Mohawk Valley

Country Editor

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October 12,

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## NFPA announces theme for Fire Prevention Week, Oct. 6 - 12

The risk of injury and death from home fires is real. Consider that:

- In 2017, fire departments across the country responded to 499,000 home structure fires. Of that number, 21 fires or explosions were considered catastrophic multiple-death fire.
- These fires caused a total 2,810 civilian deaths. Your home should be a safe and comfortable place

and you can help keep it fire safe by following these prevention tips:

• Cook with care. When you cook, never leave cooking food unattended on the stove. Keep anything that

- ing food unattended on the stove. Keep anything that can catch on fire, like potholders and towels, away from the cooking area. Avoid wearing clothes with long, loose-fitting sleeves that can catch on fire. Also, keep pot handles turned in and supervise young children whenever they're near cooking surfaces.

   If you smoke, attempt to quit. Don't smoke in-
- If you smoke, attempt to quit. Don't smoke inside your home. If you do smoke in your home, never smoke in bed or leave burning cigarettes unattended. It is unsafe to smoke while drowsy or under the influence of alcohol or medications. Also, don't empty burning or hot ashes in a trash can, and keep ashtrays away from upholstered furniture and curtains.
- **Stay warm safely.** If and when you use a space heater, keep it more than three feet away from any-

thing that can catch on fire, like draperies.

- Be alarmed. Install smoke alarms on every floor of your home, including the basement, and make sure you have smoke alarms near all sleeping rooms. For better protection, install smoke alarms in sleeping rooms, especially if they are occupied by a smoker. Test all smoke alarms once a month using the test button
- Make and practice an escape plan. Create a home fire escape plan. Know at least two ways out of every room, if possible, and have a meeting place outside. Practice your escape plan twice a year with everyone living in your home.
- Keep all matches and lighters out of reach of children. Store them up high, preferably in a locked cabinet.

Through three simple calls-to-action, this year's theme, "Look. Listen. Learn. Be aware – fire can happen anywhere," identifies basic but essential ways people can reduce their risk to fire and be prepared in the event of one:

- Look for places fire can start
- Listen for the sound of the smoke alarm
- Learn two ways out of each room

For more information on Fire Prevention Week 2019 go to www.nfpa.org/fpw  $\ .$ 

## Revisiting the Rabbit Hutch

Doubtless the readers will remember my story "The Great Rabbit Hunt" from a few weeks ago. Can a person almost 90 years old become attached to rabbits? I guess so, just as with dogs and cats. Part of my story was about gray-and-white Trixie. Trixie is not only a rover but also an escape artist and lives up to its name. Black-and-white Oreo seems a little more civilized, at least as far as rabbits go. Oh, yes! There is now a new rabbit in the hutch. A few days ago Karena said it was her 12th birthday. I said, "What would you

like for your birthday?" The reply was "My very own rabbit." So a trip was made to the Amish neighbor to find just the right rabbit. A coppercolored one was chosen who soon received the name Ginger. You may have noticed that no mention has so far been made of gender. The committee is still out on that. All do realize that some day big news may come.

After due consideration it has been decided that if we become overwhelmed the thing to do is apply for Public Rabbit Assistance.

Let's consider rabbit eating

habits. When to feed? Constantly. As a small boy I remember feeding the little animals but that is all. Boy, can those creatures eat a lot of almost everything. Lettuce, carrots or apples along with clover are all treats. But the common weed plantain seems to be just as good. Just stick plantain leaves through the wire and watch them disappear just like coins through a coin slot. Try a granola bar for dessert.

That is all for now. I have to get more feed for the rabbits.

Skip Barshied Stone Arabia

## Rabies vaccination clinic set for Oct. 12

A rabies vaccination clinic will be held Saturday, Oct. 12 at the Florida Town Highway Department, Fort Hunter Road, Minaville, 9 a.m. - noon.

New York State Public Health Law requires that all dogs, cats and domestic ferrets shall have initial vaccinations administered against rabies no later than four months of age and stay up to date with re-vacci-

nations. Re-vaccinations are required one year later and a booster shot every three years. It is important to have pets vaccinated in a timely manner in order for the pet to be considered protected against the virus. Pet owners should bring proof of their pet's last rabies vaccination. This helps the veterinarian determine whether

the pet will receive a one- or three-year vaccination; without it your pet will receive a one-year vaccination only.

Vaccine is available free of charge, but donations will be accepted to help defray program costs. Suggested donation is \$10 per rabies vaccine. Other vaccines will be available at additional fees.

To assure the safety of other pets and people, dogs must be leashed; cats and ferrets must be contained in a pet carrier or box when attending the rabies clinic.

For more information about rabies contact Montgomery County Public Health at 518.853.3531 Monday - Friday from 8:30 a.m. - 4 p.m. or call your veterinarian.









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## Halloween costumes that should be popular this year

Halloween is a chance to celebrate whimsy and fantasy and have fun. Halloween is not complete without dressing up in costumes and taking on an alternate persona.

Many of the costumes people will covet this year involve the movie and television characters that have entertained the masses in the months leading up to October. With that in mind, these get-ups are poised to be plentiful as kids and adults begin their hunt for Halloween candy.

- Fortnite: Gamers of all ages still can't get enough of the multiplayer game that exploded on the scene in 2017. Fans are still going strong and may want to emulate their favorite characters from the battle.
- Spiderman: Peter Parker's European trip is put on hold when he agrees to help Nick Fury uncover some

mysteries. The latest Spiderman was highly anticipated, so Halloween revelers likely can't wait to spin their own webs and don the suit.

- Stranger Things: The incredibly popular Netflix series "Stranger Things" has sparked an entire subculture of fans. Now in its third season, viewers have immersed themselves in 1980s pop culture and the lives of the main characters. Whether they choose to go as a Demogorgon, Eleven, Dustin, Mike, or Will, the scifi show is sure to spawn some recognizeable costumes
- Infinity War and Endgame: Marvel gave fans two action-packed movies featuring a slew of characters from the Marvel cinematic universe. Fans can pick among Thanos, Thor, Captain America, Doctor Strange, or any of their movie and comic book heroes for Halloween fun.
- Game of Thrones: Having recently finished its final season, "Game of Thrones" enjoyed a remarkable and wildly popular run. Based on George R. R. Martin's series of fantasy novels, the show became one of the most popular programs on television, attracting legions of fans following the antics in the Seven Kingdoms. People can pull from costumes emulating popular characters from the series.
- Disney: With the release of live-action versions of some of their animated films, Disney fanatics may once again channel Aladdin, Simba, Jasmine, Dumbo, and more.

These are just a few of the costumes that are prime to be popular among Halloween tricksters this year.



Halloween is a chance to celebrate whimsy and fantasy and have fun.







## PLEASE NOTE REVISED FILING DATE

High River Energy Center LLC, 90-Megawatt Solar Photovoltaic Generation Project, Town of Florida, New York

## **NOTICE OF SUBMISSION OF APPLICATION**

High River Energy Center LLC ("High River" or "Applicant") is seeking authority from the New York State Board on Electric Generation Siting and the Environment (the "Siting Board") to construct a 90-megawatt ("MW") solar photovoltaic electric generating facility (the "Project") in the Town of Florida, Montgomery County, New York, under Article 10 of the New York State Public Service Law ("PSL"). Pursuant to PSL § 164 and 16 NYCRR § 1000.7, Applicant hereby provides notice that, **on or about September 30, 2019,** it intends to file its Application with the Siting Board for a Certificate of Environmental Compatibility and Public Need authorizing construction and operation of the Project.

The Project components will include solar photovoltaic panel arrays connected by underground collection lines that will generate electricity to be delivered into New York State's transmission system via an onsite switchyard that will be transferred to National Grid to own and operate. The Project is proposed to be constructed on land either leased or purchased from owners of private property.

The Project will safely generate enough clean, renewable electricity to power approximately 22,000 households. The Project will not emit or discharge any pollutants, and it will avoid other impacts associated with traditional fossil-fueled generating facilities, such as water usage. The Project will also contribute to New York's goal of generating 70% of all electricity consumed in the State with renewable resources by 2030, and eliminating all power-sector emissions by 2040. Further, the Project will benefit the economic growth of the local community through the creation of temporary and permanent jobs, increased tax revenues, and new payments to local farmers that will help them maintain farming operations on other properties.

Construction and operation of the Project will not result in negative impacts to health, air, or water resources. The Project is mostly located on land that is already cleared and therefore avoids disturbances to forested lands to the maximum extent practicable. All impacts resulting from construction and operation of the Project have been minimized to the maximum extent practicable.

The Applicant intends to request a Water Quality Certification ("WQC") pursuant to Section 401 of the Federal Clean Water Act. The WQC is necessary to obtain a permit from the U.S. Army Corps of Engineers.

The Application contains all the information by the proposed stipulations filed in this Article 10 proceeding. Studies and analyses as required by the proposed stipulations and Article 10 address many disciplines such as land use, noise, preliminary engineering, avians, and decommissioning. The Siting Board will determine whether the Application is compliant with the Article 10 requirements. Once it is deemed compliant, the Administrative Law Judges ("ALJs") assigned to this proceeding will schedule a public hearing and issue a notice that intervenor funds, in the amount of \$90,000, will be available for eligible parties participating in the Application phase. The ALJs will also schedule a pre-hearing conference to identify parties, award intervenor funds, identify issues for the hearing, and establish a case schedule. After the hearings, intervenors may submit briefs to the ALJs who will then issue a recommended decision, upon which the Siting Board will render its decision on whether to certify the Project and under what conditions. State law requires that the Siting Board must render a decision on the Application within 12 months of its determination that the Application is compliant with the Article 10 requirements.

Interested, eligible municipal and local parties may apply for intervenor funding to be used to pay for expenses such as administrative, attorney, and/or consultant fees.

A guide to applying for intervenor funding can be found on the New York State Department of Public Service's ("DPS") website by using the following direct link: goo.gl/avcprs.

Any interested person wishing to receive all notices concerning the Project may submit a request to Hon. Kathleen H. Burgess, Secretary, New York State Board on Electric Generation Sting and the Environment, Agency Building 3, Albany, NY 12223-1350 or electronically to secretary@dps.ny.gov. Documents concerning the Siting Board's review of the Project may be viewed at the DPS website located at www.dps.ny.gov by clicking "Search" on the homepage and then entering Case 17-F-0597 in "Search by Case Number."

Additional information on how to participate in this proceeding may be obtained by contacting High River's project representative or the Siting Board Public Information Coordinator:

#### **High River Representative**

Keddy Chandran NextEra Energy Resources 700 Universe Blvd, FEW/JB Juno Beach, FL 33408 561-691-7274

Keddy.Chandran@nexteraenergy.com

#### **Siting Board Public Information Coordinator**

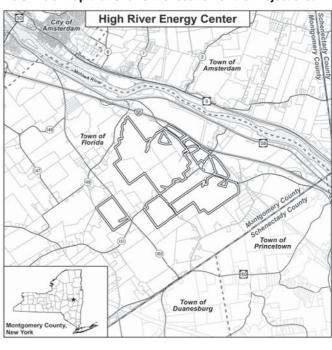
James Denn
NYS Department of Public Service
3 Empire State Plaza
Albany, NY 12223
518-474-7080
james.denn@dps.ny.gov

To find more information, please go to the Siting Board's website (www.dps.ny.gov/SitingBoard) or the Project website (www.highriverenergycenter.com) or call the Project's toll-free number: 800-214-7929.

A copy of the Application will be served on the Town Supervisor of the Town of Florida. The Application, when filed, may be examined during normal business hours at the Offices of the Department of Public Service at 3 Empire State Plaza, Albany, NY 12223, and at the following local document repositories:

- Town of Florida Town Hall, 214 Fort Hunter Road, Amsterdam, NY 12010
- Fort Hunter Free Library, 167 Fort Hunter Road, Amsterdam, NY 12010
- Amsterdam Free Library, 28 Church Street, Amsterdam, NY 12010

#### Below is a map that shows the location of the Project area.



MOHAWK VALLEY COUNTRY EDITOR 6 • October 12. 2019

## King Crossword

#### ACROSS

- 1 Donkey 4 Portion of an
- 9 Mischievous tyke
- 12 Hawaiian garland
- 13 Overuse the mirror
- 14 Ultra-modern
- prefix 15 Clarified
- 17 Auto fuel
- 18 Upper limb 19 Lack
- 21 Uses twee zers
- 24 Long story 25 A billion years
- 26 Male offspring 28 Jockey's
- handful 31 "No - luck!" 33 Phone bk.
- data 35 Winter fore-
- cast 36 Different
- 38 Charlotte's creation
- 40 Greek H 41 War god
- 43 Muffle 45 Landi of
- 1930s movies 47 Plant bristle
- 48 Lair
- 49 Didn't vote.

- perhaps 54 Rd.
- 55 Shunned one
- 56 Wall climber
- 57 Central
- 58 Obliterate
- 59 Grant opponent
- **DOWN**
- 1 Heady brew Gender
- Taste a drink Activates
- Shade of red
- 7 Requirements

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- 8 Ingratiate 9 Deep-seated 10 Vegan's
- no-no
- Luxurious 16 Fond du -,
- Wis. 20 A long time
- 21 Mexican money
- 22 Lummox 23 "Django -(film title)
- Promptly Brief letter
- Still, in verse 30 Pavlova portrayal

- 32 Towel embroidery word
  - Tranquilizes 37 Auction, so to
  - speak 39 Caveat word
  - 42 Cavalry sword 44 Blackbird
  - 45 Cheese
  - choice 46 Jeans-maker Strauss
  - 50 Hot tub 51 Zero
  - First lady
  - 53 Coloring agent

## Weekly **SUDOKU**

#### by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging ♦♦♦ HOO BOY!

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#### **HOCUS-FOCUS**

HENRY BOLTINOFF

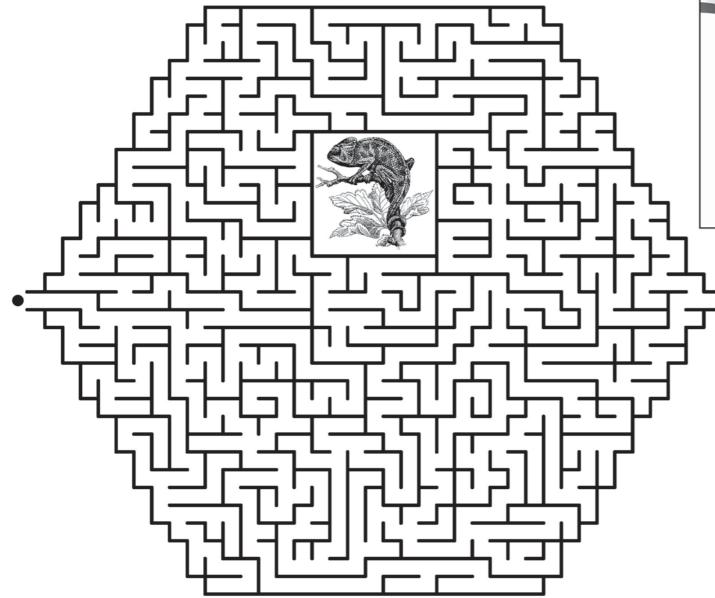


Find at least six differences in details between panels.



5. Picture is tilted differently. 6. There's more glass on floor. Differences: 1. Catcher's shirt has a stripe. 2. Batter has a hat, 3. Mom's collar is different. 4. Sofa has no ruffle.

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## mericanisms



"Not everything that is faced can be changed, but nothing can be changed until it is faced." — James Baldwin

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## This Week's Holidays

Oct. 12 - National Gumbo Day

Oct. 13 - International Skeptics Day

Oct. 14 - National Dessert Day

Oct. 16 – Dictionary Day

Oct. 17 - Wear Something Gaudy Day Oct. 18 – No Beard Day



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## **Herkimer County**

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Wednesday, October 23, 2019 10 am

#### Francesca's Banquet Hall

144 E. Main Street, Ilion

Monday, October 14, 2019 10 am & 2 pm

Ilion Frankfort VFW Post #502

4274 Acme Road, Frankfort

Monday, November 11, 2019

Monday, October 21, 2019 6 pm

**TravelLodge** 

20 Albany Street, Little Falls

Monday, October 28, 2019 10 am & 2 pm

## **Oneida County**

#### **New Hartford Public Library**

2 Library Lane, New Hartford

Tuesday, October 15, 2019 6 pm
Thursday, November 7, 2019 2 pm

**Roselawn Banquet Facility** 

446 Main Street, New York Mills

Monday, November 4, 2019 10 am & 2 pm

The Soda Fountain

9698 Main Street, Remsen

Friday, October 11, 2019 2 pm

Friday, November 8, 2019 2 pm

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10 am & 2 pm

Monday–Friday, 8 am–6 pm Eastern Time. October 1–March 31, Saturdays, 8 am–12 pm.

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For accommodation of persons with special needs at meetings, call 1-833-368-4620.



The annual election period for MVP Health Care Medicare Advantage health plans is Oct. 15–Dec. 7, 2019. MVP Health Plan, Inc. is an HMO-POS/PPO/MSA organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal.

## Marketing study examines what types of searches click for car buyers Researchers compare time spent on internet, offline sources

When making important purchase decisions, consumers often consult multiple sources of information.

A new study from the University of Texas at Dallas examines how consumers allocated their time when searching offline and on the internet as they shopped for a new automobile, and what the outcomes were for price satisfaction.

Dr. Ashutosh Prasad and Dr. Brian Ratchford, marketing professors in the Naveen Jindal

School of Management, recently published the study online in the Journal of Interactive Marketing.

"Our data say that it's very common for a person to spend time searching online and offline prior to making a big purchase," said Ratchford, who holds the Charles and Nancy Davidson Chair in Marketing. "The same information is available both places for the most part – whether it's a manufacturer's website or a brochure at

the dealer. It's just a matter of which one a person is more comfortable accessing."

Over the long term, consumer searches have been moving online, Ratchford said. It's more convenient, and consumers can do more on the internet than before, such as take a virtual test drive or configure a vehicle according to their preferences.

By analyzing survey data on automobile purchases between 2002 and 2012, the researchers compared time spent on internet sources with time spent on offline sources, such as car dealerships.

Generally, those who search more online tend to spend more time with offline sources, the study found. In contrast, previous studies looked at the internet as a substitution for offline sources.

The analysis also revealed insights into buyer demographics and the impact of national brands, Prasad said.

Consumers older than 50 spend less time searching, both online and offline, before making a vehicle purchase, accord-

ing to the study. Many people don't search at all. They merely buy the same type of automobile they already had.

"Men were more likely to search online comparison websites than women," Prasad said. "Married consumers spent more time at dealerships and were more likely to be satisfied with the price paid. The time spent at dealerships was significantly more for buyers of Korean brand cars versus U.S. brands. Knowing even minor differences in behavior can help fine-tune marketing campaigns."

Generally, longer search times were associated with higher price satisfaction – except for time spent at the dealer, the researchers found.

Ratchford said that finding is possibly related to the price negotiation process.

"We don't know exactly why, but chances are they're spending time trying to get a better deal, and they are getting frustrated," he said.

The study also found that time spent on manufacturer websites was less effective at generating price satisfaction, possibly because offline manufacturer and dealer sources, such as advertisements and brochures, perform similar functions. Dealer websites remain important because they list inventory and provide online price quotes, researchers said.

The study's results may have practical implications for manufacturers and dealers. For example, the use of independent websites was associated with reduced time at the dealer. If dealers could identify those who obtain information online, they could save considerable demonstration time, lowering costs as a result.

Manufacturers also may want to rethink the content of their websites. According to the study, consumers who searched longer on manufacturer websites reduced their time on independent websites but increased their time on dealer websites. This suggests that more informative manufacturer websites can deter consumers from visiting comparison websites to get information.



# D & Entertaining









## Save your garden for winter

by Bonnie Kirn Donahue, Extension Master Gardener, University of Vermont

It's happened again. Leaves are getting crispy, flowers are going to seed and the air is beginning to cool. As hard frosts become a reality, it is almost time to start thinking about cutting back our perennials and putting our gardens to bed.

I'd like to propose that we think about this time of year a little differently. In fact, leaving some perennials and grasses up throughout the winter can be beneficial for many reasons.

One reason not to cut back your plants for the winter is aesthetics. Although it might be hard to watch your plants dry out, turn brown and go to seed (it is for me), when we are deep into the winter season the forms and textures of your plants against the snowy backdrop will look far more appealing.

Piet Oudolf, a world-renowned garden designer from the Netherlands, designs gardens that are meant to be striking through every season including winter. Oudolf accomplishes this not by using shrubs or evergreens alone, but by using a naturalistic palette of perennials and grasses.

Oudolf selects plants that have characteristics in the winter that most of us never get the chance to experience because we cut them back so early. False indigo (Baptisia spp.), for example, has great winter structure and its seedpods turn a lovely grey-black in the winter, creating an attractive ornamental contrast to the stark winter landscape.

When picking plants to leave, look for stems and seed heads that are sturdy and persist such as globe thistle (Echinops ritro), Siberian iris (Iris sibirica), bee balm (Monarda didyma), showy stonecrop (Sedum spectabile) and Culver's root (Veronicastrum spp.).

Or choose plants with interesting textures such as feather reed grass (Calamagrostis acutiflora), tufted hair grass (Deschampsia cespitosa) and silvergrass (Miscanthus spp.). Experiment with your own plants and take notes so that you can remember what looks best from year to year.

However, before deciding to wait until spring to cutback your plants, consider whether or not the plants are diseased or will reseed and become a maintenance headache. In these cases it might be better for the health of your garden and your maintenance plan to cut back these plants in the fall. The same is true if you are concerned about voles or mice overwintering in your beds and causing damage to bulbs and other plants. In addition to enjoying a

winter garden from your

window, leaving perennials like purple coneflower (Echinacea purpurea) or black-eyed Susan (Rudbeckia spp.) provide seeds for goldfinches and other winter birds. I have experimented with this in my garden, and it is so satisfying to see the lively birds perched on tiny perennial stems enthusiastically picking seeds from the spiky flower heads.

Leaving perennials and grasses through the winter also offers important protection for insects and pollinators who use the plants and leaf litter as overwintering habitat to help survive the long months of winter.

This fall I encourage you to test this theory out in your garden. Leave a patch of purple coneflowers or black-eyed Susans, and see what you think come January. When the world is blanketed in white snow, the texture from your rich black and brown landscape might be just what you need to get you through to spring. And it will definitely help birds and insects survive, too.

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THOUGHT FOR THE WEEK: "Let's Attend Church This Sunday". You and your family are welcome at Grandview Baptist Church, corner of Lydius & Washington St., Ft. Plain, NY. Sunday School 10am. Morning Worship 11am.

SENIOR HOUSING (50+), very nice 2 bedroom apartment, \$650/month, security and first month's rent due prior to move-in, reference required, no pets, no children. Available 10/15. Palatine Bridge 518-369-2164







## Whatchamacallits

Our pair of whatchamacallits this week are the same tool – a leather cutting gauge, also known as a draw gauge. One was made circa 1855 by H. (Henry) Sauerbier, who manufactured saddlery tools prior to the Civil War in Newark, NJ, made of brass and steel. The other is a homemade wooden version of unknown (to me) date or origin.

Cutting gauges are a fast and accurate way to cut leather strapping and I was able to find several modern versions online as well as a good "how to use" video on YouTube, which was very helpful in understanding how these work (www.youtube.com/watch?v=m-2b3S81Z-o).

Each version has a pistol grip, which seems to be uncommon on the modern wooden versions, a side screw that clamps the blade in place and a front screw that helps to regulate the width of the strap by sliding the rule to different sizes. The smallest setting allows you to make leather laces.

Once you've determined the width of your strap, you make a starting cut, place the gauge underneath the leather so the blade is pointing up through it and draw the cutter toward you in a slow and deliberate movement to cut through the leather. The instructor said to expect to ruin at least a few straps until you got the hang of it.

According to bruce-johnsonleather.com, he is particularly fond of Sauerbier tools and draws and he has been told by Civil War collectors that "he [Sauerbier] was one of the premier sword makers during the Civil War."



Do you have your own Whatchamacallit? Send a photo and short description to csuo@leepub.com or call Colleen at 518-673-0145









# Vote for Palatine Integrity and Progressive Tean on November 5th

Supervisor - William MacLauchlin Councilman - Janey Dygert Councilman - Deb Carey

Janey Dygert: Janey has been a resident of Palatine Bridge for 40 plus years. Career summary includes 30 plus years of experience in human resources, management, and health care administration. Major strengths in organization, planning, and leadership. She graduated from The College of St. Rose with a degree in Business Administration. She is currently the Chair of the Town of Palatine Ethics Board, a member of the Fort Hunter Free Library Board, and was a previous member of the Palatine Town Council.



**Deb Carey:** Deb has been a resident for the last eight years. She grew up in a small town about the size of Palatine Bridge/Nelliston, a mother of four and a grandmother of eight. She is a current member of the Ft. Plain/Canajoharie Elks. By joining the Elks, she has been able to get to know more members of the Community and be able to hear their concerns/desires for the future of our town. My experience includes working with the elderly as a Home Health Aide,

customer service representative for the last 35 years, and a Direct Sales Consultant.

WITH OUR EXPERIENCE WE WILL CONTINUE TO MOVE THE TOWN OF PALATINE FORWARD. TOO MUCH EMPHASIS HAS BEEN PLACED ON THE PAST!



## Donna's Day: Creative family fun

## by Donna Erickson Make baked apple rings and applesauce

Baked apple rings are a tasty and nutritious snack you can make in your own kitchen on a chilly fall day. We use zesty apples that friends share with us from their backyard trees, or we buy them at farmer's markets and apple orchards.

The drying process concentrates the sweetness of the apples, making them an ideal snack food to grab between meals or to include with trail mix on a hike or bike ride. Enjoyable for adults and kids to make together, you also can turn any leftover raw end apple pieces into chunky applesauce in just minutes in the microwave.

#### **Baked Apple Rings**

(Makes about 50 rings)

- 4 firm apples
- 1 tablespoon lemon juice
- 1/4 cup water
- 1. Heat oven to 250°F.
- 2. Prepare pans. Place wire cooling racks on two large baking trays. Or line two large baking trays with parchment paper.
- 3. An adult should core and cut the
- apples in 1/8-inch rings using a sharp knife or mandolin. There will be extra irregular-size pieces on the ends. Snack on them as you work or save for making microwave applesauce (see recipe below).
- 4. In a shallow dish, stir together lemon juice and water. Set prepared baking trays on the counter by ingredients. Young kids will enjoy dipping each slice into the lemon mixture and setting them on a rack or parchment paper. Edges may overlap slightly.
- 5. Bake rings until dried with a leathery tex-

ture, about two hours. (If using parchment-paper-lined pans, an adult should flip the rings over after 1 hour and return to oven for additional hour.)

6. Remove from oven and enjoy! Cool before storing.

Tip: For added flavor, sprinkle a mixture of 2 teaspoons cinnamon and 1 tablespoon sugar over the rings before baking.

#### Microwave Chunky Applesauce

- 2 cups apple chunks from cored apples of one or more varieties, peeled or unpeeled if you like (red peels may give a nice rosy color)
  - 1/2 cup water
  - 1 tablespoon lemon juice
  - 1 tablespoon sugar
- 1/4 teaspoon cinnamon
- 1. Combine ingredients in a deep, microwave-safe bowl.
- 2. Cook, uncovered at full power for 5 minutes. Remove and stir well. Cook an additional 5 minutes.
- 3. Use a potato masher or whisk to mash and stir the apples into the liquid.
- 4. Cool and serve or refrigerate. Makes

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Baked apple rings are a tasty and nutritious snack.

Presented by our friends at The Studio for Art and Craft

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## Saturday November 9th at GPM

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> 1st Drink is Free Snacks Will Be Served

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Santa's First Appearance:

Saturday November 30, 11-2

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SATURDAY & SUNDAY 10-5



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12 • October 12. 2019

MOHAWK VALLEY COUNTRY EDITOR

## Ten to-dos for home and yard winterization

(BPT) — Scarves. Pumpkin spice lattes. Leaves crunching underfoot. Sweater season is moving in fast, which means it's time to start transitioning to fall maintenance to make sure your home and yard are ready for winter. The following are 10 things you can do to prepare for the cold and wet weather ahead.

#### 1. Interseed your lawn

A summer of heavy use can take its toll on even the healthiest of lawns. If your turf has some thin or bare patches, fall is the ideal time to reseed. A turf specialist at a garden shop or university extension office can help you choose the right kind of seed for your local conditions. After spreading the seed, water lightly and frequently (if it doesn't rain) to keep the soil slightly

damp until the seed germinates.

#### 2. Winterize your irrigation system

If the ground in your area freezes down to the depth of your irrigation pipes during the winter, be sure to shut off the water to the system and drain the pipes before the first freeze.

#### 3. Lower your mower blades

For the last few mowings in the fall (and the first few in the spring), set your lawn mower blades at the lowest recommended height for your type of turf. You no longer need the height of the grass to shade the soil and keep it cool, and minimizing the amount of moisture that's trapped by the grass can help prevent fungal disease.

## Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

#### October 11-13

#### October 17

## **Path Through History Weekend.** For more information, contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks.com

Bike Thru History events. 2-day family friendly road cycling event will be based at Johnson Hall State Historic Site in Johnstown. Registration to cycle in the Bike Thru History event is still open. Event details can be found at www.44lakes.com/bike-thru-history. To register for programming or additional information, please call the tourism department at 518.725.0641 or email tourism@fultonmontgomeryny.org.

#### October 12

## **Montgomery County Rabies Clinic.** Florida Town Highway Dept. Fort Hunter Rd., Minaville. 9 a.m. – noon. For more information on rabies call 518.853.3531 or your veterinarian.

**Free Clothing Give-Away** at Valley Alliance Church, State Highway 5, one mile east of the Nelliston traffic light. 9 – 11 a.m. Doors open at 8:45 a.m. Refreshments will be provided.

#### October 13

Siena College's James Belflower to present final writing clinic at the Fort Plain Free Library, 19 Willett St. 3-5 p.m. For more information, call 518.993.4646.

#### October 15

**Autumn Tour.** For more information, contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks.com

American Red Cross blood drive 1-6 p.m. at St. John's St. Mark's Church, 143 Church St., Canajoharie. Make an appointment with Kathy at 518.673.5443 or visit redcrossblood.org and enter sponsor code: StJohnsStMarksCanajoharie.

Friends of Schoharie Crossing Field Trip to the Erie Canal Museum in Syracuse is slated for Oct. 17. Register at https://forms.gle/tgjo9EcgB8ibx2FaA by Oct. 8. If you have any questions call 518.829.7516.

**Harvest Supper** at Middleville United Methodist Church Route 29 Middleville. 4-? p.m. Roast Pork Dinner. Homemade pies. Adults \$9. Under 12 \$4.50. Under 5 free. Take outs available.

#### **October 18-19**

**Rummage and Bake Sale** at Trinity Lutheran Church, Stone Arabia, Rte 10N, Palatine Bridge on Oct. 18, 1-5 p.m. - rummage only and on Oct. 19, 9 a.m. - 1 p.m. - rummage and bake sale. Please no early birds.

#### October 19

Commemoration of the Battle of Stone Arabia... and burning of the valley. 10 a.m. Please contact Carol Edwards at 518.993.4280 for more information.

**Evening at the Tavern** 4 – 7 p.m. 1747 Nellis Tavern, Rt. 5, St. Johnsville. \$20. Beer, soup, dessert and music. Reservations: 518,568,2997. Fundraiser.

#### November 2

**Ames Museum Open.** Final day the museum will be open in 2019. Contact 518.673.5820 or visit www.amesmuseum.weebly.com or write to f@amesmuseum.

**Montgomery County Rabies Clinic.** Mohawk Town Barn, 2-4 Park Street, Fonda. 9 a.m. – noon. For more information on rabies call 518.853.3531 or your veterinarian.

**The Sullivan-Clinton Campaign** - 1779 Symposium at Fort Plain Museum. Six speakers on various aspects of the campaign and in-

clude: Glenn F. Williams, G. Peter Jemison, Joseph R. Fischer, William A. Starna, Robert Mulligan and Wayne Lenig. For more information, contact brianm248420@ hotmail.com or call 518.774.5669.

## November 5, 12, 19 and 26

New York State History Series. NYS History Series. Tuesdays. For more information, contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks.com

#### November 15

Old Main Band. 7-10 p.m. band. At Amsterdam Elks Lodge 101 located at 8 Fourth Ave., Amsterdam, NY. \$10 at the door. Or call Michelle Egelston at 518.339.2260 or www.facebook.com/amsterdam. elkslodge. Doors open 5:30 p.m. Craft Brews & Wings - Foot stomping lively good time! Also a tribute to our Veterans.

Program about Marinus Willett, the Battle of Johnstown, and the Death of Walter Butler by Terry McMaster at 6:30 p.m. at the Fort Plain Museum. For more information, contact brianm248420@hotmail.com or call 518.774.5669.

#### December 1

St. Nicholas visits Fort Klock. 12-3 p.m. Enjoy cookies, hot cocoa and mulled cider with St. Nicholas. Free admission and free parking. For more information visit www.fortklockhistoric.org, call 518.568.7779, email fortklock@gmail.com or find us on Facebook.

#### December 4

Christmas tree lighting in the Village of Ames. 6 p.m. In front of the Ames Museum. Christmas carols, the lighting, then refreshments to follow at the Ames Fire Station. Contact 518.673.5820 or visit www.amesmuseum.weebly.com or write to f@amesmuseum.

#### 4. Remove the leave

Don't leave your lawn buried under a thick layer of leaves. If you don't want to rake, try mulch mowing chopping the leaves up into small pieces allows them to decompose more quickly, so that they fertilize the grass instead of suffocating it. You may need to mow more frequently to keep up with the falling leaves, even if the grass itself isn't growing quickly.

#### 5. Clean up your yard

Any object that sits on your grass all winter can create a dead spot. To protect your lawn, remove toys, furniture and other items from the grass. Be sure to cover or store anything that's not designed to be out in the rain or snow indoors.

#### 6. Prep your equipment for spring lawn care

In addition to seeding, another great way to get a jumpstart on spring is to give your lawn mower a tune-up. By sharpening the blades before you put it away for the winter, it will be ready to get back to work when the grass starts growing again in the spring.

#### 7. Check your roof, gutters and downspouts

Leaks can lead to costly water damage, so check for potential trouble spots now, before the winter storms start. Look for broken shingles and damaged flashing around vents, chimneys and skylights; clean the leaves out of your gutters; and add extensions to your downspouts if the water runs less than three feet away from the foundation of the house.

#### 8. Check your doors and windows for leaks

Eliminating air leaks around doors and window frames is one of the most effective ways to lower your heating bills. Caulk and replace weatherstripping where needed to prevent cold air (and potentially water) from entering. Don't forget to make sure the seal between the garage door and the ground is tight as well.

#### 9. Service your heating system

Before you turn your heating system on for the winter, have it cleaned and inspected by a professional. Regular preventive maintenance will keep it running safely and efficiently and make sure minor issues are resolved before they become major problems.

#### 10. Test your emergency power generator

Winter wind and ice storms can bring down power lines and cause lengthy blackouts. If you live in an area where power outages are common and you have an emergency backup generator, test it now, and make sure you have engine oil and filters on hand.

Spending a bit of time in the fall to prepare your home and yard will allow you to enjoy the winter months with peace of mind. What's more, the effort you invest in the health of your lawn now can pay dividends in the spring by jumpstarting your turf's growth and minimizing weeds. Have you completed everything on the list? It must be time to curl up with a good book, a hot beverage and relax!



## Why are food allergies on the rise?

Hosting a party or a special event where food will be served has become a bit more complicated over the last several years, as hosts must now contend with food allergies when planning party menus.

According to Food Allergy Research and Education, a group that works on behalf of the millions of people who have food allergies, a food allergy is a medical condition in which exposure to a food triggers a harmful immune system response. Allergies can range from mild reactions to death. Life-threatening reactions can be initiated even by small traces of the trigger foods. In August 2018, a six-year-old girl in western Australia died as a result of a dairy allergy. In 2016, Natasha Ednan-Laperouse collapsed on a flight from London to Nice after eating a baguette in which sesame seeds were not listed on the food la-

Data from the U.S. Cen-

ters for Disease Control and Prevention indicates that the prevalence of food allergies in children increased by 50 percent between 1997 and 2011, and it continues to rise. The CDC estimates that one in 13 children in the United States now has a food allergy. Food allergies also affect roughly 7 percent of children in the United Kingdom and 9 percent of children in Australia

While no one can answer why food allergy rates are increasing, researchers have been working hard to figure that out. A number of agencies, including the U.S. Food and Drug Administration, are looking into the "hygiene hypothesis." This is a link to western society's obsession with preventing and fighting germs. searchers surmise that a lack of exposure to infectious agents early in childhood could create a situation in which a child's immune system

mistakes a food protein as an invading germ, launching an attack. According to Dr. Leigh Vinocour of the American College of Emergency Physicians, being too clean may be leading to a rise in allergic reactions. Another theory is that

microbiome of the stomach and digestive system, potentially resulting in health-related problems like allergies.

Some other health experts say that failure to

the overuse of antibiotics

and acid-reducing med-

ications could change the

introduce common food allergens to children early in life could set them up for a lifetime of food allergies later. Dr. Adam Fox, a consultant pediatric allergist at Guy's and St. Thomas' hospitals in Great Britain, suggests that if parents introduce

something into a young child's diet, then the child is less likely to become allergic to it. For example, Dr. Fox cites a 2008 study of the prevalence of peanut allergies in Jewish children in the UK, where the advice had been to avoid peanuts, was 10 times higher than that of children in Israel, where babies are often given peanut snacks and peanut allergy rates are

Many other doctors believe food allergies are still a mystery. Dr. R. Sharon Chinthrajah of the Sean N. Parker Center for Allergy and Asthma Research at Stanford University believes the cause of allergies will ultimately come down to a combination of many factors. Environmental exposure and even what mothers ate during pregnancy could have implications. Until more is learned, people must remain careful of the foods they eat and serve.



A food allergy is a medical condition in which exposure to a food triggers a harmful immune system response.



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NEW LISTING!!! MLS201930914 - 078: 0 State Route 163, SPRAKERS: 29.4 acres. Water, Septic and Electric to be brought in. Asking \$29,900



MLS 201931812 - 532: NEW LISTING!!! 50 Center Street FORT PLAIN: A spacious 2 story, 3-4 bedroom home located on a corner lot. Large living room with fireplace, foyer and up-dated kitchen. Reasonable priced and move in ready!!! Asking \$39,00



- 257: 78 Academy Street, AMSTERDAM: Great investment property that is priced to sell!!! Off street parking potential! sking \$34,900

NEW LISTING!!! MLS201931566



MLS201931218 - 614: 748 Stoner Trail Road, TRIBES HILL: Fixer Upper in a great location. This could quickly be turned back into a great home or investment for the right person. Asking \$29,900



43 Slater Street AMSTERDAM: Great income opportunity! This solid two-family is privately located on the end of a dead end street. Both units are rented Don't miss this!
Asking \$42,000

**NEW LISTING!!!** 

MLS20191568 - 258



NEW LISTING!!! MLS201931564 - 358 JOHNSTOWN: THIS everv sense of the term Roof in good shape (except back garage)

new furnace and oil tank in front garage. Water heater and pump in basement. Garage in front was used as a repair shop. House with bare sub floors and several unfinished rooms, but has A LOT of potential. All tucked away in a corner lot with privacy.

MAKE AN OFFER!!! Asking \$43,000



NEW LISTING!!! 248 White Birch Road, NORTHHAMPTON: Beautiful 2.39 acres has dug well and septic. Asking \$30



MLS201931545: 88 Ann Street, **ST.** JOHNSVILLE: Three bedroom, 1 1/2 bath home located on a quiet street in the Village of St. Johnsville - walking distance to stores, post office, bank, high school and parks Priced to sell just needs a little TLC. Asking \$46,999

MOHAWK VALLEY COUNTRY EDITOR **14** • October 12. 2019

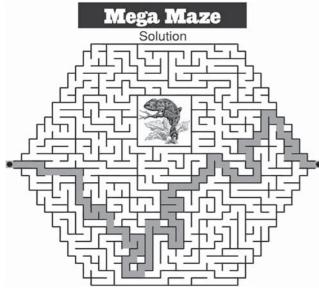
#### Answer

7	3	6	1	4	5	8	9	2
4	1	2	8	6	9	7	3	5
5	9	8	3	2	7	1	4	6
1	4	7	2	8	6	3	5	9
3	2	5	9	7	1	4	6	8
8	6	9	4	5	3	2	7	1
2	5	1	7	9	4	6	8	3
6	7	3	5	1	8	9	2	4
9	8	4	6	3	2	5	1	7

## Weekly SUDOKU — King Crossword — Answers

#### Solution time: 21 mins.

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Нарру Columbus Day!

#### You Are Invited to

at Cornerstone

## Nov. 3rd, 5-7pm **Thanksgiving Celebration**

Craft stations & fellowship, pie baking and pie eating contests, homemade soups & pies

Held in Canajoharie at the Fire Department on Rt. 5S

## Dec. 1st, 5-7pm Christmas Celebration

Cookie decorating contest, ornament making, fun photo booth, pizza & wings Held at Cornerstone on Rt. 10



#### **Cornerstone Baptist Church**

7274 State Highway 10, Ames, NY

Questions: Call Pastor @ 518-414-4447 www.cornerstoneames.com

**Kovels: Antiques and Collecting** 

#### by Terry and Kim Kovel Ultra-modern table

Ever wonder who invented the table? The earliest tables seem to have been used by the ancient Egyptians, although they did not sit near it; they used the flat top to hold things. It was not until the days of the Greeks and Romans that tables were used in a house near a seated person. By the Middle Ages, large tables were used for banquets and there were special rules about the seating. But today we can find many tables made for specific tasks, like sewing, dining, playing games or holding a candle, a lamp or a special ornament. Tables have flat tops with three, four or more legs, or an unusual base.

Twentieth-century designers became adventurous and made tables that were placed on the backs of two carved statues or on a series of geometric shaped blocks. Perhaps the strangest table seen recently is the "Foot Art" side table. It has a flat top, one drawer with a human nose for a handle, and a resin foot for the base. The large foot in a blue boot supports the top on three metal rods stretching up from the inside of the boot. It was sold by Burchard Galleries in Florida.

**g:** I bought a wooden piece from an antiques dealer in Nebraska in the 1970s. He told me a "picker" from the Northeast brought it here. It is 59 inches tall and 26 inches wide. It has straight sides, and I was told it has "shoe feet." The center vertical piece of wood slides up and down, and the circular "cage" pieces turn. A fur-

niture repair person told me it is "museum worthy." I thought it might be for weaving, and I tried contacting a tapestry museum to ask about it but didn't get an answer or interest. Do you have any suggestions or a value?

A: You have a "squirrel cage" yarn winder, also called a "squirrel cage swift." It is used to smoothly and quickly wind a skein of yarn onto a weaving

bobbin or a ball winder. The skein is placed around the two drums that rotate as the skein unwinds. The shoe feet on your winder add stability as the drums turn. Squirrel cage swifts made in the 18th and 19th centuries start at about \$150 at auction. Those made by craftsmen of the Shaker community sell for \$700 to \$950.

#### **Current prices**

- Vase, Peters & Reed, brown, green, vines, column shape, 12 inches, \$15.
- Mop wringer, janitorial tool, iron and wood, Reliance junior model, Lee Chair company, handle, 1906, 25 x 10 inches,
- Tea caddy, wood, porcelain panels, figures, garden landscape, lacquer, multicolor, footed, 9 inches, \$125.



A blue boot covers the large resin foot that is the base of a very modern 25-inch-high table that sold for only \$175. A conversation piece for a modern home.

• Pencil, mechanical, Mont Blanc, gold plate, resin, leather case, 3 1/4 x 7 3/4 inches, \$315.

Tip: Use your phone camera at a flea market. Record things you might want to buy later. Record marks, etc. to look

For more collecting news, tips and resources, visit www.Kovels.com

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MOHAWK VALLEY COUNTRY EDITOR

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# MOOSE CIND

**Wing Weds** \$6.00 Doz **Open to Public** 

**Thurs Nite** Dinner Specials 5-7 **Open to Public** 

**Pitch Starting On Friday Nites Open to Public** 

Back **Room Rentals** For Parties

Spike Brown Band Oct 12th 7-11

**Fast 4-Ward Band** Halloween Dance 7-11 **Open to Public** 

Come See The Moose Club. Enjoy and Become a New Member!

## Big Buck Contest Open to the public North & South



\$20 Entry Fee for all

Crossbow

Men - \$50 Women - \$50 Youth - \$53

Heaviest

**Buck or Doe** 

by weight

**Z** Bow

Men - \$75

Women - \$75 **Deer by Weight** Youth - \$75

**Buck or Doe** 

Heaviest

3 Gun

Men - \$100 Women - \$100 Youth - \$100

**Biggest Buck or Doe** by Weight **Points & Spread** 

4 Muzzler Loader Biggest

Men - \$100 Women - \$100 Youth - \$100

**Buck or Doe** 

by Weight

5 Gun North or South

\$100

Heaviest

Bear

## -Gurantee Prize Money and more

Must have entry ticket before your season that you hunt starts.

Weigh in at Moose Club 853 - 205 Erie Blvd. Canajoharie, NY Times: Mon-Sun 6pm-8pm

or Call: 518-848-6469 - or Doc: 518-332-7808

Winners and Scores will not be revealed until night of Dinner! January 11th 6PM at Moose Club Bring a dish to pass. Raffles and Door Prizes. Tickets available at the Moose Club Canajoharie

For questions about contest or to get tickets call

**Moose Club** 518-673-3993

**Harry Delong** 518-848-6469

Doc 518-332-7808