbert Chin gave him some scraps out the back door.

On his way to the Mule Barn truck stop at the edge of town, Billy came across Dud Campbell, walking slowly and being very quiet. Dud rubbed Billy's ears, then sat on a low wall. Billy rested his chin on Dud's leg and looked up at his face in admiration.

"Why is it," Dud asked this big brown dog, "that you always know the right thing to do to help people? I think it's a gift, and you have it."

Billy wagged his tail slowly and kept looking up into Dud's face.

"You just keep going on, don't you," Dud said, "no

matter what else happens."

Dud sighed and stood up. "I guess there's a lesson there for all of us, Billy. Thank you."

Billy continued on toward whatever lunch scraps might be available at the back door to the Mule Barn. Smelled like chicken fried steak from here. Chicken fried steak is good. Any scraps usually has some French fries with it, too. And gravy.

Ear rumples, Chinese breakfast, helping a friend, and then cream gravy? Nothing wrong with being the

Brought to you by Ol' Jimmy Dollar, (children's book about an old timer and his coonhounds), by Slim Randles. www.riograndebooks.com.

Fort Klock Craft Fair canceled

After much consideration, Fort Klock has decided to cancel its craft fair scheduled for Sept. 12 - 13 this year.

Citing the risks and difficulty of maintaining social distancing, the historic site's board felt this was the best decision for all involved

While we would be able to move some of the crafters farther apart to keep the traffic spread out, there were too many areas where social distancing would be a concern. We felt there was too much risk to the crafters, shoppers and our volunteers." said Craft Fair Chairperson Joan Kark-Wren.

Started in 1972, the craft fair has long been a favorite in the area and is one of the Fort's biggest fundraisers of the year.

Fort Klock, located just east of St. Johnsville on Route 5, is run by a group of volunteers dedicated to promoting and preserving the rich history of the Fort. Fort Klock Historic Restoration primarily relies on volunteers, donations, fundraising events and gift shop sales for the ongoing restoration/preservation, furnishing and interpretation. The organization is

actively accepting membership applications.

Meetings take place the second Wednesday of the month at 6 p.m.

This year the Fort is open for tours on a limited basis. If you would like to learn more about the Fort or how to become a member, call 518.568.7779, visit fortklockrestoration. org or facebook.com/fortklockhistoricrestoration.



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Passport applications being accepted

Herkimer County Clerk Sylvia M. Rowan announced that the Herkimer County Clerk's Office started accepting applications for passports, effective on Monday, Aug. 10. Call 315.867.1134 or go to www.picktime/HerkimerCountyClerk'sOffice to schedule an appointment. Due to COVID-19, applicants will experience delays when receiving their passport.

If there are any questions or concerns, contact the Herkimer Coun-Clerk's Office 315.867.1129.

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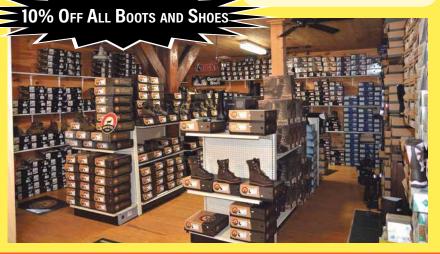


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These orders will be placed on the sale days and will be shipped to you. Call for a free flyer with all the sale pricing.



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Route 20 Relay returns for 2020

Looking for a way to feel connected to others in the running community without worrying about your health in a crowded race? Good news – the New York Route 20 Association is celebrating 21 years as an association and 21 years of Road Challenge Races with another 108-mile relay run on Saturday, Aug. 22.

Beginning at 6 a.m., with runners covering approximately three-mile segments, participants will start at opposite ends of the scenic byway corridor (Duanesburg in the east and Lafayette in the west) and work toward the approximate midway point of West Winfield. A "finish line" celebration will follow at VFW Post #2338 in West Winfield.

The relay is not a race – more like a training run! The idea is to sign up for a segment or two and help celebrate the day, the association and the wonderful things

that Route 20 has to offer.

If you are joining us for dinner, we need to have your money (check made out to Bill Kosina) by Aug. 15. This helps ensure that we can accommodate everyone. There is a \$5 fee to run (same price regardless of the number of miles or legs run). If you would like to purchase a special "Roadie" sleeveless running shirt (cost is \$25), include that cost with your check. The shirt helps with promotion of

the event and to advertise the Route 20 Association.

To sign up, email Bill Kosina for the East Map at jabkos@ verizon.net or message him on Facebook. For the West Map, contact Craig North at southof20@yahoo.com or on Facebook. Include your name, contact information, an area that you'd like to cover (examples: Bridgewater, Esperance), your training pace (such as 10 minutes/mile) and special consid-

erations (if you love the hills or hate the hills). Remember, Route 20 has many hills, both ascending and descending. We will do the best we can to accommodate your requests.

Runners can request to run together as well, but remember to consider social distancing and masks as necessary. It is also recommended you secure a family member as a driver so they can pick you up when your leg is completed.

Remsen Barn Festival of the Arts to host virtual experience

Join us for the 41st Annual Remsen Barn Festival of the Arts, which is going virtual for the first time . The Remsen Barn Festival of the Arts will host an online event during the fourth full weekend in September. The Virtual Festival will have a digital street map that visitors can scroll through, as though they are walking along Main Street in Remsen. Booth icons for arts and crafts, food products, nonprofit organizations and performers will link to the vendors' preferred websites. Visitors will be able to hover over the icon to read a brief description of the products.

The Virtual Barn Festival will begin the morning of Friday, Sept. 25 and run through the evening of Monday, Sept. 28 at www.VirtualBarnFest.com and will showcase many of the items normally available at the in-person event, allowing visitors to purchase unique items that have become an annual or family tradition.







Remsen looks forward to welcoming visitors online, to enjoy this event for the 41st consecutive year.

The Remsen Barn Festival of the Arts is a juried arts and crafts festival with over 250 exhibitors and a variety of food and entertainment.

Additional information about the festival can be found at www.remsenbarnfestival.org.

For more information contact Deborah Cotton, Barn FOTA representative, at dcotton1@roadrunner.com or 315.534.4433.

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com CONCERNS ABOUT THE CORONA-VIRUS (COVID-19) HAVE CAUSED THE CANCELLATION OF MANY MEETINGS. PLEASE CONFIRM ALL MEETINGS WITH THE HOST LOCATIONS BEFORE TRAVELLING TO THE MEETING LOCATION.

August 15-16

Herkimer County Fair Outdoor Flea Market 10 a.m. - 5 p.m. both days. Vendor set 8-10 a.m. Admission free. Social distancing/masks required. For info or application call the Fairgrounds 315.895.7464.

August events

The Herkimer County Fair will be holding events in August. Flea Market: Aug. 15 and 16 from 10 a.m. - 5 p.m., admission is free. Gymkhana Jackpot Horse Show on Aug. 15 starting at 10 a.m.—but no spectators allowed. Food Truck event Aug. 21-23. Hours of operation will be 4-8 p.m. on Aug. 21, 12-7 p.m. on Aug. 22 and 12-6 p.m. on Aug. 23. Another Open Horse Show will be held on Aug. 22 starting at 9 a.m. The fair will be following the CDC guidelines to practice social distances at all events and the requirement of masks except while eating. Any information on any of these events can be obtained by calling the Fairgrounds at 315.895.7464 or through email at info@HerkimerCountyFair.org.

August 19

Late Summer Lasagna Feast at First Baptist Church, 8 Second St., Ilion 4–6 p.m. or sold out (whichever comes first). \$10 per dinner. For more info contracts 315.894.9041.

Music in Arc Park: CANCELLED

August 20

Roast Pork Dinner 4-7 p.m. Take out only. Emmanuel Episcopal Church, 594 E. Albany St., Little Falls NY. Curb side drive up, walk up or call ahead. Free Delivery (Little Falls only). \$10 includes meal and dessert. Call ahead 315.717.9462 or

315.823.1323. Leave message.

The Herkimer County Historical Society offering "Herkimer County Cemeteries" by Historical Society executive director Susan Perkins at 6:30 p.m. Link to Zoom meeting available day of program at www. herkimercountyhistory.org and on their facebook page. For more information, call 315.866.6413.

Sunset Sips at the Utica Zoo. Zoo will be open every Friday night until 8 p.m. For more information visit UticaZoo.org/sunset-sips or call 315.738.0472.

August 26

Rabies Vaccination Day 5:30 - 7 p.m., Salisbury Fire Department, 2549 St. Rt. 29, Salisbury Center. Pre-register by calling 315.867.1176.

Pie Sale at Holy Trinity Lutheran Church, 512 E. Gansevoort St., Little Falls. Call 315.823.4091. Pies are \$12 each (Raspberry, Blueberry, Apple, Mixed Berry, Chocolate, Strawberry Rhubarb, Banana Cream, Coconut, Pumpkin & Lemon - sugar free or regular). Orders must be called in no later than Aug. 17. This is pick up only at the church between 3 and 6 p.m.

September 12

Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop 9 a.m. to 4 p.m. at Arc Herkimer's main building, 350 South Washington St., Herkimer. \$38 per person. Books and materials provided. Call Kelly Bunce at 315.574.7982 to register and make payment.

September 12-13

Fort Klock Craft Fair canceled. After much consideration, Fort Klock has decided to cancel its craft fair. Meetings take place the second Wednesday of the month at 6 p.m. This year the Fort is open for tours on a limited basis. If you would like to learn more about the Fort or how to become a member, call 518.568.7779, visit fortklockrestoration.org or facebook.com/fortklockhistoricrestoration.

September 17

Rabies Vaccination Day 5:30 - 7 p.m., Cedarville Fire Department, 960 St. Rt. 51, Cedarville 13357. Pre-register by calling 315.867.1176.

September 25-28

41st Annual Remsen Barn Festival of the Arts is going VIRTUAL for the first time ever from the morning of Friday, Sept. 25 until the evening of Monday, Sept. 28 at www.VirtualBarnFest.com. For more information contact Deborah Cotton, Barn FOTA Representative at dcotton1@roadrunner.com or 315.534.4433.

October 1

Rabies Vaccination Day 5:30 - 7 p.m., Little Falls Town Garage, 478 Flint Ave. Ext., Little Falls 13365. Pre-register by calling 315.867.1176.

November 7

Rabies Vaccination Day 1:30 - 3:30 p.m., East Herkimer Fire Department, 193 Main Rd., East Herkimer 13350. Pre-register by calling 315.867.1176.

November 14

Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop 9 a.m. to 4 p.m. Arc Herkimer's main building at 350 South Washington Street, Herkimer. \$38 per person. Call Kelly Bunce at 315.574.7982 to register and make payment.

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COLD BROOK
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UNITED METHODIST CHURCH

467 Main St Sunday Worship 10:30 AM

<u>Dolgeville</u> New Hope Christian Fellowship Pastor Pat Andred 32 Spencer St.

Sunday School 9:30 AM Sunday Worship 10:30 AM Tuesday Bible Study 7 PM

GRACE BAPTIST CHURCH OF DOLGEVILLE

Pastor Len Byerly 12 Van Buren St. Morning Worship 11-12:30 PM Lunch 12:30-2 PM Afternoon Worship 2-3 PM

> **DOLGEVILLE UNITED** METHODIST CHURCH

Rev. Anthony Bradseth 21 N. Helmer Ave. Church Phone 429-7381 Sunday Church Service Oppenheim @ 9:30 AM Dolgeville @ 11 AM

DOLGEVILLE CHRISTIAN FELLOWSHIP

Pastor Marvin Isum 3 Elm St. Phone 429-8390 Sunday Worship 10:30 AM Mid-week Service Tuesday 7 PM

> UNITED LUTHERAN PRESBYTERIAN PARISH

26 E. Faville Ave. Worship 11 AM

ST. JOSEPH'S ROMAN CATHOLIC CHURCH

Deacon Jim Bower, Administrator Father Brian Slezak, Sacramental Minister 31 N. Helmer Ave. Phone 315-823-3410 Mass 9 AM Sunday

EAST SCHUYLER CHRISTIAN ASSEMBLY OF SCHUYLER Pastor Mark Sowersby

3659 Route 5. East Schuyle Sunday Worship 10:30 AM Wednesday Night 6:30 PM Phone 315-895-0926 Christianassemblyofschuyler.com

<u>Frankfort</u> Our lady queen of apostles

414 Frankfort St., Frankfort, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 5:30 PM; Sunday 9:00 AM; Tuesday & Thursday 9:00 AM

HERKIMER SS PETER and PAUL ORTHODOX CHURCH

Moore A

Fr Timothy Holowatch & Fr Dn Demetrios Richards 305 Main Rd., Herkimer Phone (315) 725-5382 Saturday Vespers 5 PM Sunday Divine Liturgy 9:30 AM Sundays Great Lent Presanctified Liturgies 6 PM Fridays

HERKIMER TEMPLE BETH JOSEPH 327 N. Prospect St. Phone 866-4270

Friday 7 PM

ST. FRANCIS de SALES CHURCH

Rev. Mark Cunningham, Pasto 219 N. Bellinger St. Phone 866-4282 Saturday Vigil Mass 4 PM Sunday Mass 8 & 10:30 AM

CHURCH OF SAINTS ANTHONY and JOSEPH

229 S Main St Phone 866-6373 Sunday Mass 7:30 AM & 11 AM No Saturday Vigil

REDEEMER CHURCH

Pastor Michael Servello 931 Herkimer Rd. Utica NY 13503 Phone 792-4748
Saturday 6 PM • Sunday 9 & 11 AM

OAK RIDGE FREE METHODIST CHURCH

Pastor Chris Schumske 838 W. German St. Worship Service for adults & children 8:30 AM & 10:30 AM with Ridgekids for the children (0-5th grade)
Phone 866-0575

LIKRAINIAN ORTHODOX CHURCH OF

ST. MARY'S PROTECTRESS
326 Moore Ave. Sunday Divine Liturgy 10 AM Holy Day Liturgy 9 AM Phone 866-1336

NEW LIFE CHURCH

Pastor David Hayner 337 Protection Ave. Phone 866-1164 • www.nlc-mc.org Worship 10 AM Wednesday Worship 6:30 PM

TRINITY EVANGELICAL

LUTHERAN CHURCH of West German & Henry Streets Phone (315) 866-6474 Sunday Worship Services
9 AM Spoken Service
9 AM Faith Formation Sunday School
10:30 AM Service with Music Bible Studies on Thursday Mornings at 10 AM

THE SALVATION ARMY

Lieutenants John and Lori Wood 429 N. Prospect St. Phone 866-1240 www.thesalvationarmy.org Sunday School 10 AM Morning Worship 11 AM

FIRST UNITED METHODIST CHURCH

OF HERKIMER AND LITTLE FALLS
Pastor Joelle Faulks
Prospect St & Park Ave. Sunday Worship 8:00 & 9:30 AM Sunday School 9:30 AM during school year

HERKIMER CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS (MORMONS)

Branch President Blake Francisco Gros, Blyd. East Herkimer Phone 315-866-8095 Priesthood/Relief Society 12:10 PM Sunday School 11:20 AM Sacrament Meeting 10 AM Family History Center hours by appointment; please leave a message at 315-866-7189

HERKIMER REFORMED CHURCH

Phone 866-1523 Worship 9:30 AM Sunday School 11 AM Shepherd's Table: Tuesday 11-12:30 PM Thursday 11:30-12:30 PM Shepherd's Table Dinner: First & Third Tuesday 6 PM

CHRIST EPISCOPAL CHURCH

300 N. Main St. Church Office (315) 866-0551 Email: christchurchherkimer@mail.com www.christchurchherkimer.org Sunday Services: 10:30 AM
Free Community Dinner: Next-to-last and Last Saturday of the month 5:00 PM (Parish Hall) Entrance to Parish Hall is on Mary Street

ILION

ILION COMMUNITY CHURCH
Pastor Dean Mabry
44 Central Plaza Sunday Worship 10 AM Child Care/Kids Church Available ilionchurch.com

SAINT AUGUSTINE'S EPISCOPAL CHURCH

Bishop - Dan Herzog 78 2nd Street Phone: (315) 894-3775 Sunday School at 8:45 AM Adult Bible Study at 8:45 AM Holy Eucharist at 9:35 AM

FIRST PRESBYTERIAN CHURCH

90 Morgan St., Ilion, NY, 13357 Reverend Richard Riggle Bible Study 9:30 AM Church Service 10:30 AM 315-894-2070

FIRST BAPTIST CHURCH

8 Second Street Reverend John Partise Wednesday Mid Week Service 7 PM Sunday Morning 11 AM

MORNING STAR UNITED METHODIST CHURCH

36 Second Street Pastor Joelle Faulks Sunday Worship 10:30 AM November 1 - May 1 4224 Acme Rd, Frankfort May 1 - November 1 36 Second Street, Ilion

ILION ANNUNCIATION CHURCH 109 West Street, Ilion, NY

Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 4:00 PM; Sunday 11:00 AM; Monday & Wednesday 9:00 AM

<u>LITTLE FALLS</u> FIRST BAPTIST CHURCH

555 Albany St 315-823-3392 Morning Worship 10:15 AM Rev. Chris J. Wintermute. Lead Pastor Rev William Whalen, Associate Pastor Nursery (infants through age 4) Meet and Greet Sunday at 8:30 AM Sunday School Classes 9:00 AM (nursery through adult)

**Our Service is aired on 100.3 FM,
91.1 FM & 88.7 FM on Sundays from 11-12

with a 1 week delay ST. PAUL'S UNITARIAN UNIVERSALIST CHURCH

Minister Jeffrey J. Fran Mark Bunce, Organist 565 Albany St. Phone 823-2284

Sunday Service & Religious Education 10 AM

HOLY FAMILY PARISH OF THE ROMAN CATHOLIC COMMUNITY OF LITTLE FALLS Father Brian Slezak, Pastor 763 E. Main St.

Phone 823-3410 Saturday Vigil Mass 4 PM Sunday Mass 10:30 AM

EMMANUEL EPISCOPAL CHURCH

588-594 Albany St Sunday Schedule: High Mass, Rite II 10 AM Nursery & Sunday School 9:45 AM (Sept.-May) Fellowship Coffee Hour 11:15 AM Choir Rehearsal 11:30 AM Holy Day Masses as announced Confessions by appointment

<u>LITTLE FALLS</u> FIRST ASSEMBLY OF GOD

Senior Pastor Timothy Parisi 559 E. Jefferson St. Phone 823-4043 • firstaglf@gmail.com Sunday Morning All Worship 10 AM Thursday Bible Study 6:30 PM

HOLY TRINITY LUTHERAN CHURCH

512 E. Gansevoort St. Sunday Worship 9:30 AM Sunday School 9:15 AM Wednesday Services 12:10 PM & 7 PM

FIRST PRESBYTERIAN CHURCH Pastor Tamara Razzano

16 Jackson St. Phone: 315-823-3004 Email Iffirstpres@gmail.com www.presbylf.org Sunday Worship 10 AM Sunday School 10 AM

LITTLE FALLS INGHAMS MILLS BAPTIST CHURCH Rev. Gary L. Busch, Pastor

Sunday Worship Service 10 AM 443 Inghams Mills Rd. Little Falls, NY 13365 Pastor's Phone (315) 717-9936

MIDDLEVILLE MIDDLEVILLE UNITED METHODIST Pastor Wavne Getma

24 Rte 29 Phone 845-8730 Sunday School 9:30 AM Worship Service 9:30 AM

MOHAWK GRACE EPISCOPAL CHURCH

Rev. Sally Heiligman 7 E. Main St. Phone 315-866-4782 or 315-520-4723 Holy Eucharist 10 AM

DENNISON CORNERS

COMMUNITY CHURCH
Pastor Donald King
219 Robinson Rd. • Phone 866-5215 Sunday: Sunday School 9:45 AM Morning Worship 11 AM Evening Worship 6 PM Wednesday Prayer 7 PM

MOHAWK REFORMED CHURCH

Rev. Brian Engel, Pastor 20 S. Otsego St. Phone 866-4292 Fmail mohawknastor@verizon net Email mohawkpastor@verizon.net
Follow us on Facebook
Morning Worship:
10:30 AM Sept. -June • 9:30 AM July -Aug.
Youth Sunday School (Pre-K - Sr. High) 9 AM
Adult Sunday School (Men, Women
& Couples) 9:30 AM
Schotopher June

EMMANUEL BIBLE CHURCH

Pastor Gary Wilcox 54 W. Main St. • Phone 717-3011 Sunday School 9:45 AM Morning Worship 11 AM Fellowship Lunch 12:30 PM Afternoon Bible Study 1:30 PM Wednesday Prayer & Bible Study 6 PM

MOHAWK CHURCH OF THE BLESSED SACRAMENT

Sr. Mary Jo Tallman, CSJ. Parish Life Director Rev. Mark Cunningham, Sacramental Minister 71 E. Main St. Phone 866-1752 Saturday Vigil Mass 5:30 PM Sunday Mass 9:30 AM

CHRISTIAN BIBLE CHURCH

H. Ed Reed, Pastor/Teacher 167 Ward Rd. • Phone 858-1282 www.christianbiblechurch.us Sunday School 9 AM Sunday Worship 10 AM Wednesday Bible Study & Prayer Meeting 7 PM

MOHAWK
THE WORD CHRISTIAN CENTER
Pastor Gene Kipper
27 E. Main St. • Phone 868-1790 Sunday Services at 10 AM Intercession - Tuesdays at 7 PM Free Community Dinner the last Thursday of the Month at 6 PM

<u>NEWPORT</u> FIRST BAPTIST CHURCH OF NEWPORT

7497 Main Street Pastor's Phone 315-790-1877 Sunday Worship at 9:45 AM

UNITED METHODIST

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ACROSS

- Autumn mo.
- Drag along
- 12 That girl 13 Quite some
- time 14 Shrek is one
- 15 Remiss
- 16 Flattery 18 Eve-related
- 20 Marry 21 Hen pen
- 24 Famous 28 Flowering vine Clinton veep
- 33 Standard 34 Billow 36 Watch chain
- 37 Sister of Osiris 39 Grump
- 41 Eighth Greek letter
- 43 Rip 44 Historic period
- 46 Healthy 50 Dairy item
- 55 Aye opponent 6 Caviar, really 56 Heap
- 57 Carte 58 Conk out 59 Choir member 10 Web address
- 60 Vail gear 61 On in years
- DOWN capital

- Breckinridge¹

dential candi-

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28 Skewer

29 Launder

HOMES

Renaissance

31 Chills and

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35 Dutch

30 One of

25 Bean curd

26 Cupid's alias

Society new-

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42 Joan of -

45 Weaponry

48 Catch red-

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50 Hot tub

51 Painter's

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52 Last (Abbr.)

53 "A mouse!

54 Blackbird

49 Changed the

47 Loosen

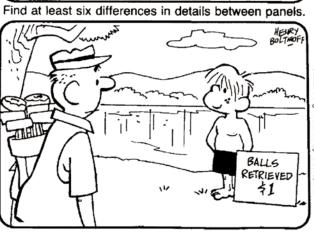
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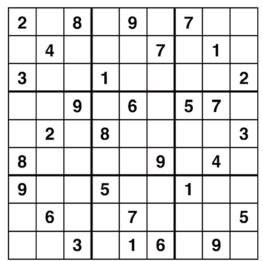
HENRY BOLTINOFF



5. Shrub is gone, 6. Hat is different. different. 3.Cloud has moved. 4. Boy's hair is different. Differences: 1. Golf club is missing. 2. Swim trunks are

Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

♦ Moderate ♦ ♦ Challenging

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OUR FRIEND HAS WON A HORSE! Hidden in the above frame is a famous proverb. You can find it by reading every other letter as you go around it clockwise. The trick is finding the right first letter.

look a gift horse in the mouth." Answer: Starting with the "N" in the right rail: "Never

by Charles Barry Townsend



Illustrated by David Coulson

SHAKE 'N BAKE!

In this puzzle, one word must be changed into another word in a series of moves. You must change only one letter at each move. Can you change the following five words in four moves?

- 1. FALL to RISE
- 2. DOCK to HAND
- 3. CAME to WENT
- 4. CAMP to FIRE
- DEAD to BOLT

THE PUZZLING POET!

Can you tell us what this word is?

A WORD I KNOW, SIX LETTERS IT CONTAINS; TAKE AWAY ONE AND TWELVE REMAINS.

Answer: The word is DOZENS. Remove the "S" and a DOZEN (12) remains.

BOLT CARE, FARE, BELT, CAMP, ٦. BEAD. FIBE ÇARP, · Þ **MENT** CANE, WANE, WANT, HAND 3 CAME, S DOCK HOCK HONK HYNK) HISE: Answers: 1. FALL,

TAKE ME OUT TO THE WORD GAME! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in Grid B contain the same letters as the corresponding words in Grid A.

- 1. To be boastful.
- Healing agent.
- 3. Part of hand. 4. Face covering.
- M
- Form of dress.
- Young sheep.
- Generates light.
- To exist.

Jamb. 3. Palm-lamp. 4. Veil-live. Answers: 1. Brag-garb. 2.Balm-



Rabid bat found in Frankfort

Herkimer County Public Health received word on Aug. 4 from Wadsworth Labs that a bat that was sent in to be tested for rabies on Aug. 3 from the Town of Frankfort has tested positive for rabies.

A domestic dog was in contact with the bat and was given a booster shot; the bat was killed and sent to Wadsworth lab for testing.

The public can protect themselves or their family pets from rabies by practicing the following:

- 1. Vaccinate your pets against rabies.
- 2. Spay or neuter all animals to reduce the number of strays.
- 3. Do not feed strays or handle unknown animals, wild or domestic.

Remind children and adults not to play with unknown animals (wild or domestic). If a bat is found in a house, and there is a possibility it had contact with a person or an animal in the house, call Public Health and we will make arrangements to have the bat tested, if necessarv.

Herkimer County Public Health would

like to remind the public to check your pet's rabies vaccination records to make sure that they are up to date. If they are not up to date, make an appointment with their vet as soon as possible to have them vaccinated against rabies.

Call Public Health at 315.867.1176 if you have any questions or concerns, and visit herkimercounty.org.

"To Market, to Market" six-week series announced

Have a great idea? This six-week class will help you develop a product or service from start to finish. Local CCE Educators Mariane Kiraly, David Cox, Nicole Tommell, Laura Basillio and Jim Barber have partnered to offer "To Market, To Market," a six-part series taking place virtually and in-person at five regional locations to make your learning experience comfortable, safe and flexible. Participants will learn how to develop and screen an idea, analyze current trends, develop a

budget, consider cash flow, determine pricing, manage marketing and distribution, access funding, test a prototype, consider legalities, manage risk, navigate regulations and much more. A logical, process-oriented curriculum will lead to dynamic business plans that create new economic opportunities in your region.

This series will run Tuesdays, Oct. 6 - Nov. 10 from 9 a.m. - noon. We hope that most will attend virtually as space is limited at each association meeting room at

Hamden, Cooperstown, Cobleskill, Norwich and Binghamton, to allow for social distancing.

The cost is \$25 per person for the entire series. Bring your own snacks and drinks. Pre-registration is required at pub.cce.cornell.edu/event_registration/ main/events_landing.cfm?event=to-market_212 Oct. 1. The Chobani Community Impact Fund at the Community Foundation for South Central New York supports "To Market, To Market."

Holy Trinity Lutheran Church pie sale set for Aug. 26

Holy Trinity Lutheran Church at 512 E. Gansevoort St., Little Falls, is having a pie sale on Aug. 26.

Pies are \$12 each (raspberry, blueberry, apple, mixed berry, chocolate, strawberry rhubarb, banana cream, co-

conut, pumpkin and lemon, sugar-free or regular). Orders must be placed no later than Aug. 17. This is pick up only at the church from 3 - 6 p.m. Leave message at 315.823.4091 to place an or-





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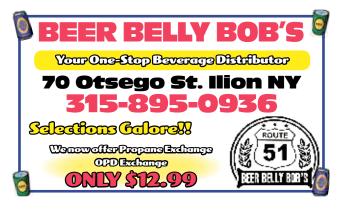
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Applications open for CCE Master Gardener Volunteer training

Interested in becoming a Master Gardener Volunteer? Cornell Cooperative Extension (CCE) of Herkimer County is seeking applicants to participate in this popular nationally recognized public service program.

The Master Gardener Volunteer Program is open to Herkimer County residents with an interest in flora and food gardening and a willingness to share their knowledge, experience and enthu-

siasm with constituents in their local communities. A core part of the Master Gardener experience is the comprehensive training in the science and art of horticulture taught by university researchers and active practitioners on the latest growing science.

The training program is organized by the CCE offices in Herkimer, Delaware and Otsego/Schoharie counties and will be by Zoom conferencing (as per COVID-19 protocols). There are 20 sessions altogether, running consecutive Mondays from 9 - 11:30 a.m. Classes run Monday, Sept. 21 - March 15, 2021, except for holidays.

Trainees may participate from home or from respective CCE county offices with COVID-19 safety protocols observed. Participants will need access to a computer with audio and camera components for interactive discussions. The

cost is \$150 per person, including all materials. Applications will be followed by an interview.

For details about the Master Gardener Volunteer training or an application, visit blogs.cornell.edu/cceherkimer/programs/horticulture/master-gardener-volunteer-training or contact Garet Livermore, CCE Herkimer County, at 315.866.7920 or email herkimer@cornell.edu.

Southern Peach Pork Chops

Juicy peaches hot off the grill are perfect with tender seared meat.

- 1 tablespoon curry powder
- l tablespoon brown sugar
- 1 tablespoon olive oil
- 1/2 teaspoon salt
- 1/4 teaspoon ground cinnamon
 - 1 pinch black pepper
- l clove garlic, crushed with garlic press
- 4 (about 5 ounces each) pork loin chops, 3/4-inch thick
- 4 large peaches, each cut in half
- 1/2 cup peach jam, substitute apricot jam or preserves

Arugula, for garnish

1. In cup, stir curry

powder, brown sugar, olive oil, salt, cinnamon, pepper and garlic.

- 2. With hands, rub both sides of pork chops with curry mixture.
- 3. Brush cut side of peach halves and 1 side of chops with some jam. Place peaches, brushed

side down, and chops, brushed side up, on grill over medium heat; cook 5 minutes.

4. Turn chops and peaches over and brush grilled side of chops with some jam; cook 5 minutes longer. Remove peaches from grill when browned

and place on platter. Turn chops and brush with remaining jam; cook 2 to 3 minutes longer, until chops are browned on the outside and still slightly pink on the inside. Place chops on platter with

peaches; garnish with arugula. Serves 4.

* Each serving: About 475 calories, 24g total fat (8g saturated), 23g protein, 42g carbohydrate, 58mg cholesterol, 325mg sodium.

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The benefits of a new approach to learning for students

The validity of the adage "necessity is the mother of invention" was on full display during the COVID-19 outbreak. People quickly had to learn to adapt to a new way of life, including an educational system that was transformed dramatically by social distancing guidelines.

More than 76 million students are enrolled in United States schools, per the latest Census Bureau information. During the pandemic millions of students who once attended classes in-person were forced to transition to virtual learning instruction in a matter of days. The process showed just how flexible learning systems can be, and how virtual instruction may become more than an emergency protocol in the future.

Schools utilized systems like Google Classroom, Canvas and

virtual meeting apps to connect and learn. While in-class lessons provide the socialization and one-on-one interaction that can be vital for students' academic success, there are many different reasons why virtual instruction can be a key component of learning models as well. When virtual learning is used in conjunction with traditional teaching, students may have a more well rounded experience. Here are some potential benefits that may unfold as more data is collected.

• Virtual learning affords students the chance to work on lessons at a pace that fits their individual needs. Students can go back and re-read or re-work problems until they're satisfied they have learned their lesson. Lessons can be slowed down or sped up depending on proficiency, creating a customized

educational experience.

- No more weather days. Many school districts include snow or extreme weather days into their calendars, adding on extra days at the end of school year to meet the specified number of educational days. Remote learning can take over in these times and keep school districts from having to pad calendars.
- The American Academy of Pediatrics recommends that middle and high schools start at 8:30 a.m. or later to provide students the best chance to get the amount of sleep they need. Still, most adolescents currently start school before 8:30 a.m. Remote learning enables students to complete their assignments when it works best for them. This may help them get more sleep, too.
- Learning apps are a new wave of educational tools that

have helped buoy virtual instruction. Primary school students or those with individual education plans may benefit the most from reinforced app skills that match their learning pace in fun ways.

Virtual home instruction may become a large part of the educational landscape even after it's no longer a social distancing necessity.















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I thought shingles was an old person's disease: What everyone 50+ needs to know

(BPT) – Father, business owner and Rhode Island native Steve B. was forced to spend the holidays sidelined with shingles at the age of 51.

"I look forward to the holidays every year. In addition to the fun and festivities of the season, I get a little downtime to enjoy my favorite things: spending time with my family, working out and watching sports," Steve said. "But that holiday season, I felt an odd burning pain I'd never felt before."

Steve and his wife were on their way to a New

Year's Eve party when he began to feel discomfort and pain in his back. Steve's wife took a look, but didn't see anything unusual. Steve expected the pain to subside on its own. However, the next morning, when Steve asked his wife to look at his back again, she was shocked to find a blistered rash. He knew he had to seek medical attention – fast.

"I thought about making an appointment when the symptoms started, but I didn't have the words to describe this unusual back pain, nor were

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my symptoms visible to the naked eye," Steve recalled. "What could I say? 'Hey Doc, my back is burning?' Would that even help?"

When Steve was finally able to see his doctor, he was immediately diag-

nosed with shingles.

Anyone who has gotten chickenpox is at risk of contracting shingles, also known as herpes zoster. When chickenpox becomes dormant within the nerves, it can reactivate later in life, causing

shingles. Shingles typically presents as a painful, itchy rash that develops on one side of the body and can last for two to four weeks.

Shingles kept Steve from doing the things he loved the most. "I never call out of work. Because of shingles, I missed three days. As a proud father of a high school athlete, I never miss one of my daughter's basketball games. Because of shingles, I missed three games."

After a long two weeks from the start of his symptoms, Steve began to feel better. He never considered vaccination and thought he was too young to contract the disease when, in fact, approximately one in three people in the U.S. will develop shingles in their lifetime.

"My experience with shingles affected everyone around me. My wife and children, used to seeing me energetic and lively, were blown away at how worn out I was for days on end. After seeing the impact of this virus, both my business partner and brother ran out to get the shingles vaccine."

Steve learned firsthand that shingles doesn't play favorites. As a GSK spokesperson, Steve wants to educate others about shingles symptoms, risks and the importance of vaccination. He insists, "Don't assume you aren't at risk due to age – talk to your doctor about how you can help prevent shingles from happening to you."

If you're 50 years of age and older, talk to your doctor about vaccination against shingles. Vaccination will help reduce the risk of developing shingles and the potential long-term pain from post-herpetic neuralgia, a common complication caused by the disease.

For more information, visit www.Shingles-DoesntPlayFavorites.com.

This is one person's experience; other people's experiences with shingles may be different.



I thought shingles was an old person's disease.

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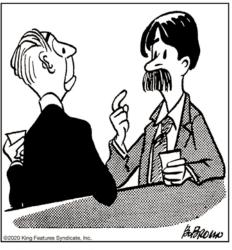
Answers

King Crossword

Solution time: 25 mins.

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Answer

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8	5	6	7	3	9	2	4	1
9	7	2	5	4	3	1	8	6
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5	8	3	2	1	6	4	9	7

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16 words - \$4.20	17 words - \$4.30	18 words - \$4.40	19 words - \$4.50	20 words - \$4.60
21 words - \$4.70	22 words - \$4.80	23 words - \$4.90	24th word - \$5.00	25 words - \$5.10
26 words - \$5.20	27 words - \$5.30	28 words - \$5.40	29th word - \$5.50	30 words - \$5.60
31 words	- \$5.70 32 words	3 - \$5.80 33 word	ds - \$5.90 34th wor	d - \$6.00
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Great grilling ideas for easy home-cooked meals

(BPT) - Any summer day is the perfect day to fire up the grill. Simple or elaborate, gas or charcoal - any type of grill can impart flavors and textures that make home-cooked meals extra special. No need to cook indoors and heat up the kitchen when the outdoor grill is ready to go.

Enjoy outdoor recreation time when Steak with Grapes and Stilton is on the menu. Ready in under 15 minutes, this easy entrée pairs grilled flank steak with greens, Stilton cheese, grapes and a light



vinaigrette dressing. The quintessential summer salad, this will please diners of all ages.

Keep the grill hot for making Grilled Grape, Strawberry and Mango Skewers with Honey-Orange Glaze for dessert. Grilling caramelizes the natural sugars in fruit to concentrate the natural sweetness and intensify fruit flavors. Serve warm right off the grill or prepare ahead of time for a delicious, guilt-free treat.

Cool, refreshing grapes an easy anytime snack, so be sure to include grapes on every summertime grocery list to have handy for snacking and light summer recipes. Store unwashed in the refrigerator for up to two weeks, rinse immediately before eating or cooking, and enjoy!

For more great grilling ideas download the e-cookbook "Get Grilling with Grapes!" from grapesfromcalifornia.com.

Grilled Flank Steak with **Grapes & Stilton**

Serves 6

Ingredients

1 flank steak (2 lbs) Kosher salt and freshly ground black pepper

1 1/2 tbsp red wine vin-

1 tbsp chopped shallot

1/4 tsp Dijon mustard 1/4 cup extra-virgin ol-

2 bunches watercress, trimmed (8 cups)

1/2 cup crumbled Stilton or other blue cheese

2 cups red grapes, halved

Directions

Preheat a grill to high and oil the grates. Sprinkle the steak with salt and pepper.

In a small blender or food processor, combine the vinegar, shallot, mustard and olive oil. Season with salt and pepper and puree until smooth. Grill

the steak until it reaches 130° F for medium-rare, about 6-7 minutes per side. Transfer to a cutting board and let rest 5 minutes.

In a large bowl, combine the watercress, salt and pepper and enough dressing to coat. Thinly slice the steak across the grain and transfer to a platter. Top with the watercress, Stilton and grapes and serve with additional dressing.

Nutritional information per serving: Calories 376; Protein 29 g; Carbohydrate 10 g; Fat 24 g (57% Calories from Fat); Sat Fat 8.5 g (20% Calories from Saturated Fat); Cholesterol 73 mg; Sodium 299 mg; Fiber .8 g.

Grilled Grape, Strawberry & Mango Skewers with

Honey-Orange Glaze

Serves 4

Ingredients

8 bamboo skewers, soaked in water

1 cup green grapes

1 cup red or black grapes

1 mango, cut into chunks

12 strawberries, cut in half

1/2 cup honey

1 tbsp orange zest

1/4 cup orange juice

1/4 tsp salt

1 tbsp fresh chopped mint

Directions

Prepare grill or broiler. Skewer fruit, alternating grapes with mango and strawberries. Prepare glaze by mixing honey, orange zest, orange juice and salt. Both fruit skewers and glaze should be at room

temperature before grilling. Grill skewers over hot coals until lightly browned on each side, about 2-4 minutes per side. Brush fruit with glaze and sprinkle with mint. Serve warm.

Nutritional information per serving: Calories 275; Protein 2 g; Carbohydrate 72 g; Fat 1 g (3% Calories from Fat); Sat Fat 0 g; Cholesterol 0 mg; Sodium 151 mg; Fiber 4 g.









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HERKIMER COUNTRY EDITOR

How to manage low bandwidth during remote learning sessions

many schools hastily transitioned from traditional in-person learning to remote learning. This transition posed new and unique challenges to educators as well as students and their parents.

One of the biggest challenges posed by remote learning was keeping students connected to their teachers and their classmates, not all of whom had readily available access to devices that could facilitate such connections.

In recognition of that challenge, school systems worked to procure devices for students only to be confronted by another challenge: low bandwidth. According to of data that can be transferred over an internet connection per second. Low bandwidth can compromise students' ability to stay connected to their virtual classrooms. In an effort to help students overcome that challenge, Microsoft offers the following tips on how educators, students and parents can manage low bandwidth during remote learning sessions.

• Reduce reliance on video during class sessions: Turning video cameras off during live class sessions can help to overcome the challenges posed by low bandwidth, as live video is a key contributor to excessive use of bandwidth. If video must

be used, encourage students to turn off their cameras when they are not speaking.

• Use pre-recorded content: Pre-recording content enables students to stream video over the internet, saving those with low bandwidth the hassle of downloading large video files to their computers. Microsoft recommends educators who pre-record content for their students to stream to instruct those students to use class time to complete assignments. Educators can make themselves available via chat to answer questions students may have about their assignments.

• Avoid video-based assignments: It can be difficult for students with low bandwidth to send very large files, such as videos. Educators can help students avoid that issue by not requiring them to submit videos as part of their assignments.

• Encourage students to sync files to their devices: Each device is different and each manufacturer has its own instructions on how to sync files to devices. But Microsoft notes that syncing files to a device allows students to read them offline, which is ideal for students with limited internet connectivity.

Low bandwidth poses a challenge for remote learners. Thankfully, there are ways to overcome low bandwidth so students can keep learning.

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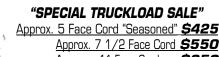
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Mon. Aug. 31st - Normal Monday Sale.

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100 years of suffrage: How the ALA continues to empower female voters

(BPT) - It came down to one vote. One hundred years ago, on Aug. 18, 1920, the 19th Amendment was ratified with the vote of a young Tennessee senator, breaking a tie to tip the scales. American women had won the long, hard-fought right to vote. After a 70-year movement and a four-year war, their voices were being heard across the country. On the 100th anniversary of this major accomplishment, we take note of how our country's past resembles its present as we mobilize toward a better future.

Just like this year, 1920 was a time of renewal in our nation. The end of World War I ushered in a new chapter of American life and a reinvigoration of the women's suffrage movement. Throughout the war, women had drivambulances across battlefields, stitched up wounded soldiers, sewn

Denise Sitterly

Sandy VanAvery
Assistant Office Manager

surgical masks and operated munitions factories. Over nine million American women participated in the war effort. This swell of patriotic support showcased the valuable role every American plays in our democracy, regardless of gender. As American life shifted back to its pre-war reality, it became clear that women didn't have enough opportunities to engage in government and express their patriotism.

It was during this same time in the wake of WWI that the American Legion Auxiliary (ALA) was founded, on Nov. 10, 1919, providing women with a forum to support their veteran spouses and promote the patriotism that had been so essential to them during the war. Less than a year later, in August 1920, the 19th Amendment was ratified and women were given the right to officially and

Robert Sitterly

fully participate in our democracy by voting.

One hundred years later, women play an important role in the American political process, and the ALA continues to help young women learn about the way our government runs and the value of their vote. ALA Girls Nation, hosted annually, teaches young women about the democratic process through a week-long, immersive learning experience in Washington, D.C. Participants learn about the power of being an engaged citizen by representing their own states in a mock government as they campaign for political office, craft and debate

the passage of legislation and meet with their real-life counterparts on Capitol Hill. This invaluable program is where young women get to put their patriotism and political aspirations into action and experience a real-world look at the democracy they contribute to daily. To learn more about ALA Girls Nation, or any other American Legion Auxiliary program, visit ALAforVeterans.org.

Every moment that led to a woman's right to vote - from the first woman to step up and join the war effort to that final vote being cast by a 23-year-old senator – is a testament to fighting for our freedoms. We celebrate and honor veterans by utilizing the freedoms they protect and participating in our democracy. As we reach the 100th anniversary of women's suffrage, we reflect on this monumental step toward equality. The best way to show thanks for our country and the people who fought for it is to exercise our right to

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Baby ducks arrived on April 16 to the delight of residents. Taking up residence in the Lee Lounge, residents stopped by to visit.

Quacking up during COVID-19 at Foltsbrook Center for Nursing and Rehabilitation



As the ducks grew they were moved to the courtyard where residents and families could enjoy them during socially distanced visits.



The ducks recently transitioned to life on the farm. Residents now keep up with their adventures on the farm with regular updates and pictures.

Photos courtesy of Foltsbrook Center for Nursing and Rehabilitation



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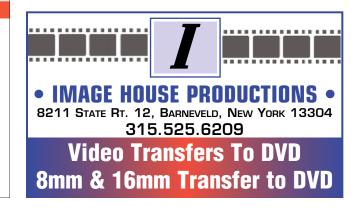
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For the past five years, residents at Foltsbrook Center for Nursing and Rehabilitation have had the chance to hatch duck eggs during the spring months. Every year residents look forward to watching the hatchlings become ducklings and then watching the ducklings grow. The new life brings hope and joy to residents throughout the building and this year was no different despite the trials and tribulations of the COVID-19 pandemic.

Baby ducks arrived at Foltsbrook on April 16 to the delight of residents. Taking up residence in the Lee Lounge, residents stopped by on their way to and from meals or activities. As the ducks grew they were moved to the courtyard, where residents and families could enjoy them during socially distanced visits.

On July 4, the ducks transitioned to life on the farm and residents keep up with their adventures on the farm with regular updates and pictures.

It's funny how something like a duck can lift spirits during this odd time. Check in with Foltsbrook Center for Nursing and Rehabilitation to find out about their ducklings and other great activities. Foltsbrook Center for Nursing and Rehabilitation campus is a senior retirement community, located in Herkimer, that has been providing care to seniors since 1943. For more information, follow them on facebook. com/Foltsbrook or call 315.866.6964 ext. 317.



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Tue.- Thurs.: 11:00am - 10:00pm Fri. & Sat.: 11:00am - 10:30pm Sunday: 11:00am - 10:00pm









COUPON **OVER \$25.00**

FREE

1 EGG ROLL OR 1 OT. ICE TEA

ONE COUPON PER VISIT TAKEOUT ONLY

COUPON **OVER \$50.00**

FREE

GENERAL TSO'S CHICKEN OR SESAME CHICKEN

> ONE COUPON PER VISIT TAKEOUT ONLY

COUPON

OVER \$35.00 FREE

WONTON, EGG DROP, HOT AND SOUR SOUP OR

FRIED RICE ONE COUPON PER VISIT
TAKEOUT ONLY

COUPON **MILITARY**

DISCOUNT

10% OFF

ONE COUPON PER VISIT

COUPON

OVER \$45.00

FREE

CRAB RANGOON. LO MEIN OR SWEET & SOUR CHICKEN ONE COUPON

PER VISIT TAKEOUT ONLY

COUPON

SENIOR OVER 65

10% OFF

ONE COUPON PER VISIT