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Herkimer Central School District announces superintendent finalists

The Herkimer Central School District Board of Education has selected two finalists in its search for the next superintendent of schools.

The finalists are Central Valley Central School District Director of Curriculum and Instruction Kathleen Carney and Batavia City School District High School Principal Paul Kesler.

"We're very pleased with how the superintendent search has been going and want to thank all of the great candidates," Herkimer Board of Education President Brian Crandall said. "We're excited about the finalists we've selected and are confident we will end up with the right person to lead our district."

Herkimer-Fulton-Hamilton-Otsego BOCES District Superintendent Sandra Sherwood, who is serving as the superintendent search consultant for Herkimer Central School District, conducted preliminary discussions with all 12 qualified candidates. Herkimer Central School District Board of Education members then conducted two rounds of interviews before selecting the finalists.

Carney has been the director of curriculum and instruction at

Central Valley Central School District since 2018. Before joining Central Valley, she served for four years as the elementary principal at the E.R. Hughes Elementary School in the New Hartford Central School District and for 12 years as elementary principal at Herkimer Elementary School. Before becoming an administrator, Carney served for nine years as an elementary teacher at Herkimer Elementary School.

Carney's educational background includes a

Bachelor of Arts degree in early childhood/childhood education from SUNY Oneonta, a Master of Arts degree in reading K-12 from SUNY Cortland and a certificate of advanced study in school district administration from SUNY Cortland, along with other professional certifications and credentials.

Kesler has been the high school principal at Batavia City School District since 2018. Prior to serving as high school principal, he served for 12 years as

principal of the John Kennedy Elementary School in Batavia. Before becoming an administrator, Kesler served for five years as an elementary teacher at the Dr. Louis Cerulli School No. 34 in Rochester and three years as an instructional support specialist at the same Rochester school.

Kesler's educational background includes an Associate of Arts degree in liberal arts from Mohawk Valley Community College, a Bachelor of Science degree in elementary education from SUNY Geneseo, a Master of Science in Education degree in reading from SUNY Brockport and a Master of Science in Education degree in educational administration



Kathleen Carney



Paul Kesler

Herkimer 4

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Herkimer BOCES continues streak of winning safety award

Herkimer-Fulton-Hamilton-Otsego BOCES recently received the Utica National Insurance Company's Titanium with Honors Safety Award for at least the fifth year in a row.

The honor is presented annually and recognizes the safety efforts of school districts and BOCES systems as they work to help keep students, staff and visitors safe.

"Safety and health concerns continue to be a priority in our school districts," said Brian Saville, senior vice president in Utica National's Educational Institutions Unit. "Districts that go 'above and beyond' to provide a safe, healthy and focused culture for learning are to be applauded, and we're pleased to count Herkimer-Fulton-Hamilton-Otsego BOCES among them."

Herkimer BOCES received its award at Utica National's 40th school safety seminar, one of seven such seminars the company hosts in the state. Herkimer BOCES officials accepted a certificate to commemorate BOCES's safety efforts and a \$500 award for use in furthering those efforts from Utica National representatives.

For more than 45 years, Utica National has kept kids and school staff safe and currently insures more than 300 school districts in Upstate New York alone.

Utica National's School Safety Excellence Award Program has three levels – titanium, platinum and gold – in which schools can earn a meritorious distinction by meeting specific criteria to enhance overall safety. Through the program, schools with their own transportation, schools with contract transportation and BOCES are evaluated. Categories covered include bullying prevention programs, playground safety and

other areas, and are measured using specific, quantifiable surveys.

Saville noted that, beyond the recognition itself, an added benefit of following the safety program is the

chance to pinpoint specific threats to safety.

"The time to address those threats is before a loss happens, which really helps contribute to the safety culture that districts are working toward," Saville said.



The Herkimer-Fulton-Hamilton-Otsego BOCES Safety Services team poses with the Utica National Insurance Company's 2022 Titanium with Honors Safety Award. (L - R) Positive Behavioral Interventions and Supports Coordinator Kellie Maxwell, Supervisor of Safety Services Adam Hutchinson, Office Assistant Briana Jackson and School Safety Advisor James Garcia.

Photo courtesy of Herkimer-Fulton-Hamilton-Otsego BOCES

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Herkimer from 2

from St. John Fisher College, along with other professional certifications and credentials.

Both finalists participated in stakeholder interviews on April 20, meeting with administrators, teachers, support staff and parents. In the late afternoon on April 20, a virtual community forum was livestreamed featuring Sherwood asking the finalists questions that will be developed based on the second of two community surveys that have been completed thus far.

Immediately following the community forum, a third community survey will launch for that night only to allow school community members to share what they

think are the strengths or concerns for each of the finalists.

"The school community input has been extremely valuable for board members throughout this process. Their input will continue during upcoming stakeholder meetings, as well as the final feedback survey, which will follow the livestreamed community forum," Crandall said. "We want to thank the Herkimer school community for their interest and involvement, and we are looking forward to the community getting to know our finalists."

Herkimer Central School District Board of Education members hope to offer the superintendent position to their chosen candidate by May 1 and appoint

the new superintendent on May 18. The successful candidate would then be expected to assume the duties of Herkimer superintendent on or shortly after July 1, dependent upon the candidate's current contract.

Updates and links to the online community surveys will be posted at herkimercsd.org and herkimer-boces.org.



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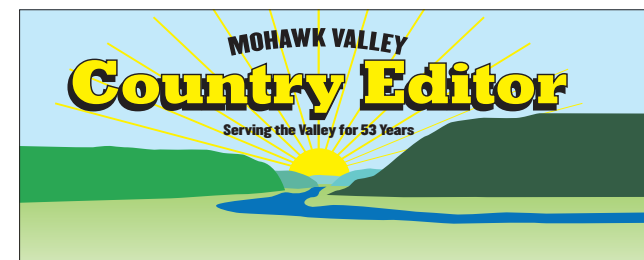
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'The Easter Rising: The Failure that Brought Forth a Nation'

"The Easter Rising: The Failure that Brought Forth a Nation" will be presented on April 27 at 7 p.m. at the Irish Cultural Center of the Mohawk Valley, 623 Columbia St., Utica.

Tickets are free but registration must be made at through tinyurl.com/a7h6s6zy in advance.

Shortly after noon on April 24, 1916, a sudden hush fell over a crowd gathered on Dublin's O'Connell Street, as, from the steps of the General Post Office,

Patrick Pearse read the proclamation declaring Ireland's independence from England. Thus began one of the most glorious failures in history, the 1916 Dublin Insurrection. For five days a small untrained group of schoolteachers, poets and dreamers held out against the most powerful army in the world before finally being forced to surrender.

Why was this rebellion different from the many that had been put down in the past? How did this insurrec-

tion, which was a failure in every respect, ultimately change the course of Irish history?

Find out on April 27 at 7 p.m. when local writer and musician Mark Sisti presents a discussion at the Irish Cultural Center of the Mohawk Valley on the 1916 Easter Rising, its causes, its heroes and its aftermath. Interspersed throughout the discussion will be performances of songs commemorating the people and events at the center of the insurrection.

Registration now open for Family Farm Day 2022

Preparations for Family Farm Day (FFD) are well underway. August 27 marks 10 years of FFD, a popular agritourism event which celebrates high-quality local goods and foods, diverse educational experiences and fun

on the farm for the whole family.

FFD began in 2013 as solely a Schoharie County event. Four years later Otsego County farmers joined, followed by Delaware County in 2018, developing into the tri-county event we know today. Dozens

of small farms will open their doors to the public, offering a glimpse behind the scenes into the daily life of a local farming operation. Visitors enjoy hands-on demonstrations and educational activities, tours, rides, samples and tastings

of local foods and beverages and plenty of shopping.

FFD is a wonderful way to showcase the never-ending variety of farm-fresh products that our region has to offer. For more information, visit FamilyFarmDay.org.

Otsego County Master Gardener Plant Sale returns May 21

Rain or shine, the Master Gardeners of CCE Otsego County will host their annual plant sale on May 21 from 9 a.m. - 3 p.m. at CCE Education Center, 123 Lake St.,

Cooperstown. The date of the sale is earlier this year; in past years it traditionally took place the last weekend in May.

A wide variety of vegetables, annual flowers,

herbs and perennials known to grow well in Otsego County will be featured at reasonable prices. Choosing plant varieties not frequently found in local retail establish-

ments, Master Gardener volunteers cultivated from seed heirloom and blight-resistant tomatoes, deer-resistant plants and a few unusual varieties they love in their gardens. All plants sold have been planted in sterile potting media. Unlike in past years, Master Gardeners will not be digging perennials from their gardens in an effort to avoid the

spread of jumping worms. However, a limited selection of house plants from Master Gardeners' collections will be offered.

Cornell-trained Master Gardeners will be on hand to answer questions about planting, nurturing, harvesting and assisting in plant selections. Customers are encouraged to bring boxes to carry home pur-

chases. Cash or checks are preferred, although credit cards are accepted. For more information and continuing updates on plants offered, follow CCEschoharie-otsego.org/OMG-Plant-Sale. Gardeners may also leave a voicemail message at 607.547.2536 ext. 228.

Proceeds from the sale will benefit the educational outreach of the Master Gardeners Volunteer Program of Otsego County and the Grow with CCE Campaign, an exciting comprehensive site redesign project to "Create a Place for Learning through Gardening." To learn more about this project, visit cceschoharie-otsego.org/grow-with-cce.

Gardeners may also want to plan a visit to the Farmers' Museum Heritage Plant Sale which will take place May 28 - 29.



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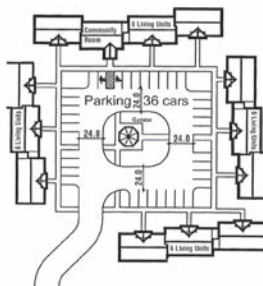
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Main St. 518-673-2717 Jesus says - "Come Unto Me" Join us - Special Music Ministry, Beautiful Surroundings, Friendly People Sunday Service 10:30 AM Email: umc673@frontiernet.net Communion Last Sunday of the Month</p> <p>ST. JOHN'S & ST. MARK'S LUTHERAN CHURCH 143 Church St., Canajoharie 518-673-2224 Pastor A. Elisabeth Aurand Remote & In-Person Sunday Worship 11 AM; email for link stjmc-canajoharie.org office@stjm-canajoharie.org</p> <p>REFORMED CHURCH OF CANAJOHARIE 15-19 Front St., Canajoharie 518-673-2816 Rev. Matt Draffen Sunday 9 AM Christian Education 9:20 Choir Practice 10 AM Worship Nursery provided Fellowship hour follows worship</p> <p>FAITH, HOPE AND LOVE CHURCH Rev. David W. Bowley, Pastor Sundays, 5 PM at the Upstate Chapel 63 Cliff St, Canajoharie Call 518-673-5128 or see Facebook "Faith, Hope and Love Christian Church" and our website http://faithhopeandlovechurch.com</p>	<p>NEW BEGINNINGS BIBLE CHURCH 63 Cliff St., Canajoharie, NY 13317 Pastor Larry Alkinburgh 518-848-4816 pastor@newbeginningsbc.org Sunday School 9:15 AM Worship Service 10:30 AM</p> <p>CHERRY VALLEY CHERRY VALLEY ASSEMBLY OF GOD 37 Alden St., Cherry Valley 607-264-3306 Pastor David Carpenter, Jr. Sundays 9:30 AM</p> <p>ST. THOMAS THE APOSTLE CATHOLIC COMMUNITY 1 Church St., Cherry Valley 607-264-3779 Masses Sunday mornings at 8:30 AM & 11 AM</p> <p>GRACE EPISCOPAL CHURCH 24 Montgomery St., Cherry Valley 315-858-4016 Fr. Kyle Grennen, Rector Holy Eucharist 11 AM Sunday school 11 AM Active youth group - call for details Facebook: Grace Episcopal Church Cherry Valley</p> <p>COLD BROOK COLD BROOK UNITED METHODIST CHURCH 467 Main St. Sunday Worship 10:30 AM</p> <p>NEW LIFE CHAPEL OF THE AEA 3447 St. Rt. 8 Pastors: Rev. Gail & Rev. Mike Jay 315-826-7115 Sunday Worship 10:30am Intercessory Prayers Tuesday 7pm (please call to confirm)</p> <p>DOLGEVILLE NEW HOPE CHRISTIAN FELLOWSHIP Pastor Peter Spiak 32 Spencer St. • 315-429-3630 Sunday School 9:30 AM Sunday Worship 10:30 AM Wednesday Bible Study 7 PM</p> <p>GRACE BAPTIST CHURCH OF DOLGEVILLE Pastor Len Byerly 12 Van Buren St. Morning Worship 11-12:30 PM Lunch 12:30-2 PM Afternoon Worship 2-3 PM</p> <p>DOLGEVILLE UNITED METHODIST CHURCH Rev. Anthony Bradseth 21 N. Helmer Ave. Church Phone 315-429-7381 Sunday Church Service Oppenheim @ 9:30 AM Dolgeville @ 10:30 AM</p> <p>DOLGEVILLE CHRISTIAN FELLOWSHIP Pastor Marvin Isum 3 Elm St. Phone 315-429-8390 Sunday Worship 10:30 AM Mid-week Service Tuesday 7 PM www.dolgevillechristianfellowship.org</p> <p>UNITED LUTHERAN PRESBYTERIAN PARISH 26 E. Faville Ave. Worship 11 AM</p>	<p>ST. JOSEPH'S ROMAN CATHOLIC CHURCH 31 N. Helmer Ave., Dolgeville, NY Phone 315-823-3410 Sunday Mass 9AM</p> <p>EAST SCHUYLER CHRISTIAN ASSEMBLY OF SCHUYLER Pastor Mark Sowersby 3659 Route 5, East Schuyler Sunday Worship 10:30 AM Wednesday Night 6:30 PM Phone 315-895-0926 Christianassemblyofschuyler.com</p> <p>EPHRATAH EPHRATAH REFORMED CHURCH 140 Co. Hwy. 140, Ephratah, NY To live and share Jesus Christ both locally and globally. Everyday. Everywhere. Everyone. Pastor Jeff Hindrliter Sunday School for all ages 10 AM September-June Sunday Morning Worship 11 AM Prayer & Praise Thursdays 7 PM</p> <p>ESPERANCE ESPERANCE PRESBYTERIAN CHURCH 129 Church St., Esperance NY 12066 Sunday Worship 9:30 am Rev. Bert Mayne Simple, friendly, conservative worship in a beautiful 1824 sanctuary</p> <p>FONDA SAINT CECILIA CHURCH 26 Broadway, Fonda 518-853-4195 Sunday Worship 9 AM</p> <p>NATIONAL KATERI TEKAKWITHA SHRINE AND INDIAN MUSEUM 3636 St. Hwy. 5, PO Box 627 Fonda, NY 12068-0627 518-853-3646 Weekly Masses: Sat. 4:30 PM, Sun. 10:30 AM friars@katerishrine.com www.katerishrine.com</p> <p>FORT PLAIN AMAZING GRACE BAPTIST CHURCH 131 Clark Rd., Fort Plain 518-568-7606 Pastor Frank Calabrese Sunday School 10 AM, Morning Service 11 AM, Sun. & Wed. Eve. Service 6 PM, Youth Group Wed. 6:30 PM, Sat. Visitation 10 AM www.amazinggracebc.org</p> <p>GRANDVIEW BAPTIST CHURCH 15 Washington St., Fort Plain 518-993-9929 Pastor Dan West Sunday School 10 AM Morning Service 11 AM Bible Study & Prayer Meeting, Wednesday 6:30 PM</p> <p>ST. PAUL'S LUTHERAN CHURCH 36 Lydius St., Fort Plain, NY 13339 518-993-2040 Pastor Jonathan Litzner 405-250-8395 Church Service 11 AM</p>	<p>ST. JOHN'S LUTHERAN CHURCH 774 St. Hwy. 163, Fort Plain, NY 518-705-7552 Rev. David A. Johnson, Ph.D. Sunday Worship 9 AM, Sunday School 10 AM, Ladies Aid W.E.L.C.A. Handicapped Accessible</p> <p>REFORMED CHURCH OF FORT PLAIN 165 Canal St., Fort Plain, NY 13339 518-993-4302 fortplainrca@yahoo.com Rev. Nancy E. Ryan Worship 11 AM, AA meetings Mon. & Tues. 7 PM, Emergency Food Pantry 518-993-4302</p> <p>VICTORIOUS LIFE CHURCH RMI FELLOWSHIP 104 Main St. & 431 St. Hwy. 80 Fort Plain, NY 518-993-3102 Sunday School 9 AM, Morning Worship 10:30 AM, Youth Group 5 PM, Evening Worship 7-8 PM</p> <p>FORT PLAIN UNITED METHODIST CHURCH 39 Center St., Fort Plain Audie Miller, Lay Supply Pastor Church Office 518-993-3863 Kitchen 518-993-3464 ALL WELCOME, Worship Service 11AM</p> <p>OUR LADY OF HOPE R.C. CHURCH 115 Reid St., Fort Plain, NY 13339 Parish Office 518-993-3822 ourladyofhope@frontier.com Mass Schedule: Saturday, 4 PM; Sunday, 9:30 AM; Confessions: Sat. 3 & by appointment Please call parish office for Holy Day schedule</p> <p>FREYSBUSH UNITED METHODIST CHURCH Freysbush Rd., Fort Plain 518-429-9936 or 518-424-8488 Worship 9 AM, Sunday School 10 AM ALL ARE WELCOME</p> <p>FRANKFORT OUR LADY QUEEN OF APOSTLES 414 Frankfort St., Frankfort, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 5:30 PM; Sunday 9 AM; Tuesday & Thursday 9 AM</p> <p>FULTONVILLE FONDA FULTONVILLE UNITED METHODIST CHURCH Pastor Kathy Reese Sunday worship and Sunday school 10AM Outdoor service: 11 Montgomery Street, Fultonville, May-Early Sept. (byo - chair) Indoor service: Winter and inclement weather Glen Town Hall, 7 Erie Street, Fultonville Community Outreach is very important to us 518 853-3311</p> <p>FULTONVILLE REFORMED CHURCH Corner of 5S & 30 Pastor Jane Hubschmitt Sunday School 10 AM Family Worship 10:30 AM</p>	<p>GLEN GLEN REFORMED CHURCH State Hwy 161 in the Hamlet of Glen 4 miles South of Fultonville glenreformed@nycap.rr.com Sunday Worship at 9. Sunday School immediately following Children's Message</p> <p>HERKIMER SS PETER and PAUL ORTHODOX CHURCH Fr Vasil Dubee & Fr Dn Demetrius Richards 305 Main Rd., Herkimer Phone (315) 866-3272 Saturday Vespers - 5 PM (spring/summer months) 4 PM (fall/winter months) Sunday Divine Liturgy 9:30 AM Sundays</p> <p>TEMPLE BETH JOSEPH 327 N. Prospect St. Phone 866-4270 Friday 7 PM</p> <p>ST. FRANCIS de SALES CHURCH Rev. Mark Cunningham, Pastor 219 N. Bellinger St. Phone 866-4282 Saturday Vigil Mass 4 PM Sunday Mass 8 AM</p> <p>CHURCH OF SAINTS ANTHONY and JOSEPH 229 S. Main St. Phone 866-6373 Sunday Mass 10 AM No Saturday Vigil</p> <p>REDEEMER CHURCH Pastor Michael Servello 931 Herkimer Rd., Utica, NY 13503 Phone 792-4748 Saturday 6 PM • Sunday 9 & 11 AM</p> <p>OAK RIDGE FREE METHODIST CHURCH Pastor Chris Schumske 838 W. German St. Worship Service for adults & children 8:30 AM & 10:30 AM with Ridgekids for the children (0-5th grade) Phone 866-0575</p> <p>UKRAINIAN ORTHODOX CHURCH OF ST. MARY'S PROTECTRESS 326 Moore Ave. Sunday Divine Liturgy 10 AM Holy Day Liturgy 9 AM Phone 866-1336</p> <p>NEW LIFE CHURCH Pastor David Hayner 337 Protection Ave. Phone 866-1164 • www.nlc-mc.org Worship 10 AM Wednesday Worship 6:30 PM</p> <p>THE SALVATION ARMY Lieutenants Derrick and Heather Purvis 431 N. Prospect St. Phone 866-1240 Facebook.com/TheSalvationArmyHerkimer Sunday School 10 AM Morning Worship 11 AM</p> <p>FIRST UNITED METHODIST CHURCH OF HERKIMER AND LITTLE FALLS Pastor Joelle Faulks Prospect St & Park Ave. Sunday Worship and Sunday School 9 AM</p>	<p>HERKIMER REFORMED CHURCH 102 Church St. Phone 866-1523 Worship 9:30 AM Shepherd's Table: Tuesday 11:30-12 PM</p> <p>TRINITY EVANGELICAL LUTHERAN CHURCH Corner of West German & Henry Streets Phone (315) 866-6474 Sunday Worship Services 10 AM in person and virtually on Zoom, YouTube & Facebook Bible Studies Thursday mornings 10 AM on Facebook</p> <p>THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS 317 Gros Blvd., East Herkimer (315) 866-8095 Sunday Sacrament Meeting 10 AM Sunday School/Primary 11 AM - Visitors welcome - Family History Center, open by appointment</p> <p>ILION ILION COMMUNITY CHURCH Pastor Dean Mabry 44 Central Plaza Sunday Worship 10 AM Child Care/Kids Church Available ilionchurch.com</p> <p>SAINT AUGUSTINE'S EPISCOPAL CHURCH 78 2nd Street Phone: (315) 894-3775 Sunday Services at 10 AM</p> <p>FIRST PRESBYTERIAN CHURCH 90 Morgan St., Ilion, NY, 13357 Reverend Richard Riggles Bible Study 9:30 AM Church Service 10:30 AM 315-894-2070</p> <p>FIRST BAPTIST CHURCH 8 Second Street Reverend John Partise Wednesday Mid Week Service 7 PM Sunday Morning 11 AM</p> <p>JESUS NEVER FAILS COMMUNITY CHURCH Reverend Hans Drews 1161 Elizabethtown Rd., Ilion, NY 13357 518-568-7983 hansandrosaline@yahoo.com Sunday Service 11 AM</p> <p>MORNING STAR UNITED METHODIST CHURCH 36 Second Street Pastor Joelle Faulks Sunday Worship 10:30 AM November 1 - May 1 4224 Acme Rd, Frankfort May 1 - November 1 36 Second Street, Ilion</p> <p>ANNUNCIATION CHURCH 109 West Street, Ilion, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 4 PM; Sunday 11 AM; Monday & Wednesday 9 AM</p>
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<p>JOHNSTOWN CHURCH OF THE NAZARENE 3316 St. Rt. 29 W, Johnstown, NY 12095 Offices: 518-762-2982 Cell: 857-523-8417 Pastor, Rev. Mark Fowler Sunday Morning Service 11 AM Sunday School for All Ages 10 AM</p> <p>LASSELLSVILLE LASSELLSVILLE UNITED METHODIST CHURCH State Hwy. 29 Pastor Robert A. Lindsay Worship: Sunday 9:30 AM Sunday School to start soon</p> <p>LITTLE FALLS FIRST BAPTIST CHURCH 555 Albany St. 315-823-3392 Morning Worship 9:45 AM Rev. Chris J. Wintermute, Lead Pastor Rev. William Whalen, Associate Pastor Nursery (infants through age 4) Meet and Greet Sunday at 8:00 AM Sunday School Classes 8:30 AM (nursery through adult) **Our Service is aired on 100.3 FM, 91.1 FM & 88.7 FM on Sundays from 11-12 with a 1 week delay. **LIVE on Facebook: "gingerleecase" account- 9:45 am on Sundays</p> <p>ST. PAUL'S UNITARIAN UNIVERSALIST CHURCH Minister Jeffrey J. Frank Mark Bunce, Organist 565 Albany St., Little Falls, NY Phone 315-823-2284 Sunday Service & Religious Education 10 AM</p> <p>FIRST ASSEMBLY OF GOD Senior Pastor Timothy Parisi 559 E. Jefferson St. Phone 823-4043 • firstaglf@gmail.com Sunday Morning All Worship 10 AM Thursday Bible Study 6:30 PM</p> <p>HOLY FAMILY PARISH OF THE ROMAN CATHOLIC COMMUNITY OF LITTLE FALLS Father Brian Slezak 763 E. Main St., Little Falls, NY Phone 315-823-3410 Saturday Vigil Mass 4 PM Sunday Mass 10:30 AM</p> <p>HOLY TRINITY LUTHERAN CHURCH 512 E. Gansevoort St. Sunday School 9:15 AM Sunday Worship 9:30 AM Wednesday Worship 11 AM & 6 PM</p> <p>EMMANUEL EPISCOPAL CHURCH 588-594 Albany St. Sunday Schedule: High Mass, Rite II 10 AM Nursery & Sunday School 9:45 AM (Sept.-May) Fellowship Coffee Hour 11:15 AM Choir Rehearsal 11:30 AM Holy Day Masses as announced Confessions by appointment</p>	<p>FIRST PRESBYTERIAN CHURCH Pastor Tamara Razzano 16 Jackson St. Phone: 315-823-3004 Email lffirstpres@gmail.com www.presbylif.org Sunday Worship 10 AM Sunday School 10 AM</p> <p>INGHAMS MILLS BAPTIST CHURCH Rev. Gary L. Busch, Pastor Sunday Worship Service 10 AM 443 Inghams Mills Rd. Little Falls, NY 13365 Pastor's Phone (315) 717-9936</p> <p>THE HOLY SPIRIT POLISH NATIONAL CATHOLIC CHURCH 618 E. Gansvoort St., Little Falls, NY 315-823-0793 Father Rafal Dadello Mass at 11 AM on Sunday www.holyspiritpncc.org</p> <p>MARSHVILLE MARSHVILLE EVANGELICAL CHURCH Route 10 South Pastor Mark Fowler Worship Sunday 9 AM</p> <p>MIDDLEVILLE MIDDLEVILLE UNITED METHODIST CHURCH 24 Fairfield St. Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 8:30 AM Thursday Bible Study 2 PM</p> <p>MOHAWK DENNISON CORNERS COMMUNITY CHURCH Pastor Donald King 219 Robinson Rd. • Phone 866-5215 Sunday: Sunday School 9:45 AM Morning Worship 11 AM Evening Worship 6 PM Wednesday Prayer 7 PM</p> <p>MOHAWK REFORMED CHURCH Rev. Brian Engel, Pastor 20 S. Otsego St. Phone 866-4292 Email mohawkpastor@verizon.net Follow us on Facebook Morning Worship: 10:30 AM Sept. - June • 9:30 AM July-Aug. Youth Sunday School (Pre-K - Sr. High) 9 AM Adult Sunday School (Men, Women & Couples) 9:30 AM September - June</p> <p>EMMANUEL BIBLE CHURCH Pastor Gary Wilcox 54 W. Main St. • Phone 717-3011 Worship and Word: Sunday 10:30 AM Fellowship Lunch: 12:30 PM Discipleship Hour: Sunday 1:30 PM Bible Study & Prayer: Wednesday 6 PM</p> <p>CHURCH OF THE BLESSED SACRAMENT Sr. Mary Jo Tallman, CSJ, Parish Life Director Rev. Leo Potvin, Sacramental Minister 71 E. Main St. Phone 866-1752 Sunday Mass 9:30 AM</p>	<p>CHRISTIAN BIBLE CHURCH H. Ed Reed, Pastor/Teacher 167 Ward Rd. • Phone 858-1282 www.christianbiblechurch.us Sunday School 9 AM Sunday Worship 10 AM Wednesday Bible Study & Prayer Meeting 7 PM</p> <p>THE WORD CHRISTIAN CENTER Pastor Dan Annutto 27 E. Main St. • Phone (315) 985-3596 Sunday Services at 10 AM Intercession - Tuesdays at 6 PM</p> <p>NELLISTON VALLEY ALLIANCE CHURCH 85 E. Main St., Nelliston 518-993-3458 Pastor Ken Gies Sunday School (all ages) 9:15 AM, Sunday Worship 10:30 AM, Wed. Praise & Prayer 7 PM, Fri. Youth Group 7 PM (7-12th grade)</p> <p>NEWPORT FIRST BAPTIST CHURCH OF NEWPORT 7497 Main Street Pastor's Phone 315-790-1877 Sunday Worship at 9:45 AM</p> <p>UNITED METHODIST Pastor Robbin Harris • Phone 845-8730 Morning Service 11:15 AM</p> <p>KUYAHOORA COMMUNITY CHURCH Pastor Dwayne Durand West Canada Valley High School Auditorium 5447 St. Rt. 28 Mailing Address PO Box 50 Middleville, NY 13406 Phone 315-292-1303 www.kuyahorracc.org Weekly Service Sunday 10:08 AM</p> <p>ST. JOHN THE BAPTIST CATHOLIC CHURCH St. John the Baptist Parish 7516 N. Main St. • Phone 845-8017 Saturday Vigil 4 PM Sunday Mass 8:30 AM</p> <p>OPPENHEIM OPPENHEIM UNITED METHODIST CHURCH Route 29 Rev. Jack Ford 315-429-7381 Worship 9:30 Sundays, Totally Awesome God-TAG time 6:30 PM Wednesdays beginning in Oct., Sunday School 9 AM beginning September 18th</p> <p>PAINES HOLLOW PAINES HOLLOW UNITED METHODIST Lay Servant Gregg Sponburgh Rtes. 167 & 168 • 315-866-1128 Worship 9-10AM</p>	<p>PALATINE BRIDGE TRINITY EVANGELICAL LUTHERAN CHURCH OF STONE ARABIA 5430 St. Hwy. 10, Palatine Bridge, NY Pastor A. Elisabeth Aurand Sunday In Person Worship 9 AM; email for link office@stjm-canajoharie.org 518-673-2224</p> <p>THE HOUSE OF ZION, INC. 580 Dillenbeck Rd., Palatine Bridge 518-577-3069 Pastors Richard & Denise Allen Saturday Morning Worship Service 11:30 AM Listen to UMT on live radio 97.5FM the 1st Sunday of every month 3-4 PM</p> <p>RANDALL RANDALL CHRISTIAN COMMUNITY CHURCH NY Rte. 5S Sunday Service 10:30 AM Worship Leader Darlene Spaulding</p> <p>RICHFIELD SPRINGS CHURCH OF CHRIST UNITING PO Box 896, Richfield Springs, NY 13439 Rev. Mark loiset • 315-858-1553 Service: Sunday 9:15 AM Church School: Sunday 10:30 AM</p> <p>RICHFIELD SPRINGS BIBLE CHURCH 19 Church St., Richfield Springs, NY 13439 Rev. David Tosi • 315-858-0564 Sunday School (all ages) 10 AM Wor- ship Service 11 AM & 7 PM Wednesday - Prayer & Praise Call for info on various Youth Ministries www.richfieldspringsbiblechurch.org</p> <p>SALISBURY CENTER FULL GOSPEL ASSEMBLY OF GOD Pastor Robert Brent 106 Plant Road Sunday Worship 11 AM with Children's Church offered during the service</p> <p>SALISBURY CENTER UNITED METHODIST CHURCH 2545 State Route 29 Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 10 AM Thursday Bible Study 6 PM</p> <p>SLOANSVILLE SCHOHARIE VALLEY GOSPEL CHURCH Pastor Pat Andreoli 133 Sprakers Rd., Sloansville, NY 518-864-5397 svgchurch@gmail.com Wednesday Prayer 6 PM; Sunday Morning Bible Study 9:45 AM; Worship Service Sunday Morning 10:30 AM</p>	<p>SPRAKERS CHRISTIAN CHURCH OF CHARLESTON FOUR CORNERS 1380 E. Lykers Rd., Sprakers 518-922-9088 Paster Brett Popp Sunday School (ages 3-adult) 9:45 AM Worship 11 AM Sunday Prayer Meeting 5:30 PM Thu. Evening of Encouragement & Community Kid's Bible Club 6:30 PM</p> <p>THE CHRISTIAN CHURCH OF RURAL GROVE 170 Rural Grove Rd., Sprakers, NY 12166 518-922-7831 Pastor Joshua Fetterhoff pastorjosh@ruralgrovechurch.org Sunday School (all ages) 9:45 AM, Morning Service 11 AM, Eve. Service 6 PM, Wed.-Family Night 7 PM, "Where Bible Teaching is Fundamental"</p> <p>REFORMED CHURCH OF SPRAKERS 112 Sprakers Hill Rd. Rev. Nancy Ryan Worship ~ 9 AM All Welcome!!!</p> <p>CURRYTOWN REFORMED CHURCH 829 St. Hwy. 162, Sprakers 518-922-8422 Rev. Donald Hoaglander Visiting Pastor Jane Hubschmitt 518-705-2201 Sunday School 9:15 AM Worship Service 10 AM</p> <p>RIVER OF JUBILEE CHURCH 5057 St. Hwy. 5 S, Sprakers, NY 12166 Pastor: Gail Adamoschek Pastor: Steve Adamoschek 518-322-1427 / 518-224-4455 Sunday Service 10 AM Children's Church Available Other Learning Opportunities Available Visit us on Facebook</p> <p>SPRINGFIELD CENTER ST. MARY'S EPISCOPAL CHURCH 7690 Rt. 80, Springfield Center 315-858-4016 Fr. Kyle Grennen, Priest-in-Charge Sunday Eucharist, 9:30 AM Coffee - Fellowship follows service Holy Days - as announced</p> <p>FIRST BAPTIST CHURCH Springfield Center, NY Rev. Terence Brant 607-264-3035 Sunday School 10 AM Morning Worship 11 AM Wed. night Bible Study 7 PM</p> <p>ST. JOHNSVILLE BETHESDA FELLOWSHIP 34 S. Division St., St. Johnsville, NY 13452 518-568-2678 Summer Schedule Sunday Worship 10 AM Wed. Worship and Prayer 6 PM</p>	<p>ST. PAUL'S LUTHERAN CHURCH 32 W. Main St., St. Johnsville, NY (next to NBT Bank) 518-568-3007 Church 518-568-2405 Parsonage Rev. David Johnson Sunday Worship 10:30 AM, Tues. Bible Bungee-Jumping 7 PM, "Bible Study" that actually makes sense! A Vibrant, Welcoming Community of Faith & Vision</p> <p>SEEKER'S FELLOWSHIP 14 Park Place, St. Johnsville, NY 13452 518-568-7700 • Pastor Mike Yezierski Sunday Worship 6 PM, Tues. Prayer 7 PM, Bible Study 7 PM (Wed., Thurs. & Fri.) We teach the fullness of God's Word, a life of holiness for the believer, and salvation for all who trust in Christ's sacrifice.</p> <p>JOY FELLOWSHIP 296 Co. Hwy. 119, St. Johnsville, NY 13452 518-568-3217 • William Hayes, Pastor Joyce Loughran, Assistant Pastor Sunday School 9 AM, Morning Worship 9:30 AM Wednesday Evening Worship 6:30 PM</p> <p>ST. JOHN'SVILLE METHODIST CHURCH 7 East Main St., St. Johnsville, NY 13452 Pastor Corey Jones 518-568-7983 • 315-866-8626 Worship Sunday 3 PM</p> <p>EVERLASTING JOY BELIEVERS FELLOWSHIP 14 Park Place (in with Seekers Fellowship) St. Johnsville, NY 13452 315-858-2112 • Pastor Carolee Coye Sunday Service 10 AM</p> <p>ST. JOHN'S REFORMED CHURCH 68 W. Main St., St. Johnsville 518-568-7396 Faithfully Following Jesus Christ Sunday Worship 10:30 AM</p> <p>GRACE CHRISTIAN CHURCH Pastor Michael Torres 20 Center St., St. Johnsville, NY 13452 518-775-0366 Email gccpcastor2021@gmail.com</p> <p>STRATFORD STRATFORD UNITED METHODIST CHURCH 1511 State Route 29A Sunday Worship 9:30 AM Broadcast on 95.9 FM within 2 miles of church</p> <p>LIGHTHOUSE BAPTIST CHURCH 1524 St. Rt. 29A, PO Box 114 Stratford, NY 13470-0114 315-429-8854 • Pastor Martin Smith Sunday Morning Worship 10:30 AM; Wed. Eve. Prayer Meeting 6 PM; 2nd & 4th Sunday Dinner following Morning Service with Afternoon Service following dinner "Old-Fashioned Bible Preaching"</p> <p>TRIBES HILL SACRED HEART CATHOLIC CHURCH 111 3rd Ave., Tribes Hill 518-829-7301 Mass Saturday 4 PM</p>
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A review of Fitzsimmons's show at MVCA

by Carly Proulx

On March 26, Mohawk Valley Center for the Arts's new director, Mary Ellen McGillan, introduced the work of John Fitzsimmons, a Syracuse-based artist who has been painting and showing his work worldwide for over 20 years. The show consisted of 12 figurative oil paintings and nine etchings, a body of work that filled the room with bright light and dark shadows, a range of restless tone and a variety of color from vibrant yellow-greens to marigold, from deep reds to flesh tones.

Growing up in Upstate New York, Fitzsimmons developed a fondness for "the hard, low winter light and heavy massed forms over which light has to fight its way around." This affection becomes evident when one stands in the gallery with his paintings. Fitzsimmons's technique of incising and cross-hatching to model forms results in quite the

iconic effect. Modifying edges and adding detail as he goes, Fitzsimmons leaves behind a body of work that is cohesive on both a technical and aesthetic level, yet with each painting in demand of its own reverence. "When I'm working on a painting, so much of the time spent involves reduction, simplifying form and color until the painting starts to feel right. Sometimes these paintings take a very long time, sometimes months."

The canvases are life size compositions where we see Fitzsimmons's interest fluctuate between painting the individual figure and groups of figures. One eye-catching panoramic view is a painting of multiple figures of the same woman, all loosely wrapped in red drapery standing barefoot in the grass. Equally striking is the tonal antithesis where two standing figures of the same model, cloaked in red, cast a warm light amid

the dark. The most peaceful painting, a nude horizontal of a blonde woman lying on her side, hangs on the back wall. Peaceful perhaps, but still tension hides behind her eyelids, as if to convey that even in sleep this woman's work wasn't nearly done. Another woman stands outside next to a tree, their shadows talking among themselves. The woman's gaze is sloping downward, the window of her eye's expression closed. Conversely, the viewer is stopped in their tracks after meeting two green eyes peering out from a red cloak. A dark-haired woman, nestled within a gray background in the painting titled "Then and Never" is most captivating, but what's behind this woman's gaze remains a mystery.

Ambiguity is a big part of the theme. The excavation of both the action of the artist when creating the work and the onlookers search for meaning

is perhaps one and the same journey. "When I am painting, I am digging, looking for a kernel, a seed, an essence that is there; I just need to find it." What's left after the digging is done isn't any one thing. It is left open for interpretation.

Fitzsimmons offers us a different perspective with his etchings. Inky and unlit, these prints are seductive in a different way, the mood rendered being more somber. Fitzsimmons's emotional state when creating his work might be subconscious, a way of transcending this world's over analytical plight, but fortunately for the viewer, the end result isn't quite as subtle. He informs that his art is "unspeakable," or rather that these images are more about "what's not being said."

What little description Fitzsimmons describes to his work is most accurately portrayed in the two side-by-side verti-

cal paintings of a buxom red-haired woman. He said many of his works are about a "conflicted dual nature, arguments with himself, right brain vs. left brain, ideals vs. pragmatism." On the right she appears lost in thought and her hand is on her heart. Is she about to surrender? And on the left her gaze is forward, her footing firm. Is she empowered?

This show pokes and prods at the structures

of our emotional life, reminding us what it is to be here, to feel things we don't always have a name for or a personal connection to; to scratch, sometimes uncomfortably so beyond the surface to reveal that something unknown, that great big mystery that links us to one another, and to keep making that discovery. See this work and let yourself feel whatever it is you will feel, unspeakable or not.

Bible Trivia

by Wilson Casey

1. Is the book of John in the Old or New Testament or neither?

2. In Matthew 17, from where did Peter get money to pay the temple tax? Mountaintop, Cupboard, Fish's mouth, Ground

3. What did the angel who met Joshua outside Jericho tell him to remove? Belt, Cloak, Guilt, Shoes

4. From Mark 2 and Luke 5, what was Matthew's other name? Simon, Levi, Nergal, Ammon

5. Who/what was Caesarea Philippi? Julius Caesar's wife, Town, Tomb, Mountain

6. From Luke 3, how old was Jesus at His baptism? A baby, 7, 12, Around 30

Answers: 1) New; 2) Fish's mouth; 3) Shoes; 4) Levi; 5) Town; 6) Around 30

Comments? More Trivia? Gift ideas? Visit www.TriviaGuy.com
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How non-traditional families can celebrate Mother's Day

Make It a Beautiful Day

No two families are the same. What may be "normal" for one family could be quite unique to another.

Because families are so different, days such as Mother's Day, Father's Day, Grandparents' Day and even days devoted to siblings or cousins present opportunities for families to celebrate diversity while honoring their family members.

Branch Out to Many Caregivers

Certainly a person becomes a mother if she has given birth to a child. But motherhood is a much broader concept.

Many women are mothers to children with whom they have little to no biological connection. Some may be relatives that filled the void left by a mother who passed away or was unable to care for children. Anyone who has stepped into the role of caretaker can and should be celebrated on Mother's Day.

Recognizing Stepmothers

The notion of the "evil stepmother" in fairy tales is inaccurate. Many children have very close relationships with their stepmothers – even retaining relationships should the stepmother divorce

out of the family. Modern families even include strong connections between stepmothers and biological mothers, with each doing her part to make sure children are getting the love and support they need.

Same-Sex Relationships

Families continue to evolve, and same-sex couples are raising children. Among married same-sex couples, 18.9% of the households have children under age 18. These non-traditional families can be creative as they navigate holidays like Mother's Day or Father's Day. One way to do so is to celebrate one parent on Mother's Day and the other on Father's Day. However, families also can remove gender labels and celebrate both days as Parents Day, casting love and affection on caregivers however they see fit.

Absent But Not Forgotten

Some mothers are not present in children's lives for various reasons. These can include death, incarceration, illness, military deployment or enrollment in a rehabilitation program. Mother's Day can

be a time of mixed emotions for individuals whose moms are not present, and families can work together to find ways to celebrate. This may be visiting the cemetery to pay respects or sending a letter to express one's feelings. Individuals also can recognize those people who act as surrogate mothers, including special friends or coworkers who always listen and offer advice.

Mother's Day can be recognized with flexibility and creativity within non-traditional families.



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2022 is the Year of the Lilac!

Do you know why?



Lilacs are well-loved for their toughness, reliability and fragrance. They are among the most carefree spring-flowering, multi-stemmed, deciduous shrubs (or small trees) for your landscape.

Syringa vulgaris, the common lilac, originated in southeastern Europe; other species came from Western Asia. The French imported lilacs and developed many new varieties that made their way to North America.

Lilac blooms go far beyond every imaginable shade of lilac/purple from very pale to very dark. Look for lilacs in hues of red, pink, blue, yellow, cream and white – even picotee (white-edged, deep purple “Sensation”). The color may change from bud to bloom as the flowers mature. Individual flowers can be single or double.

There are about 30 different species of lilac. Here are a few of the best-known and prized lilacs:

- *Syringa x chinensis* (Chinese lilac) – Grows eight to 12 feet tall and six to 10 feet wide. Hardy to Zone 3. Rose-purple flowers. Susceptible to powdery mildew.
- *Syringa x hyacinthiflora* (Early flowering lilac) – Grows 10 to 12 feet high

and wide. Hardy to Zone 3. Exquisitely fragrant flowers may be single or double, opening seven to 10 days before those of the common lilac. Unlike other lilacs, the foliage has multi-season interest, turning shades of gold, red or purple in autumn. Resistant to powdery mildew. Attracts butterflies and hummingbirds. “Pocahontas” panicles are packed with fragrant, single, rich violet flowers.

- *Syringa josikaea* (Hungarian lilac) – Grows eight to 10 feet tall and 10 to 12 feet wide. Hardy to Zone 5. Late-blooming with deep lilac-purple, slightly fragrant flowers.

Learn more about lilacs at ngb.org/year-of-the-lilac.



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To Your Good Health

by Keith Roach, M.D.

Treat Leg Swelling with Horse Chestnuts?

Dear Dr. Roach: I am a 75-year-old male who was diagnosed two years ago with superficial venous insufficiency. Venous ablation was considered, but my cardiologist informed me that it most likely would not improve my condition. Therefore, the best treatment is to wear compression socks and elevate my legs as much as possible. I am following my cardiologist's advice.

I recently read a recommendation to take horse chestnut seed extract (*Aesculus hippocastanum*) and to look for products that have had the toxic substance esculin removed. I discussed this with my cardiologist's physician assistant, and she saw no reason not to try it. What do you think? - M.P.

Answer: Some years ago, I saw a well-done study showing that horse chestnut extract is an effective treatment for the swelling associated with venous insufficiency. The dose usually studied has been 300 mg of the extract, standardized to 50 mg of escin, twice daily. The side effects noted in studies have been both infrequent and mild, and I have had several patients try it.

Unfortunately, my patients' experiences have not been successful. I don't know whether that was just bad luck that I had patients who didn't respond, or

whether they did not get an effective medication.

One big problem with herbal treatments in the U.S., which are sold as dietary supplements, is that the purity and standardization cannot be guaranteed. They are not well regulated, as compared with pharmaceuticals. I am sure there are ethical manufacturers who follow good practices, but the literature on supplements in general has shown that some products for sale do not contain the amount of the substance they purport to. There is no brand I feel comfortable recommending.

Nonetheless, I think it is reasonable to try, especially in combination with standard therapy, which includes compression stockings during the day and at least three sessions of raising the legs above the heart for 30 minutes at a time.

Dear Dr. Roach: My 57-year-old son has been diagnosed with stage 1 pancreatic cancer. He has chosen not to have surgery, nor take chemotherapy or radiation. He has his own personal reasons and I respect that. Do you know of any other treatments, such as diet? - Anon.

Answer: Every person has the right to seek or refuse treatment. However, stage 1 pancreatic cancer is potentially curable with surgery, and time is of the essence. Many people have changed their minds about

seeking standard treatment only after alternative treatment fails and their disease progresses. While I understand your respect for his decision, it is hard for an outsider like me to see someone refuse potentially curative treatment for a disease that will shortly become incurable in all likelihood. Hopefully his decision was made based on a thorough and careful review of the facts.

While a healthy diet, herbs, massage and other therapies may be helpful in making people feel better, there is no good evidence that they will cure this terrible disease.

Dr. Roach regrets that he is unable to answer individual questions but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Now Here's A Tip

by JoAnn Derson

- A great idea for mini ice packs: Freeze ketchup packets you get from takeout food. They are great for icing small bumps or bug bites.

- Spread a teaspoon of peanut butter thinly on a paper plate. Then when the dog is busy with its treat, you can trim its nails. Or sometimes just having it nearby as a promised treat can do the trick to distract your pet. Good luck.

- "One of the things I do each spring (and fall) is to go through my makeup and toss the old items. I also restock my first-aid kit and get new bottles of sunscreen and bug spray to keep in my car kit, so I will always have it around." - E.A. in California

- Love beans but trying to save a little money? Don't be intimidated by dry beans; just rinse them and chuck

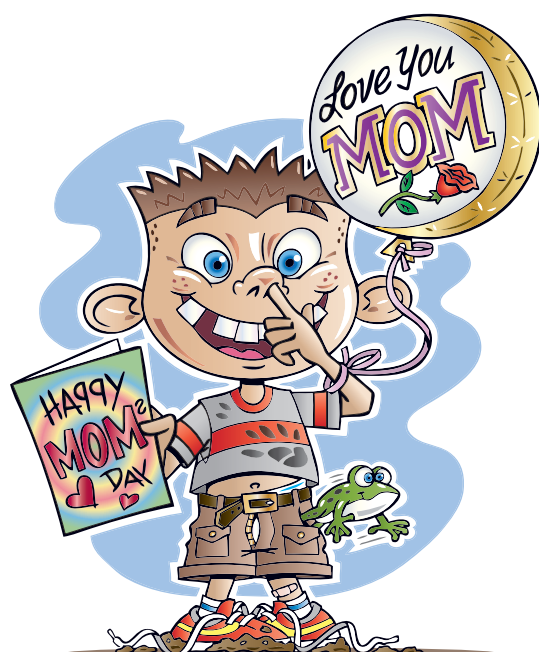
them in the slow cooker. Add water according to package directions and cook on low for up to eight hours. After they cool, you can bag them in freezer-safe, zipper-top bags and freeze them for easy use later.

- "On a health kick: Step one is to keep a food and activity diary for a week. You can get an idea of what you eat, what times of the day you are overeating and the areas where you can make improvements. Knowledge is power!" - V.R. in Oregon

- J.D. of Massachusetts writes: Mix 1/2 cup vinegar and a chamomile tea bag in a pan of medium hot water. Let cool slightly and soak feet for up to 10 minutes. Follow up with foot powder or deodorant.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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5/12	5/6
5/19	5/13
5/26	5/20
6/2	5/27
6/9	6/3
6/16	6/10
6/23	6/17

Illustrations of items for sale: Books, Glasses, Toys, a lamp, a golf bag, a watering can.

Herkimer HealthNet presents donation to support Community Transportation Service

Herkimer County HealthNet Executive Director Elyse Enea has presented a \$1,000 check to Community Transportation Services. CTS is a nonprofit organization that provides assistance to the elderly, disabled and disadvantaged in the Central Adirondack area by providing necessary transportation, without cost, for medical, health and other related services.

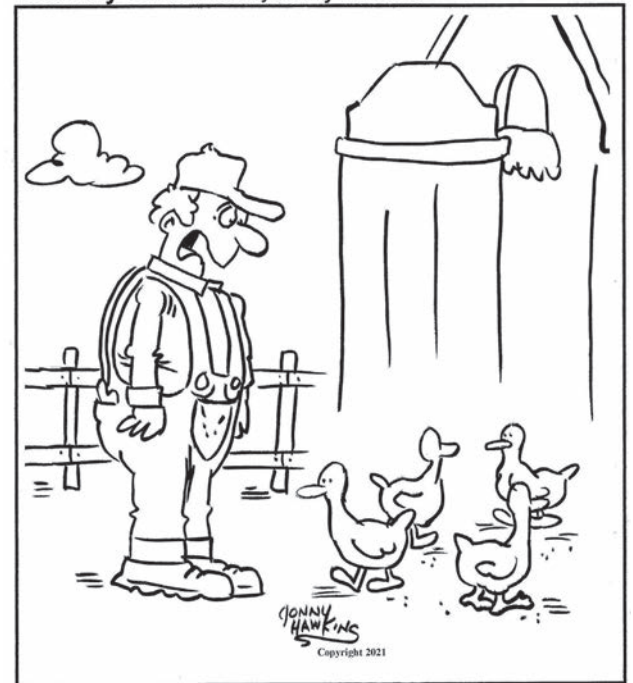
Enea said "We have partnered with CTS for a number of years, supporting their work to provide transportation services. With the significant growth in the numbers of residents needing assistance, HCHN was glad to provide this investment in serving our community and helping to assure people have access to the health care they need."

CTS is an all-volunteer service in the Old Forge area, providing support to people who do not have available transportation. For more information on volunteering contact 315.369.2830.

*Herkimer County HealthNet Executive Director Elyse Enea presenting the check to Community Transportation Services.
Photo courtesy of Herkimer County HealthNet*



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Herkimer College makes appointments

Herkimer County Community College has appointed Sara Geger of Mohawk as administrative assistant to the Dean of Students/Director of Athletics.

Geger will provide administrative support and assistance to the offices of the Dean of Students/Director of Athletics and the Director of Campus Safety. She has held the position of office assistant in the Humanities/Social Sciences division at Herkimer College since 2020. Her prior experience includes patient access associate for Mosaic Health, secretary for Utica Pediatrics and administrative office assistant for Bassett Healthcare.

Geger holds an AOS degree in executive administrative specialist from the Utica School of Commerce.

The college has also appointed William H. Blovat of

Ilion to the position of electrician.

Blovat has more than 30 years of experience in residential, commercial and industrial maintenance and construction. He is skilled in the installation and maintenance of electrical wiring apparatus and equipment, and has significant experience as an industrial electrical technician, as well as in machining, welding, plumbing and building maintenance.

Blovat was most recently employed by Mohawk Valley Health System as a facilities maintenance/electrical technician at the St. Elizabeth campus in Utica. He also has been an industrial electrical technician for Remington Arms Company, a millwright/industrial electrician for Burrows Paper Corporation and a plant industrial technician for H.M. Quackenbush Inc.

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How to grow onions

by **Bonnie Kirn Donahue**,
Extension Master
Gardener, UVM

A simple staple in many cuisines and recipes, onions can be a satisfying plant to grow in the garden. While it's easy to buy them at the grocery store, fresh onions are unique in flavor and intensity.

I like to grow onions from sets, which are basically small, dried onion bulbs. Sets can be

purchased in bags or by the pound from your local garden or hardware store. Try to select sets that are smaller than three-quarters inch to help prevent the plants from bolting too early.

Often you may find a few varieties of white or purple onions. Grab some of each and test out what grows or tastes better for you.

Onions are one of the

first vegetables that can be planted in the spring. The best time to plant them is about two to four weeks before the last hard frost, or late April to early May. It is best practice to rotate the vegetable families in your beds each year, so try to plant all alliums in a different location than you did the year before.

Cabbage, beets, strawberries and lettuce are

good companion plants for onions as the strong onion scent will help deter pests, while planting with peas and beans should be avoided. Onions can be planted individually throughout the garden or planted in a group. If space is an issue, consider interplanting with dill or other herbs that won't compete for light and room.

Onions need to be grown in full sun in nutrient-rich soil with good drainage. The pH of the soil should be between 6.2 and 6.8. You can check the pH of your soil with an over the counter kits or send your soil sample a local soil testing lab.

Plant onion sets one inch deep. Depending on the expected size of the onion variety, plant the sets approximately two to four inches apart.

Onions are sensitive to drought and need consistent, moist soil throughout the growing season. To check soil moisture, place your finger in the soil, about one inch deep. If the soil is damp,



To ensure a good harvest, plant onions in full sun in nutrient-rich soil with good drainage.

Photo by Tom Hermanns/Unsplash

watering is not required. If the soil is dry or dusty, it's time to water.

As the onions grow, the

bulbs will begin to emerge from the soil. This is normal and does not require any intervention. Onions are ready to harvest when the tops begin to fall over.

When harvesting, keep the green leaves intact while gently pulling up the bulbs. Dry the onions in a warm, shaded place with plenty of airflow for a couple of weeks until the leaves and roots are dry. After curing outdoors, onions can be stored indoors in a cool, dry place with good air circulation.

Enjoy your homegrown onions in stir fries, soups, curries, main dishes, side dishes, pickled, battered, fried and more.



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How women professionals can make more time for family

Women wear many hats every day. That's especially true for women juggling families and careers. Chauffeur, negotiator, advocate, moderator, mom, wife and employee are just some of the titles that apply to modern women.

Data from the U.S. Department of Labor and the U.S. Census Bureau indicate women represent nearly half of the U.S. workforce, but women still devote more time than men to housework and childcare. While few are advocating for traditional gender roles of the past to be reinstated, a 2012 Pew Research survey found that very few adults (16%) indicated having a mother who works full-time is the "ideal situation" for the family. Nearly 42% said a mother who works part-time is ideal. Even among full-time working mothers, only about 20% said that having a full-time working mother is ideal for young children.

"Ideal" is not always practical, and since the Pew survey, the workforce has changed in many ways, particularly by the number of employers who have adopted family-friendly policies or pivoted to remote working during the pandemic. That means working moms have even greater leverage to find a balance that works for their unique situations. These tips can help women free up more time for what's most meaningful to them.

- Employ time-saving strategies – Embrace ways to save time during

the day. Order groceries online during a lunch break and pick them up curbside after work. Pool resources with a neighbor to cover school transportation if busing is not provided. Schedule conference calls during commutes so they don't eat into the rest of the day.

- Define your priorities – Think about what cannot be compromised or negotiated. Maybe that is being home at a particular time each day, so the family enjoys dinner together. Get clear ideas of what you value most so you can build plans around those priorities.

- Take vacation time – Make it a point to use all vacation time, coordinating days off to coincide with family members' days off. Family vacations offer the best shots at uninterrupted, enjoyable time together. They should be ranked highly and scheduled early to ensure travel is possible.

- Use technology to stay connected – There are times when the family may not be able to gather in person. This became evident at the start of the pandemic, when social distancing and isolation became a cautionary tactic to prevent disease proliferation. If the kids are missing you or you are missing the kids at any time during the day, a video chat can be just what everyone needs to feel better.

- Outsource housework and chores with smart ideas – If the budget is

there, hire a housekeeper to come in weekly to tame messes around the house. A "mom's helper" can be hired to come in and tend to certain needs. Family calendar apps can serve as personal assistants to keep track of family appointments. Clothing subscription boxes save time and provide a way to have carefully curated outfits shipped right to your home. A robot vacuum can tame dog fur on the rug while you are working in a home office. These ideas can free up additional time to spend with the family.

Working mothers can employ strategies to ensure ample time can be devoted to the ones they love.



Thank You Mom

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Here are some common questions we were asked from our first time visitors, maybe you're curious too?

Q: Are you open all year round?

A: Yes we are, 7 days a week. Our hours do change seasonally and we do close for a few of the holidays but other than that, we are open year round!

Q: Do you sell on line?

A: Yes, we have an on line catalog, <https://theshopsatwagnersquare.myshopify.com>

Q: Can we shop in the store and still have our items shipped home?

A: YES! Our boaters and cyclists ask this one a lot.

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This one is not so much a question but an observation!

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Good Housekeeping

Healthy Key Lime Pie

Fat-free sweetened condensed milk and fat-free yogurt trim the fat and calories from this luscious lime pie.

1 1/4 cups low-fat graham cracker crumbs

4 tablespoons trans-fat free vegetable oil spread (60% to 70% oil)

1 tablespoon sugar

1/8 teaspoon salt

1/3 cup cold water

1 envelope unflavored gelatin

22 Key limes or 4 to 5 regular limes

1 can (14-ounce) fat-free sweetened condensed milk

1 1/2 cup plain fat-free yogurt

1. Preheat oven to 375 F. In 9-inch glass pie plate, mix crumbs with spread, sugar and salt to moisten. With hand, press onto bottom and up sides of pie plate. Bake 10 to 12 minutes, until golden. Cool until ready to fill.

2. Meanwhile, to 1-quart saucepan, add water; sprinkle with gelatin. Let stand 2 minutes to soften. Cook on low to dissolve, stirring. Remove from heat.

3. From limes, grate 2 teaspoons peel and squeeze 1/2 cup juice; if using Key limes, do not use grated peel - it will make filling taste bitter. In bowl, whisk lime peel and juice, milk and yogurt. Whisk in gelatin mixture.

4. Spoon filling into crust. Cover; refrigerate at least 2 hours to set. Serves 10.

• Each serving: About 235 calories, 5g total fat (1g saturated), 6mg cholesterol, 185mg sodium, 42g total carbohydrate, 7g protein.

For thousands of triple-tested recipes, visit www.goodhousekeeping.com/food-recipes/.

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Mother's Day

How to plan a special Mother's Day as pandemic restrictions are lifted

Mother's Day has felt a little less than normal over the last couple of years. COVID-19 led to the cancellation of many Mother's Day gatherings in 2020, and while things felt more familiar in 2021, this year may mark the most normal Mother's Day celebrations since 2019.

Pandemic-related restrictions have now been lifted in many places. Though it's best to confirm if any rules and restrictions are still in place before making any plans, individuals who want to make sure Mom has a special day can consider these planning pointers.

- Revisit old traditions – There's many ways to let Mom know she's special, but after two years of living under the specter of a pandemic, few things might be as meaningful to Mom as a return to pre-pandemic traditions. Book a trip to a destination you've visited on Mother's Day in the past. If possible, visit a locale where Mom spent her first Mother's Day as a parent, ideally staying in the same hotel or rental home that hosted you back then. If it was once tradition to spend Mother's Day in a big city, return there and enjoy a day that recalls pre-pandemic life.

- Book a special trip – Millions of people canceled or postponed travel plans during the pandemic. Now that many places, including foreign countries, have lifted travel restrictions, families can feel safe taking off for parts unknown. Such a trip can be even more special if it's a surprise for Mom on Mother's Day weekend.

- Make it a family affair – Even Mother's Day celebrations in 2021 were likely smaller affairs than some moms might have preferred. If Mom spent some time wishing more family could be around on Mother's Day over the last two years, make a concerted effort to include as many family members as possible this year. Encourage grown children to travel home for the

holiday and invite Mom's parents and siblings over to celebrate as well.

- Get out of the house – A homecooked meal might have warmed Mom's heart in recent years, but a day out of the house might be especially welcomed this Mother's Day. Book a reservation at Mom's favorite local restaurant so no one has any cooking or cleaning to do this year. Just be sure to book a reservation early, as the competition for a table figures to be especially stiff this year.

- Start the day off with a spa visit – Moms might have put pampering on hold during the pandemic. Now that public health agencies have given the go-ahead to lift restrictions, a good pampering is undoubtedly in order. A Mother's Day morning spa trip can start the day off right.

Mother's Day celebrations in 2022 should feel



more normal than they have in years. Families can capitalize on that by planning a day Mom won't soon forget.

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You will leave feeling relaxed, learn how to take 5 for yourself and that putting yourself on the top of the list is OK and should be done daily!

This event is **RESERVATION ONLY** and you must reserve or purchase ticket before hand to ensure we have enough SWAG bags for all whom attend.

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Put a spring in your step with these energy-boosting tips

(BPT) - Days are getting longer, temps are warming up, and you have lots of plans - but do you lack the energy to make them happen? After spending winter mostly indoors, it can be tough to transition to the change in seasons. Fortunately, simple meal and snack swaps, plus new approaches to your exercise routine, can help get you moving again.

Here are easy tips to follow to help you feel ready for just about anything this season.

Choose energy-boosting foods

"You can find more effective - and longer-lasting - energy boosters than reaching for additional cups of coffee or a sugary snack," says Colette Heimowitz, vice president of Nutrition and Education at Simply Good Foods Company. "You'll notice a big difference in your mood and energy levels just from swapping out high-glycemic carbs with added sugars and refined grains for higher quality, energy-boosting choices like

colorful vegetables, low-glycemic fruits and high-fiber whole grains."

For better long-term energy and nutrition, try:

- Apples - Apples provide filling fiber, vitamin C and antioxidants. Pair an apple with peanut butter or cheese to lessen the glycemic impact.
- Avocados - These are a great source of heart-friendly monounsaturated fat, plus oleic acid, folate and vitamin E. Have half an avocado as a snack on toasted sprouted bread, or add slices to tossed salad or scrambled eggs. An avocado a day combined with a healthy diet may lower LDL cholesterol.
- Nuts - Most nuts combine protein, healthy fats and fiber that help you feel full, so you're less likely to experience energy dips. Aim for up to two one-ounce nut snacks per day, such as topping a serving of full-fat Greek yogurt in the morning or for an afternoon snack.
- Leafy green vegetables - Spinach is one example, full of nutrients like fiber, iron, calcium, magnesium, potassium, vitamins A, C, E and K - plus energy-boosting iron. Add spinach to any egg dish, soup or salad.
- Fatty fish - Salmon is popular for good reason, as it's flavorful plus full of protein and heart-healthy

Put 20



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omega-3 fatty acids to fill you up and minimize blood sugar swings.

• **Atkins Iced Chai Protein Shake** - For a quick pick-me-up, this ready-to-drink creamy shake is made with real tea and spiced chai flavor. It contains as much caffeine as a cup of tea while delivering protein and fiber, offering a non-coffee alternative for those seeking more protein and energy.

Try this recipe for a protein boost:

Chai Latte Overnight Oats

Ingredients

2 tablespoons quick cooking oats, raw

2 tablespoons hemp hearts

2 tablespoons chia seeds

2 tablespoons coconut, unsweetened, shredded

1 Atkins Iced Chai Protein Shake

1 tablespoon pine nuts, roasted

1 teaspoon coconut, unsweetened, shredded

2 pinches ground cinnamon

Directions

In each of 2 6-ounce jars with lids, mix 1 tablespoon oats, 1 tablespoon chia seeds, 1 tablespoon hemp hearts and 1 tablespoon coconut shreds until evenly combined. Add half the shake (5.5 fluid ounces) to each jar and mix until very well combined. Cover with lids and refrigerate at least 4 hours, or overnight.

Before serving, lightly toast pine nuts in a 400-degree oven for 3 minutes, shaking once halfway through. Top each jar with 1/2 tablespoon roasted pine nuts, 1/2 teaspoon coconut shreds and a pinch cinnamon. Makes 2 servings.



PUBLIC AUCTION

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Jake and Barbie Kauffman 518-898-7366

1181 St. Hwy 163, Canajoharie, NY 13317

48 Head of Jersey, Holstein,
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40 Milk Cows - 6 Heifers - 2 Bulls
10 Milking Cows are Tested and
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Catalogs Will Be Available at Sale Time

Auctioneers Note: This herd would do well as grass-fed or grain-fed operations, lots of early lactation cows and first calf heifers.



Lic # AU005568

518-921-2016
Auction Zip # 18971

**All Announcements
Day of Sale
Take Precedence
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Visit Atkins.com for more low-carb nutrition ideas. Springtime is the best time to get moving. Spring weather is perfect for getting outside and enjoying a dose of immune-boosting vitamin D, whether walking with friends, running or biking. Exercise helps:

- Preserve and build lean body mass
- Improve mood and decrease depression
- Maintain weight loss or lose weight
- Prevent heart disease, diabetes, metabolic syndrome and more
- Improve sleep
- Boost energy

Level up your usual routine or try something new

Even if you exercise regularly, your body gets used to your current level of exercise and may no longer feel challenged. You may need a refresh. Do you enjoy walking on a treadmill or biking indoors? Take it outside or increase your pace. Plateaued in your strength routine? Add more reps or weight.

Challenge your body with a new activity. Ever try pickleball or badminton? How about salsa or line

Mohawk Valley Spring Machinery Consignment Sale

- 52nd Annual -

1300 State Hwy 163, Fort Plain, NY

Sat. April 30, 2022 • 9:30 AM

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Includes Shelving, Shed, Glassware, Tools,
Hinges. Much, much more.

Sat., April 30th at 10:00 AM

All Products 1st and 2nd Floor
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Sat., May 14th at 10:00 AM

Complete Cleanout of Back Room
Pallet Racking, Barn Wood and
much, much more!



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dancing? Or stream new workouts, from yoga to jump roping. Find something that adds excitement to your routine, that you look forward to doing.

Following these tips, you'll find yourself bursting with energy as you welcome the longer, warmer spring days.

HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday – Misc. items, Poultry & produce etc. will start approx. 12:00. 1:00 we will start Dairy followed by all other livestock. **Let's keep the cattle in the market place to help the competition – sending direct gives you no competition.**

Mon. April 11th – Sold 235 head - Cull Dairy ave. \$.66 top cow \$.88, cull beef cows \$.70 - \$.77, Grassfed Organic cull dairy \$.90 - \$.93, Organic cull Dairy \$.93 - \$.99, bull calves top \$2.15, top beef calf \$2.70, heifer calves \$.35 top beef calf \$2.50, Dairy feeders \$.25 - \$1.09, Pygmy kid goats \$80 - \$135, cull sheep \$1.45 - \$1.65, Lambs 43#-60# \$2.85 - \$3.40.

Sat. April 23rd – Sale held at our facility. Starting at 9:30 AM on small items. Our Annual Spring Machinery Consignment Auction. Selling Tractors, Haying Equip, Forage Equip, Vehicles plus more. Early Consignments: 7040 Allis Chalmers w/cab; D17 Allis Chalmers w/loader; Farmall M wide front end w/JD mower; several Kicker wagons; NI one row corn picker; JD 46 haybaler; NH 315 Hay baler; NH 851 Round baler; hay elevators; 2010 JD Tractors; 440 JD Dozer; 4ft snowblower; 17' Grieman Aluminum Canoe, Farmall 706; NH rake; plus much more. Expect a field full – come early stay late!

Mon. April 25th – Normal Monday Sale & Monthly Organic Day. Special: (conventional) Windy Knoll Farm – Complete Dairy Dispersal. 90 Head of Holsteins – some R&W's. 50 Milking age balance heifers. DHI RHA 17926 3.7 671 3.2 570. This is a Spring herd – cows are AI Sired & Bred – 16 fresh in the last 30 days – with some milking over 100# and 30 more due in the next 30 days. This is a young exceptional tie stall dairy that goes out daily. Mostly ABS sired herd with a nice group of R&W's. 16 of the nicest bred heifers you'll find due between now and June.

21 exceptional open heifers with most ready to be bred. Don't miss this sale the Ulmers have been milking in excess of 70 years – you will appreciate the quality of this Dairy.

Also Special: Certified Grassfed Organic Herd Reduction from Madison Cty Dairy. Selling 20 milking age in all stages of lactation – mostly Jersey X, Holstein Cross, Milking Shorthorn, Norwegian RedX. All have been AI bred to Polled and A2A2 sires. SCC Ave. is under 200,000. Also another Certified Organic group of Holstein Heifers ready to breed and some bred and 1 Springer. 4 Certified Organic started Holstein Heifers.

Friday, April 29 – 11:30 AM Sale held at our Facility. Herd Reduction Sale- Genetics from Sunny Acres Swiss & Sharmica Jerseys. Consisting of 50 head of Registered Brown Swiss & Jerseys – 20 Milking age, 30 heifers. Featuring family members of show winner's. Showage heifers and nice Young Fancy Milking age. This is your opportunity to get into this tremendous Breeding & Developing Brown Swiss for 50 Years! Jersey RHA 16438 3.9 736 3.4 555; Brown Swiss RHA 17840 3.9 700 3.4 577. Low SCC on this herd. Also watch for Complete Milking herd and Select Heifer Dispersal for Terry View Jerseys 50 Milking age Cows with select calves and Springing heifers. SCC 180,000 and Silver Quality Milk Award 2021! Lot of milk and really good udders and deep pedigrees you will not be disappointed in this herd. Another group of deep pedigree & fancy heifers from Zubby Jerseys. This sale is now full. Contact Sharla Woodrow for any info on Sunny-Acres & Sharmica 607-437-8498, Dan Hosking 607-972-8773. Watch future ads for more details.

Mon. May 2nd – Normal Monday Sale & Monthly Fat Cow Feeder Sale – this will be our Annual Spring beef Turnout Sale. 2 different groups of great quality Angus feeders around 600# from different farms. Several other groups consigned also. Call to advertise your group – beef prices are very strong now is the time to sell.

Sat. May 7th – Sale held on the farm. 10:30 AM – Oxford, NY. Carl Cummings Shop & Equipment Auction. Carl is relocating after Decades of living here. He's selling everything in his shops, tools, tools & more tools, compressors, welders both new & old, hand tools, elec tools, gates etc. expect surprises he is still digging. Also selling various household furnishings etc...GPS address: 4691 Co. Road #32, Oxford, NY. Note: there will be a 10% buyers premium on each item sold plus an additional 3% service fee on all Credit Cards.

Sat. May 21st – Sale held at Genesee County Fairgrounds. NYS Jersey Sale – The Next Generation New York State Jersey Sale. Sale is to support the State Club and will feature Elite Type animals of all ages as well as some High Genomic Individuals. Contact Rebecca Ferry 518-248-9294. Watch for more details.

Sat. June 4th – Little Valley, NY – Cattaraugus County Fairgrounds. WNY Summer Showcase 2022 All Breeds Sale/Show. Sunday June 5th is the Show. Sale starts at 12:00 Noon. Sale animals will be showage calves, heifers and cows mostly all show prospects. Watch for more details.

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How to make early retirement a reality

Retirement is something millions of professionals aspire to. Retirement isn't necessarily when a person stops working forever. In fact, many retirees continue working as part-time volunteers and consultants.

Individuals have traditionally retired at the age of 65. However, the United States Social Security Administration indicates the normal retirement age (NRA) is the age at which retirement benefits are equal to the primary insurance amount. Primary insurance amount is based on a certain formula that includes year of birth. For most people born in 1960 and later, NRA is 67. Choosing to retire earlier may result in reduced benefits. But people who have financially planned for an early retirement may not view a decline in SSA benefits as a deterrent. If early retirement is a goal, these strategies could make it happen.

• **Use a retirement formula.** The retirement planning resource New Retirement says that the basic formula for retirement is to accumulate 25 times your annual expenses and then plan to draw down no more than 4 percent of that value every year. For example, if you spend \$50,000 per year, then you need to have \$1,250,000 in savings to be able to retire. Budget to realize that savings goal. For those who have trouble

calculating retirement figures, utilize this planner: www.newretirement.com/retirement/planner-signup/, which offers various retirement strategies.

• **Trim extra expenses.** Reduce your spending to put more cash toward your future. Comb through credit card statements and look at various bills to see where you can save.

• **Reduce your biggest expenses.** Food, transportation and housing comprise most people's largest expenditures. Instead of routinely buying new cars, look for certified pre-owned models, which are equally reliable. Carpool to save money on commutes. Reduce food expenses by shopping sales and making eating out a luxury and not a regular thing. Downsize your home or rent out a room, or apartment if it is a two-family, to offset mortgage costs.

• **Consider a government gig or another pension-backed job.** Pensions used to be part of many companies' benefit packages, but now they're harder to come by. Focus employment on companies or careers that offer retirement perks that go beyond what a 401(k) offers. A pension waiting for you may mean you don't have to do as much personal scrimping and saving for an early retirement.



With the right savings strategies, early retirement can be a reality.

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PONY SALE SATURDAY, MAY 7TH

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Accepting Consignments by phone April 15th to May 4th.

Maximum consignments will be 30 Head of Reg Ponies plus Hackney's

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Elam Kauffman 717-413-3816

LAWN & GARDEN CONSIGNMENTS WANTED

Already Consigned: 1 dog kennel shed 10x20' with radiant floor heat.

John Fisher 518-795-7797

LUMBER & BUILDING MATERIAL CONSIGNMENTS WANTED

Jonas Stoltzfus 518-925-2478

QUILT CONSIGNMENTS WANTED

Joe Zook 518-993-5593

SMALL ANIMALS SELLING SATURDAY, MAY 7th

All caged animals must be in a see through wire or plastic cage.

SMALL ANIMAL CONSIGNMENTS WANTED

Daniel Stoltzfus 518-993-5181

Paw's Corner

by Sam Mazzotta
**Social Media a Bad Idea
When Rehoming Pets**

Dear Paw's Corner:

I read about Sherrie's dilemma in trying to rehome her grandmother's cats. Should she maybe put a notice in the newspaper or on Facebook that the cats need a good home? - Gerry O., via email

Dear Gerry: On the surface, it seems like a good idea. But there are some dangers involved in

rehoming cats using these routes. In fact, many publications and some social media sites - most notably, Facebook - do not allow posts about pets being available for free or for sale.

The danger for pets is that they could go to a home that's not going to meet their needs, where they may be abused. They may not even go to a home - dogs, puppies and even kittens have been

obtained this way by promoters of illegal dog fights, or by others with bad intentions, where they meet a terrible end.

For humans, the danger with rehoming via the internet is that the person they're meeting may be setting them up as a target. Whether to rob them directly or initiate a con job to get even more money out of them, the danger is real.

The best ways for Sherrie to get the word out about needing to rehome the cats is to talk directly to friends and relatives, let the veterinarian know and contact the local shelter. More information can be found by searching for "rehoming your pet" at the national Humane Society website at humane-society.org.

Send your questions, tips and comments to ask@pawscorner.com.

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PUBLIC AUCTION ON SITE



Organic Dairy Dispersal

WED., APRIL 27, 2022 AT 10 AM

Ray and Barbara Byler

211 Co. Rt. 30, Jordanville, NY 13361

- 607-264-9090 -

60 Cows and Heifers

26 Holsteins - 10 Crossbred Cows

In All Lactations

17 Heifers Breeding Age or Short Bred

7 Calf's Up to 8 Months Old

Vaccinated and Vet Checked by Day of Sale

A2-A2 Test Results by Day of Sale

6 Delaval Bucket Milker Units

and Misc. Related Items;

Approximately 500 Bales

Organic Dry Hay

Auctioneers Note: Organic herd since 2004.
Majority of herd low lactation.



Lic # AU005568

518-921-2016
Auction Zip # 18971

Hot Food Day of Sale

**All Announcements
Day of Sale
Take Precedence
Over Advertising**

SMALL ANIMAL AUCTION

Fri., May 6th at 6PM

Sales Are Every Month

1st & 3rd Friday at 6PM

Wanted - Chickens

Ducks - Rabbits - Sheep

Goats - Lambs - Pigs,

Calves - Open Heifers

CONSIGNMENTS

ARE WELCOME

EGGLESTON

AUCTION SERVICE

2938 Cty. Hwy. 31

E. Springfield, NY

315-982-4084

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325 Custom Butchering
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445 Farm Machinery Wanted
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480 Fish
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494 For Lease
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527 Furniture
529 Garage Sales
530 Garden Supplies
535 Generators
537 Gifts
575 Greenhouse Supplies
585 Guns
587 Hair Styling
589 Hardware
600 Health Care/Products
605 Heating
610 Help Wanted
653 Hotel / Motel
683 Jewelers
700 Lawn & Garden
711 Lessons
760 Lumber & Wood Products
790 Maple Syrup Supplies
805 Miscellaneous
810 Mobile Homes
811 Monuments
812 Multi Media
813 Music
815 Motorcycles
817 Nails
820 Nurseries
910 Plants
950 Real Estate For Sale
955 Real Estate Wanted
960 RVs & Motor Homes
975 Rentals
980 Restaurant Supplies
1040 Services Offered
1075 Snowblowers
1080 Snowmobiles
1096 Sports
1109 Thrift
1140 Trailers
1147 Trains
1148 Travel
1165 Trees
1170 Truck Parts & Equipment
1180 Trucks
1187 Vacuum
1190 Vegetable
1200 Veterinary
1205 Wanted

Announcements

ADVERTISING DEADLINE

FRIDAY • 2:00 PM

(Week Prior to Each Friday Dated Paper)

For as little as \$4.00 - place a classified ad in

The Country Editor

Call Peg at **1-800-836-2888**

or **518-673-0111**

or email classified@leepub.com

Announcements

CANAJOHARIE FARMERS' MARKET is looking for vendors for the 2022 summer market. Market runs every Sunday from May 15- late October. \$50 for the season. Some restrictions may apply, interested vendors please call Market Manager, Chad Myers 518-618-7757 Sponsor, Janet Stanley 518-673-0292.

We are here to serve. Mohawk Valley Central Kiwanis Club Serving one community and a time and one child at a time. If you would like to make a donation please make checks payable to MVC Kiwanis Club. For membership information contact MVC Kiwanis, P.O. Box 231, Mohawk, NY 13407 gregoryriddle27@gmail.com

★ ★ ★ ★ ★ ADVERTISERS

Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. DEADLINE for placing ads is FRIDAY at 2:00 PM- Week Prior to Each Friday Dated Paper. Call Peg at 1-800-836-2888 or 518-673-0111



BANNERS: VINYL - Single Sided - Double Sided, various sizes. Set up and sales tax additional. Free shipping. Call Lee Newspapers Inc. at 518-673-0101 commercialprint@leepub.com

Announcements

CHECK YOUR AD - ADVERTISERS should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. Report any errors to 800-836-2888 or 518-673-0111.



Antiques

ANTIQUES WANTED
Stonewater Antiques is actively looking for vintage antique items. Whether it's just a few items or an entire house, barn or garage, we have options for you including competitive cash deals. Free general appraisals and friendly, no pressure visits. We come to you! Call or text us at 518-925-9787. Also visit us on facebook. Stonewater Antiques & Restorations.

WANTED TO BUY: Antiques & Vintage (1975 & older)... Wood Cigar Boxes, Printing Blocks, Old Picture Frames, Jewelry, Old Comic, Coin & Postcard Collections; Stoneware, Crocks & Jugs; Ironstone Pitchers & Platters, Old Farm, Auto & Gas Signs; License Plates; Old Christmas & Halloween; Quilts & Hankies; Old Train Sets & Toys; Old Axes & Odd Tools; Folk Art, Nautical & Adirondack; and lots more!! CASH PAID for forgotten stuff in your attic, cellar & shed! FREE House Calls... Ask for Dave, 315-823-1177, Showcase Antiques 10-5.

Attachments

UNIVERSAL ATTACHMENTS

PALLET FORKS

- ♦ 2000#
- ♦ 4200#
- ♦ 5500#

**BALE SPEARS
LP BUCKETS
MATERIAL BUCKETS
ROCK BUCKETS
MANURE FORKS**

529 Hardscrabble Rd.
Little Falls, NY
315-823-1342

Building Materials/Supplies

Scratch & Dent Appliances

Refrigerators\$85-\$799
Washer\$399-\$599
Freezers\$399-\$949
Hot Water Heaters..\$290-\$425
#2 Building Material
Plywood 1/2" \$30, 5/8" \$34, 3/4" \$38
2x4x8' to 16'\$6.75-\$13.50
2x6x8' to 16'\$8.10-\$16.20
Shingles\$22.00 Bundle
Exterior Doors .Starting at \$170
3'x3' Side Slider Window\$80
#2 Galvalume Roofing..\$2.65 LF
Roof Coating5 Gal. \$30.00

Adirondack Discount Sales
302 Bacon Brook Rd, Dolgeville, NY
315-429-3184

DOING CEMENT WORK? - We carry concrete mesh, rebar, poly & 80# Quikrete redimix (concrete, brick & all purpose). 70# mortar type (s), 70# all purpose sand, portland cement & mortar. Also concrete blocks, solids, regular, and chimney. C.H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016

WE CARRY METAL roofing and siding panels with limited LIFETIME warranty against fading and chalking. Galvanized, red, white, & green in stock. Many colors available. Can be ordered cut to length. C. H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016



INSULATION: All Types. New/ Existing Buildings. Free Estimates. Fully Insured. Call Upstate Spray Foam Insulation 315-822-5238. www.upstatesprayfoam.com

LOOKING FOR VINYL SIDING?? - We can supply you with D/4 or D/5 solid vinyl siding, available in white and many other colors to choose from. Also exterior vinyl shutters in many designs, lengths & colors. Stop by to see samples and prices - C.H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016

Custom Services

BUSINESS CARDS: 1,000 for only \$60.00, full color glossy. Give us your existing card or we will design one for you! Set up & sales tax additional. **FREE SHIPPING** included. Call Lee Newspapers Inc. at 518-673-0101 email commercialprint@leepub.com

Dairy Products

Fencing

AMERICAN FENCE: Free estimates 518-231-9084. 38 years experience. web 518americanfence.com All types of Fence



Dairy Products

Crystal Springs Dairy Is Now Certified to sell Organic Whole Milk

Passed All New York State Quality Standards
Our Milk is Always Fresh

We Sell By
Gallon \$5.00
1/2 Gallon \$3.00
Quart \$2.00
Bring Your Own Jug, We'll Fill It For You!

Questions?

315-867-5750 or
439 N. Creek Rd., Little Falls, NY
Please make an appointment



Farm Market Items

FREE CANNA plants and house plants. Fresh eggs, 4 dozen, \$10 or \$3 each dozen. Randy's Ridge 315-894-0250. Open Mid May for visitors, Ilion.

Feed, Seed, Grain & Corn

LOGAN BECK FARM LLC



All Your Home Grown Feeds At Amazing Pricing!!!

Call our office for prices at **518-705-9668**
or stop in and see us at
**338 Nellis Road,
Fort Plain, NY 13339**

Hours: Monday-Friday 7AM-5PM
Saturday 7AM-12PM
Closed Sunday

Now Offering Local Delivery At No Charge - 20 Bag Minimum

Now Accepting Debit/Credit Cards

For Rent

FOR RENT: Village of Frankfort. Second floor/ two bedroom apartment. Applications available. Smoke free/no pet policy. Contact Crossett Real Estate Services: www.crossettrees.com email: louise@crossettrees.com phone 315-894-8557

HERKIMER: 306 North Washington St. 1 bedroom upstairs apartment, \$650 plus utilities, \$650 security. Small dog or cat \$50 per month, \$250 non-refundable pet fee. Appliances included, washer/dryer hookup, background check required. 315-868-6906

ILION: Second floor, newly remodeled one large bedroom spacious apartment. Fully furnished, mature adults, utilities included, NO pets, NO smoking. Near downtown. Parking for one car only. \$700 per month plus one month's security upfront & references. 315-894-1335 or leave message.

For Sale

2009 JAY FLIGHT by Jayco 24' RKS; 4 (new) Bridgestone tires 275-55-R20, \$700/OBO. 315-601-4360

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Palatine Bridge, NY 13428
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For Sale

2 UTILITY Trailers, one aluminum-one black w/drop gate, 4x6; 2 Toyota RAV4 rims, \$25 each; 40 gallon fish tank complete with walnut stand, lots of extras, \$20.00; Brother's printer w/disc, new \$20.00; walnut desk, \$15.00; Hamilton Beach toaster oven, \$15. Call 315-894-1335

FOR SALE: 2 bakers racks, Excellent condition. \$50.00 each. Contact Louise: 315-894-8557 (leave message if no answer)



TAKING ORDERS FOR WOOD PELLETS - New England Premium Wood Pellets, which are low ash, low maintenance, and clean burning. - C.H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016

RAFFLE TICKETS - 250-\$60, 500-\$65, 1,000-\$80, 1,500 - \$95. Other quantities available. Set up & sales tax additional. Shipping extra. **Call Lee Newspapers Inc. 518-673-0101** or email commercialprint@leepub.com

Garage Sales

MOVING SALE: April 28, 29 30, 8am- 5pm. Mechanic and woodworking tools, furniture, household items, antiques, antique record albums, more. 230 Main Road, East Herkimer, NY. Questions call 315-717-2794

GARAGE SALE: Thursday, Friday, Saturday May 5th, 6th, & 7th, 9-5 (no early birds please). 378 Blaine Rd., Canajoharie. NUMEROUS ITEMS, 1st sale in YEARS!

Hay - Straw For Sale

CERTIFIED ORGANIC 4x4 dry 1st cutting hay for sale, 1st & 2nd cutting 4x4 baleage, 607-435-5701.

Landscaping Equipment

BRAND NEW Troybuilt pony ridding lawn mower, cost new \$1,700, used only for 1hr., selling for \$1,300 firm. Serious inquiries only. 518-853-2095 call after 5 PM.

Lawn & Garden

LANDSCAPE DESIGN and maintenance, Fort Plain area, 35 years experience, insured. Doug 631-935-3846.

Lumber & Wood Products

ENJOY YOUR SPRING & SUMMER ON A NEW DECK! -Check out our pressure treated lumber, fasteners, and protective finishes to build the deck of your dreams. AND, if you would prefer, engineered composite decking gives you a no rotting, no warping, no splitting and no sweat deck. Stop by to see samples -C. H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016

Magnets

MAGNETIC TRUCK SIGNS. Call with your needs. Lee Newspapers Inc. 518-673-0101

BUSINESS CARD MAGNETS only \$55.00 for 250. Set up & sales tax additional. Free Shipping. Please allow 7-10 business days for delivery. Call Lee Newspapers Inc. at 518-673-0101 or commercialprint@leepub.com

Miscellaneous

BRAND NEW in crate Maytag dishwasher, \$450; Bathroom oak vanity with sink, 24x31H, sink 25" across, 2 drawers w/front door, \$50.00; 2 twin box springs, new, \$60. More details call 315-894-1335

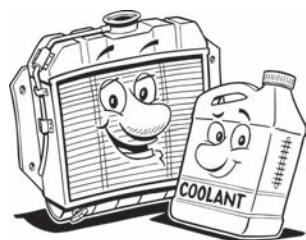
Corrugated Signs, Shopping Bags/Totes, Gift Certificates, Invitations, Labels, Magnets, Business Cards, Rack Cards, Banners, Postcards, Business Forms, Non-Carbon Reproduction Forms (NCR), Signs, Pull-Up Banner Stands, Feather Banner Stands, Door Hangers, Envelopes, Posters, Calendars, Self-Inking Stamps, Flyers/Brochures. Call with your needs. Set up & sales tax additional. **Lee Newspapers Inc. 518-673-0101** or commercialprint@leepub.com

Professional Services

13 OR 14-MONTH PHOTO WALL CALENDARS ONLY \$15.00!

- Bring in your USB, SD card, or photos for us to scan
- Email your photos to: commercialprint@leepub.com

Set up & sales tax additional
Call **518-673-0101**
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6113 State Highway 5,
Palatine Bridge, NY 13428



Roofing

IN STOCK- Roof coatings - aluminum and black fibered in 5 gal pails; 90# roll roofing, double coverage selvage 1/2 lap. Also available, GAF limited -lifetime warranty premium architectural laminated shingles, Rubberoid Torch Membrane and base sheet, and Ice & Water shield, drip edge & felt paper. Stop in at C.H. BURKDORF & SON, INC, 35 Hough St., St. Johnsville 518-568-7016

Services Offered

Do Right Construction

- Roofing • Decking • Masonry • Framing
- Interior Remodel • Sheet Rocking
- Plumbing • Kitchens • Bathrooms
- Chimney & Foundation Repair
- Painting & Swirl Ceilings

Free Estimates•Insured **315-272-9644**

Services Offered

HI, MY NAME is Heidi. I have been doing home care for over 25 years. Being a caregiver is in my nature. I am looking for a family that needs help. Contact me 315-941-4610.

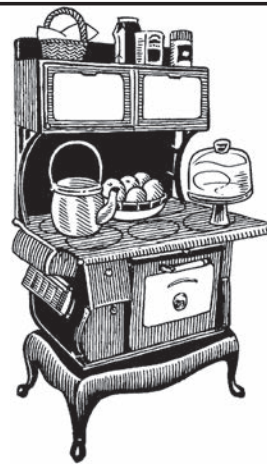
J & J FRANCO MASONRY & REPAIR: Wall and Foundation, Stucco, Pressure Washing, Painting, Chimney Repair, Head Stone Cleaning. Insured, Experienced. 315-868-1110

8x10 PHOTOS, only \$3.00, or get two 5x7's for \$3.00. Lee Newspapers Inc., 6113 State Hwy. 5, Palatine Bridge, NY 13428. 518-673-3237



Wanted

CRAFTERS, FOOD TRUCKS, MUSICIANS WANTED for the CANAJOHARIE FARMERS' MARKET 2022 season. Market runs every Sunday beginning May 15 through late October. Call for information. Janet Stanley 518-673-0292



Services Offered

RACK CARDS (4X9)

Full Color Incl.

Printed on both sides.

Options:

Uncoated, UV Coating

100lb Gloss

1-99: \$1.50 ea.

100-249: \$1.00 ea.

250-499: .75¢ ea.

500-1000: .50¢ ea.

Set-up: \$15.00

Plus shipping fee

*NYS tax applies for in-state orders.



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Country Editor

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\$4.00/14 words
\$1.10 each additional
per week

Deadline Friday 2pm - Fill Out This Form OR
Call Us To Place Your Reader Ad

• CLASSIFIED READER AD FORM •

Today's Date _____ # of Weeks to Run _____ Starting Issue Date (Friday Date)

COPY: (First 14 words \$4.00, each additional word 10¢, phone number counts as one word)

14 words - \$4.00	15 words - \$4.10
16 words - \$4.20	17 words - \$4.30
18 words - \$4.40	19 words - \$4.50
20 words - \$4.60	21 words - \$4.70
22 words - \$4.80	23 words - \$4.90
24 words - \$5.00	25 words - \$5.10
26 words - \$5.20	27 words - \$5.30
28 words - \$5.40	29 words - \$5.50
30 words - \$5.60	31 words - \$5.70
32 words - \$5.80	33 words - \$5.90
34 words - \$6.00	

Name (Print): _____

Farm/Company Name: _____

Street: _____ County: _____

City: _____ State: _____ Zip: _____

Phone #: _____ Fax #: _____ Cell #: _____

Email Address: _____

Payment Method: ☐ Check/Money Order ☐ American Express ☐ Discover ☐ Visa ☐ MC

Card #: _____ Exp. Date: _____ MM / YY

* (REQ.) Card Security Code # _____

Name on Credit Card (print): _____

Signature: _____ Today's Date: _____

Amount Paid: _____

Ph: 800-836-2888 or 518-673-0111 • Fax: 518-673-2381 • Email: classified@leepub.com

Mail: Country Editor, PO Box 121, Palatine Bridge, NY 13428

YEAR 2021

ANNUAL DRINKING WATER QUALITY REPORT

VILLAGE OF PALATINE BRIDGE

PO Box 208, 11 West Grand St., Palatine Bridge, NY 13428

Ph: 518-673-2917 • Fax: 518-673-3481

ID #2800142

INTRODUCTION:

To comply with State regulation, The Village of Palatine Bridge will be annually issuing a report describing the quality of your drinking water. The purpose of this report is to raise your understanding of drinking water and awareness of the need to protect our drinking water sources. Last year, your tap water met all State drinking water health standards. We are proud to report that our system has never violated a maximum contaminant level. This report provides an overview of last year's water quality. Included are details about where your water comes from, what it contains, and how it compares to State standards.

If you have any questions about this report or concerning your drinking water, please contact *Mr. Rodney Sutton, Water Superintendent, Village of Palatine Bridge, 11 W. Grand St., Palatine Bridge, NY 13428; Telephone (518) - 673 - 2917 or in an emergency (518) -791-8079.* We want you to be informed about your drinking water. If you want to learn more, please attend any of our regularly scheduled village board meetings. They are held on the 3rd Tuesday of each month, 6:30 PM at the *Village Hall, 11 W. Grand St; telephone (518)-673-2917. Village office hours are 8:00am to 1:00pm Monday thru Thursday, 3pm to 6pm Thursday.*

WHERE DOES OUR WATER COME FROM?

In general, the sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and pick up substances resulting from the presence of animals or from human activities. Contaminants that may be present in source water include: microbial contaminants; inorganic contaminants; pesticides and herbicides; organic chemical contaminants; and radioactive contaminants. In order to ensure that tap water is sage to drink, the State and the EPA prescribe regulations, which limit the amount of certain contaminants in water provided by public water systems. The State Health Department's and the FDA's regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

The Village of Palatine Bridge draws its water from a ground water source. The Village is served by one drilled well 1000-feet deep located 1.5 miles north of the Village boundary on State Highway Route 10. Pumping capacity for this well is approximately 500 gallons per minute. Treatment of the raw water produced by the well consists of chlorination, which is used for disinfection to protect against contamination from harmful bacteria and other organisms. We have a 300,000-gallon underground storage tank and a 250,000-gallon above ground storage to meet consumer demand and provide adequate fire protection. We provide water through 342 service connections to a population of approximately 900 people. Our average daily demand is 85,000-gallons per day. In February of 2005 a new triplex water softening system was installed to provide better water quality.

SOURCE WATER ASSESSMENT

The NYS DOH has completed a source water assessment for the Village of Palatine Bridge water system, based on available information. Possible and actual threats to this drinking water source were evaluated. The state source water assessment includes a susceptibility rating based on the risk posed by each potential source of contamination and how easily contaminants can move through the sub-surface to the well. The susceptibility rating is an estimate of the potential for contamination. See section "Are there contaminants in our drink water?" for a list of contaminants, if any that has been detected. The source water assessments provide resource managers with additional information for protecting source waters into the future.

As mentioned before our water is derived from a drilled well. The source water assessment has rated this well as having a high susceptibility to bacteria, viruses, and protozoa and a medium- high susceptibility to herbicides, pesticides and nitrates. These ratings are due primarily to agricultural activities in the assessment area. In addition, the well draws from an unconfined aquifer of high hydraulic conductivity.

While the source water assessment rates our well as being susceptible to microbials, pleas note that our water is disinfected to ensure that the finish water delivered into your home meet New York State's drinking water standard for microbial contamination.

A copy of the source water assessment, including a map of the assessment area, can be obtained by contacting us as noted in the introduction in the first section.

This table does not represent all testing. We have met all NY State Standards. A copy of all our testing is available at the village office.

VILLAGE OF PALATINE BRIDGE TEST RESULTS						
Contaminant	Violation Y/N	Lev. Detected	Unit Ms mt	MCLG	MCL	Likely Source of Contamination
PFOA Perflourinated 1/11/21 N 1.79 ng/L <2 10 ngl Industrial surfactant in Compounds 4/12/21 N <2 chemical processes and as a material feedstock. Dioxane 1/11/21 N <0.1 ug/L <0.1 1 ug/l 4/12/21 N <0.1						
Inorganic Contaminants tested-						
Arsenic Data from 6/10/19	N	<0.0010	ppb	n/a	.01	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes.
Barium Data from 6/10/19	N	.127	ppb or u g/l	2000	2.00	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
Chloride Data from 6/10/19	N	4.95	Mg/l or ppm	n/a	250	Naturally occurring of indicative of road salt contamination
Copper Data from 7/19/21	N	.0617	Mg/l	1.300	1.000	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
Fluoride 6/10/19 Data from	N	.386	ppb or u g/l	n/a	2.2	Erosion of natural deposits; water additive which promotes strong teeth ; discharge from fertilizer and aluminum factories
Iron Data from 6/10/19	N		Mg/l	n/a	300	Naturally occurring.
Lead Data from 7/3/18	N	.0016	Mg/l	0	AL =15	Corrosion of household plumbing systems, erosion of natural deposits
Manganese Data from 6/10/19	N		ppb or u g/l	n/a	300	Naturally occurring. Indicative of landfill contamination
Nickel Data from 6/10/19	N	<.0005	ppb or u g/l	n/a	.01	Discharge from steel/ metal factories; EPA regulations require us to monitor this contaminant while EPA considers setting a limit on it.
Nitrate Data from 7/6/21	N	<0.23	ppb or u g/l	10,000 1,000	10mg I as N 1mg I as N	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
Sulfate Data from 6/10/19	N	81.8	ppm or mg/l	n/a	250.0	Geology; EPA regulations require us to monitor this contaminant while EPA considers setting a limit on it. MCL is for NYS
Zinc Data from 6/10/19	N	1.80	Mg/l or ppm	n/a	30	Naturally occurring; Mining waste
Synthetic Organic Contaminants including Pesticides and Herbicides (data from 7/01/20)						
Contaminants were monitored with no detects.					By-product of industry & agriculture	
Trihalomethanes Data from 7/6/21						
TTHM [Total trihalomethanes] 4-quarter running average (highest)	N	35.8	Ppb or ug/l	0	80	By-product of drinking water chlorination
HAA5 Data from 7/6/21 Total Haloacetic Acids	N	18.8	ug/l			By-product of drinking water chlorination
Volatile Organic Contaminants (data from 6/3/19)						
A total of 54 contaminants were monitored	N	<0.5	Ppb or ug/l	n/a	5	By-product of industrial processes and petroleum production
Unregulated Synthetic Organic Contaminants including Pesticides (data from 7/01/20)						
Contaminants were monitored with no detects. Unregulated contaminant Monitoring helps EPA determine where certain contaminants occur and whether it needs to regulate these contaminants.					By-products of industrial processes	

*EPA's MCL for Fluoride is 4000 ppb; however, our state has set a lower MCL to better protect human health

ARE THERE CONTAMINANTS IN OUR DRINKING WATER?

As the State regulations require, we routinely test your drinking water for numerous contaminants. We test your drinking water for inorganic compounds, nitrite, nitrate, lead and copper, volatile organic compounds, and synthetic organic compounds. In addition, we test for coliform bacteria once a month, and fluoride and chlorine daily. The table presented below depicts which compounds were detected in your drinking water. This table shows the results of our monitoring for the period of January 1st to December 31st, 2018. The State allows us to test for some contaminants less than once per year because the concentration of these contaminants does not change frequently. Some of our data, though representative, are more than one year old. You may obtain a copy of all our test results by contacting the Village office or Rodney Sutton.

It should be noted that all drinking water, including bottled drinking water, might be reasonably expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline (800-426-4791) or the New York State Department of Health, District Office, 5665 State Route 5, Herkimer, NY, telephone; (315-866-6879).

Definitions:

Maximum Contaminant Level (MCL): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible.
Maximum Contaminant Level Goal (MCLG): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
Maximum Residual Disinfectant Level (MRDL): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Action Level (AL) - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements, which a water system must follow.
Treatment Technique (TT) - a required process intended to reduce the level of a contaminant in drinking water.
Non-Detects (ND) - laboratory analysis indicates that the constituent is not present.
Nephelometric Turbidity Unit (NTU): A measure of the clarity of water. Turbidity is excess of 5 NTU is just noticeable to the average person.
Milligrams per liter (mg/l): Corresponds to one part of liquid in one million parts of liquid (parts per million-ppm)
Micrograms per liter (ug/l): corresponds to one part of liquid in one billion parts of liquid (parts per billion - ppb)
Nanograms per liter (ng/l): Corresponds to one part of liquid to one trillion parts of liquid (parts per trillion - ppt)
Picograms per liter (pg/l): corresponds to one part per of liquid to one quadrillion parts of liquid (parts per quadrillion ppq)
Picocuries per liter (pCi/L): A measure of the radioactivity in water.
Millirems per year (mrem/yr): A measure of radiation absorbed by the body.
Million Fibers per Liter (MFL): A measure of the presence of asbestos fibers that are longer than 10 micrometers.
Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a single penny in \$10,000. or 1000ppb equal 1ppm Ex: 500ppb= .5ppm
Parts per billion (ppb) or Micrograms per liter (ug/l) - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Parts per trillion (ppt) or Nanograms per liter (nanograms/l) - one part per trillion corresponds to one minute in 2,000,000 years, or a single penny in \$10,000,000,000.
Maximum Contaminant Level - (mandatory language) The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
Maximum Contaminant Level Goal - (mandatory language) The "Goal" (MCLG) is the level of a contaminant in drinking water below, which there is no known or expected risk to health. MCLGs allow for a margin of safety.
n/a-not applicable

WHAT DOES THIS INFORMATION MEAN?

As you can see by the table, our system had no violations. We have learned through or testing that some contaminants were detected; however these contaminants were detected below the level allowed by the State.

IS OUR WATER SYSTEM MEETING OTHER RULES THAT GOVERN OPERATIONS?

During the year 2021, our system was in compliance with applicable State drinking water operating, monitoring and reporting requirements.

DO I NEED TO TAKE SPECIAL PRECAUTIONS?

Although our drinking water met or exceeded state and federal regulations, some people may be more vulnerable to disease causing microorganisms or pathogens in drinking water than the general population. Infants and young children are typically more vulnerable to lead in drinking water than the general population. It is possible that lead levels at your home may be higher than at other homes in the community as results of materials used in your home's plumbing. If you are concerned about elevated lead levels in your home's water, you may wish to have your water tested and flush your tap for 30 seconds to 2 minutes before using tap water. Additional information is available from the Safe Drinking Water Hotline. Immuno-compromised person such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections. These people should seek advice from their health care provider about their drinking water. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium, Giardia and other microbial pathogens are available from the Safe Drinking Water Hotline (800-426-4791).

WHY SAVE WATER AND HOW TO AVOID WASTING IT?

Although our system has an adequate amount of water to meet present demands, there are a number of reasons why it is important to conserve water.

- Saving water saves energy and some of cost associated with both of these necessities of life.
- Saving water reduces the cost of energy required to pump water and the cost of treating the water.
- Saving water lessens the strain on the water system during a dry spell or drought, helping to avoid severe water use restrictions. So that essential fire fighting needs is met. You can play a role in conserving water by becoming conscious of the amount of water your household is using, and by looking for ways to use less whenever you can. It is not hard to conserve water. Conservation tips include:
- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day, 3600 gallons in 6 months. A steady drip or stream 1/16" at 60lbs pressure can waste 74,000 gallons in 3 months.
- Check your toilets for leaks by putting a few drops of food coloring in the tank, watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from one of otherwise invisible toilet leaks. A 100 gallons a day can amount to 9000 gallons in a 3-month period or 18000 in a 6-month period.
- A One Quarter (1/4) inch Hose or stream of water at 60 lbs of water pressure can amount to a loss of 13,000 gallons or more in 24 hours.

Water Rates

In 2020 the water customers in Village of Palatine Bridge were charged \$8.00 per 1000 gallons with a minimum of \$96.00, while out of village limits customers were charged \$16.00 per 1000 gallons with a minimum of \$192.00.

CLOSING

Thank you for allowing us to continue to provide your family with quality drinking water this year. Please call our office (518)-673-2917 if you have questions.

USDA Rural development is an Equal Opportunity Lender, Provider, and Employer. Complaints of discrimination should be sent to USDA Director of Civil Rights, Washington, D.C. 20250-9410

Community Calendar

April 2022						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7
Holidays						
17th - Easter						
18th - Taxes Due						
22nd - Earth Day						

APRIL 21
Schoharie Crossing Online Winter Lectures - Third Thursdays at 7 p.m. The Syracuse Weighlock with Derrick Pratt of the Erie Canal Museum. Online via WebEx. For more information, call the Visitor Center at 518.829.7516 or email SchoharieCrossing@parks.ny.gov.

Lasagna Dinner 4-7 p.m. or sold out Emmanuel Episcopal Church, The Parish Hall, 594 Albany St., Little Falls. Eat in. To go. Walk ins. \$12. Free Delivery to Herkimer and Little Falls. Call 315.741.4672 to reserve dinner.

APRIL 22
Book Club - 4th Friday of each month - at 10:30 a.m. at Johnstown Public Library. Book club for adult readers. Copies of the current month's book are available at the circulation desk. Contact Robert Weatherby at rweatherby@mvls.info or call 518.762.8317.

APRIL 23
Revolutionary War Bus Trip. Less than 30 seats are available for the Revolutionary War Bus Trip to the Museum of the American Revolution & Northern NJ Revolutionary War Battlefield and Historic Sites being sponsored by the Fort Plain Museum. Registration is \$99 per person. To register visit fortplainmuseum.org/viewevent.aspx?ID=1070 and scroll down to next events and select "get tickets" under the Revolutionary War Bus Trip.

Chicken Barbecue 3 p.m. at Dolgeville United Methodist Church. \$12 meal. \$6 for chicken. For more information, call 315.429.7381.

Otsego County Conservation Association Second Drive Through, Drop Off Recycling Event at Brewery Ommegang 12-3 p.m. To sign up for a time slot to drop off recyclables, visit occainfo.org/earth-festival/. Volunteers are needed to help with the event and can sign up at tinyurl.com/4bf558wf

Canal Clean Sweep – volunteer day 9 a.m. to 12 p.m. on the site of Schoharie Crossing grounds and nearby at Lock E12 and Fort Hunter Community Park). For more information, call the Visitor Center at 518.829.7516 or email SchoharieCrossing@parks.ny.gov.

Dog River Horse Club Tack Sale 9 a.m.- 2 p.m. at Jet Service Envelope Co. off exit 6 in South Barre, VT. 80 East Road Barre. Tons of horse items new and used for questions. Call Karen at 802.839.0147.

Winter Walk at Schoharie Crossing State Historic Site 1–3:15 p.m. at Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. For more information contact David Brooks at 518.829.7516.

Revolutionary War Bus Trip to the Museum of the American Revolution in Philadelphia, PA. Visit fortplainmuseum.org/events

Chicken BBQ by Brooks noon until sold out Herkimer Elks Lodge No.1439, 124 Mary St., Herkimer. \$13 eat in or take out. Tickets available at Lodge. Call 315.866.1439.

May 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11
Holidays						
8th - Mother's Day						
21st - Armed Forces Day						
30th - Memorial Day						

APRIL 24
Central Valley Central School District Foundation will host multiple fundraisers during its **Brooks' Chicken BBQ** noon-3 p.m. (or sold out) at Beer Belly Bob's at 70 Otsego Street in Ilion. Advance order is recommended by calling JoAnn Duga at 315.894.3116.

The Fort Orange Stamp Club Semi-annual Stamp, Cover Postcard and Ephemera Show 10 a.m.-3 p.m. at the Colonie Recreation Center, 3 Thunder Road, Colonie. Free admission and parking. For more information contact Tom Auletta at 518.877.3027 or visit Fortorangestampclub.org

APRIL 25
Basket Raffle Drawing - 1 p.m. at Johnstown Public Library or facebook.com/JohnstownPublicLibrary. Annual basket raffle drawing. We will stream the drawing live on Facebook. Contact Erin Gavin at egavin@mvls.info or call 518.762.8317.

Smart Device Info Session 10 a.m. at Johnstown Senior Citizens Center. Learn how to use smart April 25 , tablets, and other technologies. Q&A after each day's topic. Contact Robert Weatherby at rweatherby@mvls.info or 518.762.8317.

APRIL 26
Friends of Schoharie Crossing Meeting at 6:30 p.m. At the Visitor Center, Schoharie Street. For more information, call the Visitor Center at 518.829.7516 or email SchoharieCrossing@parks.ny.gov.

Storytime at 10:30 a.m. at Johnstown Public Library. Join us weekly for story time and a craft at the library. Contact Erin Gavin at egavin@mvls.info or 518.762.8317.

Blackmon Film Series every Tuesday evening at 7 p.m. at the historic Glove Theatre, 42 N. Main Street, Gloversville. This week's movie is Sunrise: A Song of Two & Humans with Janet Gaynor and George O'Brien. For more information visit www.theglovetheatre.com

APRIL 27
Mohawk Valley Women's Club book discussion 11 a.m. at Fort Plain Free Library, 19 Willett St., Fort Plain. Discussion about Jane Goodall's new book titled 'The Book of Hope'. Call 518.993.4646 for information.

The Easter Rising: The Failure That Brought Forth A Nation 7 p.m. at Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. Tickets are free but register at tinyurl.com/a7h6s6zy

Pride Reads Book Club - Fourth Wednesday of each month at 6 p.m. at Johnstown Public Library. Book club exploring LGBTQIA+ stories. Suggested ages 18+. Meeting via Zoom. Contact Em Hoover at ehooover@mvls.info or 518.762.8317.

APRIL 28
Arc Herkimer Hiring Session 4-6 p.m. at Arc Herkimer, 350 S. Washington St., Herkimer, NY. Walk-ins welcome. For more information, visit www.archerkimer.org or contact Ashley Jones at asjones@archerkimer.org or 315.574.7963.

June 2022						
S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9
Holidays						
14th - Flag Day						
19th - Father's Day						
21st - Summer Begins						

April 28 Multiplay - Thursdays - at 2:30 p.m. at Johnstown Public Library. Play games, hangout, enjoy a snack. Suggested for ages 12-17. Nintendo Switch, board games, and Magic cards. Contact Robert Weatherby at rweatherby@mvls.info or 518.762.8317.

APRIL 30
Spring Craft Fair, 10 a.m. - 4 p.m. at Ilion First Baptist Church, 8 Second St., Ilion. Tables: One Table \$20. Two Tables \$30. If interested, call Beth at 315.717.1024 or Maryann at 315.877.5906. If no answer leave a message.

MAY 1
Opening Day at Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. For more information contact David Brooks at 518.829.7516. Performance by Cosby Gibson & Tom Staudle - "Labor Union Songs" at 2 p.m. outside the Visitor Center. Bring a lawn chair.

MAY 5
Rabies Vaccination Clinic 5:30 - 7 p.m. at Dolgeville Fire Department, 20 South Helmer Ave., Dolgeville. Pre-register at 315.867.1176.

MAY 7
I LOVE My Park Day at Schoharie Crossing 9 a.m. at Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. For more information contact: https://fb.me/e/1fdKC1t0M There will be a few beautification projects around the site to kick off the 2022 season. Be sure to register at the link provided.

34th Annual Towpath Trail Run Bridge St., St. Johnsville. Visit tinyurl.com/yfn2t6j3

MAY 12
Cooking with Love for the Planet, Part 4 6:30 - 7:30 p.m. Registration is required at tinyurl.com/yxckhz9n

MAY 13 & 14
Spring Rummage Sale 9 a.m.-6 p.m. Friday and 9 a.m.-noon Saturday at Herkimer Reformed Church, 102 Church St., Herkimer. Call 315.219.2774.

MAY 15
Mohawk Valley Choral Society's Spring Concert 2 p.m. in the Church of Our Lady of Lourdes, Mary, Mother of Our Savior Parish, at 2222 Genesee St., Utica. David Kolb as guest conductor for concert entitled: "Songs of Light and Love." Tickets \$12 in advance or \$15 at the door. Reserve tickets by calling 315.826.3092, or by emailing the Choral Society from its websie at mvchoral.org.

MAY 16
A Noble Defense: The Hessian Repulse at Red Bank Oct. 22, 1777 at 7 p.m. Visit fortplainmuseum.org/events

MAY 19
Rabies Vaccination Clinic 5:30 - 7 p.m. at Old Forge Fire Department, 116 Fulton Street, Old Forge. Pre-register at 315.867.1176.

Schoharie Crossing Online Winter Lectures - Third Thursdays at 7 p.m. The Syracuse Weighlock with Derrick Pratt of the Erie Canal Museum. Online via WebEx. For more information, call the Visitor Center at 518.829.7516 or email SchoharieCrossing@parks.ny.gov.

Musictime with Gary Van Slyke. Programs third Thursday of each month at 10:30 a.m. at Johnstown Public Library. Join us to listen and dance to music played by Gary Van Slyke at the library. Contact Erin Gavin at egavin@mvls.info or 518.762.8317.

MAY 21
Opening Day at Fort Klock 10 a.m. – 4 p.m. at 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

Otsego County Master Gardener Plant Sale 9 a.m. to 3 p.m. at CCE Education Center, 123 Lake Street in Cooperstown. For more information, follow the webpage CCEschoharie-otsego.org/OMG-Plant-Sale. Gardeners may also leave a voicemail message at 607.547.2536 ext. 228.

MAY 28-29
Memorial Day Weekend Heritage Plant Sale. Opens May 28 at 10 a.m. Closes May 29 at 4 p.m. This annual event takes place outside the Farmers' Museum's main entrance in Cooperstown. No admission fee. Proceeds benefit the museum gardens. Call 607.547.1450 or 888.547.1450.

JUNE 2
Rabies Vaccination Clinic 5:30 - 7 p.m. at Norway Community Center, 3114 Military Road, Norway. Pre-register at 315.867.1176.

JUNE 4
Genealogy Day at Fort Klock 10 a.m. - 3 p.m. at 7203 State Highway 5, Saint Johnsville. Call 518.568.7779

JUNE 7
American Red Cross Blood Drive 12:30-5:30 p.m. at American Legion Post 25, 43 West Main Street, Mohawk, NY. Sponsor Code: MohawkAL

JUNE 10
United Way of the Mohawk Valley's 100 Birthday Party! 6-10 p.m. at Saranac Brewery, Utica. \$100 per person. Ticket information to be announced.

JUNE 10-12
Kids and Calves Youth Show and Clinic at Chenango County Fairgrounds, Norwich NY. Contact Zack Proskline if you have questions at kidsandcalves@gmail.com or 607.435.0051.

JUNE 11
41st Annual Friendship Craft Festival 9 a.m.-3 p.m. in Spring Park on Scenic U.S. Route 20. Sponsored by the Church Of Christ Uniting in Richfield Springs. For information visit www.rschurchofchristuniting.com and click on the "Women's Guild" tab, e-mail friendshipcraftfestival@yahoo.com or call Carla at 315.858.1451.

Canajoharie Forest, Fish & Game Assn., Inc. Hunting Rifle Challenge at 149 Fish & Game Club Rd., Canajoharie. Adult and Youth Divisions. All youth must be accompanied by an adult. RSVP and/or for more info: Text Joe Bennett at 518.265.3604 or call Dotty Springer at 518.774.9165.

JUNE 15
Rabies Vaccination Clinic 5:30 - 7 p.m. at Ilion-Frankfort VFW Pavilion, 4274 Acme Road, Frankfort. Pre-register at 315.867.1176.

JULY 4
Annual Strawberry Festival 12-4 p.m. at 7203 State Highway 5, Saint Johnsville. Includes the reading of the Declaration of Independence. Call 518.568.7779.

JULY 7
Rabies Vaccination Clinic 5:30 - 7 p.m. at Danube Town Garage, 438 Creek Road, Little Falls. Pre-register at 315.867.1176.

JULY 12
American Red Cross Blood Drive 12:30-5:30 p.m. at American Legion Post 25, 43 West Main Street, Mohawk, NY. Sponsor Code: MohawkAL

JULY 23
Moses Quinby Day at 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

AUGUST 25
Rabies Vaccination Clinic 5:30 - 7 p.m. at Salisbury Fire Department, 2549 State Route 29, Salisbury Center. Pre-register at 315.867.1176.

SEPTEMBER 10 & 11
Fort Klock's 49th Annual Craft Fair 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

SEPTEMBER 15
Rabies Vaccination Clinic 5:30 - 7 p.m. at Cedarville Fire Department, 960 State Route 51, Cedarville. Pre-register at 315.867.1176.

OCTOBER 6
Rabies Vaccination Clinic 5:30 - 7 p.m. at Little Falls Town Garage, 478 Flint Ave Ext., Little Falls. Pre-register at 315.867.1176.

OCTOBER 21-23
Sir William Johnson and the Empire Wars Conference. Registration is open for 2022. If you signed-up for the 2021 Sir William Johnson Conference, do not register and email Brian at info@fortplainmuseum.org

OCTOBER 29
Rebels, Redcoats, & Zombies 5-8 p.m. at the Fort Plain Museum, 389 Canal Street. If you are interested in participating as a Rebel, Redcoat or Zombie, contact fortplainmuseum@yahoo.com Visit fortplainmuseum.org/events

NOVEMBER 12
Rabies Vaccination Clinic 10 a.m. – Noon at East Herkimer Fire Department, 193 Main Road, East Herkimer. Pre-register at 315.867.1176.

DECEMBER 3
Christmas at the Fort - Author Book Fair at Fort Plain Museum, 389 Canal Street, Fort Plain. Visit fortplainmuseum.org/events

To promote your event, please contact us at cfeditor@leepub.com or 518.673.0143.

ACROSS

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

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TODAY'S WORD

Home Country

by Slim Randles

There's something so satisfying about getting out of bed when the world is still dark and quiet and resting. Making the coffee gives us time to scratch and think. Well, scratch, anyway. Most of that thinking will start after about the third cup of coffee.

But it's a quiet time. A private time. When the world is dark, and there isn't yet a hint of pink over the eastern mountains, it's very good. We can relax. No one is expecting anything from us right now. Our guilt can take some time off, and we can listen

to music or work a crossword puzzle or turn on the TV and watch the weather guy discuss millibars and troughs.

Soon enough, we'll have to be out there living for others: our bosses, our customers, our animals, our fields. But right now no one needs us except the dog, and she does well on kibbles and an ear rumple.

We can look out the window at the eastern

glow and wonder what will happen in the hours until our world turns dark again. People will be born and people will die. People will win honors and people will go to jail. People will create things today that live past them and people will disappear forever. Some people will write about these things and other people will read about these things.

And then the world will

go dark on us again and we'll think about what happened in our tiny portion of this huge moving amalgam and hopefully we'll sleep easily tonight. When we arise tomorrow and head for the coffee pot, we can think about what happened today, and how it has made us slightly different for taking on the next tomorrow.

Come to us, Daylight. Bring us the new day. But

These pages sponsored by



Visit the countryculture.co.

do it gently, please, and slowly enough for one more cup.

Pick up "Home Country: Drama, Dreams and Laughter from the American heartland" at lpdpress.com.

Communities can work together to make prom night safer

Spring is in the air and that means high school juniors and seniors across the country are getting ready to party the night away at their respective proms.

Even though these rites of passage are well-known as opportunities to make lasting memories, prom also is associated with several risky behaviors. Underage alcohol use is among the poor choices that teens may face on prom night. However, parents and community members can work collectively to keep promgoers happy and safe this season.

- Liquor lock down: Merchants who sell alcoholic beverages can be especially diligent around prom season to check identification and fail to sell alcohol to anyone who is underage. This includes wait staff at area restaurants. Parents and guardians can make sure their own alcohol at home is locked away so it cannot be borrowed for prom celebrations.
- Beef up police patrols: Community leaders can work with local police departments to increase patrols around schools and locations that are frequent meeting spots for teenagers following prom festivities. Law enforcement can respond quickly

to parties and other concerns if they devote specialized underage drinking details for prom night.

- Keep parties age-appropriate: Parents in the community can keep prom nights safer by not serving or allowing alcohol at any party they are hosting.
- Safe after-party fun: Recreational centers, churches and other businesses can offer to host after-parties that are monitored and/or chaperoned. This enables teens to gather at safe locations and continue to celebrate in ways that are age-appropriate, without feeling the pressure to attend less trustworthy events.
- Talk about risky behaviors: Parents, teachers and community leaders can talk to teens about the potentially dangerous behaviors present on prom night. Remind teens they always can come to an adult without the risk of being punished if they find themselves in an uncomfortable situation. Parents can continue to establish trust so their kids can come to them when they need help or advice.

Community residents can work together to help make prom season safe for all students.

Instilling a love of gardening

by Joan Kark-Wren

April is Kids Garden Month and what better time to share your love of gardening with a child? From learning what it takes to grow your food to spending time with family to encouraging a child's curiosity, gardening has many benefits.

Starting with small projects based on your child's age, ability and interests is the best way to

have success. Projects can be as simple as planting marigold seeds in a pot (how many of you did this in school?) to growing a bean tepee or a sunflower house to larger projects like a secret garden. The most important thing is to have it be fun and successful. When the child sees that marigold blooming

or the sunflowers start to grow into a wall, they will experience a sense of accomplishment and want to continue gardening.

My love of gardening was sparked at a young age when my grandfather planted hen and chicks in a rotting stump at our house. I loved watching the "hen" produce all those "chicks" and would pluck them off and plant them elsewhere on the stump.

For the complete story, check out www.country-culture.co.

6	2	7	4	5	8	3	1	9
4	9	8	1	3	6	5	2	7
5	1	3	9	7	2	4	6	8
7	6	9	8	4	5	1	3	2
3	8	5	7	2	1	9	4	6
2	4	1	6	9	3	8	7	5
9	3	6	2	8	4	7	5	1
8	5	2	3	1	7	6	9	4
1	7	4	5	6	9	2	8	3

Answer

Weekly SUDOKU

Answer

Twinkle, Twinkle Little Star

Scramblers

Today's Word

WATER

1. Below 2. Maiden 3. Rebate; 4. Later



W	I	L	L	W	A	L	B	S					
E	D	I	E	A	N	Y	B	R	A	T			
K	N	E	W	L	A	N	D	M	A	R	K		
S	A	V	O	Y	M	A	O	C	A	T			
B	R	I	D	G	E	T	C	R	E	T	E		
A	S	I	N	H	U	T	O	W	E	N			
D	I	V	A	S	O	U	R	T	O	W	N		
I	D	E	H	G	T	G	A	S	E	D	I	F	Y
B	A	N	D	S	A	W	S	N	U	L	L		
M	O	O	T	P	E	C	A	Q	U	I			
A	L	P	S	O	N	A	S	E	G	O			

Solution time: 23 mins.

Answers

King Crossword



Multi Line New Tire Dealer

Tire Repair

Oil Changes

Custom Wheels

Auto Accessories

Interstate Car Batteries

Century Pickup Truck Caps

Lawn and Garden Tires

ATV & UTV Tires

Semi-Tractor & Trailer Tire Service

Semi-Tractor & Trailer Computer

Spin Balancing

Semi-Tractor & Trailer Recapping Available

Goodyear National Accounts

NYS Contract Pricing

OTR Tires

Log Skidder Tires

Agricultural Tires

Tire Chains

Ag-Bags

Net Wrap

Bale Wrap

Financing Available

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ON THE FARM TIRE SERVICE



2022-2023 Budget:
5/4/22 Public Hearing
To present proposed budget
6:00 p.m. Board meeting to follow

5/17/22 Annual Budget Vote and
Board of Education Candidate Vote
Harry Hoag School Gym
1:00-9:00 p.m.

NYSPHSAA Awards: The NYS
Public High School Athletic Assn
has named the following winter
sports teams as Scholar-Athlete
Teams, having a team average of 90
or above:
Girls Basketball
Boys Basketball
Cheerleading
Swimming (merged team w/Canjo)
Wrestling (merged team w/Canjo)
Great work to all of our athletes!!

Student's Writing Honored:
5th grade student Kinley Trumbull
recently wrote a story about 9/11,
after her Guided Reading class read
the book "Ground Zero" by Alan
Gratz. Kinley's own story about
9/11 was so impressive that Teach-
ing Assistant Paula Colvin sent it
to Alan Gratz. In return, Mr. Gratz
wrote a letter to Kinley and sent her
an autographed copy of his book.
Kinley was very excited to have her
story honored in this special way.
Great job, Kinley!

DUE TO UNUSED SNOW DAYS,
SCHOOL WILL BE CLOSED ON MAY
26th, 27th and 31st (also closed
May 30th for Memorial Day)

**Kindergarten & PreK
Registration Ongoing:**
Registration for the 2022-2023 PreK
and Kindergarten programs is going
on now. Children turning 4 years
old on or before December 1st are
eligible for PreK and children turning
5 years old on or before December 1st
are eligible for Kindergarten. Please
contact jennifer.weaver@fortplain.org
to receive a registration application.

Upcoming Events:

- April 15-22 School Closed
- May 4 Public Hearing/BOE 6:00 pm
- May 13 Interim Marking Period Ends
- May 17 School Budget Vote 1-9 pm
- May 26 & 27 School Closed
- May 30 & 31 School Closed

Budget Update: A public hearing on the district's
proposed budget for the 2022-2023 school year will
be held on Wednesday, May 4th at 6:00 p.m. in the
district office conference room. Residents will vote
on the proposed budget on Tuesday, May 17th from
1:00-9:00 p.m. in the Harry Hoag School gym. Along
with the proposed budget, residents will also be asked
to vote on four proposals:
1) purchase four school vehicles
2) increase the maximum funding level of the existing
Transportation & Capital Reserve Fund
3) establish a new Repair Reserve Fund
4) undertake an energy performance/savings project
District residents will also elect two candidates to the
Board of Education, to fill seats currently held by Mary
Beth Hudyncia and Ronald Kardash whose terms ex-
pire June 30th.
Applications for absentee ballots may be obtained
from the District Clerk between 8:00 a.m. and 4:00
p.m. Monday-Friday, except holidays. Completed ap-
plications must be received by the District Clerk at
least seven days before the election if the ballot is to
be mailed to the voter, or the day before the election
if the ballot is to be delivered personally to the vot-
er. Absentee ballots must be received by the District
Clerk no later than 5 p.m. on May 17th.



Girls on the Run is So Much Fun! The Harry Hoag
School is hosting the spring session of Girls on the Run
of Central New York. Girls on the Run provides a fun
opportunity for girls in the areas of physical fitness,
health and wellness, teamwork, motivation and goal
setting. The team is coached by Patricia Sweet, Tracey
Conover, Bethany Muha and Lauri Broady. The partic-
ipating 5th and 6th grade girls are: Aileen Germond,
Ahna Brackett, Rylee Stone, Coco Brackett, Emma Dil-
lenbeck, AshLyn Lewis, Kinley Trumbull, Zoe Paul, Mol-
ly Shults, Caleigh Bartholomew, and Lainie McDuffee.
The team practices twice per week, and the season
concludes with a 5K in Oneonta on June 5th.

Battle of the Books: The High School Battle of the
Books team recently competed, for the first time since
the pandemic began. The competition consisted of
six local teams. The students come prepared, having
read 12 books from an assigned list. During the meet,
quotes from the books are read. Students must iden-
tify which book, and its author, the quotes are from.
Points are given based on the number of correct re-
sponses. This year's Battle of the Books team members
were: Natalie Thibodeau, James "Jed" Douglas, Payton
Skiffington, and Monika Kulczynski.



Spanish 8 Creates Brochures: A recent cross-curric-
ular project saw Spanish 8 students finding out what
it's like to be a travel agent! Students selected a Span-
ish-speaking country, territory, or city to study. First,
they researched the area including history, geography
and climate. Next, they had to build the logistics of
visiting their chosen destination. This included cal-
culating travel costs, meals, activities and excursions,
and then completing a detailed vacation budget. Each
student had to make sure that they checked
on any travel requirements, such as passports, visas,
or vaccinations. The project let them explore what
types of sightseeing and events that they would like
to take part in, if they were on vacation. Typical ac-
tivities included festivals, faires, natural attractions,
animal parks, cultural and historic sites, and more.
Although the project was coordinated by Spanish
teacher Melanie Pombrio and Library Media Specialist
Tariyka Chaulk, the work required the students to use
their skills in Spanish language, English, social studies,
technology, visual presentation, marketing, and math.
The information was then put together using Adobe
Spark to create exciting and information-packed trav-
el brochures. Many students came away with adding
visiting their chosen country to their bucket lists!

Events Round-Up:
**Following a two-year haitus, the Unified Basket-
ball Program will begin after the break. The program
brings together differently-abled students with tra-
ditional athletes to play in a competitive league.
**The Harry Hoag School recently completed the
"Healthy Heart Jump Rope Challenge" during their
Physical Education classes. Over \$1000 was raised, to
benefit the American Heart Association.
**Junior High students will enjoy a "Spring Fling" on
Saturday afternoon, May 14th. This event will feature
food, music, games, activities and dancing.

"Hilltopper Herald" Article of the Month: The "Hill-
topper Herald" is the student newspaper written and
designed by kids. This month's article is taken from
the ongoing series "Callan's Survival Guide" by sixth
grader Dio Callan...
*How to purify water is pretty easy if you have the right
tools but what if you don't? You can survive three days
without water and two weeks without food so water in the
wilderness is super important! So...you just turn on your
faucet and...just kidding, you're not really going to find a
faucet in the wilderness...so any type of body of water can
be used for drinking unless contaminated with man-made
products. Saltwater won't really be a good option because
you'll get dehydrated and that won't do you any good. Try
to get water that is running swiftly. Still water will have
more sediments and dangerous organisms. Once you
find water, you must purify it. NEVER drink water that has
not been treated, even if it looks clean there are still harm-
ful contaminants thriving inside the water. First you want
to get a fabric that doesn't soak up water and keep it - like
a handkerchief, shirt, rag, etc. Pour the water onto the fab-
ric and let it go through, dripping into another container.
The once all the sediments are gone you need to get rid of
the bacteria by making a fire. Put your container or holder
over it and let it heat up for ten minutes. Keep in mind you
do not have to wait until it boils, it just needs to get hot
enough to kill the bacteria. Boiling will cause more water
to be gone.*