

HERKIMER
Country Editor

Serving the Valley for 53 Years

SEPTEMBER 18, 2020

Delivered by the
U.S. Postal Service

518-673-3237

Volume 10 Number 14

Trust in the Lord with all your heart, And lean not on your own understanding;
In all your ways acknowledge Him, And He shall direct your paths. Proverbs 3:5-6



JOE M★CRI
REALTY

*"I will exceed your
every expectation..."*

(315) 360-1920
bill.joemacrirealty@gmail.com

Bill Macri



*Barney's
Angels*

Home
Environment
Clean ~ Safe
Daily Facebook
Dog Video's
Friendly
& Spacious
We take big
& small dogs!

BBB Better Business
Bureau Approved

4361 Acme Rd., Ilion
Dog/Cat Sitters

315-525-3330

Boarding, Kennel
& Daycare Services
Check us out on Facebook!

BigDog Motors, Inc.



Three Decades of Auto Service Experience

- Auto Repair
- Buy Used Cars
- CARCO Photo Inspections
- Collision Repair
- Financing
- Motorcycle Inspections
- State Inspections
- Trade-Ins
- U-Haul Rentals
- Used Car Sales
- IntoxaLock Installs/Service
- And More

Ask About Our



Credit Approval

Guarantee!



U-HAUL

Rentals Available

www.bigdogmotorsinc.com

⇒ NYS Inspections (7 days/wk.)

⇒ Save your ins. deductible

Used Cars

FRANKFORT

315-444-9028

PRSR STD
U.S. POSTAGE
PAID
UTICA, NY
PERMIT NO. 55
ECRWSS

*****ECRWSSDDM****

Local
Postal Customer

Pandemic depression: Genetic insight may help treatment

(NAPSI) – Social isolation during the pandemic may pose a mental health threat for those already at risk for COVID-19 – people over age 65.

As doctors treat more senior patients for depression, an increasingly popular genetic test may inform their treatment decisions. The GeneSight test provides information about how your genes may impact how you metabolize and respond to certain depression medications.

Innovative solutions for mental health conditions are important. As the pandemic and its re-

sulting isolation wears on, many are struggling with their mental health. According to the CDC, loneliness can be associated with higher rates of depression.

“When I first experienced depression, it happened all of a sudden,” shared Doreen, a wife, mother of three grown children and retiree. “It was like a cloud happened in my head.”

Symptoms of depression can include changes in sleep or eating patterns, decreased energy, difficulty concentrating or a lack of motivation.

Doreen saw her doctor, who

prescribed a depression medication but it didn’t alleviate her symptoms.

“I began to see one doctor, then another, to help deal with my depression,” said Doreen. Her doctors “tried many, many different medications and none seemed to work. Finally, my heart doctor said, ‘Doreen, I’ve heard about this gene test, I think it might help you.’”

Her doctor was referring to the GeneSight test.

The test is a simple cheek swab, ordered by a healthcare provider who can prescribe

medications. A patient can take the test at home or in the doctor’s office.

Using a patient’s unique DNA, the GeneSight test informs doctors about potential gene-drug interactions. The report provides information about which depression medications may require dose adjustments, may be less likely to work or may have an increased risk of side effects based on a patient’s genetic makeup.

The GeneSight test helped Doreen’s doctor to make an informed treatment decision; she

was prescribed a new medication.

“That’s when my life started to change. I got back to smiling, being happy and laughing again. I got back to being me,” Doreen said.

Post-pandemic life will likely never be the same. If depression is one of the unanticipated consequences, treatment is important.

People struggling with depression can ask their doctor about the GeneSight test. To learn more, visit www.GeneSight.com.

Hunter education

With the cancellation of in-person courses earlier this year during the state’s response to COVID-19, DEC quickly innovated to help prospective hunters planning to take cancelled in-person hunter safety courses and created a new online Hunter Education course. The results were dramatic, more than doubling certifications from 2019, with more than 76,800 people registered

for the online Hunter Ed course and 40,278 completions. Nearly 70% of those completing the online course are 21 or over, and almost 40% of participants are women. The new online Bowhunter Ed course has seen more than 20,980 registered participants and 10,934 have completed the course. Both courses can be accessed at <https://tinyurl.com/yx-hkkn8>. The online courses have been

extended indefinitely.

As all of New York has now entered Phase 4 of reopening, in-person Hunter Education, Bowhunter Education and Trapper Education courses are resuming. While the popularity of the online Hunter Ed and Bowhunter Ed courses has been unprecedented, some potential new hunters want to take the traditional course, which offers a field day

component. Social distancing, health and safety and disinfectant protocols have been put in place to ensure courses are conducted in a way that minimizes risk to participants. The online courses will remain available for those who prefer an online course. For more information about taking a traditional field-based course, visit <https://tinyurl.com/y5sl65rk>.

A&N
AUTO DETAILING
All Your Car Cleaning Needs All Makes and Models
We're Open, Please Respect Social Distancing
FIND THE SUMMER SHINE, WASH/DRY WITH OUR UNDERBODY WASH
Give The Car A Refresher
Detailing Packages Available
262 St. Rt 55, Mohawk
315-866-9547

Ron Fobare's Painting & Home Remodeling
Painting, Dry Wall & Dry Wall Repair, Textured Ceilings, Water Damage, Replacement Windows & All Home Repair
Fully Insured
No Job Too Small
Over 35 Years Experience
315-570-1985

Are you ready to roll?
79 YEARS
FALL LEAGUES FORMING
CO-ED • MEN • WOMEN
STATE BOWL
17 E. State Street, Ilion • 315-894-4862

Benjamin Moore
Premium Quality.
3,500 Colors.
Breathtaking Results.



Start your paint project with Benjamin Moore® at

ACE Hardware
Little Falls
Ace Hardware
441 West Main Street, Little Falls
315-508-5329

WADAS EYE GROUP

Family Focused Eye Care
Providing quality, affordable eye care for the entire family.

Participating with most vision and medical insurances; including Davis, Eyemed, Excellus, MVP, Medicare, WellCare, Empire and more.

Always accepting new patients at our 3 convenient locations:

394 East State St., Herkimer (315) 866-3751
8010 State Rt. 12, Barneveld (315) 896-3900
38 Roosevelt Dr., Whitesboro (315) 736-3217

www.WADASEYE.com



MODEL YEAR-END **COME AND GET IT!** **WHILE THEY LAST**

2020 NISSAN ROGUE AWD



2020 Nissan Rogue AWD
\$239

lease for 36 mos.
Model#22010. VIN#KNMAT2MV0LP538660 & KNMAT2MV6LP543250. MSRP \$27,745. Total due at inception: \$2,500 down payment + \$0 security deposit + bank fee included in payment + \$239 1st payment = \$2,739. Price includes \$3,375 Nissan Lease Cash. Negotiated value of vehicle \$27,794.24. Lessee responsible for Insurance, Maintenance, excess wear & mileage. 12k mi/year. Plus tax, title & mv fees. Well qualified credit. Offer Expires 9/30/2020

2020 NISSAN SENTRA SV



2020 Nissan Sentra SV
\$189

lease for 36 mos.
Model#12110. VIN#3N1AB8CV0LY237377 & 3N1AB8CV8LY236915. MSRP \$21,675. Total due at inception: \$2,500 down payment + \$0 security deposit + bank fee included in payment + \$189 1st payment = \$2,689. Price includes \$1,050 Nissan Lease Cash. Negotiated value of vehicle \$22,372.34. Lessee responsible for Insurance, Maintenance, excess wear & mileage. 12k mi/year. Plus tax, title & mv fees. Well qualified credit. Offer Expires 9/30/2020.

2020 NISSAN FRONTIER SV 4X4



2020 Nissan Frontier SV 4x4
\$319

lease for 36 mos.
Model#32210. VIN#1N6ED0EB8LN704486 & 1N6ED0EB9LN702357. MSRP \$35,245. Total due at inception: \$3,000 down payment + \$0 security deposit + bank fee included in payment + \$319 1st payment = \$3,319. Negotiated value of vehicle \$35,778.59. Lessee responsible for Insurance, Maintenance, excess wear & mileage. 12k mi/year. Plus tax, title & mv fees. Well qualified credit. Offer Expires 9/30/2020.

2020 NISSAN ROGUE SPORT AWD



2020 Nissan Rogue Sport AWD
\$225

lease for 36 mos.
Model#27010. VIN#JN1BJ1CWXLW373790 & JN1BJ1CWXLW371893. MSRP \$26,500. Total due at inception: \$3,000 down payment + \$0 security deposit + bank fee included in payment + \$225 1st payment = \$3,225. Price includes \$1,175 Nissan Lease Cash. Negotiated value of vehicle \$26,290.54. Lessee responsible for Insurance, Maintenance, excess wear & mileage. 12k mi/year. Plus tax, title & mv fees. Well qualified credit. Offer Expires 9/30/2020.

HAND PICKED PRE-OWNED...ALL WITH THE TREIBER DIFFERENCE!

2019 TITAN SV 4X4



ONLY 1655 MILES!

Cannot replace this near new Titan UC1794

DON'T MISS OUT!

\$28999*

2018 SENTRA



3 OTHER SENTRAS AVAILABLE

Very clean, all the buttons, great gas mileage. 39k miles. #UC1778

MUST SEE \$13123*

2019 PATHFINDER SL

Leather Navigation H. Seats Rear Air 7 Seater Loaded! #UC1789



ONLY 13,000 MILES

\$29995*

2018 SUBARU FORESTER LIMITED AWD



Leather & loaded. 34k mi. #UC1821

WON'T LAST LONG

\$25995*

2018 ROGUE AWD



Lovely AWD ready for Winter. #UC1750, 41k mi.

\$17895*

2018 HYUNDAI SONATA LIMITED



Clean commuter car, 93k mi. #UC1773

BUDGET FRIENDLY

\$9513*

2020 ALTIMA SL



Leather, Navi., moonroof, 18k miles. #UC1723

\$1000 OFF A NEW ONE

\$22764*

THE TREIBER DIFFERENCE!

- * Oil Changes..... For Life
- * NYS Inspections..... For Life
- * Area Towing..... For Life
- * Courtesy Shuttle..... For Life
- * Business Center..... For Life
- * Night Drop Off..... For Life

POTENTIAL SAVINGS \$685

© 20,000 miles per year and 5 year ownership INCLUDED AT NO EXTRA CHARGE!

TREIBER NISSAN

320 N. Comrie Ave., Johnstown, NY

(518) 736-1300

"If it doesn't say Treiber on the back of your car...you paid too much!"

* Former rental units just add tax and tags.

To Your Good Health

by Keith Roach, M.D.

Insomnia one of many Prednisone side effects

Dear Dr. Roach: I was prescribed prednisone 5 mg twice daily, but I had insomnia, itching and hot flashes from it. I stopped after four days but am still suffering from sleeplessness. Has the prednisone had a permanent effect on my body? — J.W.S.L.

Answer: Prednisone, a powerful anti-inflammatory and immune system-inhibiting steroid, has many side effects on the body, especially insomnia. Hot flashes and itching are uncommon side effects.

Insomnia is more common when prednisone is taken twice daily. Anytime a person gets insomnia, it can create a situation where they become worried about sleeping, which can lead to a persistent problem, even though the effect of the prednisone is gone.

I recommend some routine steps for treating insomnia, such as avoiding bright lights, including any electronic screen, for two hours or so before bed; regular exercise, if the condition for which you took prednisone allows it; and a warm bath before bed. A mild sleep aid, such as melatonin 1 mg or less, may help reset your system, but daily use is not necessary.

Dear Dr. Roach: My wife had a heart attack. They did what they could for her, but she had a 100% blocked artery. They did clean it out, but a week later she had a fatal heart attack.

Five or six months earlier, she called me quite often by a former friend's name. I am wondering if blood was not getting to her brain or if she was starting to get dementia? — G.M.

Answer: I am very sorry about your wife.

People who have blockages in the heart often have blockages in other blood vessels, such as those in the leg, but also those going to the brain. Poor blood flow to the brain may cause changes to memory and other specific problems.

A stroke is very much like a heart attack. Most strokes are caused by poor blood flow to a specific area of the brain, and if it is severe enough, long enough, brain tissue will die, causing loss of function. People who have had multiple strokes are more frequently affected by dementia, called vascular dementia or multi-infarct dementia.

I don't know if this was the case for your wife, but it is certainly plausible. People who notice loved ones having memory lapses should get an evaluation sooner rather than later, as sometimes there are therapies that work better when started earlier.

Dear Dr. Roach: Does BPH increase the possibility of prostate cancer? — A.L.

Answer: Benign prostatic hypertrophy is a common condition in men. About half of men in their 50s have an enlarged prostate, and the proportion gets even higher as men age. The major symptoms of enlarged prostate

are difficulty with urine flow, a sensation of decreased emptying, difficulty initiating urination, and increased frequency of urinating, including at night. As symptoms worsen, incontinence can occur and even kidney damage may result due to the high pressure in the bladder.

The first word in "BPH" is "benign": It is not a cancerous condition. It does not protect against developing cancer, but there does not appear to be an increased risk either, according to the most recent studies.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

(c) 2020 North America Synd., Inc.
All Rights Reserved



Published weekly on Friday by Lee Newspapers
6113 St. Hwy. 5, Palatine Bridge, NY 13428

Publisher, President **Frederick W. Lee**
V.P., General Manager **Bruce Button**
V.P., Treasurer **Janet Lee Stanley**

Classified Ad Manager.....Peggy Patrei
Controller.....Lyndsay Pickel
Editor.....Joan Kark-Wren
Production Coordinator.....Jessica Mackay
Shop Foreman.....Harry Delong
Social Media Coordinator.....Gabbie Albrecht

John Snyder, Sales Manager
518-673-0129, jsnyder@leepub.com

Kari Montes, Sales Associate
518-703-2826, kmontes@leepub.com

Tom Shaver, Sales Associate
315-272-6586, tshaver@leepub.com

Reader ads 518-673-3011 or 800-218-5586
Commercial Printing,
518-673-0101, commercialprint@leepub.com

Send all correspondence to:
Country Editor
PO Box 121
Palatine Bridge, NY 13428
Advertising e-mail: jsnyder@leepub.com
Editorial e-mail: jkarkwren@leepub.com
Web site: www.countryeditor.com

We cannot GUARANTEE the return of photographs. Publisher is not responsible for typographical errors. Size, style of type and locations of advertisements are left to the discretion of the publisher. The opinions expressed in this publication are not necessarily those of the publisher. We will not knowingly accept or publish advertising which is fraudulent or misleading in nature. The publisher reserves the sole right to edit, revise or reject any and all advertising with or without cause being assigned which in his judgement is unwholesome or contrary to the interest of this publication. We assume no financial responsibility for typographical errors in advertisement, but if at fault, will reprint that portion of the ad in which the error appears.

Good housekeeping 2

Grilled cherry tomatoes

These quick and simple grilled cherry tomatoes are a tasty addition to any midweek meal.

- 1 pound cherry tomatoes
- 1 tablespoon olive oil
- 1 tablespoon balsamic vinegar
- Salt and ground black pepper
- 1 pinch sugar

1. Heat the grill until very hot. Place the cherry tomatoes in a grill tray and drizzle the olive oil and balsamic vinegar. Season with salt, ground black pepper and a pinch of sugar.

2. Cook for 4-5 minutes or until the skins just begin to turn brown and burst. Set aside and keep warm until required.

For thousands of triple-tested recipes, visit our web-

site at www.goodhousekeeping.com/food-recipes/.

(c) 2020 Hearst Communications, Inc.
All rights reserved

Grandview Baptist Church

Pastor Dan West

Sunday Service - 11:00am

Wednesday
Prayer & Bible Study 6:00pm

15 Washington St.

Fort Plain

518-993-9929

www.grandviewbapchurch.com

Come Visit Us!

We care because the Lord cares
-I Peter 5:7

Salisbury Ridgerunners Snowmobile Club Inc.

717 Curtis Rd. Salisbury, NY

is now hiring for the following positions for the 2019-2020 Season:

- Bar Manager
- Bartenders
- Wait Staff
- Kitchen & Dining Services Seasonal Rental

Background check and references required.

Fill out application in person by contacting

Don Denapole - 315-360-7156

Attention

CASH FOR CANS & BOTTLES!

JR's is now offering 6 cents on Tuesdays and Fridays

We want your cans by the hundreds and the thousands!! And thru September we will again offer the free case of bottled water for every 1000 Cans or Bottles!! WIN \$100.00 CASH PRIZE for every 100 bottles or cans you bring you enter your name for a chance to win \$100.00! Drawing is on October 1st and this month we will be drawing 3 winners!!

3 - \$100.00 cash prizes!!

Bring your bottles and enter the excitement!!

Mondays thru Friday 8:00am to 4:30pm

Saturdays 8:00am to Noon

JR'S Bottle Recycling!!

7403 St Hwy 5 St Johnsville NY

518-993-4668

Gehring-Tricot Corp. wins Herkimer BOCES Community Partnership Award

Herkimer-Fulton-Hamilton-Otsego BOCES presented Gehring-Tricot Corp. with the 2020 Herkimer BOCES Community Partnership Award

during a Board of Education meeting on Thursday, Sept. 3. Herkimer BOCES Assistant Superintendent for Instructional Services Kathy Fox nominat-

ed Gehring-Tricot for the award for supporting the Herkimer BOCES VP-TECH School and School to Careers programs and introducing students to local career options.

Gehring-Tricot Vice President of Manufacturing Gary Farquhar Jr. said he is proud of the company's involvement in the community and feels honored to receive the award. "It feels good to be appreciated by the community for all the work we're doing," he said.

Gehring-Tricot Corp. was originally scheduled to receive the Community Partnership Award in April during the Herkimer BOCES Annual Meeting.

Farquhar often visits with students at Herkimer BOCES, VP-TECH and component school districts along with Gehring-Tricot HR Manager Kayla Morrill and former NBA and Syracuse Orange star John Wallace.

During a visit to Poland Central School District earlier this year, Farquhar told students more about Gehring-Tricot, which designs and manufactures textiles for apparel, industrial, sports, medical and aerospace use and pretty much

everything in between. The company's Dolgeville location does dyeing and finishing, the Belmont Mills division in St. Johnsville does knitting and the Fall River, MA, facility does weaving.

"When it comes to textiles, we're one of the leaders in the country," Farquhar said, "and a lot of people don't even know we're there."

That's why Gehring-Tricot Corp. has been happy to work with Herkimer BOCES at School to Careers events and with VP-TECH to increase exposure and help with recruiting potential employees to the company.

Herkimer BOCES School to Careers liaison and work-based learning coordinator MaryBeth Napolitano said, "Our friends at Gehring-Tricot Corp. see the value in a partnership with Herkimer BOCES School to Careers and VP-TECH. They are the pipeline to influencing students to achieve workplace ready skills and the desire to gain a solid foundation necessary for employment. Gehring-Tricot is committed to supporting all our programs and initiatives, inspiring our students to become independent and productive cit-

izens." When students tour Gehring-Tricot or learn about the company during a career day, they find out Gehring-Tricot does many interesting things such as creating jerseys for college and professional sports teams and making vests, medical devices and antimicrobial tents for the military.

"It's a lot more than what they envision," Farquhar said. "When kids think textiles, they think shirts and pants."

Some examples of what textiles can do include creating chaps that can stop a chainsaw and making the same fabric repel or absorb water depending on what type of textile is used, Farquhar said. One type of white material can have red Gatorade poured on it and then be cleaned off with cold water.

"What you can do with textiles is really unlimited," he said.

When students realize what the company really has to offer, it's a gratifying experience, Farquhar said.

"It feels good," he said. "We can provide them an opportunity to make a very good living for themselves. Once we see motivated individuals, it's in their hands."



Herkimer-Fulton-Hamilton-Otsego BOCES presented Gehring-Tricot Corp. with the 2020 Herkimer BOCES Community Partnership Award during a Board of Education meeting on Sept. 3. From left, front row: Skip Gehring, Gehring-Tricot president; Kayla Morrill, Gehring-Tricot human resources manager; Gary Farquhar Jr., Gehring-Tricot vice president of manufacturing, and Zane Mahar, Herkimer BOCES principal of technical education. Back row: Kelly Rowland, Herkimer BOCES special education coordinator; Rebecca Roberts, Herkimer BOCES School to Careers school counselor; MaryBeth Napolitano, Herkimer BOCES School to Careers liaison; Sandra Sherwood, Herkimer BOCES district superintendent, and Phillip Keida, Herkimer BOCES assistant principal of technical education.

Photo courtesy of Herkimer BOCES

Experience, Integrity... Families First!

Elect THAD LUKE

FAMILY COURT JUDGE

VOTE EXPERIENCE NOT POLITICS

Took on Court Ordered Assignments and advocated for kids who couldn't do so for themselves
Compassionate and understanding for troubled kids charged with crimes; strove to get them the help they needed
Handled 100's of Family Court matters for the Herkimer County Supreme Court

VOTE NOVEMBER 3RD

WILL REMOVE UNWANTED APPLIANCES FOR FREE

If you have unwanted refrigerators, freezers, washers, dryers, push lawn mowers, riding mowers, bikes, tillers, stoves, hotwater tanks, furnaces in cellar, home, garage.

WILL REMOVE FOR FREE
No Labor Cost To You NO COST TO YOU

518-848-6469

SEASONED FIREWOOD FOR SALE

\$60/Face Cord
\$150/Full Cord
Delivery Available
Call Shawn at 607-287-0380
or Ryan at 315-922-8662

SWEET ACRES ORCHARD

YOU PICK ORCHARD

We have cider, baked goods, apple blossom honey and other locally produced items.
Cortland, Empire and Spies.
We have 1200 trees to pick from plenty of room for social distancing

11145 Huey Road, Leonardsville
315-272-8849

Since 1992

Gift Certificates Available

CUSTOM AUTO CLEANING

1 Maple Ave., Herkimer, NY 13350
315-866-5285
Open All Year Round

CELEBRATING 28 YEARS IN BUSINESS

Washing • Waxing Shampooing Full Detail Packages

Ben Migliore, Jr. ~ Owner

CLIMATE CONTROL SELF STORAGE

We Offer Many Different Sizes For All Of Your Storage Needs.
Prices As Low As \$60/Month

Our units are secure, heated and humidity controlled.
Contact us today for all of your storage needs!

PAY FOR 12 MONTHS AND RECEIVE THE 13TH MONTH FREE
Contact Us At 315-867-4444

Herkimer Storage Outlet
298 Harter Street, Herkimer, NY 13350

To Your Good Health

by Keith Roach, M.D.

Insomnia one of many Prednisone side effects

Dear Dr. Roach: I was prescribed prednisone 5 mg twice daily, but I had insomnia, itching and hot flashes from it. I stopped after four days but am still suffering from sleeplessness. Has the prednisone had a permanent effect on my body? — J.W.S.L.

Answer: Prednisone, a powerful anti-inflammatory and immune system-inhibiting steroid, has many side effects on the body, especially insomnia. Hot flashes and itching are uncommon side effects.

Insomnia is more common when prednisone is taken twice daily. Anytime a person gets insomnia, it can create a situation where they become worried about sleeping, which can lead to a persistent problem, even though the effect of the prednisone is gone.

I recommend some routine steps for treating insomnia, such as avoiding bright lights, including any electronic screen, for two hours or so before bed; regular exercise, if the condition for which you took prednisone allows it; and a warm bath before bed. A mild sleep aid, such as melatonin 1 mg or less, may help reset your system, but daily use

is not necessary.

Dear Dr. Roach: My wife had a heart attack. They did what they could for her, but she had a 100% blocked artery. They did clean it out, but a week later she had a fatal heart attack.

Five or six months earlier, she called me quite often by a former friend's name. I am wondering if blood was not getting to her brain or if she was starting to get dementia? — G.M.

Answer: I am very sorry about your wife.

People who have blockages in the heart often have blockages in other blood vessels, such as those in the leg, but also those going to the brain. Poor blood flow to the brain may cause changes to memory and other specific problems.

A stroke is very much like a heart attack. Most strokes are caused by poor blood flow to a specific area of the brain, and if it is severe enough, long enough, brain tissue will die, causing loss of function. People who have had multiple strokes are more frequently affected by dementia, called vascular dementia or multi-infarct dementia.

I don't know if this was

the case for your wife, but it is certainly plausible. People who notice loved ones having memory lapses should get an evaluation sooner rather than later, as sometimes there are therapies that work better when started earlier.

Dear Dr. Roach: Does BPH increase the possibility of prostate cancer? — A.L.

Answer: Benign pros-

tatic hypertrophy is a common condition in men. About half of men in their 50s have an enlarged prostate, and the proportion gets even higher as men age. The major symptoms of enlarged prostate are difficulty with urine flow, a sensation of decreased emptying, difficulty initiating urination, and increased frequency of urinating, including at night. As symptoms

worsen, incontinence can occur and even kidney damage may result due to the high pressure in the bladder.

The first word in "BPH" is "benign": It is not a cancerous condition. It does not protect against developing cancer, but there does not appear to be an increased risk either, according to the most recent studies.

Dr. Roach regrets that

he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

**(c) 2020 North American Synd., Inc.
All Rights Reserved**

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com CONCERNS ABOUT THE CORONAVIRUS (COVID-19) HAVE CAUSED THE CANCELLATION OF MANY MEETINGS. PLEASE CONFIRM ALL MEETINGS WITH THE HOST LOCATIONS BEFORE TRAVELLING TO THE MEETING LOCATION.

September 18 and 19, 25 and 26

Rummage Sale 9 a.m.-5 p.m. each day at Cold Brook United Methodist Church, 467 Main St. (Rt. 8), Cold Brook. Masks and distancing required.

September 22, 28 and 29

Herkimer County Public Health Immunization Clinics. Sept. 22: 9-11 a.m. and 1-3 p.m. Sept. 28: 3-6 p.m., Sept. 29: 9-11 a.m. and 1-3 p.m. Immunization clinics are by appointment only. Please call 315.867.1176 to schedule an appointment. Following COVID-19 rules.

September 23

Ilion's Food Truck Frenzy Live Entertainment schedule. Every Wednesday 4-8 p.m. 39 Pleasant Ave., Ilion. Sept. 23 - Matt Migliore

September 24 and November 12

Arc Herkimer to host Free Autism Workshops. Anxiety & Autism with Dr. Christopher Lynch on Thursday, Sept. 24, 10 a.m. - 12 p.m. And Competency & Coping with Dr. Brad Bennett on Thursday, Nov. 12, 9 a.m. to 12 p.m. In-person option with a limited seating or virtual option via Zoom. For more information or to register, refer to www.archerkimer.org.

September 25-28

41st Annual Remsen Barn Festival of the Arts is going VIRTUAL for the first time ever from the morning of Friday, Sept. 25 until the evening of Monday, Sept. 28 at www.VirtualBarnFest.com. For more information contact Deborah Cotton, Barn FOTA Representative at dcotton1@roadrunner.com or 315.534.4433.

September 29

A public vote for residents in all Herkimer-Fulton-Hamilton-Otsego BOCES component school districts has been rescheduled to Tuesday, Sept. 29, for the Herkimer BOCES proposal to

purchase the Remington school building from Central Valley.

The next step is for residents of all 10 component districts to vote on Tuesday, Sept. 29, whether to authorize the purchase of the building by Herkimer BOCES. The vote was previously scheduled for March 31, but was postponed in response to coronavirus regulations. Qualified voters may vote from noon to 8 p.m. at any location scomponent district voting location or at the Herkimer BOCES William E. Busacker Complex Technical Education Conference Room at 352 Gros Blvd. in Herkimer. Find out more information about the purchase proposal and the vote at www.herkimer-boces.org/remingtonbuilding.

September 30

Ilion's Food Truck Frenzy Live Entertainment schedule. Every Wednesday 4-8 p.m. 39 Pleasant Ave., Ilion. Sept. 30 - Poor Tim.

Virtual Program - Murders That Are A Mystery at 6:30 p.m. presented by local Herkimer County historian and author Jim Greiner. Free program presented through Zoom. Link will be available the day of the program on our Facebook page and on the Society's website. To have the link emailed to you, send an email to herkimerhistory@yahoo.com. For more information, call 315.866.6413.

October 1

Rabies Vaccination Day 5:30 - 7 p.m., Little Falls Town Garage, 478 Flint Ave. Ext., Little Falls 13365. Pre-register by calling 315.867.1176.

October 2 and 3

Fourth Annual Basket Raffle. Noon-6 p.m. both days. Mohawk Reformed Church, 20 South Otsego Street, Mohawk. Many themed baskets and gift cards. Masks required and CDC guidelines will be followed. Contact 315.866.4292 or mrcoffice@verizon.net for further information.

October 4

Chicken BBQ at East Herkimer Fire Department, 193 Main Road, East Herkimer. Serving 12:30-3

p.m. Carry-out only. Tickets \$10. Limit 400 dinners. Ticket information: Dan Wellington 315.868.5394.

Ham and Scalloped Potato Dinner sponsored by the East Schuyler Methodist Church at the VFW Post 502, 4274 Acme Road, Frankfort. Curbside pickup only. \$14. Children 10 and under: \$5.

October 10

Chicken BBQ 3:30 p.m. at Stratford Methodist Church, Route 29 A Stratford. Take outs only. \$10 adults. \$5 Children. Call 315.429.3780.

October 11

Chinese Auction and Drive-Thru Chicken Barbecue at Poland Fire Station #1, 216 NY Route 8, between Poland and Cold Brook. Drive through from noon until sold out. Take out only. No seating. Chinese Auction: Purchase tickets noon - 4 p.m. Masks and distancing required. Guests will enter according to October NYS Guidelines. No guests during drawings. A portion of the drawings will be live-streamed. Call 315.826.7141 for information.

October 15

Chicken Schnitzel Dinner 4-7 p.m. Take out only. At Emmanuel Episcopal Church, 594 E. Albany St., Little Falls. Curbside drive up and walk-ins. Call ahead suggested at 315.717.9462 or 315.823.1323. Leave a message if there is no answer. Free delivery (Little Falls only). \$10. Includes meal and dessert.

November 1

Meatloaf Dinner at St. Paul's Universalist church, Little Falls. 4-7 p.m. Takeout only. \$10 Delivery to a limited area. Call 315.823.2284. There will be someone at the church from noon on the day of the event.

November 7

Rabies Vaccination Day 1:30 - 3:30 p.m., East Herkimer Fire Department, 193 Main Rd., East Herkimer 13350. Pre-register by calling 315.867.1176.

USDA Butchered Beef • Pork
Raised Responsibly
on our Farm

Bulk Burger \$6/lb
Patties \$7/lb
Steaks & Roasts \$8/lb

All Pork \$6/lb

Bacon • Sausage
Pork Chops • Hams
Ham Steaks

Quantity Discounts

FARM STAND

7556 St. Hwy. 5S, Fort Plain
Corner of Snell & 5S
Hours: M-F 3-6; Sat & Sun 11-3

Hillside Farms
518-332-9143

LOGAN BECK FARM LLC



All Your Home Grown Feeds At Amazing Pricing!!!

Call our office for prices at
518-993-2279
or **518-705-9668**
or stop in and see us at
338 Nellis Road,
Fort Plain, NY 13339

Hours: Monday-Friday 7AM-5PM, Saturday 7AM-12PM,
Closed Sunday

Now Offering Local
Delivery At No Charge
- 20 Bag Minimum

FOR RENT

**2 bedroom house located on dead end street
Call 993-2290**

Area Church Services

COLD BROOK
COLD BROOK
UNITED METHODIST CHURCH
 467 Main St.
 Sunday Worship 10:30 AM

DOLGEVILLE
NEW HOPE CHRISTIAN FELLOWSHIP
 Pastor Pat Andreoli
 32 Spencer St.
 Sunday School 9:30 AM
 Sunday Worship 10:30 AM
 Tuesday Bible Study 7 PM

GRACE BAPTIST CHURCH OF DOLGEVILLE
 Pastor Len Byerly
 12 Van Buren St.
 Morning Worship 11-12:30 PM
 Lunch 12:30-2 PM
 Afternoon Worship 2-3 PM

DOLGEVILLE UNITED
METHODIST CHURCH
 Rev. Anthony Bradseth
 21 N. Helmer Ave.
 Church Phone 429-7381
 Sunday Church Service
 Oppenheim @ 9:30 AM
 Dolgeville @ 11 AM

DOLGEVILLE CHRISTIAN FELLOWSHIP
 Pastor Marvin Isum
 3 Elm St. Phone 429-8390
 Sunday Worship 10:30 AM
 Mid-week Service Tuesday 7 PM

UNITED LUTHERAN
PRESBYTERIAN PARISH
 26 E. Faville Ave.
 Worship 11 AM

ST. JOSEPH'S ROMAN
CATHOLIC CHURCH
 Father Brian Slezak, Pastor
 31 N. Helmer Ave.
 Phone 315-823-3410
 Mass 9 AM Sunday

EAST SCHUYLER
CHRISTIAN ASSEMBLY OF SCHUYLER
 Pastor Mark Sowersby
 3659 Route 5, East Schuyler
 Sunday Worship 10:30 AM
 Wednesday Night 6:30 PM
 Phone 315-895-0926
 Christianassemblyofschuyler.com

FRANKFORT
OUR LADY QUEEN OF APOSTLES
 414 Frankfort St., Frankfort, NY
 Pastor: Father Paul Catena
 Deacon: Micheal Carbone
 Mass Schedule: Saturday 5:30 PM;
 Sunday 9:00 AM; Tuesday & Thursday 9:00 AM

HERKIMER
SS PETER and PAUL ORTHODOX CHURCH
 Fr Vasil Dubee & Fr Dn Demetrius Richards
 305 Main Rd., Herkimer
 Phone (315) 866-3272
 Saturday Vespers -
 5 PM (spring/summer months)
 4 PM (fall/winter months)
 Sunday Divine Liturgy 9:30 AM Sundays

HERKIMER
TEMPLE BETH JOSEPH
 327 N. Prospect St.
 Phone 866-4270
 Friday 7 PM

ST. FRANCIS de SALES CHURCH
 Rev. Mark Cunningham, Pastor
 219 N. Bellinger St.
 Phone 866-4282
 Saturday Vigil Mass 4 PM
 Sunday Mass 8 & 10:30 AM

CHURCH OF SAINTS
ANTHONY and JOSEPH
 229 S. Main St.
 Phone 866-6373
 Sunday Mass 10 AM
 No Saturday Vigil

REDEEMER CHURCH
 Pastor Michael Servello
 931 Herkimer Rd.
 Utica, NY 13503
 Phone 792-4748
 Saturday 6 PM • Sunday 9 & 11 AM

OAK RIDGE FREE METHODIST CHURCH
 Pastor Chris Schumske
 838 W. German St.
 Worship Service for adults & children
 8:30 AM & 10:30 AM
 with Ridgekids for the children (0-5th grade)
 Phone 866-0575

UKRAINIAN ORTHODOX CHURCH OF
ST. MARY'S PROTECTRESS
 326 Moore Ave.
 Sunday Divine Liturgy 10 AM
 Holy Day Liturgy 9 AM
 Phone 866-1336

NEW LIFE CHURCH
 Pastor David Hayner
 337 Protection Ave.
 Phone 866-1164 • www.nlc-mc.org
 Worship 10 AM
 Wednesday Worship 6:30 PM

TRINITY EVANGELICAL
LUTHERAN CHURCH
 Corner of West German & Henry Streets
 Phone (315) 866-6474
 Sunday Worship Services
 9 AM Spoken Service
 9 AM Faith Formation Sunday School
 10:30 AM Service with Music
 Bible Studies on Thursday Mornings at 10 AM

THE SALVATION ARMY
 Lieutenants John and Lori Wood
 429 N. Prospect St.
 Phone 866-1240
 www.thosalvationarmy.org
 Sunday School 10 AM
 Morning Worship 11 AM

FIRST UNITED
METHODIST CHURCH
OF HERKIMER AND LITTLE FALLS
 Pastor Joelle Faulks
 Prospect St & Park Ave.
 Sunday Worship and Sunday School
 9:00 AM

HERKIMER
CHURCH OF JESUS CHRIST
OF LATTER-DAY SAINTS (MORMONS)
 Branch President Blake Francisco
 Gros. Blvd., East Herkimer
 Phone 315-866-8095
 Priesthood/Relief Society 12:10 PM
 Sunday School 11:20 AM
 Sacrament Meeting 10 AM
 Family History Center hours by
 appointment; please leave a message at
 315-866-7189

HERKIMER REFORMED CHURCH
 102 Church St.
 Phone 866-1523
 Worship 9:30 AM
 Sunday School 11 AM
 Shepherd's Table:
 Tuesday 11-12:30 PM
 Thursday 11:30-12:30 PM
 Shepherd's Table Dinner:
 First & Third Tuesday 6 PM

CHRIST EPISCOPAL CHURCH
 300 N. Main St.
 Church Office (315) 866-0551
 Email: christchurchherkimer@mail.com
 www.christchurchherkimer.org
 Sunday Services: 10:30 AM
 Free Community Dinner: Last Saturday of the
 month, 5:00 PM on Mary Street Entrance

ILION
ILION COMMUNITY CHURCH
 Pastor Dean Mabry
 44 Central Plaza
 Sunday Worship 10 AM
 Child Care/Kids Church Available
 ilionchurch.com

SAINT AUGUSTINE'S
EPISCOPAL CHURCH
 Bishop - Dan Herzog
 78 2nd Street
 Phone: (315) 894-3775
 Sunday School at 8:45 AM
 Adult Bible Study at 8:45 AM
 Holy Eucharist at 9:35 AM

FIRST PRESBYTERIAN CHURCH
 90 Morgan St., Ilion, NY, 13357
 Reverend Richard Riggle
 Bible Study 9:30 AM
 Church Service 10:30 AM
 315-894-2070

FIRST BAPTIST CHURCH
 8 Second Street
 Reverend John Partise
 Wednesday Mid Week Service 7 PM
 Sunday Morning 11 AM

MORNING STAR UNITED
METHODIST CHURCH
 36 Second Street
 Pastor Joelle Faulks
 Sunday Worship 10:30 AM
 November 1 - May 1
 4224 Acme Rd, Frankfort
 May 1 - November 1
 36 Second Street, Ilion

ILION
ANNUNCIATION CHURCH
 109 West Street, Ilion, NY
 Pastor: Father Paul Catena
 Deacon: Micheal Carbone
 Mass Schedule: Saturday 4:00 PM; Sunday
 11:00 AM; Monday & Wednesday 9:00 AM

LITTLE FALLS
FIRST BAPTIST CHURCH
 555 Albany St.
 315-823-3392
 Morning Worship 10:15 AM
 Rev. Chris J. Wintermute, Lead Pastor
 Rev William Whalen, Associate Pastor
 Nursery (infants through age 4)
 Meet and Greet Sunday at 8:30 AM
 Sunday School Classes 9:00 AM (nursery
 through adult)
 **Our Service is aired on 100.3 FM,
 91.1 FM & 88.7 FM on Sundays from 11-12
 with a 1 week delay.

ST. PAUL'S UNITARIAN
UNIVERSALIST CHURCH
 Minister Jeffrey J. Frank
 Mark Bunce, Organist
 565 Albany St.
 Phone 823-2284
 Sunday Service & Religious Education 10 AM

HOLY FAMILY PARISH OF THE ROMAN
CATHOLIC COMMUNITY OF LITTLE FALLS
 Father Brian Slezak, Pastor
 763 E. Main St.
 Phone 823-3410
 Saturday Vigil Mass 4 PM
 Sunday Mass 10:30 AM

EMMANUEL EPISCOPAL CHURCH
 588-594 Albany St.
 Sunday Schedule:
 High Mass, Rite II 10 AM
 Nursery & Sunday School 9:45 AM
 (Sept.-May)
 Fellowship Coffee Hour 11:15 AM
 Choir Rehearsal 11:30 AM
 Holy Day Masses as announced
 Confessions by appointment

LITTLE FALLS
FIRST ASSEMBLY OF GOD
 Senior Pastor Timothy Parisi
 559 E. Jefferson St.
 Phone 823-4043 • firstaglf@gmail.com
 Sunday Morning All Worship 10 AM
 Thursday Bible Study 6:30 PM

HOLY TRINITY LUTHERAN CHURCH
 512 E. Gansevoort St.
 Sunday Worship 9:30 AM
 Sunday School 9:15 AM
 Wednesday Services 12:10 PM & 7 PM

FIRST PRESBYTERIAN CHURCH
 Pastor Tamara Razzano
 16 Jackson St.
 Phone: 315-823-3004
 Email lfirstpres@gmail.com
 www.presbylif.org
 Sunday Worship 10 AM
 Sunday School 10 AM

LITTLE FALLS
INGHAMS MILLS BAPTIST CHURCH
 Rev. Gary L. Busch, Pastor
 Sunday Worship Service 10 AM
 443 Inghams Mills Rd.
 Little Falls, NY 13365
 Pastor's Phone (315) 717-9936

MIDDLEVILLE
MIDDLEVILLE UNITED METHODIST
 Pastor Wayne Getman
 24 Rte. 29
 Phone 845-8730
 Sunday School 9:30 AM
 Worship Service 9:30 AM

MOHAWK
GRACE EPISCOPAL CHURCH
 7 E. Main St.
 Phone 315-866-4782
 or 315-520-4723
 Holy Eucharist 10 AM

DENNISON CORNERS
COMMUNITY CHURCH
 Pastor Donald King
 219 Robinson Rd. • Phone 866-5215
 Sunday:
 Sunday School 9:45 AM
 Morning Worship 11 AM
 Evening Worship 6 PM
 Wednesday Prayer 7 PM

MOHAWK REFORMED CHURCH
 Rev. Brian Engel, Pastor
 20 S. Otsego St.
 Phone 866-4292
 Email mohawkpastor@verizon.net
 Follow us on Facebook
 Morning Worship:
 10:30 AM Sept. - June • 9:30 AM July-Aug.
 Youth Sunday School (Pre-K - Sr. High) 9 AM
 Adult Sunday School (Men, Women
 & Couples) 9:30 AM
 September - June

EMMANUEL BIBLE CHURCH
 Pastor Gary Wilcox
 54 W. Main St. • Phone 717-3011
 Sunday School 9:45 AM
 Morning Worship 11 AM
 Fellowship Lunch 12:30 PM
 Afternoon Bible Study 1:30 PM
 Wednesday Prayer & Bible Study 6 PM

MOHAWK
CHURCH OF THE BLESSED SACRAMENT
 Sr. Mary Jo Tallman, CSJ,
 Parish Life Director
 Rev. Mark Cunningham,
 Sacramental Minister
 71 E. Main St.
 Phone 866-1752
 Saturday Vigil Mass 5:30 PM
 Sunday Mass 9:30 AM

CHRISTIAN BIBLE CHURCH
 H. Ed Reed, Pastor/Teacher
 167 Ward Rd. • Phone 858-1282
 www.christianbiblechurch.us
 Sunday School 9 AM
 Sunday Worship 10 AM
 Wednesday Bible Study
 & Prayer Meeting 7 PM

MOHAWK
THE WORD CHRISTIAN CENTER
 Pastor Gene Kipper
 27 E. Main St. • Phone 868-1790
 Sunday Services at 10 AM
 Intercession - Tuesdays at 7 PM
 Free Community Dinner the last
 Thursday of the Month at 6 PM

NEWPORT
FIRST BAPTIST CHURCH OF NEWPORT
 7497 Main Street
 Pastor's Phone 315-790-1877
 Sunday Worship at 9:45 AM

UNITED METHODIST
 Pastor Wayne Getman • Phone 845-8730
 Sunday School 11 AM
 Morning Service 11 AM

KUYAHOORA COMMUNITY CHURCH
 Pastor Dwayne Durand
 West Canada Valley
 High School Auditorium
 5447 St. Rt. 28
 Mailing Address PO Box 50
 Middleville, NY 13406
 Phone 315-292-1303
 www.kuyahorracc.org
 Weekly Service Sunday 10:08 AM

ST. JOHN THE BAPTIST CATHOLIC CHURCH
 St. John the Baptist Parish
 7516 N. Main St. • Phone 845-8017
 Saturday Vigil 4 PM
 Sunday Mass 8:30 AM

PAINES HOLLOW
PAINES HOLLOW UNITED METHODIST
 Lay Servant Gregg Sponburgh
 Rtes. 167 & 168 • 315-866-1128
 Worship 9-10AM

SALISBURY CENTER
FULL GOSPEL ASSEMBLY OF GOD
 Pastor Robert Brent
 106 Plant Road
 Sunday Worship 11 AM with Children's
 Church offered during the service

SALISBURY CENTER
UNITED METHODIST CHURCH
 2545 State Route 29
 Pastor Mark Hediger • 315-429-9085
 pastormark@aol.com
 Sunday Worship: 10:30 AM
 Weekly Bible Studies

STRATFORD
STRATFORD UNITED METHODIST CHURCH
 1511 State Route 29A
 Pastor Mark Hediger • 315-429-9085
 pastormark@aol.com
 Sunday Worship: 9:00 AM
 Childrens' Sunday School: 9:00 AM
 Weekly Bible Studies

Walking by Faith

Humphrey Memorials, Inc.
 3051 State Rte. 28,
 Herkimer, NY 13350
 Monument Sales & Engraving
 Professional Memorial Cleaning
 Specialty Sandblast & Etching
 315-866-4471
 humphreymemorials.com

BIG M
 SUPERMARKET
 Lamberson St.,
 Dolgeville • 429-8518

115 Court Street
 Herkimer, NY
 (315) 866-4590
 40 West James Street
 Richfield Springs, NY
 (315) 858-1810
 Same Ownership

COLLIS
True Value.
HARDWARE
 Help Is Just Around The Corner
 104 N. Main St., Herkimer,
 Ph. 866-0826

Main Street
Chiropractic
 Health and Wellness Center
 • Flexible Walk in Hours
 Dr. Kathleen Fusco
 • Insurance Not Necessary
 8841 N. Main Street
 Poland, NY 13431
 (315) 826-7772

DIEDRICH
 Associates
Valley Realty
 315-866-7702
 Cell 315-868-4339

"It's Always Worth A Trip To Zipp"
ZIPP
True Value
Hardware
 73-77 N. Main St. Dolgeville
315-429-9761

Quality Used
 Cars With a
 Warranty!
WHITCOMB AUTO
SALES
 6500 St. Rt. 5, Little Falls, NY 13365
 Thomas C. Whitcomb, Owner
 Phone 315-823-1320
 www.whitcombautosales.com

Whiter-Hendrix
Funeral Home, Inc.
 Since 1893
 "When Experience Matters"
100 Otsego Street
Ilion, New York
894-3781

LYNCH
 Heating
 & Cooling
 11 South Main St.,
 Dolgeville
518-527-9881

NTC
NET
 Newport
 Telephone
 Company

Faith

Tips for harvesting pumpkins and winter squash

by **Bonnie Kirn Donahue**,
Extension Master Gardener, UVM

Fall brings many great things that come in beautiful shades of orange, yellow, red and brown. Pumpkins and winter squash are among the most wonderful of these.

Autumn's fluctuating temperatures and the threat of frost bring challenges to growing these in your garden. Here are some ideas to keep in mind for a great crop this year.

Pumpkins and winter squash generally are ready to pick when they have fully changed color and the skin is tough. A common test is to scratch the skin with your fingernail. If the skin is soft and breaks, it is not ready to pick. If it is hard, the fruit could be harvested.

Vine health also is

an indicator of when the fruit should be harvested. If the vines are healthy, green and disease-free, you could let your fruits ripen in the garden longer. If the vines are turning crispy, yellowing or dying, consider harvesting.

Both leaves and fruits are sensitive to frost, which complicates the approach of waiting until the fruit is ripe to harvest. A hard frost can damage the skin of fruits as well as kill the plant leaves and vines.

If a hard frost is forecasted, it is probably a good idea to harvest your pumpkins and squash. Luckily, if you have to pick these before they have fully changed color, they will continue to ripen off the vine. How much green is left may shorten their storage lifespan, but a shorter

storage life is better than a squishy rind from frost damage.

If your patch is small, another option when frost is predicted is to cover the area completely with blankets, bed linens or drop cloths, using small stakes to prevent

the material from touching the foliage. Weight down the outer edges of the covering to prevent cold air from getting in, and be sure to remove the next morning when temperatures rise.

When harvesting, cut the stem cleanly using a

knife or clippers, about three to four inches from the fruit. Avoid picking up the fruit up by its stem. A broken stem will mean that the fruit will not last as long in storage.

After picking your pumpkins and winter squash, place them in a warm, dry and ventilated place, such as a covered or sun porch, garage or shed, to cure for one to two weeks at about 80-85° F. Curing helps the fruit heal over any cuts or scratches and seals the stem. Without curing, these openings in the skin or stem can shorten the storage life of the fruits, making them rot faster.

If temperatures remain warm, you can cure pumpkins and squash outdoors for a few weeks before storing, but keep in mind that squirrels

and chipmunks may feast on your harvest. Orange varieties can be cured in the sun, while white varieties should be cured out of direct sunlight. After curing, store your pumpkins and winter squash in a cool, dry, well-ventilated place with temperatures of about 50-60° F.

Different varieties may have different harvesting and curing requirements, expected length of storage and best time timing for eating. Therefore, it's a good idea to double-check the seed company's website or talk with the experts at your local greenhouse to get recommendations for the specific varieties you are growing.

Here's to an autumn and winter filled with the sweet, orange and yellow sun-warmed memories of summer.



If a hard frost is forecast, you can harvest your pumpkins, even if they haven't fully changed color as they will continue to ripen off the vine.

Photo by Bonnie Kim Donahue

**Country Carriage
Auto Body**
315-826-7535
• Frame Straightening • Expert Painting
• Towing Available • Hunter 4-Wheel Alignment
Complete Collision Repairs

COLLINS REPAIR SERVICE
Collision, Auto Body
INSURANCE CLAIMS WELCOME
Over 30 Years Experience
RUSSELL COLLINS, OWNER
2923 State Route 168, Mohawk
(315) 866-7040 • collinsrepair58@gmail.com

MOSHER'S
PLUMBING & HEATING LLC
• Roto Rooter Services • Air Conditioning
• Home Heating Systems • Water Heaters and more
24 HOUR EMERGENCY SERVICE
Brian Mosher Over 20 Years Experience
315-868-1846 518-568-7939

Humphrey Memorials, Inc.
MONUMENTAL DESIGN & SALES
CEMETERY LETTERING • RESTORATION
3051 State Rte. 28, Herkimer, NY 13350
315-866-4471 or 518-848-0963
Established in 1946
www.humphreymemorials.com
humphreymemorials@gmail.com
MAJOR CREDIT CARDS ACCEPTED

Bravo's Heating & Air Conditioning
315-868-6491
Air Conditioner Tune-Up Starting @ \$85
New Energy Efficient Systems Available
Ntl. Grid Rebate • Energy Savings up to 40%
Forced Air • Hot Water & Radiant • Plumbing • Water Heaters
"You know a Guy"
WE INSTALL & SERVICE ALL BRANDS
www.bravohvac.com

Sundays 11-2
Find Us In the Parking Lot at the Dummy Light!
Social Distancing Will Be Required
CANAJOHARIE FARMERS MARKET
• Please Wear A Mask
• Hand Sanitizer Stations Available
• Support Local Agriculture!
Sponsored by Lee's Shops at Wagner Square
24 Church Street • Canajoharie, NY 13317

Home Land & Site Clearing
Serving Herkimer & Otsego Counties
FULLY INSURED
Ron's Tree Removal
Mohawk, New York 13407
32 Years Experience Clipping • Trimming Senior Citizen Discounts
Stumping • Clean Ups & Firewood
FREE ESTIMATES
315-866-3889 or 315-214-1267

Open Tuesday - Saturday 4:30 - 9:00pm
the willows... A great place to eat
Contemporary American • Private Functions • Reservations Recommended
Chef/Owner - Luke Barrett
900 Culver Ave., Utica, NY 13501 **Willowsfutica.com** 315-765-0271

Herkimer BOCES Pathways Academy yearbook cover represents students uniting at Remington school

The Herkimer-Fulton-Hamilton-Otsego BOCES Pathways Academy at Remington 2019-20 yearbook cover design created by students and staff has taken on a higher level of symbolism as the future of the Remington school building where Pathways Academy is located will be determined in a public vote on Tuesday, Sept. 29.

The yearbook cover artwork shows the names of the 10 Herkimer BOCES component school districts as the roots of a tree. The tree trunk has the initials of 2019-20 Pathways Academy seniors and the word "Pathways" is displayed inside a heart-shaped opening in the tree. The branches have "opportunities for growth" and other positive words displayed on them.

"We liked the idea of the tree being like this building - all the districts coming together as one," said Cheri Evangelista, a Path-

ways Academy teaching assistant who is co-advisor of the Pathways Academy Yearbook Club with art teacher Dina DeSarro. "Even though they come together from different schools, we come together as one student body."

The Pathways Academy yearbook design was created prior to the governor's order closing schools in March in response to the coronavirus health crisis. School continued virtually, and yearbooks were mailed to students in June. Pathways Academy students returned to school on Tuesday, Sept. 8.

Residents from all Herkimer BOCES component districts will have the opportunity to vote from noon - 8 p.m. on Sept. 29 on whether to approve the Herkimer BOCES proposal to purchase the former Remington Elementary School building at 77 E. North St. in Ilion from Central Valley. The Cen-

tral Valley community voted 256-16 on Nov. 12, 2019, in favor of selling the building to Herkimer BOCES.

All together

The Herkimer BOCES Pathways Academy focuses on students who have had a difficult time in a traditional school structure or have to catch up on credits but have the ability to get a high school diploma. Pathways Academy classes are project-driven and infuse career and technical education.

For Pathways students, the Yearbook Club is a way to learn responsibilities and deadlines like they would have in a real job, and it gives them something to take pride in, the yearbook advisors said.

Pathways Academy student Arianna Gulley, of Richfield Springs, played a particularly significant

Herkimer 11



The cover of the 2019-20 Herkimer-Fulton-Hamilton-Otsego BOCES Pathways Academy yearbook is pictured here. The design includes ideas and artwork by students and staff. It was inspired by the Herkimer BOCES and Pathways Academy logos and the ideas of students from the 10 Herkimer BOCES component districts coming together as one in the Pathways Academy at the Remington school building. For information about a public vote on Tuesday, Sept. 29, on a Herkimer BOCES proposal to purchase the building from Central Valley, visit www.herkimer-boces.org/remingtonbuilding. Photo courtesy of Herkimer BOCES

PUBLIC AUCTION

Saturday, Sept. 26th - 9:30AM

1582 St. Hwy. 162, Sprakers, NY 12166

Tractor - Tools - Trailer - Household - Shed - Amish Carriage

Trailer: Tandem axle, enclosed, good condition;

Tractor: 420 WJD gas w/snowblade, serial #126074, good condition;

Shed: 8x12 storage shed w/log siding;

Mowers: 20V Dewalt Lawn Mower; Large Snapper Pro Commercial Grade Walk Behind Mower w/dump & scraper blade;

Tools: Alum. 16ft. extension ladder; 10" table saw; air tank; #22 meat grinder with Honda engine; 20# propane tank; Sears 10' chop saw; 2 portable air compressors; Buddy heater; box masonry tools; 2-20lb. propane lights; painting supplies; electric cords; Black-Decker jigsaw; electric Makita grinder; 18 volt Dewalt tools; fence parts; 150 fence posts; rabbit feeders; ice fishing poles; 10' kayak; propane stove; propane heaters; electric washer; small tool chest; sausage stuffer; misc. garden tools; Poulan Pro lawn mower; air saw; alternator; 2-step ladder; sledge hammer; hose reel; chicken cage; sawhorses; air hoses; bag wagon; 4ft level; boxes of bolts, screws; plumbing supplies; garden seeder;

Household Items: 4 pc. bedroom suite; bookcase; clothes tree; folding chairs; 2 platform rockers; hickory rocker; 2 recliners; propane light w/cabinet; 6 wooden chairs; extension kitchen table; 2 wooden waste cans; 2 platform rockers; rebounder; comforters; throws; blankets & misc.; magazine stand; magazine rack; shoe rack; clock shelf; office chair; refrigerator; 2 bar chairs; plastic storage shelf; rugs; etc.; numerous books; trike; waste can; dish cupboard; utility cart; clocks; canners; metal shelf; small fridge; propane stove; chest of drawers; wooden benches; games; glassware.



Lic # AU005568

518-921-2016
Auction Zip # 18971

No buyers premium

Sale for Rudy Yoder

*All Announcements Day of Sale
Take Precedence Over Advertising*

Food Available

Hard Crust Specialist
Bread 🍞 Tomato Pie
Sausage/Spinach Rolls
& Other Assorted Rolls
(315) 798-8709

Voted #1 Once Again!!
OD's Best of the Best
Please Vote!
Voting Sept 23 - Oct 7

Homemade Pasta
Imported Cheese
Deli Cold Cuts/Olives
(315) 798-8709
Lunch Subs
& To Go Dishes

LICARI MOTOR CAR Service Center

Licari Motor Car, Inc.
Motor Car Inc.
BEST LOCAL AUTO SERVICE

Oil Change Special \$28⁹⁹
UP TO 5 QUARTS OIL
Semi-Synthetic
Full Synthetic \$65
Mention This Ad Or Bring In Coupon
We Match All Competitor Coupons!

15% Off BRAKE JOBS
Mention This Ad Or Bring In Coupon

\$5 OFF NYS Inspection

202 Route 28N
Herkimer, NY 13350
315-866-4141 LMCService@cnyemail.com

~Now Doing Motorcycle Inspections~

Service Opens
M-F 8am
Sat. 9am-1pm

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Baseball has been added. 2. Building is gone. 3. Catcher's shoes are different. 4. Fence has been repaired. 5. Pitcher's pants are longer. 6. Boy's hat is different.

Weekly SUDOKU

by Linda Thistle

7	6			5				9
		3			6			1
8			2	9		4		
		2	8		5		1	
	5			1			6	7
9			4				8	
		6	9					3
1	4			3		6		
	2				4		5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

© 2020 King Features Synd., Inc.

King Crossword

ACROSS

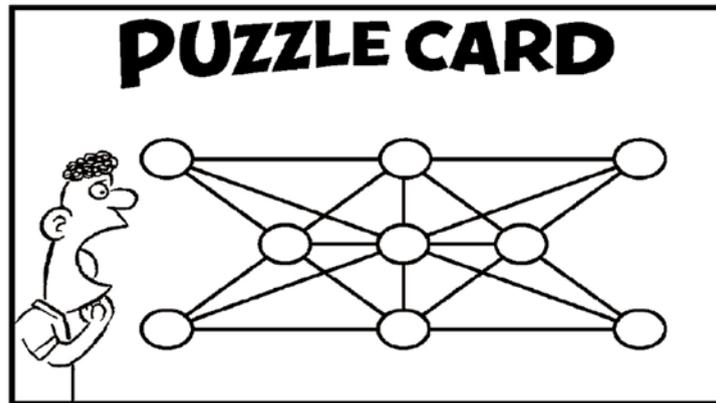
- 1 Drink heartily
- 5 Coffee, in slang
- 8 Snatch
- 12 Maze option
- 13 Possess
- 14 Elderly
- 15 Not all one kind
- 17 Clinton's Arkansas hometown
- 18 Delivery co.
- 19 Source
- 21 Song of praise
- 24 "East of Eden" character
- 25 Charged bits
- 26 Lit into
- 30 Explosive letters
- 31 External
- 32 Eisenhower
- 33 Lent a hand
- 35 Appear
- 36 Dud
- 37 Familiar form of address
- 38 1954 doo-wop hit for The Crew-Cuts
- 41 Pirouette pivot
- 42 Deserve
- 43 Transferred, in law
- 48 List-ending

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
			18			19	20			
21	22	23			24					
25				26				27	28	29
30				31					32	
33		34						35		
			36				37			
38	39	40				41				
42				43	44			45	46	47
48				49				50		
51				52				53		

- abbr.
- 9 Quite eager
- sample
- 49 Mad Hatter's party drink
- 10 Military visored hat
- 31 Norway's capital
- 50 Continental coin
- 11 Paradise
- 34 "I wish"
- 16 Spinning stat
- 35 Prolonged attacks
- 51 Say it isn't so
- 20 Bellow
- 37 Japanese pond carp
- 52 Listener
- 21 Pocket bread
- 38 Caraway, for one
- 53 Unforeseen problem
- 22 Half of the offspring
- 39 Loathe
- 23 Picnic invaders
- 24 — in the right direction
- 40 Cereal choice
- 41 Despot
- 26 Convert to computers
- 44 Vast expanse
- 45 Sister
- 5 Write quickly
- 27 Told a tale
- 46 Mound stat
- 6 Have bills
- 28 — out (supplemented)
- 47 Pooch
- 7 Backed
- 29 Showroom
- 8 Sesame paste

© 2020 King Features Synd., Inc.

A CLASSIC COIN PUZZLE! Place 9 coins on the table and challenge your friends to arrange them in 10 rows, each row containing 3 coins. Below is our solution.



©2020 King Features Syndicate, Inc.

Junior Whirl
by Charles Barry Townsend

1.	A					M
2.		A				M
3.			A		M	
4.				A	M	
5.		P			M	
6.		P				M
7.	P					M

Illustrated by David Coulson



THE ALL DAY, ALL NIGHT, BIG WORDS PUZZLE!



Using the definitions and anagrams below, you must find the seven eight-letter words that fit into the framework pictured on the left. The letters in the two anagram words, for each definition, must be unscrambled and used to form the word asked for.

- DEFINITIONS:**
- 1. A place to wait.
 - 2. Football break.
 - 3. A railroad job.
 - 4. Used in mining.
 - 5. Fictional newspaper reporter.
 - 6. Long-snouted animals.
 - 7. To announce publicly.
- ANAGRAM:**
- tome + roan
 - fail + them
 - make + bran
 - many + diet
 - menu + spar
 - moss + soup
 - mail + crop

THIS MAN is about to install a new door in his house. Can you take the letters in NEW DOOR and rearrange them to make one word?



Answer: The letters in NEW DOOR can be arranged to spell ONE WORD, just what we asked for.

SUMMER CAMP BADGES! At right is a word square. Can you find the four five-letter words that match the definitions below? All words used must read the same both across and down.

- 1. Made jeering remarks.
- 2. Copy of an object.
- 3. (BADGE, in place.)
- 4. Encouraged to act.
- 5. Feats, or exploits.

1	2	3	B	4	5
2			A		
3	B	A	D	G	E
4			G		
5			E		

Answers: 1. Jibes. 2. Image. 3. Badge. 4. Egged (on). 5. Deeds.

Answers: 1. Anteroom. 2. Halfime. 3. Brakeman. 4. Dynamite. 5. Superman. 6. Opossums. 7. Proclaim.

Herkimer from 9

role in the cover design – including collaborating on the idea and doing some of the painting.

The yearbook is a manifestation of the pride Pathways Academy students take in their school and the home they have found in the Remington school building, the yearbook advisors said.

“Students and staff truly are a Pathways family,” they said.

How to vote

For the Tuesday, Sept. 29, vote on the Remington school building purchase proposal, qualified voters may vote at any location listed below or at the Herkimer BOCES William E. Busacker Complex Technical Education Conference Room at 352 Gros Blvd. in Herkimer. Each district will have a voting location for residents’ convenience:

- Central Valley: Small gym at CVA
- Dolgeville: High school lobby
- Frankfort-Schuyler: Old gym
- Herkimer: Media center, Jr./Sr. high school
- Little Falls: Middle school gym
- Mount Markham: District

office

- Owen D. Young: Gym
 - Poland: Lobby
 - Richfield Springs: Entrance adjacent to baseball field
 - West Canada Valley: High school front lobby
- A qualified voter for the Herkimer BOCES proposal must:
- Be 18 years of age or older
 - Be a citizen of the U.S.
 - Have or will have resided within the Herkimer-Fulton-Hamilton-Otsego BOCES region for a period of at least 30 days

All persons offering to vote will be asked to provide one form of proof of residency. Such form may include but is not limited to a driver’s license, a non-driver identification card, a utility bill or a voter registration card.

Upon offer of proof of residency, all persons offering to vote will also be required to provide their signature and address. Persons who do not provide a proof of residence will be asked to sign a declaration in order to be allowed to vote.

Find out more information about the purchase proposal and the vote at herkimer-boces.org/remingtonbuilding.

Herkimer County Public Health immunization clinic information

This is a list of the Herkimer County Public Health clinics for September:

- Sept. 22: 9 - 11 a.m. and 1 - 3 p.m.
- Sept. 28: 3 - 6 p.m.
- Sept. 29: 9 - 11 a.m. and 1 - 3 p.m.

Immunization clinics are by appointment only. Call 315.867.1176 to schedule an appointment.

When making an appointment you will need the following information:

- type of immunization needed

• insurance information

At your appointment, you will be screened for COVID-19, have your temperature checked and be required to wear a mask at all times.

Any questions, call Herkimer County Public Health at 315.867.1176.

Now here’s a tip

by JoAnn Derson

“In my shop, I have stored small bits of hardware in baby-food jars. They were all on a shelf together, and when I needed one, I would have to move bottles around until I found the right one. I took a piece of 1-by-4 and cut it into 2-foot sections. Then I glued the bottoms of the bottles in a row to the wood. Now, they still sit on the shelf, but all I have to do is slide the 1-by-4s out and find the right jar. I can still see in the sides, and it makes them so much easier to deal with.” — J.N. in Missouri

• “My child has so many toys that they were starting to take

over his room and our house. We got three big plastic storage tubs and distributed the toys among them. Now the rule is that only one tub can be open at a time, so if he wants to play with other toys, he must pick up all the toys from the tub he is playing with first. It has made such a difference since the house gets picked up at least once a day.” — C.I. in Tennessee

• Here’s a boating safety tip: Make sure you check the weather before you head out for a day on the water. And everyone needs a life vest, large or small!

• “Lots of people are selling things online now to make a few

bucks, and that’s cool. I know I have things I’ve picked up that I don’t use. Why not make a little money? Here’s a tip though: Do a little research on price for your item. You want to avoid listing it for too much (no interest) or too little (yes, it gets snapped up quickly, but you could have gotten more for it). A little homework goes a long way.” — C.A. in Florida

• No red wine for your recipe? You can substitute an equal amount of grape juice or beef broth in most recipes.

Send your tips to *Now Here’s a Tip*, 628 Virginia Drive, Orlando, FL 32803.

Empire Power Rental, LLC



KUBOTA EXCAVATORS, SKIDSTEERS, SKIDSTEER ATTACHMENTS, BRUSH HOGS, JACKHAMMERS, MANLIFTS, WOOD SPLITTER, CONSTRUCTION TOOLS

CALL US FOR A QUOTE ON YOUR EXCAVATING JOBS

D-4 Cat Bulldozer \$375/Day
75HP Kubota Tracked Skid Steer \$250/Day
40’ JLG Manlift \$195/Day

684 Paris Rd.,
Fort Plain, NY

518-275-6245



Interest Free Financing on New Installs
Qualified Buyers Only



315-866-6494
3005 State Route 28
Herkimer, NY 13350

*Tis The Heating Season - Service & Check Your Furnace



• IMAGE HOUSE PRODUCTIONS •

8211 STATE RT. 12, BARNEVELD, NEW YORK 13304
315.525.6209

Video Transfers To DVD

8mm & 16mm Transfer to DVD



Loads of Dump & Equipment Trailers In Stock Brimar & Bwise Dumps Starting @ \$3,985 Financing Available



2991 State Highway 5S, Fultonville, NY
518-853-4500
www.randallimpls.com
M-F 8AM-5PM • SAT 8AM-NOON

How to enhance your next road trip in four easy steps

(BPT) – Travel might look different right now, but that doesn't mean you can't make the most of the journey. Whether it's a day drive up the coast or an overnight camping trip in the mountains, you can still fuel a sense of adventure by simply getting behind the wheel. And with travelers spending more of their free time on the road, it's the perfect time to upgrade any vehicle with the latest in auto tech, accessories and equipment, starting with your tires.

As you plan your road trip, here are some recommendations to enhance your vehicle's safety and performance so all you have to think about is enjoying the ride.

• **Find a tire that performs just as hard as you do**

Don't let weather or terrain hold you back from going the distance. While

many travelers focus on the vehicle itself, they tend to overlook a critical piece of equipment: tires.

Re-evaluate your current set and consider an upgrade, such as the new Michelin Pilot Sport All Season 4.

With improved dry, wet and cold weather capabilities, and race-inspired tread compound, this tire provides safety and performance. Dynamic Response Technology ensures forces and temperatures are distributed evenly for a longer tread wear life. Extra rubber on the outer shoulder provides exceptional grip, ensuring you and your car will be ready for anything.

• **Download apps designed to keep you moving**

Now that your car is performing at top optimization with new tires, make sure your itinerary is as well. Research and down-

load travel apps ahead of time to help you locate gas stations, restaurants, dispersed campgrounds, rest stops and more so you can spend less time searching and more time moving. And don't limit yourself to just travel apps. Meditation apps can help you decompress after a long ride and many of the top athletic brands offer on-demand training classes that can be done virtually anywhere.

• **Stay connected**

Having a portable power inverter for your car is an easy way to convert your car's DC electric power into AC electric power, which can be used to charge a wide range of appliances and accessories for any type of road trip. Whether you're an amateur photographer looking to charge a digital camera for those sunset shots or an early morning camper craving a cup of coffee on



Don't let weather or terrain hold you back from going the distance. While many travelers focus on the vehicle itself, they tend to overlook a critical piece of equipment: tires.

the go, having a power inverter can make life on the road run smoothly.

• **Refresh your interior**

Getting a luxe feel inside your car can be quick, easy and make all the difference for the driver and passengers. Simple upgrades like swapping out windshield wipers and floor mats will make

your vehicle look and feel new, while also keeping it as comfortable and up-to-date as possible.

A memorable road trip is just around the corner, and you can make sure it's your safest, best yet

with these tips, from apps that help you plan your route to efficient ways to elevate your in-car experience. Don't lose your sense of adventure. Get out, get moving and take control of your road trip.

COUNTERTOP CREATIONS
 For Quality Service & Customer Satisfaction
 Call Countertop Creations
 Custom Built
 COUNTERTOPS and KITCHEN CABINETS
315-867-4189
 713 State Hwy. 162, Sprakers, NY 12166

Robinson Brothers
 APPLIANCE SALES & SERVICE
 10 W. Main St., Mohawk
315-866-2800
 RobinsonBrosAppliances.com

Small Engine Repair
 DON'T WAIT TO SERVICE YOUR POWER EQUIPMENT!
 We can get you up & running for all your seasonal projects
 Briggs & Stratton Certified Mechanic

COLLIS HARDWARE
 True Value. Just Ask RENTAL. Buy What You Want. Rent What You Need.
104 N. Main St., Herkimer, NY • 866-0826
 WWW.TRUSITE.COM/COLLIS • Mon.-Fri. 7:30am-6pm; Sat. 7:30am-5pm; Sun. 9am-3pm

GOLD STAR ROOFING
 • Shingles • Metal Roof • Standing Seam
 • Free Estimates • Fully Insured
518-281-6455
 360 County Highway 151 • St. Johnsville, NY 13452

Oak Hill Motors
 www.oakhillmotorsrv.com
 RV & Marine Dealer
 New & Gently used RV's, Pontoon Boats, Snowmobile/Cargo Trailers and Utility Trailers.

Many Models to Choose from Wildwood, Heritage Glen, XLR, Sandpiper, Palomino, Holiday House, Fun Finder, Real-Lite Truck Campers & Travel Trailers, Southbay Pontoons, and Glasstream Center Console all powered with Mercury Motors

We Service & Repair RV's

Financing Available

— Start Planning Your Vacation Now! —
 Mon-Fri 9-6 • Sat 10-3 & Sunday by Appointment
315-895-7139
 4246 State Rte. 5, Frankfort, NY

OPEN SUNDAYS
T & J FRUITS / VEGETABLES & GREENHOUSES
 CELEBRATING 48 YEARS
 We Carry McCadam Cheese, Hapanowicz Kielbasa & Queensboro Tub Butter
 WE ACCEPT ALL MAJOR CREDIT CARDS & EBT CARDS

NOW IN - Homegrown Tomatoes, Summer Squash, Cucumbers & Zucchini, Sweet Corn, Cauliflower & Cabbage, Local & Homegrown
NOW AVAILABLE
 Old McMarley Apple Cider
 NY Apples - McIntosh, Honey Crisp & 20 oz. Pippins
 Pumpkins - Jack O'Lantern & Pie Pumpkins
 Plus Fall Mums & Corn Stalks

NOW CARRYING:
 DINOS SWEET & HOT SAUSAGE PATTIES
 SWEET & HOT SAUSAGE LINKS
 BEEF PATTIES, BREAKFAST SAUSAGE PATTIES
 LARGE SELECTION OF PENNSYLVANIA PEACHES

STAR BAKERY BABKA & ITALIAN BREAD
 CROGHAN BOLOGNA & JALAPENO CHEDDAR CROGHAN BOLOGNA
 NINE VARIETIES OF PIEROGIES
 EXTRA SHARP CHEESE
 NYS MAPLE SYRUP & HONEY

221 S. Caroline St., Herkimer • (315) 866-7272
 Serving You 7 Days A Week All Year Round
 Open: 8am-6pm

Pickle Hill Produce
 Apples • Apples • Apples
 Macs • Autumn Crisp • Gala • 20oz
\$6.00 ~ 1/2 Bushel
 More Varieties Coming Soon

• Large Pumpkins
 • Gourds
 • Winter Squash
 • Baking Needs

Selling Bulk Foods & Cheese
 709 Pickle Hill Rd., Fort Plain, NY
 Open Dawn to Dusk • 518-993-3586
 Closed Sundays

Strange but True

by Lucie Winborne

• An armadillo's shell is so hard that it can deflect a bullet, as a Texas man discovered to his chagrin when he took aim at one. The bullet ricocheted into his jaw and he had to be airlifted to a hospital. The armadillo, on the other hand, strolled away unscathed.

• One million U.S. dogs hold first place in their owner's last will and testament.

• The original time machine in "Back to the Future" was not a DeLorean, but an old refrigerator. According to HuffPost, "Ultimately, it was determined that it probably was not a good idea to use a refrigerator in such a manner as kids might want to reen-

act the scene."

• Napoleon introduced brass buttons on soldier uniforms' sleeves to discourage them from wiping their noses.

• The first webcam was created to check a coffee-pot! In 1993, researchers in the University of Cambridge's computer science department really didn't like getting up from their chairs to check the coffee-pot just to find it empty, so they wired a system that would stream three images per minute from the Trojan Room, where the pot was kept, to the internal computer network. By the end of that year, the stream made it onto the new World Wide Web, endowing the Trojan Room coffee-pot with inter-

national, if brief, fame.

• The asteroids in "Star Wars" were actually painted potatoes.

• When English Romantic poet, painter and engraver William Blake was just 4, he claimed to see God through a window. Throughout the rest of his life, Blake said he often communed with angels, incorporating these visions into his art.

• According to the U.S. Food and Drug Administration, the stickers on fruit are edible. We haven't tried them ourselves, though.

Thought for the day: "The best teachers remain students all their lives." -- John Stott

(c) 2020 King Features Synd., Inc.

Paw's Corner

by Sam Mazzotta

Dogs can't tolerate human bug repellent

Paw's Corner: I live in an area where eastern equine encephalitis and West Nile Virus are active. On my walks, I make sure to wear plenty of bug spray to prevent being bitten by a mosquito infected with either disease. Are my dogs at risk of catching it? Can I use bug spray on their fur? — Shellie in Worcester, MA

Dear Shellie: While dogs (and cats) are at risk of catching either disease, most pets recover fully, especially with veterinary treatment (which is mainly supportive, to keep them strong while their bodies fight the infection).

Humans can get seriously ill from either EEE or West Nile Virus, so I'm glad you're using plenty of bug repellent. Mosquitoes are very active just before sunset, when most of us prefer to take our pets for walks during the hot summer months.

However, pets do not tolerate bug spray made for humans very well. (Citronella candles also can be very irritating.) They still should have some protection from mosquitoes, as these flying pests also carry diseases that can be very harmful to pets, like heartworm.

Pet-friendly repellents are available at

the pet store or through your vet's office. You can try natural repellents like lemon juice (try mixing it half-and-half with water in a spray bottle and applying to your dogs' coat just before walking), crushed peppermint leaves, or rosemary.

Keep up with your pets' heartworm medication and check them for ticks and fleas after each walk, too. This will reduce their risk of getting a serious illness from an outdoor pest.

Send your tips, questions or comments to ask@pawscorner.com.

(c) 2020 King Features Synd., Inc.



HERKIMER HEARING AID CENTER

in the Prospect Complex 200 N Prospect St, Herkimer

Specializing in Hearing Loss & Hearing Aids for Over 20 Years!



If you suffer from:

- Ringing In The Ears / Tinnitus
- Difficulty Understanding Conversations
- Moderate, Severe or Profound Hearing Loss
- Problems With Your Existing Hearing Aids

Let our Board Certified provider help you.

- Expert Evaluations For All Ranges Of Hearing Loss
- Unrestricted Access To The Best Hearing Aid Components
- Customized Treatment With YOUR Specific Prescription
- Best Comprehensive Care For YOUR Unique Hearing Loss

PROUDLY STAYING LOCAL

HIGHEST QUALITY CARE • SATISFACTION GUARANTEED

GET THE BEST CARE AND SAVE HUNDREDS!

Competitive Insurance-Style Discounted Hearing Aid Options Available if Necessary. No 800# For Approval, Simply Come In.

No Marketing Gimmicks. Just Professional Care.

ENJOY THE SOUNDS OF LIFE AGAIN!

Marcus Boehm, BC-HIS
Board Certified
in Hearing Instrument Sciences

Appointments: 315-866-6728

www.herkimerhearing.com

North Creek Gardens & Greenhouse

1914 St Rte 169
Little Falls, NY 13365

- Free Range Pastured Eggs
- Mums & Winter Squash
- Pumpkins & Gourds
- Grapes & Apples
- Potatoes & Green Beans
- Cantalope & Watermelon
- Peaches
- Peppers & Tomatoes 1/2 Bushel

8:30am to 7pm - No Sunday Sales
Allen & Marie Hurst • 315-823-0327

JIM'S PAINTING

"WE PAINT IT ALL"

Since 1988

Exterior • Interior

Quality Work • Reasonable Rates • Licensed • Fully Insured

- Houses
- Churches
- Barns
- Decks
- Sheetrock
- Skim Coating
- Wood Siding (all types)
- Aluminum
- Weathered Vinyl
- Stucco

A Company Where The Boss Does The Work

References Galore Available

Free Estimates - 315-868-7243

315-868-8207

Swarey Bros. Roofing

13 Years Experience!

Aaron Swarey
Canajoharie, NY

Shingle • Metal • Rubber

WE'VE GOT YOU COVERED!

Free Estimates - Family Owned

~~Roof~~

If the ~~wife~~ is not happy
there's nobody happy

Beat The Spring Rush Call Today

OD's Best of the Best
Please Vote
Voting Sept 23-Oct 7

VOTED ONE OF THE BEST
COLLISION CENTERS IN CENTRAL NY
FOR 2016, 2017, 2018 AND 2019.

Recommended by most insurance companies

We appreciate your loyalty!

Also Quality Pre-Owned Used Vehicles

OUCH!

A Zenzillo Tradition!
EST 1979

AUTO DIMENSIONS "PLUS"
Serving Oneida & Herkimer County

412 Culver Ave in Utica • (315) 797-4027
AutoDimensions@Hotmail.com

PACA GARDENS

Paca Gardens is Re-stocked for the Fall & Winter with Many NEW items and styles of ALPACA Sweaters, Hats, Mittens, Scarves, Jackets, Slippers, Moccasins, Socks and so much more. Shop NOW for the best selection! LayAways Available!

Alpaca is warmer than wool, softer than cashmere and smoother than silk. Alpaca breathes better than any other natural fiber, and is "Naturally" Water, Odor and Wrinkle Resistant.

27 West Main St., Little Falls, NY 13365
Ph. 315-823-1100 Mon - Fri: 10am-5pm / Sat: 10am-4pm
Mastercard/Visa/Discover/Am Express Layaways Available!

Country Editor

**PO Box 121, 6113 State Hwy. 5
Palatine Bridge, NY 13428
800-836-2888 • Fax: 518-673-2381
classified@leepub.com**

- Number / Classification**
- 20 Air Compressors
 - 25 Air Tools
 - 35 Announcements
 - 45 Antiques
 - 55 Appraisal Services
 - 75 ATV
 - 80 Auctions
 - 82 Auto Body
 - 110 Bedding Plants
 - 120 Bees-Beekeeping
 - 130 Bird Control
 - 140 Books
 - 155 Building Materials/Supplies
 - 157 Building Repair
 - 160 Buildings For Sale
 - 161 Bulk Foods / Spices
 - 165 Business Opportunities
 - 170 Butchering Supplies
 - 173 Carpentry
 - 175 Cars, Trucks, Trailers
 - 180 Catalogs
 - 182 Catering
 - 190 Chain Saws
 - 195 Cheesemaking Supplies
 - 205 Christmas
 - 214 Clocks & Repair
 - 215 Collectibles
 - 216 Clothing
 - 235 Computers
 - 253 Consignment
 - 265 Construction Equipment For Rent
 - 275 Construction Machinery Wanted
 - 277 Construction Services
 - 280 Construction Supplies
 - 312 Crafts
 - 325 Custom Butchering
 - 330 Custom Services
 - 360 Deer-Butchering & Hides
 - 370 Dogs
 - 410 Electrical
 - 415 Employment Wanted
 - 440 Farm Machinery For Sale
 - 445 Farm Machinery Wanted
 - 447 Farm Market Items
 - 460 Fencing
 - 470 Financial Services
 - 480 Fish
 - 483 Flooring
 - 494 For Lease
 - 495 For Rent
 - 500 For Sale
 - 510 Fresh Produce, Nursery
 - 525 Fruits & Berries
 - 527 Furniture
 - 529 Garage Sales
 - 530 Garden Supplies
 - 535 Generators
 - 537 Gifts
 - 575 Greenhouse Supplies
 - 585 Guns
 - 587 Hair Styling
 - 589 Hardware
 - 600 Health Care/Products
 - 605 Heating
 - 610 Help Wanted
 - 653 Hotel / Motel
 - 683 Jewelers
 - 700 Lawn & Garden
 - 711 Lessons
 - 760 Lumber & Wood Products
 - 790 Maple Syrup Supplies
 - 805 Miscellaneous
 - 810 Mobile Homes
 - 811 Monuments
 - 812 Multi Media
 - 813 Music
 - 815 Motorcycles
 - 817 Nails
 - 820 Nurseries
 - 910 Plants
 - 950 Real Estate For Sale
 - 955 Real Estate Wanted
 - 960 RVs & Motor Homes
 - 975 Rentals
 - 980 Restaurant Supplies
 - 1040 Services Offered
 - 1075 Snowblowers
 - 1080 Snowmobiles
 - 1096 Sports
 - 1109 Thrift
 - 1140 Trailers
 - 1147 Trains
 - 1148 Travel
 - 1165 Trees
 - 1170 Truck Parts & Equipment
 - 1180 Trucks
 - 1187 Vacuum
 - 1190 Vegetable
 - 1200 Veterinary
 - 1205 Wanted

Announcements

ADVERTISING DEADLINE
FRIDAY • 2:00 PM
(Week Prior to Each Friday Dated Paper)
For as little as \$4.00 - place a classified ad in
The Country Editor
Call Peg at 1-800-836-2888
or 518-673-0111
or email classified@leepub.com

Announcements

Announcements

★ ★ ★ ★ ★
ADVERTISERS
Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. DEADLINE for placing ads is FRIDAY at 2:00 PM- **Week Prior** to Each Friday Dated Paper.
Call Peg at 1-800-836-2888 or 518-673-0111

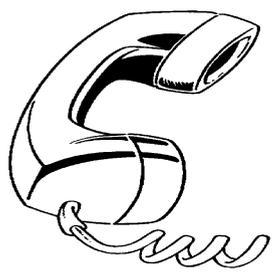
Antiques

WANTED TO BUY: OLD Christmas, Halloween, Early Postcard & Greeting Card Albums, 1970's & Back Clothing, Decorated Jugs & Crocks, Folk Art, Old Paintings & Frames, County History Books, Nautical & Adirondack Items, Anvils, Lamps, Oak Bookcases, Display Cases, Garden Features, Buckets, Pyrex, Mid-Century-Modern Décor, Old Disney, Clip-on Earrings, Coins, Salt & Pepper Collections, Beer related, Glass Negatives, Train Sets, Old Signs, Cast Iron Toys, 10¢ and 12¢ Comic Books, McCoy Pottery, Signed Fritz Vogt Drawings (1800's). We DO NOT Buy anything with barcodes or Made In China or Made after 1975. "Keepin it old"! Free House Calls, Cash Paid! Let's have some fun! Call Dave, Showcase Antiques, Little Falls, 10-5 (Thurs thru Tues) or leave message 315-823-1177.

Attachments

UNIVERSAL ATTACHMENTS
PALLET FORKS
2000# \$474 ♦ 4200# \$625
DOUBLE & SINGLE
BALE SPEARS \$475
TRIPLE SPEAR \$625
BUCKETS 72" \$958
MATERIAL BUCKETS
78" \$1,054 ♦ 84" \$1,086
ROCK BUCKETS
STD DUTY 63" \$1,040
HEAVY DUTY 73" \$1,250
529 Hardscrabble Rd.
Little Falls, NY
315-823-1342

Building Materials/Supplies



1-800-836-2888

To place a Classified Ad

BANNERS: VINYL - Single Sided - Double Sided, various sizes. Free shipping. **Call Lee Newspapers Inc.** at 518-673-0101 or email commercialprint@leepub.com

INSULATION: All Types. New/ Existing Buildings. Free Estimates. Fully Insured. Call Upstate Spray Foam Insulation 315-822-5238. www.upstatesprayfoam.com

Building Materials/Supplies

Scratch & Dent Appliances
Refrigerators\$85-\$575
Washer\$399-\$599
Water Heaters\$279-\$419
Shower/Tub Unit\$298
AC Units\$110-\$369
Microwaves\$139-\$169
Dehumidifiers\$175

#2 Building Materials
Plywood 1/2"-\$13, 5/8"-\$14, 3/4"-\$18
2x4x8' to 16'\$3.00-\$6.75
2x6x8' to 16'\$4.05-\$9.00
4'x8' foam 3/4"-\$10, 1.5"-\$16, 2"-\$20
Exterior Doors Starting at \$180
#2 Galvalume Roofing..\$1.35 LF

Adirondack Discount Sales
302 Bacon Brook Rd, Dolgeville, NY
315-429-3184

Cars, Trucks, Trailers

2004 DODGE Pickup, one owner, 74k miles, reg. cab, 8' box, 4 wheel drive, remote starter, asking \$4,500. Call 315-866-1804

Chippers

MightyOx Wood Splitters and Chippers. 3 Models to Choose From. Come see at Mohawk Valley Ag, 35 Willett Street, Fort Plain, NY 518-993-2543

Custom Services

BOILING POT PHOTOGRAPHY: Graduation Photos, Weddings, Baby and more. Find us on Facebook. 518-378-3279

BUSINESS CARDS: 1,000 for only \$60.00, full color glossy. Give us your existing card or we will design one for you! **FREE SHIPPING** included. Call Lee Newspapers Inc. at 518-673-0101 email commercialprint@leepub.com

Farm Machinery For Sale

FOR SALE: Farmall Super H tractor with 5 foot blade, \$2,500. 315-360-0143

For Rent

LITTLE FALLS: One bedroom apartment for rent. Available September 15th. No smoking, no pets allowed. \$750 month plus utilities. One month rent, one month security & references required. 315-508-5380

For Sale

4 GLASS WINE Containers, holds 13.5 gallons each, with a spike. 315-823-3732

For Sale

RAFFLE TICKETS - 500 - \$60, 1,000-\$75, 1,500 - \$90, 2,000-\$100. Other quantities available. **SELF-INKING STAMPS:** Great for raffle tickets. \$23.00+ tax. Shipping extra. Call Lee Newspapers Inc. 518-673-0101, 6113 State Hwy. 5, Palatine Bridge, NY 13428 or email commercialprint@leepub.com

Fruits & Berries

"Bev's Best Blueberries" U-Pick. Call before you come for picking days/ times. 10 FT rule. 315-429-9425

Heating

DS STOVES: EnergyMax, Kozy-King, HeatRight, Aqua-Stroke, AnthraMax & more! Stoves, boilers and inserts. Come see at Mohawk Valley Ag, 35 Willett Street, Fort Plain, NY 518-993-2543

Help Wanted

SECRETARY WANTED part time, \$10.50 per hour benefits. Also housekeeper, \$10.50 per hour benefits. Will train. 917-940-3738

LOOKING FOR FULL-TIME Help in the warehouse. Overtime and benefits available. Please apply in person to Caruso Cattle at 205 Jackson Rd Frankfort NY. Serious inquiries only. Call 315-733-3965 for more information.

Hogs

FEEDER PIGS FOR SALE. \$50. Call Farmer Dan 315-823-1633

Logging Equipment

BRUTE FORCE Firewood Processors Sales & Rentals. Come see at Mohawk Valley Ag, 35 Willett Street, Fort Plain, NY 518-993-2543

Lumber & Wood Products

SAVE BIG! Dimensional Sawmill Lumber. Sawdust Animal Bedding; Firewood. Buying standing timber. 518-903-6799, 518-573-6356

Miscellaneous

Corrugated Signs, Shopping Bags/Totes, Gift Certificates, Invitations, Labels, Magnets, Business Cards, Rack Cards, Banners, Postcards, Business Forms, Non-Carbon Reproduction Forms (NCR), Signs, Pull-Up Banner Stands, Feather Banner Stands, Door Hangers, Envelopes, Posters, Calendars, Self-Inking Stamps, Flyers/Brochures. *Call with your needs.* **Lee Newspapers Inc.** 518-673-0101 or commercialprint@leepub.com

Professional Services

13 OR 14-MONTH PHOTO WALL CALENDARS ONLY \$15.00!

- Bring in your USB, SD card, or photos for us to scan
- Email your photos to: commercialprint@leepub.com

Call **518-673-0101**
Lee Newspapers Inc.
6113 State Highway 5,
Palatine Bridge, NY 13428

LANDLORD & TENANTS: Counseling, managing your rental property accounts (Quicken), pre-screening. Offering a Course-"How to Prepare for the Rental Market." **Crossett Real Estate Services** www.crossettres.com E-mail louise@crossettres.com Phone 315-894-8557

Real Estate For Sale



VILLAGE OF ILION:
Two-family. Updated kitchens & baths. All electric property. Surveyed. All appliances included. Both units rented. Ample parking. Visual tour. **\$125,000**
For sale & managed by **CROSSETT REAL ESTATE SERVICES**
www.crossettres.com
Tel: 315-894-8557 Email louise@crossettres.com

Country Development Large Building Lots

2 Acres	\$16,900
6.9 Acres/Creek	\$22,900
8.7 Acres/Creek	\$27,900

Direct ATV and Snowmobile Trails
Phone: 315-891-3254

New Homes Modular A Higher Quality Home

*Better Specifications
*More Upgraded Features
We Beat Our Competitor's Prices Every Time!
Phone: 315-891-3254

The Kitchen Diva

by Angela Shelf Medearis
Corn adds pop to salads

There's an old saying that the best way to prepare freshly picked corn is to have a pot of water boiling in the corn patch so that you can cook it instantly.

It's best to cook fresh corn as soon after it's been picked as possible. If fresh corn isn't stored or prepared properly, its natural sugars start to diminish quickly, resulting in a loss of sweetness within a couple of days. If you can't purchase fresh corn, frozen corn is an acceptable and delicious substitute for most recipes.

Corn on the cob is an essential part of a summer meal and provides many health benefits year-round. The average serving of corn on the cob has about a quarter of your daily requirement for thiamin, which helps maintain memory, as well as beta-cryptoxanthin, which aids in lung health. Corn is high in folic acid, which is needed for women who are taking oral contraceptives. It also is a good source of fiber and contains fair amounts of vitamin C, magnesium, niacin and potassium. One serving (one ear of corn) has about 83 calories.

A corn kernel is made up of four major parts:



starch, fiber, protein and oil. Corn can be processed in different ways to tap into these components, and it's used in all kinds of products. A typical grocery store will contain 4,000 products that list corn ingredients on the label, but many other products also depend on corn -- from paper goods and cardboard packaging to meat, milk, eggs, poultry and other protein products that come from corn-fed animals.

Here's some tips from the Utah State Extension Service for picking and storing fresh corn:

- Look for corn with good green husk color, silk ends that are free from decay or worm injury and stem ends that are not too discolored or dried. Select ears that are well-covered with plump, not-too-mature kernels. Avoid ears with undeveloped kernels, ears with very large kernels and dark-yellow kernels, because they can be tough and not very sweet.
- Husk one side of the corn. Press a fingernail into one of the kernels to test the liquid. Ripe corn should have a milky-looking liquid; overripe corn will have either a clear liq-

uid or none at all.

The sugar in corn is quickly lost, so for optimum quality process it as soon after picking as possible. If you can't cook fresh corn immediately, store it in the refrigerator.

This recipe for Corn and Cabbage Slaw showcases the flavor of freshly picked corn to perfection.

Corn and cabbage slaw

5 cups shredded cabbage

1 1/2 cups fresh, whole kernel corn (or frozen and thawed)

2 tablespoons finely chopped onion

1/2 cup light sour cream

1/2 cup light mayonnaise

2 tablespoons honey

2 tablespoons lemon juice

1 teaspoon prepared Dijon mustard

1 teaspoon salt

1 teaspoon pepper
 1/8 teaspoon cayenne pepper
 1/2 cup chopped, roasted, salted peanuts, optional

1. In a bowl, combine the cabbage, corn and onion. In a small bowl, combine the sour cream, mayonnaise, honey, lemon juice, mustard, salt, pepper and cayenne pepper. Spoon the sour cream mixture over the cabbage mixture and toss to coat.

2. Cover and refrigerate for 1 hour. Stir in the peanuts just before serving, if desired.

Angela Shelf Medearis is an award-winning children's author, culinary historian, and the author of seven cookbooks. Please join The Kitchen Diva in supporting Mattress Firms' efforts to assist foster children through the Ticket to Dream Foundation to make a positive impact on the lives of hundreds of thousands of foster children in need. They believe not everyone can be a foster parent, but anyone can help a foster child. (www.tickettodream.org)

(c) 2020 King Features Synd., Inc., and Angela Shelf Medearis

TURKEY SHOOT
EPHRATAH ROD AND GUN CLUB
SEPTEMBER 20, 2020
Starting at 9AM

EVENTS

TRAP SHOOTS: 16yd • 20yd • 27yd

SLUG SHOOT: 50yd Your Slug

SLUG SHOOT: 100yd Your Slug

PAPER PLATE SHOOT: 30yd Club Shell

50/50 RAFFLES
KITCHEN OPEN

For more information call:
518-221-4124 or
Club House at 518-993-3061

LeafFilter
 GUTTER PROTECTION

CLOG-FREE GUTTERS OR YOUR MONEY BACK GUARANTEED!

15% OFF
 YOUR ENTIRE LEAFFILTER PURCHASE*
 Exclusive Offer - Redeem By Phone Today!

ADDITIONALLY

10% OFF SENIOR & MILITARY DISCOUNTS

MADE IN THE USA

PLUS!

THE FIRST 50 CALLERS WILL RECEIVE AN ADDITIONAL 5% OFF**
 YOUR ENTIRE INSTALL!
**Offer valid at estimate only

FINANCING THAT FITS YOUR BUDGET!*
*Subject to credit approval. Call for details.

CALL US TODAY FOR A FREE ESTIMATE

1-855-764-9667

Promo Code: 285
 Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm,
 Sun: 2pm-8pm EST

*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOPL #10783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603 233 977 License# 2102212986 License# 2106212946 License# 2705132153A License# LEAFFNW822JZ License# WV056912 License# WC-29998-H17 Nassau HIC License# H01067000 Registration# 176447 Registration# HIC.0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# IR731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H

Kovels: Antiques and Collecting

by Terry and Kim Kovel
Carved stone bust

A Rago auction catalog called a large carved bust made of black stone a "Haida Argillite carving" and then explained the meaning of the word "argillite." Antiques can be made by people, companies or methods with unfamiliar names, but this time the auction house realized that bidders needed help. Argillite is a fine-grained black silt stone found in only one spot, the Slatechuck Creek on Haida Gwaii, also called the Queen Charlotte Islands, in the Pacific Ocean off the northwest coast of British Columbia, Can-

ada. The Haida, a North American native culture, were the original people living on the islands.

They have been making carvings of wood and argillite since about 1800. Pipes used with tobacco have been found that were made from 1810 to 1840. The location of the quarry is a secret and only the Haida are permitted to use the stone. Today, Haida carvers make and sell carved argillite jewelry and decorations -- "tourist art" made to be sold to visitors. Both the Haida and European cultures are depicted. Many pieces are amusing.

The bust of a man,

made about 1840 to 1850, sold for \$18,750. A carving of one piece as large as a bust is unusual and valuable because the stone breaks easily. Twentieth-century interest in the antique arts of native peoples has led to higher prices.

Q: Do McDonald's restaurant giveaway toys have any resale value? My children have been saving them in the unopened packages for more than 15 years. Is there a way to tell the age?

A: Very few McDonald's Happy Meal toys are worth a lot of money. Most full sets (eight or more toys) given away in the past

five years are worth under \$50 at a retail source. That means a single toy is worth less than \$5, and they usually are just \$1 or \$2, if you are lucky. The 1987 set of 12 Mr. Potato Head toys retails at \$75. It is said that a set of eight Furby toys from 2000 sold for \$900, but that may be a myth. Other old sets (be sure it is the original set, many have been repeated) including Beanie Babies, Lion King or even Jerry from the movie "Despicable" Me can sell for over \$100.

CURRENT PRICES

Kewpie doll — black, side-eyes, red lips, jointed arms, incised, Rose O'Neill, 6 inches, \$210.

Advertising sign — Stolz Premium beer, extra pale, extra fine flavor, white and yellow text, beer bottle, gray ground, 8 x 12 inches, \$330.

Leica Camera — 50-mm Elmar lens, IIIa, black, leather case, 1938, \$420.

Chanel clutch — fabric, black, white, logo printed in two directions, envelope shape, flap, 5 x 7 1/2 inches, \$840.

TIP: If you move your antiques to a new home

in a van, watch out for damage. Check the antiques as they are unloaded. Sweep the inside of the moving van and save any small pieces of veneer, wood or screws that might

have fallen off your furniture.

For more collecting news, tips and resources, visit www.Kovels.com

(c) 2020 King Features Synd., Inc.



This 9 1/2-inch-tall carved bust made of black argillite sold for more than twice its estimate at \$18,750. It depicts a European trader.

Weekly SUDOKU

Answer

7	6	4	1	5	8	3	9	2
2	9	3	7	4	6	5	8	1
8	1	5	2	9	3	4	7	6
6	3	2	8	7	5	9	1	4
4	5	8	3	1	9	2	6	7
9	7	1	4	6	2	8	3	5
5	8	6	9	2	1	7	4	3
1	4	9	5	3	7	6	2	8
3	2	7	6	8	4	1	5	9

King Crossword

Answers

Solution time: 21 mins.

S	W	I	G		J	O	E		T	A	K	E
P	A	T	H		O	W	N		A	G	E	D
A	S	S	O	R	T	E	D		H	O	P	E
			U	P	S		O	R	I	G	I	N
P	S	A	L	M		A	R	O	N			
I	O	N	S		A	S	S	A	I	L	E	D
T	N	T		O	U	T	E	R		I	K	E
A	S	S	I	S	T	E	D		S	E	E	M
			F	L	O	P		K	I	D	D	O
S	H	B	O	O	M		T	O	E			
E	A	R	N		A	S	S	I	G	N	E	D
E	T	A	L		T	E	A		E	U	R	O
D	E	N	Y		E	A	R		S	N	A	G

Just Like Cats & Dogs by Dave T. Phipps



This Week's Holidays

- Sept. 19 – International Red Panda Day
- Sept. 20 – Wife Appreciation Day
- Sept. 21 – Miniature Golf Day
- Sept. 22 – Elephant Appreciation Day
- Sept. 23 – Dogs in Politics Day
- Sept. 24 – National Cherries Jubilee Day
- Sept. 25 – Native American Day

LEE'S
and Overstock
COLLECTABLES
est. 2017

We BUY
what you
no longer want
and SELL
what you just
have to have!

Matt Stanley Buyer/Seller 315-292-2306
Leescollectables@gmail.com

Lee's Collectables and Overstock, ebay leescollectables

CHARLES D. STAHL

"SPECIAL TRUCKLOAD SALE"

Approx. 5 Face Cord "Seasoned" **\$425**
Approx. 7 1/2 Face Cord **\$550**
Approx. 11 Face Cord **\$850**

FURNACE CHUNK WOOD

Approx. 11 Face Cord **\$775**

315-823-1982

Prices may include extra delivery charge.

HEAP VENDOR

ATTENTION

JR'S Bottle Redemption!

7403 St Hwy 5, St. Johnsville

We pay 6 cents per bottle and can on Tuesdays
1 case water per 1000 bottles

We specialize in large volume!! We like 'em by the thousands!!
5 cents other days • 518-993-4668

OPEN Mon Tues Wed and Fri 8-5 and Sat 8-12
Big Blue Building with the sheds in the front at JR'S Auction
518-993-4668 • We Also Buy Junk Batteries!!

Curious About Your Water Quality? Call the Expert!!!

COUNTRYMAN
WATER CONDITIONING

SALES • SERVICE • RENTALS

• A Family Business Since 1956 •
Certified Water Specialist
6880 State Hwy. 5S
Fort Plain
countrymanwater@yahoo.com

518-993-2888 • 1-800-993-2824

Donna's Day: Creative family fun

by Donna Erickson

Tasty and healthy vegetable ribbon salad

Wrap up the last of summer's harvest with colorful ribbons of orange, green, yellow and red. Abundant zucchini, summer squash and carrots can be woven together with fettuccine pasta for a tasty supper your family will enjoy from preparation to the last bite.

Hand each of your preteen kids their own vegetable peeler, give them a few tips for honing ribbon-making skills, and they'll keep busy and feel useful cutting vegetables while you cook up the pasta. A healthy supper will be ready in minutes.

8 ounces fettuccine pasta, cooked, drained and rinsed in cool water.

- 1 to 2 small-size green zucchini
- 1 yellow summer squash
- 2 medium-size carrots
- 1 scallion
- 1/2 fresh red pepper (optional)

1/2 cup of your favorite vinaigrette style salad dressing or traditional Vinai-

grette (see recipe below)

1/2 cup freshly grated Parmesan cheese

Chopped parsley or basil

1. Trim off the ends of the zucchini, squash and carrots. Use a vegetable peeler to cut the vegetables lengthwise into long, thin, ribbon-like strips. When you reach the inner seeds of the zucchini and summer squash, stop and continue slicing the other side. Discard the centers. Place all the vegetable ribbons into a large bowl.

2. Trim off the green ends of the scallion. Tear them into thin long strips with your fingers. Add to the vegetables.

3. Add pasta and toss lightly with your favorite vinaigrette dressing or prepare the basic recipe below. Cut thin slices of the red pepper and arrange on top, if you wish. Top with grated Parmesan and parsley or basil. Serve with French bread. Serves 4 to 6.

TIP: If your kids love apples, add one to the salad for sweetness. Peel, core and cut

an apple into 4 slices. Peel strips from each slice and add to the vegetable ribbons.

Basic Vinaigrette

- 1/2 teaspoon salt
- 1 teaspoon Dijon mustard
- 1/4 cup white wine or sherry vinegar
- 3/4 cup extra-virgin olive oil

In a small bowl, let one child whisk the salt, mustard and vinegar together. While whisking, another child may slowly add the oil in a stream until the mixture is well combined. Makes 1 cup.

Store covered at room temperature for a week or in the refrigerator for a month.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

(c) 2020 Donna Erickson
Distributed by King Features Synd.





We're Hiring!

Apply online at www.archerkimer.org

We are hiring for various positions within our agency including Direct Support Professionals!

Full-Time, Part-Time, and Relief Positions Available
High School Diploma/GED and Valid Driver's License Required
No Experience Necessary... We Offer Paid Training

315-574-700
Follow us on Facebook

Empowering people with disabilities and enriching lives throughout our community

Paid Time Off/Holidays/Sick Time

Health & Life Insurances

401(k) Retirement Account

Tuition Assistance

Sign-On Bonus Available

Did You Know?

- We are one of Herkimer County's largest employers with over 350 Employees
- We have over 40 different sites throughout Herkimer County
- We have several different divisions throughout the community
- We support over 700 people with disabilities in Herkimer County



CHOP04 CUSTOM CUT

New Kiln & Planer Molder

Mohawk, NY



Wood-Mizer Portable Sawmill

Turn your logs into valuable lumber!
Rough Cut Don't Have to be Rough.

ROB RUGGERIO

Portable Sawmill Will Come to You!

Landscape Timbers
Log Cabins • Furniture
Barn Timbers
Fencing • Framing
Siding • Beams
Flooring • Shingles • More

(315) 534-3963
Email: www.chop04@gmail.com

COMMERCIAL & RESIDENTIAL VIBBARD

ENTERPRISE

PAVING & CONSTRUCTION

25+ YEARS EXPERIENCE

- Driveways
- Parking Lots
- Repairs

- Hauling
- Stone

FREE ESTIMATES • FULLY INSURED

Cory Vibbard • 315-868-4878 • 607-296-6967



Propane Fuel Oil Service

7432 Main Street Newport, NY
315-845-8742 • www.snyderfuel.com



When You Need Help, Call On Us

Pohlig's

HOME FURNISHINGS
ESTABLISHED 1888

634 E. Main St., Little Falls
315-823-2640

Paint & Paint Sundries
Flooring & Ceramic Tile
Window Shades & Treatments
Wallpaper & Borders
Mattresses

COME IN TO SEE US!!

Wear Masks, We Take Temps, We Sterilize

Linda's Unisex Salon

229 Church Street,
Herkimer, NY
315-866-7479



New Silver Available

Gift Certificates Available

Look Younger, New Cuts, Colors & Styles

For Frizzy or Curly Hair

Try Our "Inova Treatment" to Straighten or De-Friz Compared to Brazilian Blow-Out its *Half the Price* or a Good Hair Conditioning Treatment

We've Professionally Completely Santized!! Everything New!!

When You're Ready Kindly Call for Appointment

PETE MACRI

PAVING

Blacktop • Sealer • Concrete



COMMERCIAL - RESIDENTIAL

FOR A FREE ESTIMATE!

CALLED

315 794-6587

Top tips for weathering storm season

(BPT) – September is the most common month for hurricanes to make U.S. landfall, according to the National Oceanic and Atmospheric Association, and with severe storms and tornadoes appearing around the country, it is more important than ever to take steps and be prepared before, during and after a storm.

One of the biggest threats during any storm is tree damage.

A tree might seem like it would be able to sustain the forces of a large storm, but whether it is unseen internal damage, wet, unstable ground or proximity

to power lines, trees are vulnerable during severe storms and can present a significant hazard. The following tips from expert arborist and STIHL spokesperson Mark Chisholm can help you protect yourself, your family and your property from a storm.

Before the storm

Develop a relationship with a certified tree care professional. By choosing the right company ahead of time, you'll likely be prioritized as an existing customer when a storm does hit.

Conduct a pre-storm assessment & identify trouble spots

A pre-storm assessment can help you identify potential hazards on your property such as cracks in tree trunks or major limbs, hollow or decayed trees, limbs extending over a roof or trees in close proximity to power lines.

Take measures to prevent damage

After assessing possible hazards to your property, consider measures to limit potential damage. Remove dead, diseased or damaged limbs. Inspect leaning trees and consider removing those with large cavities. Prune branches that are too close to your house and over the street, and check your gutters and be sure to remove any debris to prevent water damage. For any work in and around your home, consider calling a professional, and always call a professional to assess and/or remove anything within close proximity to utility lines. Never attempt to do this yourself.

During the storm

Don't try to be a hero. Your property is not more important than your life. Prepare in advance, follow guidelines for evacuation and shelter.

After the storm

More people are injured after a storm than during one. Storm damaged trees present unique challenges and dangers. Put safety first. Evaluate what you can handle and what's for a professional – anything not on the ground should definitely be handled by a professional. Some things could be a threat to your life such as large broken or hanging limbs where chainsaw work is needed, or branches that are too close to a utility line. Never approach or attempt to move downed utility lines and report branch-

es close to or touching utility lines immediately.

If you're skilled enough to do the work yourself, always wear proper attire and protective equipment including boots, gloves, protective glasses, chainsaw protective pants, a helmet system and hearing protection. Never operate a chainsaw from a ladder, roof, in a tree or while standing on any other insecure surface – leave these jobs for the pros.

Evaluate damage

A storm-damaged tree may not have to be removed. Inspect your trees to see if they're healthy despite storm damage. If at least 50% of the tree's crown is still intact, and the remaining branches can form a new branch structure, then there is a good chance the tree can be saved.

Repair minor damage & debris

Remove any broken branches, stubs or jagged remains of limbs. Smaller branches should be pruned at the point where they join larger ones. Don't worry if the tree's appearance is not perfect.

Stay educated

Learn more tips on tree safety, chainsaw safety, finding a tree care professional and how to prepare for storms by visiting STIHLUSA.com.



Fall into Savings On All In Stock Pellet Stoves!

Order Your **DRY CREEK** WOOD PELLET FUEL



Anthracite Rice, Nut or Pea Coal
Ton or Bulk \$220 or Bagged \$250

Truckload Firewood
7½-8 Facecord Delivered \$450

WE ACCEPT HEAP

Hours: Monday-Friday 9am-5pm, Saturday 9am- 2pm
1027 E. German St Ex • Herkimer, NY • (315) 866-6848
Like and Follow us on  mohawkvalleyhearth.com



BigDog Motors, Inc.

www.bigdogmotorsinc.com

Used Cars ⇒ NYS Inspections (7 days/wk.)
⇒ Save your ins. deductible

FRANKFORT

Experience, Integrity... Families First!

Elect **THAD LUKE**
FAMILY COURT JUDGE

VOTE EXPERIENCE NOT POLITICS

Took on Court Ordered Assignments and advocated for kids who couldn't do so for themselves
Compassionate and understanding for troubled kids charged with crimes; strove to get them the help they needed working in the Herkimer County Attorney's Office
Handled 100's of Family Law matters for the Herkimer County Supreme Court

VOTE NOVEMBER 3RD

Prepare for power outages with a Generac home standby generator

GENERAC

SCHEDULE YOUR FREE IN-HOME ASSESSMENT TODAY!

855-403-0425

FREE 7-Year Extended Warranty* A \$695 Value!

Offer valid March 16, 2020 - Sept 6, 2020

Special Financing Available
Subject to Credit Approval

*Terms & Conditions Apply



SITTERLY'S QUALITY AUTO SALES, INC.

7826 State Hwy 5 • St. Johnsville, NY 13452 • **518-568-2416** Call & ask for Bob or Denise

All Come with NYS Inspection • Hours: Mon.-Fri. 8:30a-5:00p • Sat. 8:30a-2:00p

Robert Sitterly, Owner • Denise Sitterly, Office Manager



2012 GMC Acadia
Looks & Runs Like Brand New, Leather,
7 Pass., 100% Ready To Go, Must See!

\$7,995



2013 Chrysler Town & Country
Leather, All Options, Above Average Cond.,
100% Ready To Go w/NYS Inspection

\$8,000



2011 Dodge Ram 4x4
Quad Cab, Super Nice Truck

\$11,800



2007 Ford F150 4x4
4 Door

\$6,250



Hard To Find Truck
2002 Ford F250 4x4
4 Door, Truck is from south, NO Rust
Runs & Drives Excellent!



2011 Subaru Outback AWD
One Owner, Exc. Cond., Like New

\$6,995



2012 Kia Optima
4 Dr Family Car, 28MPG, Full Power,
76,000 Miles, Really Nice Car!

\$7,500



2008 Ford F350 4x4
Single Wheel, 6.8 Gas Motor, Runs Very, Very Well
Boss V-Plow Available At Additional Charge

\$8,500

SEE OUR INVENTORY ON CARS.COM

All Cars Come With NYS Inspection!!



Generate Impulse Sales with Rigid Roadside Signs!

\$15 per sign. Stake included.

24"W x 18"H.

Printed on 4mm Coroplast in full color on both sides.

Choose from our in-stock inventory or for only \$15, we'll create your custom design.

Available Cash-N-Carry from our office in Palatine Bridge or order 10 or more and we ship to you at no extra charge

