

# MOHAWK VALLEY Country Editor

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**OCTOBER 29, 2022**

**FREE**



## IN THIS ISSUE:

- AUTOMOTIVE
- DINING & ENTERTAINMENT
- FARM, HOME & GARDEN
- HOME IMPROVEMENT
- LOCAL SPORTS

*Take delight in the Lord,  
and he will give you  
the desires of your heart.  
Psalm 37:4*

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#202224417:  
Fort Plain. A large Colonial style home with high ceilings, original woodwork, large windows and plenty of space. 3 bedrooms, 2 large full baths, dining room, and 2 rooms for living area downstairs (one to right of dining room could be made into an extra bedroom if needed). There's an extra large room between the upstairs bathroom and bedroom that is currently used as a combo office/ closet area. The backyard is a smaller size enclosed (fenced) area. Driveway to the left of the house parks 1 car. School is right up the street! A large solid older style home that is waiting for renovations! Come take a look! **\$65,000**



#202224198: Fort Plain. Great investment opportunity with this brick 9-unit apartment building! 8 out of 9 apartments are rented. Long term tenants. Separate utilities, tenants pay their own gas & electric. 6 new furnaces. This is a money making building as it is, however with some upgrades and rent increases you have yourself a GEM! Schedule a showing today! **\$275,000**



#202227929: Cherry Valley. This is a great "turn key" opportunity! The Pleasant Brook Hotel - famous for its pizza and wings - has the ambiance of a cozy, small town bar - and is very popular with hunters and snowmobilers. The hotel has 6 bedrooms and two bathrooms upstairs that are currently rented by the night. Pleasant Brook area is ideal for deer/bear/turkey hunting - attracting hunters from all over the state. Surrounding areas (just a short drive away) include Cooperstown, Cherry Valley, and Cobleskill. **\$325,000**



#202223226:  
C/O Gloversville. Looking for a beautiful 3 Bedroom, 1 Bath home that is conveniently located just minutes from shopping and restaurants? Come cool off from the heat in the pool and when the weather changes you can snuggle next to the pellet stove. \* new roof coming soon\* Make your showing today! **\$179,900**



#202228263: Fort Plain. Well-cared for ranch home located on Clark Ave in Fort Plain. Eat-in kitchen with an updated countertop and flooring, large living room with a dining area. 3 bedrooms and a full bath. Hardwood floors throughout. Side enclosed porch, large backyard, and 1-stall garage. Full basement with washer and dryer hook-up. **\$159,000**



#202227037: Fort Plain. Great location and a perfect setting to build your home. Trailer and/or mobile home are permitted. Camping trailers and or recreational living quarters will be allowed for temporary periods. 300 feet of road frontage and total 5 acres. **\$32,000**



#202223718: C/O Gloversville. 9,000 sq feet of warehouse style industrial space situated on 1.6 acres space. Featuring 1 trailer height loading doc and 1 ground level loading entry. 3- phase electric service, municipal water hooked up, industrial natural gas service meter, an office and a restroom. A variety of uses for any type of storage, warehouse, distribution and commercial purposes. Located on a very visible traffic area with plenty of truck space and parking. Prime location! This space has been rented for an average 2200 per month. Possible owner financing with qualified buyer. **\$269,000**



#202228713: T/O Florida. 142 acres of paradise located on a quiet country dead end road in the town of Florida. Come and build your dream home and create your own private estate overlooking mountain views and endless rolling farmland. This property offers an abundance of wildlife whether you are a nature lover or an avid hunter. This large parcel features a mix of pine groves, hardwoods, and cropland. Power & high speed internet located at road. Only 6 minutes from the NYS Thruway. Listing agent related to seller. **\$340,000**



#202220891:  
C/O Gloversville. Move in ready 3 bedroom/ one bath home located in the heart of Gloversville. Convenient first floor laundry as well as utility room/ office space. This home features a roof that is less than 5 years old, as well as a new tankless water heater and a new hot air furnace! Easy access to the bike trail and just minutes to Gloversville High School as well as Nathan Littauer Hospital. 101 W 8th Ave is included in the sale, ( 134.14-14-3). Call today for your private showing! **\$98,500**



#202225118: V/O Canajoharie. This 3 bedroom, 3 bath home is tucked back from the street, with a large backyard that stretches way back (a bit over 1/2 acre). Relax on the front porch that is accessible right from the open style kitchen or the back patio area for a barbecue. It has a spacious open feeling on the first floor, with a separate laundry/1/2 bath. The 3 bedrooms upstairs have plenty of room for the family with 2 full baths upstairs. Sliding glass doors lead to the back patio, garage and huge backyard. Newer furnace, most all windows have been replaced, new plumbing, new wiring, and newly insulated on the inside walls. With some repairs to be finished, this home is a treasure! Pre-qualified buyers only. Price is reduced reflecting roof repair needed. Property being sold "as-is" **\$115,000**



#202224408: C/O Gloversville. 18.36 acres of prime commercially zoned vacant land. Located in the commercial corridor of Johnstown/Gloversville, NY. The property slightly slopes facing south. Possible green energy use, residential or business development? This parcel is centered to many surrounding large and medium commercial businesses, including the Wal-Mart Super Center. Possible owner financing for qualified buyer. **\$249,000**



#202226240: Come see this 2 bedroom 1 bath home located close to schools, shopping, and restaurants. Sit on the covered back deck and overlook a beautiful yard. Hardwood floors throughout the downstairs. Walk up attic makes for easy storage or with a little work can be finished for additional living space. Brand new roof (2021) on house and garage!!! Hot water tank was replaced 2 years ago. **\$135,000**

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## Utica native to lead U.S. Navy Office of Community Outreach

**by Mass Communication Specialist 1st Class Bryan Niegel, Navy Office of Community Outreach**

Commander Anthony Falvo, a native of Utica, assumed duties as director and officer in charge of Navy Office of Community Outreach (NAVCO) during a change of office ceremony in Millington, TN, on Oct. 13.

"I'm excited to be here," said Falvo. "I sought this job out because I very much believe in the mission. I've got to be the luckiest guy in the Navy coming here. The group of professionals that we have here are some of the best that this community has to offer and I'm proud to be a member of this team."

Falvo joined the military 29 years ago and today serves as a U.S. Navy public affairs officer.

"I joined the Navy to continue a family legacy of service to the nation," he said. "My grandfathers and father all served, along with other relatives who recognized the meaning of service to the nation. Joining the Navy was a way for me to not only serve my nation, but it also afforded me many experiences that I otherwise never would have access to."

Falvo graduated from Utica Senior Academy in 1991. Today, he relies upon skills and values similar to those found in Utica to succeed in the military.

"Growing up in Utica taught me perseverance and strong family values," said Falvo. "It taught me that if I wanted to be successful in life, I had to go out to make it happen on my own. But it was my family that enabled me to do that. I was lucky enough to have strong family support at home cheering me on at every turn."

These lessons have helped Falvo while serving aboard in the Navy.

"The part I like most about my job is the people

that I get to work with on a daily basis," he said. "As a Navy Commander, and now as the Director of the Navy Office of Community Outreach, I am lucky to work with amazing men and women that represent the best of what our nation has to offer. I feel blessed to be able to work with talented professionals dedicated to the defense of our nation and preserving our freedoms."

NAVCO connects Americans with their Navy. With most of the Navy's personnel and equipment logically concentrated on America's coasts, NAVCO oversees a number of community outreach programs designed to bring America's Navy to cities throughout the country, many of which do not enjoy a significant Navy presence.

Serving in the Navy means Falvo is part of a world that is taking on new importance in America's focus on strengthening alliances, modernizing capabilities, increasing capacities and maintaining military readiness in support of the National Defense Strategy.

"As the premier seagoing force in the world, the United States Navy is crucial to our nation's prosperity and defense," said Falvo. "First founded as a force to protect American commerce on the world's oceans, today's Navy does that and more. Most importantly, we take the fight to the enemy. Our unique capabilities on the sea, under the sea and in the skies make us the service of choice for our nation's defense. It's no coincidence that the first question from our nation's leaders during a time of crisis is, 'Where's the nearest aircraft carrier?' Being the service of choice is something I am proud of, and proud to contribute to."

With more than 90% of all trade traveling by sea and 95% of the world's international phone and internet traffic carried through fiber optic

cables lying on the ocean floor, Navy officials continue to emphasize that the prosperity and security of the U.S. is directly linked to ready sailors and a strong Navy.

"Maintaining the world's best Navy is an investment in the security and prosperity of the United States, as well as the stability of our world," said Adm. Mike Gilday, Chief of Naval Operations. "The U.S. Navy – forward deployed and integrated with all elements of national power – deters conflict, strengthens our alliances and partnerships and guarantees free and open access to the world's oceans. As the United States responds to the security environment through integrated deterrence, our Navy must continue to deploy forward and campaign with a ready, capable, combat-credible fleet."

Falvo has many opportunities to achieve accomplishments during military service.

"My proudest accomplishment in the Navy was the first moment I raised my right hand and swore an oath to the nation," said Falvo. "Taking that first step so many years ago was the hardest part. I am proud that I had the courage to say 'yes' to something that seemed like a crazy idea nearly three decades ago."

As Falvo and other sailors continue to perform missions around the world, they can take pride in serving their country in the U.S. Navy.

"Serving in the Navy gave me the foundation to be who I am today – a better son, husband, father and grandfather," added Falvo. "It not only taught me the professional skills that I have today, it's given me many opportunities I never would have been afforded otherwise. I would encourage any young American to consider the Navy, not only as a means to gain valuable skills and insight, but also as a means to better themselves and their families."



*Cmdr. Anthony Falvo from Utica poses for a photograph after a change of command ceremony at the Navy Office of Community Outreach (NAVCO). NAVCO oversees a number of community outreach programs designed to bring America's Navy to cities throughout the country which do not enjoy a significant Navy presence. Photo by Mass Communication Specialist 2nd Class Jason Waite*



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# Around the Kitchen Table – Enjoying your harvest

by **Tamra M. Bolton**

Larder is not a word you hear much anymore. Originally, it referred to “a storehouse for bacon” but over time, larder became interchangeable with pantry, storeroom or cupboard. Today, most people call their food storage area a pantry.

However, my grandmother always referred to her neatly arranged shelves of home-canned harvest as a “full larder.” She kept the bounty of her garden, foraged berries and fruits in quart jars in a small shelf-lined room off her kitchen. It had a sloped ceiling even lower than the adjacent kitchen and you had to duck to take the three steps down into Ma's larder. It had a single bare bulb with a long white string attached for pulling the light off and on. As a kid, it was a big deal to retrieve a colorful jar off the packed shelves for Ma's next pie or homemade stew.

My own mother has a similar space for her jams, jellies, pickles and relishes. It is a simple hall closet just off the kitchen with knotty pine shelving. Like Ma's, it had a long white pull string for the bare bulb light, but after years of unsuccessful arm-waving and grasping in the dark space for that elusive string, my Dad finally installed an outer switch, much to our delight.

Today, we not only use that same hall closet to store our canned goods, but we also have the convenience of a large freezer to hold our harvest. It is a good feeling to be able to reach into these storage areas and pull out the beginnings of a pie or a side dish for a meal. I am reminded of the blessings we enjoy of growing and harvesting our own food and being able to share the bounty we have with others.

To quote my grandmother, “The comfort of a full larder is knowing you always have something to fix for company and the satisfaction that your family won't go hungry.”

Even though I have a full freezer and a few filled shelves of my own, nothing will ever be as beautiful as those towering shelves of multi-colored glass jars filled by my grandmother's own hand.

This autumn, celebrate your harvest by baking something to share and by passing along your own full larder memories.

## Ma's Sweet Muffins

1 ½ cups sifted flour  
½ cup sugar  
2 teaspoons baking powder  
½ teaspoon salt  
¼ cup shortening  
1 large egg  
½ cup milk (can substitute maple syrup for half of the milk)  
Topping:  
2 tablespoons of melted butter  
1 cup white sugar or maple sugar  
½ teaspoon cinnamon  
¼ cup flour

Mix together and spoon on top of each muffin before baking. Preheat oven to 400°. Mix dry ingredients, then use fork to blend in shortening. Add egg and milk and mix until well-blended, but don't overmix. Batter may still be slightly lumpy.

You can add wild blueberries, cranberries or grated apple if

you want to make different flavors. You'll only need about a ½ cup of each as an addition.

Spoon into greased muffin tin and add topping. Bake at 400° for 20 to 25 minutes.

These are quick and easy to make if unexpected company drops by. They'll think you spent hours in the kitchen making these bakery-style treats!

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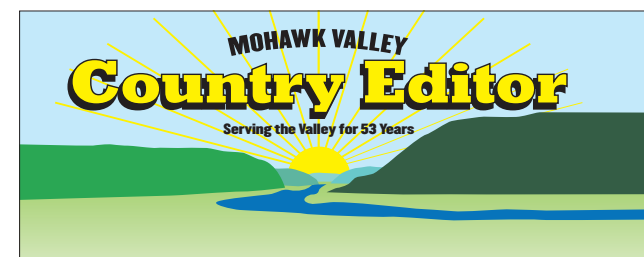
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**The Canajoharie-Palatine Bridge Chamber of Commerce will be conducting a rack card exchange this Fall.**  
Contact Matt Stanley for details at 315-292-2306  
mstanley@leepub.com



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# Local Trick Or Treat Times

## FORT PLAIN

Monday, Oct. 31  
• 6-7:30 PM  
Fireman's  
Parade • 5 PM

## FONDA

Oct. 30 • 4-6  
Trunk or Treat  
Village Park  
• 6-8

## GLEN

Oct. 30 • 4-6  
Glen FD  
Trunk or Treat  
134 Auriesville Rd,  
Fultonville

## CHERRY VALLEY

Oct. 31 • 5:30-7:30  
Trunk or Treat  
at CV Firehouse  
• 4:30-7:30  
Hot Drinks, Snacks &  
Candy at Kateri Hall

## RICHFIELD SPRINGS

Oct. 29 • 3-6

## SCHENECTADY

Oct. 30 • 11-2  
Mohawk Honda  
Trunk or Treat

## CANAJOHARIE

Oct. 31 • 5-6:30  
Parade • 7  
Oct. 28 • 6:30-8:30  
Liberty ARC  
Trunk or Treat  
91 W Main St.

## ST. JOHNSVILLE

Oct. 31 • 5-7

## DOLGEVILLE

Oct. 31 • 5-7  
Oct. 27 • 5:30-7  
Dolgeville Central  
School

## LITTLE FALLS

Oct. 31 • 5-7

## HERKIMER

Oct. 29  
- Costume Parade • 4:30  
- Trick or Treat  
at Myers Park • 5-8  
- Realm Chiropractic  
Trick or Treat • 5-8

## FORT HUNTER

Oct. 29 • 3-6  
Oct. 29 • 1-3  
Fort Hunter FD  
Trunk or Treat

## GLOVERSVILLE

Oct. 31 • 6-8

## SALISBURY

Oct. 28 • 6-8  
FD Trick  
or Trunk

## FULTONVILLE

Oct. 30 • 6-8

## PALATINE BRIDGE

Oct. 31 • 5-7

## SHARON SPRINGS

Oct. 31 • 5-7

## ILION & MOHAWK

Oct. 31 • 5-7

## ROME

Oct. 30 • 4-6  
Rail and Canal  
Trick or Treat  
6611 Martin St.

## JOHNSTOWN

Oct. 31 • 6-8

## SOUTH MINDEN

Oct. 29 • 4-6 PM  
South Minden  
FD

## SCHOHARIE

Oct. 29 10-3  
Schoharie Valley  
Farmer's Market  
Safe Trick or Treat  
on the Farm

## CAROGA LAKE

Oct. 30 • 5-7  
Sherman's

## AMES

Oct. 31  
• 5-6:30 PM



## Town of Webb to host county health office hours beginning in November

The Town of Webb will host Herkimer County Public Health (HCPH) office hours, starting Nov. 10, monthly at the town's office building. HCPH office hours will be in the board room at 3140 State Route 28, Old Forge, on the second Thursday of each month from 10 a.m. - 2 p.m.

Upcoming HCPH office hours are planned for the following dates: Nov. 10 and Dec. 8 in 2022 and Jan. 12, Feb. 9, March 9 and April 13 in 2023.

Come learn more about the programs Herkimer County has to offer. Informational material and educational material will be on hand to facilitate connecting your community to need-

ed services and assistance. HCPH programs and services can be further explored during in depth conversations with our department's onsite program experts. Information for sister agencies will also be available.

HCPH programs include adult and child immunizations, rabies prevention, lead poisoning and prevention, early childhood intervention, communicable disease and maternal child health.

For further information call Public Health at 315.867.1176. You can also find additional information at [herkimercounty.org](http://herkimercounty.org) and on Facebook at [fb.me/HerkimerCountyPublicHealth](https://fb.me/HerkimerCountyPublicHealth).

## Rabies clinic set for Nov. 12

A rabies clinic will take place Nov. 12 from 10 a.m. - noon at the East Herkimer Fire Department, 193 Main Rd., East Herkimer.

All cats, dogs and ferrets three months or older must be vaccinated even if they stay indoors. Every dog and cat need two rabies vaccinations one year apart, then one every three years. Ferrets must be vaccinated every year. Bring the pet's rabies vaccination history to receive a three-year certificate. Dogs should be on a leash. Cats and ferrets should be in a carrier or pillowcase. No vet exams will be given.

A \$5 donation per pet is suggested to defray costs.

Visit [herkimercounty.org](http://herkimercounty.org) to view a complete listing of our rabies clinics.

To schedule an appointment and pre-register your animals, call 315.867.1176. Pre-registration will end at noon on Nov. 11 for this clinic.



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## Family history increases risk for breast cancer

Millions of people across the globe will be diagnosed with breast cancer this year. In fact, only certain skin cancers affect more women than breast cancer within the U.S. and Canada.

The World Cancer Research Fund International says breast cancer is the most commonly diagnosed cancer in women across the globe. Belgium, The Netherlands and Luxembourg had the highest number of breast cancer cases in 2020, while Barbados and Fiji had the greatest number of deaths attributed to the disease. Some of these high case numbers may be attributed to women with family histories of breast cancer—something that increases risk significantly.

BreastCancer.org indicates that women with close relatives who have had breast cancer, such as sisters, mothers or grandmothers, are at considerably higher risk of developing breast cancer themselves. Also, breast cancer may occur at a younger age in women with family histories of the disease.

Understanding breast cancer risk is vital for women's health. The following breakdown, courtesy of the Centers for Disease Control and Prevention, can help women from all backgrounds understand their risk for breast cancer.

• **Average risk:** No first or second-degree relatives with breast or ovarian cancer, or one second-degree female relative with breast cancer (in one breast only) diagnosed after age 50.

• **Moderate risk:** This is a somewhat higher risk that may not turn into breast cancer. It occurs when there is one or two first-degree or two second-degree female relatives with breast cancer (in one breast only), with both relatives diagnosed after age 50; otherwise, one or two first- or second-degree relatives with high grade prostate cancer.

• **Strong:** Women with strong risks have much higher chances of developing breast cancer than the general population. Conditions like having one or more first- or second-degree

relatives with breast cancer diagnosed at age 45 or younger, triple negative breast cancer, primary cancer of both breasts and both breast and ovarian cancer in the same relative are warning signs of increased risk.

It's important for women with increased risk for breast cancer due to family history to discuss options with their doctors. More frequent mammograms and other screening tests may be recommended, and screening at younger ages than the standard age also may be considered. Women who are at high risk may be urged to undergo genetic counseling and testing for hereditary breast and ovarian cancer markers.

Breast cancer can be an especially scary prospect for women with family histories of the disease. By familiarizing themselves with their risks for breast cancer, women can take the necessary steps to protect their long-term health.



*BreastCancer.org indicates that women with close relatives who have had breast cancer are at considerably higher risk of developing breast cancer themselves.*

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# CHURCH SERVICE DIRECTORY

<p><b>AMES</b> <b>AMES - SPROUT BROOK UMC</b> 613 Latimer Hill Rd., Ames, NY 13317 518-673-3495 Pastor Jan Markle Sunday Service 9 AM</p> <p><b>CORNERSTONE BAPTIST CHURCH</b> Pastor Todd Lozier Sunday AM Service 10 AM Sunday School/Adult Small Groups 11:15 AM Sunday Evening 6 PM Wednesday PM Service 7 PM Via Zoom email us for the link Youth Group Sunday Evenings during the school year. Family Night - First Sunday Evening of the month from Oct - May 7274 State Highway 10, Ames, NY 13317 www.cornerstoneames.com info@cornerstoneames.com 518-673-3405</p> <p><b>AMSTERDAM</b> <b>THE TIME FOR TRUTH MINISTRIES</b> PO Box 351, Amsterdam, NY 12010 Phone 518-843-2121 Cell 518-774-8558</p> <p><b>CANAJOHARIE</b> <b>CHURCH OF THE GOOD SHEPHERD</b> 26 Moyer St., Canajoharie 518-673-3440 The Rev. Virginia L. Ogden, Rector Sunday Worship 9:30 AM with Communion Church Email: churchgoodshep26@gmail.com Website: www.churchgoodshepherd.com</p> <p><b>UNITED METHODIST CHURCH OF CANAJOHARIE</b> 50 E. Main St. 518-673-2717 Jesus says - "Come Unto Me" Join us - Special Music Ministry, Beautiful Surroundings, Friendly People Sunday Service 10:30 AM Email: umc673@frontiernet.net Communion Last Sunday of the Month</p> <p><b>ST. JOHN'S &amp; ST. MARK'S LUTHERAN CHURCH</b> 143 Church St., Canajoharie 518-673-2224 Pastor A. Elisabeth Aurand Remote &amp; In-Person Sunday Worship 11 AM; email for link stjmc-canajoharie.org office@stjm-canajoharie.org</p> <p><b>REFORMED CHURCH OF CANAJOHARIE</b> 15-19 Front St., Canajoharie 518-673-2816 Rev. Matt Draffen, Senior Pastor Rev. James Peck, Jr., Associate Pastor Saturday Evening Worship 4:30 PM Sunday Worship 10 AM, Adult Bible Study 9 AM Sunday, Coffee Hour immediately following Sunday service. www.canjoreformed.org</p> <p><b>FAITH, HOPE AND LOVE CHURCH</b> Rev. David W. Bowley, Pastor Sundays, 5 PM at the Upstate Chapel 63 Cliff St, Canajoharie Call 518-673-5128 or see Facebook "Faith, Hope and Love Christian Church" and our website http://faithhopeandlovechurch.com</p>	<p><b>NEW BEGINNINGS BIBLE CHURCH</b> 63 Cliff St., Canajoharie, NY 13317 Pastor Larry Alkinburgh 518-848-4816 pastor@newbeginningsbc.org Sunday School 9:15 AM Worship Service 10:30 AM</p> <p><b>CHERRY VALLEY</b> <b>CHERRY VALLEY ASSEMBLY OF GOD</b> 37 Alden St., Cherry Valley 607-264-3306 Pastor David Carpenter, Jr. Sundays 9:30 AM</p> <p><b>ST. THOMAS THE APOSTLE CATHOLIC COMMUNITY</b> 1 Church St., Cherry Valley 607-264-3779 Masses Sunday mornings at 8:30 AM &amp; 11 AM</p> <p><b>GRACE EPISCOPAL CHURCH</b> 24 Montgomery St., Cherry Valley 315-858-4016 Fr. Kyle Grennen, Rector Holy Eucharist 11 AM Sunday school 11 AM Fully handicap accessible Active youth group - call for details Facebook: Grace Episcopal Church Cherry Valley</p> <p><b>COLD BROOK</b> <b>COLD BROOK UNITED METHODIST CHURCH</b> 467 Main St. Sunday Worship 10:30 AM</p> <p><b>NEW LIFE CHAPEL OF THE AEA</b> 3447 St. Rt. 8 Pastors: Rev. Gail &amp; Rev. Mike Jay 315-826-7115 Sunday Worship 10:30 AM Intercessory Prayers Tuesday 7 PM (please call to confirm)</p> <p><b>DOLGEVILLE</b> <b>NEW HOPE CHRISTIAN FELLOWSHIP</b> Pastor Peter Spiak 32 Spencer St. • 315-429-3630 Sunday School 9:30 AM Sunday Worship 10:30 AM Tuesday Bible Study 7 PM</p> <p><b>GRACE BAPTIST CHURCH OF DOLGEVILLE</b> Pastor Len Byerly 12 Van Buren St. Morning Worship 11-12:30 PM Lunch 12:30-2 PM Afternoon Worship 2-3 PM</p> <p><b>DOLGEVILLE UNITED METHODIST CHURCH</b> Pastor Matt Worley 21 N. Helmer Ave. Church Phone 315-429-7381 Sunday Church Service Oppenheim @ 10 AM Dolgeville @ 11 AM</p> <p><b>DOLGEVILLE CHRISTIAN FELLOWSHIP</b> Pastor Marvin Isum 3 Elm St. Phone 315-429-8390 Sunday Worship 10:30 AM Mid-week Service Tuesday 7 PM www.dolgevillechristianfellowship.org</p> <p><b>UNITED LUTHERAN PRESBYTERIAN PARISH</b> 26 E. Faville Ave. Worship 11 AM</p>	<p><b>ST. JOSEPH'S ROMAN CATHOLIC CHURCH</b> 31 N. Helmer Ave., Dolgeville, NY Phone 315-823-3410 Sunday Mass 9AM</p> <p><b>EAST SCHUYLER</b> <b>CHRISTIAN ASSEMBLY OF SCHUYLER</b> Pastor Mark Sowersby 3659 Route 5, East Schuyler Sunday Worship 10:30 AM Wednesday Night 6:30 PM Phone 315-895-0926 Christianassemblyofschuyler.com</p> <p><b>EPHRATAH</b> <b>EPHRATAH REFORMED CHURCH</b> 140 Co. Hwy. 140, Ephratah, NY To live and share Jesus Christ both locally and globally. Everyday. Everywhere. Everyone. Pastor Jeff Hindrliter Sunday School for all ages 10 AM September-June Sunday Morning Worship 11 AM Prayer &amp; Praise Thursdays 7 PM</p> <p><b>ESPERANCE</b> <b>ESPERANCE PRESBYTERIAN CHURCH</b> 129 Church St., Esperance NY 12066 Sunday Worship 9:30 am Rev. Bert Mayne Simple, friendly, conservative worship in a beautiful 1824 sanctuary</p> <p><b>FONDA</b> <b>SAINT CECILIA CHURCH</b> 26 Broadway, Fonda 518-853-4195 Sunday Worship 9 AM</p> <p><b>NATIONAL KATERI TEKAKWITHA SHRINE AND INDIAN MUSEUM</b> 3636 St. Hwy. 5, PO Box 627 Fonda, NY 12068-0627 518-853-3646 Weekly Masses: Sat. 4:30 PM, Sun. 10:30 AM friars@katerishrine.com www.katerishrine.com</p> <p><b>FORT PLAIN</b> <b>AMAZING GRACE BAPTIST CHURCH</b> 131 Clark Rd., Fort Plain 518-568-7606 Pastor Frank Calabrese Sunday School 10 AM, Morning Service 11 AM, Sun. &amp; Wed. Eve. Service 6 PM, Youth Group Wed. 6:30 PM, Sat. Visitation 10 AM www.amazinggracebc.org</p> <p><b>GRANDVIEW BAPTIST CHURCH</b> 15 Washington St., Fort Plain 518-993-9929 Pastor Sean Morin Sunday School 10 AM Morning Service 11 AM Bible Study &amp; Prayer Meeting, Wednesday 6:30 PM</p> <p><b>ST. PAUL'S LUTHERAN CHURCH</b> 36 Lydius St., Fort Plain, NY 13339 518-993-2040 Pastor Jonathan Litzner 405-250-8395 Church Service 11 AM</p>	<p><b>ST. JOHN'S LUTHERAN CHURCH</b> 774 St. Hwy. 163, Fort Plain, NY 518-705-7552 Rev. David A. Johnson, Ph.D. Sunday Worship 9 AM, Sunday School 10 AM, Ladies Aid W.E.L.C.A. Handicapped Accessible</p> <p><b>REFORMED CHURCH OF FORT PLAIN</b> 165 Canal St., Fort Plain, NY 13339 518-993-4302 fortplainrca@yahoo.com Rev. Nancy E. Ryan Worship 11 AM, AA meetings Mon. &amp; Tues. 7 PM, Emergency Food Pantry 518-993-4302</p> <p><b>VICTORIOUS LIFE CHURCH RMI FELLOWSHIP</b> 104 Main St. &amp; 431 St. Hwy. 80 Fort Plain, NY 518-993-3102 Sunday School 9 AM, Morning Worship 10:30 AM, Youth Group 5 PM, Evening Worship 7-8 PM</p> <p><b>FORT PLAIN UNITED METHODIST CHURCH</b> 39 Center St., Fort Plain Audie Miller, Lay Supply Pastor Church Office 518-993-3863 Kitchen 518-993-3464 ALL WELCOME, Worship Service 11AM</p> <p><b>OUR LADY OF HOPE R.C. CHURCH</b> 115 Reid St., Fort Plain, NY 13339 Parish Office 518-993-3822 ourladyofhope@frontier.com Mass Schedule: Saturday, 4 PM; Sunday, 9:30 AM; Confessions: Sat. 3 &amp; by appointment Please call parish office for Holy Day schedule</p> <p><b>FREYSBUSH UNITED METHODIST CHURCH</b> Freysbush Rd., Fort Plain 518-429-9936 or 518-424-8488 Worship 9 AM, Sunday School 10 AM ALL ARE WELCOME</p> <p><b>FRANKFORT</b> <b>OUR LADY QUEEN OF APOSTLES</b> 414 Frankfort St., Frankfort, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 4 PM (May - October); Sunday 9 AM; Tuesday &amp; Thursday 9 AM</p> <p><b>FULTONVILLE</b> <b>FONDA FULTONVILLE UNITED METHODIST CHURCH</b> Pastor Kathy Reese Sunday worship and Sunday school 10AM Outdoor service: 11 Montgomery Street, Fultonville, May-Early Sept. (byo - chair) Indoor service: Winter and inclement weather Glen Town Hall, 7 Erie Street, Fultonville Community Outreach is very important to us <b>518 853-3311</b></p> <p><b>FULTONVILLE REFORMED CHURCH</b> Corner of 5S &amp; 30 Pastor Jane Hubschmitt Sunday School 10 AM Family Worship 10:30 AM</p>	<p><b>GLEN</b> <b>GLEN REFORMED CHURCH</b> State Hwy 161 in the Hamlet of Glen 4 miles South of Fultonville glenreformed@nycap.rr.com Sunday Worship at 9. Sunday School immediately following Children's Message</p> <p><b>HERKIMER</b> <b>SS PETER and PAUL ORTHODOX CHURCH</b> Fr Vasil Dubee &amp; Fr Dn Demetrius Richards 305 Main Rd., Herkimer Phone 315-866-3272 Saturday Vespers - 5 PM (spring/summer months) 4 PM (fall/winter months) Sunday Divine Liturgy 9:30 AM Sundays</p> <p><b>TEMPLE BETH JOSEPH</b> 327 N. Prospect St. Phone 866-4270 Friday 7 PM</p> <p><b>ST. FRANCIS de SALES CHURCH</b> Rev. Mark Cunningham, Pastor 219 N. Bellinger St. Phone 866-4282 Saturday Vigil Mass 4 PM Sunday Mass 8 AM</p> <p><b>CHURCH OF SAINTS ANTHONY and JOSEPH</b> 229 S. Main St. Phone 866-6373 Sunday Mass 10 AM No Saturday Vigil</p> <p><b>REDEEMER CHURCH</b> Pastor Michael Servello 931 Herkimer Rd., Utica, NY 13503 Phone 792-4748 Saturday 6 PM • Sunday 9 &amp; 11 AM</p> <p><b>OAK RIDGE FREE METHODIST CHURCH</b> Pastor Chris Schumske 838 W. German St. Worship Service for adults &amp; children 8:30 AM &amp; 10:30 AM with Ridgekids for the children (0-5th grade) Phone 866-0575</p> <p><b>UKRAINIAN ORTHODOX CHURCH OF ST. MARY'S PROTECTRESS</b> 326 Moore Ave. Sunday Divine Liturgy 10 AM Holy Day Liturgy 9 AM Phone 866-1336</p> <p><b>NEW LIFE CHURCH</b> Pastor David Hayner 337 Protection Ave. Phone 866-1164 • www.nlc-mc.org Worship 10 AM Wednesday Worship 6:30 PM</p> <p><b>THE SALVATION ARMY</b> Lieutenants Derrick and Heather Purvis 431 N. Prospect St. Phone 866-1240 Facebook.com/TheSalvationArmyHerkimer Sunday School 10 AM Morning Worship 11 AM</p> <p><b>FIRST UNITED METHODIST CHURCH OF HERKIMER AND LITTLE FALLS</b> Pastor Joelle Faulks Prospect St &amp; Park Ave. Sunday Worship and Sunday School 9 AM</p>	<p><b>HERKIMER REFORMED CHURCH</b> 102 Church St. Phone 866-1523 Worship 9:30 AM Shepherd's Table: Tuesday 11:30-12 PM</p> <p><b>TRINITY EVANGELICAL LUTHERAN CHURCH</b> Corner of West German &amp; Henry Streets Phone 315-866-6474 Sunday Worship Services 10 AM in person and virtually on Zoom, YouTube &amp; Facebook Bible Studies Thursday mornings 10 AM on Facebook</p> <p><b>THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS</b> 317 Gros Blvd., East Herkimer 315-866-8095 Sunday Sacrament Meeting 10 AM Sunday School/Primary 11 AM - Visitors welcome - Family History Center, open by appointment</p> <p><b>ILION</b> <b>ILION COMMUNITY CHURCH</b> Pastor Dean Mabry 44 Central Plaza Sunday Worship 10 AM Child Care/Kids Church Available ilionchurch.com</p> <p><b>SAINT AUGUSTINE'S EPISCOPAL CHURCH</b> 78 2nd Street Phone: 680-322-1034 or 315-895-0363 Email: staugustine3@gmail.com Sunday Services at 10 AM</p> <p><b>FIRST PRESBYTERIAN CHURCH</b> 90 Morgan St., Ilion, NY, 13357 Reverend Richard Riggle Bible Study 9:30 AM Church Service 10:30 AM 315-894-2070</p> <p><b>FIRST BAPTIST CHURCH</b> 8 Second Street Reverend John Partise Wednesday Mid Week Service 7 PM Sunday Morning 11 AM</p> <p><b>JESUS NEVER FAILS COMMUNITY CHURCH</b> Reverend Hans Drews 1161 Elizabethtown Rd., Ilion, NY 13357 518-568-7983 hansandrosaline@yahoo.com Sunday Service 11 AM</p> <p><b>MORNING STAR UNITED METHODIST CHURCH</b> 36 Second Street Pastor Joelle Faulks Sunday Worship 10:30 AM November 1 - May 1 4224 Acme Rd, Frankfort May 1 - November 1 36 Second Street, Ilion</p> <p><b>ANNUNCIATION CHURCH</b> 109 West Street, Ilion, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 4 PM (November - April); Sunday 11:30 AM; Monday &amp; Wednesday 9 AM</p>
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<p><b>JOHNSTOWN</b> <b>CHURCH OF THE NAZARENE</b> 3316 St. Rt. 29 W, Johnstown, NY 12095 Offices: 518-762-2982 Cell: 857-523-8417 Pastor, Rev. Mark Fowler Sunday Morning Service 11 AM Sunday School for All Ages 10 AM</p> <p><b>JOHNSTOWN FIRST</b> <b>PRESBYTERIAN CHURCH</b> 37 South Market St. Johnstown, NY 12095 518-762-8263 office@johnstownpresbyterian.org Pastor George W. 'Blake' Blakesley Church Service 10:30 AM in person, Zoom and Facebook Please call for more information about our free community lunch, thrift store &amp; personal care shelf.</p> <p><b>LASSELLSVILLE</b> <b>LASSELLSVILLE</b> <b>UNITED METHODIST CHURCH</b> State Hwy. 29 Pastor Robert A. Lindsay Worship: Sunday 9:30 AM Sunday School to start soon</p> <p><b>LITTLE FALLS</b> <b>FIRST BAPTIST CHURCH</b> 555 Albany St. 315-823-3392 Morning Worship 9:45 AM Rev. Chris J. Wintermute, Lead Pastor Rev. William Whalen, Associate Pastor Nursery (infants through age 4) Meet and Greet Sunday at 8:00 AM Sunday School Classes 8:30 AM (nursery through adult) **Our Service is aired on 100.3 FM, 91.1 FM &amp; 88.7 FM on Sundays from 11-12 with a 1 week delay. **LIVE on Facebook: "gingerleecase" account- 9:45 am on Sundays</p> <p><b>ST. PAUL'S UNITARIAN</b> <b>UNIVERSALIST CHURCH</b> Minister Jeffrey J. Frank Mark Bunce, Organist 565 Albany St., Little Falls, NY Phone 315-823-2284 Sunday Service &amp; Religious Education 10 AM</p> <p><b>FIRST ASSEMBLY OF GOD</b> Senior Pastor Timothy Parisi 559 E. Jefferson St. Phone 823-4043 • firstaglf@gmail.com Sunday Morning All Worship 10 AM Thursday Bible Study 6:30 PM</p> <p><b>HOLY FAMILY PARISH OF THE</b> <b>ROMAN CATHOLIC COMMUNITY OF</b> <b>LITTLE FALLS</b> Father Brian Slezak 763 E. Main St., Little Falls, NY Phone 315-823-3410 Saturday Vigil Mass 4 PM Sunday Mass 10:30 AM</p> <p><b>HOLY TRINITY LUTHERAN CHURCH</b> 512 E. Gansevoort St. Sunday School 9:15 AM Sunday Worship 9:30 AM Wednesday Worship 11 AM &amp; 6 PM</p>	<p><b>EMMANUEL EPISCOPAL CHURCH</b> 588-594 Albany St. Sunday Schedule: High Mass, Rite II 10 AM Nursery &amp; Sunday School 9:45 AM (Sept.-May) Fellowship Coffee Hour 11:15 AM Choir Rehearsal 11:30 AM Holy Day Masses as announced Confessions by appointment</p> <p><b>FIRST PRESBYTERIAN CHURCH</b> Pastor Tamara Razzano 16 Jackson St. Phone: 315-823-3004 Email lffirstpres@gmail.com www.presbylf.org Sunday Worship 10 AM Sunday School 10 AM</p> <p><b>INGHAMS MILLS BAPTIST CHURCH</b> Rev. Gary L. Busch, Pastor Sunday Worship Service 10 AM 443 Inghams Mills Rd. Little Falls, NY 13365 Pastor's Phone (315) 717-9936</p> <p><b>THE HOLY SPIRIT POLISH</b> <b>NATIONAL CATHOLIC CHURCH</b> 618 E. Gansvoort St., Little Falls, NY 315-823-0793 Father Rafal Dadello Mass at 11 AM on Sunday www.holyspiritpncc.org</p> <p><b>MARSHVILLE</b> <b>MARSHVILLE EVANGELICAL CHURCH</b> Route 10 South Pastor Mark Fowler Worship Sunday 9 AM</p> <p><b>MIDDLEVILLE</b> <b>MIDDLEVILLE UNITED</b> <b>METHODIST CHURCH</b> 24 Fairfield St. Sunday Worship 8:30 AM Thursday Bible Study 2 PM</p> <p><b>MOHAWK</b> <b>DENNISON CORNERS</b> <b>COMMUNITY CHURCH</b> Pastor Donald King 219 Robinson Rd. • Phone 866-5215 Sunday: Sunday School 9:45 AM Morning Worship 11 AM Evening Worship 6 PM Wednesday Prayer 7 PM</p> <p><b>MOHAWK REFORMED CHURCH</b> Rev. Brian Engel, Pastor 20 S. Otsego St. Phone 866-4292 Email mohawkpastor@verizon.net Follow us on Facebook Morning Worship: 10:30 AM Sept. - June • 9:30 AM July-Aug. Youth Sunday School (Pre-K - Sr. High) 9 AM Adult Sunday School (Men, Women &amp; Couples) 9:30 AM September - June</p> <p><b>EMMANUEL BIBLE CHURCH</b> Pastor Gary Wilcox 54 W. Main St. • Phone 717-3011 Worship and Word: Sunday 10:30 AM Fellowship Lunch: 12:30 PM Discipleship Hour: Sunday 1:30 PM Bible Study &amp; Prayer: Wednesday 6 PM</p>	<p><b>CHURCH OF THE BLESSED</b> <b>SACRAMENT</b> Sr. Mary Jo Tallman, CSJ, Parish Life Director Rev. Leo Potvin, Sacramental Minister 71 E. Main St. Phone 866-1752 Sunday Mass 9:30 AM</p> <p><b>CHRISTIAN BIBLE CHURCH</b> H. Ed Reed, Pastor/Teacher 167 Ward Rd. • Phone 858-1282 www.christianbiblechurch.us Sunday School 9 AM Sunday Worship 10 AM Wednesday Bible Study &amp; Prayer Meeting 7 PM</p> <p><b>THE WORD CHRISTIAN CENTER</b> Pastor Dan Annutto 27 E. Main St. • Phone (315) 985-3596 Sunday Services at 10 AM Intercession - Tuesdays at 6 PM</p> <p><b>NELLISTON</b> <b>VALLEY ALLIANCE CHURCH</b> 85 E. Main St., Nelliston 518-993-3458 Pastor Ken Gies Sunday School (all ages) 9:15 AM, Sunday Worship 10:30 AM, Wed. Praise &amp; Prayer 7 PM, Fri. Youth Group 7 PM (7-12th grade)</p> <p><b>NEWPORT</b> <b>FIRST BAPTIST CHURCH</b> <b>OF NEWPORT</b> 7497 Main Street Pastor's Phone 315-790-1877 Sunday Worship at 9:45 AM</p> <p><b>UNITED METHODIST</b> Pastor Robbin Harris • Phone 845-8730 Morning Service 11:15 AM</p> <p><b>KUYAHOORA COMMUNITY CHURCH</b> Pastor Dwayne Durand West Canada Valley High School Auditorium 5447 St. Rt. 28 Mailing Address PO Box 50 Middleville, NY 13406 Phone 315-292-1303 www.kuyahorracc.org Weekly Service Sunday 10:08 AM</p> <p><b>ST. JOHN THE BAPTIST</b> <b>CATHOLIC CHURCH</b> St. John the Baptist Parish 7516 N. Main St. • Phone 845-8017 Saturday Vigil 4 PM Sunday Mass 8:30 AM</p> <p><b>OPPENHEIM</b> <b>OPPENHEIM</b> <b>UNITED METHODIST CHURCH</b> Route 29 Pastor Matt Worley 315-429-7381 Worship 10 AM Sundays, Totally Awesome God-TAG time 6:30 PM Wednesdays beginning in Oct., Sunday School 9 AM beginning September 18th</p>	<p><b>PAINES HOLLOW</b> <b>PAINES HOLLOW</b> <b>UNITED METHODIST</b> Lay Servant Gregg Sponburgh Rtes. 167 &amp; 168 • 315-866-1128 Worship 9-10AM</p> <p><b>PALATINE BRIDGE</b> <b>TRINITY EVANGELICAL LUTHERAN</b> <b>CHURCH OF STONE ARABIA</b> 5430 St. Hwy. 10, Palatine Bridge, NY Pastor A. Elisabeth Aurand Sunday In Person Worship 9 AM; email for link office@stjm-canajoharie.org 518-673-2224</p> <p><b>THE HOUSE OF ZION, INC.</b> 580 Dillenbeck Rd., Palatine Bridge 518-577-3069 Pastors Richard &amp; Denise Allen Saturday Morning Worship Service 11:30 AM Listen to UMT on live radio 97.5FM the 1st Sunday of every month 3-4 PM</p> <p><b>RANDALL</b> <b>RANDALL CHRISTIAN</b> <b>COMMUNITY CHURCH</b> NY Rte. 5S Sunday Service 10:30 AM Worship Leader Darlene Spaulding</p> <p><b>RICHFIELD SPRINGS</b> <b>CHURCH OF CHRIST UNITING</b> PO Box 896, Richfield Springs, NY 13439 Rev. Casey Bradley • 315-858-1553 Service: Sunday 9:15 AM Church School: Sunday 9:30 AM</p> <p><b>RICHFIELD SPRINGS BIBLE CHURCH</b> 19 Church St., Richfield Springs, NY 13439 Rev. David Tosi • 315-858-0564 Sunday School (all ages) 10 AM Wor- ship Service 11 AM &amp; 7 PM Wednesday - Prayer &amp; Praise Call for info on various Youth Ministries www.richfieldspringsbiblechurch.org</p> <p><b>SALISBURY CENTER</b> <b>FULL GOSPEL ASSEMBLY OF GOD</b> Pastor Robert Brent 106 Plant Road Sunday Worship 11 AM with Children's Church offered during the service</p> <p><b>SALISBURY CENTER</b> <b>UNITED METHODIST CHURCH</b> 2545 State Route 29 Pastor Mark Hediger, 315-429-9085 pastormarkh@aol.com Sunday Worship 10 AM Thursday Bible Study 6 PM</p> <p><b>SLOANSVILLE</b> <b>SCHOHARIE VALLEY</b> <b>GOSPEL CHURCH</b> Pastor Pat Andreoli 133 Sprakers Rd., Sloansville, NY 518-864-5397 svgchurch@gmail.com Wednesday Prayer 6 PM; Sunday Morning Bible Study 9:45 AM; Worship Service Sunday Morning 10:30 AM</p>	<p><b>SPRAKERS</b> <b>CHRISTIAN CHURCH OF</b> <b>CHARLESTON FOUR CORNERS</b> 1380 E. Lykers Rd., Sprakers 518-922-9088 Pastor Brett Popp Sunday School (ages 3-adult) 9:45 AM Worship 11 AM Sunday Prayer Meeting 5:30 PM Thu. Evening of Encouragement &amp; Community Kid's Bible Club 6:30 PM</p> <p><b>THE CHRISTIAN CHURCH</b> <b>OF RURAL GROVE</b> 170 Rural Grove Rd., Sprakers, NY 12166 518-922-7831 Pastor Joshua Fetterhoff pastorjosh@ruralgrovechurch.org Sunday School (all ages) 9:45 AM, Morning Service 11 AM, Eve. Service 6 PM, Wed.-Family Night 7 PM, "Where Bible Teaching is Fundamental"</p> <p><b>REFORMED CHURCH OF SPRAKERS</b> 112 Sprakers Hill Rd. Rev. Nancy Ryan Worship ~ 9 AM All Welcome!!!</p> <p><b>CURRYTOWN REFORMED CHURCH</b> 829 St. Hwy. 162, Sprakers 518-922-8422 Rev. Donald Hoaglander Visiting Pastor Jane Hubschmitt 518-705-2201 Sunday School 9:15 AM Worship Service 10 AM</p> <p><b>RIVER OF JUBILEE CHURCH</b> 5057 St. Hwy. 5 S, Sprakers, NY 12166 Pastor: Gail Adamoschek Pastor: Steve Adamoschek 518-322-1427 / 518-224-4455 Sunday Service 10 AM Children's Church Available Other Learning Opportunities Available Visit us on Facebook</p> <p><b>SPRINGFIELD CENTER</b> <b>ST. MARY'S EPISCOPAL CHURCH</b> 7690 Rt. 80, Springfield Center 315-858-4016 Fr. Kyle Grennen, Priest-in-Charge Sunday Eucharist, 9:30 AM Coffee - Fellowship follows service Holy Days - as announced</p> <p><b>FIRST BAPTIST CHURCH</b> Springfield Center, NY Rev. Terence Brant 607-264-3035 Sunday School 10 AM Morning Worship 11 AM Wed. night Bible Study 7 PM</p> <p><b>ST. JOHNSVILLE</b> <b>BETHESDA FELLOWSHIP</b> 34 S. Division St., St. Johnsville, NY 13452 518-568-2678 Summer Schedule Sunday Worship 10 AM Wed. Worship and Prayer 6 PM</p>	<p><b>ST. PAUL'S LUTHERAN CHURCH</b> 32 W. Main St., St. Johnsville, NY (next to NBT Bank) 518-568-3007 Church 518-568-2405 Parsonage Rev. David Johnson Sunday Worship 10:30 AM, Tues. Bible Bungee-Jumping 7 PM, "Bible Study" that actually makes sense! A Vibrant, Welcoming Community of Faith &amp; Vision</p> <p><b>SEEKER'S FELLOWSHIP</b> 14 Park Place, St. Johnsville, NY 13452 518-568-7700 • Pastor Mike Yezierski Sunday Worship 6 PM, Tues. Prayer 7 PM, Bible Study 7 PM (Wed., Thurs. &amp; Fri.) We teach the fullness of God's Word, a life of holiness for the believer, and salvation for all who trust in Christ's sacrifice.</p> <p><b>JOY FELLOWSHIP</b> 296 Co. Hwy. 119, St. Johnsville, NY 13452 518-568-3217 • William Hayes, Pastor Joyce Loughran, Assistant Pastor Sunday School 9 AM, Morning Worship 9:30 AM Wednesday Evening Worship 6:30 PM</p> <p><b>ST. JOHN'S METHODIST CHURCH</b> 7 East Main St., St. Johnsville, NY 13452 Pastor Corey Jones 518-568-7983 • 315-866-8626 Worship Sunday 3 PM</p> <p><b>EVERLASTING JOY</b> <b>BELIEVERS FELLOWSHIP</b> 14 Park Place (in with Seekers Fellowship) St. Johnsville, NY 13452 315-858-2112 • Pastor Carolee Coye Sunday Service 10 AM</p> <p><b>ST. JOHN'S REFORMED CHURCH</b> 68 W. Main St., St. Johnsville 518-568-7396 Faithfully Following Jesus Christ Sunday Worship 10:30 AM</p> <p><b>GRACE CHRISTIAN CHURCH</b> Pastor Michael Torres 20 Center St., St. Johnsville, NY 13452 518-775-0366 Email gccpcastor2021@gmail.com</p> <p><b>STRATFORD</b> <b>STRATFORD UNITED</b> <b>METHODIST CHURCH</b> 1511 State Route 29A Sunday Worship 8:30 AM Broadcast on 95.9 FM within 2 miles of church Pastor Matt Worley</p> <p><b>LIGHTHOUSE BAPTIST CHURCH</b> 1524 St. Rt. 29A, PO Box 114 Stratford, NY 13470-0114 315-429-8854 • Pastor Martin Smith Sunday Morning Worship 10:30 AM; Wed. Eve. Prayer Meeting 6 PM; 2nd &amp; 4th Sunday Dinner following Morning Service with Afternoon Service following dinner "Old-Fashioned Bible Preaching"</p> <p><b>TRIBES HILL</b> <b>SACRED HEART CATHOLIC CHURCH</b> 111 3rd Ave., Tribes Hill 518-829-7301 Mass Saturday 4 PM</p>
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# Community Calendar

October 2022						
S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5
<b>Holidays</b>						
10th - Columbus Day / Indigenous Peoples' Day						
31st - Halloween						

## OCTOBER 26

**Senior Citizens Pinochle Card Party** 12:30 to 4 p.m. \$2 donation - prizes and refreshments. Want to sub? Call Terry at 518.673.5635.

**Herkimer County Public Health vaccination clinic for monkeypox and COVID-19** 9 a.m. - 12 p.m. by appointment only at Herkimer County Public Health's main office on the 3rd floor of 301 N. Washington Street in Herkimer. Additional time slots may be available. Schedule an appointment by contacting Herkimer County Public Health at 315.867.1176.

## OCTOBER 27

**Business After Hours Mohawk Valley Community Market.** For more information, call Herkimer County Chamber of Commerce at 315.866.7820.

**Rev. Virgil Stokes guest speaker** at Believer's Family Church, 150 S. Comrie Ave, Johnstown at 7 p.m. Call Pastor David or Norma Bowley at 518.673.5128 if you have questions.

## OCTOBER 29

**Rebels, Redcoats, & Zombies** 5-8 p.m. at the Fort Plain Museum, 389 Canal Street. If you are interested in participating as a Rebel, Redcoat or Zombie, contact fortplainmuseum@yahoo.com Visit fortplainmuseum.org/events

**Friends of German Flatts Town Park Pre-Holiday Craft Show** 10 a.m. to 4 p.m. at the German Flatts Town Park, next to Ft. Herkimer Church, 555 Route 5S, Mohawk. Event will be held in the Community Center Building. Free admission. For further information contact: Carol Verzc 315.866.6791 or pverzc@twcny.rr.com

**Sues Crews Line Dancers Halloween Dance** 10:30 a.m. at Arkell Community Center, Canajoharie. Contact Program Director Joan Cimino at 518.673.4408.

**Dolgeville United Methodist Church Ham Dinner** 3 p.m. \$12 adults. \$6 children. For more information, call 315.429.7381.

**Herkimer Halloween** 4:30-8 p.m. in Herkimer. 4:30 p.m. Costume Parade down Main Street, Park Avenue to Myers Park. 5-8 p.m. Trick or Treating in Myers Park. DJ Photo Booth. Refreshments. Fun for everyone. Visit [www.HerkimerBPA.com](http://www.HerkimerBPA.com).

November 2022						
S	M	T	W	T	F	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10
<b>Holidays</b>						
6th - Daylight Saving Time Ends						
8th - Election Day						
11th - Veterans Day						
24th - Thanksgiving						

OCCA Halloween Hike-A-Thon 9 a.m. - 1 p.m. at Betty and Wilbur Davis State Park, Davis Rd, Westford. Visit [occainfo.org](http://occainfo.org).

Pedals for Progress Bicycle and Sewing Machine Collection at Otsego ReUse Center, 23 Duane Street, Oneonta. Visit [occainfo.org](http://occainfo.org).

Pierogi & Golumbki Sale 9:30 a.m. - 2 p.m. at St. Mary's Ukrainian Orthodox Church, 324 Moore Ave., Herkimer. Pierogi sell for \$8 a dozen, golumbki \$15 a half dozen or 3-piece for \$7.50. Also featuring cooked sauerkraut and kielbasa for \$8.50.

## OCTOBER 31

**Canajoharie Kindergarten Annual Parade** 11 a.m. at Arkell Community Center, Canajoharie. Contact Program Director Joan Cimino at 518.673.4408.

## NOVEMBER 1

**Blood Drive** 9 a.m. to 2 p.m. at Canajoharie High School, 136 Scholastic Way, Canajoharie. Register at [tinyurl.com/5hbb87ec](http://tinyurl.com/5hbb87ec)

## NOVEMBER 3

**Dolgeville United Methodist Church Sip and Paint** fundraiser with Jill Rae of Easels on the Gogh at 6:30 p.m. Paint a holiday scene to take home. \$35 per person. To RSVP, call Caryl at 315.429.8660. Proceeds benefit church's annual "Free Christmas Community Dinner" held in December.

**Herkimer County Community College Board of Trustees Executive Committee meeting** 4:30 p.m. in the Classroom Administration building, room 243.

## NOVEMBER 4

**Blood Drive** 8:30 a.m. to 2 p.m. at Fort Plain High School, 1 West Street, Fort Plain. Register at [tinyurl.com/5xsjydv2](http://tinyurl.com/5xsjydv2)Sponsor.

**Herkimer County Community College Board of Trustees Executive Committee meeting** 4:30 p.m. in the Classroom Administration building, room 243.

## NOVEMBER 5

**Annual Christmas Carousel** at the Morning Star United Methodist Church, 36 Second St., Ilion 9 a.m. to 3 p.m. Parking in the Second Street parking lot. Handicap accessible by using the Morgan Street entrance. Soup and sandwich luncheon 11:30 a.m. to 1:30 p.m.

December 2022						
S	M	T	W	T	F	S
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7
<b>Holidays</b>						
18th - Hanukkah Begins in the evening						
21st - Winter Begins						
25th - Christmas						

**Craft Fair, Basket Raffle and Bake Sale** 9 a.m. - 4 p.m. at Salisbury Center Universalist Church, State Route 29A. Vendors. Raffles. Food. Free admission.

## NOVEMBER 6

**Meatloaf Dinner** from 4 p.m. until sold out at St. Pauls UU Church, 565 Albany St., Little Falls. Take out only, delivery to limited area. \$12 per person to benefit to Organ repair fund.

## NOVEMBER 8

**Johnstown First Presbyterian Church annual Election Day spaghetti supper** 4 to 7 p.m. at First Presbyterian Church, 37 S. Market St., Johnstown. Adults \$13. Children 5-12 \$6. Free children under five. Dinner is fundraiser to benefit the church's community lunch program. For more information on the community lunch program contact the church at 518.762.8263.

## NOVEMBER 10

**Kilts Farm Chicken Dinner** 4-7 p.m. or until sold out at Ephratah Rod and Gun Club, 372 NY Route 67, Fort Plain. \$14 per dinner. Eat in or take out. Benefiting The Kilts Farm (Skip Barshied's Place) restoration project.

**Business Showcase Sip & Shop** 3-7 p.m. at Francesca's Banquet Hall, 144 East Main St. Ilion. For more information, call Herkimer County Chamber of Commerce at 315.866.7820.

**Herkimer County Community College Board of Trustees special meeting** 6 p.m. in the Classroom Administration building, room 243.

**Paidraig Cundun - Mohawk Valley's 19th Century Irish Bard** to perform 4 p.m. at the Irish Cultural Center of the Mohawk Valley and Online via Zoom. Program is free but requires registration. To view at ICC, register at [tinyurl.com/47rert4m](http://tinyurl.com/47rert4m). For the online presentation, register at [tinyurl.com/5dw8vw88](http://tinyurl.com/5dw8vw88)

**Town of Webb Herkimer County Public Health Office Hours** 10 a.m. until 2 p.m. in the board room at 3140 State Route 28, Old Forge. For further information call Public Health at 315.867.1176 or visit [herkimercounty.org](http://herkimercounty.org) or [fb.me/HerkimerCountyPublicHealth](https://fb.me/HerkimerCountyPublicHealth).

## NOVEMBER 11

**OCCA Highway Cleanup** 9 a.m. Otsego County Conservation Association seeking volunteers to help clean up a portion of State Route 80 in Springfield. Visit [occainfo.org](http://occainfo.org).

## NOVEMBER 12

**Elizabeth Cady Stanton Women Consortium** 1 p.m. on the occasion of Elizabeth's Birthday at the First Presbyterian Church, 37 S. Market St., Johnstown. Free event. Meet Matilda Joslyn Gage, friend and fellow conspirator of Stanton. Renee-Noelle Felice is a living historian from Syracuse, who portrays Gage.

**Central Valley Central School District Foundation second annual Turkey Trot road race** on the Erie Canal Trail at German Flatts Town Park, 555 State Route 5S, Mohawk. Registration fee for the walk and 5k race is \$30. Visit [tinyurl.com/4td5e6w5](http://tinyurl.com/4td5e6w5) to register. For additional information contact Melanie Crisino, race coordinator, at 315.723.9202.

**Rabies Vaccination Clinic** 10 a.m. - Noon at East Herkimer Fire Department, 193 Main Road, East Herkimer. Pre-register at 315.867.1176.

**Get the Kids Out! Starfield Trail** 10:30 a.m. - 12 p.m. Join OCCA Education Specialist Shelby MacLeish on a hike to Star Field. Register at [occainfo.org](http://occainfo.org)

**Herkimer County Arts & Crafts Fair** 10 a.m. to 5 p.m. Herkimer College, 100 Reservoir Road, Herkimer. Admissions is \$5. Children under 5 are free. Veterans and active military members (with ID) are free. Register at [tinyurl.com/yc88rpd7](http://tinyurl.com/yc88rpd7)

## NOVEMBER 13

**Design Your Own Christmas Cards** 2-5 p.m. at The Irish Cultural Center of the Mohawk Valley, 623 Columbia St., Utica. Sign up at [tinyurl.com/2hk8yebj](http://tinyurl.com/2hk8yebj). No admission charge.

## NOVEMBER 14

**Herkimer County Community College Board of Trustees regular meeting** 6 p.m. in the Robert McLaughlin College Center, room 282.

## NOVEMBER 16

**Roast Beef Dinner.** 4-6 p.m. or until sold out at Ilion First Baptist Church, corner of Otsego and Second Streets, Ilion. Adults \$12. Take-outs and delivery. Tickets available from church members or the church office at 315.894.9041.

**Mohawk Valley Business Women's Network Women in Business Expo** 5-7 p.m. at Delta Marriott, 200 Genesee St. Questions about the event? Email us at [president@mvbwn.org](mailto:president@mvbwn.org)

## NOVEMBER 17

**Business After Hours Pet Passages.** For more information, call Herkimer County Chamber of Commerce at 315.866.7820.

**Take a Towpath Hike** 1 p.m. Visitor Center, Schoharie Crossing, Fort Hunter. Contact David Brooks at 518.829.7516.

## NOVEMBER 18

**OCCA Homeschool Nature Group** 12 - 2 p.m. Join OCCA educator Shelby MacLeish at Robert Riddell State Park. Register at [occainfo.org](http://occainfo.org)

## NOVEMBER 19

**HALOs Holiday Show** 10 a.m. - 4 p.m. at Ilion/Frankfort VFW. Vendors, crafters, direct sales reps. Food, raffles and more. All proceeds support HALO. Contact Natalie Massita at 315.520.3112 or [nmsmokeyjoe@aol.com](mailto:nmsmokeyjoe@aol.com).

## NOVEMBER 23

**Annual Thanksgiving Pie and Pumpkin roll sale** 9 a.m. to 2 p.m. at Emmanuel Episcopal Church, The Parish Hall, 594 Albany St., Little Falls. Pre-order suggested. Call 315.741.4672 for more information and to place order.

## NOVEMBER 26

**Benefit for Lynn Stalnaker** who is battling cancer 12 - 6 p.m. at Dolgeville Rod & Gun Club, 697 Peckville Rd., Dolgeville. Raffles. 50/50. Penny Auction. Bottle & Can Drive. Food. Adults \$15. Couples \$25. Kids 6 to 12 \$5. Under five free.

## DECEMBER 3

**Christmas at the Fort - Author Book Fair** at Fort Plain Museum, 389 Canal Street, Fort Plain. Visit [fortplainmuseum.org/events](http://fortplainmuseum.org/events)

## DECEMBER 4

**St. Nicholas Visits Fort Klock** 12-3 p.m. at Fort Klock, 7203 State Highway 5, St. Johnsville. Call 518.568.7779.

## DECEMBER 8

**Town of Webb Herkimer County Public Health Office Hours** 10 a.m. until 2 p.m. in the board room at 3140 State Route 28, Old Forge. For further information call Public Health at 315.867.1176 or visit [herkimercounty.org](http://herkimercounty.org) or [fb.me/HerkimerCountyPublicHealth](https://fb.me/HerkimerCountyPublicHealth).



# BUSINESS FOCUS

## Plain Food Co-Op

The community spirit is finally coming back to the forefront of society, with more people realizing that your neighbors can also be your friends. Consider making new friends in Fort Plain by checking out the Plain Food Co-Op.

In business for more than 40 years, this small town establishment employs three part-time employees but also relies on volunteers to run the operation (more on that later). It was created by a group of individuals interested in buying bulk supplies of wholesale foods and sharing the cost saving benefits that came with it. Need a pantry staple and want to save money when buying it? That's where Plain Food comes into play.

A small member-owned and operated food store for the Mohawk Valley, the co-op takes the cooperative part of its name seriously. Those interested in being a part of the co-op can become members for only \$5 per household per year – and a few volunteer hours each month are required (3.5 to 4.5, depending on the season). One of the financial perks of becoming a member is enjoying a 20% discount on products purchased, and you can get bulk items at a discounted rate too.

While Plain Food is member-owned, it is always open to the public. That's the social perk of the business: it is run by those in the community, for the community. The store is handicap accessible and accepts most credit cards and SNAP benefits.

Plain Food's mission is providing wholesome and novelty products at reasonable prices while fostering a spirit of community, goodwill and a genuine concern for the health of the mind, body and spirit.

Want to learn more? You can contact Plain Food Co-Op by phone at 518.993.4194, by email at plainfood-coop46@gmail.com or by finding them on Facebook. The store is located at 46 River St. in Fort Plain. It is open Monday - Friday from 9:30 a.m. - 5 p.m. and Saturday from 9:30 a.m. - 12:30 p.m.



Employee Jill Gies (l) and store manager Deb Donovan welcome all to the Plain Food Co-Op in Fort Plain.

## The premier Arts & Crafts Fair of the Mohawk Valley is back

The Herkimer County Arts & Crafts Fair is returning to Herkimer College on Nov. 12 from 10 a.m. - 5 p.m.

This long-established fine arts and crafts fair presented by the Herkimer County College Foundation is one of the largest and well-respected in the region. The juried show is set to feature over 100 top artisans showcasing their works including pottery, gourmet foods, wood working, textiles, weaving, jewelry and more.

The pandemic halted the popular event in 2020, but the fair is back for its 44th run to the excitement and anticipation of many.

The Arts & Crafts Fair is organized this year by Kessler Promotions Inc., a well-established show promoter with a record of accomplishments and achievements as a successful promoter in Upstate New York.

Admissions is \$5. Children under 5 are free. In honor of Veterans' Day weekend, veterans and active military members with ID are free.

For more information, visit [Herkimer.edu/AC](http://Herkimer.edu/AC).

Create More

# NOVEMBER

## Herkimer County Office for the Aging

Meals on Wheels provides a well-balanced, hot, noon-time meal which is available Monday - Friday in most parts of Herkimer County. To be eligible, the person needs to be age 60 or older and be disabled due to a chronic or temporary condition. A temporary condition could be due to a recent hospitalization or accident. If you are interested in learning more about Meals on Wheels or signing up, please contact our office at 315-867-1204.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>All Meals Served with Milk and Bread Daily.</i>	<b>1</b> Chili Cauliflower Corn Bread Pudding	<b>2</b> Omelette Hash Browns Sausage • Muffin Fruit Cup	<b>3</b> Roast Pork w/ Gravy Stuffing Green Beans No Bake Cookie	<b>4</b> Hamburger Cabbage Casserole Zucchini California Blend Vegetables Chef's Choice Cake
<b>7</b> Salisbury Steak Rice Pilaf Broccoli Apricots	<b>8</b> <b>CLOSED FOR ELECTION DAY</b>	<b>9</b> Macaroni & Cheese Stewed Tomatoes & Zucchini Green Beans Frosted Birthday Cake	<b>10</b> Chicken & Biscuits Mashed Potatoes Glazed Carrots Brownie	<b>11</b> <b>CLOSED FOR VETERAN'S DAY</b>
<b>14</b> Beef Patty w/ Peppers & Onions O'Brien Potatoes Mixed Vegetables Fruit Cocktail	<b>15</b> Chicken Fricassee Seasoned Noodles Zucchini Cinnamon Cake	<b>16</b> Thanksgiving Dinner Turkey w/ Gravy Stuffing • Mashed Potatoes Corn • Dinner Roll • Pumpkin Pie	<b>17</b> Ham w/ Mustard Sauce Scalloped Potatoes Peas & Carrots Ice Cream	<b>18</b> Chicken Cacciatore Rotini in Sauce Italian Blend Vegetables Pudding
<b>21</b> Fish on a Bun Au Gratin Potatoes Spinach Pineapple Tidbits	<b>22</b> Pizza Burger on a Bun Baked Beans Squash Cookie	<b>23</b> Chicken Riggies Green Beans Red Cabbage Fruited Gelatin	<b>24</b> <b>CLOSED FOR THANKSGIVING</b>	<b>25</b> <b>CLOSED FOR THANKSGIVING</b>
<b>28</b> Sloppy Joes Corn Cauliflower Cottage Cheese w/ Fruit	<b>29</b> Fiesta Chicken Mashed Potatoes Sonoma Blend Vegetables Ice Cream	<b>30</b> Roast Pork Sweet Potato Casserole Wax Beans Brownie	<i>If you are not going to be home for a meal, please call the office at 315-867-1204 at least a day in advance.</i>	



# HOME IMPROVEMENT

## Safety upgrades for seniors' homes

Many seniors want to spend as long as possible residing in the comforts of their own homes. According to AARP's 2021 "Home and Community Preferences Survey," more than three-quarters of U.S. adults age 50 and older prefer living at home. But getting older often comes with certain deficits that may not make current living situations the safest for seniors.

Retirement Living reports that an older person is treated in an emergency room for a fall-related injury nearly once every 10 seconds. Falls cause millions of injuries and 32,000 deaths a year, according to the U.S. Centers for Disease Control and Prevention. Seniors may be affected by low vision, mobility limitations, cognitive decline, balance issues, and loss of muscle strength. Certain adaptations may be necessary if seniors want to stay in their homes, particularly in older homes that have not recently been renovated.

### Change knobs to levers

This is an easy modification. Levers are much easier for individuals with arthritis or persons who lack dexterity in their hands. Everything from doorknobs to faucet knobs can be replaced with levers.

### Create zero-threshold entryways

Zero-threshold entryways, also known as flush entries, do not require crossing a lip or any raised barrier. They can appear on doorways and showers and make it easy for people who have mobility issues, as well as those using scooters, walkers and wheelchairs, to move about unencumbered.

### Clear clutter/move obstructions

One inexpensive modification is to remove extraneous furniture and accessories. Such a change widens walking spaces in a room and accommodates walkers and wheelchairs. In addition, furniture can be pushed to the room's perimeter to make moving around easier. It's also important to remove area rugs, as they're often tripping hazards.

### Install grab rails and supports

Minimizing falls could come down to providing support in key rooms of a home. Adding grab rails in the bathroom near the toilet and in the shower can help a person use those facilities without assistance. Install a grab rail close to seating in the kitchen to add support.

### Consider smart lighting

Motion-activated or darkness-activated lighting switches and fixtures can automatically turn on lights, thereby improving visibility. Also, rocker light switches are easier to maneuver than standard toggles.

### Invest in a stairlift

Single-story homes are preferable for growing older gracefully, but many seniors live in multi-story homes. A stairlift makes a multi-floor home more accessible, according to Elder, an eldercare service provider. Stairlifts make it easier to traverse staircases and reduce the risk

for falls.

These suggestions are just a few of the many home modifications that can help seniors safely age in place.



*Certain adaptations may be necessary if seniors want to stay in their homes.*

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## HOME IMPROVEMENT

### Wood floor installation dos and don'ts

Jaw-dropping features can sell a home in a heartbeat. A penthouse apartment with floor-to-ceiling windows and a panoramic view of a city skyline likely won't prove a hard sell, nor will a home with an infinity pool overlooking a landscape of rolling hills. As awe-inspiring as such features can be, some more subtle components, such as authentic hardwood floors, also can do much to make a home more appealing to prospective buyers.

Hardwood flooring is a sought-after commodity. Data from the National Association of Realtors indicates that 54

percent of home buyers are willing to pay more for hardwood floors. In fact, NAR figures indicate that 28 percent of buyers between the ages of 35 and 54 consider hardwood floors "very important" when looking for a home. Homeowners who are considering selling their homes, or those who simply want to upgrade their existing flooring, may want to consider installing hardwood flooring. Though it's a project best left to professionals, hardwood flooring can be installed by skilled DIYers. In such instances, homeowners may

want to keep these dos and don'ts in mind.

DO hire a professional if you have limited or no DIY flooring experience. Hardwood flooring installation is not generally a project for novice DIYers. Hardwood flooring projects may present some common challenges, but no two homes are the same. So unless they have prior experience installing floors in multiple rooms or homes, homeowners may save themselves time, trouble and a significant amount of money hiring a professional to do the job.

DON'T ignore the subfloor. New hardwoods won't erase the problem of subfloors in poor condition. According to the home renovation experts at BobVila.com, squeaky floors could be an indication that the subfloor has begun to warp or twist. Sinking floors are another indicator of deteriorating subfloors. Subfloors should be somewhat level before new hardwoods are installed, so DIYers should inspect and address subfloor

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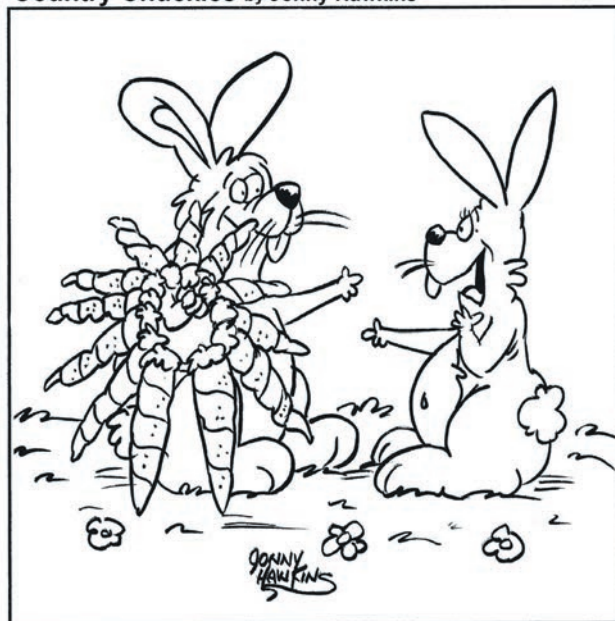
# HOME IMPROVEMENT

## Wood from 13

issues before installing new flooring.

DO expose wood flooring to the elements in your home prior to installation. The home improvement resource BuildDirect recommends acclimating hardwoods to the space where they will be installed. Skipping this important step could result in gaps during the winter and cupping over the summer. To acclimate hardwoods, open the boxes and spread them out for about a week while running the air conditioner or heater at normal levels.

### Country Chuckles by Jonny Hawkins



"Oh, you really do love me! It's a twelve-carrot ring!"

When storing hardwoods prior to installation, avoid keeping them in potentially moist areas like a basement.

DON'T skimp on tools. A DIY hardwood flooring installation might be less expensive than hiring a professional, but homeowners should resist any temptation to increase those savings further by purchasing less costly tools or fewer tools than is necessary to complete the job. BuildDirect notes that DIYers will need at least a miter saw, table saw, cleat-nailer or stapler, finish nailer, compressor, jamb saw, chalk line, nail set, and tape measurer when installing hardwood floors. Purchase all necessary tools and read product reviews to ensure each tool is up to the task.

Wood floors can be awe-inspiring. Some homeowners can install such flooring on their own, and the project can be much easier if they learn as much about installation as possible prior to beginning the project.



Hardwood flooring can be installed by skilled DIYers.

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## Family Counseling Center welcomes new staff members

The Family Counseling Center Gloversville is happy to welcome 12 new staff members during the third quarter of 2022. The group joins an organization focused on building a healthy community through support, engagement and empowerment, and includes the following individuals:

- Elizabeth Anelli and Francesca Boyer, Domestic Violence On-Call Advocates
- Kiara Figueroa, Front Office Support
- Lynsey Handlowich, Intake Specialist

- Barry Mead, Maintenance
- Kofi Norsali, MSW
- Raquel Perez, Mental Health Therapist
- Dawne Salazar-Moore, LMHC
- Carin Smida, School Based Intervention Counselor

New team members join a growing organization with deep roots in Fulton and Montgomery counties. Started in 1976 by a group of concerned community leaders, the Family Counseling Center has grown to serve over

4,500 clients per year from counties across the Capital District and Mohawk Valley. Staff work in a collaborative care model that connects services across organizational programs in order to best meet their needs – creating support, empowerment and engagement.

The Family Counseling Center operates a Behavioral Health Clinic, Medical Clinic, Children & Family Services program and the Domestic Violence Program of Fulton County. In addition, the agency offers a Crisis Unit and

Mobile Crisis Unit.

"I am excited and honored to work with the team at the Family Counseling Center," said Michael L. Countryman, executive director of the Family Counseling Center. "Their work is valued by our organization and especially by the clients they serve. Our new team members continue a 46-year legacy of care and dedication to clients living and working in Fulton and Montgomery counties."

## Bassett Healthcare Network's Northeast Center for Occupational Health and Safety awarded funding for five more years

The National Institute for Occupational Safety and Health (NIOSH) has announced that it has renewed its funding for Bassett Healthcare Network's Northeast Center for Occupational Health and Safety: Agriculture, Forestry and Fishing (NEC) for five more years. These funds will ensure that the organization will continue its mission of enhancing the safety and health of farming, forestry and fishing industry workers by researching solutions for preventing and treating occupational injury and illness through 2027.

"This is welcome news at the NEC," said Julie Sorensen, director of the NEC. "It took our team years to collect data, work with communities to identify their health and safety priorities, look at gaps in research and determine which approaches would best meet their needs. We are thankful for NIOSH's vote

of confidence as demonstrated by their ongoing investment in our research and support of Northeast workers and industries in the years ahead."

The NEC has been serving agricultural businesses and workers since it was founded in the early 1990s. It carries out its mission through research, outreach, education and clinical consultation. In its regional projects, NEC conducts research studying health and safety challenges faced by members of the ag community to propose, test and implement possible workplace solutions. In New York State, these research solutions are shared with farmers and complement important state-based resources and services, such as the provision of safety equipment, training, respirator fit testing and mobile vaccine clinics.

When the NEC first received NIOSH funding in 1992, it allowed the Center to expand the scope of its mission by supporting research and an expansion into the forestry and fish-

ing industries as well as farming. It also extended the Center's reach to include 12 Northeast states, from Maine to Maryland. Although it receives important funds and grants from other sources, NIOSH provides the majority of NEC's research funding.

"Research is such an important part of what makes our Center successful," said Sorensen. "While we can provide technical assistance, training or equipment, the workplace is constantly changing, as is the workforce. That means we consistently need to identify new and improved user-friendly, evidence-based solutions. This requires a commitment to understanding the problem and tackling it from a number of directions to see what works best."

For additional information about NIOSH, read their press release about supporting the NEC and its 10 sister institutions around the country at [tinyurl.com/ynwzuxsk](https://tinyurl.com/ynwzuxsk).

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# AUTOMOTIVE

## How to keep car interiors clean

Oil changes, tire rotations and even car washes may garner the bulk of drivers' attention in regard to vehicle maintenance. But various smaller undertakings, including keeping vehicle interiors clean, are worthy of drivers' attention as well.

Dust and dirt can accumulate in a vehicle over time, making for a less comfortable ride. Keeping vehicle interiors clean can make car and truck cabins more welcoming for drivers and their passengers, and such maintenance is simple and inexpensive.

• **Focus on the floors.** The floors in a car face all that weather has to offer. In winter, boots may track snow and deicing solutions like salt into a vehicle's cabin. In summer, sand from the beach or dirt from hiking trails may find its way in. Some drivers use the same floor mats year-round, but there's an advantage to switching based on the seasons. According to the automotive experts at Napa, fabric floor mats in summer will hold on to dirt and keep it from spreading. Beachgoers will appreciate that after tracking sand into their cars. In the winter, swap fabric floor mats with rubber or plastic alternatives, as these mats will hold melting snow, rain or salt, preventing them from staining the floors.

• **Be mindful of seating materials.** When cleaning seats, drivers should be mindful of the materials those seats are made of.

Cloth seats should be cleaned differently than leather and vinyl, and all seats should be vacuumed prior to cleaning. Consumer Reports notes that leather and vinyl seats are treated with a protective coating that requires gentle cleaning. Begin with a small cloth with a dab of dish or saddle soap, and then apply a leather conditioner to prevent the leather from drying out. When cleaning cloth seats, an upholstery cleaner can be applied to stains, just be sure to follow instructions carefully. Cleaning products are not all the same, and application techniques may vary. A scrub brush can be used to work cleaning solutions into the seats and any lingering moisture can then be wiped away with a microfiber cloth.

• **Clean the inside of your car windshield.** Use an interior glass cleaner to clean the interior windshields and windows. These surfaces can accumulate a significant amount of dirt due to interior vapors and air pollution. Consumer Reports recommends using a glass cleaner that contains alcohol. Interior glass cleaners are designed to prevent streaking and film buildup, which can compromise drivers' vision.

• **Take on touchscreens.** Modern vehicles have touchscreens that can quickly accumulate dust and fingerprints. Toyota recommends soaking a clean cloth in lukewarm water and lightly wiping the surface of touch screens.



Keeping vehicle interiors clean can make car and truck cabins more welcoming for drivers and their passengers, and such maintenance is simple and inexpensive.

Avoid substances like solvents, alkaline or acidic solutions, which can contribute to staining or discoloration on the screen.

Clean car interiors can make driving that much more enjoyable and even more healthy.

## Hygienic alternatives to apple bobbing

People who were born in the early 1980s and earlier likely spent some time bobbing for apples each fall. Bobbing for apples long has been a classic autumn activity. Yet today's children may not know what it entails.

Bobbing for apples is a tradition that began in Europe hundreds of years ago as a courting ritual or a way to see who would get married next. When Europeans settled in the U.S. and Canada, they brought their apple bobbing traditions with them. However, over the years, bobbing evolved from an activity geared around romance to one focused on fun for children.

Apple bobbing has largely fallen out of favor as more parents zeroed in on the potential yuck factor of having several mouths and noses dunked into the same bucket of water trying to grab a Red Delicious or Granny Smith. The pandemic also undoubtedly made some people skeptical about the safety of apple bobbing. Thankfully, there are alternatives for those who want to enjoy the spirit of apple bobbing without spreading germs.

### Hanging apples

Tie strings to the stems of apples and hang each individual apple to a clothesline. Without using their hands, participants must consume the majority of the apple of their choosing. Whoever finishes first wins a prize.

### Bobbing individually

One workaround to create more hygienic fun is to give party participants their own separate bowls or buckets for bobbing. Plastic beverage tubs at dollar stores are inexpensive and readily available. Fill them up with water and float two or three apples in each. Then the race is on for each participant to snag some apples.

### Grabbing for apples

Kids need not use their jaws to grab apples. Kids can use small spoons, chopsticks, a spatula – anything you can think of – to make it challenging to grab a floating apple.

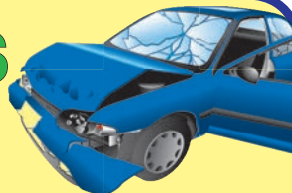
### Symbolic 'apple' toss

Fill up red balloons with water and set up a traditional water balloon toss.

Participants pair up and toss the "apples" to one another, moving further and further away with each round. The last pair to have an intact "apple" wins.

Bobbing for apples has fallen out of favor as concerns about hygiene have risen. However, there are ways to incorporate the fun parts of bobbing for apples without compromising kids' overall health.

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## AUTOMOTIVE

### Avoid these common Halloween costume dangers

Children and adults may spend weeks planning their Halloween costumes. Movie or television characters, political figures, horror icons, or everyday heroes are among the most popular costumes each year.

Much thought goes into Halloween costumes, and equal consideration should be given to ensuring the costume is as safe as it is fun. The following are some common costume hazards and how to avoid them.

• **Flammable materials:** According to the ASTM D1230-17 – Standard Test Method for Flammability of Apparel Textiles, some combustible fabrics used in the design of clothing “are potentially dangerous to the wearer because of such factors as ease of ignition, flame spread time, amount of heat released, and design of the garment.” Quite often Halloween costumes fall under these dangerous classifications because they are not considered everyday apparel. Materials may not be sturdy and federal requirements for clothing to be flame-resistant may be skirted. Some costumes can ignite in seconds. Others also may cause “flaming drip,” which describes the melting of plastic material that leads to it separating from the rest of the costume. Flaming drip can cause secondary fires or burns to the skin. Look for costumes that list flame-resistance, even if they may be more expensive.

• **Invisible suits:** Invisible suits are stretchy bodysuits that cover the entire frame and head. Newer incarnations that are all black without eye-holes can be dangerous to wear because they limit wearers’ ability to see clearly and be seen by others.

• **Dangerous makeup:** Halloween makeup

may not be created in adherence to the same standards as regular cosmetics. Check ingredients for hazards and warnings about where the makeup can be applied, as some products are not recommended for use around the mouth or eyes. Apply a small amount first to see if an allergic reaction occurs.

• **Capes and flowing components:** Costumes that have long, flowing parts, such as a costume for Ringwraith, a character from the “Lord of the Rings” trilogy, or even caped crusaders can be fire hazards. Parts of such costumes also can get caught underfoot in doors (such as rotating entrances to stores) and even the gears on bicycles. Strangulation or falls can occur in these instances.

• **Faulty footwear:** Costumes that require the use of high heels, platform shoes or any other design that may impede the ability to walk safely should be discouraged. Not only can they cause foot discomfort that reduces time spent on the trick-or-treating circuit, but these costumes also increase the risk of slips and falls and twisted or broken ankles.

• **Contact lenses:** Colored or patterned contact lenses are popular components of some costumes. However, decorative contact lenses should not be used without a proper fitting by an eye care professional who sells reputable decorative contact brands. Also, never share contact lenses and always wash hands before putting in contacts or removing them from the eyes.

Halloween is a festive holiday, and even more so when costumes don’t compromise celebrants’ safety.



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# DINING & ENTERTAINMENT

## Bill Kaples makes Halloween house



Bill Kaples is a rehab resident at Foltsbrook Center for Rehab and Nursing in Herkimer. Kaples has always loved to work on projects and keep himself busy. During his stay he saw some YouTube videos of people building houses as decorations. He thought, "I have free time. I bet I can make one of these houses myself." Staff and family began bringing in the supplies he needed for his project and he got to work. Kaples said, "I had been watching Halloween movies and used that for my inspiration. I think it turned out pretty good." Both residents and staff have loved watching his progress on the house and love how it turned out. The Foltsbrook family was so happy to wish Kaples the best of luck as he prepared to go home recently.

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## Community Visioning Workshop



**Saturday, November 5, 2022**  
9:30 am - 12:30 pm  
Canajoharie High School Cafeteria

The Village of Canajoharie is currently updating its Comprehensive Plan, a document that provides direction in making land use, development, and other long-range planning decisions in the Village.

### YOUR INPUT IS IMPORTANT!

Community members are encouraged to participate in a hands-on interactive workshop designed to brainstorm ideas for future projects and initiatives to be included in the plan.

Participants will be broken up into focus groups around the following topics:

- HOUSING & PUBLIC SERVICES
- TRAILS & TOURISM
- DOWNTOWN REVITALIZATION
- PARKS & NATURAL RESOURCES

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## HALLOWEEN PARTY

Friday, October 28  
8PM-Midnight  
\$15 Covers Food, Entertainment  
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## Thanksgiving Dinner for 2 To Go

Turkey, gravy, cranberry sauce, stuffing,  
mashed potatoes, sweet potatoes,  
green bean casserole,  
brussel sprouts w/cranberries,  
toasted pecans & bacon,  
dinner rolls & dessert (TBA)

**\$50**



Stay Tuned for Our Winter Menu  
Introducing Some New Higher Quality Items



Reopen December 9th • Fri, Sat, Sun, Mon 12pm-8pm  
Events Available Any Day  
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# FARM, HOME & GARDEN

## Tech to make gardening more fun

Many people take to the great outdoors to escape the increasingly tech-driven daily grind. Though that's an understandable perspective, gardeners who aren't deploying tech in their home gardens could be missing out on a host of benefits that could help their plants, flowers and vegetables thrive.

Devices like smartphones and tablets have made many aspects of life easier and more efficient, and various tech products can do the same when working in the garden.

• **Plant monitor:** Plant monitors are sensors that can keep tabs on the health of plants and deliver that information to gardeners. Plant monitors often connect to smartphones via Bluetooth and can deliver information on the amount of heat, light and water a plant is getting. Sensors vary in price, and some will provide more information than others. But these sensors are ideal for gardeners who love their plants but often forget to check up on them each day.

• **Garden camera:** Critters and insects are the bane of many gardeners' existence. Determining just what is nibbling away at flowers and plants isn't always so easy, as many animals are savvy enough to restrict their dining to the middle of the night and insects are so small they can be hard to spot. Garden cameras can serve as the watchmen of a garden and gardeners can review footage to determine just who is compromising all of their hard work. They can then use that knowledge to remedy the situation and give their plants a better chance to thrive.

• **Weather station:** Even the most seasoned gardeners

cannot document the conditions outside as effectively as a good weather sensor. Weather sensors track conditions such as temperature, relative humidity and air quality. This information can then be paired with irrigation devices to ensure plants get all the care they need to thrive throughout the season.

• **Garden hub:** Avid gardeners have traditionally had to arrange for neighbors or loved ones to tend to their plants when they leave home for vacation or weekend getaways. Garden hubs can take care of that by pairing with smart irrigation sys-

tems that ensure plants are watered even when no one is home. Certain hubs even gather and analyze local weather conditions to develop a watering schedule to ensure plants thrive. These hubs aren't just handy when on vacation, as they can be great for gardeners who want to know things about their plants that are not apparent to the naked eye.

People may see their gardens as welcome respites from their devices. But garden gadgets can help plants thrive and make time in the garden that much more enjoyable.

PLEASE CHECK OUR  
UPDATED LIST!  
WE ARE ADDING  
LOCATIONS WEEKLY!



**NOW ONE WEEKLY EDITION WITH EXPANDED CIRCULATION!**  
**The Country Editor will be available at various community locations for everyone to enjoy from Amsterdam to Johnstown to Richfield Springs and EVERYWHERE in between!**  
**Be sure to stop by any of these locations and pick up a copy!**

### Amsterdam

• ADK Feed • ADK Country Store  
 • Amsterdam Diner  
 • Amsterdam Hardware  
 • Chatterbox  
 • Country Feed • Dutch Mart  
 • Fastrac Amsterdam  
 • Fastrac Vails Mills  
 • Hannaford • Jackie's Diner  
 • Jin's Wine & Liquor  
 • Karen's Produce  
 • Knights Inn Laundromat • Microtel  
 • Mobil Mart • Mobil Station  
 • Outdoor Motorsports • Peking  
 • Price Chopper • Raindancer  
 • Southside Beverage  
 • Star's Cafe • Town & Country Deli  
 • Route 30 Wine & Liquor  
 • Four Corner Tire  
 • Speedway Gas Station  
 • Tribes Hill Deli

### Broadalbin

• Café in the Village

### Buel

• Buel Road Repair

### Canajoharie

• Arkell Museum  
 • Berean Bean • Betty Beavers  
 • Brotherhood Antiques  
 • Canajoharie Golf Country Club  
 • Cornerstone Baptist Church  
 • Fell Off The Truck • Gino's  
 • Lee's Shops at Wagner Square  
 • M'Lady Salon  
 • One Stop & Shop  
 • Shults Market & Deli  
 • Smoker's Choice  
 • The Tire Shop

### Cherry Valley

• Cherry Valley Market  
 • Cherry Valley Post Office  
 • Mirabito  
 • The Teepee • Tryon Inn  
**Dolgeville**  
 • Big M • Chester's Sunoco  
 • Dolgeville Public Library

### George Lumber

• Southern Girl Diner • Stewart's

### East Springfield

• Kelly's Deli • Turnpike Auto Sales

### Ephratah

• Brittany's Diner  
 • Granny's Ice Cream

### Esperance

• Dollar General • Hannaford  
 • Iroquois Museum  
 • Stewart's

### Fonda

• Cumberland Farms  
 • Dollar General • Fairway Oil  
 • Frothingham Free Library  
 • Kateri Shrine  
 • Stewart's • Winner's Circle

### Fort Plain

• Big E's Feed & Seed  
 (formerly Fort Plain Agway)  
 • Dutch Country Market  
 • Dutchman Enterprises • 5S Diner  
 • Esther's Budget Shop  
 • Fort Plain Public Library  
 • Pickle Hill Produce & Bulk  
 • 7M Supply • Save A Lot  
 • Sheila's Hair Salon  
 • Sleepy Foret Bakery  
 • Sportsman's Den • Stewart's (Both)  
 • True Value  
 • Mohawk Valley Produce Auction

### Frankfort

• ADK Food & Fuel • Country Farms  
 • Dollar General  
 • Melrose Grocery

### Fultonville

• McDonald's  
 • Michael's Diner  
 • Onvo Travel Plaza  
 • Randall Implements  
 • TA Travel Center • United Ag & Turf

### Glen

• Country Metals  
 • Glen Country Store  
 • LJ Hand Farm Center

### Gloversville

• Agora Marketplace  
 • Country Farms • Gulf • Hannaford  
 • House of Pizza • Naif's • Price  
 Chopper • Stewart's (3) • Sunoco

### Herkimer

• Citgo • Dick's Wheel Shop  
 • Empire Diner • Fastrac • Fat Cats  
 • Frank J. Basloe Library  
 • Hannaford  
 • Herkimer Co. Office For Aging  
 • Renewed & Rescued  
 • Sam's Deli • Smoker's Choice  
 • Subway in Sunoco  
 • T&J Fruits & Vegetables  
 • True Value  
 • Tractor Supply  
 • Nathan Galinsky Apartments  
 • Massaro & Son Florist, LLC  
 • Stewart's

### Ilion

• Lombardos  
 • Stewart's  
 • Cliff's  
 • Beer Belly Bob's  
 • Sorrento's  
 • Colonial Laundromat  
 • 4 Seasons Tire  
 • Dollar General

### Johnstown

• Clyde's Stop & Shop • Gulf  
 • Harvey's Pet  
 • Miss Johnstown Diner  
 • Price Chopper  
 • Stewart's (3)  
 • Super 8 • Whitey's  
 • Wemple & Edick's

### Little Falls

• Ace Hardware  
 • Ann Street Restaurant & Deli

### Bonitas

• Café at Stone Mill  
 • Circle K/Nice N Easy  
 • Dollar General • George Lumber  
 • Keep Making Suds Laundromat  
 • Kinney Drugs  
 • Little Falls Antique Center  
 • Little Falls Library  
 • Little Falls Lumber  
 • Mangia Macrinas  
 • Paca Gardens • Price Chopper  
 • RD's Redemption • Runway Sunoco  
 • Sam's Deli • Showcase Antiques  
 • Charles Stahl  
 • Stewart's • Travelodge

### Mayfield

• Food & Fuel  
 • Hart's Motorsport

### Middleville

• Stewart's

### Mohawk

• Family Dollar  
 • Smoker's Choice  
 • Fastrac  
 • Village Market  
 • Mohawk Post Office

### Nelliston

• Eisenadler Brauhaus  
 • Midvale Vet • Q's Mart

### Newport

• Bradford Library  
 • Newport Marketplace  
 • Village Laundry & Car Wash

### Palatine Bridge

• Ace Hatchet Hardware  
 • Below Zero • Big Lots  
 • Courtney's Grooming  
 • Country Farms  
 • Laundromat  
 • Lee Newspapers, Inc. • McDonald's

### Palatine Bridge

• Palatine Nursing Home

### Price Chopper • Stewart's

• Tractor Supply

### Poland

• Circle K Nice N Easy  
 • Poland Library • Stewart's

### Richfield Springs

• Aubuchon Hardware  
 • Cassidy's Diner  
 • Dollar General • Kinney Drugs  
 • McDonald's • Mirabito  
 • Price Chopper • Stewart's

### Salisbury

• Covered Bridge Convenience  
 • Kirby Library  
 • Nichols Country Store  
 • Spruce Creek Campground  
 (summer)

### Sharon Springs

• LOG House Minimart  
 • Sharon Springs Free Library  
 • Stewart's

### Sloansville

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 • Byler's Custom Cabinets  
 • Sprakers Post Office  
 • Sprakers Produce  
 • Stockyard

### Stratford

• East Canada Stop & Shop

### St. Johnsville

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 • Country Farms • Dollar General  
 • Kinney Drugs • Monte Grab & Go  
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In addition to the articles and calendar of events you enjoy, we will also be including obituaries.

Send your articles and calendar of events items to Gary Elliott at [cfeditor@leepub.com](mailto:cfeditor@leepub.com) or call 518-673-0143.  
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# FARM, HOME & GARDEN

## Seven uses for fallen leaves

By the time autumn hits full swing, many trees will have shed their leaves for the season, and the last vestiges of

red, yellow and orange magic will have faded to brown. Raking, blowing and collecting leaves becomes the primary

chores of lawn and yard maintenance, and presents most homeowners with large piles of gathered leaves to tend to.

It is impossible to count just how many leaves fall to the ground each year, or just how many pounds of leaves get collected curbside, but

the numbers are substantial. Cleaning up leaves is considerable work, but not all of those leaves need to be carted away. In fact, there are several different uses of leaves that can be beneficial.

**1. Spread leaves as a protective mulch to cover**

**tender perennials or root crops/bulbs in the ground.** The leaves will form a natural insulating cover that keeps the soil and the plants within a bit warmer over winter.

**2. Create a pile of leaves that will break down and form a crumbly, com-**

**post-like material called leaf mold.** Even though leaf mold may sound like a blight, it's actually a good amendment to garden soil, improving its structure and ability to hold water. Leaf mold also attracts beneficial organisms that are vital in healthy soil.

**3. Brown leaves can be added to green materials in compost piles to improve the health of the compost being formed.** According to the healthy living resource Care2, the ideal ratio is 75 percent brown to 25 percent green materials in compost. Turn compost piles regularly to aerate them.

**4. Store dried, mulched leaves in a dry spot so they can be used in the spring as a weed barrier for spring plantings.** They will keep weeds at bay and help retain soil moisture to ensure small sprouts have the resources to grow.

**5. Use shredded leaves as a lawn supplement.** Pass a lawn mower over leaves left on the lawn to break them down into pieces too small to rake. This will help keep the lawn healthy throughout the winter without blocking out needed sunlight.

**6. Bag dried leaves and pack them tightly together in cold areas of the home, such as basements or garages.** They can act as added insulation. Bags of leaves also can be placed around planting containers to protect them from frost.

**7. Gather a few of the best-looking leaves and preserve them.** Use an iron on a low setting and press leaves between two pieces of waxed paper until the waxed paper seals together. Or use clear contact paper to achieve the same effect.

**COUNTRY EDITOR**

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**Sunday, October 30th: 3:00-6:00 pm**

**\$5 Per Person/under Age 5 Free**

**SEE ROEDALE FARM FACEBOOK PAGE**  
or call/text 315-750-5847 for further details and updates.





## Pondering the pumpkin

by Dr. Vern Grubinger,  
Extension Vegetable and  
Berry Specialist, UVM

The pumpkin is an odd vegetable. The more popular pumpkins get, the less people eat them.

Everyone wants to carve a jack-o'-lantern, but few people make pumpkin pie anymore. In other words, the pumpkin was once a popular food but now it's just another pretty face.

When Europeans arrived in the New World, pumpkins and other squashes were widely cultivated by Native Americans who boiled, baked and dried them for nourishment. Pumpkins are one of the oldest domesticated food plants. Seeds many thousands of years old have been found in the highlands of Mexico.

Pumpkins come in all sizes and shapes. They're in the cucurbit plant family that includes squashes and cucumbers, but there are different species of pumpkins. *Cucurbita moschata* includes pumpkins used for canning which tend to be oblong with tan skin. The jack-o'-lantern and miniature pumpkins are *Cucurbita pepo*. *Cucurbita maxima* are the beasts of the pumpkin patch, giant pumpkins.

Henry David Thoreau wrote about growing a pumpkin weighing 123 pounds in 1857. By 1893 the record was 365 pounds, at the Chicago World's Fair. The 1,000-pound mark was reached in 1996 by a New York grower. Last year, a pumpkin in Italy weighed

2,703 pounds (the current world record).

Pumpkins of any size start from a female flower. These open for a few hours in the morning, ready for insects to deliver pollen from a male flower. Managed honeybees and native, ground-based bumble bees and squash bees are common pumpkin pollinators.

Once pollinated, pumpkins grow rapidly. They're ready for harvest when the skin is tough to puncture with a fingernail and the seeds are ripe. Most pumpkins turn orange as they ripen, but there are varieties with blue, tan and white coloring.

The difference between pumpkins and other winter squashes is culinary rather than taxonomic.



Farms, pumpkin patches and other venues offer a delightful array of pumpkin sizes, colors and shapes for sale during the fall season.



Pumpkins are an important crop on many diversified vegetable farms in the region.

Pumpkins are drier, coarser and strong-flavored compared to squash. They're used in pies rather than served as a baked vegetable. They typically have a harder, more jagged stem too.

The average pumpkin meets its demise in October or November for Halloween or Thanksgiving, as a jack-o'-lantern or for dessert. The tradition of carving vegetables for Halloween was brought to

America by Irish and Scottish immigrants, who previously used potatoes or turnips, but found pumpkins easier to carve. Halloween has its origins in an ancient Celtic event as well as All Saints Day, established by medieval popes.

The U.S. produces about 1.5 billion pounds of pumpkins annually. Much of that comes from Illinois for canning. In the Northeast, pumpkins are an important source

of autumn revenue for many diversified vegetable farms.

Pumpkins are fun, delicious and nutritious. Their orange color comes from beta-carotene, an antioxidant that converts to vitamin A in the body. One cup of pumpkin contains just 50 calories but has three grams of fiber and a lot of potassium. Pumpkin seeds are packed with protein, fiber, many minerals and healthy unsaturated fats.



To get a good crop, pumpkin plants require a lot of care, such as these grown by Keith Armstrong at the Armstrong Farm in Bennington. Photos by Vern Grubinger, UVM Extension

IT'S FALL  
y'all



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## HERKIMER COUNTY LAND AUCTION

67 PARCELS OF  
COUNTY-OWNED LAND BY ORDER  
OF HERKIMER COUNTY  
TREASURER'S OFFICE

**SATURDAY, OCT 29<sup>TH</sup> AT 11 AM**

LOCATION: HERKIMER HIGH SCHOOL  
HERKIMER, NEW YORK

Parcels all over Herkimer County,  
multiple structures and land.

List is available at:

Herkimer County Treasurer's Office

Mary Street, Herkimer

or [auctionbyknapp.com](http://auctionbyknapp.com) or

[herkimercounty.org](http://herkimercounty.org)

(315) 867-1151 or (315) 867-1146

(315) 939-0770

## HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday – Misc. items,  
Poultry & produce etc. will start approx. 12:00.

1:00 we will start Dairy followed by all other livestock.

**Let's keep the cattle in the market place to help the  
competition – sending direct gives you no competition.**

**Mon. Oct. 17<sup>th</sup>** – Sold 370 head – Cull Dairy ave. \$.68 top cow \$.84, cull beef  
cows \$.68 – \$1.10, Bulls/Steers \$.86 – \$1.19, Grassfed Organic Bull \$1.15,  
bull calves top \$1.50, heifer calves \$.65 top beef calf \$2.00, Dairy feeders  
\$.10 – \$1.10, feeder heifers \$.74 – \$1.19, feeder steers \$.94 – \$1.23, Feeder  
bulls \$.78 – \$.90, Dairy Milking age top \$1900, bred heifers top \$1500,  
Open heifers top \$930.

**Sat. Oct. 29<sup>th</sup>** – 11:30AM – Fall Premier All Breeds Sale. Selling 120 Head of  
Registered All Breed Dairy Cattle. **THIS SALE IS FULL WE CAN NO LONGER  
TAKE ANY CONSIGNMENTS.** What a line up again this year watch for some  
real fancy young milking age, bred heifers and some show age to take home  
and develop! Great consignments from Pineland, Millborne, Colebrook, Martin-  
Place, Morrill Dairy, Kuperus Meadows, Den-Rein, Hobby-Acres, Canary  
Dairy, Hill-Over, Ovaltop, Woodmansee, Locust-Vale plus more great herds. We  
will be selling Holsteins, Brown Swiss, Jerseys, Ayrshire, Guernseys and some  
Reg. Holstein Service bulls. Many opportunities here for everyone!

**Mon. Oct. 31<sup>st</sup>** – Normal Monday Sale. Special: 3 Reg. Holsteins – 2 Dry cows  
due in Dec. – 1 sired by King Doc due to Radar, 2nd sired by Mission due to  
Homecoming – her Open yrlg sired by Number One Tin also sells.

**Mon. Nov. 7<sup>th</sup>** – Normal Monday Sale & Monthly Fat Cow & Feeder Sale.

**Mon. Nov. 14<sup>th</sup>** – Normal Monday Sale & Monthly Heifer Sale.

**Mon. Nov. 21<sup>st</sup>** – Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig  
Sale.

**Mon. Nov. 28<sup>th</sup>** – Normal Monday Sale & Monthly Organic Day.

**Sat. Dec. 3<sup>rd</sup>** – 11:00 AM – Since we had an overflow for the Fall All-Breed  
Sale come join us for the Holiday All Breed Dairy Sale! We have some great  
consignments already in – so if you have something give us a call or if you  
have any questions also let us know! Watch for future ads on some more  
great ones!

### UPCOMING SALES:

**2023 – Sat. Mar. 25<sup>th</sup>** – 11:30 AM – Spring Premier All Breeds Sale – Selling  
125 Head of Registered All Breed Dairy Cattle – this is the place to find those  
early showage heifers and cows!

**\*\*OUR CAFÉ IS ALWAYS OPEN EVERY SALE DAY – COME IN AND  
ENJOY A GREAT MEAL WITH MISSY!\*\***

**WATCH FUTURE ADS ON UPCOMING SALES WE HAVE IN THE  
WORKS IF YOU HAVE SOMETHING TO SELL IF ITS ONE OR A  
WHOLE HERD LET US HELP YOU THROUGH THE PROCESS.**

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website for any last minute updates.**

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## What to do after your home is damaged by fire

The notion that their homes could be damaged if not destroyed by fire is something many homeowners find unimaginable. But fires damage homes every day across the globe, which only underscores the importance of knowing how to respond should your home be engulfed in flames.

According to the National Fire Protection Agency, local fire departments responded to an estimated 1.3 million fires in the U.S. in 2019. Fires also pose a threat in Canada, where the insurance provider SGI Canada reports that there are roughly 24,000 house fires each year.

Installing and maintaining

fire alarms can help prevent house fires from producing tragic consequences. A well-practiced evacuation plan also can protect homeowners and their families in case of a fire, increasing the likelihood that anyone inside the home can promptly exit before suffering injury or even death. It's also important that homeowners recognize what they need to do after their homes have been damaged by fire.

• **Recognize that it's still risky even after the fire is out.** The U.S. Fire Administration notes that homes damaged by fire pose a threat even after flames have been extinguished. Soot and dirty



# HUGE ANTIQUUE SALE

Wednesday - Saturday

**October 26-29th • 8-5**

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Sale is a continuance of various antiques from a large  
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**Misc:** Porcelain and Glassware found in a Victorian setting.  
Brides Baskets, Decorative Oil Lamps, Electrified Lamps.  
Many more items.

*Terms: As is ... Where Is. Cash Sales Only.*

**Presented by  
Brotherhood Antiques**

water left behind may contain things that can make people sick. Only enter a home after the local fire department has deemed it safe to do so. Before entering the home, don personal protective equipment like masks, goggles and gloves to avoid getting sick from any contaminants lingering in the home.

• **Contact your insurance company.** The USFA notes that some companies specialize in cleaning and restoring personal items damaged by fires, and your insurance company can be a great resource when looking for such firms. Insurance companies also will advise homeowners on what they need to do in the immediate aftermath of the fire, including how to begin the claims process.

• **Contact a disaster relief service.** Disaster relief services like the Red Cross and the Salvation Army can help homeowners find food, clothing, medicine and even lodging.

• **Find shelter for pets.** The USFA advises pet owners affected by house fires to leave their pets with family members, friends or veterinarians until the house has been completely cleaned. Doing so ensures pets won't be exposed to potentially harmful contaminants or residue that can put their lives in jeopardy.



# Country Editor

**PO Box 121, 6113 State Hwy. 5  
Palatine Bridge, NY 13428  
800-836-2888 • Fax: 518-673-2381  
classified@leepub.com**

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277 Construction Services  
280 Construction Supplies  
312 Crafts  
325 Custom Butchering  
330 Custom Services  
360 Deer-Butchering & Hides  
370 Dogs  
410 Electrical  
415 Employment Wanted  
440 Farm Machinery For Sale  
445 Farm Machinery Wanted  
447 Farm Market Items  
460 Fencing  
470 Financial Services  
480 Fish  
483 Flooring  
494 For Lease  
495 For Rent  
500 For Sale  
510 Fresh Produce, Nursery  
525 Fruits & Berries  
527 Furniture  
529 Garage Sales  
530 Garden Supplies  
535 Generators  
537 Gifts  
575 Greenhouse Supplies  
585 Guns  
587 Hair Styling  
589 Hardware  
600 Health Care/Products  
605 Heating  
610 Help Wanted  
653 Hotel / Motel  
683 Jewelers  
700 Lawn & Garden  
711 Lessons  
760 Lumber & Wood Products  
790 Maple Syrup Supplies  
805 Miscellaneous  
810 Mobile Homes  
811 Monuments  
812 Multi Media  
813 Music  
815 Motorcycles  
817 Nails  
820 Nurseries  
910 Plants  
950 Real Estate For Sale  
955 Real Estate Wanted  
960 RVs & Motor Homes  
975 Rentals  
980 Restaurant Supplies  
1040 Services Offered  
1075 Snowblowers  
1080 Snowmobiles  
1096 Sports  
1109 Thrift  
1140 Trailers  
1147 Trains  
1148 Travel  
1165 Trees  
1170 Truck Parts & Equipment  
1180 Trucks  
1187 Vacuum  
1190 Vegetable  
1200 Veterinary  
1205 Wanted

## Announcements

### ADVERTISING DEADLINE

**FRIDAY • 2:00 PM**

(Week Prior to Each Friday Dated Paper)

For as little as \$4.00 - place a classified ad in

*The Country Editor*

Call Peg at **1-800-836-2888**

**or 518-673-0111**

or email [classified@leepub.com](mailto:classified@leepub.com)

## Announcements

**CHECK YOUR AD - ADVERTISERS** should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. **Report any errors to 800-836-2888 or 518-673-0111.**

## ★ ★ ★ ★ ★

### ADVERTISERS

Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. **DEADLINE** for placing ads is **FRIDAY at 2:00 PM - Week Prior to Each Friday Dated Paper.** Call Peg at **1-800-836-2888 or 518-673-0111**

**BANNERS: VINYL** - Single Sided - Double Sided, various sizes. Set up, sales tax, & shipping additional. **Call Lee Newspapers Inc. at 518-673-0171** [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

## Antiques

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## Announcements

## Attachments

### UNIVERSAL ATTACHMENTS

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- ◆ 2000#
- ◆ 4200#
- ◆ 5500#

#### BALE SPEARS

#### LP BUCKETS

#### MATERIAL BUCKETS

#### ROCK BUCKETS

#### MANURE FORKS

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Refrigerators.....\$85-\$979

Washer-Dryers.....\$500-\$700

Freezers.....\$369-\$1,120

#### #2 Building Material

Plywood 1/2" \$22, 5/8" \$24, 3/4" \$26

2x4x8' to 16'.....\$3.50-\$6.50

2x6x8' to 16'.....\$4.00-\$8.00

1/2"x16" T&G PVC...\$2.80 LF

Exterior Doors...Starting at \$170

#2 Metal Roofing.....\$2.25-\$2.90

9x100 House Wrap.....\$45.00

Singles.....\$22.00 Bundle

1" - 4" Foam Board.....\$14-\$40

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## Dogs

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**ILION:** Second floor, newly remodeled one large bedroom spacious apartment. Fully furnished, mature adults, utilities included, NO pets, NO smoking. Near downtown. Parking for one car only. Available immediately. \$700 per month plus one month's security up-front & references. 315-894-1335 or leave message.

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## For Sale

**NURSES** tops and pants, \$2.00 each; boys lounging pants, pajamas, jeans; Lrg & X-lrg Hollister shirts, like new; Brother's printer with disc, new \$15.00; walnut desk, \$15.00; 2 toaster ovens, 1 Hamilton Beach, \$10.00 each. A lot of estate items- clothing & miscellaneous. 315-894-1335

**RAFFLE TICKETS** - 100-\$35, 250-\$60, 500-\$65, 1,000-\$80. Other quantities available. Set up, sales tax, & shipping additional. **Call Lee Newspapers Inc. 518-673-0171** or email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

## Furniture

**MOVING:** Single bed set w/built-in dresser drawers. 4pc. nightstand, tall dresser & dresser w/mirror, exc. cond. \$250; 2 pc. sectional, brown with black leather trim, includes pillows, like new, \$200.00. Walnut full length tilting floor stand mirror, \$15.00. 315-894-1335



## For Rent

## Miscellaneous

**Corrugated Signs,** Shopping Bags/Totes, Gift Certificates, Invitations, Labels, Magnets, Business Cards, Rack Cards, Banners, Postcards, Business Forms, Non-Carbon Reproduction Forms (NCR), Signs, Pull-Up Banner Stands, Feather Banner Stands, Door Hangers, Envelopes, Posters, Calendars, Self-Inking Stamps, Flyers/Brochures. Call with your needs. Set up, sales tax, & shipping additional. **Lee Newspapers Inc. 518-673-0171** or [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

**UTILITY TRAILER** black with drop gate, 4x6, \$350.00 firm; fuel tank, 175 gal. w/all the extras, \$300; 3 Silvania flat TV's, \$20.00 each; 3 refrigerators, \$75 and \$50; 1 portable refrigerator, \$40; solid oak single bed frame with bookcase headboard, \$25.00. 315-894-1335

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## Herkimer College appoints Whittaker to staff accountant

Herkimer County Community College has appointed Julie Whittaker of Herkimer to the position of staff accountant-payroll. Whittaker brings experience from Hospice & Palliative Care in New Hartford where she worked as a billing coordinator, submitting claims and recording payments and adjustments.

Whittaker holds an associate degree in business administration from Herkimer College and a bachelor's degree in health services management from SUNY Utica-Rome.

Whittaker holds an associate degree in business administration from Herkimer College and a bachelor's degree in health services management from SUNY Utica-Rome.



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# Fall SPORTS

## Play On, Players

### C-FP loses in 3 to BKW

12-25  
21-25  
24-26

#### Stat leaders

Gab Murphy: 3 kills, 5 digs, 1 ace

Avery Ficthorn: 3 kills  
Teagan Lathers: 2 kills  
Monika Kulczynski: 7 assists, 5 digs, 1 ace  
Lola Schnetter: 13 digs, 1 ace  
Kierstan Horender: 5 digs

### C-FP volleyball loses to ND-BG in 3

Scores: 19-25; 22-25; 16-25

#### Stat leaders for C-FP:

Avery Ficthorn: 7 kills, 2 aces  
Gab Murphy: 5 kills, 4 digs, 2 aces  
Teagan Lathers and Kiana Peet: 3 kills each  
Vivan Nunez: 9 assists, 3 kills  
Lola Schnetter: 8 digs, 2 aces

#### Stat Leaders for ND-BG:

Julia Jaworowski: 14 kills  
Julia Dobkowski: 11 digs, 5 aces  
Tatum Liverio: 7 digs, 9 assists  
Rylee Van Auken: 6 assists  
Alanah Kelly: 4 kills, 2 blocks

### C-FP loses in four against Duanesburg

Volleyball games: 18-25; 26-24; 22-25; 18-25

#### Stat Leaders:

Gab Murphy – 12 kills, 2 digs, 1 ace  
Avery Ficthorn – 7 kills, 6 aces, 3 block so-  
los, 1 block assist

Kiana Peet – 6 kills  
Lola Schnettler – 10 digs, 2 kills  
Teagan Lathers – 2 kills, 2 aces  
Vivian Nunez – 17 assists, 3 kills, 3 aces  
Monika Kulczynski – 5 assist, 4 aces, 1  
block assist

*'Tis the Season to*  
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**Let everyone know what you have to offer for the holiday season:  
gift ideas, decorations, food, holiday prep along with holiday dining.**

These special sections will be included in the Mohawk Valley Country Editor issues  
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Run in two or more issues and be listed in our special *Holiday Shopping Directory* to run in the  
November 26 Mohawk Valley edition. List your shop information and holiday hours to be included.

Run in two or more consecutive issues and get 25% off the second and third ad you run.

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*Serving the Mohawk Valley from Herkimer to Canajoharie.*

**11/5 Issue - Deadline 10/28**

**11/12 Issue - Deadline 11/4**

**11/19 Issue - Deadline 11/13**

**11/26 Issue - Deadline 11/17 (Early Holiday Deadline)**

**FOR ADVERTISING INFORMATION CONTACT YOUR ACCOUNT REPRESENTATIVE OR CALL:**

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518-673-0166  
Bmauk@leepub.com

Liz Friers  
518-673-0113  
efriers@leepub.com

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jparente@leepub.com

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King Crossword

**ACROSS**

1 Summary

6 Barrel parts

12 Without exception

13 Salsa brand

14 Sweetheart

15 Try to rip open

16 Regarding

17 Chore

19 QB's stats

20 Scrooge's cries

22 Droop

24 Embassy VIP

27 Proboscis

29 AAA jobs

32 South Dakota monument

35 Comic strip possum

36 Curved lines

37 Decorate

38 Dhahi preceder

40 Comestibles

42 Flow out

44 Recipe meas.

46 Golden rule word

50 Ray of "Goodfellas"

52 Like some swimming pools

54 Attractive person

55 Veteran sailor

11 Pre-college exams

12 Rx overseer

18 Guarantees

21 Busy insect

23 \$ dispenser

24 Music booster

25 Cattle call

26 Objects of fear

28 Daydreamer

30 Like some humor

31 Observe

33 San Francisco's — Hill

34 FDR follower

39 Out-and-out

41 Egypt's neighbor

42 Jazzy Fitzgerald

43 Resumes

45 Homer's son

47 Protuberance

48 Horn sound

49 Assoc.

51 Ring decision

53 Born

**DOWN**

1 Certain deer

2 Part of Q.E.D.

3 Ersatz chocolate

4 "The Greatest"

5 Overabundance

6 Lushes

7 Long journeys

8 — glance

9 "Impressive!"

10 "Zounds!"

MAGIC MAZE

FALL BEHIND

T N K I F C A X V S Q O L L J

H E C A X V P I T F A L L T R

N S W P N L J E R H A L L F D

I N I B Y I V O R F A L A X V

G O N T R E C A W F L P F O M

H W D K N K I E N A I G D E L

T F F F F N D W F D B Z N L X

F A A A F O O T F A L L A W U

A L L A F D A E D T L F L R Q

L L L A F R E T A W E L O N L

L L J I P G F D C B A Y X W V

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Unlisted clue hint: Immediately Following Sunset

Befall      Evenfall      Pitfall      Snowfall

Deadfall      Footfall      Pratfall      Waterfall

Dewfall      Icefall      Rainfall      Windfall

Downfall      Landfall      Rockfall

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Weekly SUDOKU

by Linda Thistle

6			2			8	1	
	7			3				9
		4			1	5		
1	6			5			7	
4					7	3		
		2	9					8
9					8		2	
		7	4	6		9		
	2		1					4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate   ♦♦ Challenging

♦♦♦ HOO BOY!

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ON THE FARM TIRE SERVICE

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Lamp is smaller. 2. Arm is moved. 3. Ice cream is upside down. 4. Container is missing. 5. Ice cream is missing. 6. Cap is different.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Turn T A T O R E

Confirm F I V E R Y

Sniff H E A L I N

Dainty R E N T E D

TODAY'S WORD

"Ten dollars once, ten dollars twice, ten dollars three times! Sold to the lady for \_\_\_\_\_ dollars!"



# Home Country

by Slim Randles

There’s something to be said for the brightness of day, of course, when the energies of the world improve our lot in life. But for a special time, give me the night. Give me the soft, velvety quiet of a country evening and its own sounds and flavors and scents.

It’s good to hear the night shift take over the part of our world we call home. The coyote yaps off in the brush, calling his family to the hunt, the quail have a soft cluck and rustle down by the creek. The crickets set up the background music for all this in a spooky kind of harmony. It’s a resting time for most, but for those who will postpone sleep, there is the secret of another world, where we slow down a little and take a bit more time with our lives. This is a time when we can hear the world heal a little before it goes back into daily battle again. A time when

we can smile and sit and just say thanks for bringing us to another evening like this. If we like, we can do a little mental planning for the next day. Or not. A country evening is what we get for being good all day. Brought to you by Tenkara USA, minimalist flyfishing technique that puts the fun back where it belongs, at the end of your arm. See [tenkarausa.com](https://tenkarausa.com).

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## Helping wild bumblebee queens overwinter

by Laura Johnson, Extension Pollinator Support Specialist, UVM

Wild bees are important pollinators for our crops, gardens and wild plants. In Vermont there are over 350 types of wild bees, including 17 different species of bumblebees. Bumblebees are efficient pollinators that are especially important for spring crops, such as early bloom-



Man-made structures such as stone walls or old foundations provide protective cracks and crevices where bumblebees can find shelter.

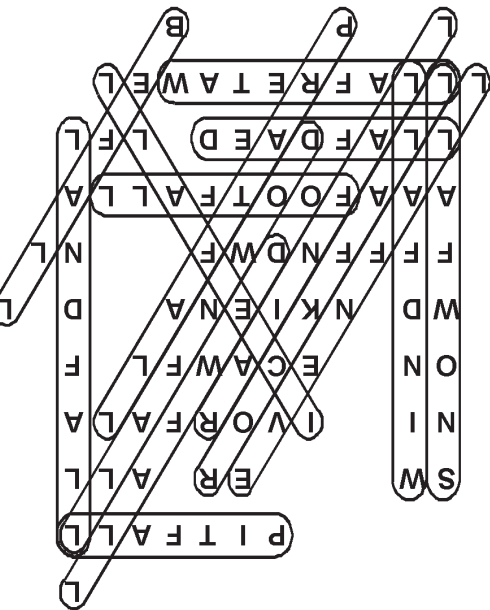
landscapes. In addition, there is strong competition among species for these resources. Queen bees will be one of the first visitors of spring crops, hungry after a long winter. To help them survive winter, here are some things gardeners and landowners can do:

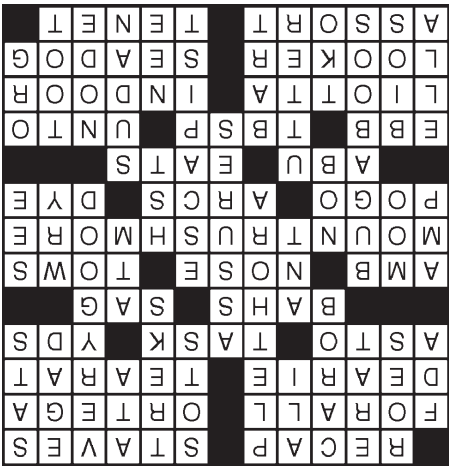
- Leave blooms standing until the first hard frost. To gain enough body mass for winter survival, bees require a lot of pollen and nectar. Leaving plants up as far into the fall as possible, ideally until they are killed by frost, provides a good source of both.
- Established rodent burrows are known nesting sites for bumblebees. Maybe all those voles tunneling through your landscape



To gain enough body mass for winter survival, bees require a lot of pollen and nectar so leaving plants up far into autumn provides a good source of both. Photos courtesy of Laura Johnson

historical structures on your land. Or cultivate new habitat by taking rocks picked from your property to make a rock pile where bumblebee queens can nest as they enter diapause, a state of dormancy, for the winter. Offering pollen, nectar and water sources late into autumn and abundant and diverse undisturbed shelters for nests will help ensure each queen’s survival and early season pollination services next spring. Want to read more stories like these? Learn about homesteading? Be sure to check out [CountryCulture.co](https://CountryCulture.co).



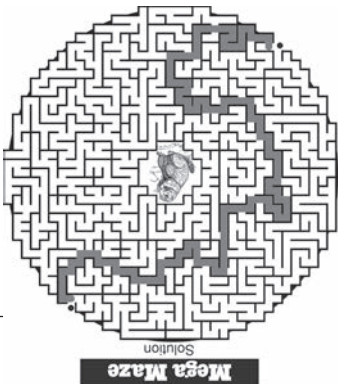


Solution time: 21 mins.  
Answers



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\*Award based on 2021 Progressive Farmer Reader Insights Tractor Study. © Kubota Tractor Corporation, 2022. \$0 Down, 0% A.P.R. financing for up to 60 months on purchases of new Kubota BX series equipment from participating dealers. In-stock inventory is available to qualified purchasers through Kubota Credit Corporation, U.S.A.; subject to credit approval. Example: 60 monthly payments of \$16.67 per \$1,000 financed. Customer instant rebates of \$300 are available on qualifying finance or \$600 on cash purchases of BX2680 equipment. Additional instant rebates include \$200 with purchase of the first new qualifying implement and \$200 for the second new qualifying implement. Some exceptions apply. Offers expire 12/31/22. Terms subject to change. This material is for descriptive purposes only. Kubota disclaims all representations and warranties, express or implied, or any liability from the use of this material. For complete warranty, disclaimer, safety, incentive offer and product information, consult your Dealer or KubotaUSA.com.

Progressive FARMER READER INSIGHTS



## Town of Palatine offices hold grand opening



Celebrating the opening of the town office facilities at 15 Dutchtown Plaza in Palatine Bridge on Oct. 12 were (L-R) Janet Stanley, President, Canajoharie-Palatine Chamber of Commerce; Ron Dygert, Town Justice; Janey Dygert, Town Councilwoman; Debra Gros, Mayor of Nelliston; William MacLauchlin, Town Supervisor; James Post, Mayor of Palatine Bridge; Deborah Carey, Town Councilwoman; Betty Sanders, Town Councilman; Shawn Cotton, Town Councilman and Linda E. Logan, Town Clerk. The Town Board would like to thank town residents for the overwhelming support in the opening of the town office facilities.

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Trail Master Utility 7'x22', 7K GVW  
\$7,800 **\$7,000**



Trail Master 7'x14', Ramp Door  
\$8,600 **\$8,200**



6'x10', Ramp Door  
\$7,300 **\$6,700**

## EQUIPMENT TRAILERS



Belmont 30', 24K GVW  
**\$21,900**



Belmont 24', Tilt Deck  
**\$12,900**



Timpette 7'x24' (18' Tilt, 6' Flat), 14K  
4" HD Jack **\$19,900**



Belmont Car Hauler, 24', 10K GVW  
**\$8,500**

## DUMP TRAILERS



Belmont Galvanized Dump 14', 14K GVW  
**\$18,200**



Belmont Dump 16', 16K GVW  
**\$18,500**



Belmont Dump 12', 12K GVW  
**\$11,800**



Lamar Dump 14', 14K GVW  
**\$13,300**

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United 8.5'x24', 10K GVW,  
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Early in-person voting starts **Oct. 29<sup>th</sup>**