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**JUNE 11, 2022**



**IN THIS ISSUE:**  
AUTOMOTIVE  
DINING & ENTERTAINMENT  
FARM, HOME & GARDEN  
HOME IMPROVEMENT  
REAL ESTATE

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being watchful and thankful.  
Colossians 4:2*

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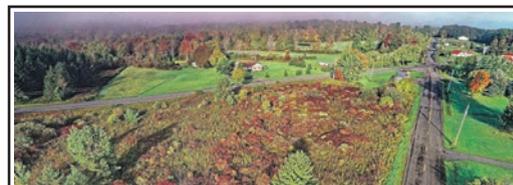
**Krutz Properties is #1 per Capital District MLS for property SOLD in Montgomery County!**



**Canajoharie, NY - #202218218:** This scenic spot with a view of the Boiling Pot/Canajoharie Gorge awaits you at this 1.6 acre parcel in the village. Located on a dead end road and a private hillside setting offers RV on a concrete slab, access to high speed internet, village water and sewer, 2 sheds, garage and power. Yes, this is a perfect vacation spot to enjoy relaxing by a campfire or barbecuing outside on those warm summer nights. Or if you have your own RV, you can certainly park a class A, B or C RV. **\$56,900**



**Canajoharie, NY - #202217530:** Relax on your back deck and enjoy an amazing view of the Cherry Valley Mountains! Home built in 2005 with open kitchen and dining area, living room with a large picture window and fireplace, 3 bedrooms and 2 baths. 2-story barn 1st floor measures 40x64 w/ horse stalls and 2nd floor measures 40x32. 2nd building measures 29x33 - 2 bay pole barn. **\$360,000**



**Charleston, NY - #202129905:** Build your dream home or hunting camp here. 14.75 acre lot with 1400 ft road frontage on State Rte 30A and 920 feet road frontage on Esperance Rd. Approx 324 acres of state land just 3 or so miles north on 30A of this land. **\$46,500**



**Florida, NY - #202218453:** 142 acres of paradise located on a quiet country dead end road in the town of Florida. Come and build your dream home and create your own private estate overlooking mountain views and endless rolling farmland. This property offers an abundance of wildlife whether you are a nature lover or an avid hunter. This large parcel features a mix of pine groves, hardwoods, and cropland. Power & high speed internet located at road. Only 6 minutes from the NYS Thruway. Listing agent related to seller. **\$415,000**



**Fort Plain, NY - #202218711:** If you're dreaming of a quiet place in the country yet still affordable, you've found it. Enter the private drive to discover a park like setting. Sit on the large front porch in the evening and listen to the sounds of nature. This move in condition home has a large garage for cars and a workshop or your outdoor toys. **\$179,900**



**Johnstown, NY - #202128079:** Are you looking for the perfect home for entertaining? Well here it is! This home features an open concept first floor, complete with a full bathroom. Spacious master bedroom complete with an en suite. Updates include mahogany countertops, convenient second floor laundry and custom coffered ceilings. Walking distance to Knox Field. All you have to do is add your finishing touches and this home will feel like yours! Call for your private showing today! **PRE APPROVED BUYERS ONLY. Agent is related to seller. \$275,000**



**Mount Vision, NY - #202216753:** If you are looking for a get away location, Air bnb or a year round home, all ready set up for your farm animals, pasture fenced in with a spring fed pond. Seller will be using the property as a Airbnb this season so please give at least 48 hours notice. Close to Gilberts Lake state park, Baseball camps, Cooperstown Equestrian Center, Glimmerglass, Baseball Hall of Fame. **\$200,000**



**Northville, NY - #202215450:** Approved wooded building lot with 630 feet of road frontage right out side of town. Build your dream home. Can be combined with adjacent property also for sale. **\$54,000**



**Oppenheim, NY - #202215749:** Calling all hunters. 50.2 surveyed acres awaits you. Lots of mature timber. Marsh area on the south west corner of the land is a haven for all types of game, including deer. Upgrades include driveway, small clearing for a camper & 4 sheds on the property. There is a 30 ft R.O.W. on Hoffman Rd on the back of the land. \*\* Make sure you are accompanied by an agent. **\$69,900**



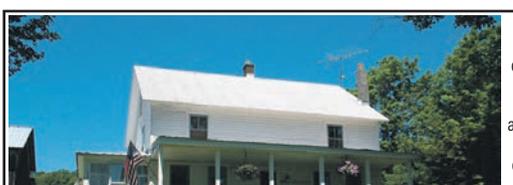
**Palatine, NY - #202210783:** Great lot to build a home on in the village of Palatine Bridge. **\$21,900**



**Palatine Bridge, NY - #202215762:** 2-story, 4 unit apartment house in the v/o Palatine Bridge. Separate utilities, off street parking and newer asphalt roof. **\$135,000**



**St. Johnsville, NY - #202218032:** Country home with a large yard! Large enclosed front porch, formal dining room, living room and eat-in kitchen. 3 bedrooms and 1 1/2 baths. 2-stall garage. **\$119,000**



**Mount Vision, NY - #202212470:** Private old Farmhouse that was the old Stage coach Stop (Home Sweet Home Traveler's Rest) on a dirt road, property on both sides of the street. Sit on the front porch and watch the wildlife and the view, Ponds on the property one with Koi Fish the others have native fish, old apple orchard can be brought back to life, perennial landscaped yard. Large barn with loft for hay and could easily put stalls in to house horses for the weekend horses or year round gentleman's farm. The house has all original hardwood floors with built in cupboard. Attic is finished to make another bedroom. Just needs a little TLC. **\$350,000**



**Wolcott, NY - #202214911:** A tranquil "sportsman's paradise" featuring 57.91 acres situated along the Seaway Trail of Lake Ontario. This ranch home is in top-notch condition with new wiring, plumbing, wood interior walls, flooring, automatic Generac generator & UV water filtration system for the artesian well. The large dry basement is currently set up as a workshop but can easily be finished to double the living space. The sale includes 2 parcels, the 14.5 acres across the road keeps it private. Fishing on the 3 mile bay is at your doorstep, 10 min. to the Public Boat Launch next to the Colloco Winery and Turtle Cove Restaurant. 10,000 acres of State Land in the area is an extra hunters' dream bonus. The mixed hardwoods have never been logged. Makes a great retirement home, 2nd home, starter home or camp! **\$315,000**

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# United Way MV honors 100 heroes at gathering

United Way of the Mohawk Valley honored, celebrated and paid tribute to its 100 Heroes at a gathering on May 15 at the Deerfield Fire Department. The celebration honored the 100 heroes nominated and selected as part of the nonprofit's 100th birthday celebration.

The goal of the project was to find 100 like-minded individuals who are out in our

local communities doing what United Way MV is known for – helping the Mohawk Valley thrive.

The categories for honoring the heroes were health, education, financial stability, volunteerism, advocacy and leadership, which perfectly align with United Way MV's mission. After hundreds of nominations came in, a

committee rated each nominee rigorously to come up with the final 100. Every Thursday over six weeks, hero highlights were released to share how each person has made an impact in our community.

"This gathering is meant to celebrate each individual selected as part of our 100 Heroes and truly thank them for their efforts every

gift. The heroes and a couple of their guests shared comradery as they met other honored individuals, who have made a difference in the Mohawk Valley, just like themselves. For those who have passed away, the 100 Heroes next of kin were invited to share in the celebration.

This project would not be possible without the support of United Way MV's partnerships, especially from the top 100 Heroes sponsor, Central New York Labor Council. Other category sponsors for this project include NASRCC, IBEW Local 43, LiUNA Local 190, MVCC PA, Max's Print Shop and GCC/IBT Local L1.

"The James R. Cook Labor Agency (formerly the Central New York Labor Agency) has collaborated with United Way of the Mohawk Valley for over 40 years to serve all individuals in our community with informational and referral services. This partnership, along with the CNY Labor Council, has afforded the United Way with a conduit to labor to promote workplace campaigns and support for the various programs that are offered to our community," said Norma Chrisman, president of the MVCC Professional Association and James R. Cook Labor Agency.

For more information about the United Way MV's 100 Heroes and to read each Hero Highlight, head to [unitedwaymv.org/100heroes](http://unitedwaymv.org/100heroes).



One hundred local individuals were honored and thanked for their service to the community by the United Way of the Mohawk Valley.  
Photo courtesy of the United Way of the Mohawk Valley

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# BUSINESS FOCUS

## Esther's Budget Shop

Esther's Budget Shop in Fort Plain is a shop full of wonder. You will find antiques, jewelry, toys and much more. Located at 188 Canal St., Esther has been in business for 37 years.

Esther's Budget Shop will be celebrating July 4 on the weekend of July 2 and 3 with an old-fashioned Dollar Day Sidewalk Sale and 50% off items inside the shop along with other sales. On Saturday there will be a scavenger hunt for both children and adults. Mark the date on your calendar – you won't want to miss the fun!

Esther enjoys sharing her finds with customers. Whether you're shopping for presents for others or yourself, you can be sure to find something special.

Be sure to stop in soon and meet Esther. You'll always be greeted with a smile. Find her on Facebook or call 518.258.4286.



Stop by Esther's Budget Shop at 188 Canal St. in Fort Plain and say hi to Esther!

## Rabies clinic set for June 15 in Frankfort

A rabies clinic will take place on June 15 from 5:30 - 7 p.m. at the Ilion/Frankfort VFW Pavilion, 4274 Acme Rd., Frankfort.

All cats, dogs and ferrets three months or older must be vaccinated even if they stay indoors. Every dog and cat needs two rabies vaccinations one year apart, then one every three years. Ferrets must be vaccinated every year. Bring the pet's rabies vaccination history to receive a three-year

certificate.

Dogs should be on a leash. Cats and ferrets should be in a carrier or pillowcase. No vet exams will be given. A \$5 donation per pet is suggested to defray costs.

Visit herkimercounty.org to view a complete listing of rabies clinics. To schedule an appointment and pre-register your animals, call 315.867.1176. Pre-registration will end at noon on June 14 for this clinic.

## Bradford Paulson takes a ride on CSX's Tropicana Juice Train

The Utica and Mohawk Valley Chapter of the National Railway Historical Society will meet on June 10 at 7 p.m. at the Zion Lutheran Church on French and Burrstone Roads in New Hartford. There will be a business portion conducted by President Harry Lenz with reports on the Adirondack Railroad, possible train and bus trips, the summer picnic at Utica Union Station in August, New York Central 6721 and the former Delaware, Lackawanna and Western Railway Switch Tower on Schuyler Street in Utica, along with many other activities and projects ahead for the society in the coming months.

After the break, Chapter Vice President Bradford Paulson will have a DVD on CSX's Tropicana Juice Train that travels from Bradenton, FL, to New York and back. This DVD will show how the train is put together and load-

ed with Tropicana products that will go to supermarkets and convenience stores everywhere. It will also feature many different sites such as the Florida Railroad Museum, the Florida wetlands and other places of interest as this train rolls through with its cargo it is carrying for its trip to New York and back.

This meeting is open to anyone who is interested in railroads, the railroads of the State of Florida, the railroads of the Southeastern U.S. and railroad history. We invite guests attending the meeting the opportunity to join the chapter as regular members. We would also like to invite all active and retired railroad personnel to the meeting as well.

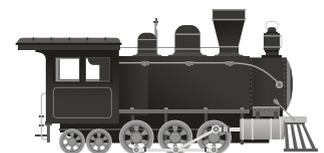
For more information, contact Bradford Paulson at 315.275.1223 or 315.853.5400 or at Bpaulson909@msn.com.

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# Herkimer County HealthNet is recipient of \$6,000 grant

Herkimer County HealthNet announced the organization is the recipient of a \$6,000 grant from the Community Foundation of Herkimer & Oneida Counties and the Wesley and Marion Small Fund. The funds will be used toward the initial construction of the Frankfort community garden to be installed this summer at the park in the Village of Frankfort.

"We are thrilled to help construct the first community garden in the Village of Frankfort and believe it will be an amazing source of nutrition, education and wellness for all," said Elyse Enea, executive director of Herkimer County HealthNet.

"We are so grateful for the support of the Community Foundation of Herkimer & Oneida Counties and the Wesley and Marion Small Fund and are excited this grant will allow us to open the garden at the village park this summer," said Alexandra Tamburro, Frankfort resident and coordinator of the community garden project. "It is so inspiring to see our plans come to life and be able to offer the space to grow and create long-lasting, healthy relationships with our neighbors

and natural environment."

Village of Frankfort Mayor Richard D. Adams Jr. stated, "I would like to take the opportunity to thank the Community Foundation of Herkimer & Oneida Counties and the Wesley and Marion Small

Fund for the funding to assist with the start-up of the Frankfort Community Garden. I also would like to thank Herkimer

County HealthNet for their assistance in submitting for this project. It is through appreciable funding opportunities like this that we have the ability to accomplish such great community-oriented projects that not only teach people to work together but it also teaches lifelong skills that team mem-

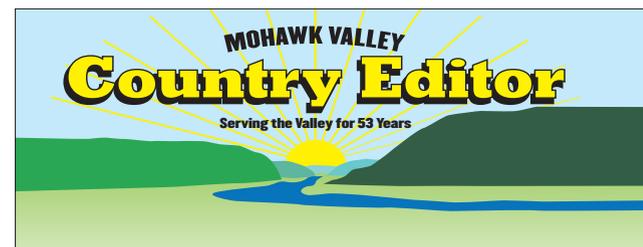
bers are able to carry to their own homes and pass along to their families."

The garden will offer hands-on learning opportunities while providing community members the space, education and skills related to sustainable gardening practices and land stewardship.



(L - R) Erin Grygiel, Elyse Enea Bellows and Alexandra Tamburro at a local community garden.

Photo courtesy of Herkimer County HealthNet



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## Rabid raccoon identified in Newport

Herkimer County Public Health received word on June 2 from Wadsworth Labs that a raccoon sent in to be tested for rabies on June 1 from the Town of Newport has tested positive for rabies.

The raccoon was found acting strangely in a barn and the property owner killed the raccoon.

The public can protect themselves or their family pets from rabies by practicing the following:

- Vaccinate your pets against rabies.

- Spay or neuter all animals to reduce the number of strays.
- Do not feed strays or handle unknown animals, wild or domestic.
- Remind children and adults not to play with unknown animals, wild or domestic.

Herkimer County Public Health would like to remind the public to check your pet's rabies vaccination records to make sure that they are up to date. If they are not up to date, make an appointment with their vet as soon as possible to have

them vaccinated against rabies.

Herkimer County Public Health is hosting a rabies clinic on June 15 at the Iliion/Frankfort VFW Pavilion, 4274 Acme Rd., Frankfort, from 5:30 - 7p.m.

Call Public Health at 315.867.1176 if you have any questions or concerns, or visit herkimercounty.org.

## The rise of the microwedding

The effects of the pandemic have been far-reaching. People from all walks of life have had to confront the pandemic and the changes it wrought, and many of those changes could have some staying power.

Wedding industry experts note that one of the more noticeable and potentially long-lasting effects of the pandemic has been the rise of microweddings. The 2020 Real Weddings Study (COVID-19 Edition) found that 58% of couples who planned to get married in 2020 ended up reducing their guest list by a significant percentage. The average reduction was 41%, and some suspect small ceremonies may be the new normal in the years ahead.

### Microweddings

Microweddings are not necessarily a new trend, as couples have always had the option of getting married with only a small number of family and friends in attendance. However, microweddings could be an emerging trend, and cost may have a lot to do with that. The Wedding Planner Institute notes that microweddings cost anywhere from \$1,600 to \$10,000, though the group notes that most microweddings fall somewhere in the middle of that range. A 2020 survey from TD Ameritrade found that 47% of respondents felt that cost of living was the

biggest threat to their financial security and long-term investments. Engaged couples confronting the well-documented post-pandemic increase in cost of living, including an unprecedented rise in housing costs, could see expensive weddings as luxuries they simply can't afford. Microweddings could be viewed as a cost-effective way to combat the rising cost of living that still allows couples to share their big day with their closest friends and family members.

The WPI has urged wedding planners to offer microwedding packages in an effort to capitalize on this emerging trend. Data from the Wedding Report indicated that the total number of weddings would rise to 2.77 million in 2021, an increase of roughly 650,000 over the yearly average. Even if only a fraction of couples who tie the knot in 2022 opt for a microwedding, a preexisting microwedding package can help wedding planners secure their business. Couples who opt for microweddings may do so to save money, but also to avoid the effort and save the time required to plan more lavish affairs. Such couples may be especially excited to work with wedding planners who can plan their weddings regardless of how small the affair may be.

### What Goes Into a Microwedding

Nothing should be off the table when planning a microwedding. The fewer the people who will be there, the more free-



dom planners and couples may have. The WPI notes that microweddings afford planners and couples the chance to get personal in ways that may not be possible when organizing larger affairs. Planners can focus on small details and allow couples to make their ceremonies and receptions as personal as they would like. Couples who prefer microweddings tend to emphasize minimalism, so keeping things simple is something to keep in mind when planning microweddings.

Microweddings are an emerging trend that make for a realistic option for couples and the people they hire to help them plan their big day.

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In these difficult times, there is a place of refuge and peace anyone can access by calling these phone numbers to hear various offerings of spiritual inspiration assuring you of God's great love and power in your life.

1. The Daily Lift 1(617)450-3430 - 3 Minute Recording 24/7
2. Sunday Church Service, Live at 10AM 1(646)558-8656 (access code 96993928161#)
3. Spiritual uplifting ideas of various kinds with a menu 1(214)447-9675

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"SPECIAL TRUCKLOAD SALE"  
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If you have unwanted refrigerators, freezers, washers, dryers, push lawn mowers, riding mowers, bikes, tillers, stoves, hotwater tanks, furnaces in cellar, home, garage.  
**WILL REMOVE FOR FREE**  
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518-848-6469

# CHURCH SERVICE DIRECTORY

## AMES

**AMES - SPROUT BROOK UMC**  
613 Latimer Hill Rd., Ames, NY 13317  
518-673-3495  
Pastor Jan Markle  
Sunday Service 9 AM

## CORNERSTONE BAPTIST CHURCH

Pastor Todd Lozier  
Sunday AM Service 10 AM  
Sunday School/Adult Small Groups 11:15 AM  
Sunday Evening 6 PM  
Wednesday PM Service 7 PM Via Zoom  
email us for the link  
Youth Group Sunday Evenings during the school year.  
Family Night - First Sunday Evening of the month from Oct - May  
7274 State Highway 10,  
Ames, NY 13317  
www.cornerstoneames.com  
info@cornerstoneames.com  
518-673-3405

## AMSTERDAM

**THE TIME FOR TRUTH MINISTRIES**  
PO Box 351, Amsterdam, NY 12010  
Phone 518-843-2121  
Cell 518-774-8558

## CANAJOHARIE

**CHURCH OF THE GOOD SHEPHERD**  
26 Moyer St., Canajoharie  
518-673-3440  
The Rev. Virginia L. Ogden, Rector  
Sunday Worship 9:30 AM  
with Communion  
Church Email:  
churchgoodshep26@gmail.com  
Website:  
www.churchgoodshepherd.com

## UNITED METHODIST CHURCH OF CANAJOHARIE

50 E. Main St.  
518-673-2717  
Jesus says - "Come Unto Me" Join us -  
Special Music Ministry, Beautiful Surroundings, Friendly People  
Sunday Service 10:30 AM  
Email: umc673@frontiernet.net  
Communion Last Sunday of the Month

## ST. JOHN'S &

**ST. MARK'S LUTHERAN CHURCH**  
143 Church St., Canajoharie  
518-673-2224  
Pastor A. Elisabeth Aurand  
Remote & In-Person Sunday Worship 11 AM;  
email for link stjmc-canajoharie.org  
office@stjm-canajoharie.org

## REFORMED CHURCH OF CANAJOHARIE

15-19 Front St., Canajoharie  
518-673-2816  
Rev. Matt Draffen  
Sunday 9 AM Christian Education  
9:20 Choir Practice  
10 AM Worship Nursery provided  
Fellowship hour follows worship

## FAITH, HOPE AND LOVE CHURCH

Rev. David W. Bowley, Pastor  
Sundays, 5 PM at the Upstate Chapel  
63 Cliff St, Canajoharie  
Call 518-673-5128 or see Facebook  
"Faith, Hope and Love Christian Church"  
and our website  
http://faithhopeandlovechurch.com

## NEW BEGINNINGS BIBLE CHURCH

63 Cliff St., Canajoharie, NY 13317  
Pastor Larry Alkinburgh  
518-848-4816  
pastor@newbeginningsbc.org  
Sunday School 9:15 AM  
Worship Service 10:30 AM

## CHERRY VALLEY

**CHERRY VALLEY ASSEMBLY OF GOD**  
37 Alden St., Cherry Valley  
607-264-3306  
Pastor David Carpenter, Jr.  
Sundays 9:30 AM

## ST. THOMAS THE APOSTLE CATHOLIC COMMUNITY

1 Church St., Cherry Valley  
607-264-3779  
Masses Sunday mornings  
at 8:30 AM & 11 AM

## GRACE EPISCOPAL CHURCH

24 Montgomery St., Cherry Valley  
315-858-4016  
Fr. Kyle Grennen, Rector  
Holy Eucharist 11 AM  
Sunday school 11 AM  
Active youth group - call for details  
Facebook: Grace Episcopal Church Cherry Valley

## COLD BROOK

**COLD BROOK UNITED METHODIST CHURCH**  
467 Main St.  
Sunday Worship 10:30 AM

## NEW LIFE CHAPEL OF THE AEA

3447 St. Rt. 8  
Pastors: Rev. Gail & Rev. Mike Jay  
315-826-7115  
Sunday Worship 10:30am  
Intercessory Prayers Tuesday 7pm  
(please call to confirm)

## DOLGEVILLE

**NEW HOPE CHRISTIAN FELLOWSHIP**  
Pastor Peter Spiak  
32 Spencer St. • 315-429-3630  
Sunday School 9:30 AM  
Sunday Worship 10:30 AM  
Wednesday Bible Study 7 PM

## GRACE BAPTIST CHURCH OF DOLGEVILLE

Pastor Len Byerly  
12 Van Buren St.  
Morning Worship 11-12:30 PM  
Lunch 12:30-2 PM  
Afternoon Worship 2-3 PM

## DOLGEVILLE UNITED METHODIST CHURCH

Rev. Anthony Bradseth  
21 N. Helmer Ave.  
Church Phone 315-429-7381  
Sunday Church Service  
Oppenheim @ 9:30 AM  
Dolgeville @ 10:30 AM

## DOLGEVILLE CHRISTIAN FELLOWSHIP

Pastor Marvin Isum  
3 Elm St. Phone 315-429-8390  
Sunday Worship 10:30 AM  
Mid-week Service Tuesday 7 PM  
www.dolgevillechristianfellowship.org

## UNITED LUTHERAN PRESBYTERIAN PARISH

26 E. Faville Ave.  
Worship 11 AM

## ST. JOSEPH'S ROMAN CATHOLIC CHURCH

31 N. Helmer Ave., Dolgeville, NY  
Phone 315-823-3410  
Sunday Mass 9AM

## EAST SCHUYLER

**CHRISTIAN ASSEMBLY OF SCHUYLER**  
Pastor Mark Sowersby  
3659 Route 5, East Schuyler  
Sunday Worship 10:30 AM  
Wednesday Night 6:30 PM  
Phone 315-895-0926  
Christianassemblyofschuyler.com

## EPHRATAH

**EPHRATAH REFORMED CHURCH**  
140 Co. Hwy. 140, Ephratah, NY  
To live and share Jesus Christ both locally and globally.  
Everyday. Everywhere. Everyone.  
Pastor Jeff Hindrliter  
Sunday School for all ages  
10 AM September-June  
Sunday Morning Worship 11 AM  
Prayer & Praise Thursdays 7 PM

## ESPERANCE

**ESPERANCE PRESBYTERIAN CHURCH**  
129 Church St., Esperance NY 12066  
Sunday Worship 9:30 am  
Rev. Bert Mayne  
Simple, friendly, conservative worship in a beautiful 1824 sanctuary

## FONDA

**SAINT CECILIA CHURCH**  
26 Broadway, Fonda  
518-853-4195  
Sunday Worship 9 AM

## NATIONAL KATERI TEKAKWITHA SHRINE AND INDIAN MUSEUM

3636 St. Hwy. 5, PO Box 627  
Fonda, NY 12068-0627  
518-853-3646  
Weekly Masses: Sat. 4:30 PM,  
Sun. 10:30 AM  
friars@katerishrine.com  
www.katerishrine.com

## FORT PLAIN

**AMAZING GRACE BAPTIST CHURCH**  
131 Clark Rd., Fort Plain  
518-568-7606  
Pastor Frank Calabrese  
Sunday School 10 AM,  
Morning Service 11 AM,  
Sun. & Wed. Eve. Service 6 PM,  
Youth Group Wed. 6:30 PM,  
Sat. Visitation 10 AM  
www.amazinggracebc.org

## GRANDVIEW BAPTIST CHURCH

15 Washington St., Fort Plain  
518-993-9929  
Pastor Sean Morin  
Sunday School 10 AM  
Morning Service 11 AM  
Bible Study & Prayer Meeting,  
Wednesday 6:30 PM

## ST. PAUL'S LUTHERAN CHURCH

36 Lydius St., Fort Plain, NY 13339  
518-993-2040  
Pastor Jonathan Litzner  
405-250-8395  
Church Service 11 AM

## ST. JOHN'S LUTHERAN CHURCH

774 St. Hwy. 163, Fort Plain, NY  
518-705-7552  
Rev. David A. Johnson, Ph.D.  
Sunday Worship 9 AM,  
Sunday School 10 AM,  
Ladies Aid W.E.L.C.A.  
Handicapped Accessible

## REFORMED CHURCH OF FORT PLAIN

165 Canal St., Fort Plain, NY 13339  
518-993-4302  
fortplainrca@yahoo.com  
Rev. Nancy E. Ryan  
Worship 11 AM,  
AA meetings Mon. & Tues. 7 PM,  
Emergency Food Pantry 518-993-4302

## VICTORIOUS LIFE CHURCH RMI FELLOWSHIP

104 Main St. & 431 St. Hwy. 80  
Fort Plain, NY  
518-993-3102  
Sunday School 9 AM,  
Morning Worship 10:30 AM,  
Youth Group 5 PM,  
Evening Worship 7-8 PM

## FORT PLAIN UNITED METHODIST CHURCH

39 Center St., Fort Plain  
Audie Miller,  
Lay Supply Pastor  
Church Office 518-993-3863  
Kitchen 518-993-3464  
ALL WELCOME, Worship Service 11AM

## OUR LADY OF HOPE R.C. CHURCH

115 Reid St., Fort Plain, NY 13339  
Parish Office 518-993-3822  
ourladyofhope@frontier.com  
Mass Schedule: Saturday, 4 PM;  
Sunday, 9:30 AM;  
Confessions: Sat. 3 & by appointment  
Please call parish office for Holy Day schedule

## FREYSBUSH UNITED METHODIST CHURCH

Freysbush Rd., Fort Plain  
518-429-9936 or 518-424-8488  
Worship 9 AM,  
Sunday School 10 AM  
ALL ARE WELCOME

## FRANKFORT

**OUR LADY QUEEN OF APOSTLES**  
414 Frankfort St., Frankfort, NY  
Pastor: Father Paul Catena  
Deacon: Micheal Carbone  
Mass Schedule:  
Saturday 4 PM (May - October);  
Sunday 9 AM; Tuesday & Thursday 9 AM

## FULTONVILLE

**FONDA FULTONVILLE UNITED METHODIST CHURCH**  
Pastor Kathy Reese  
Sunday worship and  
Sunday school 10AM  
Outdoor service: 11 Montgomery Street,  
Fultonville, May-Early Sept. (byo - chair)  
Indoor service:  
Winter and inclement weather  
Glen Town Hall, 7 Erie Street, Fultonville  
Community Outreach is very important to us  
**518 853-3311**

## FULTONVILLE REFORMED CHURCH

Corner of 5S & 30  
Pastor Jane Hubschmitt  
Sunday School 10 AM  
Family Worship 10:30 AM

## GLEN

**GLEN REFORMED CHURCH**  
State Hwy 161 in the Hamlet of Glen  
4 miles South of Fultonville  
glenreformed@nycap.rr.com  
Sunday Worship at 9. Sunday School  
immediately following Children's Message

## HERKIMER

**SS PETER and PAUL ORTHODOX CHURCH**  
Fr Vasil Dube  
& Fr Dn Demetrius Richards  
305 Main Rd., Herkimer  
Phone (315) 866-3272  
Saturday Vespers -  
5 PM (spring/summer months)  
4 PM (fall/winter months)  
Sunday Divine Liturgy 9:30 AM Sundays

## TEMPLE BETH JOSEPH

327 N. Prospect St.  
Phone 866-4270  
Friday 7 PM

## ST. FRANCIS de SALES CHURCH

Rev. Mark Cunningham, Pastor  
219 N. Bellinger St.  
Phone 866-4282  
Saturday Vigil Mass 4 PM  
Sunday Mass 8 AM

## CHURCH OF SAINTS ANTHONY and JOSEPH

229 S. Main St.  
Phone 866-6373  
Sunday Mass 10 AM  
No Saturday Vigil

## REDEEMER CHURCH

Pastor Michael Servello  
931 Herkimer Rd., Utica, NY 13503  
Phone 792-4748  
Saturday 6 PM • Sunday 9 & 11 AM

## OAK RIDGE FREE METHODIST CHURCH

Pastor Chris Schumske  
838 W. German St.  
Worship Service for adults & children  
8:30 AM & 10:30 AM  
with Ridgekids for the children  
(0-5th grade)  
Phone 866-0575

## UKRAINIAN ORTHODOX CHURCH OF ST. MARY'S PROTECTRESS

326 Moore Ave.  
Sunday Divine Liturgy 10 AM  
Holy Day Liturgy 9 AM  
Phone 866-1336

## NEW LIFE CHURCH

Pastor David Hayner  
337 Protection Ave.  
Phone 866-1164 • www.nlc-mc.org  
Worship 10 AM  
Wednesday Worship 6:30 PM

## THE SALVATION ARMY

Lieutenants Derrick and Heather Purvis  
431 N. Prospect St.  
Phone 866-1240  
Facebook.com/TheSalvationArmyHerkimer  
Sunday School 10 AM  
Morning Worship 11 AM

## FIRST UNITED METHODIST CHURCH OF HERKIMER AND LITTLE FALLS

Pastor Joelle Faulks  
Proctor St & Park Ave.  
Sunday Worship and Sunday School  
9 AM

## HERKIMER REFORMED CHURCH

102 Church St.  
Phone 866-1523  
Worship 9:30 AM  
Shepherd's Table: Tuesday 11:30-12 PM

## TRINITY EVANGELICAL LUTHERAN CHURCH

Corner of West German & Henry Streets  
Phone (315) 866-6474  
Sunday Worship Services  
10 AM in person and virtually on Zoom,  
YouTube & Facebook  
Bible Studies  
Thursday mornings 10 AM on Facebook

## THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

317 Gros Blvd., East Herkimer  
(315) 866-8095  
Sunday Sacrament Meeting 10 AM  
Sunday School/Primary 11 AM  
- Visitors welcome -  
Family History Center,  
open by appointment

## ILION

## ILION COMMUNITY CHURCH

Pastor Dean Mabry  
44 Central Plaza  
Sunday Worship 10 AM  
Child Care/Kids Church Available  
ilionchurch.com

## SAINT AUGUSTINE'S EPISCOPAL CHURCH

78 2nd Street  
Phone: (315) 894-3775  
Sunday Services at 10 AM

## FIRST PRESBYTERIAN CHURCH

90 Morgan St., Ilion, NY, 13357  
Reverend Richard Riggle  
Bible Study 9:30 AM  
Church Service 10:30 AM  
315-894-2070

## FIRST BAPTIST CHURCH

8 Second Street  
Reverend John Partise  
Wednesday Mid Week Service 7 PM  
Sunday Morning 11 AM

## JESUS NEVER FAILS COMMUNITY CHURCH

Reverend Hans Drews  
1161 Elizabethtown Rd., Ilion, NY 13357  
518-568-7983  
hansandrosaline@yahoo.com  
Sunday Service 11 AM

## MORNING STAR UNITED METHODIST CHURCH

36 Second Street  
Pastor Joelle Faulks  
Sunday Worship 10:30 AM  
November 1 - May 1  
4224 Acme Rd, Frankfort  
May 1 - November 1  
36 Second Street, Ilion

## ANNUNCIATION CHURCH

109 West Street, Ilion, NY  
Pastor: Father Paul Catena  
Deacon: Micheal Carbone  
Mass Schedule:  
Saturday 4 PM (November - April);  
Sunday 11:30 AM;  
Monday & Wednesday 9 AM

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**True Value Hardware**  
73-77 N. Main St. Dolgeville  
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With a  
**Warranty!**  
**WHITCOMB AUTO SALES**  
6500 St. Rt. 5, Little Falls, NY 13365  
Thomas C. Whitcomb, Owner  
Phone 315-823-1320  
www.whitcombautosales.com

# CHURCH SERVICE DIRECTORY

**JOHNSTOWN**  
**CHURCH OF THE NAZARENE**  
 3316 St. Rt. 29 W,  
 Johnstown, NY 12095  
 Offices: 518-762-2982  
 Cell: 857-523-8417  
 Pastor, Rev. Mark Fowler  
 Sunday Morning Service 11 AM  
 Sunday School for All Ages 10 AM

**LASSELLSVILLE**  
**LASSELLSVILLE**  
**UNITED METHODIST CHURCH**  
 State Hwy. 29  
 Pastor Robert A. Lindsay  
 Worship: Sunday 9:30 AM  
 Sunday School to start soon

**LITTLE FALLS**  
**FIRST BAPTIST CHURCH**  
 555 Albany St.  
 315-823-3392  
 Morning Worship 9:45 AM  
 Rev. Chris J. Wintermute, Lead Pastor  
 Rev. William Whalen, Associate Pastor  
 Nursery (infants through age 4)  
 Meet and Greet Sunday at 8:00 AM  
 Sunday School Classes 8:30 AM  
 (nursery through adult)  
 \*\*Our Service is aired on 100.3 FM,  
 91.1 FM & 88.7 FM on Sundays from  
 11-12 with a 1 week delay.  
 \*\*LIVE on Facebook: "gingerleecase"  
 account- 9:45 am on Sundays

**ST. PAUL'S UNITARIAN**  
**UNIVERSALIST CHURCH**  
 Minister Jeffrey J. Frank  
 Mark Bunce, Organist  
 565 Albany St., Little Falls, NY  
 Phone 315-823-2284  
 Sunday Service & Religious Education  
 10 AM

**FIRST ASSEMBLY OF GOD**  
 Senior Pastor Timothy Parisi  
 559 E. Jefferson St.  
 Phone 823-4043 • firstaglf@gmail.com  
 Sunday Morning All Worship 10 AM  
 Thursday Bible Study 6:30 PM

**HOLY FAMILY PARISH OF THE**  
**ROMAN CATHOLIC COMMUNITY OF**  
**LITTLE FALLS**  
 Father Brian Slezak  
 763 E. Main St., Little Falls, NY  
 Phone 315-823-3410  
 Saturday Vigil Mass 4 PM  
 Sunday Mass 10:30 AM

**HOLY TRINITY LUTHERAN CHURCH**  
 512 E. Gansevoort St.  
 Sunday School 9:15 AM  
 Sunday Worship 9:30 AM  
 Wednesday Worship 11 AM & 6 PM

**EMMANUEL EPISCOPAL CHURCH**  
 588-594 Albany St.  
 Sunday Schedule:  
 High Mass, Rite II 10 AM  
 Nursery & Sunday School 9:45 AM  
 (Sept.-May)  
 Fellowship Coffee Hour 11:15 AM  
 Choir Rehearsal 11:30 AM  
 Holy Day Masses as announced  
 Confessions by appointment

**FIRST PRESBYTERIAN CHURCH**  
 Pastor Tamara Razzano  
 16 Jackson St.  
 Phone: 315-823-3004  
 Email ffirstpres@gmail.com  
 www.presbylif.org  
 Sunday Worship 10 AM  
 Sunday School 10 AM

**INGHAMS MILLS BAPTIST CHURCH**  
 Rev. Gary L. Busch, Pastor  
 Sunday Worship Service 10 AM  
 443 Inghams Mills Rd.  
 Little Falls, NY 13365  
 Pastor's Phone (315) 717-9936

**THE HOLY SPIRIT POLISH**  
**NATIONAL CATHOLIC CHURCH**  
 618 E. Gansvoort St., Little Falls, NY  
 315-823-0793  
 Father Rafal Dadello  
 Mass at 11 AM on Sunday  
 www.holyspiritncc.org

**MARSHVILLE**  
**MARSHVILLE EVANGELICAL CHURCH**  
 Route 10 South  
 Pastor Mark Fowler  
 Worship Sunday 9 AM

**MIDDLEVILLE**  
**MIDDLEVILLE UNITED**  
**METHODIST CHURCH**  
 24 Fairfield St.  
 Pastor Mark Hediger, 315-429-9085  
 pastormark@aol.com  
 Sunday Worship 8:30 AM  
 Thursday Bible Study 2 PM

**MOHAWK**  
**DENNISON CORNERS**  
**COMMUNITY CHURCH**  
 Pastor Donald King  
 219 Robinson Rd. • Phone 866-5215  
 Sunday:  
 Sunday School 9:45 AM  
 Morning Worship 11 AM  
 Evening Worship 6 PM  
 Wednesday Prayer 7 PM

**MOHAWK REFORMED CHURCH**  
 Rev. Brian Engel, Pastor  
 20 S. Otsego St.  
 Phone 866-4292  
 Email mohawkpastor@verizon.net  
 Follow us on Facebook  
 Morning Worship:  
 10:30 AM Sept. - June • 9:30 AM July-Aug.  
 Youth Sunday School (Pre-K - Sr. High)  
 9 AM  
 Adult Sunday School (Men, Women  
 & Couples) 9:30 AM  
 September - June

**EMMANUEL BIBLE CHURCH**  
 Pastor Gary Wilcox  
 54 W. Main St. • Phone 717-3011  
 Worship and Word: Sunday 10:30 AM  
 Fellowship Lunch: 12:30 PM  
 Discipleship Hour: Sunday 1:30 PM  
 Bible Study & Prayer: Wednesday 6 PM

**CHURCH OF THE BLESSED**  
**SACRAMENT**  
 Sr. Mary Jo Tallman, CSJ,  
 Parish Life Director  
 Rev. Leo Potvin,  
 Sacramental Minister  
 71 E. Main St.  
 Phone 866-1752  
 Sunday Mass 9:30 AM

**CHRISTIAN BIBLE CHURCH**  
 H. Ed Reed, Pastor/Teacher  
 167 Ward Rd. • Phone 858-1282  
 www.christianbiblechurch.us  
 Sunday School 9 AM  
 Sunday Worship 10 AM  
 Wednesday Bible Study  
 & Prayer Meeting 7 PM

**THE WORD CHRISTIAN CENTER**  
 Pastor Dan Annutto  
 27 E. Main St. • Phone (315) 985-3596  
 Sunday Services at 10 AM  
 Intercession - Tuesdays at 6 PM

**NELLISTON**  
**VALLEY ALLIANCE CHURCH**  
 85 E. Main St., Nelliston  
 518-993-3458  
 Pastor Ken Gies  
 Sunday School (all ages) 9:15 AM,  
 Sunday Worship 10:30 AM,  
 Wed. Praise & Prayer 7 PM,  
 Fri. Youth Group 7 PM (7-12th grade)

**NEWPORT**  
**FIRST BAPTIST CHURCH**  
**OF NEWPORT**  
 7497 Main Street  
 Pastor's Phone 315-790-1877  
 Sunday Worship at 9:45 AM

**UNITED METHODIST**  
 Pastor Robbin Harris • Phone 845-8730  
 Morning Service 11:15 AM

**KUYAHOORA COMMUNITY CHURCH**  
 Pastor Dwayne Durand  
 West Canada Valley  
 High School Auditorium  
 5447 St. Rt. 28  
 Mailing Address PO Box 50  
 Middleville, NY 13406  
 Phone 315-292-1303  
 www.kuyahorracc.org  
 Weekly Service Sunday 10:08 AM

**ST. JOHN THE BAPTIST**  
**CATHOLIC CHURCH**  
 St. John the Baptist Parish  
 Saturday Vigil 4 PM  
 7516 N. Main St. • Phone 845-8017  
 Sunday Mass 8:30 AM

**OPPENHEIM**  
**OPPENHEIM**  
**UNITED METHODIST CHURCH**  
 Route 29  
 Rev. Jack Ford  
 315-429-7381  
 Worship 9:30 Sundays,  
 Totally Awesome God-TAG time 6:30 PM  
 Wednesdays beginning in Oct.,  
 Sunday School 9 AM beginning  
 September 18th

**PAINES HOLLOW**  
**PAINES HOLLOW**  
**UNITED METHODIST**  
 Lay Servant Gregg Sponburgh  
 Rtes. 167 & 168 • 315-866-1128  
 Worship 9-10AM

**PALATINE BRIDGE**  
**TRINITY EVANGELICAL LUTHERAN**  
**CHURCH OF STONE ARABIA**  
 5430 St. Hwy. 10, Palatine Bridge, NY  
 Pastor A. Elisabeth Aurand  
 Sunday In Person Worship 9 AM;  
 email for link  
 office@stjm-canajoharie.org  
 518-673-2224

**THE HOUSE OF ZION, INC.**  
 580 Dillenbeck Rd., Palatine Bridge  
 518-577-3069  
 Pastors Richard & Denise Allen  
 Saturday Morning  
 Worship Service 11:30 AM  
 Listen to UMT on live radio 97.5FM  
 the 1st Sunday of every month 3-4 PM

**RANDALL**  
**RANDALL CHRISTIAN**  
**COMMUNITY CHURCH**  
 NY Rte. 5S  
 Sunday Service 10:30 AM  
 Worship Leader Darlene Spaulding

**RICHFIELD SPRINGS**  
**CHURCH OF CHRIST UNITED**  
 PO Box 896, Richfield Springs, NY 13439  
 Rev. Mark loiset • 315-858-1553  
 Service: Sunday 9:15 AM  
 Church School: Sunday 10:30 AM

**RICHFIELD SPRINGS BIBLE CHURCH**  
 19 Church St.,  
 Richfield Springs, NY 13439  
 Rev. David Tosi • 315-858-0564  
 Sunday School (all ages) 10 AM  
 Worship Service 11 AM & 7 PM Wednesday  
 - Prayer & Praise  
 Call for info on various  
 Youth Ministries  
 www.richfieldspringsbiblechurch.org

**SALISBURY CENTER**  
**FULL GOSPEL ASSEMBLY OF GOD**  
 Pastor Robert Brent  
 106 Plant Road  
 Sunday Worship 11 AM with Children's  
 Church offered during the service

**SALISBURY CENTER**  
**UNITED METHODIST CHURCH**  
 2545 State Route 29  
 Pastor Mark Hediger, 315-429-9085  
 pastormark@aol.com  
 Sunday Worship 10 AM  
 Thursday Bible Study 6 PM

**SLOANVILLE**  
**SCHOHARIE VALLEY**  
**GOSPEL CHURCH**  
 Pastor Pat Andreoli  
 133 Sprakers Rd., Sloansville, NY  
 518-864-5397  
 svgchurch@gmail.com  
 Wednesday Prayer 6 PM; Sunday  
 Morning Bible Study 9:45 AM; Worship  
 Service Sunday Morning 10:30 AM

**SPRAKERS**  
**CHRISTIAN CHURCH OF**  
**CHARLESTON FOUR CORNERS**  
 1380 E. Lykers Rd., Sprakers  
 518-922-9088  
 Pastor Brett Popp  
 Sunday School (ages 3-adult) 9:45 AM  
 Worship 11 AM  
 Sunday Prayer Meeting 5:30 PM  
 Thu. Evening of Encouragement &  
 Community Kid's Bible Club 6:30 PM

**THE CHRISTIAN CHURCH**  
**OF RURAL GROVE**  
 170 Rural Grove Rd.,  
 Sprakers, NY 12166  
 518-922-7831  
 Pastor Joshua Fetterhoff  
 pastorjosh@ruralgrovechurch.org  
 Sunday School (all ages) 9:45 AM,  
 Morning Service 11 AM,  
 Eve. Service 6 PM,  
 Wed.-Family Night 7 PM,  
 "Where Bible Teaching is Fundamental"

**REFORMED CHURCH OF SPRAKERS**  
 112 Sprakers Hill Rd.  
 Rev. Nancy Ryan  
 Worship ~ 9 AM  
 All Welcome!!!

**CURRYTOWN REFORMED CHURCH**  
 829 St. Hwy. 162, Sprakers  
 518-922-8422  
 Rev. Donald Hoaglander  
 Visiting Pastor Jane Hubschmitt  
 518-705-2201  
 Sunday School 9:15 AM  
 Worship Service 10 AM

**RIVER OF JUBILEE CHURCH**  
 5057 St. Hwy. 5 S, Sprakers, NY 12166  
 Pastor: Gail Adamoschek  
 Pastor: Steve Adamoschek  
 518-322-1427 / 518-224-4455 Sunday  
 Service 10 AM  
 Children's Church Available  
 Other Learning Opportunities Available  
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**SPRINGFIELD CENTER**  
**ST. MARY'S EPISCOPAL CHURCH**  
 7690 Rt. 80, Springfield Center  
 315-858-4016  
 Fr. Kyle Grennen, Priest-in-Charge  
 Sunday Eucharist, 9:30 AM  
 Coffee - Fellowship follows service Holy  
 Days - as announced

**FIRST BAPTIST CHURCH**  
 Springfield Center, NY  
 Rev. Terence Brant  
 607-264-3035  
 Sunday School 10 AM  
 Morning Worship 11 AM  
 Wed. night Bible Study 7 PM

**ST. JOHNSVILLE**  
**BETHESDA FELLOWSHIP**  
 34 S. Division St.,  
 St. Johnsville, NY 13452  
 518-568-2678  
 Summer Schedule  
 Sunday Worship 10 AM  
 Wed. Worship and Prayer 6 PM

**ST. PAUL'S LUTHERAN CHURCH**  
 32 W. Main St.,  
 St. Johnsville, NY (next to NBT Bank)  
 518-568-3007 Church  
 518-568-2405 Parsonage  
 Rev. David Johnson  
 Sunday Worship 10:30 AM,  
 Tues. Bible Bungee-Jumping 7 PM,  
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**SEEKER'S FELLOWSHIP**  
 14 Park Place, St. Johnsville, NY 13452  
 518-568-7700 • Pastor Mike Yeziarski  
 Sunday Worship 6 PM, Tues. Prayer 7 PM,  
 Bible Study 7 PM (Wed., Thurs. & Fri.)  
 We teach the fullness of God's Word,  
 a life of holiness for the believer,  
 and salvation for all who trust  
 in Christ's sacrifice.

**JOY FELLOWSHIP**  
 296 Co. Hwy. 119, St. Johnsville, NY 13452  
 518-568-3217 • William Hayes, Pastor  
 Joyce Loughran, Assistant Pastor  
 Sunday School 9 AM,  
 Morning Worship 9:30 AM  
 Wednesday Evening Worship 6:30 PM

**ST. JOHNSVILLE METHODIST CHURCH**  
 7 East Main St., St. Johnsville, NY 13452  
 Pastor Corey Jones  
 518-568-7983 • 315-866-8626  
 Worship Sunday 3 PM

**EVERLASTING JOY**  
**BELIEVERS FELLOWSHIP**  
 14 Park Place (in with Seekers Fellowship)  
 St. Johnsville, NY 13452  
 315-858-2112 • Pastor Carolee Coye  
 Sunday Service 10 AM

**ST. JOHN'S REFORMED CHURCH**  
 68 W. Main St., St. Johnsville  
 518-568-7396  
 Faithfully Following Jesus Christ  
 Sunday Worship 10:30 AM

**GRACE CHRISTIAN CHURCH**  
 Pastor Michael Torres  
 20 Center St., St. Johnsville, NY 13452  
 518-775-0366  
 Email gccpastor2021@gmail.com

**STRATFORD**  
**STRATFORD UNITED**  
**METHODIST CHURCH**  
 1511 State Route 29A  
 Sunday Worship 9:30 AM  
 Broadcast on 95.9 FM within  
 2 miles of church

**LIGHTHOUSE BAPTIST CHURCH**  
 1524 St. Rt. 29A, PO Box 114  
 Stratford, NY 13470-0114  
 315-429-8854 • Pastor Martin Smith  
 Sunday Morning Worship 10:30 AM;  
 Wed. Eve. Prayer Meeting 6 PM;  
 2nd & 4th Sunday Dinner following  
 Morning Service with Afternoon Service  
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# Community Calendar

June 2022						
S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9
<b>Holidays</b>						
14th - Flag Day						
19th - Father's Day						
21st - Summer Begins						

## JUNE 10

**Utica and Mohawk Valley Chapter of the National Railway Historical Society meeting** 7 p.m. at the Zion Lutheran Church on French and Burrstone Roads in the Town of New Hartford. Society Vice President Bradford Paulson will have a DVD on CSX's Tropicana Juice Train that travels from Bradenton, FL to New York and back. For more information, contact Bradford Paulson at 315.275.1223 or 315.853.5400 or at Bpaulson909@msn.com.

**"Container Gardens: Grow your own Herbs!"** 1:15 p.m. at Arkell Hall, Canajoharie. Sponsored by SNAP-ed NY. Call 518.673.4408 for reservations.

## JUNE 10-12

**Kids and Calves Youth Show and Clinic** at Chenango County Fairgrounds, Norwich NY. Contact Zack Proskline if you have questions at kidsandcalves@gmail.com or 607.435.0051.

## JUNE 11

**41st Annual Friendship Craft Festival** 9 a.m.-3 p.m. in Spring Park on Scenic U.S. Route 20. Sponsored by the Church of Christ Uniting in Richfield Springs. For information visit [www.rschurchofchristuniting.com](http://www.rschurchofchristuniting.com) and click on the "Women's Guild" tab, e-mail [friendshipcraftfestival@yahoo.com](mailto:friendshipcraftfestival@yahoo.com) or call Carla at 315.858.1451.

**Hyde Hall and Glimmerglass State Park Block Party** rescheduled to this rain date. Hyde Hall is located at 267 Glimmerglass State Park Road in Cooperstown. For more information, visit [hydehall.org](http://hydehall.org) or call 607.537.5098.

**Canajoharie Forest, Fish & Game Assn., Inc. Hunting Rifle Challenge** at 149 Fish & Game Club Rd., Canajoharie. Adult and Youth Divisions. All youth must be accompanied by an adult. RSVP and/or for more info: Text Joe Bennett at 518.265.3604 or call Dotty Springer at 518.774.9165.

**Stratford Seniors Driver Safety Course** 10 a.m. and 4 p.m. at the Stratford Town Hall, 120 Piseco Rd., Stratford. AARP Driver Safety Course. \$20 for AARP members. \$25 for non-members. Payable at the door. Bring own lunch. Call Caroline Drake at 315.360.7582 to register. Sponsored by Stratford Senior Citizens.

July 2022						
S	M	T	W	T	F	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6
<b>Holidays</b>						
4th - Independence Day						

**Rabies Vaccination Clinic** 9-11 a.m. at Canajoharie Fire Fighters Garage, 39 Mohawk St., Canajoharie. For more information, call Montgomery County Public Health at 518.853.3531.

## JUNE 11 & 12

**Salisbury Historical Society presents The Salisbury Railroad** exhibit 1-3 p.m. at the 1805 Frisbie House, 109 Route 29A, Salisbury Center. This exhibit features rare photographs, artifacts, documents and train songs of the period. Free.

## JUNE 14

**Regular monthly meeting of the Salisbury Historical Society** 6:30 p.m. at the 1805 Frisbie House, 109 Route 29A, Salisbury Center. Open to anyone interested in local history.

## JUNE 15

**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Iliion-Frankfort VFW Pavilion, 4274 Acme Road, Frankfort. Pre-register at 315.867.1176.

**Chicken Riggie Dinner** 4-6 p.m. or sold out at Iliion First Baptist Church, 8 Second Street, Iliion. A Third Wednesday Night Diners event. Delivery or take-outs only. Take-out orders may be ordered ahead by calling 315.894.9041. \$12 per dinner. For more info contact the Church Office at 315.894.9041.

**Slide presentation on Clinton Liberal Institute** at 6:30 p.m. Fort Plain Free Library, 19 Willett Street. Local historian Eileen Chambers will conduct this slide presentation. Call 518.993.4646 for more information.

## JUNE 16

**Roast Pork Dinner** 4-7 p.m. or sold out at Emmanuel Episcopal Church 594 Albany St., Little Falls. \$12. Eat in. To go. Free delivery to Herkimer and Little Falls. Call to reserve 315.741.4672.

**Edwin Falk's opening at the Mohawk Valley Center for the Art**, at 403 Canal Place, Little Falls. Art opening coincides with the Art Walk in Little Falls. Falk will be at the gallery at 5:30 p.m. for the Artist's Talk. Call 315.823.0808 for information or to make an appointment.

## JUNE 17

**Celebrate James Joyce's Legacy With "Bloomsday"** at the Irish Cultural Center of the Mohawk Valley - Museum, 623 Columbia St., Utica. Register [tinyurl.com/42z83wet](http://tinyurl.com/42z83wet)

August 2022						
S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10
<b>Holidays</b>						

## JUNE 18

**Local Author Series** 5:30 p.m. at the Herkimer County Historical Society, 406 North Main Street, Herkimer. Kevin Hall will discuss his book: Iliion - My Childhood, My Memories Growing up in a By-Gone Era. Limited seating. Call 315.866.6413 to reserve your seat. Refreshments will be served.

## JUNE 19

**Father's Day Chicken BBQ** noon to gone at Poland Volunteer Fire Company. Family fun cornhole tournament. Contact Kelly at 679.0287.

## JUNE 22

**Herkimer County Senior Citizen's Picnic** 11 a.m.-3 p.m. at Herkimer County Fairgrounds, Frankfort. Coffee and doughnuts at 10 a.m., bingo at 11 a.m. For any Herkimer County resident 60 or older. To sign up, call Michele at 315.867.1152 by June 15.

## JUNE 23

**Gavins Irish Country** - lunch and a show at Arkell Hall, Canajoharie. Members \$50. Non-member \$55. Call 518.673.5588 for details.

## JUNE 24-26

**Pistol Lilly Ranch Tack Shop** will have a booth set up at Midland Barrel Racing, Fonda Fairgrounds, 21 Bridge St. South, Fonda.

## JULY 2-3

**4th on the Weekend.** For more information contact Val Lawson, 4th on the Weekend Chairperson, at 518.848.7441 or email [valawson7691@gmail.com](mailto:valawson7691@gmail.com).

## JULY 4

**Annual Strawberry Festival** 12-4 p.m. at 7203 State Highway 5, Saint Johnsville. Includes the reading of the Declaration of Independence. Call 518.568.7779.

## JULY 5

**Breakfast Group/Depression Boys meeting** 9 a.m. at Foltsbrook Center, 104 N. Washington St., Herkimer. Breakfast and talk. The president of the local Habitat for Humanity as guest speaker. Breakfast is \$6. More information: [fperuzzi2019@gmail.com](mailto:fperuzzi2019@gmail.com)

## JULY 7

**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Danube Town Garage, 438 Creek Road, Little Falls. Pre-register at 315.867.1176.

## JULY 12

**American Red Cross Blood Drive** 12:30-5:30 p.m. at American Legion Post 25, 43 West Main Street, Mohawk, NY. Sponsor Code: MohawkAL

## JULY 15-17

**Pistol Lilly Ranch Tack Shop** will have a booth set up at Midland Barrel Racing, Fonda Fairgrounds, 21 Bridge St. South, Fonda.

## JULY 23

**Moses Quinby Day** at 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

## AUGUST 8

**Herkimer Region College & Career Scholarship Foundation Golf Tournament** 10 a.m. at the Cedar Lake Golf Club. For information on registering or making a donation, contact [smaxson@herkimer-boces.org](mailto:smaxson@herkimer-boces.org) or call 315.867.2023.

## AUGUST 25

**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Salisbury Fire Department, 2549 State Route 29, Salisbury Center. Pre-register at 315.867.1176.

## AUGUST 26

**Herkimer County Chamber of Commerce Chamber Golf Tournament.** Registration 8: 30 a.m. Tee off 10 a.m. Visit [herkimercounty-chamber.com/golf-tournament](http://herkimercounty-chamber.com/golf-tournament) call 315.866.7820 or email [info@herkimercounty-chamber.com](mailto:info@herkimercounty-chamber.com) for more information.

## SEPTEMBER 9 & 10

**2022 Central New York Farm Progress Show** 9 a.m. - 4 p.m. at Len-Lo Farm, Robinson Road, Mohawk. Visit [cnyfarmprogressshow.net](http://cnyfarmprogressshow.net). For more information, contact [grace@preskyins.com](mailto:grace@preskyins.com) or call 315.336.0375.

## SEPTEMBER 10 & 11

**Fort Klock's 49th Annual Craft Fair** 7203 State Highway 5, Saint Johnsville. Call 518.568.7779.

## SEPTEMBER 15

**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Cedarville Fire Department, 960 State Route 51, Cedarville. Pre-register at 315.867.1176.

## SEPTEMBER 22

**Defensive Driving Class** 9 a.m. - 3 p.m. at Arkell Center, Canajoharie. Program put on by Shults Agency. Call 518.673.4408 to reserve a space.

## OCTOBER 6

**Rabies Vaccination Clinic** 5:30 - 7 p.m. at Little Falls Town Garage, 478 Flint Ave Ext., Little Falls. Pre-register at 315.867.1176.

## OCTOBER 14-16

**Pistol Lilly Ranch Tack Shop** will have a booth set up at Midland Barrel Racing, Fonda Fairgrounds, 21 Bridge St. South, Fonda.

## OCTOBER 21-23

**Sir William Johnson and the Empire Wars Conference.** Registration is open for 2022. If you signed-up for the 2021 Sir William Johnson Conference, do not register and email Brian at [info@fortplainmuseum.org](mailto:info@fortplainmuseum.org)

## OCTOBER 22

**HALOs Annual Craft Fair** 10 a.m. - 4 p.m. at Iliion/Frankfort VFW. Food, raffles and more. All proceeds support HALO. Contact Natalie Massita at 315.520.3112 or [nmsmokeyjoe@aol.com](mailto:nmsmokeyjoe@aol.com).

## OCTOBER 29

**Rebels, Redcoats, & Zombies** 5-8 p.m. at the Fort Plain Museum, 389 Canal Street. If you are interested in participating as a Rebel, Redcoat or Zombie, contact [fortplainmuseum@yahoo.com](mailto:fortplainmuseum@yahoo.com) Visit [fortplainmuseum.org/events](http://fortplainmuseum.org/events)

## NOVEMBER 6

**Meatloaf Dinner** from 4 p.m. until sold out at St. Pauls UU Church, 565 Albany St., Little Falls. Take out only, delivery to limited area. \$12 per person to benefit to Organ repair fund.

## NOVEMBER 12

**Rabies Vaccination Clinic** 10 a.m. - Noon at East Herkimer Fire Department, 193 Main Road, East Herkimer. Pre-register at 315.867.1176.

## NOVEMBER 19

**HALOs Holiday Show** 10 a.m. - 4 p.m. at Iliion/Frankfort VFW. Vendors, crafters, direct sales reps. Food, raffles and more. All proceeds support HALO. Contact Natalie Massita at 315.520.3112 or [nmsmokeyjoe@aol.com](mailto:nmsmokeyjoe@aol.com).

## DECEMBER 3

**Christmas at the Fort - Author Book Fair** at Fort Plain Museum, 389 Canal Street, Fort Plain. Visit [fortplainmuseum.org/events](http://fortplainmuseum.org/events)

To promote your event, please contact us at [cfeditor@leapub.com](mailto:cfeditor@leapub.com) or 518.673.0143.

## Continuing the Local Author Series

Kevin Hall will be joining the Herkimer County Historical Society on Wednesday June 18 at 5:30 p.m. to discuss his book: **Ilion - My Childhood, My Memories Growing up in a By-Gone Era**. The Herkimer County Historical Society is located at 406 North Main Street, Herkimer.

From the Introduction:

"Follow this young boy from his ages of 6-13, as he ex-

plores his hometown of Ilion, the town he grew up in, the neighborhoods he lived in, and the many friends he enjoyed spending time with. Enjoy his many adventures and the sometimes-unexpected consequences of those adventures, not always anticipated by the young boy."

Hall will be talking about his book, his memories, his writing process, and his upcoming plans.

The book is currently available for purchase in the Gift Shop at HCHS at 406 North Main St., Herkimer.

There will be limited seating. Call 315.866.6413 to reserve your seat.

Refreshments will be served.

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*"Let me live, love,  
 and say it well in good sentences."  
 - Sylvia Plath -*



**ILION**  
**MY CHILDHOOD,  
 MY MEMORIES**  
 Growing up in a By-Gone Era  
 KEVIN HALL

Kevin Hall will discuss his book: *Ilion - My Childhood, My Memories Growing up in a By-Gone Era*. Photo courtesy of Herkimer County Historical Society

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# JUNE

## Herkimer County Office for the Aging

*Meals on Wheels provides a well-balanced, hot, noon-time meal which is available Monday - Friday in most parts of Herkimer County. To be eligible, the person needs to be age 60 or older and be disabled due to a chronic or temporary condition. A temporary condition could be due to a recent hospitalization or accident.*

*If you are interested in learning more about Meals on Wheels or signing up, please contact our office at 315-867-1204.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>All Meals Served with Milk and Bread Daily.</i> <i>If you are not going to be home for a meal, please call the office at 315-867-1204 at least a day in advance.</i>		<b>1</b> Cheeseburger O'Brien Potatoes Apple Salad Yogurt	<b>2</b> Turkey Cold Plate Macaroni Salad 3-Bean Salad Kaiser Roll • Fruited Gelatin	<b>3</b> Chicken Fricassee Au Gratin Potatoes Lima Beans Applesauce
<b>6</b> Beef Stroganoff Egg Noodles California Blend Vegetables Fruit Cocktail	<b>7</b> Macaroni & Cheese Green Beans Stewed Tomatoes & Zucchini Cookie	<b>8</b> Seafood Salad Cold Plate Potato Salad Carrot Raisin Salad Croissant • Cream Pie	<b>9</b> Turkey Tetrazzini over Spaghetti Peas Brownie	<b>10</b> Chicken & Biscuits Mashed Potatoes Mixed Vegetables Berries in a Cloud
<b>13</b> BBQ Pulled Pork on a Bun Baked Beans Zucchini Pears	<b>14</b> Beef Tips over Rice Japanese Blend Vegetables Cookie	<b>15</b> Cheddar Baked Fish Au Gratin Potatoes Broccoli Melon	<b>16</b> Ham & Cheese Cold Plate Marinated Beets Coleslaw Kaiser Roll • Pudding	<b>17</b> Chicken Riggies over Noodles Spinach Gelatin
<b>20</b> Tuna Salad Cucumber Grape Salad Corn Salad Kaiser Roll • Mandarin Oranges	<b>21</b> Meatloaf Baked Potato Cauliflower Frosted Birthday Cake	<b>22</b> BBQ Chicken Baked Beans Coleslaw Ice Cream	<b>23</b> Pasta & Meatballs Tossed Salad Garlic Roll Brownie	<b>24</b> Ham with Plum Sauce Scalloped Potatoes Peas & Carrots Pudding
<b>27</b> Shaved Roast Beef with Peppers & Onions German Potato Salad Sonoma Blend Vegetables • Peaches	<b>28</b> Omelet Hash Browns Sausage Patty Muffin • Fruit Cup	<b>29</b> Stuffed Pepper Casserole Corn Brussels Sprouts Sherbet	<b>30</b> Chicken Salad Cold Plate Cucumber Tomato Salad Pasta Salad Chef's Choice Dessert	

## Low-cost ways to revamp living areas



Home improvement projects require substantial financial investment. But just because a homeowner wants to bring a fresh look indoors doesn't mean he or she has to break the bank along the way.

Living rooms are some of the most frequently used spaces in a home, and they can use an update from time to time to stay on trend or to make the area more functional for a changing family dynamic. Here are some budget-friendly ideas for breathing new life into living room designs.

- **Establish the budget.** Homeowners should figure out how many dollars they can designate to a living room makeover before purchasing supplies or hiring out the work. Figure out the scope of the remodel, visit stores or suppliers to price out materials, get estimates from contractors, and then plan for some unforeseen

circumstances along the way to determine if this type of renovation is affordable. If not, scale things back until the project more closely aligns with your budget.

- **Change the paint color.** Lighter and brighter colors are on trend. A can or two of paint can do wonders for updating a space without a large financial commitment. Pair that new paint color with new window coverings and complementary throw pillows to pull the theme together with minimal expense.

- **Update the flooring.** Tired, outdated carpeting or other flooring can use an overhaul. While solid hardwood flooring may be preferable, there are many types of laminate flooring that mimic the looks of popular wood colors and styles for a fraction of the cost. Plus, many are sold at home improvement retailers and even at warehouse clubs or online for reasonable prices. Laminate flooring also may be a potential DIY job for a skilled homeowner, saving even more money.

- **Introduce a fireplace.** Fireplaces were once hot commodities, but that popularity waned in the 1970s and 1980s. Homeowners with chimneys may discover a

fireplace was boarded over and the bare bones still exist that can be renovated to bring back character. There also are ventless freestanding units that are quite affordable that can mimic the look of a built-in fireplace.

- **Reupholster instead of replace furniture.** There's no need to throw away quality furniture if the fabric is the only thing impeding design. New upholstery or even a slipcover can update designs.

- **Conquer clutter.** Rather than adding something to the living room, remove clutter to give the room a more airy feel. This can instantly change the look of the room. Use cord covers to tame plugs for electronics and remove unnecessary furniture from the room.

- **Improve lighting.** Another easy and often inexpensive fix is to change lighting fixtures, including using brighter, more energy efficient LED bulbs, and to assess lighting needs to eliminate dark corners of rooms that can make the space seem drab.

Living room spaces in need of an update often can benefit from improvements that go easy on the wallet.

*Changing the color of a room can do wonders for updating the space without a large financial commitment.*

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## A DIY strategies to deep-clean carpeting

What's underfoot in a home can go a long way toward making residences comfortable and aesthetically appealing.

A study of home buyer preferences using data from the National Association of Realtors® found that 54% of home buyers were willing to pay more for a home with hardwood flooring. But that doesn't mean that carpeting doesn't still

have its devotees. In 2019, the real estate firm Opendoor installed nearly one million yards of carpeting in its homes. Houzz reports that, in 2018, 17% of renovating homeowners purchased carpets and 50% purchased indoor rugs.

Carpeting and rugs can offset some of the shortcomings of hardwood, providing a softer texture that makes for a better landing spot for active young children. However, carpets will require more maintenance than hardwood floors. Learning how to deep clean carpets can help homeowners, as vacuuming is not enough to keep carpets in top form.

### Spot Clean Stains

Stores sell a bevy of carpet cleaning solutions. When applying such solutions, do so in an inconspicuous area of the room to ensure colorfastness of the carpet and that the solution does not adversely affect the fibers. If the spot is clean and the carpet is not adversely affected, you can then apply the solution to more visible areas.

Homeowners who prefer all-natural cleaning solutions rather than chemicals can use a solution of white vinegar, baking soda and salt to make a safe cleanser, according to The Spruce. Soak the stain, use a scrub brush to work in the cleanser and then blot up the liquid with a clean cloth. According to the lifestyle resource First for Women, club soda also works as a cleanser when it is sprayed on a stain.

### Deep Cleaning

Carpets periodically need to be revitalized, and that can be accomplished with a specialized cleaning machine. Many are available for purchase (a good investment for homeowners with kids and/or pets), while others can be rented as needed.

Remove all of the furniture from a room and vacuum to clean dust, dander and any other debris. Address any darker stains first by pretreating with a cleaning solution. Let sit for around 20 minutes. While waiting, learn how to operate the machine, fill it and clean out the soiled water. Never allow the machine to oversaturate the



Learning how to deep clean carpets can help homeowners, as vacuuming is not enough to keep carpets in top form.

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carpet with water, as it can get into the padding and subfloor, causing problems like mold or wood damage. Spray the water-detergent solutions, and then pass the carpet cleaner over spots repeatedly until the carpet feels only slightly damp. Do-It-Yourself.com advises running the machine at the pace of one foot per second.

Removing shoes when entering the home can keep carpets clean and reduce wear and tear.

With frequent deep cleaning, carpets can maintain a like-new appearance for years.

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# Logan Cookinham becomes third Poland girls basketball player to score 1,000 points

Poland Central School District plans to soon recognize junior Logan Cookinham for reaching the 1,000-point milestone for her high school basketball career by awarding her a souvenir basketball with a 1,000-points decal during a sports banquet and adding her name to a banner for 1,000-point scorers in the new gymnasium.

But back on Feb. 26, when Cookinham stepped to the free-throw line with 999 points, scoring her 1,000th point wasn't her main focus for the day. That's because the game was a Section III semi-finals matchup against Watertown IHC at Onondaga Community College.

"When we were in the semi-finals, we just really wanted to win," Cookinham said about the day she achieved the scoring mark. "It wasn't on my mind. I was more focused on winning but winning came with it."

Cookinham had entered that game just 10 points shy of 1,000, and she went on to score 25 points in the contest while leading the Tornadoes to victory. As for when she had 999 points and was on the foul line, she made the first free throw, and her achievement was announced over the speakers.

"It was really exciting – just a really, really good feeling," Cookinham said. "It was a very good reaction. Everybody stood up and cheered. It felt good."

Cookinham tacked on another 26 points in the Sectional III championship game, which Poland lost. The scoring brought her total career mark to 1,041, with her senior season still left to go.

The championship game scoring also brought her season total to 540 points, which



Poland Central School District junior Logan Cookinham and girls varsity basketball coach Jason Potempa celebrate Cookinham reaching 1,000 points in her high school basketball career.

Photos courtesy of Herkimer BOCES

Poland girls varsity basketball coach Jason Potempa believes is a single-season record for Poland girls basketball. This season, Cookinham also had 268 rebounds, 129 steals and 87 assists.

Additionally, in a game against Morrisville this season, Cookinham scored 37 points, which Potempa believes is a single game scoring record for Poland girls basketball.

Since the season ended, Cookinham won the Center State Conference Division IV League Most Valuable Player award, was named to the All-Central New York Team by Section III coaches and was named to the All New York State Second Team.

Cookinham said that one of the most important aspects for her is that her teammates have always been by her side through her accomplishments. "That means everything to me," she said. "They've always supported me."

### A Pretty Big Accomplishment

The Poland girls basketball career scoring record is held by Poland 2017

graduate Shiane Irwin, who totaled 1,576 career points. Poland 1989 graduate Nikki Salisbury previously held the record at 1,446 points.

Cookinham, Irwin and Salisbury are the only three girls basketball players to score more than 1,000 points for the Tornadoes.

"It's a pretty big accomplishment," Potempa said.

Cookinham reached this

achievement despite impacts of COVID-19 causing the team to miss a game in her junior year and about six games in her sophomore year, Potempa said.

Cookinham scoring her 1,000th point in a sectional semi-finals game made it different, Potempa said. The team was happy to have the

**Logan 14**



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## Simple strategies to stretch retirement savings

Running out of money is a common concern among retirees. And that anxiety is not necessarily unfounded, as a recent study from the Society of Actuaries found that people routinely underestimate just how much money they will need in retirement. Similarly, a 2019 model created by the employee benefit experts at EBRI found that nearly 41% of households in which the head of household is between the ages of 35 and 64 are projected to run short of money in retirement.

Such figures underscore how important it is for younger professionals to save for retirement, but what about current retirees or those on the cusp of retiring? Individuals who fit those

descriptions may need to embrace these strategies designed to stretch their retirement savings.

- **Downsize your home:** Homes are many individuals' greatest expense, and that does not necessarily change in retirement. Downsizing to a smaller residence allows homeowners to pad their savings with money earned in the sale of their homes and also reduce their monthly overhead, as utilities, property taxes and maintenance expenditures are typically much lower in smaller homes than larger homes.

- **Look for other ways to downsize:** Individuals also can stretch their retirement savings by downsizing in other areas. Lower monthly

expenses by shopping around for less expensive auto insurance policies, downgrading cable television packages or cutting the cord entirely. And though individual streaming services may not be too costly, these expenses can add up for individuals who have five or more subscriptions. Downsizing streaming services to one or two packages at a time can help individuals keep more money in their retirement savings accounts each month.

- **Be flexible with your withdrawals:** The "set it and forget it" model of retirement investing helps professionals avoid the tricky process of trying to predict the markets. Retirees may take the same approach when it comes to withdrawing their money, following the industry standard and automatically withdrawing 4% from their accounts each year. But individuals who want

to stretch their savings should remain flexible with their annual withdrawals and routinely examine their spending habits. An individualized approach to retirement withdrawals can help retirees avoid taking more than they need out of their accounts each year. The 4% rule has its merits, but retirees should recognize that they may not need to take that much out every year.

- **Work with a financial advisor:** Ensuring you don't outlive your retirement savings can be complicated, as it often involves navigating fluid concepts such as inflation. A certified financial professional can help retirees plan for changes that are beyond their control and even recommend when certain risks might be worth taking.

Many individuals will need to stretch their retirement savings in the years ahead, and various strategies can help individuals do so.

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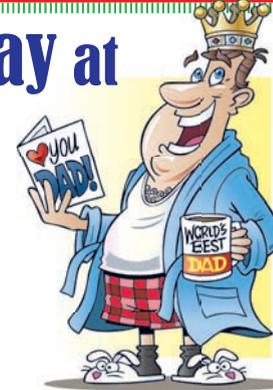
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**Logan from 12**

milestone reached early in the game, so the focus could be on winning the game, and he had considered taking a timeout to recognize the accomplishment, but it was a close game, so he was trying to save his timeouts.

Potempa was happy that the accomplishment was still able to be announced during the game and celebrated later. "She got a lot of love on social media for it and had a lot of people cheering for her," he said.

**Keep It Going**

Cookinham said she appreciated all of the support when she scored her 1,000th point. "It's really exciting to know I accomplished something so big," she said. "And I'm going to try to keep it going."

Cookinham will enter her senior season 535 points shy of Irwin's career scoring record. That's five fewer points than she scored during her junior season.

"It'll be in the back of my mind," Cookinham said, of trying to break the record. "My main goal is to win, so it won't be my main focus. It's always good to have individual goals too though, and this will obviously be one for me."

Cookinham said she remembers watching Irwin score her 1,000th point and break the school record and recalled that one of them – the school record – took place on a free throw as well.

Poland Athletic Director Greg Haver wasn't surprised to hear that Cookinham watched Irwin's accomplishments when she was younger.

"That's kind of how it tends to go," Haver said. "So we're hoping there's a girl watching this now who's going to be motivated by this for her future."

**Where I Am Now**

Cookinham, who also competes in soccer, softball and outdoor track for the Tornados, said her interest in basketball started from playing the sport with her father, brother and uncle. She liked basketball when she was younger, but her interest increased as she got older.

"Over time, I've grown to like it more," she said. "I didn't think when I was younger that I would ever get to where I am now."

Cookinham attributed her expanding enjoyment of basketball to her connection with her teammates. "I just think it's playing with the girls I've grown up playing with and always being so close with everybody," she said.

Haver said Cookinham scored most of her points as a freshman and sophomore off of steals and slashing to the basket and has developed into a good shooter.

"It's definitely noticeable that she's made improvements," Haver said. "I think it's great for the school, and we're proud of her."

During basketball season, in addition to team practice, Cookinham spends at least an extra 30 minutes per day shooting by herself, Potempa said.

"She's pretty competitive by nature," Potempa said. "She's very athletic, so she picks things up pretty quickly. More than anything, she tends to do her best at everything she does."



Poland Central School District junior Logan Cookinham (center) celebrates reaching 1,000 points in her high school basketball career with her freshman teammate Maddison Haver (R) and her freshman friend Alyssa Militello (L).



The Poland Central School District school community cheers on Logan Cookinham for reaching 1,000 points in her high school basketball career.

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# Poland adds second canned food drive to support Feed Our Vets

Poland Central School District added to its annual Veterans Day canned food drive by conducting a Memorial Day collection event after hearing that Feed Our Vets receives fewer donations over the summer months.

Richard Synek, the Feed Our Vets founder and executive director, said the donations were much appreciated because Feed Our Vets now goes through almost half of a million pounds of food per year, and that's always growing.

"They wanted to do more for us," Synek said. "This is a very, very patriotic school."

Through an effort organized by Poland teaching assistant Tracy Irwin and reading teacher Robyn Craig, the

school donated 350 cans of food to Feed Our Vets. The Poland National Honor Society also donated \$130 to Feed Our Vets through dress down days.

Synek visited the school with his wife, co-founder Michele Synek, on June 1 for a brief outdoor ceremony with Poland elementary students and to pick up the donations.

Poland Principal Greg Cuthbertson spoke at the beginning of the event and told Poland students and teachers to give themselves a round of applause for their efforts.

"It was a great thing that we did this," Cuthbertson said. "Every little bit helps."

Poland National Honor Society members Logan Cookinham, Gavin Krauciunas, Maya

Virgil and Sarah Zuchowski were on hand to present the Honor Society's donation to Synek.

Synek said the Poland school community has many families with veterans and active-duty

## Poland 16

Poland Central School District National Honor Society members present a donation to Feed Our Vets Founder and Executive Director Richard Synek. (L - R) Logan Cookinham, Sarah Zuchowski, Synek, Gavin Krauciunas and Maya Virgil. Photos courtesy of Herkimer BOCES



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**Poland from 15**

military members. He said he appreciates the canned food drives and the annual Veterans Day assembly that Poland traditionally hosts for veterans in the school community.

"Everybody does an awesome job of keeping the patriotism going," Synek said. "It's just unbelievable. They appreciate their veterans, and it's really nice."

Irwin said many people and organizations

don't think about donating to Feed Our Vets during the summer, so it was decided that Poland would provide some extra support through the Memorial Day canned food drive.

Irwin also believes it's important for students to be involved with a community service effort to support veterans.

"Because of the freedom that we have and to teach the kids that some gave it all – some sacrificed their lives – so we can do what we do now," Irwin said.



Poland Central School District elementary students show their patriotism by waving flags and holding up signs outside the school.

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# How tech can make you a safer driver

Technology has touched all aspects of modern life, including the way people drive. For example, the days of printing directions in advance of long car trips are long gone thanks to global positioning systems (GPS) that are now built in to cars or easily accessible via smartphones. But technology hasn't just made it easier to get from point A to B. It's also made such journeys safer.

Modern automobiles are loaded with bells and whistles, many of which are designed to make it safer to operate and travel in moving vehicles. In recognition of the effectiveness of safety features like advanced driver-assistance systems (ADAS), many insurance companies offer significant discounts to drivers who use them. Researchers with the insurance comparison website Insurify note that some insurers offer 10 percent discounts on premiums to drivers who use features like an ADAS while driving.

Drivers interested in tech-based safety features for their

vehicles can consider these options.

- **Heated wiper blades:** Ice and snow pose a significant threat to drivers and their passengers. According to the Federal Highway Administration, 70 percent of roads in the U.S. are located in snowy regions, while Canadians need no such statistics to know that their roads are subjected to heavy snowfall each winter as well. Visibility is easily compromised when driving in snowy, icy conditions. Heated wiper blades can quickly melt snow and ice buildup on a windshield, making it easier for drivers to see the road ahead. Such blades also save drivers from the unenviable task of scraping ice off their windshields.

- **Night view assistance:** Many drivers admit to experiencing difficulty driving at night. Night view assistance technologies have been offered by luxury automakers for several years, and these devices offer more visibility than standard headlights. Some systems employ infrared emitters in headlight buckets and mounted infrared cameras that identify and detect animals, pedestrians and other objects at night. Drivers simply activate their systems on their vehicle dashboards and are then alerted when the systems detect objects drivers may not see on their own.

- **Warning systems:** Warning systems have long been a standard in modern vehicles. Such systems utilize sensors and motion technology to alert drivers to potential problems. Lane assist technologies alert drivers when their vehicles begin to drift out of their lanes and also when they are attempting to



Modern automobiles are loaded with bells and whistles, many of which are designed to make it safer to operate and travel in moving vehicles.

change lanes. These systems are now widely available, but they can be turned on and off, so drivers should make sure their systems are always on.

Technology is helping to make driving safer for motorists and their passengers. Utilizing systems and apps designed to improve safety on the road can reduce drivers' risk of being involved in motor vehicle accidents.

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## Signs of engine trouble

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keep the human body running strong.

Modern engines are a mixture of mechanical moveable parts and complex computerized systems. Many different parts work in unison to keep a vehicle moving. Engines can be challenging for experienced mechanics, not to mention downright confusing for people who are unfamiliar with what's under the hood of their vehicle. But any vehicle owner can learn to recognize certain signs that an engine may be on its last legs.

- **Engine shaking** – An engine that is shaking while running may just have bad spark plugs or loose or damaged hoses. However, if those fixes don't work, it could be an indication of a deeper problem that requires a mechanic, such as fuel intake system issues, compromised motor mounts

or timing belt problems.

- **Excessive smoke** – An engine in trouble typically has to work harder. That results in heating up more quickly, which can lead to overheating. Smoke may be white, blue or black (each color indicates a separate problem). Any sign of excessive smoke is a reason to consult a mechanic.

- **Warning lights** – The dashboard tends to light up when the car is started, and one by one those lights diminish as the car's computer checks that all systems are working correctly. If the "check engine" light remains on, it is notifying the driver of a problem. The issue could be a faulty sensor or something more ominous. Mechanics can hook the vehicle up to a scanning tool that runs diagnostics to "speak" to the car's computer helping to diagnose the issue.

- **Strange noises** – Popping or tapping noises may suggest that gasoline is igniting prematurely in the combustion chambers of the cylinders. Grinding noises may tell you that the starter motor

needs to be changed or replaced. Transmission issues also can produce grinding sounds. Generally speaking, if the car is making sounds it does not normally make, schedule a service appointment.

- **Poor fuel efficiency** – Engine trouble may cause the car or truck to consume gas faster than normal. The engine or one of its components may be faulty. Problems could arise in the spark plugs, oxygen sensor or fuel injector.

- **Metal flakes** – If you change your own oil, check to see if the oil has metal flakes, or ask the technician if they see flakes when you bring it in for service. Flakes indicate the engine is creating too much friction and slowly chipping away at the components.

- **Trouble starting** – Failure to turn over is a clear indicator of engine troubles. It could be the battery, but if the battery is new, look for other causes.

Engine trouble does not generally come out of nowhere. Certain signs can warn drivers their vehicles need servicing.

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Amelia Waite visited Glimmerglass beach for the first time over Memorial Day weekend. She loved playing in the sand and water so much she didn't want to leave!

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Selena Moyreyes traveled to Syracuse recently to see former Buffalo Bills football player Thurman Thomas.

## Kids' Community Corner



Brooke Dailey gets a high five from her mom Amber after a great run at Midland Barrel Racing at the Fonda Fairgrounds over Memorial Day weekend. Photo by Marina Lyons



Anya Cheyne and her brother Ayrn Powell pose for a quick photo in Memorial Park in St. Johnsville. Both took part in the Memorial Day parade. Anya played in the drum line for OESJ and Ayrn rode in a hay wagon as part of the St. Johnsville Little League.

# Herkimer BOCES administrator Trunfio wins SAANYS 2022 Leadership and Support Award

Herkimer-Fulton-Hamilton-Otsego BOCES Supervisor of Instructional Support Services and Mentoring Sarah Trunfio recently received the 2022 Leadership and Support Award from the School Administrators Association of New York State.

Trunfio and other SAANYS 2022 award winners were recognized at SAANYS's annual awards celebration in May at the Crowne Plaza Albany - Desmond Hotel.

The SAANYS Leadership and Support Award was established to recognize the outstanding leadership efforts of those members whose responsibilities require leadership through support services to educators and students across and between school buildings and districts.

Trunfio has been instrumental in impacting teacher retention, student literacy rates and helping staff build better relationships with students while addressing social, emotional and mental health. She created a BOCES-specific mentoring induction model, developed from research and best practices in mentoring, that has had a positive impact on teacher retention. The three-year induction model places an emphasis on teaching best practices and social and emotional learning wellness.

Trunfio is also facilitating a culture and climate K-12 districtwide initiative developed from needs-based planning sessions with district leadership. Staff and leadership, including the district's superintendent, are involved in this initiative. The professional development content is grounded in the work of Brené Brown and her book "Daring Leadership."

"The Science of Reading" is another of Trunfio's significant initiatives. The program involves training on foundations and research behind teaching students to read. Her team is also working with the alternative high school to discover the root causes of reading barriers and to implement a Multi-

Tiered System of Supports (MTSS) model to resolve them.

"Sarah is a wealth of knowledge on so many topics pertinent to educational leadership, student learning, the art and science of teaching and social-emotional learning," said Richfield Springs Central School District Director of Special Education Rene M. Wilson, Ph.D. "She always shows up as a student, teacher or leader as her authentic self. She creates safe learning spaces where I can actually attach to the joy and struggle and messiness of growth because she is always professional, always kind, always empathetic and brilliant."

Wilson also discussed how the school improvement plan at Richfield Springs was impacted by Trunfio.

"My school improvement plan has her mark all over it, and she is a steady presence in my building monthly, if not more," Wilson said. "We engage in exploratory dialogue, and she is a resource I always turn to, and if she doesn't have the answer, she researches and helps with solution-focused planning."

Trunfio has been with Herkimer BOCES for nine years and has worked as a special education teacher as well as a mentoring coordinator there. She received her School Building Leader (SBL) and School District Leader (SDL) certifications from Massachusetts College, her master's degree from SUNY Cortland and her bachelor's degree from Illinois College.

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Herkimer-Fulton-Hamilton-Otsego BOCES Supervisor of Instructional Support Services and Mentoring Sarah Trunfio speaks during the School Administrators Association of New York State awards ceremony in Albany, where she received the 2022 Leadership and Support Award. Photo courtesy of Herkimer BOCES



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## Poland elementary students virtually interact with 2022 Iditarod winner

As 2022 Iditarod winner Brent Sass walked around his homestead in the area of Eureka, AK, and greeted all of his 50 Alaskan huskies by name, Poland Central School District elementary students watched on virtually more than 4,000 miles away in the school auditorium.

Students erupted with “aww” sounds, cheers, screams and chatter each time one of the dogs appeared on screen.

“If you can imagine having 50 dogs, it takes up all of your time,” Sass told Poland students during the virtual video conference.

This school year, Poland elementary reading teacher Robyn Craig used the 50th Iditarod dogsled race to teach elementary students about the race, motivate students to read books, teach fourth graders how to track the mushers and create a fun competition among all elementary classes. The Iditarod has been used as a focal point for other learning topics at Poland for years – organized both by Craig and other teachers, she said.

A woman from Alaska recently visiting the area saw a story about this year’s Iditarod activities at Poland in the newspaper. The woman’s son is friends with Sass, so she let Sass know about it, and the connections were made for Sass to virtually speak to Poland students on May 24.

“It was really nice to have it all come together,” Craig said.

During the virtual meeting, Poland fourth graders asked Sass various questions. They wanted to know about food for the dogs, how the dogs stayed hydrated during races, how Sass got interested in dogsled racing, how he trains the dogs, how he prepares himself for the races, how he takes care of the dogs during the race and what he enjoys about dogsled racing.

Sass answered each question in detail, showed students his dogsled and equipment, toured his homestead and gave students some advice.

“Follow your dreams, never give up and work really hard,” he said.

### ‘We’re going to learn a lot about him’

Before the virtual event, fourth graders Lillie Hunt and Addyson Linneen spoke about their excitement.

“I think it’s really cool we get to talk to the winner of the Iditarod,” Lillie said.

Addyson agreed and said it was hard to fully comprehend that they would be speaking with someone in Alaska.

Lillie said she thought the event would allow students to find out more about Sass and his personality.

“I’m kind of nervous to be asking questions,” Lillie said.

Addyson said she expected the virtual meeting would help students hear more about both the Iditarod and Sass.

“We’re going to learn a lot about him because we’re asking a lot of questions,” Addyson said.

### ‘I just never let that dream get away’

In response to the student questions, Sass explained what led him to become a dogsled racer and what his life is like. Sass breeds, raises and trains Alaskan huskies on a remote

location where he does mostly everything himself to take care of the dogs and the property.

Sass said his path to where he is now started when he was eight years old and his grandparents took a cruise in Alaska. Seeing and hearing about his grandparents’ trip made him enamored with Alaska, and after high school, he went to University of Alaska-Fairbanks. That’s when a dogsled team went by him, and he decided right then on his career path.

“It was like a lightbulb went off in my head that I want to do that, and I just never let that dream get away,” he said.

Sass went on to learn more about dogsled racing and was mentored by four-time Iditarod winner Susan Butcher and started competing in races and becoming more successful.

He enjoys the lifestyle including the close bond he has with his dogs and getting to go to the places where the dogs take

him during competitions. “Now, I’m living the dream,” he said.

### ‘Begins from day one’

All of the work involved with the property and the dogs is how Sass stays in shape for the races, he said.

“It’s really just my lifestyle that prepares me for races and racing with the dogs,” he said.

The preparation for the dogs starts right when they are born because much of it is about creating trust and a close connection among him and the dogs, he said. “The training begins from day one,” he said.

He knows them so well that he can tell out on the trail when something is wrong with any of them, he said.

“We never push dogs further than they want to go,” he said.

**Iditarod 21**

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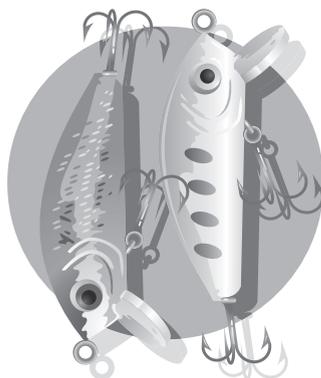


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## Iditarod from 20

"That's why dog training is so important."

Sass makes sure to keep the dogs fed, hydrated and on the same pace and schedule that they train at, he said. "Dog care is the number one thing on the trail," he said.

Craig said she was impressed to hear more about how well Sass knows his dogs and the amount of work he does.

"The lifestyle he has chosen – it's not easy," she said.

Craig was happy that Sass talked to students about chasing their dreams, never giving up and working hard.

"I think that whole message he gave the kids was really important," she said.

Many random happenings brought about not only Sass's career path but also him finding out about Poland students' interest in the Iditarod. Another unexpected connection is that Butcher was both a mentor to Sass and the operator of a kennel that Craig's father, Bob Lowenberg, visited in Alaska. It was Lowenberg's visit to Butcher's property that sparked his interest in the Iditarod. Craig remembers her father following the Iditarod even before the Internet through newspapers and the radio.

Her father's interest in the Iditarod led to Craig following it and later integrating it into learning efforts for Poland elementary students.

"It's kind of in honor of him that I keep going with it," she said.



Poland Central School District Principal Greg Cuthbertson speaks during an assembly in which elementary students got to virtually hear from 2022 Iditarod winner Brent Sass. Photo courtesy of Herkimer BOCES

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- Number / Classification**
- 20 Air Compressors
  - 25 Air Tools
  - 35 Announcements
  - 45 Antiques
  - 55 Appraisal Services
  - 75 ATV
  - 80 Auctions
  - 82 Auto Body
  - 110 Bedding Plants
  - 120 Bees-Beekeeping
  - 130 Bird Control
  - 140 Books
  - 155 Building Materials/ Supplies
  - 157 Building Repair
  - 160 Buildings For Sale
  - 161 Bulk Foods / Spices
  - 165 Business Opportunities
  - 170 Butchering Supplies
  - 173 Carpentry
  - 175 Cars, Trucks, Trailers
  - 180 Catalogs
  - 182 Catering
  - 190 Chain Saws
  - 195 Cheesemaking Supplies
  - 205 Christmas
  - 214 Clocks & Repair
  - 215 Collectibles
  - 216 Clothing
  - 235 Computers
  - 253 Consignment
  - 265 Construction Equipment For Rent
  - 275 Construction Machinery Wanted
  - 277 Construction Services
  - 280 Construction Supplies
  - 312 Crafts
  - 325 Custom Butchering
  - 330 Custom Services
  - 360 Deer-Butchering & Hides
  - 370 Dogs
  - 410 Electrical
  - 415 Employment Wanted
  - 440 Farm Machinery For Sale
  - 445 Farm Machinery Wanted
  - 447 Farm Market Items
  - 460 Fencing
  - 470 Financial Services
  - 480 Fish
  - 483 Flooring
  - 494 For Lease
  - 495 For Rent
  - 500 For Sale
  - 510 Fresh Produce, Nursery
  - 525 Fruits & Berries
  - 527 Furniture
  - 529 Garage Sales
  - 530 Garden Supplies
  - 535 Generators
  - 537 Gifts
  - 575 Greenhouse Supplies
  - 585 Guns
  - 587 Hair Styling
  - 589 Hardware
  - 600 Health Care/Products
  - 605 Heating
  - 610 Help Wanted
  - 653 Hotel / Motel
  - 683 Jewelers
  - 700 Lawn & Garden
  - 711 Lessons
  - 760 Lumber & Wood Products
  - 790 Maple Syrup Supplies
  - 805 Miscellaneous
  - 810 Mobile Homes
  - 811 Monuments
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  - 815 Motorcycles
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  - 820 Nurseries
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  - 950 Real Estate For Sale
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## Foundation celebrates local students with scholarship awards

The Herkimer Region College & Career Scholarship Foundation awarded scholarships to local high school and adult students during the foundation's 31st annual awards ceremony on May 24.

After dinner and the awards ceremony at the MV Golf & Event Center in Little Falls, Foundation President Sharon Baisley congratulated the award winners and thanked their families and supporters for attending.

At the ceremony, Baisley conducted the welcome and introductions, and thanks were given to the foundation's Board of Trustees as well as the event sponsors: ARC Herkimer, C&S, Day Automation, Human Technologies and M&T Bank. Students were presented with their certificates, and Scholarship Foundation Vice President Mary Ellen Shevat provided highlights of the general scholarship award winners and alternates.

The goal of the Herkimer Region College & Career Scholarship Foundation is

to expand access to higher education for students in the region who are in career and technical education fields. To date, the foundation has provided more than 350 scholarships totaling more than \$200,000.

The foundation's largest fundraiser each year is the Herkimer Region College & Career Scholarship Foundation Golf Tournament, which takes place this year on Aug. 8 at the Cedar Lake Golf Club. For information on registering for the golf tournament or making a donation, send an email to smaxson@herkimer-boces.org or call 315.867.2023.

### The Awards

The general scholarship winners receive \$750 for the first year of college and then are awarded another \$800 for a second year if they maintain a GPA of at least 2.5 and provide a copy of their freshman year transcript and enrollment verification for their sophomore year.

The scholarships are open to students who are majoring in vocational

education in their high schools or at Herkimer-Fulton-Hamilton-Otsego BOCES and plan to go to college the next school year.

The following students won the foundation's general scholarships:

- Breslin Clark of Frankfort-Schuyler Central School District
- Abigail Fasani of Central Valley Central School District
- Bailey Harrer of Herkimer Central School District
- Sofia Kucerak of Little Falls City School District
- Maria Lyubezhanin of Frankfort-Schuyler Central School District
- Kathleen Marhaver of Central Valley Central School District
- Patrick Murphy of Dolgeville Central School District

• Caroline Pontius of Herkimer Central School District

The scholarship foundation also presented the Career Award for students who gain employment in a Career and Technical Education field prior to or soon after graduation and incur expenses as a result of that employment. This award allows the reimbursement of up to \$750 for trade-specific expenses such as employment clothing, personal protective equipment, tools, supplies, certifications, credentials and/or licenses.

The following students won the Career Award:

- Ryan Calhoun of Poland Central School District
- Charles DeCarr of Central Valley Central School District
- Rebekah Nichols of Frankfort-Schuyler Central School

District was named as an alternate for the general college scholarships and AnNi Carroll, of Mount Markham Central School District, was named as an alternate for the Career Award.

There also are special incentive awards available each year for students pursuing careers in certain areas that awards were established for through donations.

The following students won special incentive awards this year:

- Clark won the William E. Busacker Memorial

Scholarship, which goes to a student who has been actively involved in school and/or community programs and has demonstrated leadership.

• Kucerak won the Pappaleo/Dady Family Scholarship, which goes to a student who has completed a two-year program at the Herkimer BOCES Technical Education Center and has demonstrated good attendance, teamwork and commitment to a career field.

- Marhaver won the Paul

**Foundation 25**

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## Slide presentation on Clinton Liberal Institute rescheduled

Local historian Eileen Chambers announced that June 15 is the new date for a special slide presentation on the Clinton Liberal Institute, a 19th century co-educational boarding school, college preparatory school, business school and military academy that once overlooked this booming Erie Canal village.

The free program, hosted by the Fort Plain Free Library during the monthly Local History Round Table, will feature a display of memorabilia and artifacts and is slated to begin at 6:30 p.m. at the 19 Willett St. library. Virtual participation is also possible through Zoom.

Majestic and imposing, the landmark structure towered over the village from the late 1870s until it was leveled by flames in 1900. The village and Town of Minden historian will talk about the institute's history, provide information about its location and describe its ultimate fate.

All are welcome. Call 518.993.4646 for more information.

The Local History Round

Table meets at the 19 Willett St. library, located at the corner of River and Willett streets, on the third Wednesday of each month. Follow the library on Facebook for updates.

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### HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday – Misc. items, Poultry & produce etc. will start approx. 12:00. 1:00 we will start Dairy followed by all other livestock. **Let's keep the cattle in the market place to help the competition – sending direct gives you no competition.**

**Mon. May 23rd** – Sold 221 head - Cull Dairy ave. \$.77 top cow \$.95, cull beef cows \$.80 - \$.92, Grassfed Organic Cull \$.38 - \$1.38, Organic cull \$.84 - \$.89, Bulls/Steers \$.98 - \$1.01, Grassfed Organic Bull \$1.12, bull calves top \$2.15 top beef calf \$2.70, heifer calves \$3.00 top beef calf \$1.70, Dairy feeders \$.81 - \$1.08. Dairy Milking age top \$1950.

**Monday, June 13th** – Normal Monday Sale & Monthly Heifer Sale. Special: MacGregor Farm Complete Milking Herd Dispersal selling 34 head of Dairy Cattle. Ave. 55# SCC 151,000 4.0f 2.9P. 8 fresh less than 60 days, 8 dry due soon. Also 3 really nice springing Holstein heifers from a heifer raiser. Hull-O-Farm sends 4 top of the line Holstein Springers all due with second calf.

**Sat. June 18th** – Sale held on the farm - Remsen, NY. 11:00 AM. Groeslon Farm Crossroads Celebration Sale. Complete Registered Holstein Dispersal. Over 100 head sell with some R&W's. 14 EX cows in the herd now - The Paddock Family has been farming since 1975 - you will not want to miss this sale a rare opportunity for you to purchase some great cattle!! Watch for future ads on this great sale.

**Mon., June 20th** – Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale.

**Mon., June 27th** – Normal Monday Sale & Monthly Organic Day

**UPCOMING SALES TO WATCH FOR:**

**Sat. Aug. 6th** – Summer Production Sale 11:30 AM. Selling 100 Head of Registered & Hi Quality Grade Dairy Cattle all breeds. This sale is already filling fast so call with any consignments.

**Sat. Oct. 29th** – Fall Premier All Breeds Sale. Selling 120 Head of Registered All Breed Dairy Cattle. Call early to get your group featured.

**WATCH FUTURE ADS ON UPCOMING SALES WE HAVE IN THE WORKS**

**IF YOU HAVE SOMETHING TO SELL  
IF ITS ONE OR A WHOLE HERD LET US HELP YOU THROUGH THE PROCESS.**

\*\*Trucking Assistance – Call the Sale Barn or check out our trucker list on our website. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.  
Directions: Hosking Sales LLC, 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY.

**www.hoskingsales.com Like us on Facebook**

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cell: 607-972-1770 or 1771  
Dan Hosking: 607-972-8773

**Foundation from 24**

A. Bouck Memorial Scholarship, which goes to a student who will be majoring in an agricultural/rural or related field.

- Calhoun won the Mower Family Farm Scholarship, which goes to a high school graduate who will be pursuing occupations in the field of agriculture.

- Nichols won the Chris Brockway Memorial Scholarship, which goes to a student completing the Criminal Justice program at Herkimer BOCES, and the William E. Whitehill Scholarship, which goes to a student who attends a Herkimer BOCES Technical Education program and who has demonstrated

perseverance and has set clear goals for the future.

Additionally, two Herkimer BOCES Adult Practical Nursing Program students who are studying to become licensed practical nurses received LPN scholarships: Lindsey Rende of

Ilion and Megan Szuba of Mohawk. Brittany Adams of Gloversville received the special nursing scholarship. Cassandra French of Holland Patent was named as an alternate for the LPN scholarship.

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Herkimer Region College & Career Scholarship Foundation 2022 scholarship winners and alternates who attended the 31st annual awards ceremony. (L - R) Ryan Calhoun, Kathleen Marhaver, Sofia Kucerak, Abigail Fasani, AnNi Carroll, Brittany Adams, Adult Practical Nursing Program student, Caroline Pontius and Rebekah Nichols. Photo courtesy of Herkimer BOCES

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 - Jack Handey -

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# Weekly SUDOKU

by Linda Thistle

		6			1	2		
	7		2					8
3				4				5
		1			6		4	
	9		7			5		
7				9				2
		3	8					9
6					9	7		
	8			5				1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: ◆◆◆

- ◆ Moderate
- ◆◆ Challenging
- ◆◆◆ HOO BOY!

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## MAGIC MAZE ● NORMANDY

V K I H D A X U Q N K H E O B  
 Y V S I P M J U H E B Y V V T  
 Q O L I R E T G D B Y W T E G  
 R P M N E A C K I F D B Y R W  
 U S Q X H X W N O M K I U L F  
 D B Z A U (D - DAY) X O W O U  
 R S M E O E Q O L R B D N R L  
 J O Y N H F R D C R F R L D A  
 Y A U W V T S V E Q O O P O N  
 B J L E R V A H E L K W I H G  
 F E C B N O C N E L A S Z Y W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
 Unlisted clue hint: **Invasion Code-Named Operation** –

- |           |        |          |              |
|-----------|--------|----------|--------------|
| Alençon   | D-Day  | Juno     | Sword        |
| Bayeux    | Évreux | Le Havre | Utah         |
| Caen      | France | Omaha    | World War II |
| Cherbourg | Gold   | Rouen    |              |

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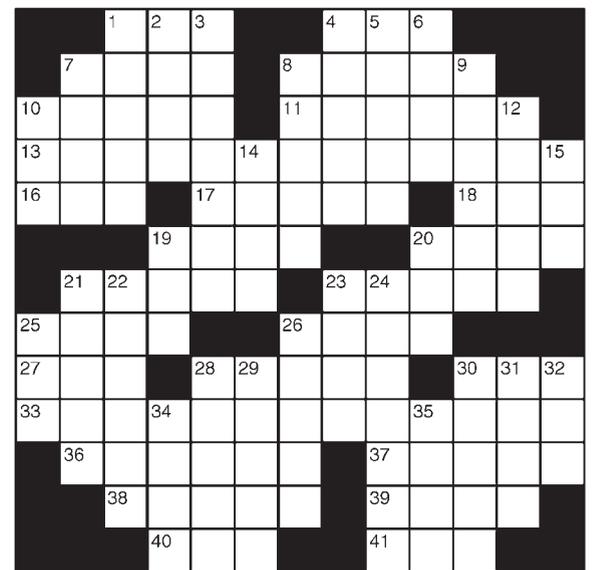
## King Crossword

### ACROSS

- |                         |                            |                            |
|-------------------------|----------------------------|----------------------------|
| 1 Scratch               | 36 Eucalyptus eaters       | 12 Answers an invitation   |
| 4 Hosp. scan            | 37 Start of a supplication | 14 Incursion               |
| 7 Ashen                 | 38 Move furtively          | 15 Phone bug               |
| 8 Ridicule              | 39 Smile                   | 19 Cartoon frame           |
| 10 Director             | 40 Trail the pack          | 20 Rap's Dr. —             |
| 11 Seek, as office      | 41 Thesaurus wd.           | 21 Desolate                |
| 13 Breakfast order      |                            | 22 Cookout spots           |
| 16 Simile center        |                            | 23 Beach crawler           |
| 17 Four-star reviews    |                            | 24 Drilling platforms      |
| 18 FDR project          |                            | 25 Mentalist's claim       |
| 19 107, to Cato         |                            | 26 Invigorating            |
| 20 Actor Johnny         |                            | 28 Salsa singer Cruz       |
| 21 Velocity             |                            | 29 Borneo ape, for short   |
| 23 Apple centers (Lat.) |                            | 30 "Mack the Knife" singer |
| 25 And others           |                            | 31 "This — outrage!"       |
| 26 French cheese        |                            | 32 Pigs' digs              |
| 27 Plopped down         |                            | 34 Teen hangout            |
| 28 Pink hue             |                            | 35 Grand Ole —             |
| 30 Insult, slangily     |                            |                            |
| 33 Steakhouse order     |                            |                            |

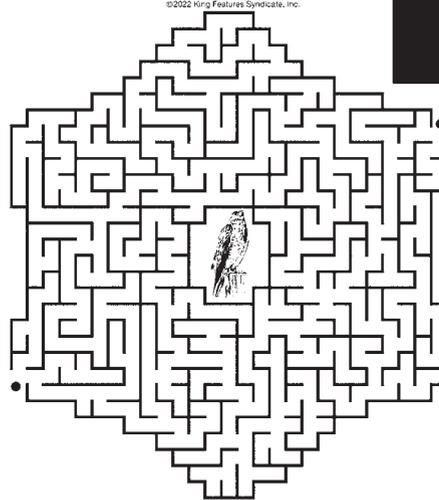
### DOWN

- |                          |          |             |                     |                         |        |                    |                    |             |               |
|--------------------------|----------|-------------|---------------------|-------------------------|--------|--------------------|--------------------|-------------|---------------|
| 1 Island south of Sicily | 2 Oodles | 3 Set aside | 4 Bea Arthur sitcom | 5 Littlest litter-mates | 6 Data | 7 Name of 12 popes | 8 Fountain of Rome | 9 Precisely | 10 CEO's deg. |
|--------------------------|----------|-------------|---------------------|-------------------------|--------|--------------------|--------------------|-------------|---------------|



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## Mega Maze



"I'm NOT starting another  
 — this is the same one"

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- |         |         |       |
|---------|---------|-------|
| Bully   | TUBER   | _____ |
| Forsake | ROAMON  | _____ |
| Rock    | TEARING | _____ |
| Produce | EYLID   | _____ |

### TODAY'S WORD

\_\_\_\_\_



Multi Line New Tire Dealer

Tire Repair

Oil Changes

Custom Wheels

Auto Accessories

Interstate Batteries

Century Pickup Truck Caps

Lawn and Garden Tires

ATV & UTV Tires

Semi-Tractor & Trailer Tire

Service

Semi-Tractor & Trailer Computer

Spin Balancing

Semi-Tractor & Trailer Recapping

Available

Goodyear National Accounts

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ON THE FARM TIRE SERVICE

# Home Country

by Slim Randles

**D**elbert McLain was seen going into Marvin Pincus's house the other evening. We wondered on it a bit, because those two were less likely to become friends than any other two people in the valley.

But Marvin, an old curmudgeon, is an amazing tier of fishing flies, and Del-

bert, who thinks blizzards are wonderful because the grass will be greener in the spring, is also an amateur fly tier. But Marvin is the real expert.

"There should be," said Del, expansively, "a National Fly Tying Month. Just think how many more people we could get to tie flies if it

were more... organized, you know?"

Marvin looked up from his bench and stared at his visitor over the magnifying glasses he was wearing to help him tie an Adams dry on a number 20.

"Del," he said, "some things are just meant to be quiet, you know? Just quiet. You just sit down and tie flies, and you don't need an organization or festival, or

factory."

"Well... okay, I see your point. You working on emerger patterns right now for the hatch?"

"Adams, dry."

Del looked over his shoulder as Marvin carefully wound the hackle behind the wings then in front of the wings, and then tied it off with a whip finish tool.

"Shouldn't you be tying emergers this time of year?"

"Del, emergers sink. Wets sink. Worms sink. Salmon eggs sink. Where's the glory in that? Dries alight on the surface film of a creek with a flutter, and they just sit there on top, going for a ride. They don't sink. Then the fish has to make an effort and come up and get him."

"Never thought of it that way."

Marvin nodded. "There's only dry fly

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fishing in the world, Del. Only dry fly fishing. Everything else is just killing fish."

Pick up "Home Country: Drama, Dreams and Laughter from the American heartland" at [www.lpdpress.com](http://www.lpdpress.com).

## Planning a cutting garden

by Deborah J. Benoit, Extension Master Gardener, UVM

**A** cutting garden provides a home-grown source of material for fresh flower arrangements. It might focus on one type of plant, such as a spring cutting garden featuring a variety of daffodils or tulips, or include a season-spanning variety you can cut throughout the warm-weather months.

Whatever flowers you choose, select those with long stems. They can be perennials (plants that will come back year after year) or annuals (those that live only one year) or a mixture of both. If you're planning on mixed-flower arrangements, also include filler and foliage plants to round out your design options.

A variety of daffodils and tulips make a beautiful springtime display and wonderful bouquets for the home. You can plant these bulbs in autumn in groups or scattered among other perennial plantings.

For a season-spanning cutting garden, consider perennials such as spring-blooming peonies or bearded iris, late spring to early summer-blooming yarrow, summer-blooming garden phlox or purple coneflower and mid-summer to fall-blooming tickseed.

While annuals will need to be replaced each year, their bloom time tends to be longer than perennials, often spanning months. Consider annuals

such as cosmos, sweet peas and zinnias for a variety of color and as long-lasting additions to your cutting garden.

Including filler plants such as baby's breath and dill along with foliage plants such as coleus or hosta will round out your cut flower arrangements.

A cutting garden can take the form of a traditional garden plot with straight rows, a raised bed, an island planting or a row of flowers along a walkway. Whatever design you choose, be sure each plant will be within easy reach for ease of cutting.

Keep in mind the needs of the plants you want to grow when selecting a location. Just as when planning any other garden bed, for a successful cutting garden, you will need a site with good soil and plenty of sun (six to eight hours each day), although there are bouquet-worthy flowers that do well in partial shade, such as astilbe.

Begin by removing all weeds from the garden bed and turning the soil to loosen it. If the soil needs any amendments, such as compost or slow-release fertilizer, add to the bed at this time.

A soil test will help determine the soil's fertility. You can get your soil tested through the University of Vermont Agricultural and Environmental Testing Lab ([https://pss.uvm.edu/ag\\_testing](https://pss.uvm.edu/ag_testing)).



Zinnias are an easy-to-grow annual with a long bloom time that will add vibrant color to any cutting garden.

Photo courtesy of Josephina Kolpachnikof/Unsplash

will encourage many plants to produce more blooms, giving you months of fresh cut flowers to enjoy in your home.

To read more stories like this, visit [countryculture.co](http://countryculture.co)

**SCRAMBLERS**  
Today's Word  
1. Brute 2. Maroon  
3. Granite 4. Yield  
solution

**ARGUMENT**

**Mega Maze**  
Solution

**NORMANDY**

9	8	7	6	5	4	3	2	1
6	4	2	1	3	9	7	5	8
5	1	3	8	7	2	6	9	4
7	6	5	4	9	3	8	1	2
2	9	4	7	1	8	5	3	6
8	3	1	5	2	6	9	4	7
3	2	8	9	4	7	1	6	5
1	7	9	2	6	5	4	8	3
4	5	6	3	8	1	2	7	9

**King Crossword**  
Answers

**Weekly SUDOKU**  
Solution time: 24 mins.

M	A	R	I	M	R	I	M	R	I
P	A	L	E	T	A	U	N	T	
M	I	L	O	S	R	U	N	F	O
B	U	T	T	E	R	E	D	T	O
A	S	A	R	A	V	E	S	T	V
C	V	I	L	I	D	E	P	P	
S	P	E	E	D	C	O	R	E	S
E	T	A	L	C	O	R	A	L	D
P	R	I	M	E	R	I	B	R	O
K	O	A	L	A	S	I	P	R	A
S	L	I	N	K	G	R	A	I	N
L	A	G	S	Y	N				

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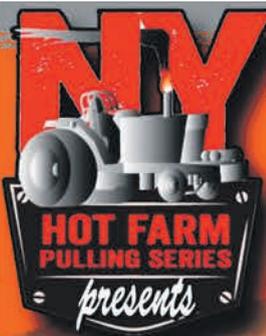
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**KIDS PEDAL PULL 5 PM**



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