

JANUARY 22, 2022

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Also I heard the voice of the Lord, saying: "Whom shall I send, And who will go for Us?" Then I said, "Here am I! Send me." Isaiah 6:8



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Herkimer County Public Health adjusts COVID-19 protocols in response to high volume of cases

A sharp rise in the number of COVID-19 cases in Herkimer County has resulted in an inability for the NYS Contact Tracing Initiative and the Herkimer County Public Health Nursing Service staff to contact all county residents who have received positive results or were quarantined due to close contact.

HCPH Director Christina Cain has asked that all county residents follow the new NYSDOH and CDC recommendations for isolation and quarantine. If documentation is required to fulfill the needs of county residents and their employers or schools, isolation and quarantine attestation documents are now available on our website.

Any county resident who requires documentation for quarantine or isolation orders/release may download and print the appropriate form(s) atherkimercounty.org on the COVID-19 page. Note there is one form for attesting that you were isolated due to positive test and a separate form for attesting that you quarantined due to close contact.

HCPH is adopting the new CDC recommendations, in alignment with the NYSDOH, on isolation and quarantine due to new scientific data available on the COVID-19 Omicron variant. Pursuant to these changes,

everyone who receives a positive COVID-19 test result, regardless of vaccination status or symptoms, is to self-isolate for five days and notify their household and close contacts, other whereby day zero is the date of first symptoms or positive test result, whichever comes first. If you have no symptoms or your symptoms are resolving and you have had no fever for 24 hours (without fever-reducing medications), you may leave your place of isolation on the sixth day. You must continue to wear a well-fitting mask for an additional five days after you exit isolation. If you have continuing fevers or your symptoms are not improved or worsening, vou should contact your medical provider for ad-

vice. Close contacts of positive cases should self-quarantine for five days from the last exposure in alignment with NYSDOH guidelines and monitor for symptoms. If

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you develop symptoms, you should begin an isolation period. Common symptoms include but are not limited to sore throat, runny nose, congestion, cough, fever, loss of taste or smell, fatigue, nausea/vomiting and diarrhea. If vaccinated and boosted (or vaccinated but ineligible for a booster) you are exempt from quarantine but should wear a well-fitting mask for a full 10 days and monitor for symptoms. If you are able to/plan to test during quarantine, the fifth day after exposure is the recommended testing day, although this is not a requirement.

Most school districts in the county have been provided rapid antigen tests for students and staff, and some schools may elect to follow the "Test-To-Stay" protocols developed by NYSDOH and the CDC to allow asymptomatic children who were exposed to attend school during their quarantine period, if they test negative on certain days. Note that not all districts have the resources to implement these procedures. but HCPH is working in partnership with the NYSDOH, BOCES and schools to support districts that are able to do so. HCPH recognizes the vital importance of keeping our children in the classroom, and we continue to work with districts in any way we can to support their efforts to implement "Test-To-Stay" in a safe and sustainable manner.

Notes on New 5-Day Period Masking and Testing Be aware that although

the highest period of infectivity is now known to be early in the course of a COVID-19 infection, proper mask wearing is absolutely essential to prevent further spread of the virus after exiting the new shortened isolation and quarantine periods, as many individuals will still be carrying small amounts of infectious viral material after they complete their five-day period. Rapid antigen testing is a reliable (but not infallible) way to determine if an individual is likely to still be carrying any infectious virus material. While HCPH does not recommend utilizing valuable testing resources to regularly screen individuals who are already positive and isolated, in select circumstances, such as when those individuals may come into contact with sensitive populations (e.g. immunocompromised individuals), upon exiting the new five-day isolation period, antigen tests may be

utilized, per CDC guidance, to screen for reduced likelihood of infectivity. If the result of a properly-administered rapid antigen test is negative, the likelihood of continued infectiousness is greatly reduced.

A high-quality well-fitting mask that seals well against the face, over the nose and under the chin is the best way to prevent viral material spread and reduce the risk of exposing others when you have exited your new shortened isolation and/ or quarantine period. Together we can move forward as a community in implementing these new policies, but they will only be successful if we take individual responsibility for the safety of ourselves, our loved ones and our community.



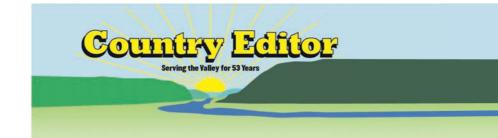
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GARDEI



THE NEXT GENERATION OF THE COUNTRY EDITOR -NOW ONE WEEKLY EDITION WITH EXPANDED CIRCULATION!

Some things may change, but at the end of the day – we are still the same local paper you have come to depend on! We have combined the Herkimer and Mohawk Valley editions into one great weekly edition to serve our full circulation.

In an effort to be more accessible and to keep costs low – we will no longer be mailing the paper, but it will be available at various community locations for everyone to enjoy. Be sure to stop by any of these locations with expanded coverage from Amsterdam to Johnstown to Richfield Springs to Frankfort and everywhere in between.

Amsterdam

- Amsterdam Hardware Blue Hen Country Feed Dutch Mart
- Fastrac Frank's Gun Shop Hannaford Karen's Produce
- Knights Inn Laundromat Microtel Mobil Mart Mobil Station
- Outdoor Motorsports
 Peking
 Pistol Lilly's
- Raindancer Star's Cafe Town & Country Deli

Broadalbin

Café in the Village
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Buel

• Buel Road Repair

Canajoharie

Canajoharie Golf Country Club

 Cornerstone Baptist Church
 Lee's Shops at Wagner Square
 Peruzzi's

Stop & Shop
 The Tire Shop

Cherry Valley

Cherry Valley Hardware
Cherry Valley Market
Mirabito
Rose & Kettle Restaurant
The TeePee
Tryon Inn

Dolgeville

• Big M • Country Store Gas • George Lumber • Southern Girl Diner • Stewart's

East Springfield • Kelly's Deli • Rt. 20 Auto

Ephratah

• Brittany's Diner • Granny's • Royal Mountain Inn

Esperance

• Dollar General • Hannaford • Stewart's

Fonda

• Cumberland Farms • Dollar General • Fairway Oil • Kateri Shrine • New Peking • Stewart's • Winner's Circle

Fort Plain

• Dutchman Enterprises • 5S Diner • Fort Plain Agway

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 Sleepy Forest Bakery
 Sportsman's Den
 Stewart's (both)
 True Value

Frankfort

• ADK Food & Fuel • Country Farms • Melrose Grocery

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 Fultonville Redemption Center
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- Harbor Freight
 Sam's Deli
 Smoker's Choice
 Subway in Sunoco
- The Emporium True Value Tractor Supply

llion/Mohawk

- Beer Belly Bob's Cliff's Dollar General 4 Seasons Tire
- Family Dollar

 Fastrac
 Lombardo's Pizza
 Mohawk Post Office
- Smoker's Choice
 Sorrento's Pizza
 Village Market

Johnstown

Clyde's Stop & Shop • Gulf • Harvey's Pet • Miss Johnstown Diner
 Ruby & Quiri • Super 8 • Whitey's

Little Falls

- Ace Hardware Ann Street Restaurant & Deli Café at Stone Mill
- Circle K/Nice N Easy
 Dollar General
 Kinney Drugs
- Little Falls Antique Center
 Little Falls Lumber
 Mangia Macrinas
- Mobil

 Paca Gardens
 Price Chopper
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- Showcase Antiques Stewart's
- That Little Place on Main
 Travelodge

Mayfield

• Food & Fuel

Nelliston • Q's Mart

Q s Mart

In addition to the articles and calendar of events you enjoy, we will also be including obituaries starting with the January 22 Issue.

Send your articles and calendar of events items to Gary Elliott at cfeditor@leepub.com or call 518-673-0143. For any other information or questions please contact Tina Krieger at 518-673-0108, tkrieger@leepub.com, fax 518-673-2381.

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- Price Chopper Shults Agency Tractor Supply
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- Kinney Drugs
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 Mirabito
 Stewart's

Salisbury

- Covered Bridge Convenience
 Nichols Country Store
- Spruce Creek Campground

Sharon Springs

• LOG House • Stewart's

Sloansville

• Mobil • Sloansville Wine & Liquors

Sprakers

• Ayres Memorial Animal Shelter • Byler's Custom Cabinets • Sprakers Post Office • Sprakers Produce • Vinyard's Choice

Stratford

• East Canada Creek S&S • Southern Adirondacks General Store

St. Johnsville

- Bridge Street Café Dollar General Kinney Drugs
- Monte Grab & Go St. Johnsville Marina
- St. Johnsville Rehab & Nursing Home Stewart's
- Two Brothers Laundromat





Herkimer County OFA offers cost saving programs and assistance for older adults

Medicare Savings Program: This program helps those on Medicare get the premium they pay for their Medicare Part B back in their Social Security check. To qualify you must be on Medicare and be under the income levels: Individuals - \$1,469, couples - \$1,980.

There are also two programs to assist with the cost of prescription medications - Elderly Pharmaceutical Insurance Coverage (EPIC) and the Low Income Subsidy (LIS). If you are interested in applying call NY Connects Office for the Aging at 315.867.1121 or HIICAP at 315.894.9917.

The Supplemental Nutrition Assistance Program (SNAP) is a nutrition assistance program. SNAP provides benefits to eligible low-income individuals and families via an electronic benefits transfer (EBT) card. This card can be used like a debit card to purchase eligible food in authorized retail food stores.

If you are over 60, to qualify your income must be under the income levels: One-person household -\$2,147; two-person household – \$2,903.

If you are interested in applying call Herkimer County DSS at 315.867.1291 or Catholic Charities of Herkimer County at 315.894.9917 ext. 235 or visit mybenefits.ny.gov.

Food Pantries: Local food pantries can provide food items. To find the food pantry nearest you call NY Connects/OFA at 315.867.1121 or visit nyconnects.ny.gov and search Food Pantries of Herkimer County.

Food Sense Food Co-op Program: Food Sense is a great way for individuals to save money and purchase quality foods for less. Each package of food or unit is filled with high quality meats, vegetables, fruits and grocery items. There are no restrictions - if you eat, you gualify. For more information and place an order call Catholic Charities at 315.894.9917.

Home Energy Assistance Program (HEAP): HEAP helps low-income people pay the cost of heating their



January is National Skating Month



homes. Household of one - \$2,729; household of two - \$3,569. To see if you qualify if you are over 60 years old call 315.867.1195; if under 60, call 315.867.1220 or visit mybenefits.ny.gov.

Low Income Household Water Assistance Program: This program assists with overdue water and wastewater bills. To see if you qualify visit otda.ny.gov/ LIHWAP.

Rental Assistance: You may qualify for funds to help pay your rent. For more information call Little Falls Housing at 315.823.2540; Herkimer Housing at 315.866.2252; Ilion Housing at 315.894.2159; or Dolgeville Housing at 315.429.9548. Call the area that you reside in and for all other areas call Mohawk Valley Community Action Agency at 315.624.9930.

Property Tax Relief: These programs could assist you in reducing your property taxes. To apply call 518.457.2036 or visit tax.ny.gov.

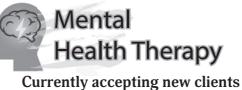
Senior Citizens Property Tax Exemption: Contact your assessor or visit tax.ny.gov to locate your assessor or call 315.867.1235.

Veterans Exemption: Contact your assessor to receive an application or visit tax.ny.gov.

Veterans Benefits: If you are a veteran you may qualify for assistance. To see if you are eligible contact Herkimer County's Veterans Office at 315.867.1127.

Adult Protective Services (APS): APS can assist an adult age 18 or older who may not be able to meet their own needs and have no one to assist them. Contact





Location: 189 Cemetery Rd., Fly Creek, NY 13337 Katavia DeLong, LMHC and Karrie Crippen-Hotaling 518-573-7468 and 804-435-9380 In-person, video and telephone appointments available



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STOP & LOOK

APS at 315.867.1231.

Working Solutions Career Center: The center can assist you in finding employment or training opportunities. Contact Working Solutions at 315.867.1400.

NY Connects/Office for the Aging: Our goal is to assist older adults to remain in their homes by providing services such as transportation, meals, services to assist with personal care and housekeeping, caregiver services, legal aid and information/assistance to individuals of any age. If you need assistance call 315.867.1121.



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The Mohawk Homestead welcomes new administrator

The Mohawk Homestead pleased to announce their new administrator, Cassandra Bayes (Casey), effective as of Jan. 6. Casey will be replacing Joe Franco, who will be retiring after four years of dedicated service to the Mohawk Homestead.

Casey has a wealth of experience, knowledge and education with the healthcare industry, most recently at the Alpine Rehabilitation & Nursing facility in Little Falls.

Casey will be focused on expanding resident enrollment and engagement while meeting the challenges of COVID-19. The Mohawk Homestead offers excellent care in adult care and assisted living while medical providing transportation to eligible recipients.



Cassandra (Casey) Bayes

Center in Gloversville welcomed nine new staff members during the third quarter of 2021. The group joins an organization focused on building a healthy community through support, engagement and empowerment, and includes the following individuals: • Diana Bennett, Corpo-

The Family Counseling

rate Compliance Director • Natasha Duchesne,

LMSW, Clinic Supervisor • Carriebeth Epstein, LMHC, Clinic Supervisor

• Rita-Marie Fitzpatrick, Domestic Violence Case Manager

• Elizabeth Foley, School Based Intervention Counselor

• Kimberley Lawrence, Front Office Supervisor

Good Mer Times

• Jessica Mazur, Engage-Countryman, executive diment Specialist

The new team members work in areas across an agency with deep roots in Fulton and Montgomery counties. Each year, the staff at the Family Counseling Center works with over 6,500 clients through their Behavioral and Medical Clinic, Children & Family Services Program and Domestic Violence Program. The agency has staff in over 20 schools across the two counties along with a Crisis Unit for adults and a Mobile Crisis Unit for children at Fulton County schools.

"We are excited to wel-

come our new team mem-

bers to the Family Counsel-

ing Center," said Michael

rector of the organization. "Their work is valued by us and by the clients they serve. Each of them is helping to build a healthy community." The Family Counseling

Center of Fulton County has been serving the community since 1976 and ensures a broad range of superior, quality, evidence-based, behavioral support and social services to the community. The center is licensed by the NYS Office of Mental Health, providing services to children as young as 5. For more information about the Family Counseling Center and its services. visit thefamilycounselingcenter.org.

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CHRIST EPISCOPAL CHURCH

300 N. Main St.

Church Office (315) 866-0551 Email: ChristChurch315@gmail.com

www.christchurchherkimer.org

Sunday Services: 10:30 AM Free Community Dinner: Last Saturday of

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ILION ILION COMMUNITY CHURCH Pastor Dean Mabry

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Sunday Worship 10 AM

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SAINT AUGUSTINE'S

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Holy Eucharist at 9:30 AM

FIRST PRESBYTERIAN CHURCH

90 Morgan St., Ilion, NY, 13357 Reverend Richard Riggle

Bible Study 9:30 AM Church Service 10:30 AM 315-894-2070

FIRST BAPTIST CHURCH

8 Second Street

Reverend John Partise

Wednesday Mid Week Service 7 PM

Sunday Morning 11 AM

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Reverend Hans Drews

1161 Elizabethtown Rd., Ilion, NY 13357

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Sunday Service 11 AM

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May 1 - November 1

36 Second Street, Ilion

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109 West Street, Ilion, NY

Pastor: Father Paul Catena

Deacon: Micheal Carbone

Mass Schedule: Saturday 4 PM; Sunday

11 AM; Monday & Wednesday 9 AM

CHURCH SERVICE DIRECTORY

<u>AMES</u> AMES - SPROUT BROOK UMC 613 Latimer Hill Rd., Ames, NY 13317 518-673-3495 Pastor Jan Markle Sunday Service 9 AM

COBNERSTONE BAPTIST CHURCH Pastor Todd Lozier Sunday AM Service 10 AM Sunday School/Adult Small Groups 11:15 AM Sunday Evening 6 PM

Wednesday PM Service 7 PM Via Zoom email us for the link Youth Group Sunday Evenings during the school year. Family Night - First Sunday Evening of the month from Oct - May 7274 State Highway 10, Ames, NY 13317 www.cornerstoneames.com info@cornerstoneames.com 518-673-3405

AMSTERDAM

THE TIME FOR TRUTH MINISTRIES PO Box 351, Amsterdam, NY 12010 Phone 518-843-2121 Cell 518-774-8558

<u>CANAJOHARIE</u> Church of the good shepherd 26 Moyer St., Canajoharie 518-673-3440 The Rev. Virginia L. Ogden, Rector Sunday Worship 9:30 AM with Communion Church Email churchgoodshep26@gmail.com Website www.churchgoodshepherd.com

UNITED METHODIST CHURCH OF CANAJOHARIE 50 E. Main St. 518-673-2717 Jesus savs - "Come Unto Me" Join us Special Music Ministry, Beautiful Surroundings, Friendly People Sunday Service 10:30 AM Email: umc673@frontiernet.net Communion Last Sunday of the Month

ST. JOHN'S & ST. MARK'S LUTHERAN CHURCH 143 Church St., Canajoharie 518-673-2224 Pastor A. Elisabeth Aurand Remote & In-Person Sunday Worship 11 AM; email for link stjm-canajoharie.org office@stjm-canajoharie.org

REFORMED CHURCH OF CANAJOHABIE 15-19 Front St., Canajoharie 518-673-2816 Rev. Matt Draffen Sunday 9 AM Christian Education 9:20 Choir Practice 10 AM Worship Nursery provided Fellowship hour follows worship

FAITH, HOPE AND LOVE CHURCH Rev. David W. Bowley, Pastor Sundays, 5 PM at the Upstate Chapel 63 Cliff St, Canajoharie Call 518-673-5128 or see Facebook "Faith, Hope and Love Christian Church' and our website http://faithhopeandlovechurch.com



CANAJOHARIE NEW BEGINNINGS BIBLE CHURCH 63 Cliff St., Canajoharie, NY 13317 Pastor Larry Alkinburgh

518-848-4816 pastor@newbeginningsbc.org Sunday School 9:15 AM Worship Service 10:30 AM

CHERRY VALLEY CHERRY VALLEY ASSEMBLY OF GOD

37 Alden St., Cherry Valley 607-264-3306 Pastor David Carpenter, Jr. Sundays 9:30 AM

ST. THOMAS THE APOSTLE

CATHOLIC COMMUNITY 1 Church St., Cherry Valley 607-264-3779 Masses Sunday mornings at 8:30 AM & 11 AM

GRACE EPISCOPAL CHURCH

24 Montgomery St., Cherry Valley 315-585-4016 Fr. Kyle Grennen, Rector Sunday School 11 AM Holy Communion/sermon 11 AM Active Youth Group - call for details

COLD BROOK COLD BROOK UNITED METHODIST CHURCH 467 Main St. Sunday Worship 10:30 AM

NEW LIFE CHAPEL OF THE AEA 3447 St. Rt. 8 Pastors: Rev. Gail & Rev. Mike Jay 315-826-7115 Sunday Worship 10:30am Intercessory Prayers Tuesday 7pm (please call to confirm)

Pastor Peter Spiak 32 Spencer St. • 315-429-3630 Sunday School 9:30 AM Sunday Worship 10:30 AM Tuesday Bible Study 7 PM

GRACE BAPTIST CHURCH OF DOLGEVILLE Pastor Len Byerly 12 Van Buren St. Morning Worship 11-12:30 PM Lunch 12:30-2 PM Afternoon Worship 2-3 PM

DOLGEVILLE UNITED METHODIST CHURCH Rev. Anthony Bradseth 21 N. Helmer Ave Church Phone 315-429-7381 Sunday Church Service Oppenheim @ 9:30 AM Dolgeville @ 10:30 AM

DOLGEVILLE CHRISTIAN FELLOWSHIP Pastor Marvin Isum 3 Elm St. Phone 315-429-8390 Sunday Worship 10:30 AM Mid-week Service Tuesday 7 PM

www.dolgevillechristianfellowship.org UNITED LUTHERAN

PRESBYTERIAN PARISH 26 E. Faville Ave Worship 11 AM

DOLGEVILLE ST. JOSEPH'S ROMAN CATHOLIC CHURCH

31 N. Helmer Ave., Dolgeville, NY Phone 315-823-3410 Sunday Mass 9AM

EAST SCHUYLER CHRISTIAN ASSEMBLY OF SCHUYLER Pastor Mark Sowersby 3659 Route 5, East Schuyler Sunday Worship 10:30 AM Wednesday Night 6:30 PM Phone 315-895-0926 Christianassemblyofschuyler.com

EPHRATAH EPHRATAH REFORMED CHURCH

140 Co. Hwy. 140, Ephratah, NY To live and share Jesus Christ both locally and globally Everyday. Everywhere. Everyone. Pastor Jeff Hindrliter Sunday School for all ages 10 AM September-June Sunday Morning Worship 11 AM Prayer & Praise Thursdays 7 PM

> FONDA SAINT CECILIA CHURCH 26 Broadway, Fonda 518-853-4195 Sunday Worship 9 AM

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3636 St. Hwy. 5. PO Box 627 Fonda, NY 12068-0627 518-853-3646 Weekly Masses: Sat. 4:30 PM, Sun. 10:30 AM friars@katerishrine.com www.katerishrine.com

FORT PLAIN AMAZING GRACE BAPTIST CHURCH 131 Clark Rd., Fort Plain 518-568-7606 Pastor Frank Calabrese Sunday School 10 AM, Morning Service 11 AM Sun. & Wed. Eve. Service 6 PM,

Youth Group Wed. 6:30 PM, Sat. Visitation 10 AM www.amazinggracebc.org **GRANDVIEW BAPTIST CHURCH** 15 Washington St., Fort Plain 518-993-9929 Pastor Dan West Sunday School 10 AM

Morning Service 11 AM Bible Study & Prayer Meeting, Wednesday 6:30 PM ST. PAUL'S LUTHERAN CHURCH

36 Lydius St., Fort Plain, NY 13339 518-993-2040 Pastor Jonathan Litzner 405-250-8395 Church Service 11 AM

ST. JOHN'S LUTHERAN CHURCH 774 St. Hwy, 163, Fort Plain, NY 518-705-7552 Rev. David A. Johnson, Ph.D. Sunday Worship 9 AM, Sunday School 10 AM, Ladies Aid W.E.L.C.A. Handicapped Accessible

FORT PLAIN

BEFORMED CHURCH OF FORT PLAIN 165 Canal St., Fort Plain, NY 13339 518-993-4302 fortplainrca@yahoo.com Rev. Nancy E. Ryan Worship 11 AM, AA meetings Mon. & Tues. 7 PM, Emergency Food Pantry 518-993-4302

VICTOBIOUS LIFE CHURCH RMI FELLOWSHIP 104 Main St. & 431 St. Hwy. 80 Fort Plain, NY 518-993-3102 Sunday School 9 AM Morning Worship 10:30 AM Youth Group 5 PM, Evening Worship 7-8 PM

FORT PLAIN UNITED METHODIST CHURCH

39 Center St., Fort Plain Audie Miller, Lay Supply Pastor Church Office 518-993-3863 Kitchen 518-993-3464 ALL WELCOME, Worship Service 11AM

OUR LADY OF HOPE R.C. CHURCH

115 Reid St., Fort Plain, NY 13339 Parish Office 518-993-3822 ourladyofhope@frontier.com Mass Schedule: Saturday, 4 PM; Sunday, 9:30 AM; Confessions: Sat. 3 & by appointment Please call parish office for Holy Day schedule

FREYSBUSH UNITED METHODIST CHURCH Freysbush Rd., Fort Plain 518-429-9936 or 518-424-8488 Worship 9 AM, Sunday School 10 AM ALL ARE WELCOME

FRANKFORT

OUR LADY QUEEN OF APOSTLES 414 Frankfort St., Frankfort, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 5:30 PM Sunday 9 AM; Tuesday & Thursday 9 AM

FULTONVILLE FONDA FULTONVILLE

UNITED METHODIST CHURCH 11 Montgomery St., Fultonville Pastor Nancy Pullen • 853-3311 Sunday Morning Worship 9:15-10:15 Sunday School 9:15-10:30, Coffee Fellowship Following Service Our Mission-To Actively Follow Christ and To Inspire Others To Accompany Us.

FULTONVILLE REFORMED CHURCH Corner of 5S & 30 Pastor Jane Hubschmitt Sunday School 10 AM Family Worship 10:30 AM

<u>GLEN</u> GLEN REFORMED CHURCH State Hwy 161 in the Hamlet of Glen 4 miles South of Fultonville glenreformed@nvcap.rr.com Sunday Worship at 9. Sunday School immediately following Children's Message

HERKIMER

Fr Vasil Dubee & Fr Dn Demetrius Richards 305 Main Rd., Herkimer Phone (315) 866-3272 Saturday Vespers -5 PM (spring/summer months) 4 PM (fall/winter months)

> **TEMPLE BETH JOSEPH** 327 N. Prospect St. Phone 866-4270 Friday 7 PM

Rev. Mark Cunningham, Pastor 219 N Bellinger St Phone 866-4282 Saturday Vigil Mass 4 PM Sunday Mass 8 AM

> CHURCH OF SAINTS 229 S. Main St. Phone 866-6373 Sunday Mass 10 AM No Saturday Vigil

REDEEMER CHURCH Pastor Michael Servello 931 Herkimer Rd., Utica, NY 13503 Phone 792-4748

OAK RIDGE FREE METHODIST CHURCH Pastor Chris Schumske 838 W. German St. Worship Service for adults & children 8:30 AM & 10:30 AM with Ridgekids for the children (0-5th grade) Phone 866-0575

> ST. MARY'S PROTECTRESS 326 Moore Ave Sunday Divine Liturgy 10 AM Holy Day Liturgy 9 AM

NEW LIFE CHURCH Pastor David Havner 337 Protection Ave. Phone 866-1164 • www.nlc-mc.org Worship 10 AM Wednesday Worship 6:30 PM

THE SALVATION ARMY Lieutenants Derrick and Heather Purvis 431 N. Prospect St. Phone 866-1240 Facebook.com/ TheSalvationArmyHerkimer Sunday School 10 AM Morning Worship 11 AM

FIRST UNITED METHODIST CHURCH OF HERKIMER AND LITTLE FALLS Pastor Joelle Faulks Prospect St & Park Ave Sunday Worship and Sunday School 9 AM

TRINITY EVANGELICAL LUTHERAN CHURCH Corner of West German & Henry Streets Phone (315) 866-6474 Sunday Worship Services 10 AM in person and virtually on Zoom, YouTube & Facebook Bible Studies



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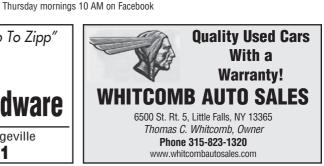
Sunday Divine Liturgy 9:30 AM Sundays

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CHURCH OF THE NAZARENE 3316 St. Rt. 29 W, Johnstown, NY 12095 Offices: 518-762-2982 Cell: 857-523-8417 Pastor, Rev. Mark Fowler Sunday Morning Service 11 AM Sunday School for All Ages 10 AM

LITTLE FALLS

FIRST BAPTIST CHURCH 555 Albany St. 315-823-3392 Morning Worship 9:45 AM Rev. Chris J. Wintermute, Lead Pastor Rev. William Whalen, Associate Pastor Nursery (infants through age 4) Meet and Greet Sunday at 8:00 AM Sunday School Classes 8:30 AM (nursery through adult) **Our Service is aired on 100.3 FM, 91.1 FM & 88.7 FM on Sundays from 11-12 with a 1 week delay. **LIVE on Facebook: "gingerleecase" account- 9:45 am on Sundays

ST. PAUL'S UNITARIAN UNIVERSALIST CHURCH Minister Jeffrey J. Frank Mark Bunce, Organist 565 Albany St., Little Falls, NY Phone 315-823-2284 Sunday Service & Religious Education 10 AM

FIRST ASSEMBLY OF GOD Senior Pastor Timothy Parisi 559 E. Jefferson St. Phone 823-4043 • firstaglf@gmail.com Sunday Morning All Worship 10 AM Thursday Bible Study 6:30 PM

HOLY FAMILY PARISH OF THE ROMAN CATHOLIC COMMUNITY OF LITTLE FALLS Father Brian Slezak 763 E. Main St., Little Falls, NY Phone 315-823-3410 Saturday Vigil Mass 4 PM Sunday Mass 10:30 AM

HOLY TRINITY LUTHERAN CHURCH 512 E. Gansevoort St. Sunday School 9:15 AM Sunday Worship 9:30 AM Wednesday Worship 11 AM & 6 PM

EMMANUEL EPISCOPAL CHURCH 588-594 Albany St. Sunday Schedule: High Mass, Rite II 10 AM Nursery & Sunday School 9:45 AM (Sept.-May) Fellowship Coffee Hour 11:15 AM Choir Rehearsal 11:30 AM Holy Day Masses as announced Confessions by appointment

FIRST PRESBYTERIAN CHURCH Pastor Tamara Razzano 16 Jackson St. Phone: 315-823-3004 Email Iffirstpres@gmail.com www.presbylf.org Sunday Worship 10 AM Sunday School 10 AM LITTLE FALLS INGHAMS MILLS BAPTIST CHURCH Rev. Gary L. Busch, Pastor Sunday Worship Service 10 AM 443 Inghams Mills Rd. Little Falls, NY 13365

Pastor's Phone (315) 717-9936

THE HOLY SPIRIT POLISH NATIONAL CATHOLIC CHURCH 618 E. Gansvoort St., Little Falls, NY 315-823-0793 Father Rafal Dadello Mass at 11 AM on Sunday www.holyspiritpncc.org

LASSELLSVILLE LASSELLSVILLE UNITED METHODIST CHURCH State Hwy. 29 Pastor Robert A. Lindsay Worship: Sunday 9:30 AM Sunday School to start soon

MARSHVILLE MARSHVILLE EVANGELICAL CHURCH Route 10 South Pastor Mark Fowler Worship Sunday 9 AM

MIDDLEVILLE MIDDLEVILLE UNITED METHODIST CHURCH 24 Fairfield St. Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 8:30 AM

MOHAWK GRACE EPISCOPAL CHURCH 7 E. Main St. Phone 315-866-4782 or 315-520-4723 Holy Eucharist 10 AM

DENNISON CORNERS COMMUNITY CHURCH Pastor Donald King 219 Robinson Rd. • Phone 866-5215 Sunday: Sunday School 9:45 AM Morning Worship 11 AM Evening Worship 6 PM Wednesday Prayer 7 PM

Rev. Brian Engel, Pastor 20 S. Otsego St. Phone 866-4292 Email mohawkpastor@verizon.net

MOHAWK REFORMED CHURCH

Follow us on Facebook Morning Worship: 10:30 AM Sept. - June • 9:30 AM July-Aug. Youth Sunday School (Pre-K - Sr. High) 9 AM

Adult Sunday School (Men, Women & Couples) 9:30 AM September - June

EMMANUEL BIBLE CHURCH Pastor Gary Wilcox 54 W. Main St. • Phone 717-3011 Worship and Word: Sunday 10:30 AM Fellowship Lunch: 12:30 PM Discipleship Hour: Sunday 1:30 PM Bible Study & Prayer: Wednesday 6 PM

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CHRISTIAN BIBLE CHURCH H. Ed Reed, Pastor/Teacher 167 Ward Rd. • Phone 858-1282 www.christianbiblechurch.us Sunday School 9 AM Sunday Worship 10 AM Wednesday Bible Study & Prayer Meeting 7 PM

THE WORD CHRISTIAN CENTER Pastor Dan Annutto 27 E. Main St. • Phone (315) 985-3596 Sunday Services at 10 AM Intercession - Tuesdays at 6 PM

NELLISTON VALLEY ALLIANCE CHURCH 85 E. Main St., Nelliston 518-993-3458 Pastor Ken Gies Sunday School (all ages) 9:15 AM, Sunday Worship 10:30 AM, Wed. Praise & Prayer 7 PM, Fri. Youth Group 7 PM (7-12th grade)

NEWPORT FIRST BAPTIST CHURCH OF NEWPORT 7497 Main Street Pastor's Phone 315-790-1877 Sunday Worship at 9:45 AM

UNITED METHODIST Pastor Robbin Harris • Phone 845-8730 Morning Service 11:15 AM

KUYAHOORA COMMUNITY CHURCH Pastor Dwayne Durand West Canada Valley High School Auditorium 5447 St. Rt. 28 Mailing Address PO Box 50 Middleville, NY 13406 Phone 315-292-1303 www.kuyahorracc.org Weekly Service Sunday 10:08 AM

ST. JOHN THE BAPTIST CATHOLIC CHURCH St. John the Baptist Parish 7516 N. Main St. • Phone 845-8017 Saturday Vigil 4 PM Sunday Mass 8:30 AM

OPPENHEIM OPPENHEIM UNITED METHODIST CHURCH Route 29 Rev. Jack Ford 315-429-7381 Worship 9:30 Sundays, Totally Awesome God-TAG time 6:30 PM Wednesdays beginning in Oct., Sunday School 9 AM beginning September 18th

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PALATINE BRIDGE TRINITY EVANGELICAL LUTHERAN CHURCH OF STONE ARABIA 5430 St. Hwy. 10, Palatine Bridge, NY Pastor A. Elisabeth Aurand Sunday In Person Worship 9 AM; email for link office@stjm-canajoharie.org 518-673-2224

THE HOUSE OF ZION, INC. 580 Dillenbeck Rd., Palatine Bridge 518-577-3069 Pastors Richard & Denise Allen Saturday Morning Worship Service 11:30 AM Listen to UMT on live radio 97.5FM the 1st Sunday of every month 3-4 PM

RANDALL RANDALL CHRISTIAN COMMUNITY CHURCH NY Rte. 5S Sunday Service 10:30 AM Worship Leader Darlene Spaulding

RICHFIELD SPRINGS CHURCH OF CHRIST UNITING PO Box 896, Richfield Springs, NY 13439 Rev. Mark loset • 315-858-1553 Service: Sunday 9:15 AM Church School: Sunday 10:30 AM

RICHFIELD SPRINGS BIBLE CHURCH 19 Church St., Richfield Springs, NY 13439 Rev. David Tosi • 315-858-0564 Sunday School (all ages) 10 AM Worship Service 11 AM & 7 PM Wednesday - Prayer & Praise Call for info on various Youth Ministries www.richfieldspringsbiblechurch.org

SALISBURY CENTER FULL GOSPEL ASSEMBLY OF GOD Pastor Robert Brent 106 Plant Road Sunday Worship 11 AM with Children's Church offered during the service

SALISBURY CENTER UNITED METHODIST CHURCH 2545 State Route 29 Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 10 AM

SLOANSVILLE SCHOHARIE VALLEY GOSPEL CHURCH Pastor Pat Andreoli 133 Sprakers Rd., Sloansville, NY 518-864-5397 svgchurch@gmail.com Wednesday Prayer 6 PM; Sunday Morning Bible Study 9:45 AM; Worship Service Sunday Morning 10:30 AM

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1380 E. Lykers Rd., Sprakers 518-922-9088 Paster Brett Popp Sunday School (ages 3-adult) 9:45 AM Worship 11 AM Sunday Prayer Meeting 5:30 PM Thu. Evening of Encouragement & Community Kid's Bible Club 6:30 PM

THE CHRISTIAN CHURCH OF RURAL GROVE 170 Rural Grove Rd., Sprakers, NY 12166 518-922-7831 Pastor Joshua Fetterhoff pastorjosh@ruralgrovechurch.org Sunday School (all ages) 9:45 AM, Morning Service 11 AM, Eve. Service 6 PM, Wed.-Family Night 7 PM, "Where Bible Teaching is Fundamental"

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112 Sprakers Hill Rd. Rev. Nancy Ryan Worship ~ 9 AM All Welcome!!! CURRYTOWN REFORMED CHURCH

829 St. Hwy. 162, Sprakers 518-922-8422 Rev. Donald Hoaglander Visiting Pastor Jane Hubschmitt 518-705-2201 Sunday School 9:15 AM Worship Service 10 AM

RIVER OF JUBILEE CHURCH 5057 St. Hwy. 5 S, Sprakers, NY 12166 Pastor: Gail Adamoschek Pastor: Steve Adamoschek 518-322-1427 / 518-224-4455 Sunday Service 10 AM Children's Church Available Other Learning Opportunities Available Visit us on Facebook

SPRINGFIELD CENTER ST. MARY'S EPISCOPAL CHURCH 7690 Rt. 80, Springfield Center 315-858-4016 Fr. Kyle Grennen, Priest-in-Charge Sunday Eucharist, 9:30 AM Coffee - Fellowship follows service

offee - Fellowship follows service Holy Days - as announced FIRST BAPTIST CHURCH Springfield Center, NY Rev. Terence Brant

607-264-3035 Sunday School 10 AM Morning Worship 11 AM Wed. night Bible Study 7 PM

ST. JOHNSVILLE BETHESDA FELLOWSHIP 34 S. Division St., St. Johnsville, NY 13452 518-568-2678 Summer Schedule Sunday Worship 10 AM Wed. Worship and Prayer 6 PM

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ST. PAUL'S LUTHERAN CHURCH 32 W. Main St., St. Johnsville, NY (next to NBT Bank) 518-568-3007 Church 518-568-2405 Parsonage Rev. David Johnson Sunday Worship 10:30 AM, Tues. Bible Bungee-Jumping 7 PM, "Bible Study" that actually makes sense! A Vibrant, Welcoming Community of Faith & Vision

SEEKER'S FELLOWSHIP

14 Park Place, St. Johnsville, NY 13452 518-568-7700 • Pastor Mike Yezierski Sunday Worship 6 PM, Tues. Prayer 7 PM, Bible Study 7 PM (Wed., Thurs. & Fri.) We teach the fullness of God's Word, a life of holiness for the believer, and salvation for all who trust in Christ's sacrifice.

JOY FELLOWSHIP

296 Co. Hwy. 119, St. Johnsville, NY 13452 518-568-3217 • William Hayes, Pastor Joyce Loughran, Assistant Pastor Sunday School 9 AM, Morning Worship 9:30 AM Wednesday Evening Worship 6:30 PM

ST. JOHNSVILLE METHODIST CHURCH 7 East Main St., St. Johnsville, NY 13452 Pastor Corey Jones 518-568-7983 • 315-866-8626

Worship Sunday 3 PM

BELIEVERS FELLOWSHIP 14 Park Place (in with Seekers Fellowship) St. Johnsville, NY 13452 315-858-2112 • Pastor Carolee Coye

Sunday Service 10 AM **ST. JOHN'S REFORMED CHURCH** 68 W. Main St., St. Johnsville 518-568-7396 Faithfully Following Jesus Christ Sunday Worship 10:30 AM

GRACE CHRISTIAN CHURCH Pastor Michael Torres 20 Center St., St. Johnsville, NY 13452 518-775-0366 Email gccpastor2021@gmail.com

STRATFORD STRATFORD UNITED METHODIST CHURCH 1511 State Route 29A Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 9:30 AM Broadcast on 95.9 FM within 2 miles of church

LIGHTHOUSE BAPTIST CHURCH 1524 St. Rt. 29A, PO Box 114 Stratford, NY 13470-0114 315-429-8854 • Pastor Martin Smith Sunday Morning Worship 10:30 AM; Wed. Eve. Prayer Meeting 6 PM; 2nd & 4th Sunday Dinner following Morning Service with Afternoon Service following dinner "Old-Fashioned Bible Preaching"

TRIBES HILL SACRED HEART CATHOLIC CHURCH 111 3rd Ave., Tribes Hill 518-829-7301 Mass Saturday 4 PM



To Place or Update A Church Listing, Call 518-673-0108 or Email tkrieger@leepub.com

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Herkimer Generals men's soccer players earn multiple awards

Herkimer Generals men's soccer standouts Ali Somow (Utica), Manabu Takahashi (Osaka, Japan) and Max LaRosa (Spencerport) were recently named United Soccer Coaches All-Americans. Somow and Ikiel Collins-Brown (Monroe) were named to the NJCAA Division III All-American team. The four were vital to the Generals' national runner-up finish and 12-2 overall record for the fall 2021 season.

Somow, a first-year student, also was named Region III Player of the Year, All-Region team and first team Mountain Valley Conference. Somow finished the season leading the nation in assists (17) while scoring four goals. Somow scored the game winner against Mohawk Valley Community College to win the Region III District B championship and a spot in the national tournament.

Head Coach Pepe Aragon said, "Ali is an explosive winger with tremendous speed and skills. In my 24 years, he's in my top five best outside midfielders that I have coached. Ali's a great student and will be a Division I player when he graduates next December."

Takahashi, a senior, excelled in goal for the Generals this season. Takahashi posted five shutouts on the season with 52 saves. He shined in the national tourna-

ment, especially in the Generals opening game against Sussex County Skylanders. The Generals and Skylanders took a 1-1 tie to penalty kicks in the quarter finals with the season on the line. Takahashi recorded four saves and scored a goal to lead the Generals to a 3-1 advantage to advance to the semi-finals.

Aragon said, "Manabu is one of the best keepers in the country. He organized our defense the whole season and made big time saves in crucial games."

Herkimer 10



The Generals celebrating their national runner-up finish and 12-2 overall record for the fall 2021 season.



In these difficult times, there is a place of refuge and peace anyone can access by calling these phone numbers to hear various offerings of spiritual inspiration assuring you of God's great love and power in your life.

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Family Counseling Center announces weekly COVID-19 vaccine clinics

The Family Counseling Center in Gloversville and the NYS Department of Health are announcing weekly COVID-19 vaccine clinics throughout January and February. The joint program will run from 11 a.m. -6 p.m. on the following dates:

- Thursday, Jan. 27
- Wednesday, Feb. 2
- Wednesday, Feb. 9

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16 17

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• Wednesday, Feb. 16

The vaccine clinic is open to all and no appointments are necessary. The clinics

may close early if there is low demand on the day. If you are planning on attending after 4 p.m., contact the Family Counseling Center's Front Desk at 518.725.4310 to confirm that the clinic is still open. The Family Counseling Center will announce on their Facebook page if and when the clinic closes early.

Moderna and Pfizer vaccines will be available for both initial vaccine doses and booster shots. The vaccine clinic welcomes anyone 5 years old and older.

Trees and shrubs for sale at Herkimer County SWCD

The Herkimer County Soil & Water Conservation District is taking orders for trees and shrubs now through March 25. Available for planting this spring are low-cost bare root evergreen seedlings and transplants, deciduous trees, a variety of bushes and shrubs. semi-dwarf

apple trees and wildflower seeds.

Also available are bluebird nest boxes and rain barrels. Among the many planting accessories being offered are tree mats and tree shelters, hardwood stakes. compost, fertilizer tablets and animal repellent. For a complete list of

the many items avail-

able, including descriptions, prices and order information, visit herkimercountyswcd.com or call 315.866-2520 ext. 5.

Orders are accepted through March 25. Pickup dates are April 29 and 30. Quantities are limited and orders will be filled on a first come. first served basis.

Good Housekeeping **Vegetarian Bean Burritos**

4 flour tortillas, 10 inches each 2 teaspoons vegetable

oil 4 medium (about 5 ounces each) zucchini, each cut lengthwise in half, then sliced crosswise

1/4 teaspoon salt 1/4 teaspoon ground

cinnamon 1 can (15 ounces) Spanish-style red kidney

1 can (15 to 19 ounces) black beans, rinsed and

1/2 package (4 ounces or 1 cup) shredded Monterey Jack cheese

1/2(loosely cup packed) fresh cilantro leaves

1 jar (16 ounces) chunky-style salsa

1. Warm tortillas as label directs; keep warm.

2. In nonstick 12-inch skillet, heat oil over medium-high heat. Add zucchini, salt and cinnamon, and cook until zucchini is tender-crisp, about 5 minutes.

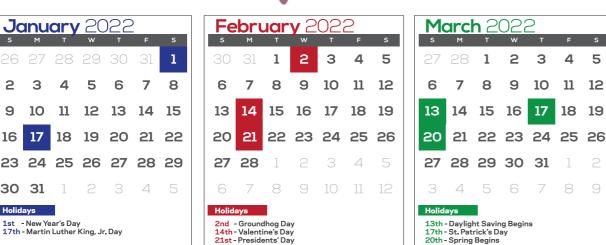
3. Meanwhile, in 2-quart saucepan, heat kidney beans with their sauce and black beans just to simmering over medium heat; keep warm.

4. To serve, allow each person to assemble burrito as desired, using a warm flour tortilla, zucchini, bean mixture, cheese and cilantro leaves. Pass salsa to serve with burritos. Serves 4.

• Each serving: About 550 calories, 17g total fat (1g saturated), 25mg cholesterol, 1,943mg sodium, 77g total carbohydrate, 29g protein.

For thousands of triple-tested recipes, visit www.goodhousekeeping. com/food-recipes/.

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Community Calendar

JANUARY 15, 22, 29

Pierogi Sale at The St. Mary's Ukrainian Church, 324 Moore Ave., Herkimer 10 a.m. to 2 p.m. Pierogi sell for \$7 a dozen. A golumbki sale will be held from 10 a.m. to 2 p.m. Golumbki sell for \$26 a dozen; \$13 a half dozen or three-piece for \$6.50. All fully cooked.

JANUARY 19

Local History Round Table 6:30 p.m. In-person and virtual. Live session at the 19 Willett St. library in Fort Plain. Call 518.993.4646 for information.

Third Wednesday Night Dinner 4-6 p.m. (or sold out) at First Baptist Church, 8 Second Street, Ilion. Turkey Dinner. \$12. Take out or delivery only. Take-outs may be ordered ahead by calling 315.894.9041.

Local History Round Table 6:30 p.m. In-person and virtual. Live session at the 19 Willett St. library in Fort Plain. Call 518.993.4646 for information.

JANUARY 20

Create something beautiful with the Creative Textile Fibers Group at the Fort Plain Free Library 12:30-2:30 p.m. at Fort Plain Free Library, 19 Willett St. Free. For more information call 518.993.4646 or visit www.fortplainfreelibrary.org

Chicken and Biscuit Dinner 4-7 p.m. (or sold out) at Emmanuel Episcopal Church, The Parish Hall, 594 Albany St., Little Falls. \$12. Free delivery to Herkimer and Little Falls. Call 315.741.4672 to reserve dinner. To go only.

Creative Textile Fibers Each Thursday from 12:30 to 2:30 p.m., the Fort Plain Free Library hosts the Group for people who like traditional handcrafts such as knitting and crocheting. Call 518.993.4646 for information.

Winter Lecture Series, hosted by Schoharie Crossing 7 p.m. at Schoharie Crossing State Historic Site, online. Free. For more information contact: David Brooks at 518.829.7516.

The Writers at Fort Plain Each Thursday from 3 to 4:30 p.m., the Fort Plain Free Library hosts for creative writers and word lovers. Call 518.993.4646 for information.

Fort Plain Free Library teams up with the Gamer's Revolt 4 to 5:30 p.m. to host a gaming club for people who like all forms of tabletop gaming. Call 518-993-4646 for information.

JANUARY 27

Fort Plain Free Library hosts Paper Crafting with Patty for hobbyists with an interest in card making and rubberstamping at 6 p.m. Call 518-993-4646 for information.

"Stuck on Stamps" at 6:30 p.m. at Fort Plain Free Library. Call 518.993.4646 for information.

Ilion Masonic Temple, 118 Morgan St. Pick-up at Third Street (side door). Pre-orders requested. \$8. Sponsored by Evening State Valley Chapter, #82, OES. Call 315.269.6493.

Chicken and Biscuit Dinner at 3 p.m. Stratford United Methodist Church, 1511 State Route 29A, Stratford. Call 315.429.7085 to reserve meals. Pick up starts at 3 p.m.

FEBRUARY 8

American Red Cross Blood Drive 12-6 p.m. at St. John's St. Mark's Church, 143 Church St., Canajoharie. To schedule an appointment, call 1.800.RED.CROSS or go to www.redcrossblood.org and enter sponsor code: StJohnsStMarksCanajoharie.

To promote your event, please contact us at cfeditor@leepub.com or 518.673.0143.

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JANUARY 21

FEBRUARY 4

Black and White Hero Sale. Pickup 11 a.m.-1 p.m. and 3-6 p.m.



A first-year student, Max LaRosa was named to the Men's Scholar All-America Team.

Manabu Takahashi, Goalkeeper Photos courtesy of Herkimer Generals



Herkimer from 8 -

Also a first-year student, LaRosa was named to the Men's Scholar All-America Team. In addition to earning academic honors, LaRosa was named to the All-Region team and the Mountain Valley Conference for the second time. In addition, LaRosa was named Mountain Valley Conference Player of the Year. Aragon said, "Max is a versatile player who played defensive center middle forward, center back and left and right wing back this past season. He was rock solid for us this season and is an exceptional student-athlete.

Collins-Brown scored seven goals on the season while adding six assists. Collins-Brown also

an athletic, skillful cen-

tral midfielder who has









Ali Somow finished the season leading the nation in as-

sists with 17 while scoring four goals.

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was named to the All-Region team and Mountain Valley Conference team. Aragon said, "Ikiel is

a great work ethic. He's been a mainstay in our lineup for the last few seasons."

MOHAWK VALLEY COUNTRY EDITOR







Recruiting farms for the 2022 Herkimer County Local Foods Map

CCE Herkimer County is updating the Herkimer County Local Foods Map for 2022. All farms listed on the 2021 map will be contacted for updates. However, if your farm was not on the 2021 map and you would

like to be considered for the 2022 map, call CCE at kimer County. The deadline to be listed on the map is 315.866.7920.

To be part of the map, you need to produce a local food product and your farm must be located in Her-

Donna's Day:

Creative Family Fun

Feb. 18.

See the 2021 map at bit.ly/CCEHerkCoLocalFoods-Map.

by Donna Erickson **Easy Grilled Cheese** Sandwiches for a Crowd

Is there such a thing as easy entertaining? When reviewing our busy December days, I admit that in spite of my intentions, parties became a bit of a production with my long to-do lists and shoutouts to kids to run last-minute trips to the store to pick up mushrooms for the gravy or to our Scandinavian market for lingonberries and herring. By the time I lit ice candles on our porch to welcome guests, I had to ask myself, "Could I have simplified this?'

In this new year, I want to keep our welcome candles burning for all, but skip a bit of the fancy and go for the easy-prep practical. After all, it's the get-together that matters, right? Spending time around the table eating, laughing and connecting with family and friends matters most.

That's where making and serving oven-baked grilled cheese sandwiches for a crowd, the easy

way saves the day. Bake them in the oven all at once instead of the traditional way of grilling in batches on your stovetop in a frying pan. They'll be evenly browned and done at the same time, ready to be paired with a bowl of piping hot soup, such as fragrant basil tomato.

Slice the sandwiches in half diagonally and watch your guests enjoy dipping the pointed ends into the soup. Crispy, gooey and tasty, you'll be creating fond food memories in 2022.

Here is my basic oven-baked grilled cheese sandwich recipe. Feel free to embellish with spicy mustard or mayo sauce spread inside, and add additional varieties of cheese. Sometimes I include a pinch of kale or other fresh greens I have on hand.

Oven-Baked Grilled Cheese Sandwiches

12 slices white bread a half-inch thick, such as pre-sliced Texas toast Butter, softened for spreading

6 thick slices cheddar cheese

1. Preheat oven to 450 F. Set parchment paper on a large baking sheet.

2. Ask your child to count and place six slices of bread on the parchment lined sheet. Butter each piece and flip over.

3. Lay a slice of cheese on the unbuttered side. Top with another slice of bread. Butter top side.

4. Bake in the oven for 5-6 minutes until bread is toasted on exposed side.

5. Flip with a spatula and bake an additional 5 minutes until golden brown and cheese is just melted.

6. Cool for two minutes. Slice in half diagonally and arrange on a platter. Serve with hot bowls of your favorite tomato soup. Makes 6 sandwiches.

Find more family fun at www.donnaerickson.com. Write to Donna at Info@ donnaerickson.com

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Oven-baked grilled cheese sandwiches make entertaining easy. Photo by Donna Erickson

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Poland art classes provide creative outlet for students in full return to art classrooms

Students spread out at tables dipped brushes into paint, grabbed extra items out of cupboards, set artwork on drying racks and washed out utensils in sinks.

This scene plays out on a regular basis this school year, as all Poland Central School District art classes are back in art classrooms. For varying lengths of time last school year. art teachers had to travel to other classrooms for art as part of the district's response to COVID-19 regulations.

Poland freshman Julia Oczkowski said it's nice to be closer to back to normal this year compared to having art in other rooms last year. "We were very limited in what we could actually do," she said. "When you're in an art classroom environment, it helps with being more creative."

All Poland art classes took place in other classes at the start of the 2020-21 school year. That arrangement lasted the whole school year for middle school and high school students. Elementary students moved back into the art classroom more than halfway through last school year.

Both Poland art teachers said they were happy about being back in their classrooms for the whole school year this year. Alison Faggiano teaches kindergarten through sixth grade art. Emily Dusart teaches middle school and high school art classes and electives.

"We started out this year in the classroom, which is a huge difference because you can do a lot more," Faggiano said.

Dusart said she and her students are enjoying the change as well. "It's been a good year," Dusart said. "I'm very happy to be back in my classroom.'

Need for creative opportunities

The opportunity to create art has taken on extra benefit for students as they've gone through the impacts of COVID-19 on student life and live in an increasingly digital world, the art teachers agreed.

Poland 13

Strange But True

America.



Poland Central School District art teacher Emily Dusart talks to students about how to set up for monoprinting paintings in her classroom. Photos courtesy of Herkimer BOCES

by Lucie Winborne

• Pinball was banned in most major cities from the early 1940s to the mid-1970s because it was considered a game of chance and, therefore, gambling.

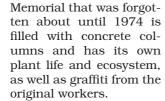
• Oysters can change genders back and forth.

• The Zildjian Company was founded in 1623 by Avedis Zildjian, an Armenian alchemist who ended up making a cymbal instead.

• Tobacco companies spend the most money on advertising in January, when many people make a New Year's resolution to quit smoking, but the largest increase in new smokers actually occurs in the summer.

• There's a national pillow-fighting tournament in Japan.

• A 43,000-square-foot room beneath the Lincoln



• Humans are comprised of about 30 of the 118 elements on the periodic table. Their iPhones, however, are made up of about 75 elements.

• Intelligent people have more traces of copper and zinc in their hair.

• The manchineel tree is one of the most toxic trees in the world. Its sap causes blisters, eating its apples can be potentially fatal and the smoke from a burning manchineel can cause blindness.

• Pythagoras, of Pythagorean Theorem fame. ran a commune that was forbidden to wear wool, forced to put their right sandal on before their left, and believed that beans could contain the

souls of the dead, so even crushing a bean was considered murder. • Every day, around 18

acres of pizza are eaten in • At the U.S. Open and version.

tournaments, the men play with the slower, heavy-duty felt balls while the women play with the faster, regular-duty felt

other U.S.-based tennis

Thought for the Day: "Everyone knows something I do not; therefore, everyone is my teacher." -Unknown

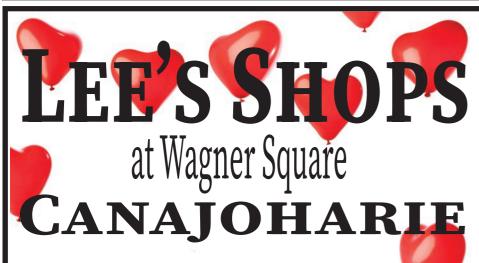
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Positions Available Cherry Valley-Springfield Central School District is looking for the following positions:

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Q: Can we shop in the store and still have our items shipped home?A: YES! Our boaters and cyclists ask this one a lot.We are happy to ship your items for you!

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Poland from 12 -

"They really still need the hands-on aspect and being able to experience that creativity," Faggiano said. "It's definitely worthwhile."

It's important for students to have art class at a time like this, Faggiano said. "It definitely gives them a chance to relax and let loose and not worry about some of the things they might be hearing about at home or on the news," Faggiano said. "It allows them to just be kids, really – just experimenting."

Dusart also talked about the benefit for students of moving within the room and doing artwork with their hands as opposed to time spent on computers. Dusart said she has more students participating in elective courses this year, and this may not be because of an interest in the field but because they need a release.

Dusart started "Sketchbook Fridays" in various classes, so on many Fridays, students have the opportunity to try out various art styles on their own. With everything that has been going on in the world, the students need a chance for creative expression, she said.

"I think it's important," she said. "They need that time."

Students are able to use the sketchbook time to try techniques such as pencil drawing, charcoal drawing, scratch art, coloring, pastels, painting and more – with suggested techniques tied to what they're learning in class, Dusart said.

"I feel they enjoy it," she said. "I felt like they needed something extra."

'We made it work'

When visiting other classrooms to teach art for the first several months of the 2020-21 school year, Faggiano was teaching out of a cart. She put supplies in individual envelopes for each student within larger folders for each class.

"That was different," she said.

Students weren't able to participate in the cleanup, so also Faggiano had to set aside more time for cleaning after classes.

Once elementary students were back in the art classroom around February 2021, some painting could be done

Poland 16



(L - R) Ninth graders Julia Oczkowski, Kendra Houghtaling and Trinity Barnello paint in art teacher Emily Dusart's classroom.



Poland Central School District third grader Joshua Guyer paints in art teacher Alison Faquiano's classroom.

1205 Wanted

case Antiques 10-5.





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Paw's Corner

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by Sam Mazzotta **Off-Leash Dogs Bane of** His Walks in Woods

Dear Paw's Corner: My dog "Hatch" and I frequently walk the trails of a state park near my house. A leash is required in the park, but many dog owners ignore this rule and allow their dogs to bound ahead. Not all of these dogs are well-socialized, and we've faced aggressive, unleashed dogs on the trails. I carry a walking stick in case I need to fend off an attacking dog - something that hasn't happened yet, though it's come close once or twice. Please help me make other dog owners aware that off-leash dogs can make other dogs, and humans, quite nervous. Keeping dogs on leash will help avoid a confrontation, fight or injury. Doug S., Stoneham, Massachusetts

Dear Doug: You're absolutely right! Dog owners, always review the rules regarding pets on park lands. Even though forested trails seem remote and safer for

dogs to run free without a leash, you never know if another dog is just around the bend. Further, even a leashed dog needs to follow basic commands like sit, stay and heel, and to come back immediately when called if the leash is accidentally dropped.

Rules are typically posted at trailheads, as well as on park websites. There's no reason to not be familiar with leash rules before going for a hike.

If you encounter an off-leash dog while on a trail, remain calm. Shorten your dog's leash so that he walks next to you. Stay calm and relaxed with the owner when they finally appear, too. Ask if they're aware that there's a leash rule on the trail, but don't start a confrontation. The more awareness you can build of your park's rules, the fewer off-leash meetings you'll face.

Send your tips, comments or questions to ask@pawscorner.com.

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Threats to pets that roam outdoors

and cats that wander

can be struck by vehicles

and/or ingest potentially

harmful substances leak-

ing from cars or trucks.

Automotive coolant (anti-

freeze) is often sweet and

brightly colored, which at-

tracts curious pets. Eth-

ylene glycol in coolant is

fatal to dogs and cats if in-

gested. Outdoor cats may

hide or seek warmth in

car engines, putting them

• Exposure to illness-

es: Young animals should

not spend prolonged pe-

riods of time outdoors

before they are vaccinat-

ed. However, the Ameri-

can Veterinary Society of

Animal Behavior recom-

mends that pet parents

begin taking puppies on

walks and public outings

as early as one week after

their initial rounds of vac-

cinations (roughly seven

weeks old) because this is

at risk for injury.

Domesticated pets may have evolved from wild animals, but it has been some time since dogs were needed to hunt like wolves or domesticated cats had to survive like wild leopards or tigers. While pets can enjoy time outdoors, it's important to avoid leaving them to their own devices for too long. The online health resource Healthcare for Pets says responsible pet ownership necessitates certain precautions to keep pets safe when they venture out of the home.

The following is a list of potential dangers that can affect pets outdoors.

• Pesticides and poi**sons:** Pet owners may use pet-friendly products in and around their homes. However, there's no guarantee that your neighbors do the same. Common lawn and garden products, including insecticides and pesticides, may cause anything from mild irritations to toxic poisoning.

• Weather: A fur coat does not offer complete protection from conditions like extreme weather. Pets can experience hypothermia or heat stroke if they are exposed to extreme weather for prolonged periods of time.

• Automobiles: Dogs

the window of time when socialization skills are learned.

• Parasites: Bugs and parasites may be lurking outdoors. Parasitic worm larvae, fleas, mosquitoes and ticks can be harmful to pets. Ask your vet about year-round flea/ tick/heartworm preventatives if a pet spends time outdoors.

• Other animals: Wild animals pose a risk to domesticated pets. They can pass illnesses on to pets or engage them in scuffles that result in injuries or even death. If companion animals are not spayed or neutered, pet owners may have to confront unexpected pregnancies after pets spend time outdoors.

Pets that spend time outdoors should be supervised whenever they leave the confines of their homes



Poland from 13

again, but there were limitations to the painting, and students were disappointed they wouldn't be able to use clay, Faggiano said.

Dusart faced similar challenges as she visited other classrooms to teach art throughout last school year. She began using a cart for her supplies but switched to carrying bags downstairs because she didn't want to have to use the elevator.

Moving supplies to another classroom was only one aspect of her program. Making sure she traveled with a sufficient number of supplies and planned instruction for the classrooms that did not have sinks was important.

"We had to be very flexible last year," Dusart said. "We made it work. We had some really nice projects. This year, it's been a lot easier."

'In the classroom'

One day this autumn, Faggiano had teacher Barbara Brinck's third grade class in the elementary art classroom. Students were working on monoprinting using paint to make fall scenes with trees and leaves reflecting in water.

Students gathered near the front of the classroom for Faggiano to demonstrate the project and then they went to tables with just two students per table.

Students will have more opportunities for painting and other handson activities such as using clay this school year, Faggiano said.

"This year, since they're in the classroom, they'll definitely be doing clay and a lot more 3-D work because we're in the room and have more space to store things," she said.

Third grader Joshua Guyer said he was enjoying getting to do art in an art classroom again and that he liked the monoprinting project. Third grader Briar Grems also said she appreciated getting to do the monoprinting project.

Classroom projects

During a recent art class, a student asked Dusart where sticks for stirring paint were, and she told the student what cupboard to find the sticks in and continued helping another student with painting.

"I love being in my room and being able to take out paint," Dusart said. "If somebody wants something, I can just open up a cupboard."

Last year, Dusart had three sections of eighth grade and two small studio art classes. Dusart's classes this year include four sections of eighth grade, digital photography, studio art, CollegeNow Pottery and CollegeNow Drawing and Painting.

She explained students will have an opportunity for more challenging projects in the second semester that the art-room resources will better support. This includes 3-D work, ceramics, clay and papier-mâché.

``I see the students being more enthusiastic," Dusart said. <math display="inline">``They`re coming in and wanting to do art."

Good Housekeeping Carrot Salad

2 tablespoons fresh lime juice

1 tablespoon honey

1 tablespoon chopped fresh cilantro leaves

1/4 teaspoon salt

1/8 teaspoon crushed red pepper2 packages (8 ounces each) shredded car-

rots

1. In large bowl, with wire whisk or fork, mix lime juice, honey, cilantro, salt and crushed

Now Here's A Tip

by JoAnn Derson

• Freshen stuffed animals by securing a few in a pillowcase and adding a fabric softener sheet. Put in the dryer on low heat for 20 minutes, then remove and brush out the fur, if necessary, while still warm.

• "Keep a quart container in the freezer and whenever you have a small amount of leftovers, chop them up and add it to your container. When it's full, thaw it. Add some of your favorite soup beans, pizza sauce, milk and cheese, and you have a unique and delicious soup." - M. from Pennsylvania

• If you've been decluttering as a part of your New Year's resolutions, and you came across old pairs of eyeglasses, know that you can donate them to any Lion's Club in your area. They redistribute the glasses to those who cannot afford them. You don't have to know the prescription, and they take reading glasses, too!

• How can you keep snow and ice off your windshield? Some say a solution of three parts vinegar to one-part water sprayed on the windshield each night can cut your ice-scraping time in half or better. (Use caution to avoid your paint job.) Also, try covering your wipers with an old pair of long socks so they don't freeze to the glass!

red pepper until blended.

carbohydrate, 1g protein.

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• "For pastry cooking, try grating frozen butter into the flour. It cuts in better and will stay cool longer. This helps when I'm making shortbread, as the flour and butter need to be combined. I don't end up having to put it in the fridge to cool it back down." - C.S. in South Carolina

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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2. Toss carrots with lime dressing to coat.

fat, 0g cholesterol, 175mg sodium, 17g total

www.goodhousekeeping.com/food-recipes/.

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• Each serving: About 65 calories, 0g total

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Bible Trivia

Signs of driver fatigue

by Wilson Casey

1. Is the book of Capernaum in the Old Testament or New Testament or neither? 2. From 1 Corinthians 14, who advised young Christians to stop thinking like children? Luke, Paul, David, John

3. For how many days did Goliath take his stand for a man to fight him? 2, 6, 10, 40 4. In Genesis 18, whom did God ask, "Is anything too hard for the Lord"? Moses, Adam, Noah, Abraham

5. How many loaves of bread were used to feed the 5,000? 2, 3, 4, 56. In Mark 12, whom did Jesus accuse of devouring widows' houses? Sadducees,

Midianites, Israelites, Pharisees

Answers: 1) Neither; 2) Paul; 3) 40; 4) Abraham; 5) 5; 6) Pharisees

Sharpen your understanding of scripture with Wilson's Casey's latest book, "Test Your Bible Knowledge," available in bookstores and online.

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Few things elicit a sense of unbridled adventure as much as a road trip. Unlike more traditional vacations with carefully planned itineraries, road trips are a less formal, more flexible way to travel.

The sense of control drivers have on road trips can help make such excursions feel more liberating. But as any veteran road tripper knows, that control can begin to wane as drivers experience fatigue. Driver fatigue is a serious safety concern. The National Highway Traffic Safety Administration reports that each year roughly 100,000 police-reported crashes involve drowsy driving. The National Safety Council notes that drowsy driving accounts for more than 1,500 fatalities every year. Learning to recognize

Learning to recognize the signs of driver fatigue can help road trippers know when it's time to put their vehicles in park or hand over the keys to a fellow traveler. The warning signs of driver fatigue can manifest themselves in various ways, affecting drivers' bodies and minds and their performance behind the wheel.

• **Body** – The American Academy of Sleep Medicine notes there are various ways the body exhibits signs of driver fatigue. An inability to stop yawning and having difficulty keeping eyes of driver fatigue. Drivers experiencing fatigue also might have trouble keeping their head up and find themselves nodding off. Drivers who are blinking with greater frequency than normal and are rubbing and itching their eyes also are showing signs of fatigue.

open are two telltale signs

• **Mind** – The mind also is affected by driver fatigue. The AASM notes that fatigued drivers often cannot remember driving the last few miles. Drivers also may feel restless, irritable, impatient or even aggressive as they become fatigued. Difficulty focusing attention on the road and daydreaming

are some additional mental signs that drivers are fatigued.

• Driving – Fatigue also manifests itself through erratic driving. The AASM notes that fatigued drivers may miss road signs, drift out of their lane and have difficulty maintaining their speed. Passengers may not notice the physical and mental signs of driver fatigue, though they can do their part and look for them during road trips, especially if drivers have been behind the wheel for a long time. Passengers who notice the driving-related signs of fatigue should offer to take over immediately or strongly encourage drivers to pull over. Drivers who are starting to drift into other lanes, missing street signs and/or tailgating other motorists should be asked to hand over the keys right away, as this behavior can greatly increase the risk of accidents.

The open road beckons millions of drivers every year. Drivers who answer that call should recognize the threat posed by driver fatigue and get off the road right away if they begin to feel drowsy.

%*	
APR	USDA Butchered Beef • Pork Raised Responsibly on our Farm Bulk Burger
	Patties Steaks & Roasts
ier.	All Pork Bacon • Sausage Pork Chops • Hams Ham Steaks
	Dygert Farms & Cabot Creamery Products
e.org 7328	FARM STAND 7556 St. Hwy. 5S, Fort Plain Corner of Snell & 5S Open 7 Days 8 AM-6 PM
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Weekly Sales Every Monday – Misc. items, Poultry & produce etc. will start approx. 12:00. 1:00 we will start Dairy followed by all other livestock. Let's keep the cattle in the market place to help the competition – sending direct gives you no competition.

Mon. Jan. 10th – Sold 110 head - Cull Dairy ave. \$.60 top cow \$.75, cull beef \$.62 \$1.20, Grassfed Organic \$.79, Bulls/Steers –\$.84, bull calves top \$1.35 top beef calf \$1.50, heifer calves \$.25, Dairy feeders \$.60- \$.82.

Sat. Jan. 22nd – Sale held at our facility. 11:30 AM. New Year Production Sale – we will be accepting consignments for this sale up to 120 head. We want to stick to bred and Milking age as young heifers will not sell as well this time of year. We have several groups consigned – Load of fresh Freestall cows from Morrill Farm, 10-12 fresh Freestall cows from large Dairy – Jersey & Holsteins parlor trained. Sco-Li has a group of freestall young fresh cows. Ho-Crawf has a group of FANCY young cows all fresh – impressive group all milking well. A fresh Guernsey sells – fresh in Sept on service milking 65# 5.0/3.2. Plenty more fresh cows and springers to pick from. Catalog info at ringside. For more info contact us.

<u>Mon. Jan. 24th</u> - Normal Monday Sale & Monthly Organic Day. <u>Mon. Jan. 31st</u> - Normal Monday Sale.

Upcoming Sales:

Fri. March 18th - 10:30 AM. Sale held on the farm - Apulia Station, NY. Maplelane Manor Farm - Complete Registered Holstein Dispersal. Selling 240 Head - One of NY's Premier Breeding Establishments. DHI RHA 27,743 4.0 1116 3.3 902.

Sat. March 26th – Sale held at our facility. 11:30 AM Our Spring Premier All Breed Dairy Sale. We are gearing up for great consignments for this sale. Registered All Breeds Dairy Cattle showage calves – heifers and great young cows. Also our great selection of fresh young cows. This does fill too fast so we will cut off at 125. Call today to have someone come and visit as we will be making our rounds soon!

Sat. April 23rd – Sale held at our facility. Our Annual Spring Machinery Consignment Auction. Watch for future info.

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Utica & 6 miles North of New Berlin, NY. www.hoskingsales.com Like us on Facebook LOOKING TO HAVE A FARM SALE OR JUST SELL A FEW – GIVE US A CALL





The warning signs of driver fatigue can manifest themselves in various ways, affecting drivers' bodies and minds and their performance behind the wheel.



Home Country

by Slim Randles

t was a contemplative kind of morning, with each member of the vaunted World Dilemma Think Tank seeming content to think silently for a change, just sipping on the coffee refills and waiting for Loretta to bring more.

Fresh rosemary for every season

While rosemary is not a perennial in the Northeast, you can still grow and enjoy fresh rosemary all year. Just plant it in a container. Bring it outside in warmer weather and inside before the first frost.

Why rosemary? It is attractive, has a pleasant scent, is easy to grow and offers great flavor and versatility as a culinary herb. For the complete story, be sure to check out coun-

be sure to check out countryculture.co.

What's it's going to be? A dairy product or a non-dairy alternative?

by Holly Harvatine, Susquehanna County Dairy Ambassador

hen you go grocery shopping and come across the dairy section, do you wonder which products are better for you? The products that are made with real cow's milk or the alternatives? Hi, my name is Holly Harvatine, and I am a Susquehanna County Dairy Ambassador. There are a few main differences between the two options, other than one is made of cow's milk and one isn't. First are the ingredients.

In non-dairy alternatives, it depends on what you're buying. If you're buying non-dairy yogurts, they might use almond or coconut milk as a base, various gums (such as xanthan gum) to get the right texture, then add fruit puree and probiotics. A non-dairy cheese may use various oils – coconut, canola, safflower – plus flour

JANUARY 1 KEEP MOVING AHEAD MARCH 31



Steve, the professional cowboy of the bunch, was reading the house copy of the Valley Weekly Miracle. Somebody else had already done the crossword, the sports page was old news, and if he wanted to keep up on church news, he'd probably attend every now and then. So Steve was belly deep in the personal ads in the classifieds.

He looked more closely, then glanced around the philosophy counter at his fellow thinkers. "Here's something you don't see every day," he said.

- The room grunted in reply.
- "I'll read you the whole ad," he said, "'cause it's short." Doc looked up. "What's it say?"
- "Send one dollar to Box 87 here in town."
- "One dollar for what?"
- "Doesn't say. Just says to send one dollar."
- "You're kidding."
- Steve handed Doc the paper and pointed to the ad. "That's what it says," Doc said, nodding.

So then the conversation got going. Some were of the opinion that a mistake was made when the ad was put in the paper, and you're supposed to get a cookie recipe or something for your buck. Others were of the school that this was placed by some joker as a gag.

(tapioca, konjac), xanthan

yeast for that cheese-like

bite. Plant-based butters

ingredients for the right

One of the biggest

cow's milk and non-dairy

the protein, calcium and

alternatives is (most times)

vitamin D. In a cup of cow's

grams of protein, but only 1

gram of protein in almond

1 gram in coconut milk. In

are fortified with calcium

and vitamin D, which is a

duo that's important for

to eat dairy yogurt, but switched to plant yogurt,

STRUGGLE

Today's Word

3. Elated; 4. Retuge

1. Twinge 2. Askew;

uoitnios

SCRAMBLERS

9

2 3 9 4 9

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Answer

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2

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t | 2 | 2 | 2 | 3 | 4 | 3 | 4 | 3 | 5 | 4 | 3

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6 5 2 8 4 4 2

8 2

3 2 3

8 7 3

bone health. So, if you used

addition, not all alternatives

or rice milk and not even

milk, you can find about 8

distinctions between

color and texture.

are mostly made of a blend

of vegetable oils, plus other

gum, colors and nutritional

CULTURE THE LAND THE FOOD THE PEOPLE

"When I was packing mules," Steve said, "the pack boss swore he was going to put a wooden box with a slot in it at the trailhead and write 'Scenic Route. One dollar' and see if anyone was dumb enough to pay extra for scenery."

- "Aren't all those trails scenic?"
- "Of course. He never did it, though."

"And this ad," said Doc, shaking his head. "How many people would be dumb enough to just mail a dollar to Box 87 for no reason?"

Dud looked up and smiled. "Seven so far, Doc. Seven so far." Brought to you by "Home Country" (the book), published by Rio Grande Press and now available as a Kindle ebook on Amazon.

you'll have to find calcium and vitamin D somewhere else in your diet.

Another example is cheese. Part-skim shredded mozzarella cheese has 65 calories, 5 grams of protein, 4 grams of fat and about 2 grams of carbs. A plantbased mozzarella, on the other hand, has 80 calories, 0 grams of protein, 5 grams of fat and 8 grams of carbohydrates. Both options have calcium, but the dairy free version doesn't supply your body with any protein.

All in all, before you choose what to buy in the store, I recommend that you check the label on the product you are thinking about buying. Compare it to the other options. I recommend you choose dairy, making sure you get three servings of milk, cheese or yogurt each day. It's important for the body.





Dairy Ambassador Holly

ΘΑΈΔΙΓΛΕΙΥΒ

(N I/CEBBEZD/E/T)

<u>і/а/мотя</u>)

BOCK BVADS OF THE '708

Susquehanna County Dairy

Princess and Promotion

Photo courtesy of

/₽<u>/T/8) U A </u>]

Harvatine

— **King** Crossword — Answers Solution time: 22 mins.

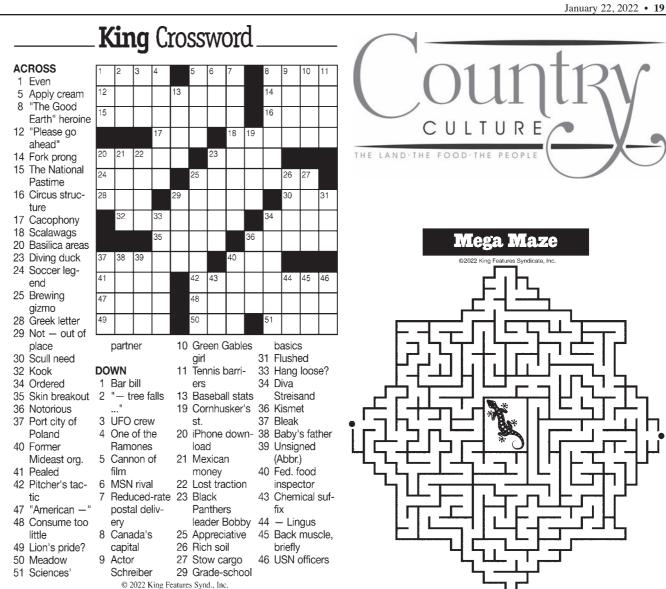


MOHAWK VALLEY COUNTRY EDITOR

MAGIC MAZE • ROCK BANDS OF THE '70s
S D W A X V S Q N K I F D N A
XVTOQOMNAVARACD
JOHFBCABLONDIEY
WUH(PINKFLOYD)ERP
N L J W H K I S S L F P D B Z
X V T R E Q O A E I P M K I H
F D B Z Y H W E R U S H S V T
R Q S E N O T S R A C E H T O
N L F A U S T P K I Y H N F D
C A Z X N I L E P P E Z D E L
WVUDAEDLUFETARG
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: THE ROLLING —
Blondie Genesis Pink Floyd The Cars

Blondie	Genesis	Pink Floyd	The Cars		
Caravan	Grateful Dead	Rainbow	The Who		
Deep Purple	Kiss	Rush	Yes		
Faust	Led Zeppelin	Steely Dan			
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Weekly SUDOKU



by Linda Thistle

6			2			9		
	1			4			6	
		5			8			1
		4	3				2	
	3			9		8		
2					4			6
8			9				5	
	6				5			3
		2		1		7		

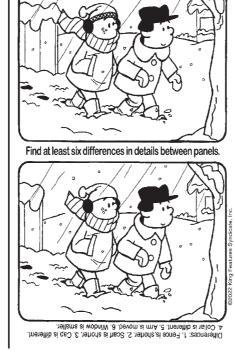
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: • • •

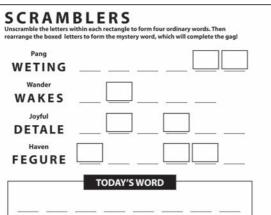
Moderate
 Challenging
 HOO BOY!
 2022 King Features Synd., Inc.



"May I have this ____?"



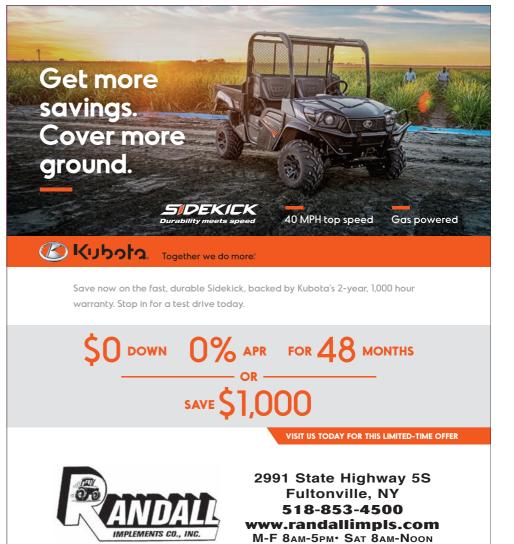
HOCUS-FOCUS



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