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**202210425:** High traffic area in the village 3 offices, reception area and conference room, back storage area. Easy access into the office and out. Would be great for a Law Office, Real Estate office, Mortgage Brokerage, Financial advisor. V/O Fultonville. **\$250,000**

**#20214638:** Newest projects; Just finished large bedroom in basement, improvement to finish. Carpet in bedroom in basement, living room and first floor bedrooms. New linoleum to be installed in both bathrooms and kitchen. The carport has been converted into a living space with pine board ceilings and walls w/recessed lights. New main entrance door, new roof, new replacement windows in downstairs bedrooms. new partitions in basement for laundry area and bedroom. many rooms repainted. In progress is new carpeting for bedroom and living room. new vinyl flooring for kitchen and bathroom. Sheetrock to be installed in the basement area to finish of two rooms. C/O Gloversville. **\$124,000**

**202129905:** Build your dream home or hunting camp here. 14.75 acre lot with 1400 ft road frontage on State Rte 30A and 920 feet road frontage on Esperance Rd. Approx 324 acres of state land just 3 or so miles north on 30A of this land. T/O Charleston. **\$46,500**

**#202117592:** Brick Victorian style home with a huge detached garage. Features high ceilings, open staircase, hardwood floors, stain glass windows, large formal living rooms, French doors, and many nooks and crannies. 2 front porches. Paved driveway with carport. V/O Fort Plain. **\$179,900**

**202212843:** Restored/renovated 1820's brick home with a tasteful addition situated on 197 acres of mixed farm, ponds & wood land. The great room hosting the kitchen/dining area is gleaming with light and has a beautiful view overlooking the property. Three full baths plus professional office with fireplace. Central air, central vacuum, whole house fan & emergency generator. Walk out basement w/workshop is a dream. 168 acres leased for 2022 for premium hay, remainder of land mixed meadow, and conservation wetlands w/ beaver & nesting ponds, trails, & wildlife habitats. Farm contains 1890's post & beam hay barn approximately 36x66 w/ attached 48x32 stable completely resided and updated metal roof. SUBDIVISION WOULD BE GREAT/HOUSE AS AN AIR B & B (Additional 145 acres Across Rd - \$245,000) **\$695,000**

**202213364:** Looking for an open concept home and plenty of room for the entire family and an In-Law apartment. The first floor can also be partitioned off into smaller rooms. It has five bedrooms with a laundry area on the second floor. The apartment in the basement could be turned into a game room, music/art studio, use your imaginations or leave it as a studio apartment. If you are an investor you can turn the first and second floor into separate apartments. Upstairs has a separate entrance. V/O Canajoharie. **\$148,000**

**#202122985:** Cozy yet, spacious home on a corner lot, close to downtown amenities. Take advantage of the fully fenced in yard, perfect for entertaining or enjoy the new front porch. This home features an eat in kitchen first floor laundry and central AC. Garage door was installed four years ago and a new electric hot water heater just installed. The roof is at the end of its life and will need to be replaced. Agent is related to seller. Call today for a showing! C/O Gloversville **\$95,000**

**202211310:** This well established business is currently owned and operated with great clientele for a walk in and take over business with 2 apartments upstairs for income or live in and run business. Apartments can be opened up to a 7 room family home. Ample parking. V/O Dolgeville. **\$189,000**

**20214711:** If you are looking for a parcel with a spectacular view, you will want to check this one out! It features a stunning panoramic northern view of the Adirondacks. Two parcels for a total of 5 acres to build your special home. You will definitely want to add a deck on the back and some large windows to enjoy this sight every day! Not far from the charming hamlet of Glen. **\$43,000**

**202212043:** A reasonable price comes with this 3 bedroom home with hardwood floors. Enclosed porch, detached garage and walking distance to stores. V/O Canajoharie. **\$49,000**

**#20221129:** Welcome home! Nestled in and tucked away from the road you'll find this roomy 4 bedroom, 2 1/2 bath home waiting for its new owners to call home. Situated on 6.5 acres w/ road frontage on 2 roads. 20x30 outbuilding with electric. Eat-in kitchen, a roomy living room and dining area for gatherings with friends and family. When days are cool, enjoy relaxing in front of your wood-burning fireplace. The full basement offers even more possibilities. Breezeway leads to the 2-stall attached garage. Close to Cooperstown, the Adirondacks and the Capital District. Convenient to all major routes. T/O Minden. **\$275,000**

**#202212825:** Beautifully renovated farmhouse on 29.7 serene acres. The kitchen features gorgeous custom concrete countertops and stainless steel Whirlpool appliances. First floor features a large bedroom and upstairs has 3 bedrooms with a possible 4th. (Huge room located off 3rd bedroom). There is a finished room off of the mudroom that would make a great home office with it's own separate entrance. Barn and garage are located across the street with large pond. 10 +- acres are wooded and about 15 acres are tillable, the remainder would make great pasture for cows or horses. Schedule a showing today. T/O Charleston. **\$315,000**

**#202212220:** Boarding the Erie Canal Bike Trail awaits a new owner for this spacious 2-family! Make this a tourist stop for the hundreds of cyclists. Ideal for airbnb. Your guests will have a view of a gorgeous creek and will be feet away from the bike trails. 2,804 square feet makes for plenty of room for a home and opportunity. Make an appointment today for your personal showing. T/O Root. **\$99,900**



# Community Calendar

March 2022						
S	M	T	W	T	F	S
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9
Holidays						
13th - Daylight Saving Begins						
17th - St. Patrick's Day						
20th - Spring Begins						

April 2022						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7
Holidays						
17th - Easter						
18th - Taxes Due						
22nd - Earth Day						

May 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11
Holidays						
8th - Mother's Day						
21st - Armed Forces Day						
30th - Memorial Day						

**MARCH 24**  
**Is Mythology Guiding Your Genealogy** 7 p.m. at Irish Cultural Center of the Mohawk Valley - Museum, 623 Columbia St., Utica. Genealogist Lisa Dougherty returns for a third time to discuss some of the pitfalls in trying to follow family myths in your genealogy searches. Free event. Register through Eventbrite [www.eventbrite.com/e/is-mythology-guiding-your-genealogy-tickets-264893442417](http://www.eventbrite.com/e/is-mythology-guiding-your-genealogy-tickets-264893442417)

**Rabies Vaccination Clinic** 5:30 - 7 p.m. at East Herkimer Fire Department, 193 Main Road, East Herkimer. Pre-register at 315.867.1176.

**MARCH 25**  
**Fish Fry** at Poland Fire Company, Poland Firehouse Station #1, Route 8, between Poland and Cold Brook. Each Friday through April 15. Serving 4-7 p.m. Choices: Fish Fry or Broiled Fish Dinner, Chicken Tenders Dinner and Mozzarella Sticks. Handicap accessible. Take-out only. Gluten-free menu options.

**MARCH 26**  
**Spring Fever Tea** 3 p.m. at the Dolgeville United Methodist Church. Live entertainment, a selection of teas, hors d'oeuvres, and fundraising baskets. \$10/ person. Reservations requested by March 24. Call Chris Casler at 315.823.0632 or by email to Sally Madison at [sally13329@yahoo.com](mailto:sally13329@yahoo.com). Fundraiser for the Dolgeville United Methodist Church.

**Montgomery County SPCA Spring Pet Photos** 10 a.m.-2 p.m. at the Clock Tower Building, 37 Prospect Street, Amsterdam. Fundraiser benefits Montgomery County SPCA. More information available at [www.mc-spc.org](http://www.mc-spc.org).

**John Fitzsimmons Opening** at 403 Canal Place, Little Falls. Mohawk Valley Center for the Arts invites you to experience the John Fitzsimmons Exhibit. Meet the artist, view his work and share his artistic journey. Open from noon through 4 p.m. Free.

**MARCH 27 & 28**  
**Fifth Annual Tom Bergen Memorial Autism Awareness Bowling Tournament** at RD's Gorge View Lanes in Little Falls. This year's event is no-tap doubles and features five bowling squads: Saturday at 12 p.m. and 2:30 p.m., and Sunday at 10 a.m., 12:30 p.m. and 3 p.m. Tournament registration is \$15 per person. Community members can pre-register by calling 315.823.3630 or by stopping into RD's Gorge View Lanes.

**MARCH 28**  
**Councils of War and the Cabinet: How the Revolutionary War Shaped the Presidency** 7 p.m. Free Zoom event. Registration required at [tinyurl.com/2p89wtwx](http://tinyurl.com/2p89wtwx)

**MARCH 29**  
**Children's Story Hour** 11-11:45 a.m. at Fort Plain Free Library, 19 Willett St, Fort Plain. For more information call 518.993.4646 or visit [fortplainfreelibrary.org](http://fortplainfreelibrary.org)

**Blackmon Film Series** every Tuesday evening at 7 p.m. at the historic Glove Theatre, 42 N. Main Street, Gloversville. This week's movie is His Girl Friday.

**March Immunization Clinic for Children and Adults** 9-11 a.m. and 1-3 p.m. at Herkimer County Public Health, 301 North Washington Street, Herkimer. By appointment only. Call 315.867.1176.

**MARCH 30**  
**National Take A Walk In A Park Day** – Schoharie Crossing to MVGO/Riverlink Park starting at 10 a.m. at Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. Celebrate National Take A Walk In The Park Day. Sign up for the Erie Canalway National Heritage Corridor's Canalway Challenge at [eriecanalway.org/explore/challenge](http://eriecanalway.org/explore/challenge)

**APRIL 1**  
**Fish Fry** at Poland Fire Company, Poland Firehouse Station #1, Route 8, between Poland and Cold Brook. Each Friday through April 15. Serving 4-7 p.m. Choices: Fish Fry or Broiled Fish Dinner, Chicken Tenders Dinner and Mozzarella Sticks. Handicap accessible. Take-out only. Gluten-free menu options.

**APRIL 2**  
**Indoor Garage Sale & Bake Sale** 9 a.m.-2 p.m. Ilion First Baptist Church, 8 Second St., Ilion. Lunch available. BBQ pork and soups. For more info call Church Office @ 315-894-9041.

**APRIL 2 & 3**  
**46th Annual Antiques in Schoharie.** Saturday 10 a.m.-5 p.m. Sunday 11 a.m. to 4 p.m. at the Quality Inn of Schoharie. For more information, call Show Manager Ruth Anne Wilkinson at 518.231.7241.

**APRIL 5**  
**American Red Cross Blood Drive** 12-6 p.m. at St. Johns St. Marks Church, 143 Church Street, Canajoharie. Make an appointment at [tinyurl.com/46b6ev4y](http://tinyurl.com/46b6ev4y).

**American Red Cross Blood Drive** 12:30-5:30 p.m. at American Legion Post 25, 43 West Main Street, Mohawk, NY. Sponsor Code: MohawkAL

**APRIL 7**  
**Cooking with Love for the Planet, Part 3:** 6:30 - 7:30 p.m. Registration is required at [tinyurl.com/fx7b34bp](http://tinyurl.com/fx7b34bp)

**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Ohio Community Rec. Center, 140 Nellis Road, Town of Ohio. Pre-register at 315.867.1176.

**Shults Agency Defensive Driving Class** at Arkell Center 9 a.m.-3 p.m. Call 518.673.4408 for sign-up and more information.

**APRIL 8**  
**Fish Fry** at Poland Fire Company, Poland Firehouse Station #1, Route 8, between Poland and Cold Brook. Each Friday through April 15. Serving 4-7 p.m. Choices: Fish Fry or Broiled Fish Dinner, Chicken Tenders Dinner and Mozzarella Sticks. Handicap accessible. Take-out only. Gluten-free menu options.

**APRIL 9**  
**Turkey Hunting Workshop** 1-4 p.m. at the Sportsman Center, 13 Babcock Lake Rd., in Grafton. Members of CDSC successful in harvesting turkey will be presenting Calls & Calling, Blinds, Decoys, Strategies will be some of the topics. Register at [cdsc.education/upcoming-events](http://cdsc.education/upcoming-events) . Obtain more information by emailing [cdsdonmcc@gmail.com](mailto:cdsdonmcc@gmail.com)

**Herkimer College Spring Open House** noon to 2 p.m. in the Robert McLaughlin College Center. For more information, contact the Admissions Office at 315.574.4028 or email [admissions@herkimer.edu](mailto:admissions@herkimer.edu)

**Spring Craft Fair** 10 a.m.-4 p.m. at North Utica Community Center, 50 Riverside Drive, Utica. For more information visit [www.neighborhoodctr.org](http://www.neighborhoodctr.org)

**APRIL 12 & 13**  
**Mohawk Valley Brownfields Developer Summit** at the Fulton-Montgomery Community College in Johnstown. Visit [www.mvedd.org](http://www.mvedd.org) to register.

**APRIL 15**  
**Fish Fry** at Poland Fire Company, Poland Firehouse Station #1, Route 8, between Poland and Cold Brook. Last Friday offered. Serving 4-7 p.m. Choices: Fish Fry or Broiled Fish Dinner, Chicken Tenders Dinner and Mozzarella Sticks. Handicap accessible. Take-out only. Gluten-free menu options.

**APRIL 21**  
**Schoharie Crossing Online Winter Lectures** - Third Thursdays at 7 p.m. The Syracuse Weighlock with Derrick Pratt of the Erie Canal Museum. Online via WebEx. For more information, call the Visitor Center at 518.829.7516 or email [SchoharieCrossing@parks.ny.gov](mailto:SchoharieCrossing@parks.ny.gov).

**Lasagna Dinner** 4-7 p.m. or sold out Emmanuel Episcopal Church, The Parish Hall, 594 Albany St., Little Falls. Eat in. To go. Walk ins. \$12. Free Delivery to Herkimer and Little Falls. Call 315.741.4672 to reserve dinner.

**APRIL 23**  
**Revolutionary War Bus Trip.** Less than 30 seats are available for the Revolutionary War Bus Trip to the Museum of the American Revolution & Northern NJ Revolutionary War Battlefield and Historic Sites being sponsored by the Fort Plain Museum. Registration is \$99 per person. To register visit [fortplainmuseum.org/viewevent.aspx?ID=1070](http://fortplainmuseum.org/viewevent.aspx?ID=1070) and scroll down to next events and select "get tickets" under the Revolutionary War Bus Trip.

**Canal Clean Sweep – volunteer day** 9 a.m. to 12 p.m. on the site of Schoharie Crossing grounds and nearby at Lock E12 and Fort Hunter Community Park). For more information, call the Visitor Center at 518.829.7516 or email [SchoharieCrossing@parks.ny.gov](mailto:SchoharieCrossing@parks.ny.gov).

**Dog River Horse Club Tack Sale** 9 a.m.- 2 p.m. at Jet Service Envelope Co. off exit 6 in South Barre, VT. 80 East Road Barre. Tons of horse items new and used for questions. Call Karen at 802.839.0147.

**Winter Walk at Schoharie Crossing State Historic Site** 1-3:15 p.m. at Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. For more information contact David Brooks at 518.829.7516.

**Revolutionary War Bus Trip to the Museum of the American Revolution** in Philadelphia, PA. Visit [fortplainmuseum.org/events](http://fortplainmuseum.org/events)

**APRIL 24**  
Central Valley Central School District Foundation will host multiple fundraisers during its **Brooks' Chicken BBQ** noon-3 p.m. (or sold out) at Beer Belly Bob's at 70 Otsego Street in Ilion. Advance order is recommended by calling JoAnn Duga at 315.894.3116.

**APRIL 26**  
**Friends of Schoharie Crossing Meeting** at 6:30 p.m. At the Visitor Center, Schoharie Street. For more information, call the Visitor Center at 518.829.7516 or email [SchoharieCrossing@parks.ny.gov](mailto:SchoharieCrossing@parks.ny.gov).

**MAY 5**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Dolgeville Fire Department, 20 South Helmer Ave., Dolgeville. Pre-register at 315.867.1176.

**MAY 7**  
**I LOVE My Park Day at Schoharie Crossing** 9 a.m. at Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. For more information contact: <https://fb.me/e/1fdKC1t0M> There will be a few beautification projects around the site to kick off the 2022 season. Be sure to register at the link provided.

**MAY 12**  
**Cooking with Love for the Planet, Part 4** 6:30 - 7:30 p.m. Registration is required at [tinyurl.com/yxckhz9n](http://tinyurl.com/yxckhz9n)

**MAY 16**  
**A Noble Defense: The Hessian Repulse at Red Bank Oct. 22, 1777** at 7 p.m. Visit [fortplainmuseum.org/events](http://fortplainmuseum.org/events)

**MAY 19**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Old Forge Fire Department, 116 Fulton Street, Old Forge. Pre-register at 315.867.1176.

**MAY 21**  
**Opening Day at Fort Klock** 10 a.m. – 4 p.m. at 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

**JUNE 2**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Norway Community Center, 3114 Military Road, Norway. Pre-register at 315.867.1176.

**JUNE 4**  
**Genealogy Day at Fort Klock** 10 a.m. - 3 p.m. at 7203 State Highway 5, Saint Johnsville. Call 518.568.7779

**JUNE 7**  
**American Red Cross Blood Drive** 12:30-5:30 p.m. at American Legion Post 25, 43 West Main Street, Mohawk, NY. Sponsor Code: MohawkAL

**JUNE 9-12**  
**American Revolution Conference** in the Mohawk Valley. Visit [fortplainmuseum.org/events](http://fortplainmuseum.org/events)

**JUNE 10**  
**United Way of the Mohawk Valley's 100 Birthday Party!** 6-10 p.m. at Saranac Brewery, Utica. \$100 per person. Ticket information to be announced.

**JUNE 11**  
**41st Annual Friendship Craft Festival** 9 a.m.-3 p.m. in Spring Park on Scenic U.S. Route 20. Sponsored by the Church Of Christ Uniting in Richfield Springs. For information visit [www.rschurchofchristuniting.com](http://www.rschurchofchristuniting.com) and click on the "Women's Guild" tab, e-mail [friendshipcraftfestival@yahoo.com](mailto:friendshipcraftfestival@yahoo.com) or call Carla at 315.858.1451.

**JUNE 15**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Ilion-Frankfort VFW Pavilion, 4274 Acme Road, Frankfort. Pre-register at 315.867.1176.

**JULY 4**  
**Annual Strawberry Festival** 12-4 p.m. at 7203 State Highway 5, Saint Johnsville. Includes the reading of the Declaration of Independence. Call 518.568.7779.

**JULY 7**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Danube Town Garage, 438 Creek Road, Little Falls. Pre-register at 315.867.1176.

**JULY 12**  
**American Red Cross Blood Drive** 12:30-5:30 p.m. at American Legion Post 25, 43 West Main Street, Mohawk, NY. Sponsor Code: MohawkAL

**JULY 23**  
**Moses Quinby Day** at 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

**AUGUST 25**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Salisbury Fire Department, 2549 State Route 29, Salisbury Center. Pre-register at 315.867.1176.

**SEPTEMBER 10 & 11**  
**Fort Klock's 49th Annual Craft Fair** 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

**SEPTEMBER 15**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Cedarville Fire Department, 960 State Route 51, Cedarville. Pre-register at 315.867.1176.

**OCTOBER 6**  
**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Little Falls Town Garage, 478 Flint Ave Ext., Little Falls. Pre-register at 315.867.1176.

**OCTOBER 21-23**  
**Sir William Johnson and the Empire Wars Conference.** Registration is open for 2022. If you signed-up for the 2021 Sir William Johnson Conference, do not register and email Brian at [info@fortplainmuseum.org](mailto:info@fortplainmuseum.org)

**OCTOBER 29**  
**Rebels, Redcoats, & Zombies** 5-8 p.m. at the Fort Plain Museum, 389 Canal Street. If you are interested in participating as a Rebel, Redcoat or Zombie, contact [fortplainmuseum@yahoo.com](mailto:fortplainmuseum@yahoo.com) Visit [fortplainmuseum.org/events](http://fortplainmuseum.org/events)

**NOVEMBER 12**  
**Rabies Vaccination Clinic** 10 a.m. – Noon at East Herkimer Fire Department, 193 Main Road, East Herkimer. Pre-register at 315.867.1176.

To promote your event, please contact us at [cfeditor@leepub.com](mailto:cfeditor@leepub.com) or 518.673.0143.



# Herkimer Central School District superintendent search continues with opportunities for community input

Herkimer Central School District Board of Education members are planning a variety of ways to receive community input as they move forward with a search for the next superintendent of schools.

The application deadline for candidates closed on March 14. Herkimer-Fulton-Hamilton-Otsego BOCES District Superintendent Sandra Sherwood, who is serving as the superintendent search consultant for Herkimer Central School District, conducted preliminary interviews with candidates this week.

Sherwood also has meetings with Herkimer elementary and middle school/high school staff and

association leaders in the next week about the interview process and will schedule additional stakeholder meetings as requested.

An initial community survey about the superintendent search was open until Feb. 20. After Herkimer Central School District Board of Education members complete their initial interviews with candidates, another online survey will launch on March 30 seeking thoughts from school community members on what questions they would like to ask a finalist candidate. The results of this second survey will help determine questions for a community forum that will be livestreamed on April 20.

The finalists for the superintendent position will

participate in stakeholder interviews on April 20 – starting with coffee and doughnuts with students, and then meetings with administrators, teachers, support staff and parents.

In the late afternoon on April 20, a virtual community forum will be livestreamed featuring Sherwood asking the finalists questions that will be developed based on the second community survey. Immediately following the community forum, a third community survey will launch for that night only to allow school community members to share what they think are the strengths or concerns for each of the finalists.

Herkimer Central School District Board of Education members hope to offer the superintendent position to their chosen candidate on April 27 and appoint the new superintendent on May 18. The successful candidate would then be expected to assume the duties of Herkimer superintendent on or shortly after July 1, dependent upon the candidate's current contract.

Updates and links to the online community surveys will be posted at [herkimerd.org](http://herkimerd.org) and [herkimer-boces.org](http://herkimer-boces.org).

*“Education is the kindling of a flame, not the filling of a vessel.”*  
– Socrates

## HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday – Misc. items, Poultry & produce etc. will start approx. 12:00. 1:00 we will start Dairy followed by all other livestock. **Let's keep the cattle in the market place to help the competition – sending direct gives you no competition.**

**Mon. Mar. 14th** – Sold 182 head - Cull Dairy ave. \$.70 top cow \$1.19, Bulls/Steers \$.85 - \$.97, Grassfed Organic cull dairy \$.75-.90, Organic cull Dairy \$.79 - \$.91, bull calves top \$.275, top beef calf \$3.00, heifer calves \$.35 - top beef calf \$.70, Dairy feeder \$.53 - \$.94, feeder bulls \$.86 - \$1.09, Piglets \$75.00, Hogs 223#-306# \$.84 - \$.86, Dairy Milking age top \$1850, Bred heifers top \$1480, open heifers top \$930.

**Sat. March 26th** – Sale held at our facility. 10 AM Our Spring Premier All Breed Dairy Sale. We are gearing up for great consignments for this sale Registered All Breeds Dairy Cattle showage calves – heifers and great young cows. Also our great selection of fresh young cows. Watch for the consignments already coming in from: Pineland, Juniper, Sco-Li, Morrill Dairy, Kuperus Meadows, Fantasy-Found, Lone Apple Ridge, Cowbell Acres, Far-m Holsteins, Riddle Me Swiss, Sweet-Peas, Mer-Acres Holsteins, Rach-Len, Boardwalk Holsteins, Mapleline Jerseys, Roseland, MM-T Pockets, GMC, Walker Farms plus many more. This sale is full check out our next date in April for the overflow.

**NOTE:** The Otsego County 4-H Dairy Calf Sale – All Breeds will be held same day at our facility 20 head show age calves – proceeds of the sale go to support the Otsego County 4-H Dairy Program.

**Mon. March 28th** – Normal Monday Sale & Monthly Organic Day. A group of Organic springing heifers and Cows.

**Mon. April 4th** – Normal Monday Sale & Monthly Fat Cow & Feeder Sale. Also Special: our 1st Easter Lamb, Goat Sale – prices are strong. A group of young goats already consigned. Call to advertise your group.

**Mon. April 11th** – Normal Monday Sale & Monthly Heifer Sale. Special: - 2nd Easter Lamb & Goat Sale.

**Sat. April 16th** – Spring Production Sale 11:30 AM. Due to the overflow of our All Breed Sale we are having another one. PLEASE call now to hold your spot. 125 head of all breed Dairy Cattle – and those fancy showage calves. **FEATURING:** Roput Farm Dispersal consisting of 40 Registered Holsteins & 4 Registered Jerseys – cows & bred heifers. DHI RHA 21,000 4.2 3.3. BAA 111.1

**Sat. April 23rd** – Sale held at our facility. Our Annual Spring Machinery Consignment Auction. Watch for future info.

**Mon. May 2nd** – Normal Monday Sale & Our Spring beef Turnout Sale. Call today to advertise your group feeder and beef prices are high and in demand.

**Sat. May 21st** – Sale held at Genesee County Fairgrounds. NYS Jersey Sale – The Next Generation New York State Jersey Sale. Sale is to support the State Club and will feature Elite Type animals of all ages as well as some High Genomic Individuals. Contact Rebecca Ferry 518-248-9294. Watch for more details.

**Sat. June 4th** – Little Valley, NY – Cattaraugus County Fairgrounds. WNY Summer Showcase 2022 All Breeds Sale/ Show. Sunday June 5th is the Show. Sale starts at 12 Noon. Sale animals will be showage calves, heifers and cows mostly all show prospects. Watch for more details.

**WATCH FUTURE ADS ON UPCOMING SALES WE HAVE IN THE WORKS IF YOU HAVE SOMETHING TO SELL IF ITS ONE OR A WHOLE HERD LET US HELP YOU THROUGH THE PROCESS.**

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## PUBLIC AUCTION

**Horses - Tractor - Farm Equip. - Carriage - Misc.**  
**Wed., April 6th, 2022 at 9:30 AM**

Location: 208 Buel Rd., Canajoharie, NY 13317

**HORSES:** Consigned by Eli and Linda Fisher Ph. #518-673-2449. Dolly, smooth mouth Belgian mare broke single and double; **Connie**, 5 yr. old Belgian blonde mare broke to all farm equipment; **Kathy**, smooth mouth Belgian mare broke for the lines; **Flash**, 8 yr. old Belgian gelding broke for the lines; **Freeman**, 10 yr. old gelding broke for the lines; **Fred**, 9 yr. old gelding broke for the lines; **Dixie**, 5 yr. old Belgian mare blonde, broke for jockey; **Kate**, 4 yr. old Belgian mare, blonde, broke for jockey; **Mister**, 5 yr. old Belgian gelding broke for jockey; **Dottie**, 3 yr. old Belgian mare, green broke.

**HORSES:** Consigned by Abner and Leah Riehl Ph. #518-573-6356. Belgian geldings **Sprit and Sparks**, 7 yr. old high energy, broke to all farm machinery. Belgian Geldings **Silver and Sunny**, 7 yr. old well broke to all farm machinery, lots of snap.

**HORSES:** Consigned by Jacob Kauffman Ph. #717-442-8395. 2 yearling fillies, Percheron cross, halter broke; 2 year old gelding Percheron cross; smooth mouth Belgian gelding; 2 smooth mouth Belgian cross mares in foal to Percheron cross stallion; 4 yr. old Belgian, Percheron cross gelding, well broke; standard bred 6 yr. old gelding, pacing bred.

**TRACTOR:** Consigned by Eli Fisher. Deutz 100-06 with 540/1000 PTO

**HAY EQUIPMENT:** **I and J** bar mower; **NH** rollbar rake w/hyd. drive; 60hp **Duetz** power cart; **JD 446** round baler; **NH 273** baler with Wisconsin engine; 28 ft. hay elevator; 2-18 ft. flat wagons; self loading round bale wagon.

**TILLAGE EQUIP:** 2 bottom **White Horse** plow; 12 ft. roller harrow; 12 ft. drag harrow; 8 ft. disk.

**CORN EQUIP:** 4 row **JD** planter with coulters; corn binder with alum. loader; 3 forage wagons; **Case IH** silage blower.

**MISC. EQUIP:** Fore carts; **Pequea** manure spreader; pit manure spreader; 10 ft. **ELS** manure pump. field sprayer, harnesses, collars, bridles and misc. horse supplies.

**MISC. BARN & MILKING EQUIP:** 5 **Westfalia** milkers; sputniks; silage carts; grain carts; alum. lazy Susan round bale feed wagon; misc. feeders; approx. 2 wagon loads of small items selling first. Approx. 60 loop stanchions, buyer must remove.

**Consigned by Daniel and Katie Stoltzfus:** Eli Fisher Ph. #518-673-2449: **JD 7000** 4 row planter with corn and bean attachments rebuilt in 2016; 10 ft. **Brillion** seeder, like new with only 200 acres planted; **Pioneer** 12 ft. tine weeder, 3 yrs. old; **White Horse** subsoiler w/12 volt hyd. trailer unit; 4 row **I and J** cultivator; grain bin wagon with Farm-Bilt gear; grain wagon w/ custom gear; 46 ft. grain or hay elevator; 2 horse field sprayer, **Daniel Stoltzfus Ph. #518-993-5181**

**Consigned by Jake and Barbie Kauffman:** **NH** rollbar rake: **NH 5717** chopper rebuilt in 2021; fore cart; **I and J** mower w/9 ft. bar, 5 yrs. old; round bale side dump wagon, heavy duty; 3 beater manure spreader w/13hp Honda, good condition. **Jake Kauffman Ph. #717-442-8395.**

**Consigned by Henry and Sarah Zook:** 900 gal. pit manure spreader; 16 ft. alum. fill pipe; herd wheel; 12 **CK** stanchions; silage cart; misc. Rebuilt McCormick cultivator; 28" skeleton elevator; 16" flat wagon; 15" Craftsman drill press; one wagon load of smalls; 4 yr old Friesian Saddlebred Morgan out of Theodore, well started in carriage and lots of style; **I & J** 8 ft bar mower with dolly ride on; **NH 67** baler w/ modified bale chamber. **Henry Zook Ph. #518-993-5426.**

**Consigned by Abner and Leah Riehl:** **NH 640** round baler, new belts 2020; round bale wagon with side dump on Farm-Bilt gear. **Gehl** 10 wheel rake; fore cart; all equipment excellent condition.

**Consigned by Eli Fisher:** Diane 5 yr old blonde Belgian mare, jockey broke, 8 year old paint broke to ride and drive good all around, New Idea corn picker, gravity wagon.

**Consigned by Marvin Fisher:** 1 pair smooth mouth Belgians mares, **NH 256** Rake ground drive, 1 **Pequea** HR 10 rotary rake spinner.

**Consigned by John Byler:** Lancaster spreader.

**AUCTIONEER'S NOTE:** This is one of the best opportunities to pick up quality equipment and horses.

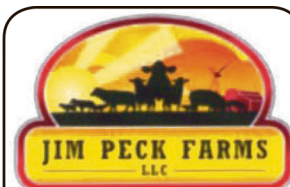


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## Montgomery County SPCA offering Spring Pet Photos event

The Montgomery County SPCA will offer Spring Pet Photos on March 26 from 10 a.m. - 2 p.m. at the Clock Tower Building, 37 Prospect St., Amsterdam.

Photos may be taken of just the pet, with its owner or with the whole family. Also welcome are individuals and families without pets who would like to have a spring photo taken. There will be a choice of an Easter-themed or a spring flowers-themed background. Three photos will be printed for a \$25 donation, or all photos (minimum of five) will be placed on a USB for a \$30 donation.

There will also be a bake sale with goodies for both people and pets.

To ensure the safety of all pets, all dogs must be leashed and all smaller animals (cats, ferrets, rabbits, birds, etc.) must be caged while in the Riverfront

Center - except during the photo session.

The location for the event has been sponsored by ClockTower Management.

This fundraiser benefits the programs and animal shelter facility of the Montgomery County SPCA, a nonprofit organization dedicated to the welfare of homeless, neglected, abandoned and abused animals in the Montgomery County area. The MCSPCA is funded primarily by public donations and municipal contracts and appreciates public support of events such as Spring Pet Photos.

The MCSPCA Animal Shelter, located on SPCA Road off State Highway 5S, just east of Amsterdam, is open Wednesday - Sunday from noon - 4 p.m. More information on the MCSPCA and events supporting it can be found at mc-sPCA.org and on Facebook.

## MOHAWK VALLEY Country Editor

Serving the Valley for 53 Years

Published weekly on Wednesday by Lee Newspapers, Inc.  
6113 St. Hwy. 5, Palatine Bridge, NY 13428

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## Councils of War and the Cabinet: How the Revolutionary War Shaped the Presidency

"Councils of War and the Cabinet: How the Revolutionary War Shaped the Presidency" will be presented by Dr. Lindsay M. Chervinsky on March 28 at 7 p.m. This is a free Zoom event and registration is required. Register at [tinyurl.com/2p89wtwx](https://tinyurl.com/2p89wtwx). To order "The Cabinet," visit [tinyurl.com/hanhykpx](https://tinyurl.com/hanhykpx).

Chervinsky will show how the Revolutionary War helped form the presidency under George Washington. The Councils of Wars that were held by Washington and his officers set precedence with how President Washington interacted with his fellow political leaders and, more specifically, his Cabinet.

### About the Book: Winner of the Wilson Prize

The U.S. Constitution never established a presidential cabinet – the delegates to the Constitutional Convention explicitly rejected the idea. So how did George Washington create one of the most powerful bodies in the federal government?

On Nov. 26, 1791, Washington convened his department secretaries – Alexander Hamilton, Thomas Jefferson, Henry Knox and Edmund Randolph – for the first cabinet meeting. Why did he wait two and a half years into his presidency to call his cabinet? Because the U.S. Constitution did not create or provide for such a body. Washington was on his own.

Faced with diplomatic crises, domestic insurrections and constitutional challenges – and finding congressional help lacking – Washington decided he needed a group of advisors he could turn to. He modeled his new cabinet on the councils of war he had led as commander of the Continental Army. In the early days, the cabinet served at the president's pleasure. Washington

tinkered with its structure throughout his administration, at times calling regular meetings, at other times preferring written advice and individual discussions.

Chervinsky reveals the far-reaching consequences of Washington's choice. The tensions in the cabinet between Hamilton and Jefferson heightened partisanship and contributed to the development of the first party system. And as Washington faced an increasingly recalcitrant Congress, he came to treat the cabinet as a private advisory body to summon as needed, greatly expanding the role of the president and the executive branch.

### About the Speaker/Author

Chervinsky is a historian of the presidency, political culture and the government – especially the president's cabinet. She produces history that speaks to fellow scholars as well as a larger public audience. Chervinsky believes history can be exhilarating and she works to share her passion with as many people as possible. Her research can be found in publications from op-eds to books, speaking on podcasts and other media and teaching for every kind of audience.

Chervinsky's book, "The Cabinet: George Washington and the Creation of an American Institution," was published on April 7, 2020. The paperback was released Feb. 8, 2022. She also writes a monthly column for *Governing* and *Washington Monthly*. She is the cohost of "The Past, The Promise, The Presidency," and a regular guest on "The Thomas Jefferson Hour" podcast. She is the creator of the Audible course "The Best and Worst Presidential Cabinets in U.S. History."

Her next book, "An Honest Man: The Inimitable Presidency of John Adams," is under contract and will be published in autumn 2024.

This event is made possible through an anonymous donor. This event brought to you by the Fort Plain Museum & Historical Park.



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Main St. 518-673-2717 Jesus says - "Come Unto Me" Join us - Special Music Ministry, Beautiful Surroundings, Friendly People Sunday Service 10:30 AM Email: umc673@frontiernet.net Communion Last Sunday of the Month</p> <p><b>ST. JOHN'S &amp; ST. MARK'S LUTHERAN CHURCH</b> 143 Church St., Canajoharie 518-673-2224 Pastor A. Elisabeth Aurand Remote &amp; In-Person Sunday Worship 11 AM; email for link stjmc-canajoharie.org office@stjm-canajoharie.org</p> <p><b>REFORMED CHURCH OF CANAJOHARIE</b> 15-19 Front St., Canajoharie 518-673-2816 Rev. Matt Draffen Sunday 9 AM Christian Education 9:20 Choir Practice 10 AM Worship Nursery provided Fellowship hour follows worship</p> <p><b>FAITH, HOPE AND LOVE CHURCH</b> Rev. David W. Bowley, Pastor Sundays, 5 PM at the Upstate Chapel 63 Cliff St, Canajoharie Call 518-673-5128 or see Facebook "Faith, Hope and Love Christian Church" and our website http://faithhopeandlovechurch.com</p>	<p><b>NEW BEGINNINGS BIBLE CHURCH</b> 63 Cliff St., Canajoharie, NY 13317 Pastor Larry Alkinburgh 518-848-4816 pastor@newbeginningsbc.org Sunday School 9:15 AM Worship Service 10:30 AM</p> <p><b>CHERRY VALLEY</b> <b>CHERRY VALLEY ASSEMBLY OF GOD</b> 37 Alden St., Cherry Valley 607-264-3306 Pastor David Carpenter, Jr. Sundays 9:30 AM</p> <p><b>ST. THOMAS THE APOSTLE CATHOLIC COMMUNITY</b> 1 Church St., Cherry Valley 607-264-3779 Masses Sunday mornings at 8:30 AM &amp; 11 AM</p> <p><b>GRACE EPISCOPAL CHURCH</b> 24 Montgomery St., Cherry Valley 315-858-4016 Fr. Kyle Grennen, Rector Holy Eucharist 11 AM Sunday school 11 AM Active youth group - call for details Facebook: Grace Episcopal Church Cherry Valley</p> <p><b>COLD BROOK</b> <b>COLD BROOK UNITED METHODIST CHURCH</b> 467 Main St. Sunday Worship 10:30 AM</p> <p><b>NEW LIFE CHAPEL OF THE AEA</b> 3447 St. Rt. 8 Pastors: Rev. Gail &amp; Rev. Mike Jay 315-826-7115 Sunday Worship 10:30am Intercessory Prayers Tuesday 7pm (please call to confirm)</p> <p><b>DOLGEVILLE</b> <b>NEW HOPE CHRISTIAN FELLOWSHIP</b> Pastor Peter Spiak 32 Spencer St. • 315-429-3630 Sunday School 9:30 AM Sunday Worship 10:30 AM Wednesday Bible Study 7 PM</p> <p><b>GRACE BAPTIST CHURCH OF DOLGEVILLE</b> Pastor Len Byerly 12 Van Buren St. Morning Worship 11-12:30 PM Lunch 12:30-2 PM Afternoon Worship 2-3 PM</p> <p><b>DOLGEVILLE UNITED METHODIST CHURCH</b> Rev. Anthony Bradseth 21 N. Helmer Ave. Church Phone 315-429-7381 Sunday Church Service Oppenheim @ 9:30 AM Dolgeville @ 10:30 AM</p> <p><b>DOLGEVILLE CHRISTIAN FELLOWSHIP</b> Pastor Marvin Isum 3 Elm St. Phone 315-429-8390 Sunday Worship 10:30 AM Mid-week Service Tuesday 7 PM www.dolgevillechristianfellowship.org</p> <p><b>UNITED LUTHERAN PRESBYTERIAN PARISH</b> 26 E. Faville Ave. Worship 11 AM</p>	<p><b>ST. JOSEPH'S ROMAN CATHOLIC CHURCH</b> 31 N. Helmer Ave., Dolgeville, NY Phone 315-823-3410 Sunday Mass 9AM</p> <p><b>EAST SCHUYLER</b> <b>CHRISTIAN ASSEMBLY OF SCHUYLER</b> Pastor Mark Sowersby 3659 Route 5, East Schuyler Sunday Worship 10:30 AM Wednesday Night 6:30 PM Phone 315-895-0926 Christianassemblyofschuyler.com</p> <p><b>EPHRATAH</b> <b>EPHRATAH REFORMED CHURCH</b> 140 Co. Hwy. 140, Ephratah, NY To live and share Jesus Christ both locally and globally. Everyday. Everywhere. Everyone. 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CHURCH</b> 115 Reid St., Fort Plain, NY 13339 Parish Office 518-993-3822 ourladyofhope@frontier.com Mass Schedule: Saturday, 4 PM; Sunday, 9:30 AM; Confessions: Sat. 3 &amp; by appointment Please call parish office for Holy Day schedule</p> <p><b>FREYSBUSH UNITED METHODIST CHURCH</b> Freysbush Rd., Fort Plain 518-429-9936 or 518-424-8488 Worship 9 AM, Sunday School 10 AM ALL ARE WELCOME</p> <p><b>FRANKFORT</b> <b>OUR LADY QUEEN OF APOSTLES</b> 414 Frankfort St., Frankfort, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 5:30 PM; Sunday 9 AM; Tuesday &amp; Thursday 9 AM</p> <p><b>FULTONVILLE</b> <b>FONDA-FULTONVILLE UNITED METHODIST CHURCH</b> Pastor Kathy Reese Sunday worship and Sunday school 10AM Outdoor service: 11 Montgomery Street, Fultonville, May-Early Sept. (byo - chair) Indoor service: Winter and inclement weather Glen Town Hall, 7 Erie Street, Fultonville Community Outreach is very important to us <b>518 853-3311</b></p> <p><b>FULTONVILLE REFORMED CHURCH</b> Corner of 5S &amp; 30 Pastor Jane Hubschmitt Sunday School 10 AM Family Worship 10:30 AM</p>	<p><b>GLEN</b> <b>GLEN REFORMED CHURCH</b> State Hwy 161 in the Hamlet of Glen 4 miles South of Fultonville glenreformed@nycap.rr.com Sunday Worship at 9. Sunday School immediately following Children's Message</p> <p><b>HERKIMER</b> <b>SS PETER and PAUL ORTHODOX CHURCH</b> Fr Vasil Dubee &amp; Fr Dn Demetrius Richards 305 Main Rd., Herkimer Phone (315) 866-3272 Saturday Vespers - 5 PM (spring/summer months) 4 PM (fall/winter months) Sunday Divine Liturgy 9:30 AM Sundays</p> <p><b>TEMPLE BETH JOSEPH</b> 327 N. Prospect St. Phone 866-4270 Friday 7 PM</p> <p><b>ST. FRANCIS de SALES CHURCH</b> Rev. Mark Cunningham, Pastor 219 N. Bellinger St. Phone 866-4282 Saturday Vigil Mass 4 PM Sunday Mass 8 AM</p> <p><b>CHURCH OF SAINTS ANTHONY and JOSEPH</b> 229 S. Main St. Phone 866-6373 Sunday Mass 10 AM No Saturday Vigil</p> <p><b>REDEEMER CHURCH</b> Pastor Michael Servello 931 Herkimer Rd., Utica, NY 13503 Phone 792-4748 Saturday 6 PM • Sunday 9 &amp; 11 AM</p> <p><b>OAK RIDGE FREE METHODIST CHURCH</b> Pastor Chris Schumske 838 W. German St. Worship Service for adults &amp; children 8:30 AM &amp; 10:30 AM with Ridgekids for the children (0-5th grade) Phone 866-0575</p> <p><b>UKRAINIAN ORTHODOX CHURCH OF ST. MARY'S PROTECTRESS</b> 326 Moore Ave. Sunday Divine Liturgy 10 AM Holy Day Liturgy 9 AM Phone 866-1336</p> <p><b>NEW LIFE CHURCH</b> Pastor David Hayner 337 Protection Ave. Phone 866-1164 • www.nlc-mc.org Worship 10 AM Wednesday Worship 6:30 PM</p> <p><b>THE SALVATION ARMY</b> Lieutenants Derrick and Heather Purvis 431 N. Prospect St. Phone 866-1240 Facebook.com/TheSalvationArmyHerkimer Sunday School 10 AM Morning Worship 11 AM</p> <p><b>FIRST UNITED METHODIST CHURCH OF HERKIMER AND LITTLE FALLS</b> Pastor Joelle Faulks Prospect St &amp; Park Ave. Sunday Worship and Sunday School 9 AM</p>	<p><b>HERKIMER REFORMED CHURCH</b> 102 Church St. Phone 866-1523 Worship 9:30 AM Sunday School 11 AM Shepherd's Table: Tuesday 11-12 PM</p> <p><b>TRINITY EVANGELICAL LUTHERAN CHURCH</b> Corner of West German &amp; Henry Streets Phone (315) 866-6474 Sunday Worship Services 10 AM in person and virtually on Zoom, YouTube &amp; Facebook Bible Studies Thursday mornings 10 AM on Facebook</p> <p><b>THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS</b> 317 Gros Blvd., East Herkimer (315) 866-8095 Sunday Sacrament Meeting 10 AM Sunday School/Primary 11 AM - Visitors welcome - Family History Center, open by appointment</p> <p><b>ILION</b> <b>ILION COMMUNITY CHURCH</b> Pastor Dean Mabry 44 Central Plaza Sunday Worship 10 AM Child Care/Kids Church Available ilionchurch.com</p> <p><b>SAINT AUGUSTINE'S EPISCOPAL CHURCH</b> 78 2nd Street Phone: (315) 894-3775 Sunday Services at 10 AM</p> <p><b>FIRST PRESBYTERIAN CHURCH</b> 90 Morgan St., Ilion, NY, 13357 Reverend Richard Riggle Bible Study 9:30 AM Church Service 10:30 AM 315-894-2070</p> <p><b>FIRST BAPTIST CHURCH</b> 8 Second Street Reverend John Partise Wednesday Mid Week Service 7 PM Sunday Morning 11 AM</p> <p><b>JESUS NEVER FAILS COMMUNITY CHURCH</b> Reverend Hans Drews 1161 Elizabethtown Rd., Ilion, NY 13357 518-568-7983 hansandrosaline@yahoo.com Sunday Service 11 AM</p> <p><b>MORNING STAR UNITED METHODIST CHURCH</b> 36 Second Street Pastor Joelle Faulks Sunday Worship 10:30 AM November 1 - May 1 4224 Acme Rd, Frankfort May 1 - November 1 36 Second Street, Ilion</p> <p><b>ANNUNCIATION CHURCH</b> 109 West Street, Ilion, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 4 PM; Sunday 11 AM; Monday &amp; Wednesday 9 AM</p>
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<p><b>JOHNSTOWN</b> <b>CHURCH OF THE NAZARENE</b> 3316 St. Rt. 29 W, Johnstown, NY 12095 Offices: 518-762-2982 Cell: 857-523-8417 Pastor, Rev. Mark Fowler Sunday Morning Service 11 AM Sunday School for All Ages 10 AM</p> <p><b>LASSELLSVILLE</b> <b>LASSELLSVILLE</b> <b>UNITED METHODIST CHURCH</b> State Hwy. 29 Pastor Robert A. Lindsay Worship: Sunday 9:30 AM Sunday School to start soon</p> <p><b>LITTLE FALLS</b> <b>FIRST BAPTIST CHURCH</b> 555 Albany St. 315-823-3392 Morning Worship 9:45 AM Rev. Chris J. Wintermute, Lead Pastor Rev. William Whalen, Associate Pastor Nursery (infants through age 4) Meet and Greet Sunday at 8:00 AM Sunday School Classes 8:30 AM (nursery through adult) **Our Service is aired on 100.3 FM, 91.1 FM &amp; 88.7 FM on Sundays from 11-12 with a 1 week delay. **LIVE on Facebook: "gingerleecase" account- 9:45 am on Sundays</p> <p><b>ST. PAUL'S UNITARIAN</b> <b>UNIVERSALIST CHURCH</b> Minister Jeffrey J. Frank Mark Bunce, Organist 565 Albany St., Little Falls, NY Phone 315-823-2284 Sunday Service &amp; Religious Education 10 AM</p> <p><b>FIRST ASSEMBLY OF GOD</b> Senior Pastor Timothy Parisi 559 E. Jefferson St. Phone 823-4043 • firstaglf@gmail.com Sunday Morning All Worship 10 AM Thursday Bible Study 6:30 PM</p> <p><b>HOLY FAMILY PARISH OF THE</b> <b>ROMAN CATHOLIC COMMUNITY OF</b> <b>LITTLE FALLS</b> Father Brian Slezak 763 E. Main St., Little Falls, NY Phone 315-823-3410 Saturday Vigil Mass 4 PM Sunday Mass 10:30 AM</p> <p><b>HOLY TRINITY LUTHERAN CHURCH</b> 512 E. Gansevoort St. Sunday School 9:15 AM Sunday Worship 9:30 AM Wednesday Worship 11 AM &amp; 6 PM</p> <p><b>EMMANUEL EPISCOPAL CHURCH</b> 588-594 Albany St. Sunday Schedule: High Mass, Rite II 10 AM Nursery &amp; Sunday School 9:45 AM (Sept.-May) Fellowship Coffee Hour 11:15 AM Choir Rehearsal 11:30 AM Holy Day Masses as announced Confessions by appointment</p>	<p><b>FIRST PRESBYTERIAN CHURCH</b> Pastor Tamara Razzano 16 Jackson St. Phone: 315-823-3004 Email lffirstpres@gmail.com www.presbylif.org Sunday Worship 10 AM Sunday School 10 AM</p> <p><b>INGHAMS MILLS BAPTIST CHURCH</b> Rev. Gary L. Busch, Pastor Sunday Worship Service 10 AM 443 Inghams Mills Rd. Little Falls, NY 13365 Pastor's Phone (315) 717-9936</p> <p><b>THE HOLY SPIRIT POLISH</b> <b>NATIONAL CATHOLIC CHURCH</b> 618 E. Gansvoort St., Little Falls, NY 315-823-0793 Father Rafal Dadello Mass at 11 AM on Sunday www.holyspiritpncc.org</p> <p><b>MARSHVILLE</b> <b>MARSHVILLE EVANGELICAL CHURCH</b> Route 10 South Pastor Mark Fowler Worship Sunday 9 AM</p> <p><b>MIDDLEVILLE</b> <b>MIDDLEVILLE UNITED</b> <b>METHODIST CHURCH</b> 24 Fairfield St. Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 8:30 AM</p> <p><b>MOHAWK</b> <b>DENNISON CORNERS</b> <b>COMMUNITY CHURCH</b> Pastor Donald King 219 Robinson Rd. • Phone 866-5215 Sunday: Sunday School 9:45 AM Morning Worship 11 AM Evening Worship 6 PM Wednesday Prayer 7 PM</p> <p><b>MOHAWK REFORMED CHURCH</b> Rev. Brian Engel, Pastor 20 S. Otsego St. Phone 866-4292 Email mohawkpastor@verizon.net Follow us on Facebook Morning Worship: 10:30 AM Sept. - June • 9:30 AM July - Aug. Youth Sunday School (Pre-K - Sr. High) 9 AM Adult Sunday School (Men, Women &amp; Couples) 9:30 AM September - June</p> <p><b>EMMANUEL BIBLE CHURCH</b> Pastor Gary Wilcox 54 W. Main St. • Phone 717-3011 Worship and Word: Sunday 10:30 AM Fellowship Lunch: 12:30 PM Discipleship Hour: Sunday 1:30 PM Bible Study &amp; Prayer: Wednesday 6 PM</p> <p><b>CHURCH OF THE BLESSED</b> <b>SACRAMENT</b> Sr. Mary Jo Tallman, CSJ, Parish Life Director Rev. Leo Potvin, Sacramental Minister 71 E. Main St. Phone 866-1752 Sunday Mass 9:30 AM</p>	<p><b>CHRISTIAN BIBLE CHURCH</b> H. Ed Reed, Pastor/Teacher 167 Ward Rd. • Phone 858-1282 www.christianbiblechurch.us Sunday School 9 AM Sunday Worship 10 AM Wednesday Bible Study &amp; Prayer Meeting 7 PM</p> <p><b>THE WORD CHRISTIAN CENTER</b> Pastor Dan Annutto 27 E. Main St. • Phone (315) 985-3596 Sunday Services at 10 AM Intercession - Tuesdays at 6 PM</p> <p><b>NELLISTON</b> <b>VALLEY ALLIANCE CHURCH</b> 85 E. Main St., Nelliston 518-993-3458 Pastor Ken Gies Sunday School (all ages) 9:15 AM, Sunday Worship 10:30 AM, Wed. Praise &amp; Prayer 7 PM, Fri. Youth Group 7 PM (7-12th grade)</p> <p><b>NEWPORT</b> <b>FIRST BAPTIST CHURCH</b> <b>OF NEWPORT</b> 7497 Main Street Pastor's Phone 315-790-1877 Sunday Worship at 9:45 AM</p> <p><b>UNITED METHODIST</b> Pastor Robbin Harris • Phone 845-8730 Morning Service 11:15 AM</p> <p><b>KUYAHOORA COMMUNITY CHURCH</b> Pastor Dwayne Durand West Canada Valley High School Auditorium 5447 St. Rt. 28 Mailing Address PO Box 50 Middleville, NY 13406 Phone 315-292-1303 www.kuyahorracc.org Weekly Service Sunday 10:08 AM</p> <p><b>ST. JOHN THE BAPTIST</b> <b>CATHOLIC CHURCH</b> St. John the Baptist Parish 7516 N. Main St. • Phone 845-8017 Saturday Vigil 4 PM Sunday Mass 8:30 AM</p> <p><b>OPPENHEIM</b> <b>OPPENHEIM</b> <b>UNITED METHODIST CHURCH</b> Route 29 Rev. Jack Ford 315-429-7381 Worship 9:30 Sundays, Totally Awesome God-TAG time 6:30 PM Wednesdays beginning in Oct., Sunday School 9 AM beginning September 18th</p> <p><b>PAINES HOLLOW</b> <b>PAINES HOLLOW</b> <b>UNITED METHODIST</b> Lay Servant Gregg Sponburgh Rtes. 167 &amp; 168 • 315-866-1128 Worship 9-10AM</p>	<p><b>PALATINE BRIDGE</b> <b>TRINITY EVANGELICAL LUTHERAN</b> <b>CHURCH OF STONE ARABIA</b> 5430 St. Hwy. 10, Palatine Bridge, NY Pastor A. Elisabeth Aurand Sunday In Person Worship 9 AM; email for link office@stjm-canajoharie.org 518-673-2224</p> <p><b>THE HOUSE OF ZION, INC.</b> 580 Dillenbeck Rd., Palatine Bridge 518-577-3069 Pastors Richard &amp; Denise Allen Saturday Morning Worship Service 11:30 AM Listen to UMT on live radio 97.5FM the 1st Sunday of every month 3-4 PM</p> <p><b>RANDALL</b> <b>RANDALL CHRISTIAN</b> <b>COMMUNITY CHURCH</b> NY Rte. 5S Sunday Service 10:30 AM Worship Leader Darlene Spaulding</p> <p><b>RICHFIELD SPRINGS</b> <b>CHURCH OF CHRIST UNITING</b> PO Box 896, Richfield Springs, NY 13439 Rev. Mark Ioset • 315-858-1553 Service: Sunday 9:15 AM Church School: Sunday 10:30 AM</p> <p><b>RICHFIELD SPRINGS BIBLE CHURCH</b> 19 Church St., Richfield Springs, NY 13439 Rev. David Tosi • 315-858-0564 Sunday School (all ages) 10 AM Wor- ship Service 11 AM &amp; 7 PM Wednesday - Prayer &amp; Praise Call for info on various Youth Ministries www.richfieldspringsbiblechurch.org</p> <p><b>SALISBURY CENTER</b> <b>FULL GOSPEL ASSEMBLY OF GOD</b> Pastor Robert Brent 106 Plant Road Sunday Worship 11 AM with Children's Church offered during the service</p> <p><b>SALISBURY CENTER</b> <b>UNITED METHODIST CHURCH</b> 2545 State Route 29 Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 10 AM</p> <p><b>SLOANSVILLE</b> <b>SCHOHARIE VALLEY</b> <b>GOSPEL CHURCH</b> Pastor Pat Andreoli 133 Sprakers Rd., Sloansville, NY 518-864-5397 svgchurch@gmail.com Wednesday Prayer 6 PM; Sunday Morning Bible Study 9:45 AM; Worship Service Sunday Morning 10:30 AM</p> <p><b>SPRAKERS</b> <b>CHRISTIAN CHURCH OF</b> <b>CHARLESTON FOUR CORNERS</b> 1380 E. Lykers Rd., Sprakers 518-922-9088 Paster Brett Popp Sunday School (ages 3-adult) 9:45 AM Worship 11 AM Sunday Prayer Meeting 5:30 PM Thu. Evening of Encouragement &amp; Community Kid's Bible Club 6:30 PM</p>	<p><b>THE CHRISTIAN CHURCH</b> <b>OF RURAL GROVE</b> 170 Rural Grove Rd., Sprakers, NY 12166 518-922-7831 Pastor Joshua Fetterhoff pastorjosh@ruralgrovechurch.org Sunday School (all ages) 9:45 AM, Morning Service 11 AM, Eve. Service 6 PM, Wed.-Family Night 7 PM, "Where Bible Teaching is Fundamental"</p> <p><b>REFORMED CHURCH OF SPRAKERS</b> 112 Sprakers Hill Rd. Rev. Nancy Ryan Worship ~ 9 AM All Welcome!!!</p> <p><b>CURRYTOWN REFORMED CHURCH</b> 829 St. Hwy. 162, Sprakers 518-922-8422 Rev. Donald Hoaglander Visiting Pastor Jane Hubschmitt 518-705-2201 Sunday School 9:15 AM Worship Service 10 AM</p> <p><b>RIVER OF JUBILEE CHURCH</b> 5057 St. Hwy. 5 S, Sprakers, NY 12166 Pastor: Gail Adamoschek Pastor: Steve Adamoschek 518-322-1427 / 518-224-4455 Sunday Service 10 AM Children's Church Available Other Learning Opportunities Available Visit us on Facebook</p> <p><b>SPRINGFIELD CENTER</b> <b>ST. MARY'S EPISCOPAL CHURCH</b> 7690 Rt. 80, Springfield Center 315-858-4016 Fr. Kyle Grennen, Priest-in-Charge Sunday Eucharist, 9:30 AM Coffee - Fellowship follows service Holy Days - as announced</p> <p><b>FIRST BAPTIST CHURCH</b> Springfield Center, NY Rev. Terence Brant 607-264-3035 Sunday School 10 AM Morning Worship 11 AM Wed. night Bible Study 7 PM</p> <p><b>ST. JOHNSVILLE</b> <b>BETHESDA FELLOWSHIP</b> 34 S. Division St., St. Johnsville, NY 13452 518-568-2678 Summer Schedule Sunday Worship 10 AM Wed. Worship and Prayer 6 PM</p> <p><b>ST. PAUL'S LUTHERAN CHURCH</b> 32 W. Main St., St. Johnsville, NY (next to NBT Bank) 518-568-3007 Church 518-568-2405 Parsonage Rev. David Johnson Sunday Worship 10:30 AM, Tues. Bible Bungee-Jumping 7 PM, "Bible Study" that actually makes sense! A Vibrant, Welcoming Community of Faith &amp; Vision</p>	<p><b>SEEKER'S FELLOWSHIP</b> 14 Park Place, St. Johnsville, NY 13452 518-568-7700 • Pastor Mike Yezierski Sunday Worship 6 PM, Tues. Prayer 7 PM, Bible Study 7 PM (Wed., Thurs. &amp; Fri.) We teach the fullness of God's Word, a life of holiness for the believer, and salvation for all who trust in Christ's sacrifice.</p> <p><b>JOY FELLOWSHIP</b> 296 Co. Hwy. 119, St. Johnsville, NY 13452 518-568-3217 • William Hayes, Pastor Joyce Loughran, Assistant Pastor Sunday School 9 AM, Morning Worship 9:30 AM Wednesday Evening Worship 6:30 PM</p> <p><b>ST. JOHN'SVILLE METHODIST CHURCH</b> 7 East Main St., St. Johnsville, NY 13452 Pastor Corey Jones 518-568-7983 • 315-866-8626 Worship Sunday 3 PM</p> <p><b>EVERLASTING JOY</b> <b>BELIEVERS FELLOWSHIP</b> 14 Park Place (in with Seekers Fellowship) St. Johnsville, NY 13452 315-858-2112 • Pastor Carolee Coye Sunday Service 10 AM</p> <p><b>ST. JOHN'S REFORMED CHURCH</b> 68 W. Main St., St. Johnsville 518-568-7396 Faithfully Following Jesus Christ Sunday Worship 10:30 AM</p> <p><b>GRACE CHRISTIAN CHURCH</b> Pastor Michael Torres 20 Center St., St. Johnsville, NY 13452 518-775-0366 Email gccpastor2021@gmail.com</p> <p><b>STRATFORD</b> <b>STRATFORD UNITED</b> <b>METHODIST CHURCH</b> 1511 State Route 29A Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 9:30 AM Broadcast on 95.9 FM within 2 miles of church</p> <p><b>LIGHTHOUSE BAPTIST CHURCH</b> 1524 St. Rt. 29A, PO Box 114 Stratford, NY 13470-0114 315-429-8854 • Pastor Martin Smith Sunday Morning Worship 10:30 AM; Wed. Eve. Prayer Meeting 6 PM; 2nd &amp; 4th Sunday Dinner following Morning Service with Afternoon Service following dinner "Old-Fashioned Bible Preaching"</p> <p><b>TRIBES HILL</b> <b>SACRED HEART CATHOLIC CHURCH</b> 111 3rd Ave., Tribes Hill 518-829-7301 Mass Saturday 4 PM</p>
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## Poland students featured in local art show

Twenty-four Poland Central School District students in kindergarten through ninth grade have artwork featured in the 2022 Herkimer County Youth Art Month Virtual Show.

Poland art teachers Alison Faggiano and Emily Dusart selected artwork to be featured in the virtual show and said the experience is beneficial for art students.

"I am so proud to be able to show off some of our most talented art students to Herkimer County," Faggiano said. "Often, art students don't always have as much opportunity to showcase their talents as students who are involved in sports. Recognizing the talents of art students helps to boost student confidence and promote the art program in Poland."

The Herkimer County Youth Art Month Virtual Show features artwork from eight local school districts. To view the show, visit polandcs.org and find the link in the art show story in the "Latest News" section.

"The talent is top notch, and our students are among the very best," Faggiano said.

Poland elementary students who participated in the art show also received certificates during a recent PPP Assembly, and middle school students received cer-

tificates in a recent lunch event to honor academics, character and more.

There aren't many opportunities for art students to be part of a show or competition, so it's important to be involved when you can, Dusart said.

Dusart focused on submitting art from students in eighth and ninth grade because those students are at a time when they are deciding whether to pursue further art classes and being involved in the art show can increase their confidence, she said.

"I think it engages them with art," Dusart said. "It might encourage them to continue on with art."

Dusart said the art teachers consider more than just the artwork itself when awarding students entrance into the art show. They also look at the student's overall character – such as if they are responsible and caring, she said.

### Art Show Participants

The following students in the grade levels listed below have artwork featured in the art show:

- Kindergarten: Carson Ozog
- First grade: Sophie Sudol
- Second grade: Ella Przelski and Seiler Salvatore

• Third grade: Joshua Guyer, Hunter Rommel and Aubrey Tabor

• Fourth grade: Mackenzie Lee and Finnian Nebush

• Fifth grade: Hailey Haver and Bentlee Roark

• Sixth grade: Trinity Lyman and Emma Stanko

• Eighth grade: Ethan Graves, Amber Muller, Landon Rommel, Corrine Earl, Grace Grems, Madeline Swanson, Ariel Pope and Colin Morganstern

• Ninth grade: Carolyn Schrader, Isabelle Horan and Julia Oczkowski

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Tips to cope with the loss of a loved one

The loss of a loved one can be difficult to confront. That difficulty might have been heightened in recent years, when a global pandemic has caused the death of millions, including many people who were otherwise healthy prior to contracting the COVID-19 virus.

Each individual may experience the grieving process in their own unique way, but the American Psychological Association notes that researchers have found that social support and healthy habits can help most people recover from loss. The APA also urges individuals to speak with a licensed mental health professional if they are dealing with severe or complicated grief, a condition marked by broad changes to all personal relationships, a sense of meaninglessness, a prolonged yearning or searching for the deceased, and a sense of rupture in personal beliefs.

The APA reports that some additional strategies may help grieving individuals process and come to terms with the loss of a loved one.

- Discuss the death of your loved one. The APA notes that avoiding talking about a deceased loved one can lead to isolation and a disruption in the healing process. Speaking about the death of a loved one can help individuals understand what happened, and that understanding can facilitate the healing process.
- Take care of your health. Mental Health America, a community-based nonprofit committed to promoting mental health, urges individuals dealing with the loss of a loved one to take care of their own health. After losing a loved one, some people may be in danger of developing a dependence on medication or alcohol that they're using to deal with their grief. It's important that grieving individuals recognize that threat and the role that maintaining one's personal health can play in the healing process. Regular contact with your physician, routine exercise and a healthy diet can promote personal health and may help individuals avoid the pitfalls of addiction after the death of a loved one.
- Accept your feelings. The APA notes that it's nor-

mal for grieving individuals to experience a range of emotions, including sadness, anger and exhaustion. Individuals who feel overwhelmed by their emotions are urged to speak with a licensed mental health professional. Such professionals can recommend various strategies to cope with emotions that can sometimes feel overwhelming.

• Celebrate your loved one. The APA recognizes that many people find the anniversaries of a loved one's death to be especially difficult. The APA recommends

individuals use such anniversaries as opportunities to celebrate their loved one's life. Plant a garden in a loved one's memory or honor them with a donation to a charity they supported. Such gestures can add some positivity to the anniversary and help in the healing process.

The death of a loved one can inspire a range of emotions. Various strategies can help individuals cope with such losses. More information about grieving is available at [www.apa.org](http://www.apa.org).



The APA reports that some additional strategies may help grieving individuals process and come to terms with the loss of a loved one.



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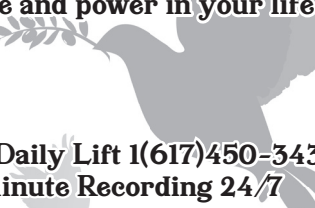


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## Autism Awareness Bowling Tournament planned

The fifth annual Tom Bergen Memorial Autism Awareness Bowling Tournament will take place on March 26 and 27 at RD's Gorge View Lanes in Little Falls.

This year's event is no-tap doubles and now features six bowling squads: Saturday at 9:30 a.m., noon and 2:30 p.m., and Sunday at 10 a.m., 12:30 p.m. and 3 p.m. Tournament registration is \$15/person. Commu-

nity members can pre-register by calling 315.823.3630 or by stopping into RD's Gorge View Lanes. Spots are filling up fast, so register now.

Both Saturday and Sunday will include a bake sale, auction, raffles, prizes, tournament T-shirts and autism awareness items. Sunday there will be a paint party, hosted by Easels on the Gogh, from noon - 4 p.m. for \$10/person.

Proceeds from the event benefit the Arc Herkimer Autism Program, which provides support services and community opportunities to individuals with autism and their families. A portion of the proceeds also goes to the Tom Bergen Memorial Scholarship at Little Falls High School.

For more information, contact Tammy Helmer-Bergen at 315.823.1865.

## Great musical instruments for beginners

Playing a musical instrument benefits people of all ages, including children. Young children may take to music education more readily than adults, acquiring skills in record time. While many instruments are beneficial to kids, certain choices are best for children just starting out.

### Piano

The piano is a great instrument to learn because it enhances fine motor skills and often serves as a foundation for music education. The good news is one doesn't have to purchase a piano to get started. Digital keyboards and even online piano keyboards can replicate piano sounds quite well and provide an inexpensive way to learn piano.

### Ukulele

Ukuleles are affordable and their small size makes them ideal for kids. It's easy to learn a few chords and play familiar songs. Plus, parents may appreciate that the ukulele is a relatively quiet instrument.

### Recorder

A recorder often is one of the first instruments introduced to children in music classrooms. A recorder is an ideal introductory wind instrument because it is easier to play than a flute or clarinet. Nonetheless, it still requires students to learn coordination and breathing techniques.

### Drums

Drums teach children rhythm, which is an essential component of all music.

Drums are attractive to kids because they can be great fun to play and help reduce stress by getting out all that nervous energy. Electronic drum kits are available as quieter alternatives and are great options when space for a regular drum set is unavailable.

As children acquire skills on these instruments, they can continue or move on to more complicated alternatives.



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## Ed and Susan Grover fund much-needed home-based palliative care

Mountain Valley Hospice & Palliative Care (MVHPC) in Gloversville announced a new underwriting opportunity for 2022. Ed and Susan Grover, principals of the Grover Family Fund, elected to sponsor MVHPC's newly created palliative care program to manage symptoms and pain for the chronically ill in the comfort of their community home.

"We are happy that Kara informed us of this program and we are able to support this palliative care need in our community," said Ed and Susan.

Launched in July of 2021, MVHPC's palliative care service assists patients in navigating the complexities of chronic illness by collaborating with their community healthcare providers to deliver emotional support as well as symptom and pain management. Unlike the strict parameters of the hospice benefit, palliative care does not require a six-month-or-less prognosis, nor does it prohibit ongoing curative care.

"We are thrilled to be able to offer patients expanded services in their home without having to make the dif-

ficult choice of discontinuing aggressive treatment or experimental drug regimens. However, this pioneering work comes with a tall price tag, for which we are eternally grateful to the Grovers for their financial support," said MVHPC president/CEO Kara Travis.

"MVHPC has been discussing this critical component of the care continuum for more than a decade. We felt strongly that we could no longer wait for the perfect business model or reimbursement stream. Patients need us now. Physician practice partners need the collaboration and support. Emergency rooms need decanting, and hospitals need their beds for those recovering from planned or unplanned medical procedures," Travis added.

"We feel confident that the MVHPC team is well designed to carry out this long overdue support for the seriously ill population, alleviating worry and removing uncertainty with 24/7 access to an experienced nurse," said Susan Grover. "It's what Ed and I would want for ourselves or our family members should the time come that we need it. We live among a rapidly aging population that often faces geographic and economic barriers to healthcare."

The Grovers split their time between Mayfield, NY, and Bradenton, FL.

MVHPC is a community-based, nonprofit agency founded in 1988 with a mission of enhancing the lives of those served by honoring what matters most. Providing end-of-life care in homes, hospitals and skilled nursing facilities across Fulton, Hamilton, Montgomery and Saratoga counties, MVHPC also offers the unique eight-bed, Adirondack-style Nancy Dowd Hospice Home for 24/7 personalized care located in Gloversville. In July 2021, MVHPC expanded services to include home-based pain and symptom management for the chronically ill to reduce emergency room visits and prevent hospital readmissions.

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## Application deadline nears for craft fair

Applications are being accepted until May 1 for the 41st Annual Friendship Craft Festival sponsored by the Church of Christ Uniting in Richfield Springs. It will take place on June 11 from 9 a.m. - 3 p.m. in Spring Park on Scenic U.S. Route 20.

The event will also feature a Brooks' chicken barbecue as well as a bake sale, both adding to the popularity of the day from those near as well as far.

For information and an application visit [RSchurhofchristuniting.com](http://RSchurhofchristuniting.com) and click on the "Women's Guild" tab, email [friendshipcraftfestival@yahoo.com](mailto:friendshipcraftfestival@yahoo.com) or call Carla at 315.858.1451.



## How to involve more young people in agriculture

The agricultural industry will undergo exciting changes as it looks to overcome developing challenges in the decades ahead. Technology will continue to play a pivotal role in the agricultural sector, making agriculture an evolving and exciting career path for young professionals.

Much has been made of projections that suggest the world population is increasingly looking to urban areas to call home. Though data from the United Nations indicates urban areas could grow by 2.5 billion people by 2050, more recent UN data indicates that 90 percent of that increase will take place in Asia and Africa. All told, estimates indicate that rural areas will remain home to 3.1 billion people by 2050.

A sizable rural population and the challenges climate change and population growth will present underscores how important the agricultural sector will be in the coming decades. That means there should be plenty of opportunities for young people to make an impact, especially if more efforts are made to encourage them to consider careers in agriculture.

• **Encourage agriculture-based curriculum.** After recognizing that the majority of Kenyan students had no access to farming training and education, the organization Farm Africa initiated a program to make agriculture more accessible to students. Students who participated learned about everything from keeping livestock to marketing produce for global markets. Similar programs can be encouraged in developed countries where opportunities in the field of agriculture figure to increase in the years to come.

• **Emphasize technological advancements in the field.** Modern young people are growing up with technology all around them, but few may be aware of the vital role technology plays in the agricultural sector. Young people's ears may perk up upon hearing terms like "robotics" technologies are now a big part of life on the farm. Recognition of that may compel more young people to pursue careers in agriculture.

• **Highlight the challenges ahead and how agricultural professionals can help overcome them.** UN projections indicate the global population will grow by more than two billion people by 2050. Finding a way to feed all of those people in the face of climate change will be no small task, but it's a task that will require dedicated agricultural professionals. Educators and parents can emphasize these challenges when speaking to young people about a career in the agricultural sector, noting that such careers will present real opportunities to make a difference.

Young people looking for rewarding careers in an exciting, ever-evolving field can be encouraged to consider the agricultural sector.

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## Central Valley CSD Foundation grants funding to Jarvis Middle School

The Central Valley Central School District Foundation recently granted \$650 in funding to Jarvis Middle School to help cover expenses related to a field trip for seventh grade students. The field trip, which took place in February, gave students the opportunity to have

an educational experience at the Utica Zoo and to enjoy a private viewing of a selection of movies at Marquee Cinema in New Hartford. The request for funding was brought forward by Jennifer DeRocco, seventh grade science teacher at Jarvis and liaison to the Foundation.



(L - R) Cory McDowell; Kate Driscoll; Jennifer DeRocco; Maggie Wesolowski, Board liaison; Krissi Newtown; Deb Schoff; Molly Bonnell; Sonja Levi and Rebecca Gillette.  
Photo courtesy of Central Valley CSD Foundation

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## The 46th Annual Antiques in Schoharie event set for April 2 - 3

Plans are finalized for the 2022 Spring Antiques in Schoharie, taking place at the Quality Inn, 160 Holiday Way in Schoharie. Mark your calendars now for April 2 and 3. We are crawling out of the COVID pandemic and needed to find a heated venue for the show, other than the Schoharie Central School, and the Quality Inn fits the bill nicely. There is plenty of free parking.

The show will be welcoming fabulous food trucks and our wonderful dealers for a great weekend of antiques. The Girl Scouts will be joining us once again with their cookies.

Schoharie Colonial Heritage has basically been shut down during the pandemic and is excited to run their fundraising events once again. We operate the 1743 Palatine House Museum, the Schoharie Valley Railroad Complex and the Children's Summer Theatre Program with the funds raised by our events. The events are run entirely by our dedicated volunteers – the backbone of Schoharie Colonial Heritage Association.

Plan to join us for this spring antiques event on April 2 from 10 a.m. - 5 p.m. and April 3 from 11 a.m. - 4 p.m. at the Quality Inn of Schoharie. For more information, call Show Manager Ruth Anne Wilkinson at 518.231.7241.

## Hidden sources of caffeine

Caffeine is a stimulant that untold millions, if not billions, of people across the globe insist they cannot go without. Whether it's in a morning cup of coffee or a midday energy drink, caffeine serves as a vital kick-start for individuals whose energy levels could use a boost.

Caffeine is often painted in a negative light, but such characterizations are misleading. The Mayo Clinic notes that up to 400 milligrams of caffeine per day appears to be safe for most healthy adults. Coffee drinkers know that certain cups of coffee are stronger than others, but the U.S. National Library of Medicine indicates that a typical eight-ounce cup of coffee contains between 95 and 200 mg of caffeine, while a 12-ounce soda typically includes between 35 and 45 mg of caffeine.

Coffee and soda are widely recognized sources of caffeine, making it a lot easier for individuals who consume these popular beverages to track and control their caffeine consumption. In addition to coffee and soda, various other foods and beverages contain caffeine, some of which may surprise consumers. Manufacturers are not required by the U.S.

FDA to cite caffeine content on nutrition labels, a controversial subject that various health advocates argue fails to protect consumers.

Without new rules that mandate manufacturers to cite caffeine content on nutrition labels, consumers are on their own to determine how much caffeine they're consuming each day. Recognition of these hidden sources of caffeine can help individuals avoid overconsumption of this powerful stimulant.

• **Decaffeinated coffee/tea:** The terms "decaffeinated" and "caffeine-free" are not interchangeable. That's because the process of decaffeination leaves trace amounts of caffeine, meaning decaffeinated coffees and teas contain a small amount of the stimulant.

• **Chocolate:** Consumers may or may not be surprised to learn that cocoa beans naturally contain caffeine. As a result, products that contain chocolate, which is made from cocoa beans, also contain caffeine. Dark chocolate generally contains more caffeine than light chocolate, with the USDA reporting that a one-ounce serving of dark chocolate typically contains 12 mg of caffeine. However, various candies and

other products that contain chocolate, including light varieties, are fortified with extra caffeine.

• **Headache treatments:** Certain products that treat headaches contain caffeine. The manufacturers of two of the more popular pain relief products, Advil® and Tylenol®, assure consumers that their products do not contain caffeine. However, individuals who take Excedrin® to treat headaches should know that three Excedrin® products — Excedrin® Extra Strength, Excedrin® Migraine and Excedrin® Tension Headache — contain caffeine.

• **Breath mints:** Certain breath mints contain caffeine. For example, Viter Energy mints, which some consumers see as an alternative to coffee, contain caffeine. Viter notes that its Energy Mints contain 40 mg of caffeine per mint, or roughly the same amount as a 12-ounce can of soda.

Health care professionals feel that caffeine is generally safe for healthy individuals when consumed in moderation. But it behooves individuals to recognize hidden sources of caffeine that could potentially compromise their health if consumed to excess or along with other caffeinated products.

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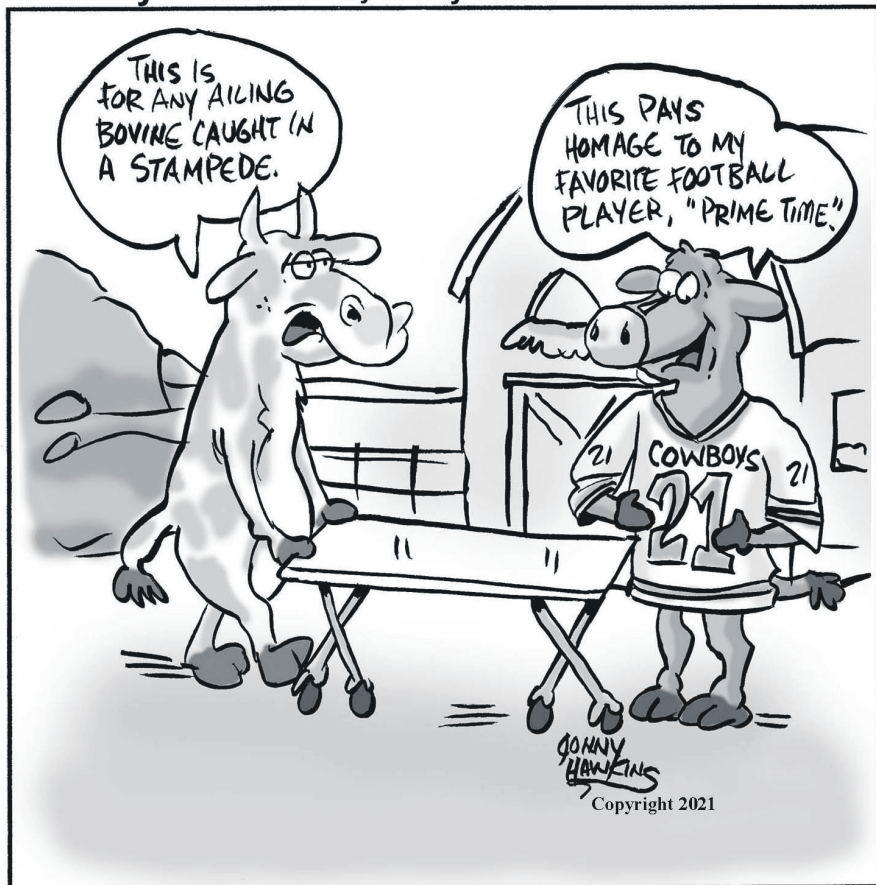
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## How to take the hectic out of your wedding day

Weddings are among the most complex events many people will ever plan. Couples often try to go the extra mile in an effort to make the day memorable for themselves and their guests. That pressure can make a wedding day feel a little frenzied. Thankfully, there are various ways to ensure the vibe of the big day is happy and not hectic.

**Hire a wedding planner/coordinator**

Leaving the nitty gritty to a professional wedding planner takes a lot of pressure off of couples. The renowned wedding resource The Knot says wedding planners are clued into everything there is to know about a wedding and they can be tapped to take care of just about anything on couples' to-do list.

**Consider a package deal**

All-inclusive resorts are popular vacation spots because variables like entertainment, lodging, food, drinks, and more is all taken care of, leaving vacationers with little to do other than show up and relax. Couples can apply that same approach on their wedding day. Host the ceremony and reception at the same site, which takes the potentially problematic issue of getting guests to and fro out of the equation. Some venues may even

provide in-house vendors like photographers and florists. Such vendors' familiarity with the venue reduces the risk of surprises that can derail wedding day schedules.

**Pick your priorities**

Avoid getting bogged down on a million details by making a list of your priorities when planning. Couples can revisit this list a couple of days before their wedding so they remember what's most important to them on the big day. This refresher can ensure couples don't get too concerned if minor issues arise during their big day, helping them remain calm and keeping a focus on all the fun to be had during the day.

It's easy for couples to feel a little overwhelmed on their wedding day. Some simple strategies can take the hectic out of couples' wedding day and ensure they keep their focus on one another and their loved ones.



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## Dos and don'ts when someone is choking

Hosting a dinner party at home is a popular way to gather with family and friends. When hosts and hostesses plan such dinners, much of their focus is directed to food, ambiance and topics of conversation. Thoughts of someone choking may be far from hosts' minds, but they must know what to do, and not do, in such instances.

The National Safety Council says choking is the fourth leading cause of unintentional death. Food often is responsible for choking incidents in the elderly, but it can occur at any age. It's also a leading cause of unintentional death in infants.

Knowing how to handle choking incidents can save lives.


- DO encourage the person to try to cough to dislodge the object causing the choking.
- DON'T ask the person if he or she is alright. Instead, ask him or her if choking is occurring so you can take proper action.
- DO look for inability to talk, difficulty breathing or noisy breathing. These often are signs of choking.
- DON'T delay in calling for emergency services before you take action yourself, or have someone else call for first aid.
- DO a "five-and-five" approach to deliver assistance, per the American Red Cross. This includes five back blows first. Stand to the side and just behind a choking adult. For a child, kneel down behind. Place one

arm across the person's chest for support. Bend the person over at the waist so that the upper body is parallel with the ground. Deliver five separate back blows between the person's shoulder blades with the heel of your hand. Then follow with five abdominal thrusts, also known as the Heimlich Maneuver. Stand behind the person. Place one foot slightly in front of the other for balance. Wrap your arms around the waist. Tip the person forward slightly. If a child is choking, kneel down behind the child. Make a fist with one hand. Position it slightly above the person's navel. Grasp the fist with the other hand. Press hard into the abdomen

with a quick, upward thrust — as if trying to lift the person up.

• DON'T engage in behaviors that may lead to choking. Avoid talking and laughing while eating. Serve foods that are bite-sized and don't rush meals. Serve the elderly softer foods cut into smaller pieces, as dentures and dry mouths can impede a person's ability to swallow.

The risk of choking is present any time a person eats. Those who entertain at home can learn what to do when someone is choking to keep themselves and their guests safe.



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## The link between physical activity and cancer

Physical activity has long been known to increase a person's chances of living healthy well past retirement. The benefits of physical activity are numerous and include everything from a lower risk for overweight and obesity to improved mental health. Physical activity also has been linked to a lower risk for various diseases, including an assortment of cancers.

The National Cancer Institute notes that the evidence linking physical activity to lower cancer risk comes from observational studies. Observational studies are a type of study in which individuals are observed or certain outcomes are measured. In observational

studies examining physical activity, participants will report on their levels of physical activity and are then followed for years. During these studies, no attempt, such as treatment, is made to affect the outcome. The NCI notes that observational studies cannot prove a causal relationship, though they still are invaluable to cancer researchers. Such studies also illustrate the important role that physical activity can play in preventing various types of cancer.

• **Bladder cancer:** A 2014 meta-analysis of studies published in the British Journal of Cancer found that the risk of bladder cancer was 15 percent low-

er for individuals with the highest level of recreational or occupational physical activity than in those with the lowest level. That information may be especially valuable to individuals over 55, as the American Cancer Society notes about nine out of 10 people with bladder cancer are 55 or older.

• **Breast cancer:** A meta-analysis published in the European Journal of Cancer in 2016 found that the most physically active women had a 12 to 21 percent lower risk of breast cancer than those who were the least physically active. Similarly, additional studies have linked physical activity after menopause to a lower risk of breast cancer. That's important to know, as the NCI indicates that doctors most often diagnose breast cancer in women between the ages of 55 and 64.

• **Esophageal cancer:** Cohort studies are used by researchers to investigate the causes of disease and to establish links between risk factors and health outcomes. A 2014 meta-analysis of

nine cohort studies and 15 case-control studies, which compare patients who have a disease or outcome of interest to patients who do not have the disease or outcome, found that the individuals who were the most physically active had a 21 percent lower risk of esophageal adenocarcinoma than those who were the least physically active. Such findings are significant, as the Mayo Clinic reports that adenocarcinoma is the most common form of esophageal cancer in the United States, while the NCI notes the condition is not curable.

• **Kidney (renal cell) cancer:** A pooled analysis of more than one million individuals published in JAMA Internal Medicine in 2016 found that leisure-time physical activity was linked to a 23 percent reduced risk of kidney cancer. Leisure-time physical activities can include anything from jogging to dancing to gardening.

Physical activity benefits the body in myriad ways and has been linked to significantly lower risks for various cancers.



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# Weekly SUDOKU

by Linda Thistle

		9			5	1		
	6	4	2					3
3				6				8
1				9		6	4	
	3				8			7
		8	5			2		
	8			1			7	
9					7			6
		5	4	3		8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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## PLACES IN THE U.S. WITH BIRD NAMES

### MAGIC MAZE

J	B	R	A	K	C	O	L	F	E	L	T	T	I	L
L	L	J	H	F	D	B	O	X	T	L	I	A	U	Q
B	A	C	Y	X	V	I	T	S	R	P	K	O	A	K
M	C	R	K	I	G	R	E	D	P	D	A	I	B	A
Z	K	A	X	W	U	D	T	D	R	R	N	J	Q	N
O	H	N	N	L	J	S	I	G	I	A	E	A	F	A
K	A	E	L	G	A	E	D	C	W	K	K	Y	A	C
Y	W	M	X	W	V	Y	T	S	S	E	C	M	F	I
R	K	T	I	W	R	E	V	O	L	P	I	E	P	L
O	C	D	I	D	R	I	B	E	T	I	H	W	P	E
N	O	L	K	N	T	N	W	O	T	K	C	U	D	P

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
Unlisted clue hint: **Colorado Town : A Male Duck**

Birdseye, IN  
Black Hawk, CO  
Chicken, AK  
Crane, MT

Ducktown, TN  
Eagle, AK  
Jay, ME  
Little Flock, AR

Osprey, FL  
Peck, ID  
Pelican, AK  
Plover, WI

Quail, TX  
Swan, IA  
White Bird, ID

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### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

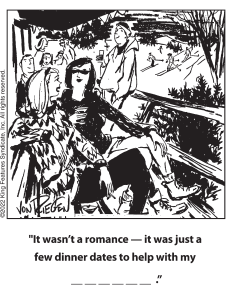
Blink  
**ORBETS**

Asteroid  
**REMOTE**

Plod  
**GUDTER**

Celebration  
**GETANAP**

**TODAY'S WORD**



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# Country

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## King Crossword

### ACROSS

1 Soak up the sun

5 Joke

8 Sports figure?

12 Penne — vodka

13 Playwright Levin

14 "Oops!"

15 Picnic spoiler

16 Vacuum's lack

17 Novelist Jaffe

18 Chinese food assortment

20 Some mixologists

22 Docs' org.

23 "Uh-huh"

24 Touse

27 "Locksley Hall" poet

32 Year in Mexico

33 Sock part

34 Stop — dime

35 Short recital piece

38 Uppity one

39 Spike's warning

40 Three, in Rome

42 JFK's vessel

45 Brother's son

49 Leveling wedge

50 Jurist Fortas

52 "I did it!"

53 Antitoxins

### DOWN

1 Poet of yore

2 Jai —

3 Slender

4 Sunflower State

5 "Billions" actor Paul

6 "Exodus" hero

7 Attire

8 "Oklahoma!" carriage

9 Oscar-winning actress Emma

10 Top-of-the-line

11 Compared to

19 Hesitant sound

21 Objectivist Rand

24 More (Sp.)

25 Popular card game

26 Lark, for one

28 Very long time

29 Fastidious trait

30 Yoko of music

31 Collar

36 Scents

37 La-la lead-in

38 Music for seven

41 Concerning

42 "Hey!"

43 Ellington's "Take — Train"

44 "Toodle-oo!"

46 Aesopian also-ran

47 Tend texts

48 Fade away

51 Clothing protector

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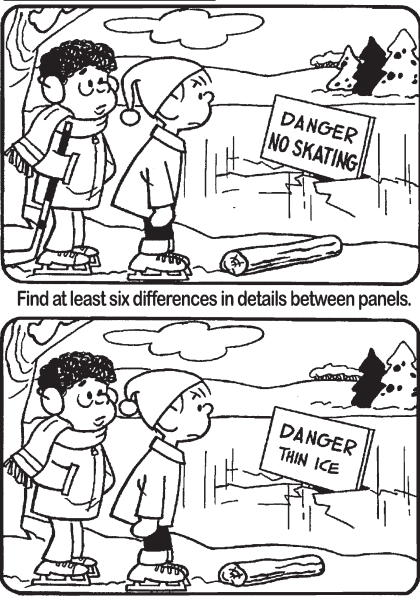
ON THE FARM TIRE SERVICE

## Mega Maze

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Hockey stick is missing; 2. Tassel is shorter; 3. Arm is moved; 4. Tree is missing; 5. Sign is different; 6. Log is shorter.

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## How sweet it is too – Getting started in beekeeping

In the north, we have a few options for natural sweeteners. We have maple products that we can make in spring; we have sugar beets; and we have honey. Harvesting honey is about more than just the sweet, sticky gold stuff, though. It's about properly taking care of some of the most important organisms on the planet: bees.

There are only eight surviving species of honeybee, and they represent only a fraction of the estimated 20,000 known species of bees. The best known honeybee is the western honey bee (*Apis mellifera*), which has been domesticated for honey production and crop pollination.

Some other types of related bees produce and store honey, and have been kept by humans for that purpose, including the stingless bees, but only members of the genus *Apis* are true honeybees. People also value their wax for making candles, soap, lip balms and even cosmetics.

That pollination duty is a critical one; without bees, we humans, and countless other animals that aren't strictly carnivores, would likely starve. To reproduce, plants need to be pollinated, and our little buzzy buddies do the lion's share of that duty.

For the complete story check out [countryculture.co](http://countryculture.co)



# Home Country

by Slim Randles

Steve, the cowboy on the board of directors of the Mule Barn truck stop's philosophy counter and world dilemma think tank, swears on his coffee it happened.

"Tourist guy got off the train the other day when I was in the city picking up a friend," Steve said. "He asked me if I was a real cowboy, and I allowed I probably was, because I wasn't smart enough to get a real job. So he asked if I minded if he asked me some questions."

Steve sipped his coffee. "I said, 'Shoot'

and the guy says he wondered why we wore these big ol' hats with the wide brims. So I explained to him they give us shade in summer and keep the rain and snow off our faces, and told him we could give the horse a drink by putting water in them.

"Then he thanked me and asked why we wore chaps. So I explained how they protected our legs from cactus and thorns, you know.

"He asked about wild rags like this one," he said, touching the blue silk scarf around his neck. "I told him it filtered dust and we could tie our hats down with it in a high wind."

"Sounds reasonable," Doc said, "but I

thought everybody knew that. Television and Westerns and all that."

"Well, yeah," Steve said. "Me, too. But I think this guy was from a city somewhere and didn't watch TV or eat anything that ever had a pulse. Looked kinda puny. But he was real friendly.

"So then he asked me about saddle horns. Wanted to know if they honk. This guy was really green, you know? He wanted to know about ropes and spurs, all kinds of questions like that. I did my best to answer him, too. Finally he says, 'Tell me why you cowboys always wear tennis shoes.'

"So I told him we didn't want anyone thinking we were truck drivers."

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COUNTRY CULTURE

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Even the truck drivers laughed at that one. Then they threw cracker packets at Steve.

Brought to you by the book "Packing the Backyard Horse," enabling you and your own Ol' Snort to have some camping fun in the back country, on Amazon.com.

## Tantalizing, hypnotizing, appetizing popcorn

### It's time for a spring fling

The sleepy lull of the winter solstice has finally come to an end. Whisk away the cobwebs, pack away the parka and haul out the patio furniture - spring is underway and not a moment too soon. Everywhere you turn, the earth is teeming with life. It is an unabashed season of rebirth; an awakening of the dormant spirit that calls for celebration. Now is the perfect time to welcome the outside world back into your home. Plan an afternoon tea with friends and neighbors who've been in hibernation these past few months. An afternoon tea gives you the perfect excuse to 1) get your spring cleaning done 2) use your seldom seen china and silver and 3) pretend you're

a British royal and wear a fashionable hat.

Of course, Americans have favored coffee over tea since 1773, so you'll want to have both available. Additionally, offer guests finger sandwiches and sweets. The following recipe tops a shortbread-type base with the sweet goodness of strawberry preserves, popcorn for an added whole grain bonus and drizzled chocolate for an elegant touch.

**History of the Afternoon Tea**

In England, the tradition of serving afternoon tea stems back to the early 1800s when Anna, the Duchess of Bedford, took a spot of tea and a little nibble toward the latter part of the afternoon to stave off hunger. In those

days, lunch was a meager meal and Anna reportedly suffered from a "sinking feeling" hours before dinner was to be served at the end of the day, usually around 8 or 9 o'clock. She invited friends to join her and soon hostesses began copying her afternoon tea event. Delicate crustless finger sandwiches, scones and pastries became associated with the afternoon tea. Tea itself was served with either sugar and milk or lemon. The afternoon tea was a social event and tea and sugar were signs of luxury and privilege.

**Sow the Seeds of Friendship**

You can get a head start on your garden by asking your guests to bring seeds, seedlings or bulbs to share in order to cultivate a true

"friendship garden." Popcorn plants are a unique offering that'll guarantee good times when they're harvested. Soak a few paper towels in water and place them in a glass jar. Place a small amount of popcorn kernels in the jar on top of the paper towels. Place the jar where it can get at least 6 hours of sunlight a day and where it can be kept reasonably warm at all times. After kernels sprout, transfer to planting trays filled with potting mixture. Cut trays apart and share!

For more great popcorn recipes, visit [www.popcorn.org](http://www.popcorn.org).

**Strawberry Popcorn Bars**

Yield: 24 bars

4 cups popped popcorn

2 cups flour

1/2 cups confectioners' sugar

1 cup (2 sticks) butter, cut into pieces

1 egg white

1 (10 oz.) jar strawberry preserves

1 cups chocolate chips

- Preheat oven to 350°.
- Grease a 9" x 13" pan; set aside.
- Process flour and confectioners' sugar in food processor several seconds. Add butter and process until dough comes together.
- Press mixture evenly into prepared pan. Lightly

brush egg white on top of the mixture. Bake 25 minutes, or until golden.

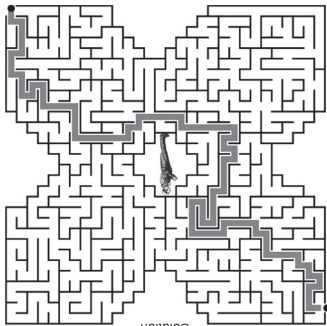
- Immediately spread preserves evenly over warm crust. Press popcorn into preserves; let cool.
- Melt chocolate chips in small zip lock freezer bag. Heat in microwave 30 seconds, or until melted. Snip corner of bag and drizzle chocolate over cooled popcorn. Cool and cut into bars.

Nutritional information (based on 1 serving): Total Calories 190; Total Fat 10g; Cholesterol 20mg; Sodium 55mg; Carbohydrate 24g; Fiber less than 1g; Sugars 13g; Protein 2g

6	1	8	2	3	4	5	7	9
9	2	3	7	5	8	1	4	6
5	7	4	9	6	3	8	2	7
1	3	2	6	4	5	8	9	7
4	5	7	8	2	1	6	3	4
8	4	9	3	6	7	2	5	1
2	8	5	4	9	6	7	1	3
3	9	7	1	8	2	4	6	5
4	6	1	5	7	3	9	2	8

Answer

### Weekly Sudoku



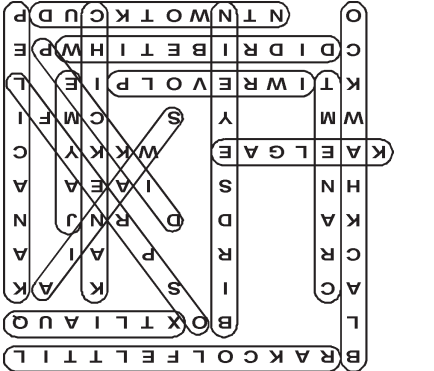
**SCRAMBLERS**

**BUDGET**

Today's Word

1. Strobe 2. Meteor solution

3. Trudge 4. Pageant



**PLACES IN THE U.S. WITH BIRD NAMES**

T	A	D	S	A	B	S	T	E
S	E	R	A	T	I	S	E	R
S	H	I	M	A	B	E	T	A
P	T	B	O	A	T	N	E	P
G	R	R	T	R	E			
S	O	N	A	T	I	N	A	
O	N	A						
M	U	S	S	T	E	N	N	S
A	M	A						
D	I	M	S	U	M	B	A	R
R	A	I	N	A	I	R		
A	L	A	I	R	A			
B	A	S	K	G	A			

Solution time: 25 mins.

Answers

### King Crossword

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**2022-2023 Budget:**  
4/13/22 Public Hearing  
Elementary & Secondary Programs  
6:00 p.m.  
Board meeting to follow, at which a  
proposed budget will be adopted

4/18/22 Petitions to seek Board of  
Education seats are due with the  
District Clerk. Terms for two seats  
will expire June 30, 2022

5/4/22 Public Hearing  
To present proposed budget  
6:00 p.m. Board meeting to follow

5/17/22 Annual Budget Vote and  
Board of Education Candidate Vote  
Harry Hoag School Gym  
1:00-9:00 p.m.

**Student Wins Award:** Congrats  
to Talia Narzyski, a senior who  
is Fort Plain's first recipient of the  
College Board's National Rural and  
Small Town Recognition Program  
Award. Talia was honored for her  
high academic achievement, based  
on her grade point average and  
PSAT score. Talia will attend Siena  
College in the fall and will study  
Psychology.

**Student Makes Eagle Scout:**  
Congratulations to junior Ethan  
Kilmartin, who recently reached Ea-  
gle Scout (the highest rank in scout-  
ing). Ethan's project took 125 hours  
and saw him design, build and  
install new recycling bins in Haslett  
Park along with reconstructing the  
park's flower beds. Great work!

**PreK Registration Open Now:**  
Registration for the 2022-2023 PreK  
program is ongoing. Children who  
turn 4 years old on or before  
December 1, 2022 and are residents  
of the Fort Plain School District are  
eligible to attend PreK this fall. The  
program is capped at 36 students. If  
registrations beyond that number are  
received, there will be a lottery held  
on July 11th. Please contact jennifer.  
weaver@fortplain.org to receive a reg-  
istration application.

**Upcoming Events:**

- March 25-27 Spring Musical
- April 8 3rd Quarter Ends
- April 13 Public Hearing/BOE 6:00 pm
- April 14 HS Report Cards Mailed
- April 15-April 22 School Closed
- May 4 Public Hearing/BOE 6:00 pm

**District Superintendent Search Update:** Interviews  
are being conducted in the ongoing search for a new  
district leader. The district timeline has the new su-  
perintendent selected and set to begin by July 1st.

**13: The Musical This Weekend!** The Fort Plain-Ca-  
najoharie Drama Club presents "13: The Musical" on  
March 25th at 7 pm, March 26th at 7 pm and March  
27th at 2 pm. All performances at Canajoharie High  
School. Admission is \$7 adults, \$5 students/seniors.

**Greek Myth Illustrations:** Sixth grade students have  
been learning about classic Greek Myths in social stud-  
ies class. As part of a cross-curricular project, they re-  
cently turned a myth into a comic strip! The students  
researched different myths, characters and themes.  
Once they selected theirs, they set out an organiza-  
tional plan of how to depict the story in chronological  
order - but in picture form. They then animated their  
myth, by telling the story in the form of cartoon. Visit  
the district's Facebook page to see an album of their  
completed works!

**Forensics & Criminolgy Class:** The high school's  
Forensics & Criminolgy Class recently hosted SWAT  
Commander Torrey Sitterly and the Herkimer SWAT  
team for a demonstration of technology in police  
work. The students saw thermal imaging drones, and  
learned about their use for detecting suspects in situa-  
tions of darkness or indoor cover. They also watched a  
bomb-diffusing robot at work, as it moved across the  
cafeteria and picked up a water bottle off the table.  
Finally, the class got to try on the SWAT gear such as  
vests, belts and helmets. They marveled at how the  
SWAT officers were able to do their jobs so well under  
all of that heavy gear! The students enjoyed learning  
about this unique law enforcement career path.

**Students Take to Snow Shoes:** The elementary  
school physical education classes, for grades 2-6, re-  
cently spent some time learning how to snowshoe!  
The students learned how to put the snowshoes on,  
and the different walking techniques needed for dif-  
ferent terrains and types of snow. During the unit,  
teachers Michael Meier and Mark Hitchcock stressed  
the value of snowshoeing as a way to keep physically  
fit during the winter months, while also enjoying some  
fresh air and sunshine. The students did very well and  
all had a great time!

**Lifeskills Class Learns Dental Hygiene:** Mrs.  
Searles' class has been working through a unit on tak-  
ing care of their teeth. To supplement their learning,  
they were visited by Danielle Alkinburgh and Kate-  
lyn Roser who are both Dental Hygienist students  
at Hudson Valley Community College. The students  
participated in hands-on activities, such as painting  
on a paper mouth with a toothbrush and using play-  
dough and mega blocks to simulate teeth and gums  
and learn flossing techniques. Everyone came away  
with a better idea of how to properly take care of their  
teeth.



**Elementary TaG News:** The Elementary Talented  
& Gifted Progam is proud to announce that several  
sixth grader drama club members are a part of the  
high school spring production on March 25th-27th.  
Performing in "13: The Musical" will be Harry Hoag  
students: Caleigh Batholomew, Ahna Brackett, Faith  
Clark, Milo Clark, AshLyn Lewis, and Zachary Walsh.



**Section 2 Champions:** Congratulations to the boys  
varsity Basketball team on their sectionals victory, de-  
feating Berne-Knox-Westerlo by a score of 72-56 at  
the Cool Insuring Arena in Glens Falls. Although they  
fell to Maple Hill in the Class C Championship game,  
the team all played well and it was an extremely close  
game. Congratulations to all of the players for their  
excellent, and exciting, season!

**"Hilltopper Herald" Article of the Month:** The  
"Hilltopper Herald" is the student newspaper written  
and designed by kids. This month's article is the "De-  
bate of the Month." The question asked is: "Would it  
be nice to live forever?" We have Zachary speaking for  
the "no" vote, and Dio speaking for the "yes" vote. Here  
is what they had to say....  
*I do not think it would be nice to have the ability to live  
forever because you would be forced to watch as all your  
family and friends die. You would be forced to stand idly  
by and slowly watch as everything around you dies and  
gets destroyed. As you watch, you would slowly isolate  
yourself as you will become depressed. You would be-  
come very self-centered and not nice. You would end up  
with crippling depression. You slowly would try to die over  
and over. After a long time, you will be put in an insane  
asylum. You will turn into a criminal.*

*I think it would be nice to live forever because I would like  
to hang around and watch things play out. Llike species  
evolving and technologies getting greater and better. You  
would be famous and rich for having immortality, people  
would worship you as a god, you would be a genius. And  
you would be on earth for 4 billion more years but that's  
cool. After that you would see your world and universe get  
destroyed because of the result of the sun dying out. You  
would be floating around in space dying over and over  
again. Soon you will get used to it and your body will  
adapt to the lack of oxygen. After over 150 billion years  
of doing backflips and meditation in the abyss of space,  
new earth and a new galaxy would be born. But it would  
take another 20 years to get back to earth because of 150  
billion years of floating yeah you're going to be far off the  
place where the earth was placed or the new earth was  
placed. Once you get to the new earth it will look very  
very different assuming you have oxygen a new race of  
advanced creatures will begin. You will be able to teach  
these creatures how to live and how to have stable civili-  
ation. If they learn quickly you will have flying cars in 300  
years. Then you will go in a cycle of dying & living.*

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out on Facebook.